

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

Wednesday, September 9, 2009

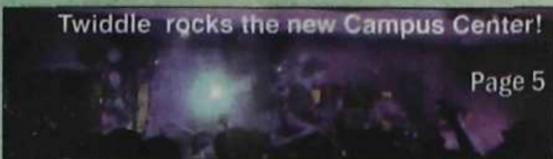
CastletonSpartan.com

Castleton, Vermont



Football is finally here!

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Twiddle rocks the new Campus Center!

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On Tour with Joe Jonas!

Page 5

Lots of ch-ch-ch-ch-changes at Castleton



WYATT ALOISIO / CASTLETON SPARTAN

Students are reflected in the windows of the new Campus Center.

By Maria Arnot
Castleton Spartan

The glistening, cavernous windows of a new campus center, a vast green turf field surrounded by a stadium reminiscent of an old train station and a radiant public safety building have welcomed Castleton students this fall, after construction and renovations have significantly altered the small campus with a big heart.

In less than four months, the campus has become almost

unrecognizable -- and changes are still coming.

"I am pleased with the way it has all come out," said Castleton president Dave Wolk. "It was basically designed around what students want and need."

In addition to the aforementioned renovation, Castleton will soon add a new skate park behind Ellis (the snowboarding rails will still be present in the winter), new baseball and softball fields, two rugby fields located behind Wolk's house and an addition to Leav-

enworth Hall, which will feature a new communications department and TV studio.

Other changes also included the destruction of the old Public Safety office, which is now located in the old Wellness Center, which has been landscaped and carries a new coat of paint.

"Students have actually asked me, 'Where did you get that house from, Dave,'" said Wolk.

This Wellness Center is now located in the renovated Cam-

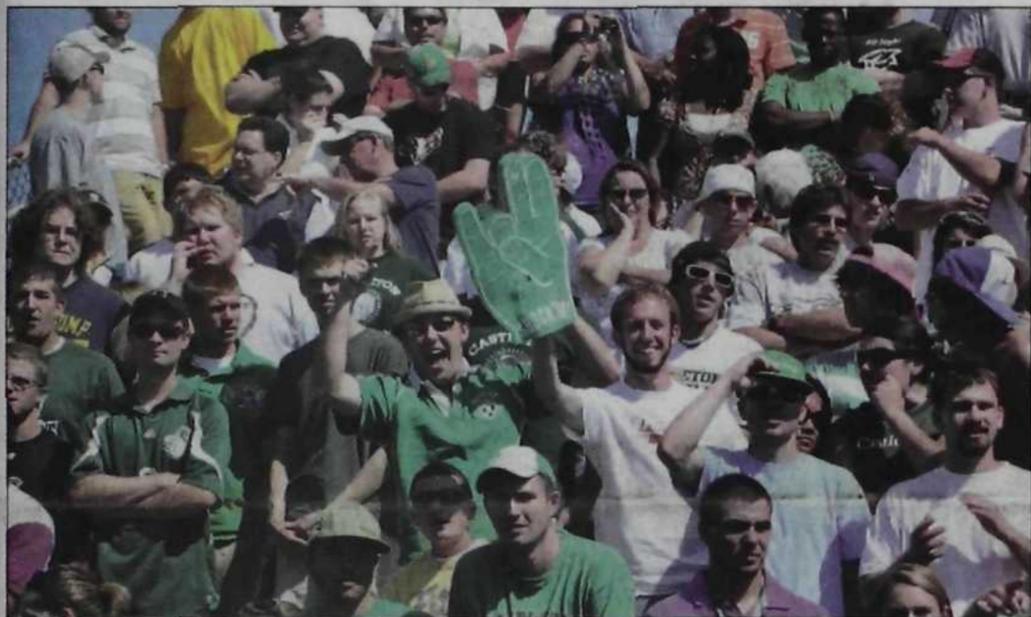
pus Center. The center also houses renovated versions of the campus store, mailroom, Fireside Café, and offices for career development and residence life.

"We love it here!" said nurse Deb Choma. "I feel like I died and went to heaven."

The Wellness Center has two new exam rooms and will now offer medical assistance from Castleton doctors at least two times a week.

Workers throughout the

Continued on page 6 . . .



ROBERT BURGE / CASTLETON SPARTAN

Students raise the decibel level at Spatan Stadium (above). Tailgaters prime themselves before the game (right). Young fan cheers on the Spartans (below).



WYATT ALOISIO / CASTLETON SPARTAN

Tailgatin'

Fans came early, ate and drank well, cheered loud and left happy

By Steve McNulty
Castleton Spartan

A spectral plume of smoke floated gently through the parking lot, delivering the savory smell of grilled meats to oncomers and tailgaters. The two-man band ripped through "Fire on the Mountain" an old Grateful Dead tune, adding even more energy to an already festive event. The scene was set. Football, and the game's passionate devotees, had arrived to the Castleton campus.

On this, the opening Saturday of college football throughout the nation, the SEC and Big-12 were distant, meaningless conferences to the more than 5,000 fans that flooded Spartan Stadium with raucous enthusiasm. Game day had reached the Green Mountains.



JOHN SHRAMEK / CASTLETON SPARTAN

Chris Hoffman, like so many others, was in tailgating mode early in the morning. By 10 a.m. he and his friends from Rutland had sausages grilling and beverages flowing. Sitting comfortably under a portable tent, Hoffman

fondly recalled his days as a Castleton student before his 2000 graduation.

"There was no scene like this when I was in college," he said, glancing over his shoulder at the almost packed parking lot of fellow fans. "This place has made such huge progress, it's just unbelievable."

An hour later, a steady stream of people filed into the parking lot, where dozens of grills sizzled and popped, giving off mouth-watering aromas. A group of younger children, each with hair dyed bright green, played touch football. Old classmates congregated in circles of laughter, telling tales from days gone by. The marching band belted out the school's fight song amidst cheering fans. The atmosphere was electric, and it wasn't even noon.

Bill Shappy wore his season pass proudly

around his neck while tending to an assortment of grilled food. Marinated chicken, sirloin tips, sausages with onions and peppers, and, perhaps the winning dish of the day, pork tenderloin poppers wrapped in bacon. Although Shappy is not an alum of Castleton, he says that he will be at every home game this season.

"I don't really have any ties to the college," he said, "but I'm a local business owner in Rutland and it's nice to come out and support these types of things."

It wasn't all locals at this game, however. Dave DiEugenio, one of head coach Rich Alencio's long-time pals and high school teammate, made the drive from South Carolina to support his friend and the team. Jamie Ryan, another of Alencio's friends, flew in from Califor-

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Need a bike? Now you can get one for only five dollars!

By Sarah Kenney
Castleton Spartan

Having a good idea is similar to growing a plant from just a seed. That seed has potential to grow into something larger, something truly worthwhile, but only under the right conditions.

The seed requires nourishment and nurturing.

The Bicycle Program at Castleton State College started as a seed. Joshua Ovaska and Jocelyn Emilo along with Professor Phil Lamy took an idea from a class assignment to real-

ity in the time it takes some to grow a sunflower, about three months.

Now it's ready to bloom.

Donated bicycles will be available for lease, and will require students to fill out an application and a waiver. In addition to these forms there will be a \$5 leasing fee. All bikes that are leased will be accompanied by a lock, and helmet. Ovaska, program director, compares the policy of distributing the helmets with the bikes to renting a boat and receiving a life jacket.

"We can't make you wear it, but you have to have one," he said.

Essentially leasing a bike will be like taking out a library book, signed out and due at a specific date.

The program will start small with 20 recycled bikes and grow with the interest of the program. Lamy hopes it will expand to include new trails, tours and coordination with Green Mountain College.

Jan Rousse, who is helping with the administrative aspects, is enthusiastic about the timeliness of it.

"To give birth to this program in a class in the spring, and to have it approved and gain support from

Continued on page 6 . . .



PHOTO CONTRIBUTED BY ENNIS DULING

(L to R) Professor Phil Lamy, Josh Ovaska, and Jocelyn Emilo

Free at last ... to marry

At long last, The Vermont Freedom to Marry volunteers and staff are out of jobs, but happily so! As of Tuesday, Sept. 1, 2009 Vermonters are now legally able to marry any person of their choice; same-sex or otherwise. Finally, everyone is free to tie the knot for better or worse, till death due them part!

It's truly a great time to be a resident of Vermont -- a state that's proven it's unafraid to stand up for equality and not back down with resistance from nay sayers (and uncooperative governors). Staying true to its liberally lush roots and kind, caring, socially responsible citizens, Vermont moves forward once again.

This progression gives hope to communities far and wide, and will instill in our youth a healthy perspective of equality from an early age. We live in a chaotic world, and humanity needs more lovers, not fighters. All love is beautiful, and it's important that this be recognized far and wide. Let's hope that the actions of Vermonters encourage national and worldwide progression in the plight for human equality.

Six months ago, I volunteered at The Vermont Freedom to Marry (VFTM) headquarters in Burlington. I folded a couple hundred

letters and stuffed them in envelopes. We were doing one of many mailings to contact businesses across Vermont who openly support gay marriage. It was then that I really witnessed selflessness.

One of the major players in the coordination of VFTM said to me "Let's hope by the end of the summer we'll all be out of work." We were chatting about volunteer opportunities and full time positions at an organization funded solely on grants and donations. What she meant, of course, was that she truly hoped the problem of marriage equality would be solved in Vermont before the end of the summer. To hear this was truly inspiring -- her job would be finished when gay Vermonters were given the right to marry; a situation she seemed hopeful for, despite the possibility of individual setbacks.

Gay or straight, each of us should be thankful for the courageous and committed leaders, volunteers, businesses, communities and humanitarians who have fought and continue to fight for equal rights for everyone. We need to thank the people who never back down in the fight for what is right: Equal rights for all! Thank you Vermont, for encouraging the quality of life we all deserve!



I wonder what he thought

It's Aug. 6 and I'm sitting in the lobby of a Boston hotel thinking about yesterday. I gave my first panel presentation at a journalism convention with my former Castleton professor Terry Dalton in the audience.

I was nervous, and him being there was both comforting and adding to the stress, if that's possible.

The presentation went really well. He said I did great and I felt like I was engaging and concise.

But back in the room late

last night watching the Red Sox blow another game to the Rays, I was thinking about the day some more.

I thought about how neat it would be for me to one day, twenty or so years from now, to be attending a similar conference and watching one of my former students present to a bunch of scholars and journalists.

Although thoughts of mortality and lost time might also filter into my mind, as I assume they did with my former professor, I can't imagine that pride wouldn't overtake

them. As I sit here typing, waiting to go check out the latest text books on display and waiting to go see Terry's panel detailing the plight of journalism as we know it, I couldn't help but write down my thoughts.

I knew it already, but being around so many professors and chatting with them at this conference has driven home the reason why we do what we do: to try to spur on students to do what we have loved to do for so long. We want them to experience the highs we have experienced

and hope that they too will develop a love of this craft.

Terry Dalton did it for me in Castleton classrooms two decades ago, and did it again for me yesterday just by being in the same room.

I hope I've done the same for my students, past and present, and can continue to do for them well into the future until one day when maybe they can do it for me -- maybe at a conference somewhere.

- David Blow

OVERHEARD ONLINE @ CASTLETONSPARTAN.COM

Responses to: "Are you living in sin"

Fornication is still a sin, even if most people are doing it!!!!!!
-Joseph

Marriage as a sign of commitment? Hah! Show me the person who is by your side without the obligation or guilt associated with marriage- that's

commitment. I think co-habiting reminds the couple to be nicer to each other because they do not have to stand for abuse or being taken for granted.
-Laura

Responses to "I'll miss you George W. Bush"

Personally, I don't believe in "god", nor do I

believe that "god" has any role in politics (this includes the dollar bill and Iraq). I don't believe that a storybook such as the bible (which claims that Noah lived to be something like 350+ years old - c'mon people that's what Disney would call a FAIRYTALE!) should play any role in leading a country. If someone wants to have faith, they should

have faith in humanity - not some deity. President Bush was nothing but a joke, his approval rating when he left office was near 23%. To say that he was incompetent would be too kind. He engaged in wreckless behavior that benefited him and his friends in big businesses. I am glad he is out of office, for I will not miss him.
-Jane Doe

Help Wanted!

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Make Application at The
Castleton Village Store

802-468-2213

We're listening.

Visit CastletonSpartan.com to share your thoughts on our messageboard, email us at thespartan@castleton.edu, or leave a message at campus extension 6067.

THINK TANK

Think Tank is the column of the Castleton Philosophy Club. In each installment, we will pose a new question and also print the best, most interesting answers to the previous one. To get started, we are putting the following to the Castleton community of students, staff, and faculty:

"Are you happy with your life, and why?"

Send your brief, thoughtful reply to philosophy@castleton.edu. Then check the Think Tank in the next issue of The Spartan for the best responses.

In the meantime, check us out on Facebook. Our group is called the "Castleton Philosophical Consortium." We hope you will join us!

Castleton Spartan

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CSC grads ARE finding work

By Melissa Pope
Castleton Spartan

Recession, recession, recession. It's a word that for too long has described our economy — and not exactly what college students want to hear. It's scary enough to step out into the real world looking for a job when times are good.

But Castleton students are not letting the economy hinder their desire to reach their goals. From athletic training majors to education majors, members of the graduating class of 2009 are already working.

Well-known hockey player Andy Brolmsa has gone on to a career as a high school math teacher in Fairport, N.Y.

Sociology graduate Amanda Nigrello works in Minne-

sota for Americorps VISTA finding advocates for children who have been abused.

Jason Merriss now resides in Florida, working for the state with the Department of Children and Families, as well as working for the City of Cape Coral Recreation Department.

Meredith Pope has moved down south, and now is a graduate assistant athletic trainer with the University of Virginia's football team and men's lacrosse team.

Dan Olanoff, a business accounting major, is now working as a project accountant.

These graduates serve as examples to current students of what is possible with life right after Castleton.

"Take advantage of the opportunities there at Castleton. Judith and Chrispin do a won-

derful job of offering internship and hands on practical experience. For athletic training, it is easy to get hands on experience because it is a requirement early, but for other majors that don't have that component: seek it out. Put yourself out there and acquire skills that are practical to the job you see yourself obtaining," said Pope.

Brolmsa sent out about 20 applications and heard back from more than half of them. He had two jobs lined up before graduating, and by the end of summer he had five offers to choose from.

"I feel that Castleton prepared me for the real world. From the professors to living on my own and having the discipline to finish my work for class and teaching, I feel like Castleton is a great step-

ping stone into real life. Being on the hockey team at Castleton taught me to determine my priorities in life. I have to evaluate and prioritize my wants while I was at Castleton," said Brolmsa.

Merriss agreed.

"I feel like Castleton did prepare me for the real world. No one knew the economy was going to be in the shape that is in now. They did make me better in creating resumes and how to better myself in interviews," he said.

Tips for Conquering Post Grad

- Save, Save, Save! Saving even 100 bucks a month will leave a little nest egg to get by once you leave school
- Making a good first impression. Being well-dressed and being prepared
- Don't give up: even if you like the job you applied for, keep putting in more applications, you can always turn down offers

Fresh Perspectives



Lee Jacobson

A welcoming place

I found myself pretty overwhelmed at registration, and a bit at orientation, but I knew the haze would clear soon after the scheduled events did.

I grew up in Putney, Vermont, about an hour and a half south from our town of Castleton. One would agree I'm 100 percent homegrown.

I say "our" town because I truly feel like a part of this community, already. I tried, and can't find a reason to say I'm not part of this community.

My roommate, from Lake George, N.Y. and I get along quite sufficiently, and we've both enjoyed our time spent here so far.

Standing outside my residence at North House I've met multiple people here who have been helpful, courteous and relaxed.

And everyone has welcomed me as a Castleton student. The attitude of most students I've met has been very mature and helpful.

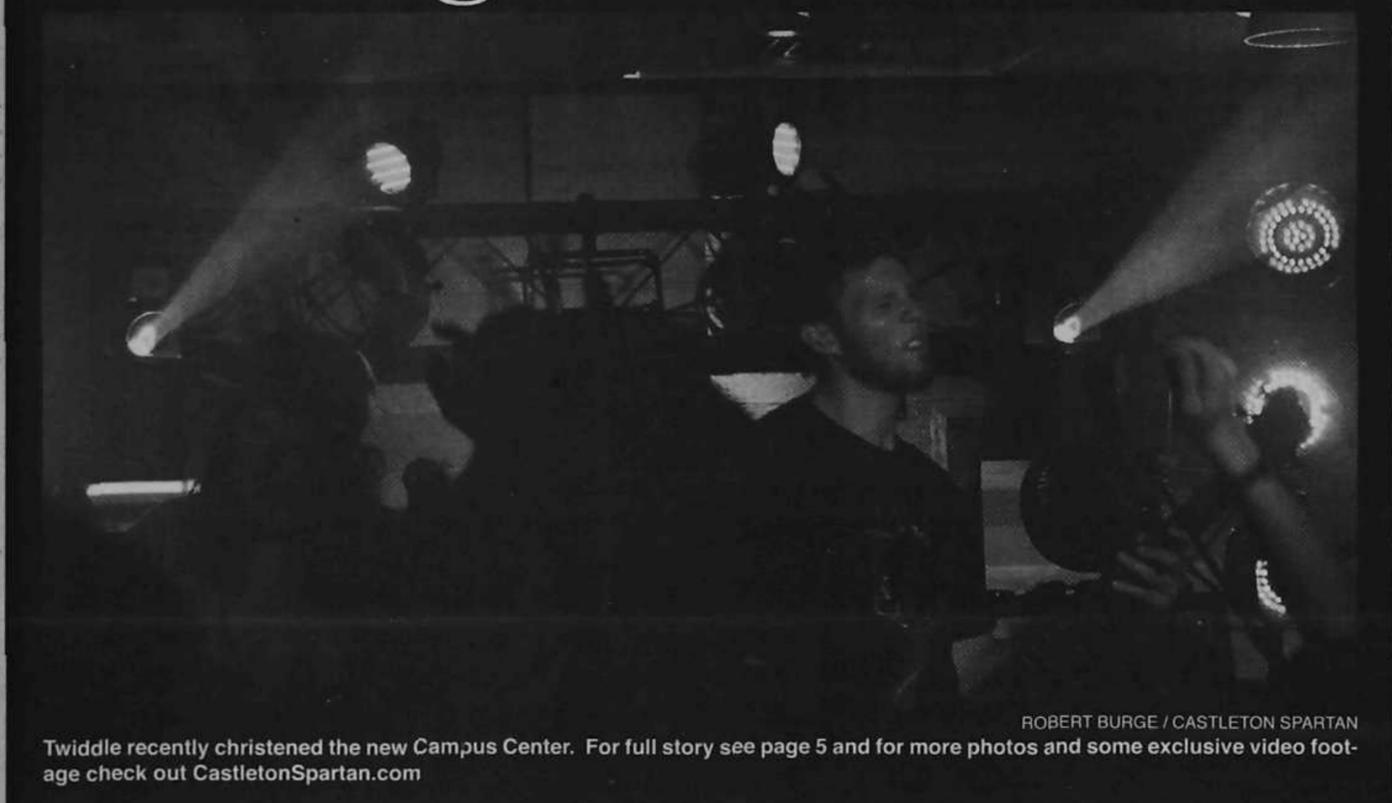
I attended Ed Garrity's motivational speech today, and found some truth in what he told us, especially that as freshman we have to seize all the opportunities, meet as many people as we can, and judge no one and nothing before they are given a chance.

We will only enjoy college if we treat all the situations we face with open-mindedness and maturity.

As I pursue my bachelors in sports administration I am only looking forward to my future as a Castleton student.

Thank you for welcoming me into your Castleton community.

Late night with Twiddle



ROBERT BURGE / CASTLETON SPARTAN

Twiddle recently christened the new Campus Center. For full story see page 5 and for more photos and some exclusive video footage check out CastletonSpartan.com

Textbooks dent student wallets

By Annie Hartman
Castleton Spartan

Castleton State College has seen several changes over the past year. Most of those projects that were under construction when students left campus in the spring were up and running upon students' return this fall. The campus center, the hub of all campus activity, has been one of the most noticeable changes and within it, one of this fall's most popular places: the book store. Though the store has almost doubled in size from its original home, it has not been large enough to hold all of the students waiting for books the first week of classes. Students have waited in line up to 45 minutes this year to spend a small fortune on text books for this semester's classes.

"I waited about 10 minutes for my voucher, which wasn't bad," said sophomore, Amanda Schlott. "But I waited at least 20 minutes to actually pay for my books. I would have thought with all the renovations that it would

have gone faster."

Schlott, a business major at Castleton, dropped \$287 on books for two classes this year — including a \$200 accounting book. It's over \$150 less than what Schlott spent last semester but the savings seems like pocket change.

"I'm sharing a book for one class," Schlott said. "Because they're so expensive, I'm finding other ways."

And with tough economic times upon us, and students' shallow pockets, students like Schlott are searching for any and all ways to save a few bucks on outrageous text book costs. Though the CSC book store may seem like the fastest and most convenient way to purchase books for the semester, there are alternative ways to save some cash.

The most popular alternative method to the book-buying madness is scouring internet sites. Several websites allow for students to compare book prices to the publisher's price — a.k.a., the prices students pay in the book store. These sites, including text-

books.com, campusbooks.com, half.com (an eBay owned site), and even the infamous Craigslist, allow students to purchase online and have books shipped to their college or university within a week or two. No lines, no wait, and a little extra change in your pocket.

"To some the convenience factor weighs them to buying books at school," said Castleton junior, Ryan Baldinelli. "But buying books online is much cheaper."

All of these sites give the option of both new and used books and are advertised as up to 95 percent off the publisher's price. And the options don't end at text books. These sites also sell e-books, articles, and books for casual reading (for all your spare time on the weekends...).

But if buying books and keeping them around on your shelves for the next 20 years gathering dust isn't your thing, there is another way to get your text books. Chegg.com is a book rental site that allows college students to choose from renting their

texts books a semester (125 days), a quarter (85 days), or a summer rental (60 days) and offers a 15 to 30 days extension period. The site, that is headquartered in Santa Clara, Calif., claims to save students 65 to 85 percent on text books. The company allows a 30 day refund period for any returns made in that time.

"I am so excited that technology now allows students to rent books!" Dannette Ford, a non-traditional student at University of St. Francis- Ft. Wayne, wrote on Chegg's website. "As a working student, money is tight and this will really help me financially."

Not only is Chegg putting an alternative spin on purchasing text books, but also adding an alternative incentive to entice students: going green. Chegg is currently planting a tree for every book they sell, rent, or buy back from students.

Social networking can also benefit students looking for affordable ways to buy text books. No longer are Facebook and Twitter

reserved for updating what you're doing every five minutes or checking up on the cute freshman that sits behind you. These sites include pages that allow students from other colleges and universities to connect through groups and sell books to each other or, in some cases, even allow "friends" to borrow their texts for the semester. Goodreads.com is a cyber book club. The group "College Students" includes a section for students to blog about books that people are looking to sell, trade, or loan out for little to no cost.

After several clicks around college websites, students have access to their college's classifieds page. To access Castleton's classifieds, students can go to www.castletonspartan.com/classifieds to browse or add items.

And of course, there is always the "old school" way to find book: flyers and ads on announcement boards around campus.

But Castleton's bookstore is not concerned about students finding alternative

methods. Already, Castleton posts book lists along with ISBN codes so that students can shop around over the summer. And, despite the various ways students can access their required texts, Castleton College book store manager, John Schwaner says the store has not seen a depression in sales.

"It's pretty consistent," he said. "There are always students that will find an alternative way. Which is fine with us!"

Schwanner believes that despite technology, more options for purchasing the supplies students need, and the changing ways that students are getting the information for their classes, that the Castleton campus store will continue to play a crucial role in supplying students — whether that medium is text books or the up-and-coming e-books.

"We will be a partner in whatever the vehicle will be for students to purchase their materials," said Schwanner. "Hopefully, we can continue to meet the challenge to service Castleton students."

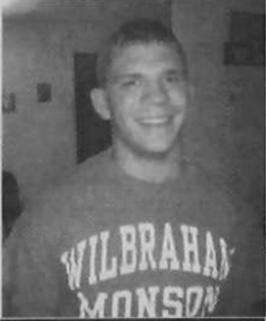


Campus Quips



Mellisa Pope

Question: What is the best advice you have ever been given?



Jon Mortensen

"It ain't about how hard you get hit, it's about how hard you get up, and can still move forward." -Rocky



Ira Tillberg

"Swing easy."



Liz Garibay

"Liquor before beer you're in the clear, beer before liquor never been sicker."



Zach Wiessner

"Always work hard and if things don't go your way, it doesn't mean stop."



Adrianna Riggio

"Everything happens for a reason."

Wolk: savor the moment

By Wendy Young
Castleton Spartan

"We're making history," President Dave Wolk said at convocation Thursday, Aug 27 in Casella Theatre. "We seized the moment, now let's savor the moment."

This semester's crowd at convocation was, President Wolk noticed, the largest crowd at convocation that he's seen in a while. Part of that is because the freshman class this year is so large, and another part of that is because the students are taking a greater interest in the things going on around campus. As anyone traveling across Campus can see, there have been many changes to Castleton State College, though not all of them are as visible as the construction.

Castleton is close to completing its student initiative,

and has had a record number of alumni supporters. Castleton also has a new uniform marching band, and now has a little over 1,800 undergraduate students--which is just under the 2,000 undergraduate limit.

"It's overall a nice experience to see the changes going on around campus," Freshman Katie Curler said.

Part of the moment that President Wolk mentioned is the diversification of the student body. Currently, there are seventeen different countries represented on campus. But it is President Wolk's hope that sometime in the not-so-distant future all (or at least the vast majority of) the countries can be represented on the Castleton campus. There were several speakers at this year's convocation. One of which was the Vermont State Colleges Chancellor,

Tim Donovan.

"Don't pigeonhole yourself in one place as a teacher or a learner," Donovan advised. "The world is changing, and we need to be all learning, and all teaching." Teaching and learning is something that people do throughout their whole lives, whether they realize it or not. Even something as small as giving or receiving advice could constitute as teaching or learning. But often, the biggest part of teaching or learning is how it changes you. And some people change by motivating others.

Student Association president Justin Garritt praised a lot about the school, no matter what changes are being made, and partially because of them. So much in fact, that when the winner of the Outstanding Alumni Award, Michael Collins, came up on stage, his first



President Dave Wolk poses with Outstanding Alumni Award winner Michael Collins (center).

words were, "Sign me up!" For all the new students Convocation struck the right chords.

Freshman Isaac French said, "I thought that the student speaker [Justin Garritt] inspired a lot of kids."

Sophomore Justin Leombruno added, "[It's] a nice welcome to the school."

Transfer student Lynn Leblanc said, "[Convocation was] loquacious, but motivational."

Morrill Hall welcomes new area coordinator



Maria Marinucci

By Jessica Lawrensen
Castleton Spartan

Some might have noticed the new smiling face in the colorful office in the bottom of Morrill Hall. Well that smiling face belongs to Maria Marinucci who is the new Area Coordinator at Castleton.

It is quite obvious where Marinucci graduated from college when you see the Colgate tee-shirt on her office wall. She actually just graduated last May as a psychology major with a minor in education.

Marinucci, originally from a small town in New York near Niagara Falls, is hoping to do a lot while on our campus.

"I am looking forward to meeting the students, becoming a Spartan fan and getting involved," she said.

She is also hoping to learn more about herself while here, including figuring out what she really wants to do in life. She is not, however, looking forward to students having an impression of her being there for "solely punishing" purposes.

Castleton was Marinucci's choice because she knew she wanted to be at a small school that was different than where she had gone to school. She said she also likes the residence hall philosophy here compared to other schools, not to mention the gorgeous Castleton campus and how involved the college is with the community.

But Marinucci didn't just pick Castleton, Castleton picked her. Babcock Hall CA Jazmin Averbeck explained that the CA's went to interviews of those who applied for the job, got to ask questions and at the end they filled out sheets on how qualified they felt the applicant was. Their input was used in the hiring process, she said.

Students seem to enjoy having Marinucci as a new part of campus and staff. Just walking past her office you notice messages on her white board that read "Maria is amazing."

"She is cool. There is nothing to dislike about her," said Morrill Hall resident Mary Kay Capone.

Fellow Morrill Hall resident Alexia Bolton agreed. "She can relate to her residents. She's young and can relate to what we do, and she really tries to get to know you and tries to help you the best she can," Bolton said.

Marinucci said she loves meeting new people. She may not learn everyone's names on the first try, but she says she tries. She encourages anyone to stop by her office saying her door is always open and she likes visitors.

If you're lucky, she might even tell her interesting story of when she lived in Australia for four months.

Welcome Back



Photos By Wyatt Aloisio

Sorting no more

By Alison Clark
Castleton Spartan

Recycling no longer involves sorting thanks to Castleton's new Zero Sort Recycling program.

Castleton has teamed up with Casella Waste Management in an effort to simplify and increase recycling.

Zero Sort Recycling allows all recyclables to be deposited into one bin. All plastics 1-7, cans, aluminum, tin, glass of any color, any kind of paper, boxboard and corrugated cardboard can all go into the same container, according to Professor Paul Derby, a sociology and anthropology professor at Castleton and the Green Campus Initiative coordinator.

"It's much faster and much more efficient," Derby said. "Essentially anything recyclable can go in bins that say recycling."

All of the campus's recycling is deposited into a collection container that is picked

up weekly by Casella Waste Management.

From there it is mechanically sorted by Casella's state of the art facility. According to a promotional video on the Casella Web site, the facility uses cameras to identify different types of recyclable materials and sorts using an assortment of air-jets, magnets, rollers and movable screens.

Studies show zero sort recycling leads to a 30 percent increase in recycling, Derby said.

The program's simplicity is a key benefit that encourages use.

"It's easy for them [students] to recycle. We want them to do it now, no excuses because they don't have to hunt around for bins," Derby said.

Richard Surmanek, a secondary education and English major, said simplicity is a key advantage the program offers.

"It's [recycling] not hard in general, but one bin is easier for the general public ... It's

because we're lazy," he said.

Traci Hubbell, a communications major, agrees that simplicity is good thing when it comes to recycling.

"The less thought involved the better it will work," Hubbell said.

Derby is optimistic about the program's future success and he has a great track record to back him up.

In the first five years of the Green Campus Initiative, a program started in 2005 to "make recycling and other environmentally sound practices an intrinsic part of campus life" at Castleton, 125 tons of material have been recycled. And it has increased each year. In 2005 Castleton recycled 22 tons. By 2008 that rose to about 40 tons.

"Recycling more is better for the environment and the college," Derby said. "It saves the college money to decrease trash. It would be nice if it was passed down to students."

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More photos,
video footage, and
exclusive articles!

Bringin' the storm inside

By Shelby LaCroix
Castleton Spartan



ROBERT BURGE / CASTLETON SPARTAN

Twiddle brings the funk to the new Campus Center on Aug. 28.

Twiddle phenomenon, the band's exquisite weave of a jazz-blues-rock-jam-build was nothing short of heart-pounding this time around. For the Twiddle supporters already familiar with the foursome's tight sync and nerve-stimulating sound that never lets down, another phantasmically funky Twiddle experience ensued.

"It was a wild spindle of music and energy," said bassist Zdenek Gubb.

"And sweat and rain from outside," added Jordan.

"It was like we brought the storm inside," Gubb said.

This fall brings another lineup of Twiddle shows around the region. Twiddle will join The Ryan Montbleau Band in headlining Backwoods Pondfest music festival, which will take place in Peru, N.Y. Sept. 11-12. For another serving of everything Twiddle, check the band's Web site, www.twiddlemusic.com.

For another look at the late-night excitement, check out www.castletonspartan.com for an exclusive video of Twiddle's 2009 CSC performance.

Senior Sickness



Chadwick Cioffi

It's the beginning of my senior year, my final hoorah of college. What would be better than driving to the Bruce Springsteen concert in Saratoga on the first week of school? My dad and his friend, Jabe, spend the car ride there reminiscing on their fraternity days at Castleton, and how much the campus has changed in certain areas.

My dad and Jabe seem like the 22 year-olds during the drive, and I felt the 52 year-old. Two men twice my age, talking about college as if they're still in classes, expressing their gratitude for me letting them stay the night, and constantly requesting we stop so they can get a few Corona's before the show starts.

"Hey, Chad, why don't you just let us get you a ticket? There'll be scalpers there, what do you say?" my dad and Jabe kept repeatedly asking me.

The truth was, I could care less about seeing Bruce Springsteen. If this trip wasn't a last minute decision for me I would have gotten a ticket and happily stood next to the college minded middle age men beside me. But since I was called about being the chauffeur for this concert I had the plan of doing my homework in the car. They both harassed me about my decision until they left the parking lot to catch the show.

Almost instantly I regretted staying. My so called three hours of reading lasted 20 minutes, and my other homework took half as long. I had prepared for this though, bringing an iPod and a book for boredom such as this.

I thought I saw something move out of my peripherals and surveyed the parking lot. A police officer on horseback was standing a car away from me, staring at me with a quizzical look on his face. After, what I assume, he realized I wasn't causing trouble he left. Soon after the concert goes are all returning to the parking lot and leaving.

I looked around the parking lot, noticing I was one of four cars left. My dad and Jabe were nowhere to be found. After two phones calls saying they were getting close I was left as the last car parked in the entire lot. Forty-five minutes of waiting in a car for me, while they walked to literally every parking lot surround the Saratoga Performing Arts Center.

My dad took no time to pass out on my futon when we got back to my apartment; Jabe was in the kitchen blowing up an air mattress his wife sent him up with. Jabe told my dad he better not snore because it's impossible to sleep through. About 15 minutes later Jabe is snoring and it sounds a pig being gutted, even if it takes me until 4 a.m. to fall asleep I can still get about seven hours of sleep. After all, I did make \$100 driving to a concert to do my homework, and my dad and Jabe liked the trip so much it wouldn't surprise me to see either at orientation this spring.

Twiddle rocked its roots on Friday, Aug. 28 at Castleton State College, kicking the first weekend of the school year off with some solid live entertainment. The band returned to the place where it was born five years ago, rocking a house twice as nice in the spot they played back in the day; Fireside Café.

In the midst of a three-night tour, the quartet comprised of Mihali Savoulidis (guitar, vocals), Ryan Dempsey (keyboard), Brook Jordan (drums) and Zdenek Gubb (bass) pit stopped in their new tour bus for a late night midnight to 4 a.m. celebration at Castleton, christening the newly renovated Fireside Café.

The room was packed with Castleton students, as well as community members and loyal Twiddle fans and friends. And they stayed until the very last note was played.

Neon green laser lights sliced through the humid, smoke-filled room as a pulsating, sweat-laced audience danced below, and crowd surfers rode high above. A rainbow

of colors lit up the faces of Twiddle as their instruments glistened in the limelight. In every direction people appeared captivated, eyes and smiles wide.

Castleton senior Nic Soares described the event as very exciting and energetic.

"Everyone was considerate, and happy to share the experience with one another," said Soares.

Fan favorites including Beethoven & Greene, Frankenfoote and Gatsby revved up both the crowd and the band.

For Twiddle, returning to Castleton is "playing one of those more important shows," said Brook Jordan, the band's drummer. "People go buck wild. They really seem to know and love the music."

For music-goers new to the

Movie Review

By Meghan Dufour
Castleton Spartan

The movie "(500) Days of Summer" tells the usual movie tale: boy meets girl, boy falls in love with her, but compared to so many of its rival romantic comedies, boy does not end up with girl.

Released July 17, director Marc Webb's first feature-length film tells the 90-minute story of a relationship that wasn't meant to last.

Zoey Deschanel and Joseph Gordon Levitt star as Summer Finn and Tom Hansen.

Summer is a girl who has had men after her all of her life, while Tom is more of the hopeless romantic in a world of cynics, still thinking there is that one person out there for everyone, and he believes that woman is Summer.

Both seem to be the average type: good looking, work normal boring jobs at a greeting card company, live in well-furnished apartments, and neither has much else going on in their lives. They begin an intense friendship: sharing dark secrets and stories, spending

all their time together and sleeping together. But only one interested in making it a real romantic relationship. Things start to change day-by-day as Tom starts to fall madly in love with Summer, who turns his world upside down when she ends their romance for good.

Shown in non-chronological order, this movie taking you from Tom's highs and lows in random order, which gave the film a little extra flair that only helped compliment the story.

This film unveils relationships for what they truly are, sometimes heart wrenching and unforgettable, or blissful and affectionate. But most times, someone always gets hurt.

Rarely a film comes along that leaves you surprised, since so many of the movies gracing our theaters are either remakes, sequels or just corny predictable nonsense. But this is a funny, realistic and original screenplay that is well translated on the screen.

For a well-written screenplay, talented cast, and truly entertaining experience, this film gets two thumbs up.



PHOTO CONTRIBUTED BY JAMES DAHLGARD

Castleton student James Dahlgard poses with singer Jordin Sparks(center) and her assistant Morgan Sure.

Duo lived a tween's dream

By Meghan Dufour
Castleton Spartan

Stepping off the tour bus into a sea of underage fans, cameras flash and the noise of frantic screams rings inside your head as you walk by. For you, this is a normal day at work, but this is not the typical college student's summer job.

For two Castleton State College seniors, their summer consisted of traveling across the country, five-star hotel stays, catered meals and thousands of screaming fans.

James Dahlgard and Sean Gwinner had the summer job that most tween girls could only dream of having, touring with Jordin Sparks and the Jonas Brothers. This does sound like a fantasy for many, but jobs like this aren't the type you see listed in the want ads of a newspaper.

In May, these two were just the typical Castleton students, finishing up finals and partying with their peers. Now they were living the life of rock stars.

"Almost everything was free. We lived on a tour bus with 11 other people traveling to 27 different venues. Each of

us was allowed our own food list, two cases of beer for the bus, and three meals from the catering company each day. If we had days off in between shows, we each got our own rooms in five-star hotels," stated Dahlgard.

Although this sounds like pure fun, there was still plenty of work to be done.

"I got offered this job because I worked with the president of Amplitude Marketing last summer and was offered the job again this summer," said Gwinner. "We were in charge of the activities before the concert began. We would do meet and greets with the fans and Jordin, take pictures of them alongside her and upload onto the Internet, and we would train brand ambassadors, which are the people who sell merchandise outside the venues," continued Gwinner. "We ran the whole thing."

For Dahlgard, the tasks were just a little different.

"I would work at the tent and write analysis reports during the day, and then go in and help out with the meet and greets after," said Dahlgard. "We would start setting up around 1 p.m. and be finished around 10 or 10:30 p.m. It was a nine-hour day that wasn't stressful at all"

ished around 10 or 10:30 p.m. It was a nine-hour day that wasn't stressful at all"

But things weren't always easy.

The duo learned how difficult a crowd can be to work around, especially a crowd full of crazed underage fans trying their hardest to see their favorite famous brother trio.

"We always saw and were around the talent, but they had crazy fans. We got offered tons of money for our tour passes. We even had mothers coming up to us asking what they had to do so that their daughter could meet the Jonas Brothers," explained Dahlgard.

A job like this, entertaining as well as educational, can teach a person just what it takes to make it in the world, they said.

"The main goal was to network as much as you can to get more jobs out of this once we get out school," said Dahlgard. "My business management and marketing classes really helped to prepare for this job."

But would they do it again?

"Hell yeah!"

JIM BREUER

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Book Review

By Wendy Young
Castleton Spartan

"The Royal Treatment" Alaska became a state in 1867. But what if it hadn't? What if Alaska had become its own country and had its own royal family?

It is, after all, one of the places the United States gets oil from.

Author Mary Janice Davidson took that "what if

idea and made it into a series. Book one is called "The Royal Treatment." The book is about a woman named Christina, who just lost her job as a cook. With no money and nowhere to go, Christina ends up meeting "Al" and taking up his offer for a place to stay.

