



North Atlantic Conference

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NAC Women's Basketball All-Conference Teams Announced

University of Maine-Farmington sophomore forward Caitlyn Laflin was selected as the North Atlantic Conference Player of the Year in a vote by the league's coaches. Laflin, last season's NAC Rookie of the Year, led the league in scoring, was ranked second in field goal percentage and third in rebounding. The sophomore shot 50.0% from the floor while averaging 21.8 points and 9.4 rebounds for the Beavers.

A pair of Husson standouts earned first team all-conference honors. Sophomore forward Shelby Bradford led the conference in scoring, rebounding and field goal percentage averaging 17.2 points and 10.5 rebounds per contest while shooting 54.0% from the field. Junior teammate Jenny Rollins added 13.6 points and three assists per game while hitting 35% of her long range three-point attempts from her guard position.

Castleton junior guard Jessica Banks earned conference accolades for the second straight season. Banks, a second team honoree a season ago, was among the league leader in assists, three-point field goal percentage and blocks while leading the conference in assist to turnover ratio and steals. Banks was critical to her teams success leading Castleton to a 13-2 conference mark and the top seed in NAC Women's Basketball Championship.

Senior guard Jenna Lewis of Johnson State rounds out the first-team honors. Lewis, who averaged 14.5 points with 5.1 rebounds and nearly 4 assists per conference game, tied Banks for the league lead in steals (2.8 per contest).

Castleton head coach Tim Barrett was honored as NAC Coach of the Year. Barrett, who has an overall record of 124-63 in 7 seasons with the Spartans, led his squad to a perfect 13-2 conference mark. Castleton was also honored with the Team Sportsmanship Award. NAC all-conference selections are determined by a vote of the conference coaches. Additional players honored are due to ties in the voting.

2007-08 NAC Women's Basketball All-Conference Teams

First Team

Jessica Banks	Jr.	G	Castleton
Shelby Bradford	So.	F	Husson
Caitlyn Laflin	So.	F	Me.-Farmington
Jenna Lewis	Sr.	G	Johnson St.
Jenny Rollins	Jr.	G	Husson

Second Team

Jessica Hunt	So.	C	Bay Path
Kristin Karat	Sr.	PG	Becker
Courtne Leakeas	Sr.	G	Lesley
Claudia Martineau	So.	C	Johnson St.
Beth Pion	Jr.	F/C	Becker

Honorable Mention

Kaitlyn Wechsler	Fr.	F	Lesley
Mary Nienow	Jr.	G	Castleton
Lea McNary	Sr.	F	Thomas
Tatum Welch	Fr.	F	Maine Maritime
Amanda Byrne	Jr.	G	Me.-Farmington

Player of the Year

Caitlyn Laflin Me.-Farmington

Rookie of the Year

Tatum Welch Maine Maritime

Coach of the Year

Tim Barrett Castleton

Team Sportsmanship Award

Castleton