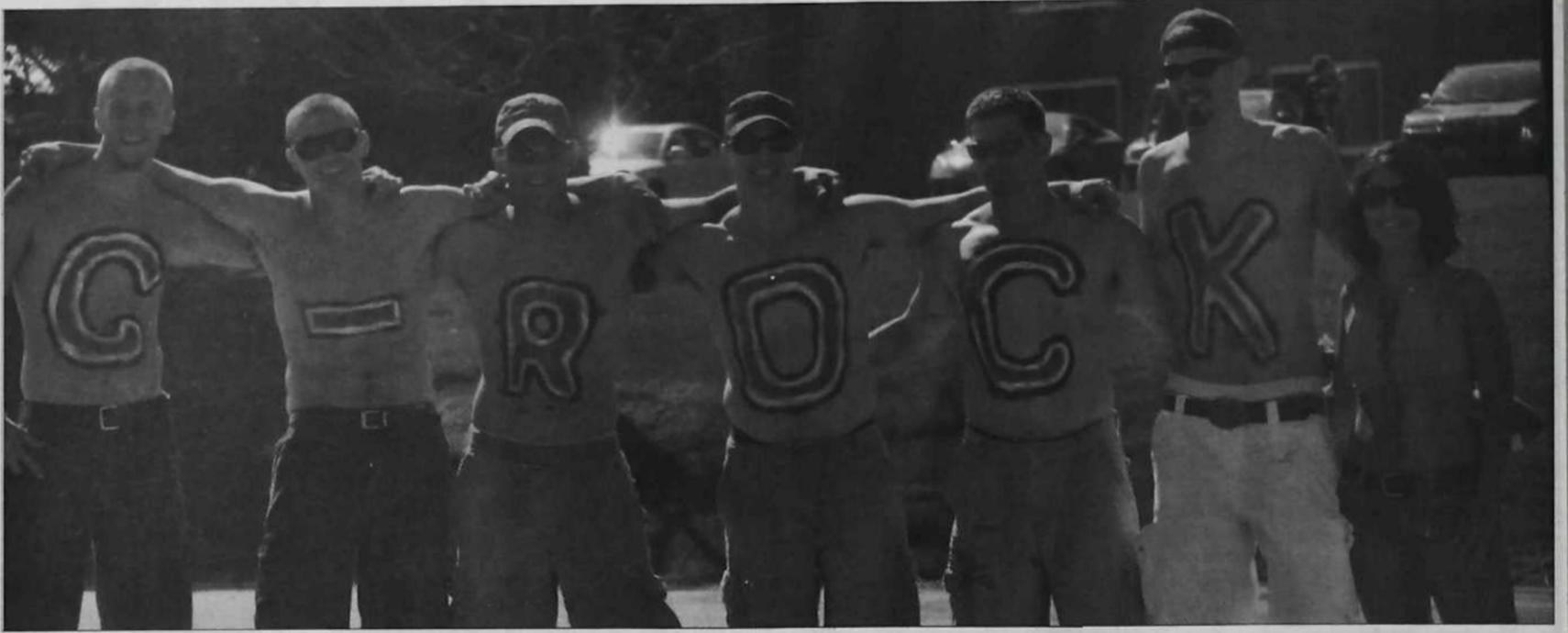
What Christina hadn't realized at first was that Al was actually the king, and he thought that Christina was

just the right type of girl for his son, David!

"The Royal Treatment" is a romance type of novel. It is well written though, and is very funny.

Christina is a loud-mouthed character who never has a problem speaking her mind -- even when what she thinks will probably get her into trouble!





ROBERT BURGE / CASTLETON SPARTAN

Castleton fans lose their shirts to support the Spartans.

Parking lot provides sensory overload



WYATT ALOISIO / CASTLETON SPARTAN

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nia.
 "We went to high school in Toms River [N.J.] and played football together," said DiEugenio. He and about a dozen friends chuckle as they recall the fact that Alercio played the center position on their high school football team. "He's half the man he used to be, that's for sure," he jokes. "But in all seriousness we're all really proud of Rich and we're having a great time here."

Bizit Stevens, another Castleton alum in attendance, called her son a day before the big game in a state of excitement.
 "I told him that there were going to be 5,000 people here," she said. "He lives near the University of Tennessee and he said, 'Mom, who cares. There is going to be 100,000 people hear.' But I care. This is really exciting."
 Kirk Faryniasz, who graduated from Castleton in 1980, echoed Stevens'

enthusiasm.
 "This is amazing," he said, scoping the crowd. "It's really great to see small college football that so many people are showing up for."
 Castleton football might not be able to match Tennessee in attendance records, but the team is certainly creating quite a buzz around the area.
 By kickoff, most of the steak grillers and beer drinkers had moved to the stadium, where the real

show was set to begin.
 Nick Zeoli, who teaches Principles and Practices of Coaching at Castleton, paced the sidelines with a grin. He, like everyone else, is a fan at heart, and this was a big day.
 "This is a wonderful day for the town of Castleton, the college, and the state of Vermont," he said. And, almost as if on cue the crowd erupted in cheer as if they agreed with him



PHOTO CONTRIBUTED BY ENNIS DULING

Josh Ovaska fills up the tires on one the bikes that is available to students.

I want to ride my bicycle!

Continued from page 1

the student government and kicking off this fall is impressive," she said.
 The program's goal is to promote recycling and exercise, two things that are a huge part of Vermont and Castleton culture.
 "Promoting healthy lifestyles, and getting people out on their bikes enjoying the green space we live in" is what motivates Jocelyn Emilo, the program's Communica-

tion Coordinator.
 Members of our community were encouraged to donate old bicycles to the program. Rusted, missing spokes, bent reflectors, and deflated tires didn't matter; the program needed bikes. Even dumpster diving was a resource that was tapped. Now the bikes are transformed to fully functional personal transporters.
 "I live off campus and didn't want to use my car so much and since I

couldn't get a bike, this is cheap and easy," student Ben Kozak reasons. Castleton alum, Ryan Armiento advises using a bicycle to get to class because, "Riding a bike is free. You can use the bike for more than just going to class."
 For more information contact Jocelyn Emilo through The Center or stop by the bike garage behind the Public Safety building.



PHOTO CONTRIBUTED BY TOM HOLLAND

The old Public Safety building was burnt down by the Castleton Fire Department for training purposes.

Same place, new face

Continued from page 1 . . .

new center are praising the changes. Both representatives from Fireside café and the mailroom commented on the amount of space the new building has granted them.
 "In the old mailroom, there would be three of us working and we could hardly move. There is so much more space now," said senior mailroom worker Jay Ette.
 The athletic department has reason to be excited as well. After opening the new Glenbrook Gymna-

sium last year, the gym has received a dazzling new lobby, enough locker rooms to host nearly all sports teams in season, and the sports stadium has officially been completed.
 Athletic Director Deanna Tyson said that the new facilities will definitely help with recruiting and "getting kids here."
 "We will now also be able to host championship games," Tyson said.
 However, as beautiful and impressive as the campus is looking, there is still work to be done.

The old Public Safety site will be turned into a parking lot, the baseball and softball fields and Leavenworth are in the process of being finished, and according to Wolk, there is a potential renovation for Ellis in the near future, along with changes to Huden Dining Hall.
 "What this is going to do is to allow Castleton to remain competitive with other colleges for a long time in the future," said Wolk. "We have the best faculty and staff and we now have state of the art utilities."

Read The Spartan

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ONLINE

Another great idea from your pals at The Spartan!

Field Hockey stumbles at seasons start

By Nicole Parker

Castleton Spartan

If you expected a huge crowd, a ribbon cutting ceremony and hundreds of cheers from Spartan fans witnessing history, the inaugural game at Spartan Stadium may have disappointed.

The Sept. 1 game had it all: high humidity, beating sun, a dismal crowd, and a 6-0 loss to ECAC champs Kean University.

Unlike Kean, who only lost one key player to graduation, the Castleton field hockey team lost a painful seven starters from their line-up, including All-Conference First Team players Carolyn Griggs, Kayla Blank, and Tricia Watson. They did, however return standout seniors Marie Amaral, Heather Brock, Jenna Charbonneau, Molly Fraher, and Meghan Konowich.

The Spartans trailed quickly, with Kean's ECAC All-Star Brittany Gibbs scoring within 10 minutes of the start. By halftime, the Spartans found themselves at a 3-0 deficit.

The second half didn't get much better for the Lady Spartans as Gibbs and teammate Lauren Kusik scored and Alyson Guerriero capped the Cougars scoring run with the team's sixth and final goal. The Spartan's closest attempt was when Marie Amaral fired a shot, only to have it be miraculously saved by Kean goalie Lauren Dobbs, who had 15 saves by the end. Siobhan Whittemore had seven saves in the first half and then handed the reigns over to Bridget Dusha, who had three saves in the last half of action.

Despite the score, senior Meghan Konowich was nothing less than pumped about being the inaugural game at Spartan Stadium.

"It was really exciting! We just wanted to make it fun for our fans. It was an honor," Konowich said with a smile.



JOHN SHRAMEK/CASTLETON SPARTAN

Bridget Dusha attempts to make a save against Kean on Sept. 1.

Freshman Kealy Chipman agreed. "We are making history. I am glad I could be a part of this," Chipman said.

When asked if the switch from grass to artificial turf had anything to do with the outcome, head coach Tammy Landon was quick to respond.

"Absolutely not, Kean did! Kean is a great team and we learned a lot from playing them. It had nothing to do with the turf. I actually

thought we played very well on it today," she said.

The Lady Spartans fell to Keene State College 4-0 two days later and again to the University of New England on Saturday, by a score of 4-2. After the Keene State loss, the second straight to open the season, Landon remained upbeat.

"We lost our first two games last year too, and we won the conference championship.

They (Kean and Keene State) are two top programs that we have yet to have a win over. We are very much on track to having a great season, even though we are off to a 0-2 start," Landon said optimistically.

The Spartans look to get into the win column today on the road against Plymouth State. The team doesn't return to Spartan Stadium until Sept. 26 against Rivier College.



JOHN SHRAMEK/CASTLETON SPARTAN

Spartan Keeper Mike Anthony makes a save against southern Vermont in a 1-0 win.

Soccer team at 1-1

By Mike DelDotto

Castleton Spartan

A healthy crowd of about 450 people dawned green and white stood applauding the conclusion of Spartan Stadium's first night out on Sept. 1. The men's soccer team had blanketed Southern Vermont College 1-0.

The lone goal of the match was scored by Sean Fitzgerald in the twentieth minute of the first half. Chris Mulholland tip-toed around his defender and slid the ball across the penalty box to Fitzgerald who slid it home.

"It was a very good win for us; we'll take it," said head coach John Werner, now in his sixth season with the team.

The Spartans had numerous other chances including an incredible free kick attempt from Greg Klopfer in the twenty-seventh minute of the second half, which rang off the crossbar from about 30 yards out.

The Spartans defense played strong in the shut-out effort. They did their part to keep the ball out of the Spartan half of the field almost the entire second half. Castleton keeper, Mike Anthony, stopped all four shots he faced in the contest including two break-away chances on questionable off-sides calls.

"It wasn't an easy night for [the defense]," said Werner, "[SVC] left those three up [in the formation] and we like our backs to go forward but they had to be careful not to do that because we would become susceptible to [SVC] hitting it long."

Nick Bellizzi stood out above the rest on defense breaking up crucial crosses and making last second clears. But he gave credit to his defensive partners.

"[The camaraderie] takes a long time to develop, and for us to have a senior year where we're all healthy and we can make runs; I think that's what makes us a threat as a defense," Bellizzi said.

Quick to compliment his defense was forward, Josh Costa who spent the whole game in and around SVC's scoring area with many chances and feeds.

"They're always solid," said Costa adjusting his ice pack on his shoulder, an injury from a game hard fought, "this team underestimated us, they didn't think we were gonna be that good, [but] our backs held strong."

The Spartans were certainly impressed with both the turnout and the setting of their first game.

"It's a great time for Castleton sports," said Werner with a smile.

Bellizzi agreed.

"One of the kid's on the other team was asking me what it's like [to have a new turf stadium]," said Bellizzi looking up at his surroundings, "it's pretty unbelievable. We haven't had an atmosphere like this ever."

Castleton launched 22 shots with 9 hitting their target in their first match and controlled the ball again in their second contest against Colby Sawyer on the road on Sept. 3. Again, Bellizzi, Anthony, and the rest of the Spartan defense played phenomenal but were caught once on a volleyed goal early in the game. Costa and the forwards were shut out despite great chances including another close one from Klopfer who sailed a kick over the crossbar late in the game.

The Castleton Men's Soccer team will return home on Sept. 10 to face St. Joseph's College of Vermont.

Lady Spartans let lead slip

By John Shramek

Castleton Spartan

With the game clock showing just 12 minutes of play left in regulation, and the game tied at 2-2, the Clarkson Knights were within reach of taking the lead for the first time of the day.

Sophomore Alyssa Dausman set the ball up near the corner to take a direct kick. Dausman sent the ball into the box on the far side, where Andrea Walsh waited eagerly.

Walsh's header snuck into the net, and the lady Spartans' collapse was completed as they lost the nonconference game 3-2 on Sept. 5.

"We lost everything we did well in the first 65 minutes of the game," said coach Chris Chapdelaine. "We really lost our composure there at the end."

The lady Spartans had been totally in control of the game during the first 65 minutes as they were able to capitalize on two marches down the field. The first goal came just 20 minutes into the game as Courtney Chadburn, last year's leading scorer for the lady Spar-

tans, netted her first goal of the season when Clarkson's goalie, Alex Sullivan, misread the play and came out of the net trying to squash Castleton's opportunity.

The Spartans didn't score again until the 53 minute mark, when Kelly Gerkin rifled a 15-yard shot past Sullivan.

Clarkson, though, surged back at Castleton with its own scoring drive as Walsh squeezed her first goal of the day past the dive of Spartan goalie Erika Davis. Davis left the game soon after with an injury, and Cady Kerin replaced her. Kerin unfortunately felt the rest of the wrath of the Knights' offensive hunger for a comeback.

Despite its being a tough loss to swallow for the Spartans, coach Chapdelaine said he was impressed by the way his girls played.

"I thought [the team] played 10 times better than they did against RPI," Chapdelaine said. "That was the best 65 minutes of soccer I have seen this team play in three years."

The 0-2 Spartans will play again on Sept. 12, when they travel to Plattsburgh State for another nonconference game.



PHOTO CONTRIBUTED BY ENNIS DULING

Michelle Podnecky returns a serve.

Tennis team rolls to 3-1

By Lee Jacobson

Castleton Spartan

The Castleton women's tennis team won their second match in a row on Saturday against Johnson State College with a score of 9-0.

The Spartans began their season with a 7-2 loss to defending champion Colby Sawyer at home. After this loss, they rebounded with a 6-3 win at Prospect Park against Sage College. Coach Paul Cohen was very pleased with his team on Saturday as they easily won against an inexperienced Johnson team.

"I am extremely pleased with our team this year. We have a nice balance of new

and returning players. My coach, Rob Purdy, has also been a tremendous asset" Cohen stated.

The Spartans have their top three players from last year returning as well; Michelle Podnecky, Charla ("Charly") Klaas and Kate Bucci. Also in the starting line-up is Brittini Racine, who is returning from last season. Brynn Paraschos, a junior transfer who played soccer for Castleton last year has played very well for the Spartans at the number four slot. She has won tough matches against Colby-Sawyer and Sage.

"We have four good freshman and returner Emily Bisson to solidify the bottom half

our line-up," Cohen said.

The four freshman players are Chelsea Crehan, Erica Bilodeau, Lauren Fedorka and Kristen McGinn. They have played high school tennis and help build a solid foundation for the Spartans. Cohen has high hopes for his talented team as they have enough teams to have an official Conference Championship, and if they win they will be eligible for post-season play for the first time in years.

At deadline, The Spartan learned that the women's tennis team had won their third in a row, defeating UMass-Boston 8-1 on Sept. 6.

Castleton will host Mass.-Liberal Arts on Sept 10.



Justin Leombruno tips tows into the end zone to put the Spartans up 14-0 against Anna Maria. Below: Coach Alercio awards President Dave Wolk with the game ball at the end of the game.

CHADWICK CIOFFI / CASTLETON SPARTAN

Well worth the wait

By Robert Doran
Castleton Spartan

CASTLETON- At 1:09 p.m. on Sept. 5, the Spartans of the gridiron and the Anna Maria Cats both began their historic inaugural football seasons. Both teams were pumped up as the ball was placed at the 40-yard line for the kick off.

Winning the toss and electing to receive, the Spartans were poised for a big start.

The ball was kicked deep to Evan Cassidy. Without hesitation he sprinted up the left sideline for a thunderous return of 67 yards, leaving the ball at the Anna Maria 12-yard line. The crowd erupted, and the season was under way. Victory was on the minds of all 5,200 people in attendance at the brand new Spartan Stadium, and they were not disappointed when they departed almost three hours later, seeing a final score of 42-28 in favor of the home team.

The Spartan offense, led by freshman quarterback Shane Brozowski, didn't waste any time putting the team's first points on the board. They scored early and often with three touchdowns in the first quarter.

"Getting 21 points in the first quarter was huge today!" said coach Rich Alercio, who became Castleton Football's all-time wins leader with the victory.

The first drive was short and sweet as the Spartans needed only five plays and 12 yards for the score. A key fourth down conversion led to a first and goal situation in which Tyler Carpenter punched in a 1-yard run for the first touchdown in school history.

Castleton's defense, which came up



ROBERT BURGE / CASTLETON SPARTAN

huge several times in the game, helped propel the Spartan offense early. Just after Castleton had turned the ball over on their second offensive drive, the Spartan defense stepped in and wasted no time in getting the ball back in their quarterback's hands as Cody Tancreti picked off the first pass from Anna Maria's quarterback. Tancreti, a Spartan defensive back, was waiting for the overthrown pass on his own 10 yard line.

The Spartan offense simply said "thank you" to the defense, and marched downfield to put another seven spot on the scoreboard. This time, the points came by way of a 13-yard pass to tight end Justin Leombruno, who tiptoed his way inside the pylon in the front corner of the end zone.

Tyler Carpenter added two more touchdowns, bringing his first-half total to three, and the Spartans took 28-14 lead into the locker room.

Tom Cole, who led the Spartans in receiving yards with 115 yards on four receptions, acknowledged the fast start.

"It felt great to get out there and score early," he said. "It made things a bit easier on us. This feels great man."

The defense really stepped their game up in the third quarter, stopping the AMCats from getting much of anything going while the Spartan's special teams were on fire.

"Special teams was enormous for us today," said coach Rich Alercio. "They really were outstanding. When the special teams plays to that level, you know it was an all around outstanding victory."

The fourth quarter began with a bang when a broken play that almost resulted in a sack for a big loss turned into a very improbable 30-yard touchdown pass from Brozowski to Cassidy.

Anna Maria seemed to gain some life back in the middle of the fourth quarter as they returned a fumble for a touchdown, bringing the deficit down to 14 points, but the momentum was short lived.

Cassidy received the kick off following the Cats' TD at his own 22-yard line. He simply turned on the afterburners and made a beeline up the middle directly for the opposing end zone. Cassidy split two defenders as he crossed the Spartan emblem on the 50-yard line, and then flew past the kicker. This truly was the nail in the coffin, and it sent the players, coaches and crowd alike into frenzy.

As time expired, the team gathered to give Alercio a Gatorade bath, celebrating the win and also giving a little pay back to the man who put them through two-a-day practices for the past month.

"I wasn't expecting a bath, but when it hit me, wow, just outstanding!" Alercio said, still dripping. "This feels great, more relief than anything. I was feeling a lot of pressure to deliver a great performance to the school, the community and everyone here today."

One of the happiest men on the field after the game was President Dave Wolk, who was given the game ball for all of his dedication in getting this program on the field. When asked about what he thought about the day Wolk smiled and said, "This exceeded expectations." He then stopped, looked around and chuckled. "It's a dream come true."

The Spartans are back in action Sept. 12 at Utica College looking to improve on their 1-0 record.

Ye Olde Sports



Mike DelDotto

It's far too early to know what will happen during the fall sports season at Castleton however, one can do his best to make some predictions.

A little less than a year removed from its North Atlantic Conference championship, the women's field hockey team has yet to score a goal in two contests. The squad, led by 2008 NAC Coach of the Year and Student Association Coach of the Year, Tammy Landon, was blanked by Kean University 6-0 and then by Keene State 4-0. Landon says that the ladies are slowly improving but that they just need to start scoring goals. I agree. The team has lost over 140 points from the lethal threesome of Carolyn Griggs, Kayla Blank and Trishia Fellows, all of whom graduated last year, and now it is up to current seniors Molly Fraher and Marie Amaral to lead the offense.

Men's soccer is going for a three-peat this season, hoping to get solid defense from Nick Bellizzi and keeper Mike Anthony. On the offensive side of the ball, the team needs to step up in the absence of last year's leading scorer, Ryan Hahn. I have no doubt, though, that Josh Costa and Sean Fitzgerald can find that step quickly.

Women's soccer entered the NAC tournament a year ago as the number two seed, but was knocked out early at home by the University of Maine-Farmington in an overtime heart-breaker. I have faith that Courtney Chadburn will improve on her 21 goals from a year ago and that she will lead the team deep into the NAC tournament this season.

And, of course, the Castleton State College football team has begun its inaugural season. I have a feeling that the saying "Undeclared Since 1787" is going to become obsolete, and fast. The team plays other first-year programs, such as Anna Maria, whom the Spartans beat this past weekend, but also must play the likes of Mount Ida and Becker while on the road.

Most of the fall teams will be the firsts to play on the new turf at the Spartan Stadium. Like most out-of-state students, I was unimpressed to see my tuition bill skyrocket this past summer. But then I saw the finished stadium in all her glory and thought, "I don't mind that tuition bill so much anymore, I guess."



Thomas Cole



Shane Brozowski



The 12th Spartan



Tyler Carpenter



Evan Cassidy

Spartan standouts

By Chadwick Cioffi
Castleton Spartan

Until Saturday, it was next to impossible to pick athletic standouts with the beginning of the season starting out a little rocky. After the Anna Maria football team left on their bus, though, it was obvious which team to turn to for the beginning of the semester standouts.

Right before kick off, there was still a feeling in the stands accompanying the excitement - it was nervousness. For over a year, Castleton has been waiting for a football game to echo through the town and the hype couldn't have been built up anymore.

As the Spartans lined up to receive the opening kick off, it was like sitting in a theater waiting for the movie to start, hoping it wouldn't end badly. Surely enough, the opening credits were running and freshman Evan Cassidy emerged as the early hero.

Cassidy had the crowd jumping to their feet as he brought the ball 70 yards down field on the opening kick off giving the offense the ball at the Anna Maria 12-yard line. In the fourth quarter, he rebutted an Anna Maria defensive touchdown by returning the kick off 78 yards for a touchdown.

Tyler Carpenter proved to be a finisher versus Anna Maria grinding

it out for a couple yards when the Spartans needed the first down and he did his best to keep Anna Maria's defense moving all afternoon.

Carpenter carried the ball 21 times for 126 yards and three touchdowns. His ground game already looks good early on, which will give quarterback Shane Brozowski more open looks through the air.

Brozowski looked shaky in the beginning of the game as his first pass resulted in an interception. After that, though, the freshman quarterback calmed down and put up respectable numbers in the stats column setting the measuring bar pretty high for himself in future home games. Brozowski went 13-

17 through the air for 202 yards and two touchdowns.

His main target was junior Thomas Cole.

Cole was the foundation of Castleton's long game. When a statement needed to be sent to the Wildcats' defense, Cole was the messenger. Brozowski threw him four passes for 115 yards. Cole's hands proved to be just as clutch as the crowd was loud.

Castleton knew it would be getting a football team this year, but there was never any mention of getting the most energetic student section along with the helmets and pads. The crowd was loud all game long, but the student section was the

beating to that cheering heart.

The Rutland Fieldhouse echoes when the Spartans take the ice, but Spartan Stadium was rumbling from one to four on Saturday afternoon. Nothing could have made the win better than a crowd expressing how deprived their throats were from yelling all summer long.

The win put the movie feeling on the entire event and it did indeed give the fans their happy ending with the 42-28 thrashing. It was the long awaited inaugural season, all the hype was built up, and the home team won in exciting fashion.

The Spartans christened their new home perfectly and will now look to keep the 0 in the home loss column.

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

Wednesday, September 23, 2009

CastletonSpartan.com

Castleton, Vermont

Kids learn spanish



Page 3

Mens Soccer vs. Plattsburgh

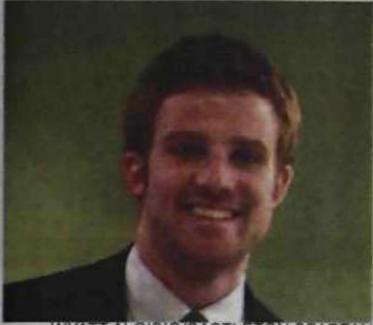


Page 7

Ramadan Festival promotes diversity



Page 4



WYATT ALOISIO/CASTLETON SPARTAN

Professor's son is a voice of change

By Maria Arnot
Castleton Spartan

"Oyarore!" "Oyaoare!"
"Adthi ma ber!" "Ma ber!"
These are some of the sounds of the African greetings and salutations that echoed through Jeffords lecture hall on Sunday, Sept. 20 as Soundings guest speakers Andy Cunningham and Selesiah Ogada spoke to Castleton students about their very unique and inspirational journey.

The afternoon began with students chanting the illuminating African greetings presented on Andy Cunningham's slide show, which was followed by a brief dance lesson featuring Cunningham himself demonstrating how to swiftly move your hips in an African-style dance.

It soon became more serious though. Cunningham, born and raised in Rutland, Vt. and son of education professor at Castleton, Joyce Cunningham, has, at the age of only 23, accomplished more than most people will accomplish in their lifetime.

"There are many things that I am proud of my son for, but most importantly I am proud of his love for humanity," said professor Cunningham.

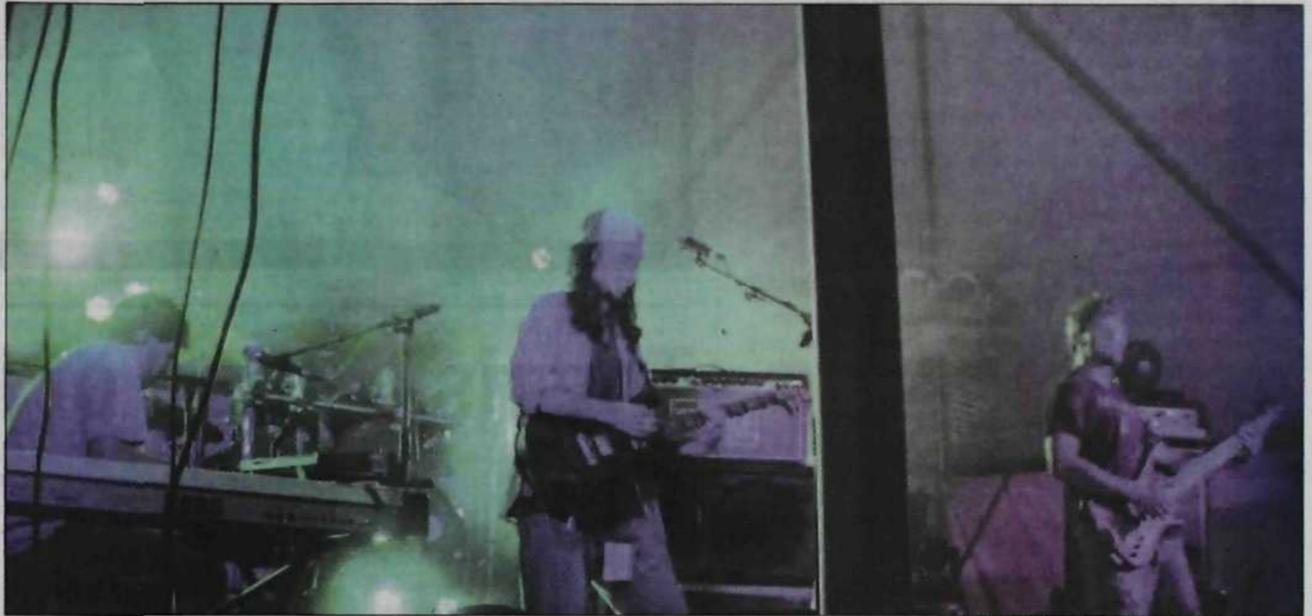
Andy Cunningham attended Duke University and since then has become the Co-Founder and Executive Director of WISER.

While attending a biology seminar at Duke, he learned about the relationship between HIV, gender and education in Kenya. After further research, and with the help of some classmates and professors, he constructed a manual, later traveling to Muhuru Bay, Kenya, where he began converting research into action: building the first all-girls boarding school in Muhuru Bay.

Cunningham is committed to staying in Muhuru Bay, where there is no running water or electricity, until at least 2010, by when he will have completed the construction of the school.

During the presentation, Cunningham explained the challenges that women in Muhuru Bay face, where only 5 percent of girls attend secondary school and 38 percent live with HIV.

Continued on page 6...



SHELBY LACROIX / CASTLETON SPARTAN

(Above) Twiddle performs at the Backwoods Pondfest in Peru, N.Y. (Below) A festival goer poses with this year's Pondfest shirts.

A weekend in the woods

By Shelby LaCroix
Castleton Spartan

Fall festival season is in full swing, and with it, a whole livelihood of festivities. The weekend of Sept. 11-12 celebrated the third annual Backwoods Pondfest, a smallish music festival located about a half hour north of Burlington in Peru, N.Y.

With the total turnout around 1,200 including attendees, bands, and guests, Backwoods Pondfest brought in an even larger crowd than in past years, filling Twin Ponds Campsite with love and music once again.

Tents and campsites rallied around a pond to the right of the main stage and extended into the open green fields to the left, a quarter mile to the edge of the woods. Contained campfires were totally acceptable - a rare treat on the festival scene, but one vastly enjoyed by all.

Lucid, the weekend's host band worked tirelessly and showed hospitality the way it should be; music for all, and for all a good time. From the moment of our arrival on Friday afternoon, until our departure early Sunday morning, the music didn't miss a beat.

A lineup of 15 bands played throughout the weekend. The music included a psychedelic and stimulating variety of soul, reggae, funk, electronic, folk, jam, jazz, rock, and blues. It was nothing short of energetic and raved until the wee hours of morning two nights in a row.

Bands included the Ryan Montbleau Band, U-Melt, Spiritual Rez, Shameless Strangers and The Grift



to name a few. Paul Caraher on acoustic played between sets.

A mass of excitement arose from the crowd when fan-favorite and disbanded talent, the South Catherine Jug Street band made a reunion appearance late Friday night - a true Backwoods specialty. Their performance was followed by The Breakfast, which kept the fire burning until the a.m.

Elephant Bear, a band from the Queen city, got crowds moving early on Saturday morning with a spot-

on rendition of "Character Zero," along with some lively originals.

Saturday brought a mid-day treat for the head and feet from Hot Day at the Zoo, a string band with a swell of passion, based out of the Massachusetts-New Hampshire area. With a self-described genre of "Zoo-grass" - an intent blend of "ragtime, jazz, blues, rock and roll, and rap" - when it comes to inspiration, nothing is off limits.

The quartet sat down for an interview post-show, cross-legged

in a circle on the grass in the band camping area, with the upbeat music of Greyspoke swirling in the background.

They described their closeness, their always-democratic dealings with and respect for the band, and their own personal blend of "Zoo-ified" tunes.

Hot Day members spoke fondly of their tour van, which keeps the music moving and the band in close quarters, playfully debating whether the van named "The Bone Wagon" was a "he" or "she." They shared their excitement for the night's upcoming Ryan Montbleau Band, Twiddle and Lucid shows.

Along with groovy music, art was in the air too. A duo of artists set up camp in the center of the field, laying out a white banner on the grass for passers-by to make a pit stop and play with some paint markers. A number of neon blacklight paint covered canvases surrounded the base of their car - an inspiration for those hesitant to just let go and draw.

"We set this up once people started waking up and getting out. It took awhile to get people to start drawing on it cause it was all white, people were like "ahhh, I don't know what to do...I'm not creative..." But, it was like, who gives a fuck, draw some lines!" said Kyle Port an artist from Burlington, and one of the two who had set up the spot.

By 6 p.m. Saturday, the formerly white banner in center field was almost completely filled with a colorful mix of trippy treasures, lines,

Continued on page 6...

Students learn thousands of miles away

By Steven McNulty
Castleton Spartan

The cab door swung open and a young American girl hopped in, holding a map of the city. She was not exactly sure how to decipher the diagram of oddly spelled avenues. The driver asked where she was going.

No response.
He asked again, in his native tongue, where in Granada the young lady would like to go. Holding the map upright and

pointing with her index finger to a street within the city limits, she finally answered with a short yet effective response.

"Aquí," she said.
The cab driver nodded, and Alison Welch was off, racing to her host family's house in the heart of southern Spain.

This is how Welch, the Junior Study Abroad Coordinator at Castleton, began her first scholastic experience in a foreign country. Although she had traveled with her family around the world prior to this

experience in countries that include Australia, South Africa and Switzerland, this would be her first independent experience abroad. For the next year, she would call Granada home. When she commenced this excursion, thousands of students around the world were beginning their own similar experiences.

And on Sept. 24, from 12:30-5 p.m., the Campus Center will be offering similar opportunities to students through a travel abroad fair.

"The world will be waiting for you. Come and see all we have to offer. You will not be disappointed," wrote Spanish professor and travel abroad advisor Ana Alexander in a recent campus-wide e-mail.

According to a 2007 article in the Christian Science Monitor, studies show that the number of students choosing to study abroad at some point in their college career grew by 144 percent from 1995-2005.

Continued on page 6...



PHOTO BY ANA ALFARO-ALEXANDER

Students cross a bridge in Costa Rica.

Fear Obama?

To my discontent, there is a sect of American society that is crippled by fear. Radical trepidation and social inflexibility are unifying characteristics of this dim-witted ultra-conservative cult. On Tuesday, Sept. 8, the reality of this situation became life-size. This was the day that President Barack Obama gave his—GASP!—"back to school" speech in Arlington, VA.

How dare he penetrate the schools and corrupt the developing brains of this country's youth? How dare he infect the children with socialist propaganda? How dare he channel ideas about health-care reform to little Jenny and Johnny? How dare he...oh, wait a second...just saw the speech...it wasn't that bad.

In fact, there was nothing political at all about his speech. He did tell kids to stay in school, study hard, live up to their potential and develop their talents and skills. He did tell parents, teachers and students to fulfill their responsibilities. He did say that he expects great things from the students of today. And somehow, hidden deep within this message, people saw the makings of a fascist manifesto that is slowly creeping upon the country, ready to dig in its talons and drag the entire nation into a flaming corner in the depths of hell.

Parents squawked vehemently. They cried corruption. They yanked their children from the schools as if to save their malleable brains from twisting and turning into the shape of a swastika. But why? What was there to fear, really?

Brett Curtis, an engineer

from Pearland, Tex., told the New York Times that, "I don't want our schools turned over to some socialist movement." Oh yeah, I forgot, Obama is a Commie. Good point, Brett. We could never allow our kids to be encouraged by our (black) president to do well in school (that's what this is about, isn't it?). We can't allow them to think for themselves to form opinions about political matters. If any bit of sand goes near our little pearls of children, we must clamp down!

Heck, Brett, you better pull the kids out when colleges come recruiting. Those bastards will turn your daughter into a dope-smoking hippie so fast your pea-brained head will spin. And the D.A.R.E. program, forget about it. Just trying to turn our kids into high-stepping narcs. I say keep the kids at home.

In fact, who needs school anyways? Kids are becoming a little too smart; we need to dumb them down a little. Let's all move to Texas and transform the youth into a populace of stumbling and bumbling rednecks that chew Redman all day, hump their cousins and wear the Confederate flag as a fashion statement. Maybe one day we'll see little Johnny all grown up, illiterate as an orange and slinging fried chicken at Popeye's.

All because people like Brett have this country so politically polarized that we can't look past the red and blue and agree on progress. People need to stop being scared and start being sane, or that burning corner of hell may not be so far-fetched.



JAMIS LOTT

The risky road of journalism

Day-to-day, journalism probably doesn't rank very high amongst the world's most dangerous careers. Probably not even in the top ten. And as a communication major with a concentration in journalism, being abducted in a foreign country was one of the last images that ever crossed my mind.

In the classroom, we are taught to do whatever it takes to get the story; to nag and harass and annoy to get the information that we want and need to make a good story. For us right now, as students, this generally means getting in the face of Public Safety or tracking down President Wolk. For two American journalists, though, it meant being kidnapped on the boarder of North Korea.

March 20, 2009, ABC news was able to confirm that American reporters Laura Ling and Euna Lee were "arrested" and detained by the North Korean army. The duo was shooting film in China on the North Korean boarder for a story on North Koreans who were fleeing the Communist nation. Because

the journalists were in China at the time they were "arrested", the U.S. called it a kidnapping and to say that their detention conditions were sub-par would be an understatement. Reportedly, Ling and Lee dined on rice peppered with rocks, were isolated from one another, and told the New York Daily News that they lived in constant fear of being sent to one of North Korea's many hard-labor gulags.

Sadly, this is not the first time a journalist has been abducted whether the reason behind that abduction is to improve or sour relations between countries, or simply prevent information from being leaked to the public.

Seven years ago, the highly publicized kidnapping of Daniel Pearl was the hot topic of abduction discussion. The American journalist was captured in Pakistan while working on a story about Islamic extremist groups. In January of 2002, Pearl got up close and personal with another kind of extremist group. The Pakistani government demanded of the U.S. the release of Pakistani

prisoners from Afghanistan in return for Pearl's life. A month later, Pearl was killed after an escape attempt—just two months before his wife gave birth to the couple's first child.

The Ling/Lee story, however, is one of the few with a happy ending. An unlikely hero, former U.S. president, Bill Clinton spent nearly 20 hours meeting with the North Korean government, including the nation's leader, Kim Jong Il, negotiating the reporters' freedoms. His efforts were rewarded and the pair was released and returned to the United States early in August after five months in captivity.

These are just two of the many tragedies that occur when journalist trying to get the story, become the story. Journalism is one of the most thankless jobs and I'm not just saying that because I'm "one of them"; hours of interviews, writing, fact checking, and with every story, a level of risk. But it is a risk that we are willing to take to provide our readers with the information that they want to know and need to know.

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Information & Feedback

**Event Countdown:
15 events to go**

COMING EVENTS

There are 2 diverse events coming up in September: a production by our own Theatre Arts Department, and a concert by the Vermont Symphony Orchestra.

Bus Stop
Thursday, September 24 – Sunday, September 27; Thursday – Saturday – 7:30 p.m. and Sunday at 2:00 in the Casella Theater - Castleton's Theatre Arts Department

'A delightfully funny play about a love-struck cowboy, and what happens when he and his hoped-for girlfriend are stranded by a snowstorm in the Midwest. Castleton's Theatre Arts Department has been working intensely on this production; please don't forget to get your ticket(s) at the Box Office in the Fine Arts Center.

Vermont Symphony Orchestra
Tuesday, September 29 – 7:30 p.m. in the Casella Theater
Anthony Princiotti conducts this evening's program of Haydn, Mozart, and a specially commissioned work by a VT composer. The VSO's "Made in Vermont" Series will be performed throughout the state, and we are pleased that again, Castleton will be one of the hosts.

THINK TANK

The column of the Castleton Philosophy Club

Our new question is, "Does Facebook make your life better?" Send brief, thoughtful replies to philosophy@castleton.edu.

Here are some responses to the previous question, "Are you happy with your life, and why?":

"I am happy with my life because I am doing things that are helping me get to the goals that I have set for myself. I am also happy because I am finally reaching some of those goals."
--Emily Englehardt

Of course I am happy with my life...do I delight in people behaving badly at my expense...NO...but that doesn't make my life a cowpie. I am designing my life as I go along. For me it is always about choices, exploration, and overcoming FEARS. We ARE all one. So, am I happy with my life? You bet!!! And, I am adding to that joy every opportunity I get. Choose to live artistically and delight in the creation of the life you want as it happens. --Robert Wuagneux

"Happy" is an ambiguous term. I am not happy with my life because I am not contented. To be contented would be to want nothing more. We're all at college to attain something more. College is a transitional part of life; to get where you want to be. I am not happy with my life because I have not lived it to the fullest just yet. The best has yet to come. That is not to say that I am unhappy with my life or an unhappy person. I am a positive person. I am "happy" when I spread my love and

knowledge to others to the best of my ability. However, I think I will be contented once I achieve a higher level of independence and economic stability. -- Jackie Mongillo, COTA/L

I am happy with my life. I have a great family, a job I enjoy, and a personally rewarding involvement in my community. Finding just the right balance remains elusive, but my glass is definitely half (or more!) full. --Helen Mango

Well ... it is a question often asked of oneself or someone else. It is a hard question to answer because happiness is not a very robust construct. Whether one is, or is not happy, depends on so many factors. Even so, I offer some possibly helpful thoughts based on William Glasser's work. I paraphrase but basically happiness may be measured by the degree we experience fun, freedom, power, love and belonging in our life. Conversely, the degree to which these factors do not operate in our life is the degree to which we might experience unhappiness. If anyone requires further expansion on the five factors I will be glad to expound. --Trevor Tebbs

Am I happy with my life?...yes. Why?...because my life is happy with me. --Don Garside

I am happy with my life, I'm living and I figure I should be grateful for that. --Katelyn Merritt

Join Philosophy Club in LVH 104 on Thursdays during N-period, and on Facebook (search for the group, "Castleton Philosophical Consortium")!

Castleton Spartan
CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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Rockin' out with your books

By Anders Ax
CastletonSpartan

Welcome to a new year of college. Welcome to a new year of work and many 'exciting' hours of studying. What's better than listening to music while studying? It doesn't take our attention completely, it's enjoyable, soothing and takes the edge off our workload. So what's good for some down-tempo easy listening?

Moby: We love Moby. You know "Extreme Ways" at the end of The Bourne Series? What's not to love about it? He's rock, dance, electronica and techno all in one. He has a career spanning over 20 years with enough variation for everyone. Plus, none of his work overwhelms the listener. Key albums include '18', 'Play' and 'Animal Rights.' On the way, 'Wait for Me' will be his eighth studio album.

Thievery Corporation: The great aspect of TC is you can listen to them anytime, anywhere. Described as "down

tempo trip hop" the duo DJ's have collaborated many times over their 14-year career incorporating forms of acid jazz, reggae, Indian, Middle Eastern and Brazilian music. 'The Cosmic Game' and 'The Richest Man in Babylon' are notable. With nearly three dozen single EP's and compilations, their trippy, low-key style beats let the mind concentrate.

Sigur Rós: The four players of the band have, since 1994, entertained the world with their avant-garde sound straight from Reykjavik, Iceland. It's rock, it's symphony, it's completely surreal and addicting, but does not convolute the ears either. Sigur Rós also sounds unintelligible (that 'cause it is). The language the band incorporates in their music is called Volenska, an unintelligible language that lacks syntax, grammar and word meaning. Even with the incredible guitar and piano voices it's worth a dabble.

Radiohead: If you have

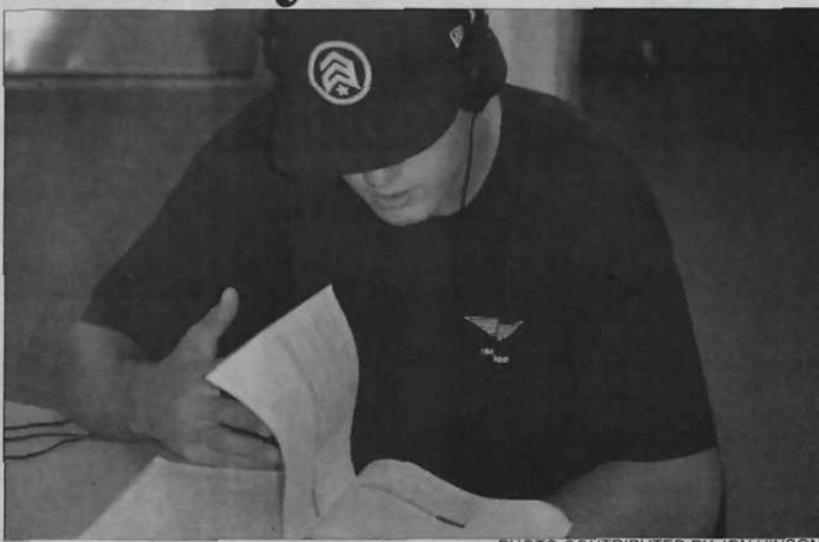


PHOTO CONTRIBUTED BY JON VINSON

Spartan layout editor Robert Burge studies while listening to some tunes.

been living under a rock for the past 10 years and don't know anything about Radiohead then it would be a good time to learn. Hailing from England, Radiohead went beyond the 'typical' rock persona and introduced a number of styles including jazz, experi-

mental and electronic rock. Their first two albums, 'Pablo Honey' and 'The Bends' are rock voices, but as their style evolved with 'OK Computer' and 'Kid A,' the band became increasingly experimental and more mainstream. Their last studio album, 'In Rain-

bows,' is incredibly enjoyable and I highly recommend it.

Since each artist has a plethora of content you're sure to find something to enjoy. With that said, enjoy your work a little more. Cheers.

Snow surprises and excites

By Sarah Parker
CastletonSpartan

You might have noticed the days are getting colder and already some of the lush green leaves are (now) leaking fiery reds, yellows, and oranges.

For the new students at Castleton State College, there is a great deal to get used to, but in this new environment did they consider what the weather was going to be like?

According to The National Weather Service Forecast Office of Burlington, Vt. the Castleton area receives an average of two feet of snow each month in December, January, and February. The average temperature for winter is a brisk 19 degrees.

"Winters are ridiculously long," said Cherie Pfeiffer, a senior art major. "I've lived in Vermont my whole life and sometimes the snow starts up in October and won't go away until May."

For Alejandra Caral-

lero, a Criminal Justice junior, the move from the extreme heat of Barranquilla, Columbia to Castleton was not an easy transition.

"I was terrified, I didn't want to go outside. I wasn't really prepared for the amount of coldness that came upon me," said Carallero as she shuddered briefly.

Krystie Vargas doesn't feel quiet the same about winter. The junior nursing Major moved to Vermont from Moca, Peurto Rico.

"I loved it, love the snow hate the cold," said Vargas. "I only wish it wasn't so long."

Majur Makor came all the way from Sudan to the crisp cool climate of Vermont.

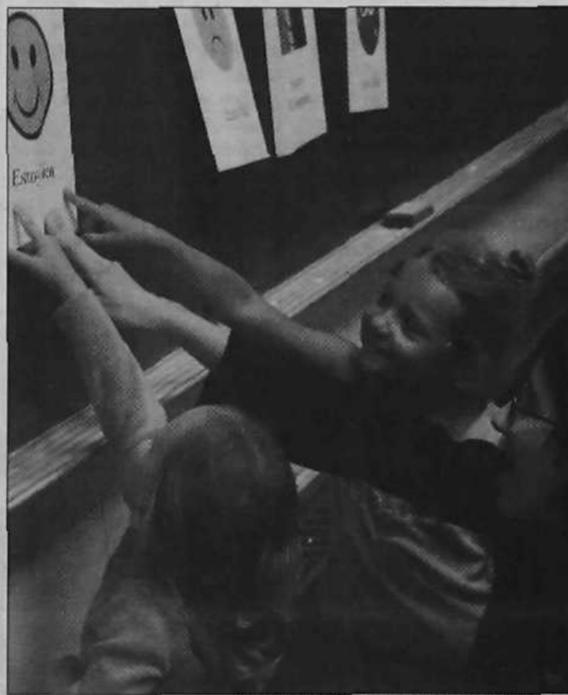
"My first encounter with snow was quite scary even though, I had heard of it before," said Makor. "The trees didn't have leafs and ground all covered up with all white snow convinces me that I had to adapt to Vermont if I want to stay here."

Though the winter can be new and vastly different for some, for others it was the very reason they decided to come to Castleton. For Ashley Fillmore, a senior business major, snow was one of the driving reasons to come to Castleton.

"I absolutely love snow. A great deal of us do and there is no snow quiet like Vermont snow...I love to snowboard and being so close to all these Mountains was defiantly a factor when I decided to come to Castleton," said Filmore.

There is no way to tell for sure how cold or warm this Vermont winter will be. Chances are we will not be seeing the negative 30 degree record holding temperatures of the 1950s, but in Vermont it is never out of the question to expect any kind of new and exciting weather.

Kristeie Vargas leaves this advice: "Don't where flip flops in December," she said. "It sucks walking."



WYATT ALOISIO / CASTLETON SPARTAN

Best friends Sarina Plank (10) and Kyra Elkhier (10) are two of several young students being taught Spanish by Floribeth Jimenez and the Spanish club.

Spanish lessons for children at CSC

By Jennifer Waite-Harsha
CastletonSpartan

She had two different flip-flops on her 3-year-old feet, but that didn't stop Jillian Bushee from jumping up and down, screaming out colors in Spanish.

Beside her was her sister, 5-year-old Kameryn Murray and in front of her was Andrea Grindea, a Spanish education major and instructor of the 3-to-5-year-old "Spanish Lessons for Children" program at Castleton State College.

"It's just really interesting. At first, I'm really nervous when I enter the classroom, (but) getting to spend time with kids, different ages, it's just a lot of fun," Grindea said.

The program began last year when the Spanish department coordinators, professors and students organized ideas to invite children from the surrounding community to Castleton for Spanish lessons.

Every Tuesday and Thursday from 3:30 p.m. to 4:30 p.m., the bottom of Leavenworth Hall becomes a place where children ages 3 to 10 gather and participate in Spanish lessons.

The lessons include teaching methods targeted toward two age groups and creative games and art are used to engage the children in Spanish language.

"We are trying to introduce language and promote Spanish as early as possible. Whatever they learn will be ingrained," said Delma Wood, Spanish professor at Castleton. "We want the kids to learn how to feel secure, gain confidence in their

Spanish."

In room 66 of Leavenworth Hall, Floribeth Jimenez, instructor of the older group, makes the room come alive.

Sarina Plank and Kyra Elkhier were jumping out of their seats in a fierce competition of Spanish jeopardy created by Jimenez.

"I tell them you need to have food before a class because you need energy," Jimenez said. "I try to make it fun because what is the point of being in a class where it's like 'learn this,' like military. No. I want them to enjoy."

The children were learning vowels and pronunciation of words that started with "a." "Amarillo" or "yellow" seemed to get confused with "anarajado" or "orange."

"They like a challenge," Jimenez said. "For everything I teach, I reinforce them what is the origin, why we say the thing."

The students smiled fondly as they spoke of their instructor.

"She's very bright and cheery and she, she loves children," Plank said.

"And she loves saying 'chicas,'" Elkhier added.

"Muy bien, chicas," Jimenez said with a slight laugh.

That translates to "very good, girls."

For more information on the "Spanish Lessons for Children" program or the Spanish department and its activities, contact Ana Alexander or Delma Wood via e-mail.

Fresh Perspectives



Lee Jacobson

All of us students recently received an email about the "intensifying" amount of Castleton students drinking. The email had some good points, stating that student's decisions affect the whole Castleton college community. And that there are positive things the students are doing in the Castleton community that is being overshadowed by the negative things.

The article by the Rutland Herald did rub me the wrong way, so to speak. Castleton State Police Officer Cheri McDermott, said that the drinking so far, in 3 weeks, has been worse than she has seen in four years.

That makes sense... I understand it is her job to enforce the law, and protect us from dangers that we're too immature to recognize, but it seems as though people are expecting college students not to drink. So everyone, brace yourself, college students drink. I'm not saying it's not a problem, but I am saying this issue is being blown out of proportion. Officer McDermott also said that drinking "...takes up way too much of our time."

Now I don't consider myself a genius, but it doesn't seem like there's a whole lot going on in Castleton, not that it's a bad thing. I grew up in a small college town like Castleton, where the cops have just as big of a power trip. McDermott's best comment about us hooligan college students was this; "They don't care. It's like you're a babysitter for some of these college kids."

They have no respect for anybody." That's it Cheri, all we do is drink and disrespect. We're not the only generation to drink, college students have had the stereotype of drinking since college started, and even our parents and grandparents partied in college! Mind blowing, I know. I guess all I have to say is keep it safe Castleton, and for the authority, put yourself in our shoes, you've all been there.

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CSC is more diverse than you think

By Annie Hartman
Castleton Spartan

In September, New England starts to get cold. People start to pack away shorts and sandals in exchange for sweaters and sneakers. In September in Japan, temperatures can still reach 80 degrees. Sweaters aren't exactly necessary. That is, unless you are 15-year-old Shoichiro Watanabe, leaving behind bustling Tokyo for rural Connecticut.

Watanabe hopped a plane, without his family, and went half way around the world to be educated in the United States.

"It's a big difference," he said "but I have always liked the countryside."

The topography wasn't the only difference Watanabe would have to get used to. Against him was a language barrier and becoming accustomed to the U.S. culture- two things that he would learn very quickly. In September 2001, he began school at The Marvelwood School as a 9th grader. Six days later, the September 11th terrorist attack occurred.

"I didn't really know what was happening," said Watanabe. "I knew what the Twin Towers were and I knew what 'plane' was so I just wondered 'Was there an accident?'"

Watanabe found out quickly what happened. He also became accustomed to American life and the English language. He graduated in 2005 and enrolled as a full-



WYATT ALOISIO / CASTLETON SPARTAN

President Dave Wolk attends a Ramadan celebration on Sept. 17.

time student at Castleton State College and though he felt that people in Vermont and around the Castleton community were friendly, he felt that it was a difficult transition from his private high school that was made up of students from around the world.

"People were hesitant to talk to me," said Watanabe, who is now known better as "Shou" around the CSC campus.

Shou is not alone as far as transitioning not only into campus life, but also into American culture. Currently, CSC has 40 students enrolled who were born outside of the United States, representing 18 different countries including Canada and Puerto Rico, and 70 students who identify themselves as something other than "white."

President Dave Wolk has expressed his happiness in the diversifying Castleton culture. "This year we initiate a new office that houses a growing international student program and expanded study abroad opportunities designed to improve diversity and to gradually internationalize our campus," said Wolk in his Convocation speech.

But Castleton is still a predominantly "white" school and though diversity is coming with the Change Initiative, CSC has a long way to go. "Vermont is one of the whitest states in the nation, and the majority of our students hail from Vermont. I am hoping that we will attract and retain a more diverse student body," said Wolk.

CSC Freshman, Mihrab Ali came to Vermont from Sudan three years ago. Last fall she graduated from Winooski High School and said that because Winooski was so diverse, she expected Castleton to be as well. That was not the case.

"In Sudan, people accept you for who you are," said Ali. "Here, I feel like once they get to know you, then they accept you."

Despite the difference, like Shou, Ali feels that people in Vermont and Castleton are friendly. "I was the one who was hesitant [to talk to people]," said Ali.

The group will be around on both academic and residential sides of campus to help this particular group of student adjust to life both in Castleton

But she has had good reason to be. Not only did Ali experience cultural change but also a change in family dynamic. She moved with her two brothers and her father to Vermont in 2006 while her mother stayed behind in Sudan. Ali has not been back to visit her mother whom she says she was very close to. She does speak with her frequently though "Every week!" she said with a smile.

The language was another barrier Ali had to overcome and was, according to her, one of the scariest things about moving to the United States.

Castleton is working to provide its international students with the opportunity to study English as a second language in an effort to make the transition into the American secondary education a simpler one. This year, Associate Administrative Dean Renny Harrigan has teamed up with Alison Welch, International Student Resource Coordinator, Professor Ana Alexander, and several other CSC faculty members to create a support staff for Castleton's international student population.

"Everyone at this small institution wears several different hats," said Harrigan.

The group will be around on both academic and residential sides of campus to help this particular group of student adjust to life both in Castleton

Continued on page 6...



Mellisa Pope

Question: If Alcohol were banned what would you do?



Erin Orleck

I would save a lot of money.



Cody Parker

I wouldn't have to worry about getting hit by a drunk driver late at night.



Talia Roy

I would make moonshine in my basement.



Jess Krol

I would sit on my front lawn and drink Talia's moonshine.



Amanda Frontiero

I would be in way better shape because I wouldn't drink beer.

Small school, but how big is its heart?

By Sarah Kenney
Castleton Spartan

When the pencil slips out of your grasp and rolls like a meatball across the floor, what do you do? Reach over and grab it? What if you can't? What if you're incapable of maneuvering an every day task as mundane as picking something up.

For some students at Castleton State College, obstacles such as this are faced daily. Some may say that the college is known for being small yet having a big heart, and according to those in need of some extra TLC, the school is living up to expectations to some degree.

A compression fracture in your T12 vertebra is going to impact your lifestyle as a student, just ask Eric Hall. His major hurdles are moving things, asking for help and taking it easy. His mindset is that he can, while his back brace opposes. Hall is the first to announce that it is the people at the school



WYATT ALOISIO / CASTLETON SPARTAN

Eric Hall stands with a piece of the rope swing that broke his L-12 vertebra.

that have made life easier for him. "I'd say your friends are your biggest ally just because they're the ones that are able to look out for you and help you when you need to carry

something or when you need to grab something that's up high," says Hall.

Melissa Shaw faces an obstacle of a different kind. Because of childhood brain

tumors, her perception is off. She is approximately half blind, has no peripheral or central vision. How does this impact her? Melissa is unable to have a sense of depth this is particularly a problem in the dark and with stairs. Shaw believes the school help in making accommodations, "with my vision, it takes me a long time to read, The Academic Support Center is really helpful. They'll get me books on tape, or scan them into the computer". Shaw also finds the handicap push buttons at certain buildings to be useful, but slow. She also utilizes public safety as an escort at night, they walk or drive her to her desired destination.

Transportation across campus is not only an issue for Melissa Shaw, but for Ashley Hess, a Castleton junior living with cerebral palsy. Ashley sees a few problems that could be tweaked to make life a bit more of a smoother ride. The older sidewalks are distorted, gapped and cracks vein across the cement. The uneven

pavement makes for walking difficult because her brain has trouble coordinating with the muscles. Another issue Hess has, is with the handicap parking available on campus, and public safety's failure to ensure only handicap plates are parked there. "The spaces only have markings on the pavement and public safety can't enforce it if it doesn't have the pole" says Hess. Although a program that helped Ashley get situated at Castleton was the Learning Plan, which is implemented through The Academic Support Center.

So when you see a pencil roll across the floor, reach out and grab it for someone. Don't be so quick to let the door slam shut behind you, hold it for the next person. If there's a space available with marked pavement without a pole, leave it open. Just by doing these simple things for someone may save him or her seconds or even minutes of frustration later down the road.

First year seminar: worthless?

By Melissa Pope
Castleton Spartan

First-year students are overwhelmed when they come to school in the fall. But Castleton State College is all about having a big heart and making everything easier for their students and has a program to calm their nerves.

Since 1997, every student has been required to take a first-year seminar class.

"The idea was to aid the tension from the transition of coming to college," said Associate Academic Dean Renny Harrigan.

But is it working?

First-year seminar classes are offered in all different majors, and most of the time students get their choice. The common hour component of the course is typically Wednesday at the noon, when the

class meets, sometimes has lunch and does various activities on campus and off.

There are a few required common hour activities throughout the semester. A visit to the Academic Support Center and to the library are on that list. Some groups this year have already completed the library outing, where students are given a presentation about all the things that the library has to offer them and how they can access it all.

"It was a fun way to be reminded of where to look for things in the library and to learn interesting facts. The tour of where to look could have been more informative, but overall not a bad time," said freshman Tamithy Bushey.

But some disagreed. "Worthless," said first-year Lee Mohr. "I was there

for an hour and learned that you could flip the magazine holder back to find more magazines."

Amy Derick was equally unimpressed.

"It was my third time being brought through the same thing within weeks," the freshman said.

Faculty members are welcome to volunteer to teach the FYS courses, and some get asked by administration.

"I look for faculty who is really committed to working with students outside of classroom and we also look at the student evaluations. They have to take an interest in students beyond the classroom, that's just the way it has to be," said Harrigan.

Professor Christopher Boettcher is a second-year faculty member and a first-year FYS professor this year.

"Coming to Castleton means joining a new culture, and it also means stepping up to meet a new set of challenges. It's sometimes difficult for faculty and students both to understand that we share this common experience. That is, every faculty member has been through the experience of moving off to college, or starting a job at a new college, and we've all faced similar kinds of anxieties and excitement trying to figure out what to do in this new place," said Boettcher.

But are students really getting anything out of this?

"I think that most of the students think that they can't like it, like it's not cool for them to think its fun. But, from what I can see, my group really likes Boettcher and their common hours,"

said Rosie Williams, Boettcher's Student Orientation Staff leader.

"I think my SOS group enjoys common hour, however I've heard some of them call it "study hour." I think that once the year progresses they will have more fun with common hour and their SOS group," said SOS leader Maegan Walsh.

In order for FYS to be successful, leaders say everyone needs to be on the same page. But some students say they simply can't see the importance of common hour.

"Orientation and our FYS class is really helpful. Our common hours don't really seem to be doing much but wasting some time. But we've only had a few so here's to hoping it can only get better," said Bushey.

Bringing the big screen to CSC

By Jessica Lawrenson
Castleton Spartan

Castleton has its own movie theater just for students. It opens one night a week to show one film. But most of our student body just calls it the Monday night movie.

Every Monday night at 8 P.M. the Jeffords auditorium fills with students anticipating a good film.

"On average there are about 75 students a week going to the movie" said Melissa Paradee who is the advisor of the Campus activities board also known as CAB.

The movies shown are relatively new. They usually are out of theaters but not yet on DVD.

In order to get these films for students to watch CAB must rent the copy right for one showing. The copy right is rented from a company called Swank Motion Pictures.

"We cannot just go to Blockbuster to rent a film because it is illegal to show it to that many people without the copy right" Said Paradee.

Paradee is the advisor for CAB but gives all of the credit for these films being a success to Bart Kallgren. Kallgren is the one who deals with Swank to schedule the movies to show, does

the advertising for them and plays the movies in Jeffords every Monday.

"We have to pick the movies about two months before the semester starts. Swank sends us a list of what might be coming out when and from there we narrow it down and pick which ones we believe the students will like best and then they mail them to us" said Kallgren. With a little bit of disappointment he continued to mention that not all movies go as planned. For example this semester there needs to be a change where *The Hangover* and *Public Enemies* must be switched because Swank will not be able to get it to the school in time. Unfortunately these dates cannot be changed on what Paradee says is the biggest form of advertisement for the movies which is the magnets that every student had gotten in their mailboxes.

Students are usually understanding about the switches in the schedule since they are seeing the movie for free. Each film is a different price for them but on average they are about \$421 each making it just under \$12,000 a year. This results in on average \$5.61 per person that goes to these events if the average number attends. It is well worth it though the students seem to enjoy them.

"I wish it could take place in a big-



Marisse Larenz and Ali Thompson enjoying a bag of popcorn shortly before the Monday Night Movie, "the Proposal", begins playing.

ger auditorium for when they have bigger movies but it is still fun either way" said Brian Bashaw a freshman at Castleton.

"I find them to be a pleasant experience but it would be nice if they occurred more than just one night a week because they are good stress relievers after a long day of classes" Said Mike

Callahan, a junior at Castleton.

Monday night movies seem to be a good experience for everyone and occur on Monday nights at 8P.M. in Jeffords auditorium and are completely free to anyone who would like to attend.



The Chad
Chadwick Cioffi

I can't get enough of the whole Kanye West controversy. It might be one of the funniest things I've seen all year. A sweet and innocent 19-year-old Taylor Swift was just happy to be nominated for an award at the Video Music Awards. When Swift was announced as the winner of this year's best female music video she finally had her five minutes of fame at the VMA's.

Then Kanye West decided it had been about four years since his comments about George W. Bush and maybe it was time to stir the pot again. West interrupted Swift and told her he was going to let her have her finish her speech and have her moment, but Beyonce's video was the best of all time. West made the room feel awkward, with about 100 people wearing the same expression Mike Meyers did four years before.

Kanye looked even smarter when Beyonce won the years best video award, thus the reason it wasn't a big deal Beyonce didn't win the female award. So if Kanye had just kept his mouth shut, the greatest video ever made would have won the top prize anyway. Beyonce even gave Swift a chance to come up to the stage and steal her five minutes back. I think West was escorted out before the show's end so he might not have gotten the news.

A week before the VMA's Michael Jordan let it be known that he was still the greatest basketball player ever. Jordan also took a 15 minute opportunity to verbally bash anyone who he thinks did him wrong.

He made it a point to call out Jeff Van Gundy, the Bulls' organization, and even told his family he is glad the he isn't them because he said he wouldn't want to live up to the expectations that he has set. Everyone was laughing, but I don't think they really had a choice. Nobody will ever top the moments Jordan has given fans, but his Hall of Fame induction speech was just a sign of his selfishness.

I love Michael Jordan don't get me wrong, but the man wanted the whole day to revolve around him. Hall of fame weekend is to honor a group of great players, not just one great player. He was the greatest who has ever played the sport, but I don't remember Gretzky telling a bunch of people they will never see another one of him play hockey ever again.

The spotlight hasn't been on Jordan for some time now, and I think he might be a little jealous of the attention LeBron and Kobe are getting. We love you Michael, but I'm more on board for a second Space Jam movie than a 50-year-old lacing up his basketball shoes again.

Jim Breuer set to perform at Paramount Theater

By Meghan DuFour
Castleton Spartan

He's been "Goat Boy," and a tie-dye wearing stoner in the 90's. He is the new spokesman for Pizza Hut and the soon to be star of a sitcom. And on Sept. 25, he will be front and center, on stage in Rutland.

Jim Breuer has been a genius in the comedy world for over two decades, with great entertainment like "Saturday Night Live" and "Half Baked" lighting up his resume. But his most recent addition to his work record is his "Let's Clear the Air" comedy tour, which makes its way to Rutland later this week.

Breuer holds a position on the list of the 100 Greatest Comedians of All Time and is now the spokesman for Pizza Hut. He is living the life that most comedians dream of, but it didn't come without hard work.

"I knew I wanted to do comedy by the age of 16. I started writing and in 1984, when I was still in high school. I would do Ozzy Osbourne impersonations and other bits, which got me into the comedy club scene," explained Breuer, unleashing his Osbourne voice in a phone interview. "I would do everything from open mic nights, to tiki huts and elderly communities. I would go anywhere I could do comedy. Then in July of '89, I went on the road and eventually started Saturday Night Live."

Breuer has been lucky enough to work in movies, radio, television, and stand-up, conquering them all. But which did he enjoy most?

"Movies! Film is so easy. I never want to hear someone say that it's hard. How can you not be good on film? It's ridiculous, you can do a take a million times until you get it right," Breuer said. "I like stand-up too because I'm in complete control if I fail. However, television was tougher. It's was like college for the entertainment world."

Although Breuer got the opportunity to work with some of the greatest stars of today, he also had the chance to see what showbiz is really like behind the



PHOTO CONTRIBUTED BY ERIC MALLETT

scenes.

"Through working in television I learned what the industry really is. It's weird and creepy, and sometimes it's awesome," explained Breuer. "People in this business will do absolutely anything and there aren't a lot of morals, which threw me off. The public has no idea what really goes on. Someone may look sweet on TV, but then you go back to their dressing rooms and they have a hooker in it, and you are left to think 'Wait, aren't you married?'"

After the many years of comedy tours, live television shows, and film projects, Breuer decided to let comedy take a backseat to do a radio show and start

a family.

"Taking a break was the best time of my life, and the only time I really enjoyed my life. I got a chance to watch my kids grow, spend time with my parents, and doing my radio show put me in a routine everyday."

For someone whose life revolved around performing, taking a break was surprisingly easy for him, leaving some to wonder if he would come back to entertainment. But Breuer has surprised his fans and is ready to get back in the spotlight.

"I have some new stuff coming out. There's a book coming out by next Father's Day and I'm in the works for a new sitcom, on top of my tour."

The man who's best known as SNL's "Goat Boy" has grown into quite the family man, but that doesn't mean his humor has dissolved. In fact it has only broadened the ages of the audience members.

"I aim at people from ages 12 to 70, I don't leave anyone out. I want everyone to be able to laugh and I want to bring people together, nothing is more flattering," he said. "I'm like your street professor. I am here to teach you about everything from your parents crapping their pants, dealing with your wife, having children and embarrassing situations. I teach you about life and reality during my show."

A man who is a legend in stoner cinema, the face of Pizza Hut's newest creation, and the person who has been the cause of gut busting laughter for decades is reaching out to Castleton State College's students, inviting them to share the experience with him.

"Everyone should come to this show. It's going to be cheaper than any concert you'll ever go to, best entertainment you'll ever see, and you will never see it again because at this time next year I'm going to be a rock star."

Eric Mallette, assistant director of the Paramount Theater, said last week that ticket sales for Breuer's show have been selling well, but that seats remained.

Book Review

By Wendy Young
Castleton Spartan

"He stole my eyes, Petra..." the day her father comes home from working for the Prince, blinded, Petra is stunned. The next day she starts planning a trip to go to the palace and retrieve her father's eyes from the Prince. For the Prince has taken her father's eyes for two reasons. One is so that he can use them, to finish making the clock that Petra's father was commissioned to make. The other reason is so that no one

else may build such a clock. Petra travels to the capital with her pet tin spider, Astrophil. There she meets Neel, a thief. He is also one of the Roma. And he has a special ability—sometimes his fingers 'extend' and he can grab things without their owners noticing. Petra finds this ability interesting, but not odd. Her father had the ability to put life into metal, which is how Astrophil had been created. And those are not the only ones with abilities. As Petra sneaks into the castle, she finds that there are many

other people with odd abilities. Some of them are friends, and some are enemies...

In her first novel, *The Cabinet of Wonders*, Marie Rutkoski spins a tantalizing tale. She tells a story of how humans can risk themselves in order to help the people that they love, and how that can make them stronger. Also explored are the reason people keep secrets, and the secrets that will invariably come out. A fast and fun read, this book claims that it is the first in a series, so keep an eye out!

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Movie Review

By Meghan DuFour
Castleton Spartan

The current master of violence and crude conversation has done it again. He has created yet another film full of overdone dialogue and action, only he's added new big name celebrities to the cast list.

The 2009 film "Inglourious Basterds," released Aug. 21, was written and directed by Quentin Tarantino, after being in the works for almost a decade.

This film gives people an

altered portrayal of how World War II went, since it started in the mind of the twisted Tarantino. In this version of the war, the Nazis aren't walking away with badges of honor, they walk away with scarred foreheads bearing a swastika symbol, courtesy of the "Basterds." Jewish girls actually escape and get away long enough to obtain a different identity and plan attacks of revenge on crowds full of German soldiers. And a German cinema starlet serves as a double agent helping out the group that is

sent to kill and scalp the Nazis armed forces. Add all that up, and it's another unusual piece of work from the mastermind we have all been watching for over a decade.

"Inglourious Basterds" is a film divided into five chapters, each one introducing you to a different group of people that mesh and intertwine with each other throughout the film. The people gracing the screen with their presence just so happen to be big name celebrities, ones that Quentin has yet to work with, like Brad Pitt, Eli Roth

and Diane Kruger. But a newcomer, to American cinema, Melanie Laurent, bears quite a resemblance to Uma Thurman, one of Tarantino's go-to actors in his previous works, showing his audiences that he is taking risks, but still relying on some of his old usual charm.

But one other new thing people have had to get used to is the language barrier in his current film. If you just so happen to be fluent in German, French, Italian and a good southern accent, this film is a good match for you. However,

if you are not or you haven't brushed up on your foreign languages lately, I suggest an energy drink to get you through reading this 153-minute movie.

Audiences should not be thrown off by the time consuming flick full of subtitles, since compared to Tarantino's past films, this has all the works to make it a Quentin classic: action, drawn out conversations, cursing, weapons, blood and of course some humor.

"Inglourious Basterds" is a film everyone should see.



FRONT & BACK

Wolk: I hope to attract a more diverse student body

Continued from page 4

and in the United States. This could vary from issues like applying for a social security card to issues with a roommate.

Harrigan is also working on setting up connections with other universities outside the United States and encouraging CSC students to study abroad. She believes that having students at Castleton from other countries is a good way to start this process.

"It shows students that kids are currently studying abroad and they're doing O.K.," said Harrigan.

Currently, CSC does send some students abroad, but the number is limited. "I had an amazing time," said Castleton senior Christina Curtis, who spent last semes-

ter in Costa Rica. "I almost didn't come back!"

Curtis still plans on returning to Costa Rica sometime after graduating from CSC.

Harrigan, who spent much of her educational career abroad in Germany, is working on making connections in France, London, and possibly at a British university.

Currently, CSC sends students, most often, to McGill University, Concordia University, and Bishops University, all English speaking institutions in Quebec, Canada.

Castleton also accepts more Canadian students than any other outside nationality. Harrigan says that this is due to heavy recruiting done by both the men's and women's hockey teams. But

Harrigan and other members of the group are recruiting heavily in other areas. Recently Alexander and Welch travelled to Peru. Welch is in Chile now recruiting students to come back to Vermont.

Back in the states, back on the CSC campus, other faculty members are creating ways to make the international students already attending Castleton feel more at home.

Professor Sanjukta Ghosh planned, prepared and presented a Ramadan celebration just outside Morarity House Thursday afternoon. And despite a cold wind and an overcast sky, the music played and the turnout was good. Students, including both Ali and Watanabe, hosted the event and shared with guests information

about the Muslim faith and about the Ramadan holiday.

"There are Christmas trees and we sing carols at Christmas time. Why not recognize Ramadan? Why not have a gathering for them, too?" said Ghosh as she munched on Baklava at the event.

Three tables filled with information and food were swarmed with people eager to learn and eager to eat. A large easel stood off to the side with two pictures posted: Paula Abdul and Dave Chappell, to easily recognizable celebrities. Between the pictures read: "How do these pictures change your opinions about Muslims?" Guests of the event were able to write their responses to the question and to the event itself.

Ghosh stressed that the event was not about faith or religion, but about sharing one another's culture. The first of its kind on Castleton's campus, Ghosh hopes to recognize Ramadan each year and have another event like this one in the near future.

"I think the next one will be for Japanese students," she said with a smile.

Shou Watanabe is now a self-proclaimed "super senior" in his fifth year at Castleton and now that he has been educated in the U.S. for the past nine years, he says that he enjoys the American education method much better than that of Japan.

"Here it is more involved in the classroom," said Watanabe. "At home the professor just speaks and students

take notes. Students are not encouraged to ask questions."

Watanabe has left his mark on Castleton even outside the classroom. "Shou" has been a member of the Spartan ski team, has been a C.A. in the dorms has been a tour guide around campus, and has also been a mentor to community students.

Any barriers that may have stood in front of these students when they first arrived in the United States have been knocked down by their phenomenal want and will. Castleton will try, in the near future, to overcome barriers and become a more diverse college community.

"We've always been a mono-cultural campus," said Harrigan. "I think we're at an exciting point."

Across the ocean in a foreign classroom

Continued from page 1 . . .

This, according to Jeff Clinton, the regional director of GlobalLinks, an outfitting company that assists college students in studying abroad, is a trend that is sure to continue.

"Studying abroad is one of the best things you can possibly do in your college career," said Clinton enthusiastically. "Obviously, the best thing you can do is go to college, pass your classes, and work toward your degree. But studying abroad comes in a close second."

But why is studying in a foreign country so highly praised? Welch says that anyone who has completed any schooling in another part of the world can answer that question.

"It just gives you a new perspective on the world," she said. "When you come home, you have a new perspective of your country, your town, your school, and even your family. I found that traveling and studying abroad really made me blossom into an adult."

Since her trip to Granada, Welch has studied for six months in Chile and six weeks in Costa Rica. She also returned to Spain to spend six months in Barcelona where she attended two universities and worked part-time translating a thesis paper for one of her business professors. These experiences, she says, changed her life.

"Before studying abroad, I was very shy and quiet and hesitant to talk with people who I didn't know. But these experiences will change you. Now, I can't shut up," she said with a laugh. "And I've gained a lot of confidence."

Steve Luther, a manager for GlobalLinks, said there are other benefits too.

"Studying abroad, and especially interning abroad, is like gold on a resumé today," he said. "You prove to possible employers that you have cross-cultural skills and the ability to adapt to new environments. It just opens up so many different doors."

Still, even the prospect of various benefits may not be enough to convince college students to leave their dorm rooms, cars and friends behind. But what's stopping them?

Bob Pelletier responds without a hint of hesitation to this question.

"Money," he blurts out before the inquiry is complete. "It's a lot of money to study abroad, but it's worth every penny."

Pelletier, a recent graduate and theatre major, was one of 22 students who studied in London during the Fall '08 semester. The students traveled with professor Harry McEnery of the theatre arts department, who taught the bulk of the classes. The students were able to take a total of 16 credits through the program while immersing themselves in British cul-

ture. According to Candice Machia, a junior theatre major, most students had a smooth transition into the new culture.

"At first, it's a real sink or swim kind of feeling," said Machia. "But once you get your feet wet, you can handle it. I actually ended up becoming really comfortable and traveled to Spain. Bob went to France."

Beyond their education in the classroom, the students gained valuable insight into a culture that is often far different from our own.

"Everything is different over there," said Machia. "Even when and how they eat is different. They have tea-time in the middle of the day, and people actually sit back and relax a little. They take their time. We eat on the go."

These observations, according to Welch, are part of what she calls "cultural fluidity." Even if students don't become fluent in a different language, many become fluent in their host country's culture and lifestyle, and return home with newly acquired tendencies.

So the question has to be asked: is money the only thing keeping American college students from crossing the pond? According to Luther, there are many other key factors that make students hesitant to pick up and go. These include the worry that credits may not transfer, the fear of becoming homesick, the preconceived notion

that the entire process is too complicated, and that they will be stuck in a country where there is a language barrier. However, he says that all of these apprehensions can be alleviated with some research and guidance.

Alexander, the travel abroad advisor, encourages everyone to get started on their own experiences. She began travelling around the world at a young age and most recently took students to Costa Rica in 2008. As a college student, she would work all summer, save \$1,000 and travel across Europe with just a backpack. She has experienced every situation that students may fear.

As a young and uninhibited trekker, Alexander once fell asleep on a train in Greece. When she awoke, she found that she had not only missed her stop, but that the train had come to rest in a remote Grecian town where nobody spoke a word of English. Worse yet, the train only left the town once a week.

For an entire week, Alexander had to make it work. She found a place to stay and in the mornings she would wander into town to take a seat at a small café. She drew pictures of eggs and toast on a napkin so the cook would know what she wanted, although she found that art was not her strong suit.

"I would draw pictures of the eggs and the next thing I knew, they were bringing me apricot cookies," she

recalled with a chuckle. "I ate them anyway. That's what you do in these situations. You just figure it out; that's all you can do. Not knowing a language is not going to kill you. You're still dealing with people."

Since her arrival to Castleton in 1989, Alexander has made it a requirement for students in the Spanish Department to study abroad for at least one semester, claiming that students who major in a foreign language learn more in one semester abroad than in four years in an American classroom. Machia, sighting her London trip as an inspiration, thinks that a semester abroad should be required of all students.

Alexander, in cooperation with Renny Harrigan, the associate academic dean, has tried to promote studying abroad to all Castleton students. As of late, Australia and New Zealand have drawn increased attention. These are countries where there is no language barrier, a favorable currency exchange, and where the peak summer months are from December to March.

Pelletier recommends that everyone seriously consider a semester abroad.

"Just make sure to bring a digital camera," he advised. "And load up on memory cards. I filled quite a few, and I could have filled more. It's an experience you're not going to want to forget."



Selesiah Ogada speaks to the audience at the Sept. 20 Soundings event.

Speaker gives cultural insight

Continued from page 1 . . .

Women in Muhuru Bay are subjected to harsh gender discrimination, being used solely as objects for cash, as they are often sold to older men for marriage (or just for sex) as it is assumed that this is their only source of income. Cunningham also noted that the only industry in Muhuru Bay is fishing, and women are not able to participate in such a trade. In addition, it costs a significant amount of money to pay for secondary education, and under such circumstances Kenyan women are not given the basic rights to education that they deserve.

So, Andy has made it his priority to not only build the first all girls boarding school, but to provide full-scholarships to 120 students. He intends to harvest college ready students, knowledgeable about a broad range of topics including their health and the prominence of HIV/AIDS.

After Cunningham spoke, the audience had the opportunity to hear briefly from Selesiah Ogada, one fortunate Kenyan who managed to overcome some of the daily struggles and became a student of WISER.

"Since WISER has come in my village, we are starting a new life. We now have hope," said Ogada.

Ogada is currently one of the founding members of the WISER Young Social Entrepreneurs which helps to supply internet technology training, photography and video services, and has also created the first Newspaper in the region.

This is the first time that Selesiah has been to the United States and said that she "likes the United States too much" and that the people in the United States are "so inspiring."

The couple is currently on a five-state tour of the United States, generating various fund raising events, starting with one at Andy's own Rutland High school on the 21st.

"Coming from Rutland I have learned that you have to focus on the local community. When you start local, you are going to have a global impact. Start small, go big," said Cunningham.

For more information go to www.wisergirls.com.

Making music 'til the sun rises

Continued from page 1 . . .

and designs. Around the banner sat a slew of festivities, eager to get into the art.

"I really love you guys," one of the girls said, smiling wholeheartedly as she stood up to spread hugs around the circle.

The Saturday sun set slowly in shades of pink and orange; the breezy trees silhouetted perfectly by the dim light.

Twiddle, a wildly entertaining musical talent, pulled in an astounding crowd with their 10:30 p.m. Saturday performance. The crowd flocked almost immediately to the front of the stage as the first note of Twiddle floated through the atmosphere. The lights were spectacular and inseparable from the heart-pounding, body-

moving, soul-building music they so carefully synched. As Twiddle finished their set, they passed their high-on-life fans onto the night's next act and spice of life, Lucid.

Lucid sizzled the crowd into the early hours of morning with their frenzied four-hour set. They raged on until close to 5 a.m., completely clearing the once-cloudy skies with their second and final performance of the weekend. Their set chugged on with a beer-drinking challenge instigated by Jamie (the saxophonist) as well as a nude free-for all when Chris (the guitarist) shed the thread and let it all hang out - literally.

Nothing short of pleasure, punch, and personality, Lucid indulged their guests with a four-course meal of energy and soul-moving grooves. As the end of their set neared, the

clouds cleared revealing a stunningly crystal-clear night sky, silver moon and all.

The weekend's good vibes stemmed from the very center of the action, with a hardworking team of staff and volunteers who tirelessly kept it at it. Chris Boire, one of the co-owners of the festival and Backwoods Promotion, Inc., expressed his gratitude of the event's turnout.

"The amount of people actually watching the bands increased," said Boire. "The one thing about our venue layout is you can hear or even see the bands from anywhere you camp, so lots of people set-up camp and never leave their seats. So, it was good to see more people come up to the stage."

He commented on the excellent quality of the lighting and praised Atomic sound for their

grade-A support, acknowledging all of the help their team received to make the weekend a success.

"We have many wonderful friends and family volunteering to make this all happen," Boire said.

In the true spirit of music festivals, Backwoods Pondfest kept the energy alive and rocking for over 48 hours with 360 degrees of live entertainment. With beautiful weather, little sleep, and a lot of love, the third annual Backwoods Pondfest is one for the books.

SPORTS

Spartan volleyball looking stronger than ever

By Nicole Parker
Castleton Spartan

Ever since its creation in 2005, the women's volleyball team has struggled to break out into the volleyball world. The team never had more than two subs on the bench, causing most of the players to play entire games.

That trend ended this season.

With a whopping 12-player roster, the Spartans' volleyball program is looking better than ever. With the large roster, and the fact that they have six re-

turners, this year may be their year.

The Spartans return senior powerhouse Jamie Lemieux, who has proven to be Castleton's all time leader in blocks and kills. Lemieux is already averaging 2.44 kills per game and that number will continue to rise. Lemieux will also be the first ever player to play all four years with the team.

Although the Spartans lost outside hitter Gina Nasivera (who is now an assistant coach), they gained 5'10" freshman Ashley Keppa. Keppa is proving to be a

strong presence on the court, averaging one kill per game. She leads the team in digs this season as well, averaging 2.38 digs per game.

The youthful Spartan team looks for leadership in their returners: captains Lemieux and senior Hillary Greenfield, senior Stephanie Kopko, junior Jenny Hill, and Laura Thomas and Tracy Dextraze, both sophomores. With guidance from these six players, the freshmen have much to learn.

Coach Bethany Torrice is excited about the upcoming season.

"I have been very pleased with this year's recruiting class. Ashley Keppa is a key newcomer as a defensive blocker, as well as on offense."

Torrice has also been pleased thus far with the teams performance.

"We started really light with some weaker competition. I am very impressed with how we played against Norwich and that made the game for us. It's so nice to see our returners step up their game."

This is Torrice's second season as head coach, and she is looking to improve her ca-

reer 7-14 record.

Already this season, the Spartans kicked it off with a two game winning streak over Southern Vermont (3-0) and Paul Smith's (3-0). Massachusetts College of Liberal Arts, though, handed them their first loss, winning three games to none. Since that game, they have also lost to Lasell (3-0) and Norwich (3-1). Although they did lose to Norwich, this was the first time they ever took a match from them, which proves to be no easy feat.

The Spartans opened up their conference play this past

weekend losing to Husson (3-1) and Maine Maritime Academy (3-0), who were chosen as preseason favorites.

The Spartans' volleyball team has its first home game in their new home: the newly renovated Glenbrook Gymnasium. That's right, no more hiking back to a dimly lit SHAPE Gym; it's the real deal.

With a stacked roster and a new court, the Spartans have a chance at surprising many of their opponents this year.

Spartan soccer loses to Plattsburgh at home 3-1

By Mike DelDotto
Castleton Spartan

A crisp chill marking the first nights of fall was in the air, but the Castleton men's soccer team felt a different kind of cold sting as they took their first loss at Spartan Stadium to the talented Plattsburgh State Cardinals, 3-1, on Sept. 16.

Noticeably missing from the defense was Nick Bellizzi, who was still nursing a leg injury. Bellizzi's absence presented the opportunity for numerous other Castleton players to step up. One of those players was Chris Mulholland, who acted as a fourth defenseman at times, putting a stop to many of Plattsburgh's offensive advances.

The fancy Plattsburgh offense ran into the tough Spartan defense, creating a lot of midfield battles early. Plattsburgh's relentless offense constantly pressured the defense, creating little to no offense for Castleton throughout the game.

"They [Plattsburgh] have a veteran club, [and] our kids are stepping up, and we're really pleased with our young guys," Castleton coach John Werner said of his team's performance.

Plattsburgh drew first blood in the 32nd minute of the first half as the ball was lobbed over the Spartan defense to the head of Plattsburgh's John LoGuirato. LoGuirato's header slipped into the lower right corner of keeper Mike Anthony's goal.

It proved to be bad luck scheduling wise for Castleton to face a hot Platts-



JOHN SHRAMKE / CASTLETON SPARTAN

Billy Lund fires a shot off the crossbar in Castleton's 3-0 win on Saturday, Sept. 19.

burgh team when they did.

"[Plattsburgh's coach] told me that we caught them on their best night of the year," Werner said.

Plattsburgh's offense began to pour it on as halftime approached, narrowly missing goals on corners and free kicks. In an all out attack by the Cardinals in the final minute of the half, Anthony was taken out hard by a streaking player in red, and no call came from the officials.

Castleton answered three minutes into the second half with a blast from freshman Billy Lund. Lund danced around two defenders just outside the

box and ripped a shot that bent up, over and around the Plattsburgh keeper.

"I guess so," said Lund, laughing after being asked if he had it in his mind that he was going to shoot it from when he got the ball. "When you shoot them, sometimes they go in, sometimes they don't."

The tie stood for another 10 minutes until Plattsburgh scored two quick ones. The first was a blast from about 25 yards out off a free-kick, and the second came from a volleyed corner kick.

In the end, Plattsburgh had launched a total of 21 shots to Castleton's five.

"We are at the point where we don't want to be satisfied by playing these teams to get better; we want to start beating these teams," said Werner with a tired look. "In that regard, tonight's disappointing."

Castleton opened North Atlantic Conference play on the road Saturday, Sept. 19, at Lyndon State. The Spartans got revenge from Wednesday's Plattsburgh loss, beating Lyndon 3-0 as Josh Costa scored on a penalty kick in the win. The Spartans currently have a record of 4-3 and 1-0 in NAC play.

Castleton, proud new owners

By Megan Davis
Castleton Spartan

On July 14, Castleton State College became the official owner of Rutland Regional Fieldhouse, which is soon to be renamed Spartan Arena. Castleton purchased the Fieldhouse for \$650,000 and saved it from foreclosure. The college has many plans for the rink, both educational as well as recreational.

"I think there's a great possibility for internships, and student involvement in a real organization that has a role not only for the college, but also for the community. It makes the link between Castleton and its surrounding community stronger. I'm really excited," said Business Department professor Cathy Van Yperen.

Castleton hopes to expand the role of the building far beyond its past usage.

Deanna Tyson, associate dean of athletics and recre-



WYATT ALOISIO / CASTLETON SPARTAN

The Rutland Field House is another recent addition to Castleton State College.

ation, said that students will basically be running the facility. There will be a manager there to oversee them, but the students specifically will be dealing with things like scheduling and maintenance, all in the hopes that they will

get a feel for what it's like to run an actual rink.

"We're excited about owning the rink because we'll have a lot more opportunities for our students to get in there now than we did before. It opens up a whole new world

of opportunities for students, and not just academic ones," said Tyson.

Tyson also said that the college hopes to be able to hold intramural sports there like indoor soccer when the ice isn't in, as well as having coaches

hold sports camps during the summer. Along with all of the internships, and intramural sports, Castleton hopes to host things like employee family day where the faculty can bring their family to go skating at the rink, as well as having select hours where the students can go to skate for free or at a discounted price.

Drew Arensen, one of the announcers for the hockey games last year along, spoke very excitedly about the purchase.

"I think it's great for all of those people like me who are interested in broadcasting or sports analysis to continue our training and hopes for the future," he said.

The college plans to put the ice down on Sept. 20, and hopes to have students in there and working at the facility the week after that. It will also be open to the public, as it has been in the past, Tyson said.

Football falls to Utica

By Rob Doran
Castleton Spartan

This past week was a tough one for the Spartans as they traveled to take on the tall task of beating Utica College. The Spartans, who were flying high after their week one win, were held to just 10 points in their first away game, falling to Utica 62-10, on Sept. 12.

The Pioneers rolled into the game having posted 64 points the previous week against Becker College. The offense remained blazing hot against the Spartans, rushing for seven touchdowns and passing for two more scores.

"It was a tough game for us," said Dennis Furman, a wide receiver. "Now we have a week off to get back on our feet."

Furman's attitude is echoed throughout the entire team as the loss seems to have inspired the Spartans to want to compete again the way they did in the opener. The bitter taste of a loss doesn't sit well with anybody, and it looks as though the team is working harder than ever to fix the problems that crippled it against Utica.

When asked about the week off, coach Rich Alercio couldn't have looked happier.

"We have a chance now to evaluate the team and players," he said. "It gives us a chance to have a squad scrimmage and give some players a chance to step in from the bench and earn a starting spot on the field."

Alercio's philosophy on coaching seems to be getting the best out of his players this week at practice as everyone is trying to earn a spot again, just like in a mini tryout. This bye week will offer a competition to the players and bring out the best in each.

The only good news coming out of last week's big loss for the Spartans was Brandon Bergeron, who was named Eastern Collegiate Football Conference Rookie of the Week. Bergeron racked up nine tackles and a 21-yard interception return for the Spartans only touchdown.

The Spartans are now 1-1, returning home to a raucous Spartan Stadium this Saturday, Sept. 26, to face the Gallaudet University Bison.

CSC's marching band completes football team and students

By Keith Goulette
Castleton Spartan

Castleton State College has gone through a major change this school year. It now sports a shiny new Campus Center, an addition on Leavenworth Hall, a brand new football field and team -- and finally it's home to Vermont's very first collegiate marching band.

Hank Vaughan, a music professor at CSC and conductor of the marching band, describes the experience as

"very rewarding" and said he feels that having a marching band is "great for the community."

He is no stranger, however, to marching bands. Vaughan was conductor of a marching band in Chicago at a similarly sized school where they "built the marching program from scratch."

And before that, in Vaughan's own college days, he was part of the Southern Illinois Salukis, where he was a marching drummer.

It would seem his experience paid off, according to color-guard member and CSC senior Brette Tucker.

"Hank [Vaughan] is an amazing director," she said. "There is more spirit and true heart in this band than I ever thought possible."

And Tucker isn't alone in her love for the marching band.

"It's been one of my favorite experiences in my life" says Julie Banach, a sophomore theatre major. "People

have started calling me a band geek," she said with a smile.

Vaughn loves the enthusiasm his band members are bringing.

"Pride, Pageantry, and Tradition' is our slogan and that's what we're trying to establish" he said.

For Tucker, the marching band has made her CSC experience complete.

"It's been incredible ... what a great time to end my fourth year at Castleton!" she said.



ROBERT BURGE / CASTLETON SPARTAN

The CSC marching band plays fight songs during the inaugural football game.

Lyndon got Chadburn-ed

By John Shramek
Castleton Spartan

With 28 minutes left to play, Courtney Chadburn took a cross from Maria Arnot and blasted the battered ball into the top right corner of Lyndon's goal, securing the lady Spartans' first win of the 2009 season with a 7-0 final score.

"It is definitely a relieving win," coach Chris Chapdelaine said. "We have played really well against some really good teams this season, but haven't been able to get the win. Hopefully this will prove to be our breakthrough game."

Chadburn echoed her coach's thoughts on the win.

"[The first win of the season] brings the team morale up, and we have been waiting a long time to get a W."

After going 0-5-1 in their first six games, scoring just two goals in that span, the Spartans came out of the gate hungry in their first North Atlantic Conference match of the season. Chadburn, who tallied four goals on the day, set the tempo of the game right off the bat, scoring the contest's first goal just 12 minutes in as she lifted a chip shot over the Hornet's goalie. Chadburn's second goal came just seven minutes later, giving the crowd a feeling of déjà vu as she lofted the ball over the goalie's head again.

When asked what he thought about Chadburn's four-goal performance, Chapdelaine couldn't find any words.

"It's really tough to even try to describe [how well she played today]," he said. "She's just a tremendous athlete."

Chadburn said that all she focused on during the game was staying pa-



Lucia Sforza makes a cutback on a Lyndon State College defender during the Spartans recent 7-0 victory.

tient.

"I knew that my chance to score would come and when they came I would have to capitalize on my chance. My midfielders and backs gave me the opportunity to score by providing great assists and putting me in a good position to put the ball in the back of the net."

Even though Chadburn may have stolen the show with her four goals, she wasn't the only Spartan to demoralize the Hornets. Megan Blongy,

Ashley Ledoux and Jackie Lockwood also contributed goals.

While the Chadburn-led Spartan offense was on fire, the Hornet defense was frozen solid. The Hornets' main problem proved to be their defensive communication as the miscues between their defense and their keepers resulted in three goals.

The Spartan defense on the other hand, didn't really have much to do as the Lyndon offense was incapable of carrying the ball down the field. As a

result, Castleton's two goalies, Ericka Davis and Nakita Baldic, only had to make two saves on three shots. In contrast, the Hornet keepers, Samantha Smith and Natalia Shams, couldn't find a minute to catch their breath, making 18 saves off of 35 Spartan shots.

The Spartans will try to carry the momentum from this win into their next game when they host Fitchburg State on Sept. 24 at 4:00 p.m.

Ye Olde Sports



Mike DelDotto

The blissful, honeymoon like atmosphere that had befallen me and my fellow C-Roc comrades from Sept. 5 came to a sudden end with Castleton's 222-year unbeaten streak in football also coming to an end Saturday, Sept. 12, 2009. The loss was a shellacking from Utica College, 62-10.

When I first read the box score I did at least a triple-take I knew our boys weren't going to have a perfect season, but also felt they weren't going to roll over and die against tough foes like Utica. Utica's strong program (ninth season) was merciless against the rookie Castleton squad with 545 yards of total offense, which included a school record of seven rushing touchdowns.

This isn't an "I told you so" moment in the least, as the statistics are there. Utica scored a total of nine touchdowns while Castleton had one and a field goal. I feel uneasy to say that the Spartans met the Pioneers 545 yards with 134 yards, and only 63 on the ground. So let's face it; if Castleton expects to make themselves a program they're going to have to get tougher in those trenches on both sides of the ball. I saw some talented Spartan ball carriers on Sept. 5, so it's up to the big guys up front to get some even bigger hearts. I don't want to have to write, "My high school team could run all over that D," in coming weeks either. Alercio's down linemen and backers need to get low and stick their noses right in the opponents' faces. Defense is all attitude; ask anyone who knows the sport. I think Utica is due for a good season and you can quote me on that. As for our Spartans, the season is still up for grabs. One good game and one poor game don't make a season yet.

The Spartans had a bye-week for Sept. 19, and return home for homecoming on Sept. 26, vs. Gallaudet.

I'm excited for homecoming to just happen already. Number one, to see if I'm right in thinking the Spartans have a little more to offer than they did against Utica; number two, to see how they bounce back after getting their behinds served to them on the orange and blue Pioneer Platter; and number three, to tailgate with thousands of other Spartan Faithful again.

Gallaudet University or homecoming is going to be a tough match-up as well.

Here's my "Good Luck" to football in their attempt to keep that ultra-old unbeaten streak alive, at least at home.

Ski team hosting annual ski sale

The Castleton State College ski team will host the second annual ski sale on Saturday in an attempt to raise money for the team.

The event runs from 9 a.m. to 5 p.m. outside of Huden Dining Hall and will feature new equipment including twin tips and race skis from famous brands at remarkable

savings.

Experts will be on hand to offer advice and fit ski boots.

The sale will also feature socks, gloves, helmets, goggles and hats at below wholesale prices.

Used adult skis and boots along with used junior downhill ski packages for kids will provide equipment for all budgets.

Credit cards are accepted and students are allowed to charge on their school account with parental permission.

For staff and students who are leaving for the weekend, pre-show appointments are available to purchase equipment.

Contact Ski Coach Chris Eder for more information.



PHOTO CONTRIBUTED BY ENNIS DULING

Brittini Racine warms up for a match.

Tennis team rolls to seven straight wins

By Lee Jacobson
Castleton Spartan

It was a beautiful day on Saturday, Sept. 19. The weather was nice, and the Spartan women's tennis players dominated in their seventh straight match.

All the Spartan players looked extremely confident as they won easily against Johnston State for the second time this year. They have not looked back after a first game loss September 1 against Colby-Sawyer. Since that loss, they have been unstoppable, winning seven straight games and posting a 7-1 overall record.

Coach Paul Cohen was happy with his team's performance, as they not only played with style, but with courtesy and sportsmanship.

"Having good sportsmanship is very important. The players make all the calls so it's key. We like to encourage Johnson. They're a new team with a new coach," Cohen said.

All the Spartan women have been playing without flaw and have been a presence to whomever they face. After an 8-1 home win against UMass-Boston, the

Spartans have posted four straight 9-0 wins against Mass.-Liberal Arts, Lyndon State, Thomas and Johnson State.

Last year, Kate Bucci and Michelle Podnecky had remarkable 10-0 records in singles, and 10-0 record in doubles playing with each other. This year is much like last for Bucci. She has won all of her matches and is currently 8-0 in singles, and in doubles she and Podnecky are currently 6-2. Podnecky has a record of 6-2 and has won six straight matches after opening the season with two losses.

"Michelle and Kate are amazing. We all improve a lot by playing with them," freshman Lauren Fedorka said.

After the match, Bucci talked about the team and their success. "We're a pretty young team, but I learn from all of them, they push me to perform better. We all learn a lot from Charly (Chara Klaas), the senior captain, she's great."

About the team's future success Bucci said, "Yeah I think we have a pretty good chance, we can't get egotistical though."



"Spikey" Mike Baldino (far right) and the Castleton Rugby Team

Spartan standouts

By Chadwick Cloffi
Castleton Spartan

When choosing the Spartan Standouts, the first place to usually look is at the top of a stat sheet. It's so easy to choose the person who scored nine goals in a game, or the one who saved every shot to earn the shutout. The real standouts of Castleton athletics often get overlooked because they come up with the big plays that don't show up on stat sheets or in game stories.

Michael Baldino, also known on campus as Spikey Mike, is a perfect example of a true Spartan Standout. Baldino has been playing for the Castleton rugby team since his sopho-

more year at the college. Through hard work, dedication and commitment to his teammates, he was named one of this year's team captains. Baldino said his main focus was to prepare his teammates for the jump they were taking into a division three schedule.

During pre-season, the Castleton rugby team was helping the Rutland men's team prepare for its season opener. Baldino was running down the field when one of the Rutland players, John, shoelace tackled him from behind. The tackle was clean; Baldino's fall to the ground was anything but. A teammate heard a pop when Spikey Mike made contact with the field. John's tackle was an

attempt to avoid injuring Baldino, but it did just the opposite.

There were no hard feelings on Spikey's end, though, as he and John texted each other later that night. John texted Baldino, "I'm sorry. If you need help wiping your nose give me a call. We'll meet for lunch or something."

The text made Baldino smile because it was rugby humor. It also helped him focus his energy on helping the team continue to prepare for its schedule ahead. Although he is no longer running and hitting, Spikey Mike has taken an advisory role to his teammates. He spends time during practice correcting players on their miscues and explaining certain facets of

the game to others. This newfound role has the coach able to keep practice moving while Baldino works with the little things.

Baldino was part of two consecutive undefeated seasons, and refuses to lose that warrior mentality. He said he can still help this team whether he's on the field or in a sling.

"As soon as I stepped out of the hospital I've started to recover. Once I'm better, I'm getting back out on that field, no if's, and's, or but's about it," he said. "I hit the ground. I did this to myself, and no one else did this to me. I won't have any fear coming back. I just need to protect myself from...myself."

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Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

Wednesday, October 7, 2009

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Castleton, Vermont

Bus Stop was a hit!

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Jim Breuer brings the laughs to Rutland

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Lady Spartans win 5 straight!

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Officer's comments cause controversy

By Steven McNulty
Castleton Spartan

An article printed in the Rutland Herald on Wednesday, Sept. 16, has been the source of recent debate around The Castleton State College campus and the surrounding community.

The article titled "Police: Student drinking intensifies," quickly became the most commented story on the Herald's message board, providing a lengthy script of back-and-forth banter between supporters and cynics. Some said that drinking was indeed out of hand; oth-

ers claimed the police had been unreasonable.

The story originated when Rutland Herald reporter Brent Curtis received a press release authorized by the Castleton Police Department. The release, according to Castleton Police Chief Bruce Sherwin, contained only "sufficient facts about the incident," such as date, time, location, and the fact that warrants had been issued to search the house at Crystal Meadows where a large party had been thrown.

Additional comments from Castleton Police Officer Cheri McDermott were obtained when Curtis did some extra investigating. McDer-

mott, speaking about alcohol-related incidents in Castleton, was quoted in the Herald as saying, "I think it's been a bigger problem than I've ever seen in my four years here."

This was information not printed in the original press release, and therefore not authorized by the police department. McDermott could not provide a comment on the incident citing "department policy." When asked if there would be any repercussions for McDermott's comments, Sherwin said he would "not be commenting on

Continued on page 6...



PHOTO ILLUSTRATION / FLICKR



WYATT ALOISIO/CASTLETON SPARTAN

CSC alumni enjoy the beer tent.

Return of the alumni

By Maria Arnot
Castleton Spartan

The crisp autumn air and radiant sunshine welcomed hundreds of students and families, alumni, faculty and staff, and Castleton community members for a successful homecoming weekend.

Saturday, Sept. 29 began bright and early as the members of the ski team set up the third annual ski-sale outside of Huden Dining hall at around 6:30 a.m.; overall the sale was quite a success.

"It was my third year doing [the sale]," said Castleton junior Bart Kalgren. "The money that we make from the sale helps cover fees and things like that at the races."

At 9 o'clock, while the marching band played melodically outside the campus center, the dedication of the campus center took place. Speakers at the event included President Wolk, Dean of Students Dennis Proulx, and Assistant Dean of Campus Life Victoria Angis.

"It was basically recognizing all the people that made it possible," said Castleton junior Justin Garret, who also spoke at the event.

Garret said that about 50 to 60 attended the event, including campus life staff members, the architects, and board of trustees.

Following the campus life dedication was the dedication of the athletic complex, where President Wolk and Athletic Director Deanna Tyson spoke. A plaque was given in celebration of the new complex.

Meanwhile, various sports teams working the Spartan's football game, and dedi-

Continued on page 6...

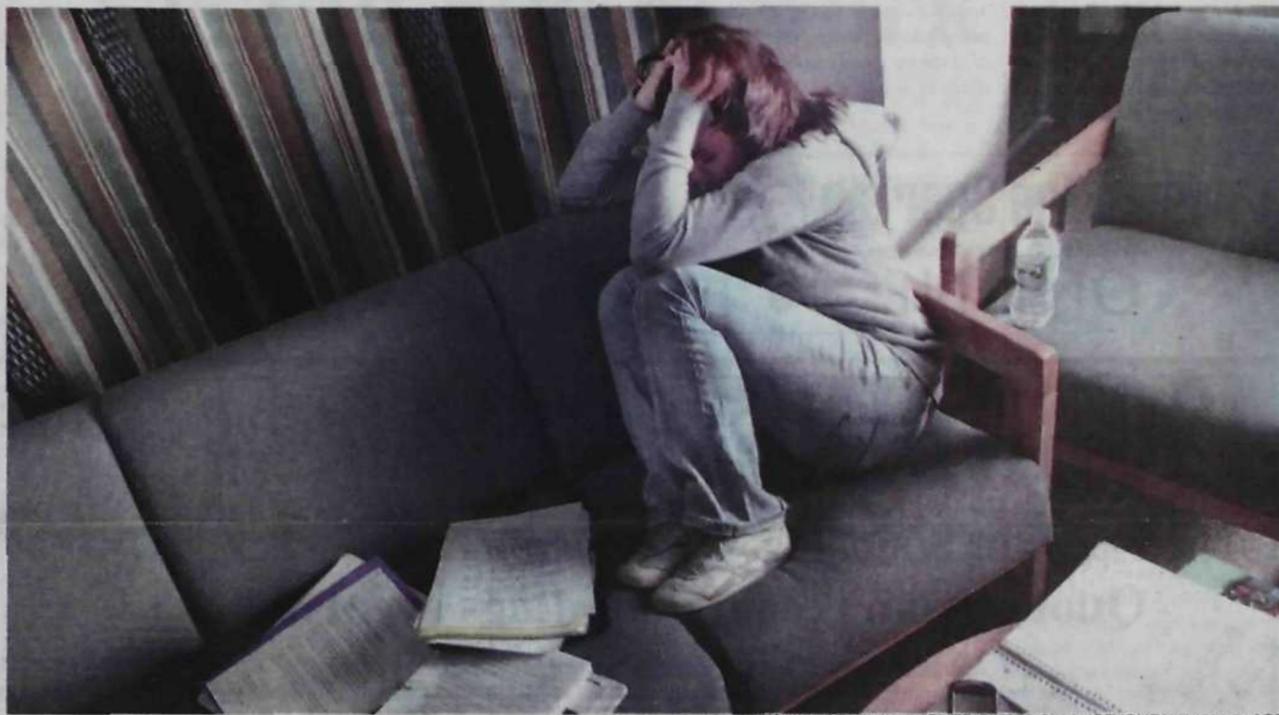


PHOTO ILLUSTRATION CONTRIBUTED BY PHOTOJOURNALISM CLASS

A student model demonstrates the level of stress that college students are up against.

Why is this happening to me?

By Meghan Dufour
Castleton Spartan

Editor's note: The name of the student suffering from depression has been changed to protect her privacy.

Hunched over, sitting on a messy bed in a darkened room, hair hanging in her face and a baggy sweater hanging off her body, Nicole sat wondering what happened. She was once the outgoing teen that was always willing to try new things, but now had turned into the introvert that had no desire to ever leave her bedroom.

But why? What could be happening to her?

Rather than settle with the reason that she has changed and become antisocial, she knew that there was a bigger issue involved. Depression.

"Depression is one of the biggest problems with college students," said Deb Choma, Castleton State College's director of Health Services. "The numbers of students

with mental illnesses are rising each year."

And the problem isn't just at Castleton State College.

"Not every college student I see has depression," said Sherry Pronto, physician's assistant in Glen Falls, N.Y. "But I would say about 50 percent have the signs of depression or anxiety."

Contrary to popular belief, depression is not just a state of mind that people go through for a short period of time. In many cases, people have been that way for a long time without even knowing.

"Depression is a serious medical illness. It's not something that you have made up in your head," according to the National Institute of Medical Health. "It's more than just feeling down in the dumps or blue for a few days. It's feeling down, low and hopeless for weeks at a time."

"I felt like I was going insane," said Nicole. "I started out the year wanting to hang out and meet all these new people, and then all of a

sudden I never wanted to be around anyone and wanted to sit in my room alone all the time. I didn't know why it was happening to me. I was a total downer."

The problem with illnesses like this is that there is never an absolute understanding of why certain people get it.

"The reason for college students becoming depressed is probably that there is an existing problem and then when they are taken out of their homes and comfort areas, they lose the close support that they have had all their lives," states Pronto.

But a question that has not been answered for college students is does college cause depression?

"In some cases, the stress of college can certainly bring out an underlying problem they have had before. Stress can bring any problem forward," said Dr. Wendy Lefel, professor of Women's Health Issues at Castleton State College. "But sometimes, the students can bring on the stress by some of the choices they make."

Not only do some people feel like there is something wrong and don't give it the right attention, but some people feel a big change can only help them in a positive way.

"A lot of people have signs of depression and don't realize it," states Susan Goe, a family nurse practitioner. "Most of the college students I've talked to think college will change them for the better and make them happier, but then they end up coming back worse than when they left off."

And experts say depression not only affects your mind.

"Some of the students I saw with depression had anxiety or eating disorders as well," said Lefel.

Although there isn't an instant cure for something like this, there are ways you can help yourself to feel better.

"If they get themselves to exercise, sleep more and eat better they will definitely start to see a dif-

Continued on page 6...

Vixens, maids and nurses, oh my!

By Jamis Lott
Castleton Spartan

"I dressed up as a female version of Zorro; Zena or Zorra, something like that," said Jen Miller about her most risqué Halloween costume she ever ended up wearing. "I wore the full black getup: Mask, hat, platform high heel boots that went up to here."

she said gesturing with both hands a few inches below her knees.

"And I had a cape, with a short skirt that went down to about here," she gestured again, this time a few inches above her knees. "With the sword and fishnets."

After describing her costume, she ran to her room on the next floor of the apart-

ment house, came back down into the living room with her laptop and looked through her Facebook pictures to try to show her audience of three what the costume looked like. Miller never found the picture on her Facebook page, but her description painted a clear enough picture.

She said she found the costume online at Halloweencos-

tumes.com. She considered it to be a cool design and ordered it. When asked why she liked to dress in such risqué costumes, Miller seemed stumped. She had to stop and think, her onslaught of talkative excitement put on hold.

She was aided by friend

Continued on page 6...



WYATT ALOISIO / CASTLETON SPARTAN

Skimpy Halloween costumes hang at Camille's.

Acorn corrupt?

Know your rights. Know your leaders. Be aware of what is going on in the world around you. That's how we have been raised, so it is no surprise that corrupt organizations are being called out left and right. Filmmaker James O'Keefe and associate Hannah Gile recently set out on a mission to show the show the world what goes on in an organization called ACORN.

ACORN, which stands for Association of Community Organizations for Reform Now, is an organization that helps low income families fund homes, and it receives millions of dollars in government funding each year. It sounds like a great organization with a good heart that genuinely wants to help the underdog.

However, when O'Keefe and Gile posed as a pimp and a prostitute looking for help in establishing a brothel in the states with underage girls from El Salvador, with the money earned from it used to fund his future political ventures: this is where the red flags begin to fly.

Not only were employees not shocked or disgusted with this idea, they were of all things helpful! The word allegedly is thrown in all of the articles written on this investigation, and while necessary, it seems a bit misleading.

There are workers of ACORN on tape giving tips on how to get around paying taxes, and how to get a mortgage for their brothel easily. A big tip is for Gile and O'Keefe just to leave the word prostitution out of the mix and replace it with performing artists. Seriously?

It was not just one ACORN office that was investigated. They went to offices in New York, Maryland and even California. When the two reporters went to the San Bernardino office, they met employee Tresa Kaelke. Kaelke saw no problem with the brothel idea, and even admitted to turning tricks back in the day. She offered up sources and contacts for this prostitution ring to get started successfully, even saying the guy across the street could help out.

Kaelke also adds in that she talks to congressmen and politicians on an everyday basis. Lovely.

In New York, the tips given were to use a different name, and hide the money they earned in a tin can hidden in the backyard under the grass.

Many of the employees seen in these videos have been fired, but ACORN is still alive and kicking, and money is still being given to them. The flow of taxpayer money to ACORN needs to stop. End of story.



God loves the celebrities

After almost a month of award shows back to back to back to back to, I don't know why, as I was huffing and puffing away on the elliptical, that I was surprised to see Michael Vick in a courtroom asking a judge for custody of (get this) a dog.

The that's not the shocker. Vick wasn't putting his stock in the judge or the jury or even persuasion and support from what (few) fans he has left. Oh no, Mike is putting this situation in the hands of his B.F.F.- God.

THANK THE LORD! Our celebrity favorites seem to have a direct line to God. How is it that God can help these people with their number one hits, their

blockbuster movies, and even getting a pet dog after spending 23 months locked up for dog fighting? This guy must be getting one hell of a cut! (Bad choice of words?)

I find it ironic that these are the same people we see hopping around with half undressed women in their music videos and using curses I didn't even know were curses in the very songs that are paying off God. But dress 'em up and put them on a stage with a shiny little award and all of a sudden it's "First, and foremost, I would like to thank God... and oh yeah, Mom and Dad..."

But, gee, maybe these guys aren't so bad. Maybe that whole f-bomb drop-

ping, drug abusing, alcohol slugging, half-dressed "artist" we see on TV is just a façade. Perhaps these people really are driving their Ferraris to church every Sunday and kneeling down in their Armani suits and talking to The Big Guy. Maybe they aren't so bad?

And just when you're thinking that you're too hard on these people (I mean, it must be exhausting trying to spend all that money) you get some fool - or "jackass" according to our president - like Kanye stealing poor little Taylor Swift's shiny award right on stage in front of the whole nation! What is she, like 12? What kind of Christian move is that?!

So good news folks. When you wake up Sunday morning with the trash can next to your bed and a splitting headache and you're picturing your mom's disapproving scowl about your condition and how you should be dragging your behind to Main Street and praising God (for all the money you don't have) - fear not! Don't even bother to get out of bed! Pop on MTV and grab a copy of US Weekly - 'cause those folks in there, those are the people that are going to hook ya up with God.

Besides... I'm pretty sure I heard Mike Vick is God's top friend on Facebook...

Read The Spartan
 WWW.CASTLETONSPARTAN.COM
ONLINE

SOUNDING OFF

The Place for Soundings Information & Feedback

Quotes from recent Soundings events:

Andrew Cunningham - A WISER Journey, September 20, 2009
 "This has been the most inspiring Soundings I have attended. When I walked in today I was thinking about how I don't have a major, don't know what I want to do, and other small worries. After hearing about Selesiah's life I am now thinking about how much I can do, and how I can change the world for the better. Thank you for this incredibly enlightening experience!" - Michelle Park

"When I came in the door, I was not enthusiastic about this speech and was not expecting to feel personally affected or changed. Now that I have heard this one girl travel all this way to tell her story, I will think twice before complaining about having class at 8 a.m. because there are girls like Selesiah who would do anything to be in my position. I am also inspired and motivated to initiate change- by Andy-who has done incredible things at the age of 23" - Ashleigh Roy

From the Vermont Symphony Orchestra Concert - September 29, 2009
Reflections about the idea of music being the universal language:
 "The fact that music has no explicit language makes it universal. Music is much more about the feeling of the music; and since everyone has feeling, everyone can relate. Just the pace of the music and the key it is written in, even without words can deliver a message to the audience. For example, the first (Allegro) and third (Presto) pieces tonight seemed more happy, while the second (Andante) was more sullen and deep. All this was able to be communicated without words..." - Nick Minarik

"...Music has feeling; you can tell the type of mood or message the music is expressing by the tempo, harmonies, and arrangements. ... Music is made up of the same notes here in the USA as it is in Japan, and everywhere. It is truly a universal language everybody can understand." - Mark Comstock

Upcoming Events

1st Opportunity: Tuesday, October 6
 7:30 p.m. Casella Theater
A Raisin in the Sun
 Tickets required

2nd Opportunity: Thursday, October 8
 7:30 p.m. Cassella Theater
The David Munnely Band
 Tickets required

The David Munnely band will also present a workshop exploring the bardic tradition of Celtic culture with the use of traditional Irish instruments at **12:30 Thursday in the Casella Theater.**

3rd Opportunity: Monday, October 19
 5 p.m. Jeffords Auditorium
Dr. Terry Rey: Healing, Heart, and Hope in Haitian Vodou

THINK TANK

The column of the Castleton Philosophy Club

Our new question is, "Should we guarantee health care for all our citizens?" Send brief, thoughtful replies to philosophy@castleton.edu.

Here are some responses to the previous question, "Does Facebook make your life better?":

Facebook is a waste of time. I don't care to know who got those shoes on sale, or if you are about to bake cookies. Humans (seem to) communicate better with visual facial reading clues and tone of voice. --Marna Jane Grove

It certainly does. Every time someone puts me on his or her "Add friends list" and I get an advert from Facebook, I delete it and it makes me feel great! (Then I write to the friend via email or real mail and say Hi.) --Flo Keyes

I first got on Facebook as research expecting to find it useless. I was not disappointed. But then after it sat there for a bit, I found myself being contacted by the occasional old friend and lots of alums whom I'd not heard from in a while. It's been fun, it's not been the time sink I expected and it's even occasionally been useful. So, yeah, that probably means my life is better unless I really want to think about what that might mean. --Robert Gershon

I think Facebook makes your life better if you keep the idea of social networking in mind and use it in moderation and wisely. Facebook can be a great way to keep in touch with friends and family as well as find people you haven't kept in touch with so well over the years. However, it's important to keep in mind that whatever you put on the internet runs the risk of ALWAYS being on the internet. That means pictures of you peeing on the ground from last weekend's party or that status post from when you were mad at your friend are fair game for ANYONE to see. I guess a good philosophy would be to be mindful of the future whenever you use facebook. --Marie Amaral

How does one measure BETTER??? convenience, informative, connected, expedient. It has been a real boon for me and former students and colleagues to be able re-connect through FB. If that translates into better then OK. But, do I have a better life because of FB, hardly. It's already wonderful!!! --Robert Wuagneux

Join Philosophy Club in LVH 104 on Thursdays during N-period, and on Facebook (search for the group, "Castleton Philosophical Consortium")!

Castleton Spartan

CASTLETON STATE COLLEGE STUDENT NEWSPAPER

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After decades, it's back in action

By Alex Zappile
Castleton Spartan

Castleton State College students can now observe a galaxy far far away. On Oct. 24, the college will be hosting a ribbon cutting ceremony to celebrate the re-birth of Castleton's long-dormant observatory.

Although installed in the 1960's, the observatory on the corner of the Public safety lot hasn't been used in decades with its telescope long forgotten, according to astronomy professor Catherine Garland.

For the last five years, however, Garland with the help of the Green Mountain Alliance of Amateur Astronomers, has worked to restore the telescope.

"It's ready!" Garland said last week through a wide smile. "It has been a long time coming and the day is finally here."

Garland told the exciting news to her astronomy class this week. Both the Castleton

and Green Mountain communities cannot wait for their first light. "A 'first light' is when a person looks through a telescope for the first time," Garland explained.

"Before now, the closest observatory was Middlebury," Garland said with excitement.

She said she is expecting more than 100 people to attend the ceremony and has extended her invitation to the entire Castleton College and surrounding community.

The telescope will be pointed at a number of jaw dropping objects including Jupiter and its four moons over 390 million miles away and the Andromeda Galaxy reaching 2.5 million light years away.

Even before news of the telescope, Garland's class has always been full, sophomore Shelby Lacroix explained.

"Learning about astronomy is a humbling experience to learn there is so much out there besides us," she said.

After hearing the news about the telescope, Lacroix



Astronomy professor Catherine Garland poses in the observatory.

hopes in years to come that there is Astronomy 2 class.

Nick Reittinger, a science major at Castleton shared in the excitement.

"Absolutely I will be at the ceremony. Reading about it is one thing, but to actually see it is another," he said.

With the telescope revamped, Reittinger hopes the class is kicked up a notch.

As the moon goes through its phases, ceremony day is growing closer. Professor Garland can't wait.

"Keep your fingers crossed for a clear night," she said.

The Ceremony will take place on Saturday, Oct. 24 at 7 p.m. at the observatory. It will include a speech from President Dave Wolk followed by a ribbon cutting and hot drinks and snack for all who participate.

Making cash studying at work

By Jessica Lawrenson
Castleton Spartan

Going to lecture after lecture all morning, skipping lunch to drive about a half hour to work, working a full shift, drive a half hour back to campus then doing homework the rest of the night. This is what several students do in order to get a few extra dollars. However some students get the pleasure of work study. With work study they just walk across campus, work a few hours while doing homework and then who knows what afterwards.

Sophomore Emma Jennings works in the financial aid office through work study. She works about four and half hours a week.

"It's an enjoyable and con-

venient way to make money while kind of giving back," said Jennings with a large grin knowing that not everyone gets this luxury here and those students are required to get a job elsewhere.

However junior Ryan "Rabbit" Sweeney does have both a job off campus and work study. For about three hours a week Sweeney works in the student life office assisting those who need his help like Victoria Angis. He claims to like this job since it is easy and he doesn't have to drive there. But Sweeney likes his job as a customer service representative at Shaws in Fair Haven more.

"I do very simple work for VA which is nice but I've worked at Shaws for three years now and I am friends

with most of the other employees and I make more money there too. I work as much as I can with my schedule which usually gives me about 30 hours a week," Said Sweeney.

Sophomore Megan Davis is slightly less enthused about her job. Davis works at FYE in the Diamond Run Mall in Rutland which gives her about a 20 minute drive to get to work and back. She doesn't mind drive and she likes her job, but there are just some things about it she would like to change.

"Even when it is slow I can't do my homework. I just have to stand at the register and twiddle my thumbs. And if I had work study I could be able to work more in between my classes rather than after

them all, but I did not get granted work study," said Davis with her nose in her textbook after getting back from another night at FYE.

But landing a work study job can be difficult. Just to be granted work study you have to go through a long process starting with applying for financial aid when first applying to Castleton explained Kathleen O'Meara the director of Financial Aid. She said that it is not that as easy as it sounds. Students do need to go out and look and apply for their own job it is not just handed to them. O'Meara also explains that there are more jobs on campus than work study you just have to look for them and there is a list of them on the school website. Victoria Angis of student

life, who employs some students, thinks that work study is more than just a way to make money on campus.

"Working on campus makes the students more a part of the community and studies show that those students are more likely to stay and graduate here," said Angis.

Angis looked up a survey the new students who came in this year took and it showed 262 of the 680 said they were planning on getting a job off campus. This may not be because because they did not get work study but some of those students probably are going off campus because it can be daunting seeking a job on campus.

"It is a shame that not all students can work on campus," said Angis.

WIUV gets a new home...now what?

By Brittany Brown
Spartan Contributor

The number is 468-1377. These digits were once plastered all over campus. Call this number now and you'll receive a short static noise followed by the phone disconnecting. And upon tuning to 91.3, you'll hear the same recording of music that was being played over the air last year.

So what's the deal? Has what was once such a popular media outlet for students now become the past?

At one point in the '80s, students were filling the airwaves and a well-known magazine called "Boston Rock" ranked IUUV the fourth best independent station in the northeast, positioned right behind Yale, Lafayette, and EQX, former station advisor Bob Gershon explains.

So why are we listening to recorded programs now? Sources say there are a couple factors currently working against WIUV.

First of all, there is the environmental factor. The basement of Haskell (home of WIUV), flooded this past summer, so students can't get to the grimy old station for new shows yet, and due to renovations at the new station in the Campus Center, the ribbon has yet to be cut.

Tammy Lattuca, club program advisor, explains that the station kick-off is currently being held-up by an engineer who needs to come and move the old transmit-

ter cable from Haskell to the Campus Center.

"We're trying to get everything up and running by the week of the (Sept.) 28th, but that's not 100 percent, that's what we hope," she said last week.

Thus far, the Student Government Association has poured big money into the new project to the tune of \$22,000. The college has also contributed funds for the new radio station.

Upgrades have been made to the electronics and the new station now consists of an office, studio and production room. Lattuca hopes this clean, upbeat environment will entice more students to get involved.

Once open, students will have access to these rooms 24 hours a day and a radio production class will be run from the station.

Another contributing factor to the inactivity is the issue of who is in charge and what exactly their role at IUUV is. Despite being chair of the communication department, professor Bob Gershon knows little about the station's status. Why? WIUV is supposed to be a student run entity, funded by the Student Association.

Gershon has been the station advisor for the past 30 years and has seen IUUV booming. He has seen alums get their start at IUUV and go on to great broadcasting jobs including even announcing NASCAR.

"Currently, this is the first



A microphone sits idle in the new WIUV studio in the Campus Center.

time in 30 years a student hasn't come forward and wanted to be the station manager," Gershon said.

A college radio station can solely be run to pump out music that students see fit, or it can be run similar to hit stations running for profit, Gershon explains. One thing is for sure, WIUV has help on its side.

Gershon said that music companies want to hear from the station to know college students' likes and dislikes. This helps out in the content department and in the personnel department, local radio personality Jack Healey has been tabbed as the new advisor.

The role of advising is part of his "rent." Healey is currently running an Internet

sports talk show every weekday out of the Campus Center from 7-9 a.m.

"I'll be willing to do the programming if that's what the students want to do, I'm just not really clear on what my role is," Healey said.

The only issue that both Gershon and Healey have with IUUV, is that nothing seems to really be spelled out for the advisors on what the role is for the station.

However, Gershon is convinced that "once we get started again, the new facility, which is so visible and put together nicely, will entice students to join. Unfortunately, it might be too late for the arriving students this year."

After interviewing a handful of students, the general consensus was optimistic.

Students want the station to host or promote more concerts and get on a schedule for playing music that satisfies all likes.

"Most importantly, I just want hits to start pumping out of the Campus Center," Catherine Dow, a CSC junior explains.

SGA President Justin Garritt is pleading for volunteers.

"We need dedicated and enthusiastic leaders that would be willing to step up to the plate and run the radio station. We have numerous managerial positions that need to be filled and we need students... it would be fun, a great resume builder, and overall a great experience," he said in an e-mail response.

Fresh Perspectives



Lee Jacobson

As we approach being here over a month I have found my money supply getting lesser and lesser. So during this month and a half (give or take) the biggest thing I have learned or noticed is that college is, in fact, really expensive.

Not only is my savings account withering away, but my checking account is hurting too. We got tuition launching a full-blown attack on my savings, and things like food going head to head with my spending money. I wasn't too worried about this because I was accepted for a work-study job, but about 400 more kids were too. So work-study jobs were gone in the wind within two to three weeks into the year, which was awesome.

I applied to as many as I saw at job fairs, but I wasn't accepted to any. This made me pretty curious: what do they even look at for one of these jobs? So annoyance aside I didn't get one, or at least haven't yet, for all you optimistic people. Now it's time for job searching!!

I never really had to look for jobs at home as my ex-girlfriend's parents hooked me up at their store, and then my dad employed me doing construction/carpentry, which has kept me busy to this day. Now I'm in a different place in a different situation and no money. Getting a job is really the only option I see for myself. My first thought was to work during breaks, which I plan on doing, but that doesn't help me while I'm at school.

I've started looking around the Castleton area and haven't had the best of luck. I tried the Blue Cat Café, which was looking for a waiter/waitress, and a full time cook. There's also a UPS job, which goes from 3-9 in the morning, a shift which would kill me before I even started classes. That's about all I got now, so searching in Rutland is in the future.

My roommate and I threw around the idea of a room cleaning service. We would go dorm-to-dorm cleaning rooms and probably taking some recyclables along the way. Maybe playing guitar outside North House will create some income, more than I have now at least. Other than that, the business schemes haven't been flowing so much. So until then the daily struggle of being a broke college student continues, at least I have the future of paying off loans to look forward to!





Campus Quips

Mellisa Pope

What is the most spontaneous thing you have ever done?



Rachel Rines

"It was spring, and my sister and I went to visit my aunt and uncle, and on the way back to Vermont, we decided to just drive around New York and look for the first tattoo place we could find, finally found one in Albany, got tattooed, and then drove 7 hours to get home."



Stephanie Quinn

"My friend and I drove five and a half hours to get to a beach with no money, no hotel: just us and the beach. Ten hour trip for three hours on the beach."



Kelsey Robbins

"I jumped off a bridge into the ocean. Just randomly decided to do it, it was probably around 100 feet up. It was scary but sweet."



Ryan Hastie

"In Puerto Rico, I wave jumped. It's when the wave is at it's peak, you jump right in front of the wave and ride it out."



Staci Coogan

"Me, my boyfriend, my sisters and their boyfriends were playing board games one night then decided randomly to make an hourish drive to Cinnabon when it was late at night. We just barely made it there on time."

Swine flu is not a joke

By Melissa Pope
Castleton Spartan

Coughing is something that is common on college campuses around this time of year. But instead of saying they have a little cold, when students are asked how they're doing these days they jokingly react with, "I have swine flu."

Funny to some, but in reality swine flu is infecting more and more people throughout the United States. It has been all over the news and some say people have been overreacting to it, but others say it's a huge issue that could be deadly.

The whole swine flu pandemonium started about a year ago in Mexico and then spread across the globe.

To date, there have been no known cases of swine flu this school year at Castleton, but freshman Lee Mohr said he got it before stepping foot on this campus.

"I had a regular flu on and off for a month in May till June. It would come about once a week and I didn't take care of myself. Once I learned I had swine flu I was quarantined in my room for almost two weeks. I could go to the bathroom and occasionally outside, but I was brought food by my dad. I think it's key when you have the flu to take care of yourself. I didn't and I got the treacherous swine flu," said Mohr.

According to an online diagnosis, swine flu symptoms are like the normal flu symptoms. Normally it starts out with the typical fever, sore throat, runny nose, headaches, and fatigue. The tricky part is that most people with the normal flu have these symptoms too. Only lab tests can tell you if you definitely have swine flu.

Sophomore Maegan Walsh is one student who is nervous about the prospect of catch-

ing swine flu.

"I get sick very easily, last year was awful. I coughed all the time and would often joke about having the swine flu with people. I actually was worried I had it once and looked up the symptoms but I did not actually have it," said Walsh.

It is common humor in Castleton to say that the reason you missed class was the swine flu, but in other schools it is reality -- and not funny to them at all. The University of Washington has reported 2,000 cases of swine flu.

One way to potentially avoid the flu is through vaccination.

"I went and got my shot this week at a walk-in clinic in Rutland. The nurse had said she had seen very few college students who are at the highest risk, she encouraged me to tell others to get vaccinated," said junior Murphy Reidl.

The swine flu vaccine will



PHOTO ILLUSTRATION BY WYATT ALOISIO

soon be offered on Castleton campus, and an e-mail will be set out with details, according to Katherine Spaulding. But until then, many places in Rutland are offering the vaccine.

"In the situation we are all in at Castleton everyone needs to take care of themselves. Our age group is the biggest at risk," said Mohr.

Bus Stop doesn't dissappoint

By Annie Hartman
Castleton Spartan

The Bus rolled into Castleton, dropped off a phenomenal cast at the Casella Theater, and left audience members caught up in its highly emotional story.

Castleton State College's Department of Theater Arts presented over the weekend William Inge's classic comedy "Bus Stop."

The performance, directed by Susan Baker, was a project that began at the end of last semester and was completed this month. The cast was given their scripts in May in order to learn their parts, but the fantastic sets and beautiful costumes were left until this past month to do. Despite the short preparation time, nothing was sacrificed. From a stand-out group of student actors, excellently cast by Baker, to the detailed 1950's style sets created by the CSC's Stagecraft class, there was justification behind the standing ovation the performance received at Saturday night's show.

Bus Stop sends its audience through the ringer with emotion as it tells the tale of a naïve but stubborn cowboy bound and determined to steal away back to his ranch in Montana with his "love," Cherie (played by junior Candis Machia), to marry and live happily ever after.

One problem: Cherie, a chanteuse from Kansas City, doesn't love Cowboy Bo (played by senior Andrew

McDuff). After the bus that the two were on gets stuck at a small town restaurant about 30 miles west of Kansas City due to a snow storm, both young waitress, Elma (senior, Jessica Krol) and restaurant owner, Grace (senior Becky Laird) find themselves surrounded by the dilemma between Bo and Cherie.

Toss in the bus driver, Carl (junior, Patrick Shortle), a drunken professor, Dr. Lyman (senior, Nathaniel Buchman), the small town sheriff Will Masters (junior, Joseph Laston) and Bo's best friend and ranch hand, Virgil Blessing (senior, Adam Desautels) and the small, but powerful cast is complete.

A classic introduction to characters and scene is interrupted by McDuff's strong presence on the stage as Bo - a presence that, hands-down, stole the show.

"It was unlike any other role that I had taken on before," said McDuff. "There were so many different layers and different conflicting emotions all rolled into him."

McDuff, a member of the National Honorary Theater Fraternity, found each layer of his character and portrayed them flawlessly leaving audience members doubled over in laughter and feeling for his innocence and naivety.

Bo was more than complimented by his surrounding cast, from Krol's bubbly portrayal of young, naïve Elma to Buchman's staggering character drunkenly reciting Shakespeare, the cast was

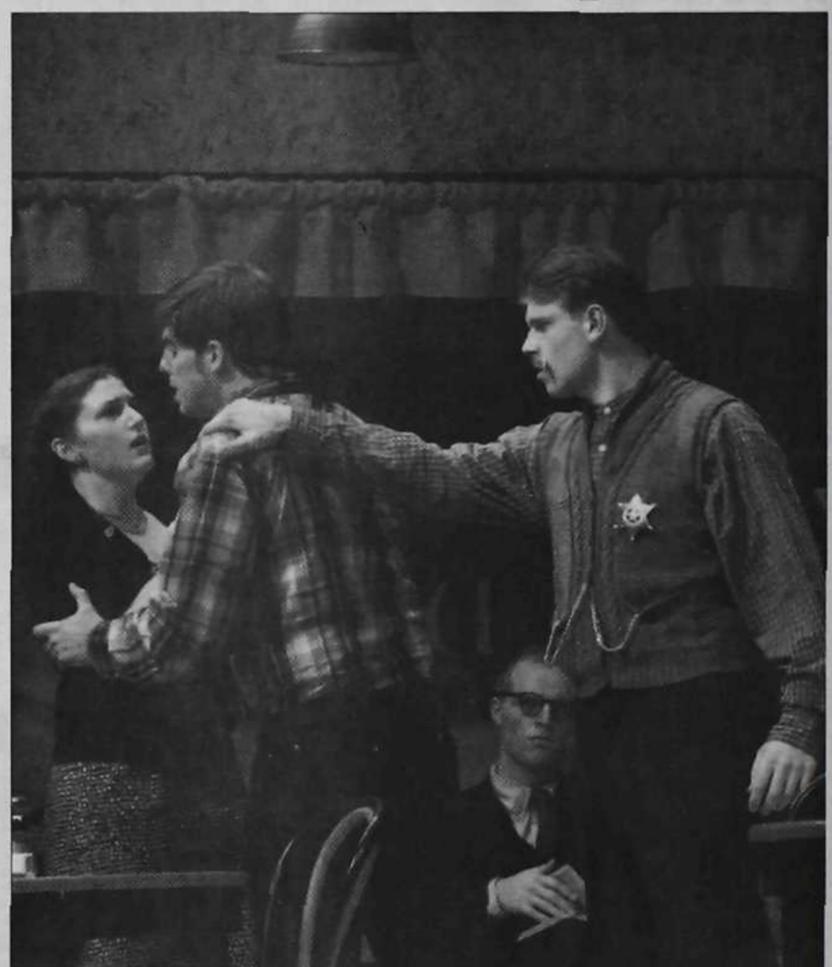


PHOTO CONTRIBUTED BY ENNIS DULING

A scene from a recent performance of Bus Stop.

outstanding top to bottom.

Playing McDuff's opposite, Machia fit the role of Cherie perfectly - a mature, experienced young woman falling ever so slowly for the man she despises in the beginning.

Not only did parents, students, and alums leave

from the Parents' Weekend show pleased, but the cast left the set feeling good about what they had done too. And rightly so.

"I was very happy with how the show went. I think that we had a great turn out for the show, much more than I initially expected,

and I think it was really well received by the people that came to see it," said Machia. "We've heard nothing but great things from all the people that came to see it."

Mentors needed to continue program's success

By Daniel Luzzi
Spartan Contributor

The Mentoring Program at Castleton State College received national recognition last year. Now organizers are seeking new mentors to continue the success.

The program helps connect Castleton students with the youth of the Castleton community in a very positive way, said mentoring founder Jan Rousse. It allows college students volunteer their time mentoring students at the Castleton elementary school.

Rousse has seen the program grow rapidly since it started in 2004 and she enjoys seeing the positive effect it has not only the elementary students, but also college students.

"It's a win win situation for both the mentee and mentor," Rousse said.

The program is looking for responsible students to devote at least one hour a week to eat lunch, play at recess, and mentor the elementary kids. This year will mark the programs fifth year.

It will also soon be expanding to the Fair Haven community.

Justin Garritt and Stephanie Terry are the student leaders of the program. Garritt will be entering his third year of working with the program, and will be



Student leaders of the mentor program work with students at Castleton Elementary.

in charge of mentoring at the Castleton Elementary School. Terry, now in her second year as a student leader, will be in charge of the mentoring at Fair Haven Elementary.

The Fair Haven program will focus on mentoring seventh graders with activities that create bonds and provide educational value, Rousse said.

Jeremy Peyton, a junior at Castleton State, participated as a mentor last year and enjoyed the program

so much he is doing it again this year.

"It was a good experience, and way to branch into the community to help out children who need positive role models," Peyton said.

The Castleton students say they are mostly surprised by how much they enjoy working with young kids. Some mentors go to the elementary school as many as two or three times a week. A serious and meaningful bond is created and can help make the difference is both participants' lives, volunteers said.

"Mentors are planting the seed helping, guiding, and directing their mentees to brighter, more successful future," Rousse said.

In the past year, 120 students participated in the mentoring program and 75 percent of those students were involved with athletics. Terry has been working to involve more students who are not apart of Castleton athletics.

The first meeting for the mentoring program will be held at 12:30 p.m. on Oct. 22 in the Campus Center. Veterans and new mentors are welcomed. Mentors are needed due to the expansion of the programs, Rousse said. The meeting is mandatory and if you have any questions, you can contact Justin Garritt via email (Justin.Garitt@castleton.edu).



ROBERT BURGE / CASTLETON SPARTAN

Jim Breuer gets animated during his stand up act on Sept. 25 at the Paramount Theater in Rutland.

Breuer keeps them rolling at Paramount

By Meghan DuFour
Castleton Spartan

The streets of Rutland were flooded with unoccupied cars on Friday, Sept. 25 all due to the comic genius Jim Breuer making his way to the Paramount Theater.

After looking into the audience, all 600 people, very few seats were left empty as people were practically sitting on top of each other and left to fight over the arm rests.

But the restless behavior of the uncomfortable crowd stuck in the hard wooden seats was settled when the

lights dimmed and a man took the stage.

First up, a newcomer to the comedy game, Tyler Boeh, who drew the crowd in with his bits involving beat boxing, sex stories, his lazy eye and overall charming awkwardness.

He was a great warm-up for the crowd, seeing as how directly after, Breuer took the stage, to get ready for Breuer, which took the stage directly after.

With the roar of applause continuing as he sturtted on stage, he grabbed the microphone and started right off with his fresh material.

He made it a point to start off the show talking about his appearance.

"No, I'm not high. This is how I look all the time, I was born this way," said Breuer, finishing up that sentence with an impression of what he looked like as a baby.

Breuer had stated that this comedy tour was less about his old material and now starting to touch on things that happen in his everyday life, and he stuck to his word.

He went back and forth between stories about his kids, his wife, and his parents, impersonating each one of them. We saw him run like an ostrich,

pretend to hose down his elderly fathers' soiled pants, play the air guitar for Metallica, re-enact his past drug experiences and skip around in circle like his three daughters.

Breuer took over the stage like a professional, staying sharp on his toes when a pesky audience member mocked him, and he fought back with a joke like a champ. There were very few moments during the show that you couldn't hear laughter or applause.

He has truly held his title as one of the 100 Greatest Comedians of All Time.



The Chad
Chadwick Cioffi

Since I've started writing at the Spartan I check on the paper's webpage quite frequently. It's interesting to see who comments on the articles. Sometimes it's an alumni reminiscing on their time at Castleton, or two people battling back and forth trying to argue each other's point. The comments usually make me laugh, mostly because people get riled up about some of the stuff we print in the paper.

Last year I thought something weird was going on when a guy named Tom was constantly commenting on the freshman column. The girl writing it never really said anything about it in front of me, and I never really thought to ask her. The comments were odd coming from another student, but I figured she knew this Tom fellow. One week Tom went online and wrote, "Great column and great photo of you. I pictured you a little taller and thinner," on her column. Comments like this started to make me curious about Tom. Was he a boyfriend? If he happened to be her boyfriend after all, these comments would still seem weird to post.

"Glad to have you back in Fresh Perspectives. Money dwindling? Maybe you should cut out the late night runs to Taco Bell," also came across a little creepy to me. I wasn't just curious about Tom, but a little concerned now.

Seeing comments continue to surface on her articles, and having conspiracy theories with other writers on staff of Tom's identity, I was convinced this kid was either smitten with the writer or he was a full fledged stalker.

Months passed, and I still had no clue who Tom was. I was in New York City with some of the other Spartan staff members for a journalism conference and Tom's name somehow came up in a conversation with the freshman writer.

She blushed and started to laugh. I knew as soon as this reaction came across her face that Tom wasn't in college, he wasn't a boyfriend, or even a stalker.

"Tom is my dad," she said before the circle of listeners exploded with laughter.

It was too obvious to have even crossed my mind. No longer did these comments come across as a plea for a restraining order, but rather they now read like a goofy father taking an interest in his daughters writing. The mystery of who Tom was finally came to an end. After months of being curious I now knew what I had been aching to find out. Although the mystery had been solved the fun didn't stop. Knowing who Tom was made reading his posts a bi-weekly habit of mine.

I used to read the comments to get a quick laugh at the online arguments, and the alumni stories of yesteryear, but now I mostly keep an eye out for more Tom activity.

Its about time to give rock operas a listen

By Anders Ax
Castleton Spartan

If you read last week's article, "Rockin' out with your books," you may have noticed my experience with music tastes and prose is quite limited compared to those who actually know what they're talking about. Anyway, last year when I was working as a painter, my boss had put in a CD, Joe's Garage, and it was one of those times for me when listening to music could be funny and good at the same time (unlike Weird Al where it was just funny. Well...to me at least).

Frank Zappa: If you don't know Frank Zappa (the lowest note in Rock 'n Roll what do you mean by this???) its OK. Neither did I. What I quickly learned was Mr. Zappa had, to his credit, amassed about eighty albums in his life, been a director, a record producer and composer. By the way, he testified in the Senate back in '85 about how the Parents Music Resource Center, founded by Tipper Gore, was on a path toward censorship. It targeted lyrics of 'sexual or satanic content.' Now, as I said, I'm not a doctor, but I'm pretty sure his actions paid off in the long run. Have you ever lis-

tened to Insane Clown Posse? Not only was Frank Zappa an incredible song-writer, artist and musician, but he incorporated large amounts of experimental sound collages in his pieces. If this doesn't sound in any way interesting, take 45-minutes and listen to Joe's Garage Part I and if there are no qualms you might as well take the time to finish Parts II and III to hear how the story ends, as it is a rock opera.

The Rocky Horror Picture Show: Music From the Motion Picture: Speaking of rock opera's, here's one for the kids! A classic movie parodying science fiction and horror movies

has been in limited release for the past 34 years. But what makes the movie so excellent, other than Tim Curry, Richard O'Brian and Meat Loaf, are the eccentric musical numbers. Do we love the musical? Yes. In fact it is my belief that people should break out in song and dance to The Time Warp at least once a day, and if not that extreme at least hum Science Fiction Double Feature quietly to him or herself. I'm not going to say you should take the time to listen to the music. Just watch the movie, but don't forget the newspaper, squirt guns and toast.

From here I could ramble on

about the official soundtrack for Tommy from The Who album of the same name, but I won't because this is intended to be short. If Rock 'n Roll is your thing, and we live in a time and place where it is not what it used to be, then you should pick up any number of the rock ballads, operas and movies from the past. A few suggestions: Led Zepplin's House of the Holy, The Beatles' Yellow Submarine, Pink Floyd's The Wall, and why not? Jesus Christ Superstar by Andrew Lloyd Webber. Have fun this week. Cheers.

BOOK REVIEW

By Wendy Young
Castleton Spartan

Niece to Sir Gawain, Luneta wants the exciting life she thinks he lives, rather than the farmer's life her parents live. Her chance comes when her father suggests that she visit friends for a while. One of her mother's friends is perfectly willing to host the teen, but Luneta's father says that he cannot escort her to Lady Laudine's house because it is harvest time. Luneta is anxious to go, and soon a solution is found—Luneta's cousin, Sir Ywain (Jr.) comes visiting and offers to escort her since he is going towards Camelot anyway.

On the way, they encounter a fool named Rhience, who, while able to make everyone

laugh just as it is a fool's job to do, is more than he seems. It is from Rhience that Luneta and Ywain hear the legend of the magical Storm Stone. The Storm Stone creates a storm then summons a knight which you then must battle. Ywain is eager to prove himself, but Rhience and Luneta worry...

The Lioness and her Knight by Gerald Morris is a well-written book. The characters in the story are believable and interesting, though not entirely original creations, as the book is based off of court poet Chrétien de Troyes' poem, The Knight of the Lion and retold for modern readers. With its moments of wit, emotion, magic and adventure, this medieval tale is one you won't want to miss.

MOVIE REVIEW

By Meghan DuFour
Castleton Spartan

"Igby Goes Down" is a 2002 comedy-drama film written and directed by Burr Steers.

It tells the tale of a rebellious, sarcastic, pot smoking seventeen year-old that is just trying to get through life as everything around him crumbles down. Kieran Culkin plays Igby Slocumb, the rich spoiled brat who transitions from military school escapee, to grungy apartment squatter, to punching bag for family members and friends, a lovestruck boy and finally the grieving heartbroken son.

You get a look into the childhood of Igby as you view the flashback of his father revealing his schizophrenia in an uncomfortable shower scene. Determined not to become like his father, Igby goes against everything he is being told. He disobeys every word out of his pill-popping mothers mouth and does it all his own way. Visiting his wealthy godfather, then sleeping with his godfa-

ther's junkie mistress, falling for a girl that leaves him for his brother, going broke and selling drugs, then aiding his mother in her own suicide.

All this sums up his messed up life on the run in New York City, but at the same time teaching him reality and what really matters in life. He goes through the ups and downs that most teenagers experience, but much more extreme.

This movie is filled with familiar faces like Susan Sarandon, Ryan Phillippe, Claire Danes, Bill Pullman, Amanda Peet, and Jeff Goldblum.

Throughout this film, you feel a variety of things. The humor is subtle enough to keep the story somewhat serious, awkward moments are hard to watch, the surprises sneak up on you and the sadness is sometimes too real. You get the full movie experience as its takes you on an emotional rollercoaster ride.

This somewhat unknown film had all the makings to become a great blockbuster and is an experience everyone should have.

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FRONT & BACK

Alum: 'I still wish we went here'

Continued from page 1...

cated fans lined the sidelines of the stadium as the football team prepared to play Gallaudet in what proved to be rowdy game supported by a spirited audience.

Although the football team lost to Gallaudet, the women's field hockey, soccer, tennis and volleyball teams notched victories at home during the weekend.

The college hosted a variety of other events including a boat tour of Lake Bomoseen, a psychic fair, and a walking tour of Castleton Village.

Castleton also hosted its own addition of cow plop bingo, where, unfortunately, participants stood around for thirty minutes only to watch two cows that evidently did not feel like taking part in the event.

However, the event sold 111 squares for \$5 each, and the proceeds went toward Emergency Loan Fund in the Financial Aid office, said An-



Front row superfans and the cheerleading squad show their Spartan pride at the homecoming football game.

gis, who attended the event. "They had to draw the winning number from the hat," Angis said.

The winning number belonged to Frank Bellavia, Castleton Class of 1972.

Overall the weekend was a

great time for not only students and parents, but for alumni.

And around 3 p.m. on Saturday this could be observed best, as alums crammed tightly into the alumni "beer tent," basking in the glorious sunlight, looking through old

yearbooks, and rocking out to local favorite Duane Carleton.

"I love this, it is phenomenal," said Castleton alumni Leslie Castle, class of 1979. "I still wish we went here."

Faculty protest to stop global warming

By Wyatt Aloisio
Castleton Spartan

The president of the United States, Vermont state senators and representatives and members of the United Nations are just a few of the people that Castleton State college history professor Carrie Waara handed out phone numbers of this past Monday at an organized "flash-mob" in the front of the campus center.

The event was part of a unified movement by colleges and schools all over the world to prevent and take a stand against global warming and climate change by calling world leaders and representatives a collectively voicing their opinions.

"Now's the time to tell

world leaders that we are demanding action. No compromising, we've had enough," said Waara, who was inspired to take action after reading books such as "Field Notes of a Catastrophe" by author Elizabeth Kolbert and visiting the internet site 350.org, learning just how bad of a state the planet is in.

Earlier this year Waara established the HGEP club (History, Geography, Economy, and Politics), which heavily focuses on matters of the environment and political actions, such as the organizing flash mobs and smart protests, necessary to change outlook on crucial matters.

Student and former Sustainability Club President, Stacia Bucknell, was enthusiastic

about the event and saw it as a step in making the campus even more involved.

"There's a huge gap on campus. Everyone is doing their own thing when we need to close it and be more involved to make a political stand," she said.

Though not working together yet, Waara sees HGEP and the Sustainability Club working together to organize future events like more flash-mobs and already planned events such as sustainability day on October twentieth.

Despite not having a critical turnout by students on campus at the "flash-mob" event, several professors made an appearance to show support and voice their own opinions.

Professor Sanjukta Ghosh,

who also helped to organize the event, commented how the first step to becoming more politically involved is to not be part of wasting the environment ourselves.

"This campus wastes so much paper. We need to know how to bring a message of climate change without using resources ourselves," she said motioning to a large climate change sign on the back of a laminated world map and a picket sign with re-used papers. "Who cares what it looks like so long as the content is good."

Ghosh said the campus should take paper out of its recycling initiative and instead focus on re-using it instead.

Help is available

Continued from page 1.

ference in time," says Goe. "And of course, they need to look into proper medication and counseling at their school or a place close to them."

With such a large number of college students with mental illnesses, schools like Castleton State work to accommodate them and help them deal with the stresses of college.

"The way we go about

making sure the students are getting taken care of is by making sure when people come to this school they have proper health forms and I take a look at them and try to touch base with those people to make sure they know everything about their medications," said Choma. "I always suggest that the people stay in contact with a licensed therapist, a counselor and their prescribing doctor. I see people every couple of days. We are always here to help."

Is drinking an issue?

Continued from page 1.

the issue."

Following the release of this article, there was a general sense of contempt among the student body. Senior business management student Jeff Dayton responded with disdain for McDermott's comments.

"I think the whole incident was overblown. What are they trying to do, stop underage drinking completely? That's never going to happen. Did she really have to call in police officers from different towns to break up a college party? I don't think so," he said heatedly. "And the whole thing about drinking being a bigger problem than ever is just propaganda. It's the same scene as when I was a freshman. It's no better, but it's definitely no worse."

President Dave Wolk, although disappointed that such an event took place, also felt that the article misrepresented the student body as a whole.

"If you think about it, that one incident was comprised of less than one percent of the student body. It's not representative of the way the vast majority of students treat each other or their neighbors," he

said. "But I do understand why that was printed on the front page — that's what sells papers. They have a job to do, too."

Castleton's Town Manager, Charles Jacien, echoed Wolk's feelings.

"The town absolutely does not have a feeling that things are any worse or different than ever before," he said emphatically in a telephone interview. "It's understood that it's the beginning of the school year and activities like this seem to follow a certain pattern."

Dean of Students Dennis Proulx felt that the original article was fairly-balanced and that these types of things need to and should be reported. He felt bad, however, that the article "documented our students as not being good citizens."

Wolk agreed. "I think the college and its students have a great relationship with the community. Students here are generally very polite and very good neighbors. I find this place to be a very friendly and mature place — way more than at some other schools," he said emphatically. "I wouldn't trade being here for anywhere else."

Risqué costumes are everywhere

Continued from page 1...

Sally Smith.

"It's the one time of the year you get to dress like a whore and it is accepted," Smith said.

Smith admitted that she had dressed up in a "slutty costume" before too. She and some of her friends went as a female version of the gang from clockwork orange. She got excited when re-living the details.

Shunning the slutty costumes

But some girls like Jackie Righthenbach and Stephanie Burger, are offended by such Halloween costumes other women have.

"Halloween has turned into a time for women to become skank-a-lanks," said a senior who asked that her name not be used who we'll call Jackie Righthenbach.

Although she and her alias senior pal, who we'll call Stephanie Burger, said they had no idea at first what they wanted to be for Halloween, the question started a chain reaction.

"My friend said a few weeks ago 'I had an epiphany that we should be gnomes for Halloween,'" recalled Burger.

From there, the two decided to figure out what they were going to be for Halloween. As the two sat in the lobby of the Fine Arts Center, Righthenbach got on the Internet while Burger compiled the list.

As they compiled, art professor Gary Fitzgerald lumbered by. One of the two girls asked him, "What are you going to be for Halloween?"

"I don't really get dressed up for it, I'm scary enough already," he replied.

But that was not the end. Fitzgerald began to lose himself in all the things that one could do as far as putting together a costume. He stretched out his arms as far as he could to signify how big a set of wings that one could make out of cardboard. He stressed on the endless possibilities of artificial appendages that could be made out of Styrofoam, cardboard, and silk. The idea led him to consider having an assignment in his sculpture class involving taking old Salvation Army clothes and making costumes out of them.

Minutes later, Liza Myers, the water color professor clad in gypsy jewelry of her own design, drifted past the two girls, bags in hand, done teaching for the day. But she was stopped when one of the girls asked her the same question they asked Fitzgerald.

"I have too many other projects these days to get into something like that," she said in a regretful tone.

But she kept on talking, despite the fact she had other places to be. She retold a story of a costume she devised herself years ago. It was a crane head with a long thin neck and a puppet beak. And although her head was far below the flapping beak of the puppet's head, "People at the party ended up talking to the puppet head."

Skanky sells

At first glance, you would think you would have to prove you were 21 and give a credit card number to visit some of the Halloween costume Web sites. A company called Leg Avenue, famous for its lingerie, also makes Halloween costumes.

Camille's Experienced

Clothing and Spirit Halloween, two costume stores in the Rutland region, supply Leg Avenue costumes.

"Our costumes are sold at hundreds of specialty stores and large chain stores throughout the country," Claims Leg Avenue's alluring 'about us' page. These costumes are sold from the company's home state in California, to, obviously, the east coast. Leg Avenue has more than "650 different styles and growing."

Despite attempts, the company did not respond to telephone call seeking an interview or answer e-mailed questions.

Whitney Ramage, a clerk at Camille's, says that the most popular female costumes last year were French maids, cops, and flappers. All of these costumes sold out.

"The cow girl with assless chaps, or maybe the little slutty school girl with panties that says 'teachers pet' on the butt that you can read because the skirt is so low," Ramage named when asked for the sluttiest costumes on the racks.

So what's the price to buy a sailor girl or a vampire vixen outfit for Halloween? Between \$45 and \$55.

Camille's has seven racks of costumes and of those six of them are stocked in "slutty" costumes, said Ramage.

"We put out the slutty ones first because we know that we will move more of them," Ramage said.

Understanding decisions

Righthenbach and Burger narrowed their list of possible costumes to two most favored options. The choices were either inanimate lawn objects like a flamingo, mail box, shrub, or garden gnome - or the

pink ladies from Grease. One idea being completely original from the two girl's minds, the other idea taking form after running a Google search of Halloween costumes.

Sociology professor Linda Olsen has kept herself away from most Halloween parties for the past couple of years. She recalls one year when she wore a picture of Sigmund Freud in her slip and called it "Freudian Slip."

While walking down the hall, history professor John Spiro heard her talk about Halloween and stopped to listen. The two then passed back and forth their own thoughts about the effect that sexy costumes have.

"There is a narrow representation of women and what is sexy. Why don't women judge for themselves? And why do they feel they need someone to tell them?" Olson said.

"Girls say that dressing up makes them let go. But they are allowing others to decide for them what kind of costumes to wear. That's conformity, that's not letting go. That's giving in," Spiro said.

"There is no close attention to who is defining what is sexy and who has the power to define it," Olsen added.

The two teachers together recalled a costume event at Finius T Flubberbuster's in Hampton, N.Y. The theme of the party was "pimps and hos."

"If you are going to be somebody for Halloween, why not be somebody to look up to?" says CHANGE initiative coordinator Jaklyn VanManen. Olson made a call to VanMarin in the middle of her own conversation about modern Halloween costumes.

"Dressing up like that cre-

ates fast confidence. But it's not healthy being complimented on your costume when you aren't complimented everyday. If you are going to be somebody for Halloween, why not be somebody to look up to? People are glorifying pimps without realizing what a pimp actually does," she said.

VanManen recalled costume parties of the past including a highlighter party where everyone brought a white shirt and a highlighter. People drew on each other all through the night, accumulating sayings and drawings as the night went on.

One year, VanManen dressed as 'Rosie The Riveter,' a costume she seemed proud of because it depicted strong working women during World War II.

"There's plenty of ways of having a good time and to also appreciate one another," she said.

Burger recalled seeing girls wearing attention nabbing costumes in her class when she was 12, but VanManen said she has noticed that most of all costumes for little girls are things appropriate for their gender.

"I wish women could share the same spirit of Halloween as men do. Seems like men's costumes are figures that are above limits," she said.

Ramage said that the most popular costumes for the last couple of years were Superheroes stuffed with muscle, swashbucklers and Indiana Jones. And what was her response to the array of costumes for women?

"Just imagine every profession, border patrol, fire fighters, nurses, nuns, every fairy tale character, every pirate, angels, demons — each costume

the same short, cookie cutter shape," she said.

But it's not just costumes. "Clothing in general for women has become tighter, while men's clothing is getting looser," said communication professor Sanjukta Ghosh. "It's not just during Halloween, it's clothing in general."

The subject of Halloween reminded Ghosh of a former student she had years ago who dressed up as Medusa for Halloween. The snakes were molded out of silly putty and painted by the student. Ghosh figured the cost for the whole costume was less than \$5.

"It showed her imagination and connection to folklore," Ghosh said, adding that she took much pride in this student's costume, yet is disappointed with more recent costume choices.

The option to customize one's own costume, even sprucing up one that already exists, is not out of the question or hard to accomplish.

"The really nice thing about Camille's," Ramage reassures "is that you don't have to stick with the costume that is in the bag. We also try to work with putting together an original costume you won't see everywhere."

The store also houses make-up, extra articles of clothing and extra accessories.

Miller's female Zorro costume that she ordered turned out to be too small. She borrowed a black shirt and blouse, kept the accessories, and ended up devising half of the costume. And although she wore a costume that even she thought was slutty, she still showed a great appreciation in it. Even though she can't say why she wore it, she said she took pride in the design.

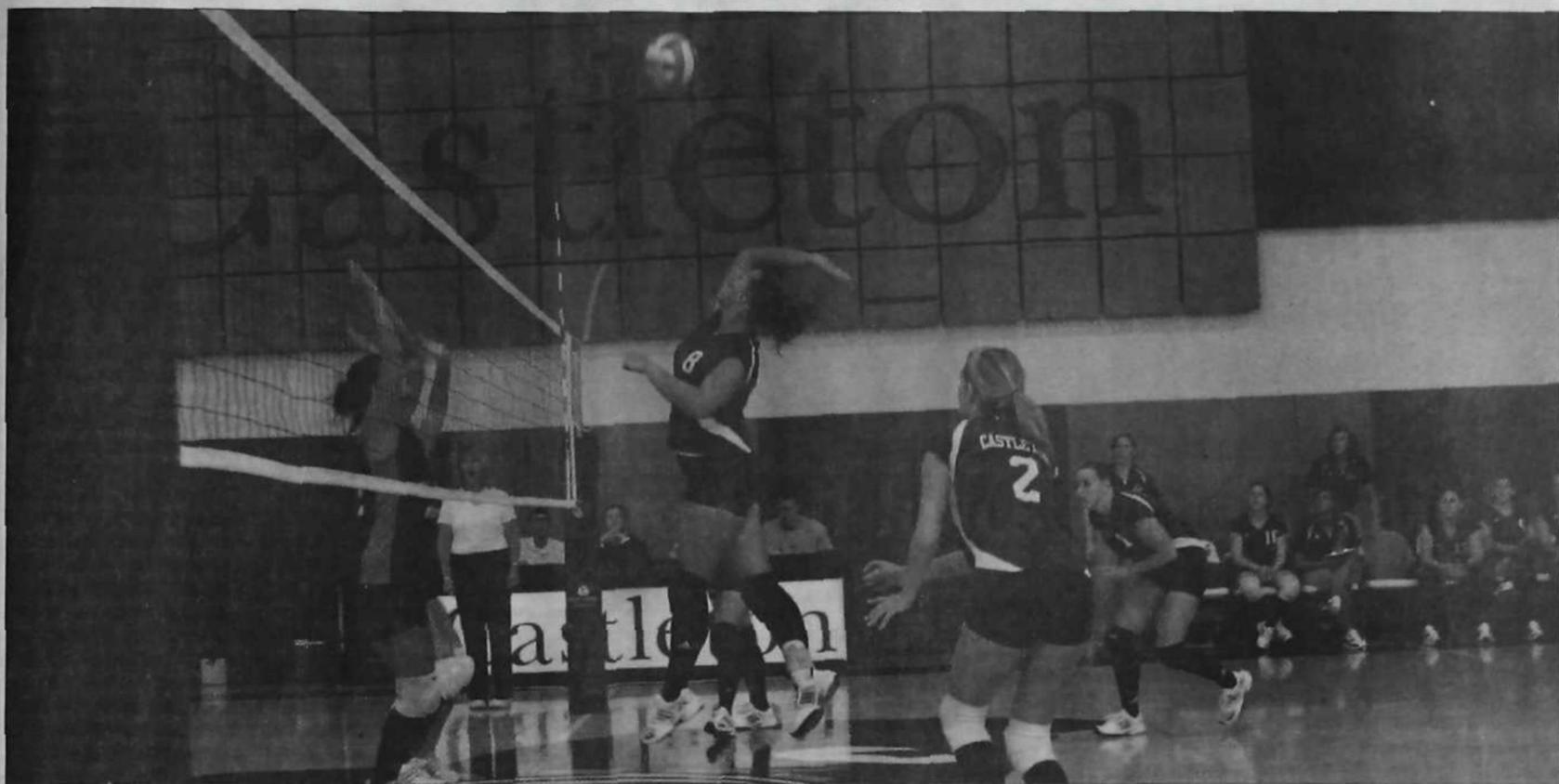


PHOTO CONTIBUTED BY ENNIS DULING

Jamie Lemieux goes for a kill in a recent match. The team is currently on five game win streak.

Volleyball survives after nail-biting home opener

By Nicole Parker
Castleton Spartan

All the Castleton volleyball team needed was a home-opening win to start it on an impressive five-game winning streak.

The team opened its home schedule on Sept. 23, playing its first game in the newly renovated Glenbrook Gymnasium. With a record crowd witnessing, Castleton fought one of its hardest battles thus far,

and it ended on top with a 3-2 win over SUNY-Cobleskill.

Captain Hillary Greenfield says the crowd, along with the gym, was a big part of the win. "Having a big crowd at our games gives us more motivation, and the louder the crowd cheers, the more pumped up we get. Also, playing in the new gym attracts more people because we aren't hidden in the back, and people walking by can see that there is a game going on."

Once the Spartans got

Cobleskill out of the way, they battled both Lyndon and cross-town rival Green Mountain College. The wins were achieved with the help of senior Jamie Lemieux, the powerhouse on the team, and Ashley Kepaa, a freshman standout. The duo is averaging 3.40 and 2.14 kills per game respectively. Setter Jen Vibert and Ariel DeGregory, Castleton's first Libero, are also contributing to the wins.

This past weekend, the Spartans played Thomas Col-

lege, and Maine Farmington. Castleton went into the two conference games with a 3-0 winning streak, looking to make it five.

And that's what they did.

Maine Farmington proved to be no easy feat as Castleton battled to a 3-2 victory over the Beavers.

The nail-biting win was followed by a 3-0 sweep to propel the Spartans over the Thomas College Terriers.

Lemieux is more than excited about how well the team

has been doing.

"I am so proud of the team," she said. "We are playing so well together. This is a huge step for Castleton volleyball, and I am really hoping we can make this success continue."

Spartan volleyball is looking towards having a program-best season this year, and coach Bethany Torrice is looking forward to the team's future games.

"I try to focus the girls and make sure they realize that they can celebrate the big wins, like

Cobleskill and Green Mountain, and after that, it's done.

Then we focus on the next match. This team has something special, and they believe they can win and are playing for each other. I'm just really, really happy with volleyball this year."

Then they are on the road until after October break, traveling to SUNY-Cobleskill on Oct. 10 and Lyndon State on Oct. 17.

NAC too weak for tennis team?

By Lee Jacobson
Castleton Spartan

After an easy 9-0 win against Lyndon State on Saturday, Oct. 3 the Spartans had a tougher match Sunday against Plattsburgh State.

On Saturday, things played out as usual for the Spartans as they posted a 9-0 shutout for the eighth time this year, and the second time against Lyndon State.

Michelle Podnecky and Kate Bucci won a clean 8-0 in singles, as well as Charly Klaas, Brynn Paraschos, Brittini Racine, and Chelsea Crehan. Castleton finished conference play sweeping all six of its opponents by scores of 9-0. On Sunday, despite starting the day losing at doubles 2-1, the Spartans came back to win 5-4 thanks to single wins from Podnecky, Bucci, Paraschos, and Cretan. It was the first time the Spartans faced the Cardinals.

"It was a good competition, Brynn and I worked well together," said Klaas. "We didn't expect to win at all, SUNY schools usually have very good competition."

For doubles, Charly and Brynn won 8-0 thanks to great teamwork and communication. Bucci and Podnecky lost a hard fought match to Katie Rogers and Rachel Hodnett for No. 1

doubles, 8-6. The Cardinals proved to be a formidable foe, as they became the third team to score four or more points against Castleton.

Coach Pual Cohen reflected on the match.

"They're a very tough match up. We'd rather play a team like this than have an easy win," said Cohen. "We get to finish the season up with these guys and then Colby-Sawyer, so it'll get us ready for what's next."

With a 6-4, 6-1 win against Victoria Germano, Bucci improved to 12-1 in singles and has won her last four matches. Not only is Bucci tearing it up, but Paraschos reached 12-1 in singles as well. In singles, Podnecky won a hard match against Hodnett.

Cohen had nothing but praise for Podnecky.

"She played so well, she can beat anybody when she's on; she's so balanced; she has power and speed. She's unbeatable in top form," said Cohen.

If the Spartans win in the North Atlantic Conference they then go to the North Eastern Athletic Conference. Winning the NEAC spells an NCAA tournament bid, which is a goal for the team this season.

Castleton will face Colby-Sawyer away for the last game this season.



JOHN SHRAMEK/CASTLETON SPARTAN

Running back Randy Babineau stiff arms a Galaudet defender in the Sept. 26 loss.

Football loses third straight

By Rob Doran
Castleton Spartan

The Castleton Spartan football squad had another tough couple of Saturdays with losses coming at the hands of Gallaudet University on Sept. 26 and Mount Ida College on Oct. 3.

Gallaudet University came into a rowdy Spartan Stadium, looking to take the crowd out of the game. The student section chanted throughout the game, trying to will the Spar-

tans to a victory. The voices, though, were not enough to help 'Big Green' come away with a W as the team lost 49-18.

The Spartan defense was incapable of stopping the Bison from trampling over them as Gallaudet ran the ball 53 times for 448 net yards. The Spartans, on the other hand, only managed a meager 320 total net yards. An upsetcoach Rich Alercio was not available to comment as he headed into the locker room almost

immediately.

The Spartans then traveled to Mount Ida College to take on another tough opponent. The Mustangs must have been watching game film, preparing for the Spartan invasion because they too exploited the Spartans inability to stop the run game, racking up 351 total yards on the ground, including five touchdowns.

A 63-yard touchdown pass from Shane Brozowski to Evan Cassidy helped the Spartans avoid the shutout,

but it was not enough to get Castleton going with any momentum.

The Spartans found themselves leaving with the painful memory of 39-7 shellacking fresh in their heads.

The Spartans are now 1-3 overall and 0-2 in the conference. They travel to Maritime New York on Oct. 10 in hopes of catching a spark, looking to start some momentum and put together a small win streak as this inaugural season reaches the halfway point.

First conference loss for men's soccer

By Mike DelDotto
Castleton Spartan

For the first time this season, the defending North Atlantic Conference champion men's soccer team was dealt its first conference loss of 2009 on Sunday, Oct. 4. The Spartans were shut out 2-0 by the University of Maine at Farmington on the road.

"It's a tough field to play

at," said Spartan coach John Werner. "[Farmington] got two [goals] early and it held. I give them credit."

The Spartans outshot Farmington 19-10 in the loss.

The ball found its way into the Farmington box three times in the second half for close chances that just wouldn't fall Castleton's way. The biggest chance came off of the head of midfielder

Zac Conlogue as the ball got past Farmington keeper, Erik Corcoran. Unfortunately for the Spartans, it was saved and cleared by defender Nick Grim.

"We dominated huge stretches of the match at times," said Werner. "It was just one of those days."

Werner said he felt that Castleton was the better team going into the match, and

that he gives credit to the job Farmington did on both sides of the ball.

"Our boys always play hard," Werner said of his team's effort. "They don't get down on each other and always give it their all."

Farmington was the second stop on a two game swing through the state of Maine for the Spartans. Castleton played conference foe Thomas

College on Saturday, Oct. 3, beating the Terriers 6-1.

Thomas took an early lead just minutes into the game, but Castleton went on to score two unanswered goals in the first half and four more in the second half, three of which came from the foot and head of Josh Costa.

"It was a great performance from Costa," Werner said. Costa made his presence

felt in the Farmington loss as well, launching six shots, putting four on goal.

The men's soccer team returns home tonight, October 7, for a match-up against Division III powerhouse, Williams College, who recently cracked the top 25 according to d3soccer.com. The game starts at 4:15pm at Spartan Stadium.



JOHN SHRAMEK / CASTLETON SPARTAN

Maria Arnott charges then net during a 0-0 tie against Norwich on Sunday Sept. 27.

Womens soccer on a roll

By John Shramek
Castleton Spartan

With its 3-0 win over Maine-Farmington on Oct. 4, the Spartan women's soccer team moved into first place in the North Atlantic Conference standings.

After dropping its first five games this season, the team has roared back, rattling off five wins in a row to turn its season around.

Sophomore Maria Arnot says that she feels that the team is playing very solid soccer right now because of the team's ability to pass to each other and play together.

"Our passing game is better than I have ever seen it in the past two years," she said. "There are a few things that we need to work on, but I think we are playing as a team, which is most important."

The 5-5-1 team, which hasn't lost since Sept. 16, has greatly benefitted from solid defensive performances in the backfield. In the five-game win streak, the Spartans have scored 18 goals while not letting their opponents even think about scoring one goal.

"We have three solid defenders and two good goalies, so there is really no flaw [in the team's defense]," Arnot said.

A big part of the defensive success has been goalkeeper Erika Davis, who in four of the past five games has totaled 10 saves. She has also contributed four solo shutout games and one shutout where she split time in the net with Nakita Baldic.

Arnot praised Davis for her ability to handle things on her own.

"[Davis] is good," she said. "I mean, like you said, four shutouts. She is really good at one vs. one. Like I don't think I have seen her let any in."

The Spartan offense isn't struggling either.

In four of the five games during the win streak, the Spartans have outshot their opponents 126-27. But while the shot total is amazing, Arnot says that it isn't good enough just to get the shots off.

"We are getting a ton of shots off, but not finishing. That is one of our biggest problems," she said. "We definitely need to work on that, me specifically."

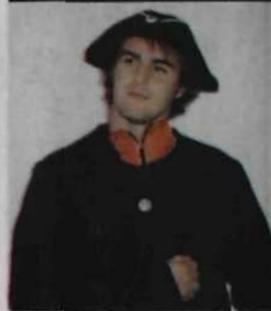
The first place Spartans will attempt to finish their attacks as they try to keep their win streak alive when they host Maine Maritime, a NAC opponent, on Oct. 10.



JOHN SHRAMEK / CASTLETON SPARTAN

The lady spartans celebrate after Courtney Chadburn's game winner.

Ye Olde Sports



Mike DelDotto

We're now halfway through the fall sports season at Castleton. As of October 4, the field hockey team was 3-7 with a 3-0 North Atlantic Conference record, the women's tennis team was 11-2 with a 6-0 NAC record, the women's soccer team was 5-5-1 with a 3-0 NAC record, and the men's squad was 6-4-1 with a 2-1 record in the NAC.

I have seen a recent trend with Castleton sports. That trend is that most of our teams are cleaning up in the NAC, and they deserve some recognition. Also, some teams I have watched are playing much more enticing games against non-conference foes than they are against teams within their own conference. But does this trend speak badly for the NAC? Or is it a compliment to our athletic program?

Castleton has been a name to fear recently in the NAC as some of our teams have been dominating the entire conference. The women's tennis team has won two of the four NAC championships it has played in. It also had an undefeated season a year ago as it 3-0 in NAC play and won the Vermont State College Tournament. The men's soccer team has won two straight NAC championships, and it has a good shot at number three this year. Field hockey will be going for a NAC repeat after the team won its first NAC championship last season. If Castleton were to move up, I think a more solid conference tossed in with our beautiful new stadium, athletic complex and surrounding athletic fields could draw in even more recruits, boosting the talent level that our teams already have. Maybe then Castleton will get the nationally recognized Division III status a lot our teams deserve.

But are we ready?

I am going to ultimately say that, no, it is not time for Castleton to move to a larger, more recognized conference. Not yet at least. Though Castleton may have teams that blow out a lot of conference opponents, we still aren't anywhere near enough total NAC championships between our teams to find a new conference elsewhere. Some teams are right at home in the NAC, battling out great game after great game to the delight of Spartan fans. In the end, it seems like every Spartan team is battling for a title, and that is great for this school.

My hat goes off to those Castleton teams continuing to claim the NAC as their own, and also to those gunning and mucking it up each year getting closer to their own NAC title.

Spartan standouts



Mike Anthony

By Chadwick Cioffi
Castleton Spartan

Both of the Castleton soccer teams have been on a roll as of late. The teams' hot streaks wouldn't be possible without certain key members of the squads. For the women's team, it has been Courtney Chadburn. For the men, it has been Mike Anthony.

Chadburn has been critical to the women's soccer team rolling to its fifth consecutive win on Oct. 4. The winning streak started out in Lyndon, where Chadburn scored four goals for the Spartans in their 7-0 win.

Chadburn's key performances didn't stop with embarrassing the Spartans' North Atlantic Conference foe, though, as she continued her clutch play in two tight games. Against Fitchburg, Chadburn scored the lone goal 23 minutes into the game, giving the Spartans a 1-0 victory. Just three days later, Chadburn showed everyone at Spartan Stadium what her definition of clutch really was when the Spartans defeated Norwich in double overtime.

Working a give and go with Meaghan Blongy, Chadburn received the pass back to her in between two defenders. She kicked the ball lefty, beating the opposing goaltender to the far post for the game winner



Courtney Chadburn

with just six minutes left to play. Chadburn's outstanding offensive play has been a key factor in the winning streak the women's team is currently experiencing.

The men's soccer team has also been on a role, unbeaten in four of their last five games, tying one and winning three in the span. Although the offense has produced 13 goals in the past five games, the defense has played outstandingly. The core of that defense is goaltender Mike Anthony.

Anthony has not only posted three shutouts this year, but has also come through in the clutch for the Spartans. The Spartans tied Norwich in double overtime on Sept. 29. Anthony posted seven saves throughout the match, three of which came in the overtimes.

Anthony's play has been necessary to the Spartans' success all season, and he has been the backbone to an incredibly gifted defense. In the 10 matches Anthony and the Spartans have played, he has only allowed nine goals against him. He is also living up to the expectations set for him around the school. The men's soccer team was named preseason favorites in the NAC, and with Anthony in net, it will be hard for any team to advance past Castleton in the NAC tournament this year.



JOHN SHRAMEK / CASTLETON SPARTAN

Marie Amaral winds up for a shot against RPI on Sunday.

Trouble continues for feild hockey

By John Shramek
Castleton Spartan

With 15:20 left to play in the first half, Stephanie Paproski scored the equalizer, bringing the Spartan field hockey contest against Rensselaer Polytechnic Institute to a 1-1 tie. That score didn't last long, though, as RPI took the lead two minutes later on its way to a 6-1 win over Castleton on Oct. 4.

With the loss, the Spartans fall to 0-7 against non-conference teams this season, bringing their overall record to 3-7.

"We have our sights set on the conference games," said Spartan coach Tammy Landon. "Our non-conference games have really got our confidence down, though."

The Spartans didn't have much to be confident about in this game as they appeared to be flat and tired from their North Atlantic Conference game against Husson the day before.

"Playing in back to back games is really difficult," Landon said. "Not all of the girls had their legs today."

Senior Molly Fraher agreed.

"Back to back games really tire your legs out," she said. "We should be able to play in back to back games, though."

Legs were something the Spartans really needed against RPI as the Engineers made effective passes and kept the ball and the game moving.

The Engineers got all of the offensive threat they would need out of Alissa Peterson and Sandy Turnbull, each of whom had two goals and an assist in the first half.

The Spartans' only goal of the game came from Paproski as she slipped in a perfect shot to the lower left corner of the goal, just out of the goalie's reach. Courtney Nolan gave a beautiful assist with a pass from the far left side of the circle.

The Spartans, trailing 4-1 just under a minute before halftime, had a great opportunity to cut into the lead as Fraher sent a rocket of a shot off to the right side of the goal off of a Spartan corner, but RPI's goalie, Sarah Burcher, made a full-extension save with her stick.

"Pretty good," Fraher said referring to the save after the game. "I never think it's going in 'til it does. [The goal-

ies] have the reaction time to work with."

In the second half, the Engineers picked up right where they left off, collecting two more goals. The Spartans also returned to their first half form as they were unable to get anything going offensively.

"We just couldn't find the nets," Fraher said. "When we did find the shots, they just wouldn't fall for us."

Landon said afterwards that she doesn't think this game will affect the Spartans too much in the long run.

"I think we will be able to forget about this game pretty quickly," she said. "We just have to be happy with the Husson game. We played really well against them."

After all, if the Spartans are really only focused on the NAC games, the 4-1 victory over Husson, one of their tougher competitors, will go a long way to boost the team's confidence.

The Spartans now have a week off before their next game, when they host Simmons College, a NAC opponent, on Oct. 10.

"The week off is just what [this team] needs," Landon said.

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Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

Wednesday, November 4, 2009

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Castleton, Vermont



Halloween fun in photos

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Student directing second film

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Maggie Klein Leads the pack!

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Tune in, WIUV is back in action

By Maria Arnot
Castleton Spartan

"And that was Biz Markie with 'Just a Friend'," said senior Myles Mickle as the eminent song came to a close.

The vibrant red "on the air" sign flashed above Program Director (and DJ) Myles Mickle's head as he spoke enthusiastically to the eager audience listening on the other side of the airwaves.

"You are currently listening to 91.3 WIUV Castleton."
For 30 years Castleton

State College's own radio station, WIUV 91.3, has streamed through the radios of the Castleton community. Last year though, the station faced the potential of being shut down due to poor management and bad conditions.

However, with the construction of the new Campus Center came a brand new studio, and the newest management is taking the studio in a new direction.

"The equipment is so nice," said Mickle. "There was a special budget set aside for

the radio station; I'm thinking it was thousands of dollars. They really hooked us up."

The studio is run by all students, and has received additional help from Coordinator of Club Activities Tammy Lattuca, who Myles says has been an immense help as she has "taken a special interest in WIUV and championed it."

Dennis LaFleur and Patrick McDevitt, both transfer students and co-general managers, are also helping to give the studio a name.

The pair is responsible for

organizing, keeping everything in order, and regulating what is played on the air.

"It's so much fun," said McDevitt. "We can basically play or talk about whatever we want. Like tonight I told a story about a girl who got a bloody nose in the pool while I was lifeguarding today. It was so funny... I did credit her swimming abilities after though."

The DJ's plays their music through their IPODS, and if a

Continued on page 6...



WYATT ALOISIO / CASTLETON SPARTAN

DJ Chris LaPoint mans the late-night mic at WIUV's new home in the Campus Center.



PHOTO ILLUSTRATION BY WYATT ALOISIO

Why is texting so addictive?

By Molly Fraher
Castleton Spartan

Tiny tendrils of dirty blonde hair fall into her face as she walks ahead, one Reebok in front of the other, staring straight down. The wind occasionally blows her thin purple scarf wildly, which often results in it obscuring her line of vision. After five and half steps of trying to ignore it, she gets frustrated, stops and flips it back out of her way with authority.

She proceeds forward, hanging her head again.

But what is she doing?

Looking for four leaf clovers? Searching for that lost contact? Scanning for dropped change? No, no, and—no.

She's texting. She is deeply involved in either a conversation, an argument or a joke. Perhaps even a combination of all three.

But not everyone is as obvious as 'scarf girl,' who walks

with both hands securely fastened around that tiny piece of technology.

Cell phone is to 'scarf girl,' as bottle is to infant.

She rounds the corner and passes a boy on the benches outside of Leavenworth Hall. He sits alone, smiling and giving 'the nod' to passersby he knows. His fitted Yankees hat, almost brand new from the looks of it, shields his eyes from the sunlight, but not from his peers.

He glances down at the front left pocket of his faded blue jeans, and almost instantly his hand reaches in to remove the small, jet-black cell phone from its denim hideout.

'Scarf girl' and 'blue jean boy' are not so different.

Sure, she responds feverishly, thumbs moving a mile a minute, while he pushes down the buttons slowly, almost harder than necessary.

But they do have one thing in common.

They both have illustrated perfectly how students today are becoming more and more of a slave to the vibration, the beep, the double beep or even the customized tone.

Text messaging has become an unstoppable phenomenon.

"As a media sociologist, I am fascinated by it," said communication professor Sanjukta Ghosh, who is well known for her strict 'no-cell-phone-no-texting' policy in class that was implemented her syllabus about three years ago.

"What's so important that one needs to be available and in touch at all times?" asked Ghosh with a look of both concern and astonishment.

Ghosh admits she gets a little miffed when she sees the tiny electronics on students' desks.

"I think it's disrespectful and attention splitting, but as an ob-

server of youth culture, I'm fascinated."

Despite a number of warnings, students still can't keep themselves from responding to a text message, let alone just reading it.

The fact of the matter is, the more you do it, the more likely it is you're going to get caught.

"I was caught once. They just told me to put it away," said sophomore Seth McNary. "I just hid it a little more and kept doing it though."

McNary isn't the only student trying to sneakily send a text every once in a while.

If you look around the classroom environment from time to time, you can find that girl in the corner who has her phone in her lap, constantly glancing at it as if the plane is about to go down. And there's always the boy in the second row who only takes

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It's here! Swine flu reaches CSC

By Jessica Lawrenson
Castleton Spartan

Swine flu is at Castleton as of Monday Oct. 26 according to an e-mail Dean of Students Dennis Proulx sent to the campus.

The e-mail sent some students into a frenzy and led a few to even start wearing medical masks.

"Cut the drama," said nurse Deb Choma of the Wellness Center while relaxing at her desk with her feet up and flanked by a folder labeled H1N1.

"Do not wear those medical masks. First of all, they look hideous and then they just keep the germs you just let out in your face," Choma said.

Choma said there has been only one confirmed case of swine flu on campus and other students are simply battling the regular flu and colds.

The only way the swine flu can be confirmed is through a medical test by a doctor, she said.

Choma suggests that students should take care of themselves while flu season is here. She suggests that students wash their hands frequently and do the "Choma cough and sneeze," which is when you put your face in your shirt so your germs stay with you and not others.

Students should also keep their rooms clean and leave their windows open a crack to have continuous fresh air, she said. What Choma would really like to stress to students is to not stay up all night and keep away from the junk food.

Students have had mixed reactions to Proulx's e-mail confirming swine flu is on campus.

"I thought there were like 10 cases of swine flu, but I'm not really scared of it. I just wash my hands a lot more," Kenny McIlroy said.

Caitlin Lawlor agrees.

"I think that it's ridiculous that people are running around saying that they have swine flu when they only have the common cold they are blowing things way out of proportion and it is ticking me off," Lawlor said clenching her teeth.

While some are not fazed by the swine flu, others are taking more precaution. The girls in Castleton Hall suite 204 have a sign on their door asking if you don't feel healthy to please not enter their suite.

"We do it because if one person gets sick we all will," said Kenzi McCain.

Students are also missing a lot of classes since the e-mail about swine flu went out to students.

"I've noticed that about a third of the students

Continued on page 6...

Where to go for wings? The Lake House or AJ's?

By Sarah Kenney
Castleton Spartan

Pepsi or Coke? Miller or Molson? Frank's or Tobasco? Choices are thrown in your face all day long. They're unavoidable. Sometimes the choices are hard, though, like where to go for cheap wings and beer to start the weekend off.

The two hot spots for the carnivorous activity of tearing meat off the bone with your teeth comes down to AJ's in Granville, N.Y., on a

Thursday night, or the Lake House in Bomo- seen, Vt. on Fridays.

Thursday, the first day of the weekend to most students, kicks off with wing digestion. At AJ's they offer a variety of sauce for your wings from mild, medium, hot to hot hot.

"Their hot hot is sooo hot," warns Graham Monroe, a CSC sophomore.

The wings start at 7 p.m. and end at 11. Unlike Castleton commuter parking lots, there's always parking too, but it's the seating that's

not always vacant.

The tables fill up quick for wing night. Tina Wilson, AJ's manager, was there when the wing event started over 20 years ago.

"Our salesman from U.S. Food Services suggested it to us," Wilson said.

Last week, AJ's sold over 2,249 wings. While Thursday may be the busiest day of the week according to Wilson, they aren't making a profit on their wings.

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ROBERT BURGE / CASTLETON SPARTAN

A group of students enjoy their wings at AJ's in Granville, N.Y.

No excuse not to vote

Ok. So now there's absolutely no excuse for not doing your part in selecting the students who will govern the school.

For the first time ever, ballots for the upcoming class elections can be cast online, in probably less time than it takes students to check their Facebook page - once.

Student government has long been a foreign element to most students, with the exception of the candidates themselves and a select few who like to be involved and aware of the inner workings of the school.

Administrators and student government advisors have long lamented the apathy of students when it comes to not only student government issues, but government issues in general. That changed a bit with the election of Barack Obama after an election

that energized young voter across the country - including Castleton students.

Now that energy needs to carry over to the student elections. There is a three-way race for senior class president this election between Jazmin Averbuck, Stphanie Kopko and Megan Phillips.

The Student Government Association recently sent around an e-mail urging seniors to vote, saying their votes are very important to the democratic process. And with the ease of doing it from your own computer, The Spartan is urging you as well.

Hopefully a high voter turnout will carry over to the SGA elections in the spring.

Elections start on Nov. 9 and an e-mail will be sent out with a link to vote.

Do your part.



JAMIS LOTT

OVERHEARD ONLINE @ CastletonSpartan.com

In response to "Mentors needed to continue program's success"

This is great stuff. Really good post. And if I may I'd like to add a quick note of my own, plus a link to a video. It's a story by Joseph about how he observed a group of kids and suddenly realized that one of them could be the "next Einstein". He decided right then and there to use his talents to help inspire kids.

Great story. Here's the link, hope you enjoy it.

<http://www.ahamoment.com/vote/joseph>

-Mike

In response to "Return of the Alumni"

Maria,
This may seem a little goofy, but I'm concerned. I couldn't help but notice in your column a photo of a beer tent and then a CSC drinking problem survey right next to your column. What is going on there?

Oh and next time I'm at the beer tent why don't you interview me?

-Tom

Indeed it was a great day for the alumni, seeing how the old campus has changed so much. I think football brought back many more alums than in years past.

Congrats to Pres. Dave Wolk on a job well done taking Castleton to the next level.

-Lance M. Lindgren '76

In response to "Fear Obama"

I'm sorry, but I think your missing the point! The point is, there are many things that have transpired since Obama became president that should make a parent question the administration's desire to hand out educational material asking children how they can help their president... do what??...carry out an agenda that they may be opposed to (and for good reasons...such as the ones dis-

cussed by the so-called "nuts" that you were referring to). I think they had good points that should be considered. Unfortunately, when anyone tries to discuss their opposition to this administration (even though it is a growing majority) they are dubbed as fear mongers, radicals, nuts, or even racist!! My child's school posted the speech on their website to be viewed as desired...good for them!!

The speech, fine: Indoctrination, not fine!

-Tammy

...The media calls it fear, the media says Republicans and Conser-

vatives hate, they don't, those are tools to distract you and misguide you. American citizens are like slow boiled frogs, make it a little hotter and hotter and before you know it, you're dead. Liberal government keeps taking and taking and taking and what do they give back? Taxed to death means nothing unless you are the one paying the taxes. Just wait til you have children and make real money, then liberal government takes your money and gives it to those who don't earn it and never will. This puts an end to striving for success...

-Luke Bizzi

Parenting for dummies

Parenting is something that always gets critiqued all over the country and Hollywood is no exception. There are shows like Dr. Phil, Oprah, and countless others that focus entire episodes on putting a family's drama on television.

Sounds healthy and helpful right?

For some families, maybe that's a good approach. But more often than not, it does not work in the end. Maybe it's a wakeup call and they embarrass themselves so much on television that they change their lifestyles. More often, they probably have fun

with their 15 minutes of fame and go back to their ways.

Jon and Kate Gosselin have been at the center of this parenting controversy since they had their kids. America loved the Gosselin clan until television started unveiling the nitty gritty problems of their lives.

Kate Gosselin has eight children -- eight. That should entitle her to have whatever annoying cleaning habits she wants. Jon is entitled to quirks too, but he took a different approach and left the situation.

Articles have been written about how Kate is to blame

or Jon is to blame, but who cares? The show started off wholesome about some family in Pennsylvania, but now has morphed the family into media darlings and villains.

Since when did parenting turn into being about getting famous?

Joe Simpson is another parent who pops up in this controversy. His daughters Ashlee and Jessica are both beyond famous, and that alone is Joe's claim to fame and he could be content with that, right?

But no, he decides to go down in history as a father who is interviewed about his

daughter's cleavage. Creepy much?

What happened to the good supportive family members?

The definition of a family can be different for different people, but central to it is the love you get from that group of people. It shouldn't be defined by how much publicity one is going to receive, or what will make a better front cover. Every family has skeletons in the closet and things people don't need to know.

Hollywood isn't all about bright lights and glitz and glamour, it comes with a price.

THINK TANK

The column of the Castleton Philosophy Club

"Should we guarantee health care for all our citizens?" was our previous question. We received so many responses that we decided to spread them over two issues. Here are the first of them:

Yes, we should guarantee it for every citizen. It is appalling that, in a country as rich as ours, citizens who have worked hard all their lives are forced into bankruptcy due to health care bills.

--Merle Bronson

Yes, I think that health care should be a right, not a privilege for those born in the right class of high riches. At least the minimum help to stay healthy. It's ridiculous that we expect the poor to drag themselves out of the situation that they're in when they don't even have access to the resources that will help them.

--Alexandria Harris

Yes! "The general wel-

fare" requires that we all have clean air, safe highways, and health care.

--Jere Berger

My initial reaction, before the 2009 discussions on this topic, was "Of course!" I have been poor enough at times in my life to be unable to afford health care, and I know it is a scary way to live. Some elements I had not considered have been raised since then, however, and I am no longer certain that health care should be guaranteed. To guarantee health care means to impose it. I think the government imposes enough things on the American public already. I do not condone having another one added. Imposing health care coverage means that every individual would have to have it whether he or she wants it--or needs it--or not. It means insurance companies could justifiably raise their prices for insurance because the payouts would increase when companies

are forced to cover everyone no matter the level of risk. It means penalties and lawsuits for those people who choose not to participate, and it means the money has to come from somewhere. That somewhere is usually the taxpayers' pockets, which are empty enough already.

Perhaps we are asking the wrong question. Perhaps the real question is: Should we make affordable healthcare available to everyone? Making it available is not the same thing as imposing it, and the key word in this version is affordable. REAL insurance reform might help pay to lower the costs to the average person and put coverage within the reach of more families. I am not an economist, but I know that the current plans are untenable--both morally and financially.

--Flo Keyes

I think the real questions isn't should we, it is how should we - we are a wealthy country with more than

enough money dedicated to health care to ensure that everyone receives a standard of care. The system of funding and distributing healthcare is where the problem lies - why spend \$500,000 on a procedure which will extend a life for 3 months when that money could cover 1000+ mammograms? Why do we spend \$1000 on a CT Scan for someone who is showing no neurological signs? Either in a private system or socialized system we need to understand healthcare dollars are a limited resource and need to spend them where the most value is. This would enable better coverage for all.

--Iain Holmes

Join Philosophy Club in LVH 104 on Thursdays during N-period, and on Facebook (search for the group, "Castleton Philosophical Consortium")!

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Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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CSC prefers Facebook over Twitter

By Maria Arnot
Castleton Spartan

At 1:29 a.m. on Aug. 2, Lady Gaga said: "just woke up, headache and the stink of jameison. ahh but the lyrics on the bedside. it was all worth it."

On July 31 at 6:36 a.m. "coffee and a ciggy in Denmark, making hair sculptures, writing music...I could find truth in this red lipstick all day. the joys of a wench."

On Sept. 21, Miley Cyrus told those interested that a "massive zit popped up before Staples which just CAN NOT be there! So I put Desitin (diaper rash ointment haha) on it and it is GONE!"

On Sept. 16 at 1:57 a.m. "Two bowls of ice cream later and I am still hungry. Room service here I come! I loveee late night snacks!"

How and why were these, among millions of other seemingly random statements broadcasted to the public so extensively? Why did Miley Cyrus share the status of her zit with the world, and more importantly, how and why did so many people around the world respond with such eagerness? One simple word: Twitter.

Twitter, one of the newer social-networking sites, allows its users to post brief status updates, or "tweets," consisting of 140 characters or less.

"I think Twitter combines a lot of ...of what makes the Internet exciting into a very simple form and it's about people connecting and it's really about giving people a way of communicating that didn't exist ...it is a perfect complement to everything else," said Evan Williams, co-founder of twitter.com in an interview on Charlie Rose on Feb. 27, 2009.

A person's tweet can consist of a variety of material including basic emotions or actions, links and pictures as long as they stay in the 140 character range.

Once one becomes a member of Twitter, not only can you begin posting your own statuses, but you can follow others as well.

From April 2008 to April 2009, Twitter's growth has experienced an expansion change of 1,298 percent, increasing its number of visitors from 1.22 million to 17.10 million.

Who are these millions of tweeters? Sure, we've all heard about those who the media talks about: those revolutionary people who tweeted their way through the Iranian election, the stars, and even the big news corporations themselves. Where, though, are the



ROBERT BURGE / CASTLETON SPARTAN

normal, run-of-the-mill people?

Not at Castleton State College that is for sure.

Out of a vast poll on campus, only three students and one professor were found to have a Twitter account; and only one of them had made any form of commitment to it since registering this past summer.

"Yeah, I have one. But I don't use it," said sophomore Tyler Mills. "I feel like it's not really a social networking site. It's just more for like, updates."

After talking to about 50 people on campus, it appears that much of the population assumed that Twitter is used solely for status updates. It was a pretty generic response.

"Maybe it is because we are in Vermont," said junior Andy Lacroix. "I mean, it's pretty rural and there doesn't seem like there is much to tweet about in Vermont."

Still, there are millions of users who would disagree.

Castleton senior James Dahlgard, who had the unique opportunity to tour with pop singers Jordin Sparks and the Jonas Brothers this summer, worked a great deal with Twitter, experiencing first-hand how it is used outside of Vermont.

"It is really big in entertainment," said Dahlgard. "Jordin Sparks would update her Twitter 10, 12 times a day."

Dahlgard said that the site is simultaneously ideal for parents and children, as less information [than Facebook] is exposed on the web, and at the same time, kids can follow their favorite stars, as the site allows them to know what their idols are doing all day long.

"It's just the way our society has changed; keeping up with what people

are doing," said Dahlgard.

Instead of getting excited about the features of Twitter, Castleton students always seemed to turn the discussion back to Facebook, and its popularity among their generation.

Even Dahlgard, who was immersed in pop culture and Twitter all summer, brought Twitter's failure to attract college students back to Facebook and their preference of the site.

"Facebook is just so big, and you can't get out as much out of Twitter as you can Facebook," said Dahlgard.

Compared to Twitter, more than 250 million people, about one-fifth of all Internet users, have Facebook accounts. In addition, they spend an average of 20 minutes on the site every day.

Unlike Twitter, which only allows one photo or one link per tweet, Facebook has a limitless photo application and college students often have up to thousands of pictures of themselves.

Facebook also includes a tag feature that allows friends to locate themselves and others in photographs.

"Facebook is more established and has applications and add-ons that make it more entertaining than Twitter, which just consists of status updates. Don't completely take my word for it since I don't know Twitter 'cause I don't have one," said senior Jake McLaughlin.

"I've found more of my friends on Facebook and can keep in contact pretty well with just that. Twitter has not been presented to me in a way that really makes it seem like a really applicable Web site. Plus, I don't feel I'd be interested in keeping up with it enough to update my status as compulsively as some users do," said McLaughlin.

Facebook has also been deemed

more intimate, as its users can leave personal messages to friends of their choice, instead of broadcasting it to the whole world. Although personal information tends to be loosely distributed Facebook as well, users tend to have more control over who views their profiles (accepting and rejecting friend requests), while on Twitter one can "follow" whomever they wish to follow.

"Facebook is more of a social thing. Twitter is just more like, a 'what are you doing' every second of the day type thing. Which I think it's kind of creepy," said junior Chris Mulholland.

Communications department professor Robert Gershon, although with a hint of skepticism, agreed too that Facebook seems to be more useful.

Gershon said that it is often used for re-establishing connections and that even now older people are getting it because their nieces, nephews and other relatives and friends are on the site.

"I arranged an internship for an old student through Facebook, for example" said Gershon.

And the scary thing is that Facebook's popularity does not appear to be diminishing.

On Sept. 16 Wired Magazine announced that Facebook has unveiled a revamped search engine in August, and is currently testing an online payment system. Facebook users have tripled from about 100 million a year ago, and those who are currently using the site have no thoughts of turning away.

"It's tough to say, exactly, what things will look like in three to five years, but there's a lot of work to do in just moving along the path that we've already set out. Right now we have 30 million active users on Facebook. There's a lot more to go. And there a lot of different applications that are going to be developed to allow people to share information in different ways. I would expect the user base will grow [and there will be] more ways for advertisers to reach people and communicate in a very natural way, just like users communicate with each other. All these things will just get more and more evolve," said Facebook CEO Mark Zuckerberg in an interview with Time magazine.

But in the meantime, we must be glad that we know that on Sept. 24 Lady Gaga was "In studio writing music, already used up a whole can of hairspray. Feels like home."

Fresh Perspectives



Lee Jacobson

It's that time of the year again...cold and rainy. We got Halloween coming soon, which is always a hit. I work at the Spirit Halloween store in Rutland and have seen people come in to find a costume and look for hours. One woman was in the store for an hour looking at wigs, one dad was dragging his child to see the scary displays while the child screamed in fright.

Also there's the boyfriend waiting for a couple hours while his girlfriend tries on "Dr. Anita Vibrata" or "Pocahottie", and then sighs while he hands his credit card to me.

Halloween store aside, October means World Series, football and Basketball. The World Series is always epic, even if it's in five games, the epicity is there. Then there is football. I love football. There is nothing better to do on a Sunday than to watch football and eat throughout the whole day. Watching all these sports not only tires me, but takes up most my time here at Castleton. We also had the leaves for a while which is always a good sight to see driving down the interstate. However with the leaves brings the leaf peepers.

In my town in southern Vermont, tourism is a big part of October and November. They also account for a big part of my town's income, so as much as I chagrin to their license plates I thank them for their money. So the tourists are pretty much gone now as the leaves are falling and the rain is coming. The only thing I'm really looking forward to is an Indian summer. The most thing everyone is looking forward to is the snow.

Being a Vermonter and not skiing or snowboarding is considered blasphemous up here at Castleton. See I've come to really not enjoy the snow. It's cold, it's wet and when it's here it's here. I enjoy sledding however, and that's pretty essential. It's key to try and like something to do with the snow, because if you don't find anything to do than the snow is just a big white obstacle. For this North House resident walking through the snow will be an obstacle from Africa to North House. One thing I am excited for is driving my nineteen-year-old Volvo wagon in the snow-covered ground. So let it snow, let it snow, the twentieth year of snow can't be too bad.

Electronic cigarettes, a healthier choice?

By Melissa Pope
Castleton Spartan

Smoking in a classroom? Now cool. Smoking in a movie theatre? Totally okay. Smoking in a restaurant? Even better.

Smoking has never been associated with the word safe and acceptable, until now. There is now a new product on the market called an electronic cigarette. It looks like a cigarette, feels like a cigarette and can taste like a cigarette.

Doug Wemple, a community advisor on campus, is one who has started the trend of sparking electronic cigarettes on campus.

"I've been smoking for around three years. I first started when me and my friends were at a Phil Lesh and Friends concert in 2006 and people sell things in the lots and I remember walking around and me and my friend thought that people smoking cigarettes looked so cool. We found a guy selling cigarettes out of his car and each bought a pack," said Wemple. "It was basically downhill from there."

Wemple saw ads for electronic cigarettes over the summer and started to investigate more.

According to www.ecigxox.com, "It is a battery-powered device that provides

inhaled doses of nicotine by delivering a vaporized polyene glycol/nicotine solution. In addition to nicotine delivery, this vapor also provides a flavor and physical sensation similar to that of inhaled tobacco smoke, while no tobacco, smoke, or combustion is actually involved in its operation."

"So it's basically the same thing as a cigarette but there's no tar or all the crap that's in regular cigarettes," said Wemple.

You'd think cigarette smokers would be jumping at the chance to try this new product, but some could care less.

Brittany Baranowski, a sophomore at Castleton, has been smoking just since this past summer. She tried it because her friends around her smoked and over time it just became part of her life too.

"Electronic cigarettes just taste really sweet, nothing like a cig and it's only nicotine without any of them chemicals so they are better for you I guess. However you are still addicted to nicotine so I feel like it will prolong the addiction," said Baranowski.

These electronic cigarettes come in different flavors like chocolate, vanilla, or many varieties that taste just like a normal cigarette.

The nicotine amounts are

the same as a normal cigarette and there are options to buy high, medium, or low levels.

Electronic cigarettes are available at The Emporium Tobacco & Gift Shop in Rutland. Owner Jim Stone has even used the product himself.

"I used it to help with the quitting process, but I do not market them as a quit product. It is an alternative to cigarettes, but it is the same as nicotine gum," said Stone.

One of the catches with the e-cigs is the price; about \$70 for a starter pack that includes one electronic cigarette, two batteries and charger, and five nicotine cartridges.

"I started smoking officially at like 14, but I had my first one when I was 12. I'm not quite sure why I smoke, it's just become something I do. I've heard of the electronic cigarette but it costs too much money and I'm not really interested in quitting at the moment," said sophomore Joshua Swimmer.

Quitting would be the healthiest option for people, but for some these e-cigs are the answer for the moment.

"Anything that you put into your lungs that is smoke simply isn't good for you," said Wemple.



WYATT ALOISIO / CASTLETON SPARTAN
The construction of the Dunkin' Donuts' at Castleton Corners is underway.

Go nuts for donuts

By Kyle Turner
Castleton Spartan

You drive down to Castleton Corners to get some food from the Mobil station only to realize that it is no longer there.

Until Oct. 21, the pumps were pumping gas and people were buying food and groceries inside. Right now, however, the site is littered with construction tools, out of order gas pumps and a bunch of men working on a new foundation where the building used to be.

The old Mobil is gone, but it's being replaced with a new Mobil - with a new main attraction being a full-service Dunkin' Donuts.

The gas station will basically remain the same except for the addition of the Dunkin' Donuts, a drive-thru and some additional parking spots behind the convenience store, according to Matt Pollack, the general manager of the Midway Oil Corp., which own the business. Blueprints show there will be 14 parking spots, with only one of them being a handicapped spot.

"I think it is a great thing to see when coming through this area. It really adds on to the visual concept of the four Corners here," said John Crossman, the on-site construction supervisor working on the project.

Most people go to Fair Haven to get their fix of Dunkin' Donuts' and the store there is always busy. But as of February, people will be able to kill their Dunkin' cravings just down the road.

"We plan on doing a soft-opening in February and a grand-opening sometime in early March," said Pollack. He said Midway Oil always adds on a Dunkin' Donuts with the construction of a new Mobil station.

"They will get great business in my opinion," said MaryAnn Jakubowski, a tax associate at the Castleton Town Hall.

Castleton students are psyched about the new construction and the coffee that it'll bring.

"At least now I will be able to get my fix of Dunkin' Donuts coffee," said senior Bryce Meyers.



Campus Quips



Mellisa Pope

Question: How do you feel about swine flu and the vaccine?



Whitney McNeil

I feel like everyone should take their own precautions and deal with it how they feel is right. People shouldn't just get the vaccine because everyone else is.



Alexz Blakeman

All vaccines come with a risk but this is supposed to be an epidemic so everyone should probably get it.



Maegan Walsh

I'm scared to get the vaccine because I have heard that it has made a lot of people sick. I get sick a lot though, so I probably should get it because I am scared that one of these times it will be the swine.



Natalie Foster

I believe swine flu is really dangerous for our health as a college society, being as college is the pit of germs.



Justin Hofmeister

Both my little sisters had swine flu and survived, but I believe that it's a big deal. It spreads like wildfire.

Autumn fun for all!



WYATT ALOISIO / CASTLETON SPARTAN

Bryce Meyers entertaining party goers at the student association's annual Halloween Fair in the Shape gym.



ROBERT BURGE / CASTLETON SPARTAN

CSC students enjoy a hike near Birdseye Mountain.



WYATT ALOISIO / CASTLETON SPARTAN

Bobbing for a donut at the Halloween fair.



ROBERT BURGE / CASTLETON SPARTAN

CSC Senior Keiran Conroy throws down a gap to frontside boardslide at Mt. Snow on Oct. 18.

Dorms are for people, not pets

By Julie Whitman
Castleton Spartan

The Castleton State College handbook states that "pets are not allowed in the residence halls with the exception of fish." Despite this rule, this year, the area coordinators have already found a cat and a dog in one building, said Maria Marinucci, the Haskell and Morrill area coordinator.

When a pet is found in a resident's room, there is a specific protocol the AC follows.

"They need to find a way to get it home. If they can't, the Humane Society is one way to deal with it," Marinucci said.

Along with finding the pets a good home, the residents can face disciplinary action. The severity, however, varies.

"There's no black and

white. It's case by case, and our biggest concern is getting rid of it [the pet]," said Christie Wilkerson, the AC for Babcock and the Houses.

Aside from students having pets live with them in their dorm room, having visitors with pets is also an issue.

"If you take pets to campus, don't bring them into the residence hall. They're always welcome at athletic events," Wilkerson said.

Courtney Ianni, a sophomore and CA in Haskell, had a snake living in her suite last year.

"I was just concerned about the whole suite getting in trouble," Ianni said.

While some students choose to keep pets on campus, the area coordinators say the policy to keep them out is a good one.

"I think it's fine because I don't want things to smell! I don't like things that smell,"

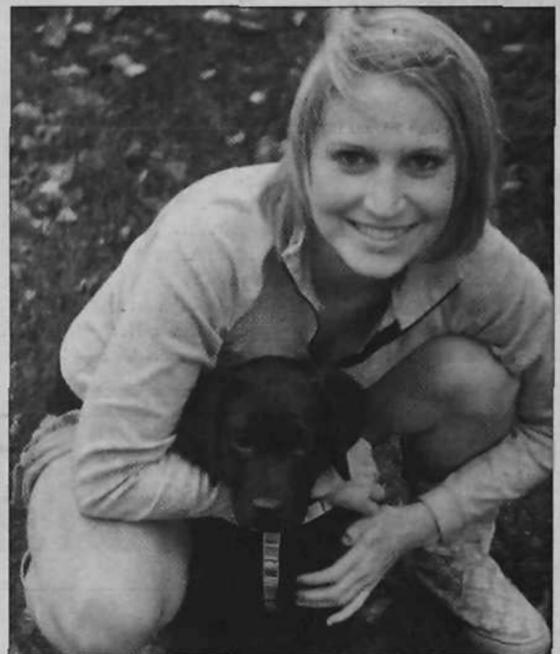
Ianni said.

Marinucci agreed. "I'd like them [the students] to understand why it is in place. We don't want to deprive them," Marinucci said.

Erin Garrity, a sophomore at Castleton, thinks the pet policy should be changed.

"I think that they should make it so small animals, like rodents and reptiles, should be allowed because they can be kept in cages," Garrity said as she sat next to her fish, a beta named "Fishy." Beside her fish bowl was her roommate's fish bowl, which also held a fish named "Lucy."

Marinucci and Wilkerson both have cats in their on-campus apartments. Because they are area coordinators, they are allowed to own cats. "BJ" and "Target" were both rescued from the Humane Society, they said.



WYATT ALOISIO / CASTLETON SPARTAN

Off-campus student Ashley Fillmore poses with her pup Luce during a stroll through campus.

Theater students held hostage

By Julianne O'Connor
Castleton Spartan

The telephone rings. My palms become sweaty and heart starts racing as my right hand moves closer to the phone. It rings again. As I glance around the room, I come into contact with a pair of eyes anxiously waiting for the moment when anything can happen. It rings again. As my hand grabs the phone, I move my right foot behind one of the legs of chair near me. Right before the phone gets lifted, I nod to signify the start. As the last ring is heard, I breathe in and lift the receiver to my ear just as my right foot and left hand start to repeatedly smash a chair against the wall. As the chair is being thrown and yelling starts around me, I hold the receiver close enough to my ear to hear the words, "Hello this is Mike. I'm a negotiator with the Vermont State Police and I'm here to help".

The session begins.

At 7 a.m. on Sept. 25, six Castleton students made their way to Pittsford, Vt. to the Vermont State Police Academy.

Harry McEnery, chair of the

theatre department, received a call a couple weeks earlier that caught his ear. It was from Lt. Reg Trayah of the Vermont State Police. Trayah asked about having a group of theatre students help the department to train the hostage unit. The theatre students would get a chance to hone their acting skills, he said.

The students could be asked to be hostages in a room or the individual holding hostage. When McEnery presented the idea to his Acting III class, there were a few maybes, but no definites. Due to the hesitant response by students, Harry said, "I stopped asking and started telling."

Six students, Morgan Bernhard, Courtney LaFlamme, Ryan Bailey, Jonathan White, Andrew Donovan and I, were chosen.

"There were six students that went and I got resistance from every single one of them," McEnery said.

But why? For LaFlamme, the nervousness was because "it was all improv and working with police and the fact that it actually mattered."

Though the nervousness never passed, excitement among the group started growing.



PHOTO CONTRIBUTED BY LT. TRAYAH, SHAFTSBURY P.D.

Courtney LaFlamme and Julianne O'Connor act out a hostage scene in a state police training exercise.

Although Criminal Justice students may know more about the content at hand and the strategies used in these situations, Trayah said he wanted acting students because he "needed people who could change and work independently" and he knew "Castleton had a strong drama curriculum and most of the academy students would be coming from the northern part of Vermont.

"I wanted a group of actors who were not already connected to law enforcement in that area," he said.

During orientation, Trayah explained the roles the six of us would be playing throughout the day as we communicated with the hostage unit whether it was through a door or via telephone. He said if any of us ever received a ticket from a cop, today
Continued on page 6 . . .

CSC student has big screen vision

By Meghan DuFour
Castleton Spartan

Blood begins to drip all over his Devil's Rejects shirt, the dark red stained knife falls from his cut open neck to the white porcelain sink and his lifeless body falls hard onto the unwelcoming floor. Ethan is dead.

Don't let this fool you. This is not a real suicide and this Ethan is not even a real person. This is a scene from the student film "Thoughts".

Castleton State College's Fireside Café was transformed into a movie set, Sunday October 25, as the production shot a scene with its main characters and handful of extras, it attracted many various stares from the passing students.

The film is written, directed and edited by CSC senior, Eric Kapitan, who spent his past summer writing the script.

"There is a personal story behind it. It was a rough summer," said Kapitan, preparing for the shooting of his upcoming scene, "I just started writing it one day and didn't stop."

"After watching some of the footage, it's very obvious

that Eric has put a lot of himself in this movie," said Scott Brown, the musician lending his guitar skills to the movie. "This film is incredibly dark and interesting"

"Thoughts" tells the story of Ethan, played by Castleton alumni Mike Weins, a college student who is in the depths of depression and psychotic suicidal feelings who fantasizes how his life should be. Whether it's his unconditional admiration for the girl of his dreams Justine or his encounter with watching his roommate commit rape, Ethan is hopeless and lost, and the only way out his fantasies.

"I was really excited to be lead in this movie. I see it as a twisted romantic comedy," said Weins. "The ending is what really got my attention when I read the script, it's a huge shock."

Being a huge film buff of his own, Kapitan's motivation for this film came from one of his favorite movies.

"Dario Argento was a big influence for this movie," he said. "The dreamlike quality and the colors are what really inspired me."

This being Kapitan's second feature length film, he had no problem knowing how



PHOTO CONTRIBUTED BY ERIC KAPITAN

CSC alumn Mike Weins in a scene from Eric Kapitan's movie "Thoughts".

to get started.

"We started shooting in early October. It's pretty much an all student production involving Mike Weins, Ken Holmes, Emily Burnell, Caitlin Lawlor and Hesham Setouhi, but some of the don't go here anymore," stated the director, showing some of his already edited scenes late on a Monday night. "A majority of the shots are on campus too. We have already done scenes at Leavenworth Hall and in the dorms, as well as a pretty gruesome scene in front of the campus center."

With an admiration for

movies all on their own, it wasn't hard for Kapitan to start getting hands-on with his lifelong beloved interest.

"I saw 'Document of the Dead', the documentary about 'Dawn of the Dead', and at the time I didn't realize you could get involved with film outside of Hollywood. So I first got interested in acting, but then did some more research and starting to make my own," he said. "I just love creating my own world and making stories. The best part of the whole thing is seeing the finished product."

"This script is so different

from anything I've ever read or seen before," said Emily Burnell, the female lead Justine. "It's a very shocking thriller."

The film wraps up in November and a possible movie premiere in December, with DVD distribution in the works.

When asked if there was any way to describe this psychological new film to the CSC population, Kapitan responded without hesitation. "One word. Mindfuck."

Jazzin' up your musical selection

By Anders Ax
Castleton Spartan

So I was getting ideas ready for this week's article and I decided to do a more Jazz and horn incorporated show, right? I'm a mild fan of Herb Alpert and the Tijuana Brass, so I wanted to lay some notes down that would make for some good, easy listening.

I was at my boss's house the other night. He's a fan of big band and jazz and he gave me some names. I checked them out, listened for a fortnight, and low and behold it turns out what I listened to was better studying music

than what I gave you!

If you did take my advice, and I wouldn't be offended if you didn't, I should have added a disclaimer stating something along the lines of "don't actually do it." I realized a couple days later that Sigur Rós takes the notion of 'difficult to concentrate' to a whole new extreme considering their good songs are built off what appears to sound like crashes from every type of instrument and utter gibberish in terms of the vocals. Anyway...

Herb Alpert and the Tijuana Brass: Herb is the voice of the trumpeter and com-

poser of the bands music of Grade-A classy sounds such as Whipped Cream, Peanuts, Ladyfingers and Green Peppers. Mind you, this is only from one album (Whipped Cream and Other Delights), which featured, arguably, one of the best album covers of all time. Also, Whipped Cream was the sixth studio album Herb Alpert made and he's done something like 25 albums in his career and I didn't have enough time to get to all of them, nor the financial capabilities.

Buena Vista Social Club: My boss recommended this to me and it sounds as good

as the title makes it. The BVSC was a members club out in Havana, Cuba, that held dances and musical activities and eventually became a popular place for musicians to meet and play in the 1940's. It's a lot of Latin jazz (which is to say they speak Spanish so I don't really understand what they're saying) and salsa influences. Its energetic, upbeat, happy and sounds like a good time. Rarely does music transport me into a cultural feel rather than an emotional feel. This is one of those bands. For those of you who like movies, Wim Wenders directed a documentary under

the same name, and its very swell.

Other names you may be interested in that I highly recommend are Louis Armstrong and Bix Beiderbecke, two extremely influential jazz players in the 1920s, Chet Baker and Stan Getz. If you're also feeling up maybe for a more modern tune to some older hits, check out Whipped Cream and Other Delights: Rewhipped, which remix's all the songs albums from artists such as The Thievery Corporation. Until then, enjoy. Cheers.

SOUNDING OFF

From Munnely's Concert October 8th

...The music I heard tonight definitely made me want to dance a jig! I was amazed at how much control he [David Munnely] had when playing the accordion. I didn't realize it could be played so softly or so quietly, and leave such a beautiful sound, as in the ballads. Also, there seems to be a really distinctive rhythm - almost like contra dance music, but much faster with spontaneous stomps and drum beats. I especially enjoyed the way the two singers sang "Wee Weavers" acappella with the resonance of their own voices. - Linda Limoges

From Dr. Terry Rey's lecture, Healing, Heart, and Hope in Haitian VoDou, October 19th

My belief is Catholicism, which is similar to VoDou in many ways. I found it interesting that our culture has a lot of comparisons to the Haitian culture, especially through Jazz... Although I believe we go to heaven or hell, reincarnation is interesting because it gives a whole new meaning to living properly. I like how Jesus and the Holy Mother are incorporated into both religions and how the symbols of the cross and [the color] white have similar meanings. I enjoyed this lecture. -- Greg Hughes

Upcoming Events

1st Opportunity, Thursday, November 5
Caro Thompson's Champlain:

The Lake Between
12:30

Jeffords Auditorium

2nd Opportunity, November 11-15
8:00 p.m. Wednesday-Saturday, and at 2:00 p.m.

Sunday, the 15th

Casella Theater

Reckless

Tickets required

3rd Opportunity, Wednesday, November 18th
7 p.m.

Casella Theater

The Kevin Locke Native Dance Ensemble

Tickets required

MOVIE REVIEW

By Meghan Dufour
Castleton Spartan

This is proven to us during the recent release of "Where the Wild Things Are". People were packing themselves into theaters nationwide to join in the imaginative world that has been shared with millions of people since the 1963 book, by Maurice Sendak.

We are told the story of a young mischievous boy, Max, that creates his own fantasy land where he is ruler of the few ferocious creatures that populate the mystical world.

The film stays fairly true to the original book, but with a much darker feel.

The audience gets a look into Max's dream world, one that most people would hap-

pily venture into. Whether it's the half creepy/ half cuddly wild things, or the beautiful landscape imagery that gives the film an even more artistic feel.

The visionary director behind this masterpiece, Spike Jonze, took three years to create this film, and the time was well spent, seeing as how he created one of the most vivid and visually stimulating films around. And he used his creativity to its fullest, involving a mixture of animatronics, real-life actors and animated faces to create the cute and somewhat scary Wild Things.

A variety of celebrities lent their voices to the wild creatures, including Lauren Ambrose, Paul Dano, Forrest

Whitaker, and James Gandolfini.

The movie offers both a sense of innocence and maturity, a feeling many films strive to give their audience, but usually fail at. You feel forced to stay grounded and admit to ourselves that it is just a movie, especially after the frighteningly convincing look of the characters and their wonderland.

As someone who rarely likes kids films, this broke the stereotype of every fluffy felt, happy ending, typical Disney type movie. This is an unique childrens movie with personality, gaining adult fans. Something very rare.

BOOK REVIEW

By Wendy Young
Castleton Spartan

Pigeons going back and forth is what starts the friendship between Christian and Princess Marigold. The pigeons are carrier pigeons, and they bring little notes back and forth between the two. While Christian watches Marigold through his father's telescope, she's never seen him. They want to meet, but due to the queen, and the river that is in between their houses, they think that it probably will not happen.

That changes when Christian realizes (by watching through the telescope and some of Marigold's notes)

that the Queen is scheming to take over the kingdom, and wants to kill Marigold! Christian decides to go work in the palace, to keep a better eye on things, and to help keep Marigold safe. With the help of Marigold's pet dogs, the troll that is actually Christian's father, and some last minute inventions, Marigold and Christian are determined to stop the queen.

Once Upon a Marigold by Jean Ferris is a new type of novel. It begins like an ordinary 'once upon a time' to 'happily ever after' story, but the story, and the ending, are not quite as predictable as one would think.

Senior Style



Molly Fraher

As October nears its end, and November approaches, I begin to wonder if November will mistake itself for January, as October mistook itself for December.

For the past four years I've played field hockey here at Castleton, and I think that this past season had perhaps some of the coldest, most uncomfortable days yet.

Time and time again my fellow teammates and I would wear layer after layer, and still we would find ourselves running around a 100-yard field, playing a game that we love.

Some donned pink fuzzy hats, others zebra print ear warmers. Some wore gloves specifically designed to absorb the shock from hitting the ball in cold weather, while others wore mittens. Not exactly easy to maneuver a field hockey stick in mittens, but they made it work.

Of course, this season also happened to be the inaugural season of our brand new artificial turf stadium, which meant we played a lot of night games.

The temperature only gets colder at night.

So on a given Tuesday or Wednesday night, at say either 6 p.m. or 7 p.m. the Lady Spartans would storm the field, decked out in cleats, shin guards, sparkles, braids and a boatload of under armor, ready and willing to represent Castleton State College.

We braved the wind-chill, the torrential downpours and the brisk, sharp fall air that pierced our lungs and stung our eyes.

Day after day we would follow that routine, and occasionally we would have a nice day when a warm breeze would flow over us and remind us of the lost days of summer.

We now laugh and reminisce of those preseason days, and every once in a while it will hit me like a brick wall.

I'm done. Collegiate athletics are over.

But instead of feeling sorry for myself, I feel quite grateful. I've met my best friends through playing this game, and teammates turn into sisters.

When you're with a group of people every day, you grow close.

It's inevitable.

You laugh together, you cry together, you work hard together. For the past four years those girls and coaches have become a second family to me, and to have experienced something like that, I couldn't have asked for anything more.



Texting: a classroom distraction

Continued from page 1 . . .

the phone half way out of his pocket to see if anyone has summoned him since the last time he's checked.

"I usually just text at my side unless the teacher's out of the room," sophomore Roghan Mayock said.

Some students admit that they're actually addicted to messaging.

"I usually respond to text messages within five minutes," said senior Jen Cutter. "It's usually my friends, parents or sister."

When asked if she was addicted to texting, she replied by admitting that she'd be lost without it.

Not everyone caves though when they see that little envelope or the phrase 'txt msg' pop up on their screen.

"If I'm not in class it'll probably take me 30 seconds to respond," said junior Ali Flewelling, who believes that students who text while in class are only hurting themselves.

"Some teachers won't call you out on it, but they will deduct your grade later," said Flewelling. "I usually just turn my phone off when I get to class."

So what is so tempting about this growing trend that keeps students hooked?

Sophomore Brittanie Nolan plays with her light pink Blackberry Curve and explains that with texting, you can chat faster because you don't have to wait for someone to pick up the phone.

Texting becomes instant communication, and that's what cell phone companies are trying to push to their customers.



WYATT ALOISIO / CASTLETON SPARTAN

On verizonwires.com, text messaging is described as a 'fast, fun and economical alternative to phone calls.'

The Web site also stresses the importance of how one can keep their conversations short and private via text messaging.

Nolan also noted that you can keep your texts confidential and that it may be easier to say things via text rather than face to face.

"I haven't gotten caught yet, because I don't do it in class much," she said, "but my math teacher warned the class that if you were caught, it would be read aloud to the entire class."

Some teachers have their strict policies that involve embarrassing their students to discourage them from doing it again, while others use a more laid back approach.

"As long as it's not distracting to me, I don't care what the students do," said mathematics professor Bruce Faulkner.

"If one abuses the privilege then the whole class loses it," Faulkner said. "It puts more pressure on the individual."

Faulkner also attributes the increasing use of cell phones by college students to the increasing use of cell phones by high school students.

"Younger people should only have cell phones to communicate with their parents and for emergencies," Faulkner said, "not to use them as a general entertainment tool."

Student teachers Casey Robert and Richard Levo now know how it feels to be on the opposite side of the spectrum.

Both are student teachers at Rutland High School who admitted to text messaging in a

few classes while at Castleton. Robert teaches social studies to sophomores and juniors, while Levo's expertise is teaching history, working with freshman and seniors.

"As a student teacher you've got to pick and choose your battles," said Levo, "unless it's blatantly obvious, I'll usually let it slide."

Robert has a similar stance on the topic.

"You can tell the kids who are struggling are the kids that are texting and not paying attention in class," Robert said.

Both men stated that the issue of cell phones is usually up to the teacher's discretion, but both admit that it does get annoying.

"It's disrespectful and it's even worse when they think they're being sneaky about it," Levo said.

Robert agreed.

"We all know those tricks," he said chuckling. "It's obvious when a girl is fiddling around in her purse for 20 minutes straight, or when a guy bends down to tie his shoe and it takes him forever."

The only question now is how do we handle it? At one point in time cell phones were considered a luxury, now they're a part of everyday life. Where does it stop? Where do we draw the line?

"I wouldn't be able to live without a cell phone," Nolan said, critically thinking about the topic at hand, "but I could probably live without texting."

So then the million-dollar question isn't how we stop it; the million dollar question is, 'What's next?'

Only the combination of time and technology will tell.

Negotiating release

Continued from page 4 . . .

was payback. He encouraged us to swear as much as we would like and truly give them a taste of the real world. As Trayah looked around the room, his head quickly turned back to where Courtney and I were standing and immediately said that the two of us would be the two people out of the group who would be paired together because we would be dealing with a civil union case involving a 3-year-old.

Other roles included a young man dealing with schizophrenia, an armed middle-aged man who recently lost a job and whose girlfriend and son just left, and a man firing shots because he was paranoid about aliens coming after him. Andrew Donovan got the alien shooter role. Trayah said the roles weren't fiction, but had actually happened. Each actor was paired with a trooper to work with throughout the day and made their way to the hostage scenario locations.

For Courtney and I, this meant going to what looked like an oversized shed into one of its cold, secluded rooms where a phone would be set up for the hostage negotiation. We were told that our names were Samantha and Susan and we had a 3-year-old named Ben. Susan was taking Ben from Samantha and leaving to go live with family out of state when all of a sudden Samantha pulls a gun out and holds the two in a room.

While trying to figure out what Courtney and I should do when talking to the police, the phone rang. We both stopped and stared at the phone. I quickly looked at Courtney and picked up the phone to hear the words of a calm hostage negotiator outside. Five different times that day the phone rang and either Courtney or I was on the phone with someone. We interacted with each other by yelling and hitting our hands on the walls to make it sound as if fighting was going on while on the phone. One of the good things about using a phone is that we had the option to hang up whenever we were angry and wanted to temporarily stop the conversation. As we tried to explain our situation, we were picking up the various strategies used by the hostage teams, like long pauses to give time to the individual inside to think over and register the information.

The Castleton actors went through three sessions of the same situation - each time with a new hostage team - before breaking for lunch. All of us thought we were being really mean and rude, just like the troopers wanted. That is until Trayah came over to our lunch table and told us otherwise.

He said students don't get many chances to yell and swear at cops - so we should truly take advantage of this rare opportunity. He told us to make the final two sessions hell for negotiators. From that point on, the fist banging turned into furniture throwing.

As the day finished up, it was clear the improvisation was becoming a little clearer and we were all becoming more comfortable with the whole situation. By the end of the day, everyone was physically and emotionally drained as we met back up in the common room at the station. As each person returned, more stories were shared about the day's events.

During that time, we found out that our "alien victim" Andy Donovan, had some very interesting stories. Donovan is a history and secondary education major who put his knowledge to good use. During the negotiations, he said he decided to talk about how the government and aliens were working closely together. He stated that the government was hiding these aliens and then releasing them to go and find out specific information. While talking to the hostage team outside, both the team and state trooper started getting nervous when talk of the government arose. Thinking that only theatre majors were improvising these hostage scenes, the negotiation team had no idea that a history major was inside and could easily make something up about the government.

Before leaving, Trayah thanked the actors for their hard work, which he said was very helpful for the hostage teams. As the group headed back to Castleton, members talked about how each left that experience with something different. Some talked about being able to face their fears of improvisational acting while others talked about learning details of hostage negotiating. But all seemed to be wondering when we could return.

McEnery asked if I'd consider doing it again. "Absolutely!" I replied.

New home for WIUV

Continued from page 1 . . .

request is called in and they don't have the song available, it is instantly downloaded via YouTube.

Whether through live DJs, or pre-recorded playlists, there is always music playing.

"The studio is often empty in the mornings and early afternoon," said Mickle. "But somebody can generally be found from six until midnight."

Castleton student Dillon Gringas, who also DJs at WIUV, had the opportunity to see both last year's studio and the current studio, said that the two "cannot even be compared."

"The only flaw is its size; and that is the only con. The rest is all pros," said Gringas.

In addition to Gringas, there are approximately twenty trained DJs at WIUV. . . . And they are always looking for more.

"You just have to go through a brief training session in which you learn the

boards and how to run the computer," said McDevitt.

Neither McDevitt (criminal justice major) or LaFleur (athletic training major) have any interest in pursuing a career in radio, but love DJ-ing for the station, and encourage other students to get involved.

"You can play whatever music you want and talk about whatever you want and when more students do it you get a lot of different music," said LaFleur.

In addition to hiring more DJs, the station is currently looking to hire a program director, a music director, and a business director; all which will be elected by the officials and DJs that are currently affiliated with the station. For more information contact Myles Mickle, Dennis LaFleur, or Patrick McDevitt.

"They have been promising a station for a while and it is finally here; we're optimistic. We finally feel like we have a future," said Myles Mickle with a smile.



ROBERT BURGE / CASTLETON SPARTAN

CSC junior Will Johnson savors every last drop of hot sauce.

Lake House has free wings, AJ's cheap drafts

Continued from page 1 . . .

"We pay about 27 cents a wing," Wilson reveals.

In addition to mouth-watering wings, AJ's charges only \$1.50 for three different drafts. Angelo Scott, the owner, also takes pride in serving 80 bottled beers from around the world. The staff also comes highly recommended.

"The service is really friendly," said Sarah Parker,

an AJ's frequent flier.

The Lake House offers a different take on wings, on a different day and time. Free wings are served Fridays during happy hour from 3 to 6 p.m. The Lake House is on Rt. 30, in Bomoseen, Vt. a mere 5.5 miles away from CSC.

Mauling meat is an inexpensive activity, when just buying the drinks.

"You can go at any age and

eat free wings. All you have to buy is a soda. You don't have to buy a beer," said Zach Mortensen, a sophomore. The sodas are priced at \$2.75, the same price as some of the cheaper beer on tap, like a Labatt Blue.

"Friday's the night to go out, and what better way to start it off than on a happy hour," explains Brad Burns, the owner. College kids and locals alike

gather around the white tables to eat drink and be merry.

"I just look forward to going and seeing my friends . . . Pretty much guaranteed that most of them will be there," said Jeremy Jackson.

Jackson, is an avid Lake House fan. He prefers the way the Lake House prepares their wings by baking them after frying so "they're less runny."

CSC still awaiting vaccine

Continued from page 1 . . .

in some of my classes are missing," said Emma Jennings, a sophomore.

The swine flu vaccine will be available to all students when it arrives at Castleton,

but that date has yet to be determined. It will first be available to those with asthma, diabetes and cancer and to those who are pregnant. But Choma explain there will be enough for all who want to get vaccinated. If students do

not know if they should get the vaccination, they should consult their doctor, she said.

Overall swine flu should not be seen as a large threat to Castleton, Choma said. There has not been one death from swine flu in Vermont

and Castleton only has one confirmed case, she said.

"You all have already been exposed to it so you are probably not going to get it," Choma said.

SPORTS

Castleton moves onto NAC Championship

By Mike DelDotto
Castleton Spartan

All 350 fans fell silent, and the sound of a pin drop could be heard at Spartan Stadium Sunday, Nov. 1. Castleton State College men's soccer goalkeeper, Mike Anthony, stood ten yards away from Johnson State's Ryan Joy. Perfectly splitting the two were a soccer ball and a trip to the North Atlantic Conference finals.

The shot. The diving save! The crowd erupts!

Anthony sprinted the ball to his fellow Spartans and they celebrated the win, which took two halves, two golden-goal overtimes and four sets of penalty kicks. Technically, the game went down as a 2-2 tie, but Castleton will advance, taking a 4-2 advantage in the penalty kicks.

The road to the Spartans' third straight NAC final wasn't easy.

"I give [Johnson] a lot of credit," said coach John Werner, "They did what they needed to do. I give [Johnson Coaches] Brian [Buczek] and Ray [Campanile] credit; they played defensively and hoped for the break."

Johnson's Christopher Keefer got the scoring started when he took hold of a loose ball and slid it past an advancing Anthony in the 32nd minute of the first half. Castleton had spent nearly the entire half in the offensive side of the field, launching 24 shots with nine hitting their target. Johnson, though, held a 1-0 lead at halftime.

"Our message at the half was 'Don't panic, guys, keep playing, keep doing it,' and the guys did," Werner said.

The defensive style from Johnson also took its toll on the Castleton keeper.

"The type of game is probably the biggest mental challenge for a keeper just because you don't see the ball regularly," said Anthony. "If you fall asleep for a second, they can get a counter, and it's in the back of your net and you're fighting from behind—kind of like today."

Castleton continued its assault on the Johnson goal and leveled the score at 1-1 just five minutes into the second half. Johnson took the lead



JOHN SHRAMEK / CASTLETON SPARTAN

Sean Fitzgerald goes up for a header during the semi final game against Johnson State on Sunday, Nov. 1.

again on a corner kick from Keefer to Ryan Demars in the 17th minute of the second half. That lead would continue for another eleven minutes.

Those supporting the green and white would not be disappointed, though, as Castleton's Billy Lund crossed the ball from 35 yards out, putting it right at the head of Greg Klopfer on Johnson's doorstep. He leveled the game at 2-2 in the 28th minute.

After 20 minutes of scoreless overtime soccer, the match went into penalty kick format.

The fans migrated to the south end of the stadium to watch the penalty kicks and sing the international soccer anthem, "Ole, Ole."

Josh Costa, Corey Robbins, Greg Klopfer and Jon Vogt scored on each of their chances. Johnson's first and third shooters, Noor Bulle and Victor Abass, scored, but Chad Keonig was stopped by Anthony, leaving it up to Joy, facing a 3-1 shootout deficit, to keep the Badgers alive.

Anthony gave the silent crowd everything they were praying for with his diving save.

"What did I think of Mike's save?" asked Nick Bellizzi, laughing. "It was amazing, he's a monkey. The stuff he does is inhuman."

Bellizzi is excited to be in the NAC championship, yet again, for his senior year.

"It's pretty special considering it's my fourth and last year. So it means a little bit more, but I want to win it just as much as I did any other year," Bellizzi said.

Field hockey team to host NAC semi

By Robert Doran
Castleton Spartan

In this past week, the Lady Spartan field hockey team traveled to the University of Maine Farmington, looking to set the tone for the playoffs as well as capture a first round bye.

The game went back and forth, remaining close from the time the clock started to tick, to the time when it showed all zeros.

Although the clock had run out in regulation, the game was still unsettled.

Overtime one and overtime two passed without either team able to put another goal on the board. Penalty shots were all that remained to decide the game.

The Spartans were up to the task, though, and scored on their first three shots, winning the penalty shots and the game.

With the win, the Spartans secured a first round bye and home field advantage for the semifinal game on Wednesday, Nov. 4 at 2:00 p.m.

"It was a rough start to the season but we are where we want to be now," said Molly Fraher, a senior captain and four-year veteran.

Rough start was right choice of words as the Spartans began with an unimpressive 0-5 record. The team eventually shaped up, though, and went on to finish with a 9-9 record. While their overall record may look a little weak, the Spartans

record in the NAC makes up for it as they are 6-1 in conference play.

"We have definitely grown together as a team throughout the season, and that has shown in our games," Fraher said.

Coach Tammy Landon agrees with Fraher, saying that the early problem was too many new players in new positions. The team stayed tough, though, and turned the season around after some growing pains.

As the old saying goes, "It's not how you start, it's how you finish." The Spartans took that saying to heart, winning their last five games, rumbling into the playoffs. Their last game of the regular season was a

decisive 6-0 victory against Daniel Webster.

With the bye week this week, the extended rest may help the Lady Spartans regain fresh legs for their enormous home semifinal game.

"I think the rest could go either way for us," said Fraher, "Fresh legs will obviously be a help."

Coach Landon's expectations for the team should be high considering the success the team as had in the past but keeping modest she said she wants to compete.

"It's a rematch of our last game against U Maine that we won in penalty shots so it should be a good game," said Landon.

Spartans earn first ECFC win

By Chadwick Cloffi
Castleton Spartan

The Spartans were in a two-minute drill, down by one point, and facing a winless Becker defense hungry for its first W.

Quarterback Shane Brozowski had been perfect in the fourth quarter completing all four attempted passes, his fifth attempt was completed for the game-winning touchdown.

Castleton survived the back and forth battle going ahead 49-44 in the last minute of the game, and held on to earn its first ever Eastern Collegiate Football Conference win.

On the seven play, 60-yard game winning drive, the Spartan offense had a no quit mentality as they converted crucial passes and executed play calls to perfection. On a fake bubble screen freshman wideout Adam Farmer dove to catch a Shane Brozowski throw that set the Spartans up at the Becker 12-yard line.

"Our offense scored touchdowns on the final four possessions," said head coach Rich Alencio proudly.

The Spartan offense was fueled by Brozowski's efficiency through the air, as he went 18 for 32 for 241 yards with three passing touchdowns and a rushing touchdown.

Freshman running back Tyler Carpenter held down the running game

with a 298-yard and three-touchdown performance. Carpenter scored on runs from seven, 22, 25 yards from the line scrimmage.

"He's unstoppable, he broke away from people today," said Alencio. "He was running the ball with three guys on his back."

The game started out in Castleton's favor, as the Spartans jumped out to an a 14-0 first quarter lead after a 12 yard touchdown pass by Brozowski and a 25 yard run by Carpenter. But Becker turned it back into a contest when the Hawks scored three straight touchdowns and going up 21-14 on the Spartans. Castleton rebutted back to even the score at 21, but Becker was able to kick a go ahead field goal before halftime.

The Hawks were ahead of the Spartans 31-28 entering the fourth quarter. After Carpenter's third touchdown run of the game, Castleton found itself back on top 35-31, but gave up the lead two minutes later. Brozowski ran a quarterback sneak to give the Spartans the advantage with seven minutes left to play. Becker went on an eight play, 55 yard drive to punch in the game tying touchdown, then kicked the go ahead extra point.

"I was just thinking we needed to get into field goal range," Carpenter said of the Spartans exciting game winning drive. "We were only down by one so a field would have won it, but we were

driving the ball downfield all game."

After Brozowski and Farmer hooked up on a 33-yard pass play the Spartans were in the Becker red zone. The Spartans went to Carpenter twice before calling a timeout on third down. On a third and four situation Brozowski connected with freshman receiver Anthony Simms for the game-winning touchdown.

"Honestly, I've never played football before. I have never felt this kind of excitement in any of the three sports I played in high school," said Simms.

A week before the Spartans saw how mistakes could let a game slip away when they lost on big plays to Husson, but Carpenter said they have been conditioned to forget their mistakes on the field.

"Coach Alencio told us, if you're driving on the highway looking in the rear view mirror you're going to crash," Carpenter said of Alencio's

Castleton will close out its inaugural season with in-state rival Norwich. The Spartans are 1-2 at home this season, and realize the challenge Norwich will bring into Spartan Stadium.

"Norwich is at a whole 'nother level," Alencio said, "we need to play a perfect game to be able to hang with those guys, but the great thing is our players have the confidence to go out and play like that."



PHOTO CONTRIBUTED BY ENNIS DULING

Maggie Klein leads the pack on the way to a second place finish in the NAC finals.

Klein stars for XC team

By Robert Doran
Castleton Spartan

The NAC Championships for the Spartan cross country teams were held in Poultney Vt. on Oct. 31 at Green Mountain College. The Spartans had strong performances from a number of different runners helping them finish second overall in the women's race and fourth overall in the men's race.

The women's team was anchored by Maggie Klein's outstanding performance coming just shy of a first place finish, finishing second behind the leader with a time of 20:13. Klein ran a pace of 6:31, just eleven seconds slower than the first place finisher from Maine Maritime. Teammates Lauren Cosgrove and Amber Ruscoe finished not too far behind in 13th and 17th place respectively, helping the Spartans capture the teams second place finish.

The men's team finished in fourth place in their race with a strong performance from Nohea King, who finished ninth overall only 20 seconds off of the pace of the leader. Isaac French and Nick Grasso followed up King not

too far behind finishing in 12th and 13th place respectively.

The gutsiest performance of the weekend, and maybe of the season came from Nic Soares, better known to many on campus as 'Powerhouse.' Soares ran his final race with an injury that should have kept him out of the race all together. Although Soares didn't compete for the lead at all, he raced for his pride and for his team.

"Nic said he was a senior and was determined that this was deciding the conference championship and he was going to run," coach John Klein said. "I knew he wouldn't get seriously injured but it was still going to be painful."

For Klein, the second place finish capped an amazing season that saw her named NAC female runner of the week four times.

Her accomplishment was also noteworthy because she ran most of the season with a broken right wrist.

"For her to do what she did with a cast on her wrist—I'm real proud of her," said coach Klein.

The team will next compete in the ECAC championships.

SPORTS

Lady Spartans rollin' to the 'ship

By John Shramek
Castleton Spartan

Ashley Ledoux took a pass from Maria Amot and lofted an arching shot into the air. Everybody on the field and in the stands stopped what they were doing, holding their breath in anticipation. The ball, which was flying in a Matrix-style slow motion, curved and dropped just enough to bang off the corner of the crossbar and the right sidebar.

With that, the top-seeded Castleton Spartan women's soccer team took a 1-0 lead in its semifinal match against the University of Maine-Farmington.

Ledoux's goal proved to be all the Spartans would need to punch their ticket to the North Atlantic Conference championship game as they won 6-0.

Courtney Chadburn and Sarah Ethier each contributed two goals in the victory. Kelly Gerken contributed one.

"It's a really satisfying win," coach Chris Chapdelaine said with a smile that reached from ear to ear.

The Spartans entered the game with an 11-0-1 record in their last 12 games. But with a week off from a bye in the first round of the playoffs, some people wondered if the team would be able to keep up the spectacular play.

Chapdelaine was one of those people.

"Yeah, you always worry about [rust]," Chapdelaine said. "You do get kind of nervous about it. We planned our practices to be intense and tough, though, and I guess it worked."

Castleton was in fine form in the game, controlling the offensive attacks in the contest, outshooting the Beavers 31-4. The Beavers were lucky they got any shots off at all, as the Spartan midfield and defense was tough to get past. Whenever it looked like Maine-Farmington was about to make a big run, Carisa Chadburn or Katie Hoxsie were there to put a stop to it.

Spartan keeper Cady Kerin played the entire 90 minutes, making one save in another shutout victory.



Courtney Chadburn rifles a shot against University of Maine-Farmington

A shutout at home is not something new to the Spartans this year, as they haven't let a goal be scored against them at Spartan Stadium in nine games, going 8-0-1 in home games.

"I don't know if they buried something here under the field or not, but we love playing at home, and we seem to play really well here," Chapdelaine said.

Home field advantage is certainly going to be a big confidence booster to Castleton as the Spartans look to defeat Husson for a second time this year. The Eagles were picked to be the number one seed in the preseason poll.

Chapdelaine, though, seemed confident that his team will be ready for the challenge

come game day. "In the past we have come into big games and not put teams away," he said. "We [put Farmington away] today, and if we can do that against Husson, I'm anticipating the same results as what we saw today."

Castleton will host the championship game on Nov. 7.

Volleyball team wins playoff match-up

By Nicole Parker
Castleton Spartan

Spartan's Year	Volleyball Home	Win's Quarterfinal	First Match
By Nicole Parker			

The Castleton Women's Volleyball team won its first ever North Atlantic Conference Quarterfinal Match against Lyndon State College 3-1 on Saturday, October 31.

With a 2-0 record against Lyndon in the regular season, Castleton was confident about Saturday's game. Captain Hillary Greenfield had a mixed feeling going into the game. "Going into the game, we were very nervous, even though we knew we already beat them twice. So the mix of nerves and excitement helped us pull through."

Castleton came out to a quick 2-0 lead, with strong offense by Jamie Lemieux and Ashley Keppa. The pair also paced the Spartan's defense with a combined 25 digs.

Castleton struggled in the third set, eventually losing 25-20 to the Hornets.

The loss did not faze the Spartans, as they fought to a thrilling 26-24 win to clinch the match. Lemieux had nothing but good things to say about the team's effort. "Our team loves to catch up. Once we get everything together mentally, things really go smoothly. I am so proud of the girls for stepping it up and winning the match."

The win on Saturday was the first ever NAC post-season win for Castleton, making it a historic victory.



Captain Hillary Greenfield attempts a kill during the first round of the playoffs.

With the absence of Head Coach Bethany Torrice, Assistant Coach Karen Bahr stepped up for the Spartans. Torrice traveled to SUNY-Cortland for the Women's Ice Hockey season opener.

With the win, the Spartans move to 14-7 on the season, 6-2 in conference play. They will travel to Husson on November 7 for a NAC semi-final game, in hopes of making it to their first ever NAC Conference Championship. First serve is set to fly at 12 p.m.

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Spartan standouts



By Chadwick Cloffi
Castleton Spartan

The women's soccer team has put up some ridiculous numbers this season. Numbers that can't go overlooked or unrecognized, but rather should be praised and impressed by. The numbers are even more impressive when the season is looked at as a whole. Considering the Spartans started the season with an 0-5-1 record and that they were outscored 20-2 in those matches, any positive statistics were buried under the mountain the team would soon have to climb to reach success once again.

After being shutout in five of the first six games, the Spartan defense and goaltending has played as close to perfect as possible.

Castleton has not only won 11 of the last 12 games, tying a match against Plymouth State, but it has also outscored its opponents 47-3 during that stretch. All three goals against the Spartans came in their tie, giving the Spartan defense and goal-tenders 11 shutouts on the season.

Shutouts are impressive enough on their own, but the fact that the Spartans have outshot their opponents 369-83 in the last 12 games has allowed the defense to execute with poise. The home field advantage throughout the North Atlantic Conference tournament can be attributed to the Spartans 8-0-1 undefeated home record this season. An undefeated home record is nice and certainly a sign of dominance, but not a

single goal has been scored on the lady Spartans in any of those nine home contests.

The entire team wins standout honors this week because of the offensive pressure the Spartans have applied in the past 12 games, and because of the defensive poise during those contests. The team as a whole seems to have peaked at the right time, and if all goes to plan, they should be holding a NAC championship plaque in three days time.

For all of the doubters, think about this: the Spartans go into the NAC championship with 52 days of undefeated soccer under their belts. I think the girls have forgot how to lose and will continue their scoring frenzy and shutout habits.



NAC mvp, Michelle Podnecky hits a backhand.

Tennis teams wins NAC

By John Shramek
Castleton Spartan

The top-seeded Castleton State College women's tennis team defeated second-seeded Lyndon State College 9-0 on Oct. 17, capturing its first North Atlantic Conference championship win since 2005.

Michelle Podnecky, Charly Klaas, Kate Bucci, Brynn Paraschos, Brittni Racine and Chelsea Crehan all won their singles competitions easily. The doubles pairs of Podnecky and Bucci, Klass and Paraschos and Racine and Crehan also dominated their Lyndon opponents.

Coach Paul Cohen was pleased with the effort.

"We played like champions," Cohen said. "When you are lucky enough to be

a heavy favorite in a tennis match, the biggest challenge is keeping your level of game up. Our team did."

Podnecky in particular was at the top of her game during the tournament. Her outstanding play earned her the title of tournament Most Valuable Player.

"She's just a great player," said Cohen, this year's NAC Coach of the Year. "She's the total package."

Castleton now gets the chance to participate in the Northeastern Athletic Conference tournament on May 1. The winner of that tournament will receive a berth in the NCAA tournament.

"It's nice to be able to win the conference," he said, "but having the chance to move on and play something bigger is really great."

Ye Olde Sports



Mike DelDotto

I stand tall over the fresh, new fields on the Castleton State College campus. My glowing dome of light can be seen on many nights from the hills surrounding Castleton. I am Spartan Stadium and I have become a staple in my short time at college.

I resemble a 19th century railroad station, but instead of passengers I house fans, and instead of trains, I cater to football, field hockey, soccer, and lacrosse. My first official game was a loss from the defending North Atlantic Conference Champion field hockey team to Kean 6-0 on September 1. It would take another two weeks before the team would get their first win, and now they head into the NAC tournament with the second overall seed. Yet another successful Castleton squad. But 4,030 of my newest friends stamped to my gates on September 5, to watch my first collegiate football game where the Spartans defeated Anna Maria 42-28.

Every team that calls me home refers to me as a facility, but I am so much more. I am the initial brick lain on Castleton's pathway to future Division III prominence. I am the pride of over 185 college athletes gazing towards my lights in the distance as they stroll to class. I am the host of Vermont Principal's Association Field Hockey State Championships, and the inaugural "Bucket Game" between Spartans football and Norwich football. Vermont's only inter-state, college match-up of 2009.

I am also you and other Spartan fans alike. I am Tyler Carpenter, scoring the first touchdown in Spartans football history. I am Ricky Fan painting my face green and white while tailgating in Ellis parking lot, Frankie flute and the rest of the Spartan marching band, and Jenny Cheerleader and my fellow squad members beginning the "We are Spartans" cheer. I am all those who have found even more pride in the "small college with a big heart" through athletics.

I try my best to give the athletes a comfortable home so that they may entertain you and all fans alike, and in hopes you will continue to visit me. Since I have opened, Men's Soccer attendance has nearly doubled since the year before, and I average about 3,000 fans for every home football game. I just wish there were more.

It saddens me that the fall sports season at Castleton is drawing to a close. I'm sure I will spend the winter months in the freezing Vermont snow seldom lit or visited. I will sit there in the cold, a slumbering giant, waiting for the first pounding of lacrosse cleats in the spring and the rustle and stirring of more fans emerging from their warm winter dwellings, eager to be outside.

Will next season bring the same friends? Will my beauty fade? Will I slip and become just another athletics facility in a year's time? Or will more Spartan fans return and rejoice as their teams do battle? Only you the fan can determine my fate.



Castleton Spartan

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Castleton, Vermont

Beer, wings, and bowling!

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Killington is finally open!

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An inspiring title captain

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Nursing department to expand offerings

By Keith Goulette
Castleton Spartan

The Nursing Department at Castleton State College has been having a bachelor party of a different kind, a bachelor's degree party that is.

Saturday, Oct. 24 brought many prospective students and

their parents to the campus for an open house. In particular, the students interested in pursuing the nursing program got an exciting bit of information: the nursing department was, at the time, in the process of trying to introduce a bachelor's degree to the department.

"In order to create it, you

have to establish the need for it," said nursing professor Susan Hogan, adding that a recent "needs assessment" conducted by Assistant Professor Kim Ratelle showed that people in their "catchment area" of Rutland and Addison counties wanted the expanded program. "A lot of students were inter-

ested in it," exclaims Ratelle. "We researched other nursing programs in order to find the best model for our program. We decided on a '1 plus 2 plus 1' model, which utilizes the current associate degree program as a foundation and then adds a bachelor's level curriculum in order to meet

the criteria of a BA program," said Hogan. "Expanding the program will impact other departments in that it may add extra classes to accommodate nursing students, such as psychology or ones included in the four frames."

The process of introducing a bachelor's degree pro-

gram isn't as easy as simply conducting a needs assessment survey, however. There is a process they have to go through to apply for approval from the Vermont State Board of Nursing.

This includes writing the curriculum, having a faculty
Continued on page 6...

Town tackles bad behavior

By Jennifer Waite-Harsha
Castleton Spartan

Castleton residents may no longer be allowed to cuss or play their music too loud.

The Castleton Select Board on Nov. 9 agreed to post noise, disorderly conduct, transfer station and unlawful mischief ordinances, which if passed, could impose fines up to \$250 on offenders.

The board discussed only the noise ordinance, which states "any unreasonable noise shall be considered a public nuisance" and "it shall be unlawful for any resident of a premises to allow a social event occurring in or about the premises to produce unreasonable noise."

"We're looking at behavioral situations and trying to change behavior," said Town Manager Charles Jacien.

In a follow-up telephone interview Wednesday, he said the ordinances are "not aimed at just college kids" but targeting "a wide range of folks."

"I'd like to drop the whole thing," Select Board member Cristine Smith said during discussion of the noise ordinance. "I think it's subjective and unable to be enforced. I don't think it's a fair ordinance at all."

The four ordinances will be posted in the post office and town hall. They could be voted on as early as Dec. 14.

Also on Monday, the Select Board discussed the numerous false fire alarms at Castleton State College.

Since the beginning of the year, about 70 false alarms have occurred causing board members to consider a fine system that could cost the school \$18,000 a year.

Selectman Patrick Egan said most of the alarms are due to things like "burnt hot dogs, burnt popcorn." But the problem is a real one, he said.

One of these days the school is gonna burn and nobody is gonna show up," he said.

Castleton officials realize there is a problem and are working toward a solution.

"We spent the summer researching the issue," said Bill Allen, dean of administration, in an e-mail interview. "We could go back to having public safety respond to the calls first, but that would require the Fire Chief and Town Manager to sign off on that process. When we met with them
Continued on page 6...



ROBERT BURGE / CASTLETON SPARTAN

Nydelis Ortiz (left) socializes with friends, Katie Momot and Angela Ameden.

CSC's own Miss Vt.

By Melissa Pope
Castleton Spartan

Castleton State College has been in the press a lot lately with its new football team and new Campus Center. But now it's home to Miss Vermont USA.

Nydelis Ortiz, a Castleton senior, recently claimed the crown of the Miss Vermont USA pageant and will be competing in the national competition against contestants from all the other states this spring.

Ortiz started pageants when she was about 14 after one of her high school teachers who directed pageants suggested that she enter. Ortiz entered and didn't fare so well, but she said she found it was something that she enjoyed and wanted to pursue it more.

Ortiz is originally from Puerto Rico. She then moved to Burlington, then Vergennes and now she resides in Essex when she isn't away at college. Interestingly, Ortiz said, the last Miss Vermont to win the Miss America pageant was Charlotte Lopez about 40 years ago and she too was from Puerto Rico. And the last time a Castleton State College student won the Miss Vermont title was in 1990, when Stephanie Bessey of Chester was crowned.

"There are a lot of stereotypes attached to pageants and pageant girls. It's a really great way for young women to gain confidence, interview skills, and help them attain jobs in future. It's also a good outlet for young women. They can



Nydelis Ortiz

focus on something good and positive instead of partying all the time and going out," said Ortiz.

Winning Miss Vermont has been a dream of Ortiz for quite some time, but certainly wasn't her only goal. She is a senior at old 20-years old and is double majoring in Spanish Language and Literature and

Spanish for business with a business minor.

"I feel like I've accomplished a lot. I am the first person in family to go to college. That's something to be proud of. I'm doing something very good and making my family proud. When I won it was kind of like a surreal moment. To be honest, after my name got called it all was just kind of a blur. I remember shaking really, really bad," she said through a wide, white smile.

Senior Nathan Long has been friends with Ortiz since 2006 and has seen her progress through the years with her pageants. He even attended the pageant this year.

"When I went to Miss Vermont USA this year I wasn't really sure what to

expect. It was surprising to me how intense it got. It was really suspenseful. That being said, we had already expected her to win because she has a significant amount of experience and knows a lot about what the judges look for in terms of presentation and substance. She also had a lot of support from the crowd. It was odd because there were random pockets of people with Nydelis signs that would scream her name whenever she went up. You don't realize how many people really pay attention to these things until you are there. There was a lot of excitement surrounding her and the event—it was great," said Long.

What's next for Ortiz?

Months of training and
Continued on page 6...

Pub Night is now an accepted event

By Meghan Dufour
Castleton Spartan

Typical behavior for Castleton State College students on Thursday nights seems to be changing these days from being regulars at the local bar "The Dog" to regulars at the college's Pub Night.

Tables were packed and seats were filled on Nov. 5 as Long Trail beers and free pizza were served behind the voice of CSC comedian Doug Phillips and music blowing out of the turn-table from student DJ Jeff Dayton.

"I went to a few nights last year and it didn't seem as busy as it is this year," said senior Liz Garibay. "You can definitely see more support

from the students just by looking at the crowd of people there."

With Pub Night being at the peak of its popularity, it's hard to look back to a time when it wasn't a Thursday night option.

"The project got started from the class Communities in American Society. It was a project the class took on to help build community experience," explained Sociology professor Philip Lamy. "They wanted to make a place where everyone could hang out and come together, and the class chose to start the pub."

Pub Night's main purpose is to bring together the Castleton State College community at all times, but having it only be one night a week is something that could stand in the way of their

main objective.

"Our main goal is to have a place for people to go at all times and be able to hang out," said Wyatt Andrews, CSC student involved with Pub Night since 2007. "We are looking into making this more than just Thursday nights, we want to go towards a full time operation. We have Open Mic nights on Tuesday's and are just trying to get this to be more than a couple nights a week."

Communities have many places that people can go at any time to hang out and they always know it will be there, and students wanted that same opportunity on campus.

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ROBERT BURGE / CASTLETON SPARTAN

Professor Philip Lamy helped get Pub Night started and now plays drums for the Pub Night Players every Thursday.

Boozin' at CSC

Drinking is something that is always talked about on college campuses.

Castleton has had its fair share of publicity about drinking this year, with the Rutland Herald article written about a Crystal Meadows party at which numerous students were given drinking citations.

But one thing that hasn't been profiled in the local news is the schools weekly Pub Night. Most everyone on campus is aware that Pub Night is held Thursday nights in Huden. Students can go there, have a drink, check out live entertainment, and hang out with their peers and professors without having to leave campus.

The local college bar known as, "The Dog," has long been the Thursday night hot spot. It gets most of its business by promoting 50-cent drafts.

Pub Night is different, supplying a responsible safe environment for people to come socially drink and hang out.

The Dog on the other hand, is known as a place of excess. Many feel to have a good time there requires countless beers.

When Pub Night started The Dog was still by far

the more popular Thursday night place to be. But with live music, comedy, free pizza and a more mellow atmosphere, Pub Night has gained acceptance.

So congratulations to students and faculty involved in Pub Night. They offer a positive venue where drunk or sober, a student or professor can come and have a great time. For faculty members, like professor Phil Lamy, who helped establish pub night the vision has been realized. It is an event where students can interact with teachers on a mature level outside of the classroom, whether over a beer or not.

Pub Night has shown us it is possible to have a few drinks, socialize with peer and professors and remembering every aspect of the Thursday evening.

Although organizers thought it might never happen, Pub Night finally has a permanent home in the Spartan Room in Huden Dining Hall.

So next Thursday night, instead of running to The Dog grab your favorite professor and head on over to Pub Night.



The freedom of choice

Put yourself in these shoes: You're a 19-year-old sophomore at Castleton State College, you're working a part-time job and trying your hardest to stay on top of both. Chaos is a good way to describe these college years. Now add this to your stress level: That one-night-stand last weekend just turned out to be more than you bargained for. You're now a full-time student, part-time employee and a parent-to-be. Now what?

Well, according to the new bill making its way through the U.S. legislature, you're out of luck.

The Health Care Reform Bill was passed by the U.S. House of Representatives on the evening of November 7th by a vote of 240-194. Under this Democratic legislation, President Obama's health care goals would nearly be within reach. This bill, if passed, hopes to cover up to 21 million Americans by 2019 by reducing health care costs, guaranteeing access to quality, affordable health care, while still allowing patient protection and increasing the health care options currently available to Americans. Sounds great, right? One problem. Not quite everything covered under this plan. So what got left out? The Vets? College kids? Surgeries? Meds? Nope. Abortion- surprise, surprise.

This bill would prohibit the government insurance

plan from covering the cost abortions with the exception of extraordinary instances such as rape, incest, or cases where the mother's life is in danger. The bill would also prevent Americans that receive federal health subsidies from using that money toward an abortion or purchasing an insurance plan that covers abortions. Insurance companies that do provide abortion coverage would not be federally assisted and would be required to offer an identical policy without abortion coverage.

So where do young women turn to? An abortion can range from \$150 to \$1,000 with the national average cost about \$490. This is a staggering amount of money for a young woman, or even a couple, to provide without any help from the government. It is estimated that without public funding about 1.3 million additional unwanted pregnancies would occur. Inevitably, this would lead to issues within the socioeconomic structure of the United States (which is in such good shape now, anyway).

It must be taken into consideration, too, that although abortion is a moral issue, a religious issue, and so on with whatever other issues people have with abortion, that it is a (currently) legal medical procedure. I don't see anywhere in this bill that the U.S. House is telling Americans they can not get

their appendix removed.

"Like it or not, this is a legal medical procedure and we should respect those who need to make this very personal decision," said Rep. Diana DeGette, D-Colo. in an interview on Nov. 9.

But this isn't simply an issue about cost. This is an issue that falls back on young women in the United States and the government controlling their right- our right to control our own bodies. If this bill is passed, women across the nation will be abandoning their reproductive rights. And who are these middle-aged, balding men sitting on Capitol Hill to tell us what to do with our bodies? According to abortion rights advocates, this is the biggest set-back in women's reproductive rights in decades. And do these same stuffy old men really believe that just because they ban abortion in a clinic it is going to stop? I'll answer: Nope. If abortions become too expensive for women to pay for out of their own pockets, they will find a less expensive way. "Back-alley abortions" were common before the Roe versus Wade decision in 1973 and I find it hard to believe (especially in this economy) physicians would be against cutting a deal and performing an abortion for less than the average cost. But the lesser the cost, the lesser the care, the greater the risk.

Even liberal Vermont is

being affected by the unpopularity of abortion. Currently, no hospitals in the state of Vermont will perform an abortion. If you Google where in Vermont you can have an abortion performed, you better hope your in Southern Vermont. In 2005 there were 12 abortion providers in the state. There are now two. Planned Parenthood of Rutland and Reproductive Services of Manchester.

As of 2005 in Vermont alone 9,200 of the 127,007 women of reproductive age became pregnant. Of those women, 1,490 got abortions. What if those women couldn't have afforded an abortion because they had to pay the expense out of pocket? Talk about population increase. All you Ed. Majors out there, imagine your 3rd grade class going from 20 students to 32 students.

No, I'm not saying rush out, pregnant, and get that abortion you've always wanted and- QUICK! before this legislation passes. I'm not against babies. I don't particularly love them but they're cute sometimes. I am however for women and for couples having the option of choosing to get an abortion and that choice should not be determined by the government nor inhibited by cost.

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THINK TANK

The column of the Castleton Philosophy Club

We printed some responses to our previous question, "Should we guarantee health care for all our citizens?," in the last issue. Here are some more of them:

ABSOLUTELY! How can any person claiming to care for humanity say no?
 --Rachel Spitzer

Absolutely, yes. We already provide health care for everyone, but in a ridiculous, inefficient manner. Federal rules force hospital emergency rooms to treat everyone who comes in the door. Therefore, ERs are constantly full of poor people with non-urgent but real health concerns, who have no insurance. When people with true emergencies show up, in many places they can wait half a day or more to have a broken bone taken care of because the ER staff is taking care of routine health care for the poor. Taxpayers foot extraordinary bills for such services.

My oldest son, a Philosophy professor, lives in New Zealand. His wife's pregnancy and her birthing experience with our recently born grandson were splendid. Care at the government run facilities was much better than women receive here. They never had to wait more than 10 minutes to see the doctors or practitioners and their total bill was \$0.00. In return, the people and government of New Zealand were more likely not to have to support a child born with preventable disabilities.

My family's experience with "socialist" medicine

in New Zealand was splendid. People there pay higher taxes, but no one worries about losing their homes or retirement savings to pay for medical catastrophes. It is lunacy that we do not have such a system here.
 --Rabbi Dr. Doug Weber

In this day and age it seems barbaric that health care is only available to people who can afford it. Hospitals used to be where poor people went to die because they couldn't afford house calls from doctors. And now the poor stay home while the rich go to hospitals. Interesting paradigm shift.

I think the argument that is being ignored in Washington is that it's not insurance that is really out of hand, it's the cost of care. We must get at the root of the problem instead of tending to the offshoots.

If I want an EKG in Canada it will cost the same in Nova Scotia and in British Columbia (because the government is footing the bill). Here in the states it can vary by as much as \$100 just by going across town (Chicago was where I priced it last).

I never thought of health care as a For-Profit enterprise until I met a doctor who had moved back to Vermont because he wasn't getting paid enough in Canada. Until healthful foods and activities are affordable for all, the least we can do, as the wealthiest nation on the planet, is to make sure every citizen has health care.
 --Blithe Devon

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Bowling, wings, cheap beer, and a sober ride

By Melissa Pope
Castleton Spartan

Castleton State College student Jillian Gee stumbled a bit, trying to steady the 15-pound ball she held with three fingers. She shut one eye with hopes that everything wouldn't be quite so blurry. She took a big stride forward, slung her arm back and fired the ball - right into the gutter.

Friends spit mouthfuls of 50-cent draft beer into the air unable to hold back their laughter.

Welcome to the latest CSC fad: bowling -- and drinking -- in Fair Haven.

College Night had its inaugural evening Nov. 6 with busloads of Castleton students piling through the doors at Fairwood Lanes.

The bowling facility has 12 lanes, a huge dance floor with a DJ, separate room for the pool players, a fully loaded bar with 50-cent drafts and piles of 25-cent wings. When the nice weather hits Vermont again, mini golf and horse-shoes will be available as well.

Castleton students often head to a local bar nicknamed, "The Dog," on Thursday nights. Fairwood Lanes is not trying to compete with "The Dog," the owner just wants to give college students more options a night later.

A Castleton alumnus is credited with helping get this new trend going. James LaMountain took over where the Sigma fraternity boys left off. "It all started when the Sigma boys had their clam-bake here, but they got busy with their Halloween party and everything so I decided to approach Randy Martelle to get this started," said LaMountain.

Facebook was a big key in advertising for this event. LaMountain created a page for Fairwood Lanes, started friending people, and then created an event. The Lake House Pub and Grille on Lake Bomoseen has also used the Internet to tout special deals and events for college students to see.

But the biggest difference between going to Fairwood Lanes and going anywhere else is that the owner, Martelle, plays bus driver for the event and drives his 25 passenger van around picking up students and bringing everyone home when it's over - for free.

"We can't be responsible for college student's actions, but we can be responsible for their driving," said Martelle.

All students have to do is call the number with a group of five or more, and the shuttle will come get them.

Martelle and LaMountain



ROBERT BURGE / CASTLETON SPARTAN

CSC student Jefferey Seaver finds time for some bowling in between dancing, drinking 50-cent drafts and eating 25-cent wings during a recent College Night.

discussed having a schedule of pickup times at various places around Castleton. Students will be informed via Facebook when this is set in stone.

"This is a great time! I don't have to worry about driving at all, which is awesome because I came here and I am drunk," said Castleton student William Sisco.

Student after student said the shuttle bus was the deciding factor.

"Awesome, awesome. The

bus totally pushed it over the edge for me," said Castleton student Emma Deis.

Another key selling point is that underage students can come to this event too.

"It is funny as an underage person, you see everyone else really drunk and you say that you won't drink like that when you turn their age. I love people watching, and watching drunken people bowl, it's funny as hell," said sophomore Mariah Philips.

"It's different at The Dog

because all there really is to do is dance or play pool, here there is more. There's a ride to and from, the drafts actually run out when the drafts run out. There is food when you are hungry, it's the same as The Dog but more," said LaMountain.

Castleton students are encouraged to hop on Facebook and friend Fairwood Lanes.

"With word of mouth and Facebook, this place will be popping," said senior Renae Larose.

Fresh Perspectives



Lee Jacobson

It's getting cold and everyone's got the swine. Throughout the school it started with the announcement that two students came down with swine flu. From that moment everyone assumed they were next, to the point where it got to be old news.

I kept myself healthy for a while, but this week my immune system cracked and I found myself sick again.

In May I had the pig flu, and was quarantined in my room for a week. It was not fun but wasn't really that bad. Because I've already had it, I am supposed to be immune to it. There are new strains of it though as it's flu season and everyone is sick with something. Some of my friends have been sent home and some have told me their roommate has swine flu and there really is just a dark cloud surrounding the campus.

While writing this I can feel my head just clogging up with congestion. After missing some of my classes this week, I am dedicating my weekend to getting back on track. I went to bed last night around 1 a.m. after dozing off to Tropic Thunder, which is amazing. I woke up today at 1:30 p.m. and thought it was nine in the morning. Today felt like such a waste, because after only three hours of being awake it was already dark, I thought I was in Alaska. Accomplishing taking a shower and putting \$5 of regular in the old wagon today felt good. So everyone is sick and trying to stay healthy in order to stay on top their schoolwork. I'm trying to do well, but getting sick really just puts a hole in the bucket of water.

The bucket needs to stay pretty full in order for success as a Castleton freshman. It's like a race to the other side trying not to spill your water. Sickness is that damn kid who trips you when you think you're almost there. Well that's never happened to me, but I imagine it'd be pretty unfortunate.

My professors have been very lenient to me allowing for decent grades, and that has been more than helpful during this race. There have been drawbacks during this semester, and I feel like being at college one needs to be responsible to get a good grade. So good luck everyone, it's not all about being the first one to cross the line, but more about just crossing that line with a bucket of water.



ROBERT BURGE / CASTLETON SPARTAN

Baseball players Ryan Zielinski (left) and Bill Manley (center) use the squat machine in the new athletic fitness center with Strength and Conditioning Coach Al Jean.

A training place of their own

By Jennifer Waite-Harsha
Castleton Spartan

The stench of new rubber doesn't seem to knock the athlete's rhythmic breathing out of sync as he lifts the weights up and down. The bright lights glare against the shiny new metal as a few determined athletes pump iron. The room is congested with weight machines and strength training gear.

But this bulky equipment can't be found in the Fitness Center.

The new varsity weight room, located in the bottom of the Spartan Athletic Complex, is a place where only members of a Castleton State College varsity sports team can go and strength train. Although the weight room is new this year, it is used on a daily basis.

"It gives us a leeway to train the athletes without interruptions and control the intensity of their workouts," said Al Jean, director of fitness facilities and strength and conditioning coach. "They are trained accordingly in off-season, pre-season and in-season."

The weight room isn't what you'd expect. While the walls are plain, free of distracting body building posters and nutrition charts, the room itself is a tiny 1,400 square feet compared to the 3,500 square-foot Fitness Center.

The equipment sits tightly in careful lines. But, it wasn't supposed to be this size.

"Part of the reason I took this job was, I was informed at the time of my interview, that in the near future there would be a strength training facility equivalent to the size of the Fitness Center," Jean said.

Despite its size, Jean said that the majority of the teams like the weight room because they don't have to work around the Fitness Center schedule. The weight room "gives them their own home," he said.

Women's basketball player Kristie Dunchus agrees.

"I like it because like last year we would have to wait, so this year we can get in and out with just one team at a time," Dunchus said. "It can be more relaxing because it's just our team."

Bethany Torrice, women's volleyball coach, said she thinks her team has "really enjoyed having their own separate facility" for team workouts.

"It's nice that it's just a facility for varsity sports," she added.

But, not everyone is impressed with the weight room available only for varsity use.

"The fact that it's smaller than the regular gym is kinda pathetic; but, at the same time I think all the equipment should be able to be used by everybody," said Kyle Turner,

club ice hockey member.

One unique feature in this weight room is the new dumbbell selection. They are called "Poles-Apart" made by the company Black Iron. Jean explained that they look the same as regular dumbbells, but they work by adding circular discs in increments such as a quarter pound or half pound. He said that the range of the smaller increments allows him to train the athletes more efficiently.

"It also saves about 40 feet of wall space," Jean said.

But when it comes to using this weight room, there are rules to follow. Jean explained that if a quarter of a team does not come at their assigned time, then the entire team loses their privilege to use it for the semester.

"We have ground rules and it's their privilege to use this, it's not their right," Jean said.

But what will a new weight room do for the future of varsity sports at CSC?

Men's soccer and women's softball coach, John Werner, said he believes his teams might be better conditioned as a result.

"I think eventually they will be, I'm not sure it's been in place long enough to see. I'm confident that it will," Werner said.

Protect or infect?



By Ana Macduff and Matt Corriere
Spartan Contributors

Are you aware that this month is Security Awareness Month?! Well it is!

How secure do you think you are with your passwords and personal information? In the following article we will talk about keeping your personal information safe from hackers, or bad people who steal personal information and open pornography accounts with your credit card.

Do you know what phishing is? Courtesy of Webster's Dictionary phishing is "to request confidential information over the Internet under false pretenses in order to fraudulently obtain credit card numbers, passwords, or other personal data." Phishing e-mail messages take a number of forms:

- They might appear to come from your bank or financial institution, a company you regularly do business with, such as Microsoft, or from your social networking site.
- They might appear to be from someone you know. Spear phishing is a targeted form of phishing in which an e-mail message might look like it comes from your employer, or from a colleague who might send an e-mail message to everyone

in the company, such as the head of human resources or IT.

• They might include official-looking logos and other identifying information taken directly from legitimate Web sites, and they might include convincing details about your personal information that scammers found on your social networking pages.

• They might include links to spoofed Web sites where you are asked to enter personal information.

Websites like this are designed to trick the user and get them to send personal information to a fraudulent website.

They can ask for your password, account information, or any other personal information. This can lead to them having enough information to open up credit cards, empty your bank account, or even start an Ebay account under your name to make you liable for their actions.

This is several reasons why you should change your password regularly, and include capital letters, original word or phrase, and symbols.

All in all be smart with your personal information online. PROTECT OR INFECT!



CAMPUS NEWS

Campus Quips



Mellisa Pope

Question: What was the last lie you told?



Molly Hutchinson

I am lying to myself about what really happened last night.



Heather Loomis

I called into work and said I was really sick with a cold but was really just too hungover.



Murphy Reidl

I make good decisions at The Dog.



Kelly Gerken

Sunday Funday is full of studying.



Lindsay Sedore

I don't lie. :)

Slonaker 'is who she is' and people love her

By Alison Clark
Castleton Spartan

Her office is dim. The only source of light comes from a reading lamp perched on her desk. It splashes light on a thick stack of papers she is leaning over and occasionally scratching notes on with a red pen.

She is Anne Slonaker, an assistant professor of education at Castleton State College. This is her third year at Castleton. She left her position at Penn State to work on the education department's new Inquiry program.

I have arrived early to our pre-arranged meeting and she doesn't seem to mind. When I knocked, her head popped up, she smiled and pushed the papers aside. I had her complete attention.

I asked few questions. A little prompting was enough to instigate a whole chronicle of stories.

What kind of car do you drive?

She snickers and begins listing her Volkswagens and the corresponding names she and her husband assigned them. There was the 61 bug, Maxwell Smart. A square back; Waltzing Matilda.

Maggie the Magnificent. Lemon Bug. Tilley Too.

They all have stories about how they died.

But that was years ago. These days she's driving a Subaru. She is a Vermonter now after all.

What is your favorite TV show?

She and her husband didn't have a TV for a long time. She did like to watch '30 something.' She just recently got a 13-inch TV set and for the first time, they have cable. She watches baseball. She's a Phillies fan. She likes the HBO series 'The Wire.'

Her favorite song? 'Divided Sky' by Phish.

They do a lot of improv at concerts and she loved to hear it live. She went to the first Phish Festival in Plattsburg and she was 10 years older than the average attendee. A local paper ran a fuzzy picture of the festival; she can barely be seen at the edge.

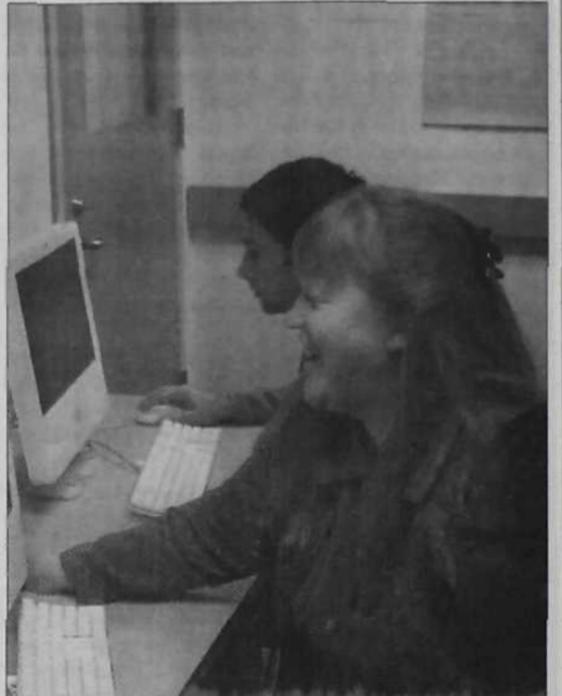
Her door is open, which reflects the teaching philosophy at Castleton.

"It's an open-door policy. I like that policy," Slonaker said. "I'm supposed to be accessible. But I feel I'm not accessible enough."

Dianna Greene, a multidisciplinary education major at Castleton disagrees.

"She's always approachable," Greene said. "Like I saw her today, I was venting about another class I'm having issues with. She listened and she said to come in and vent anytime. It helps."

Slonaker waives to almost



WYATT ALOISIO / CASTLETON SPARTAN
Professor Anne Slonaker enjoys a moment in a morning class with her students.

Continued on page 6 . . .

Huden listens to students' feedback

By Tony D'Ottavio
Castleton Spartan

Huden Dining Hall has long been a place where students and faculty alike can come to sit down and enjoy a good meal. But did you know that it can get better and with your ideas?

The Huden Food Committee meets once every two weeks to discuss the dining hall and the experiences that people have when they dine there. A recent change in cereal options is one example of how the committee is listening to students and responding to their wishes.

"I love the new Apple



WYATT ALOISIO / CASTLETON SPARTAN
Student Brittany Thibault gets a bowl of cereal out of Huden's new cereal dispensers.

Jacks. I pretty much eat them for every meal," said Julie Whitman, a sophomore at Castleton.

But the committee isn't

stopping with cereal. Nutritional value signs are on the way and chicken fajitas could be right behind. One student even suggested swordfish

— yes, swordfish — and it was actually written down as a possibility with a Huden official saying it is a possibility.

The average student might think Huden officials just throw away any suggestion they hear, but committee members say that isn't the case and that students should be involved in what they want to eat.

Kelsey White is the student representative to the committee and helps to push students' thoughts and ideas into becoming a reality. Ideas that were addressed at a recent meeting included adding Greek yogurt, fixing wobbly dining seats and tables, offer-

ing chicken fajitas, and even the possibility of getting Reese's Puffs as a "Cereal of the Week" theme.

"My job is to represent the students of Castleton and what they'd like to see happen with the cafeteria," White said. "We are moving forward on many ideas that would help to make Huden more enjoyable and nutritious."

There are some things, however, that will never change including students likes and dislikes for certain foods and a resistance to change.

"I want the Fruit Loops back," Whitman said.

Nursing students inspired

By Annie Hartman
Castleton Spartan

The Castleton State College Nursing department took learning out of the classroom and off campus for a trip to the Shriners Hospital for Children in Springfield, Mass. The group of 57 CSC nursing students and five instructors made the day-long trip October 8 to see first hand what the hospital does for its young patients.

The trip was a part of Castleton's nursing program curriculum that requires all students to participate in a professional day. The department plans one day each semester to expose senior nursing students first hand to an aspect of nursing the students would not be able to experience in the classroom. Past professional days have included trips to the Breast Care Conference and to the Vermont State Board of Nursing meeting. The department has also visited the Shriners Hospital once before but on that trip, visited the hospital's burn unit.

This semester's trip was focused on the hospital's orthopedic unit where children are admitted for such ailments as spina bifida, cleft lip, cleft palate, scoliosis, cerebral palsy, neuromuscular disorders, spinal cord injuries, clubfoot, hip disorders, hand disorders, and limb deficiency among other things.

CSC students spent the

day touring the hospital and learning about its mission. The hospital has 22 locations around the United States, provides international care, and has a hospital in both Canada and Mexico. The organization accepts children up to the age of 18 for various reasons, free of cost to the family.

"It was very inspiring," said Maryann McDonough, the nursing department's coordinator of service learning.

According to the nursing students that went on the trip, the hospital is extremely child and family oriented. Along with play rooms for the young patients, all the rooms are themed for the enjoyment of the children. Even prosthetics are geared toward the children who are in need. Different designs are offered from various colors to cartoon characters to popular children's television shows.

"It seemed like the hospital ran for the kids," said CSC nursing professor Janice Jacobs. "Not the other way around.

Not only do the Shriners provide patients with an opportunity to utilize the hospital but the organization also provided the Castleton students with their experience. Shriners Derek Corbett and Bill Seward took the nursing students on a bus from Castleton to Springfield that was provided by the Shriners. The students were shown two movies to explain what the

hospital and what the Shriners organization does.

"A lot of them were quite amazed at how long the Shriners have been able to provide high tech, high quality care for free," said Jacobs about the students.

Castleton students were given a tour and provided with lunch in the hospital's cafeteria all provided by the Shriners and free of cost to the college.

The appeal of the generous hospital rubbed off on the Castleton students.

"Everyone wants to work there!" said McDonough.

One lucky Castleton student is going to get the chance. Lauren Bierman has been accepted as an intern at the hospital over the holiday break this winter.

Bierman will be the first CSC student to work for the Shriners Hospital.

The nursing department will provide another professional day at the end of the spring semester. This time, the department will be taking its annual trip to the Vermont State Board of Nursing meeting that is held in Montpelier. The meeting is open to the public and highlights the positives and negatives in Vermont nursing in the past year. This includes such topics as nursing licensure, documentation issues, diversion of drugs, alcohol related issues, or patient care issues.

"This allows students to see what can happen once they get out in the field," said McDonough.



WYATT ALOISIO / CASTLETON SPARTAN
Store clerk Jody Goodkue stands in the food section of the Campus Center Mart.

By Jess Lawrenson
Castleton Spartan

It's like a college student's dream. Pizza, ice cream, soda, cough drops, batteries and even condoms — all now for sale right on campus — and at great prices.

"Everything is set to be priced competitively," said Ryan Jacobs, operation sales assistant at the new convenience store in the Campus Center.

Browsing through the shelves that displayed against the walls and on counters, you can find items cheaper than anywhere on campus. At Fire-side Café, the Coffee Cottage and the Castleton Village store you can buy a bottled Pepsi for \$1.59 and in the vending machines in the dorms you can buy a Pepsi for \$1.35, but the convenience store has them for \$1.25. Then there are microwaveable burritos for 69 cents, pizza rolls for \$2.39 and Roman noodles for 39 cents. There is even a microwave for shoppers to use.

The most common items sold at night are Hot Pockets. Unfortunately there are usually only about five customers per night, said Jacobs. Store officials are hoping for more students to come in when they want.

Jacobs believes the store

is so empty because a lot of students don't know that it's there, and open, and has lot to choose from.

"What convenience store?" asked sophomore Kenzi McCain when quizzed about it. "You mean the one that is never open?"

The store is not open as much as officials would like it to be, mostly because of lack of customer sales and staff. But they are open from 9 a.m. to 9 p.m. during the week and 10 a.m. to 4 p.m. on Saturdays. Store officials say they hope that once more students know about the store, they will come in and help boost sales, which may lead to additional hours.

One drawback that may be keeping students away is that they cannot use their meal points as money in there, said Jacobs. But even though students have to use their own money, some things may still reel them in.

Kayle Bowker's face lit up with a smile when she had found out that the store carried ketchup flavored potato chips, which are hard to find.

"I have not been in there yet, but I've seen the store it looks nice, but now I might go in to get some things," said Bowker.

Jacobs hopes she does, and that others follow suit.

"We do have unique things for sale and we are open to suggestions for more items," said Jacobs.

CHECK US OUT ONLINE

WWW.CASTLETONSPARTAN.COM

GIVE US YOUR FEEDBACK!



Vandals trash Castleton Hall



By Kelsey Lapoint
Castleton Spartan

On one brisk October morning, I was walking back from Fireside to the back of Castleton Hall, taking my usual route to that stairwell. I had just gotten out of class and it was a beautiful fall day.

But something didn't seem right when I rounded the corner to the back of the dormitory and found one of the rugs from inside the stairwell covered in purple splotches of paint. I thought that maybe someone had accidentally spilled paint on just the one rug and that the janitors were making sure paint wasn't tracked in everywhere.

I dismissed it and carefully walked around it and to the back entrance. I swiped my card, opened the door and was about to enter the building when I heard, "You can't come in here for a couple more hours." It was a man in a white suit, cleaning products and rags in hand, standing in front of one huge mess. He didn't look too happy and I realized that the rug wasn't the only thing covered in paint.

Before I could mumble, "Sorry," and go back the way I came, I saw that someone had thrown green paint all the way down the first floor stairs and all over the walls. It seems they also wanted to mix up their color scheme a little bit, so they had thrown purple paint onto the higher walls, leaving an artful splatter painting on the white brick. It was also all over the floor.

Later that day when I went to my afternoon classes, I overheard my fellow classmates complaining. The word on the street was that Castleton Hall residents were going to be charged for the vandalism. I dismissed it as only a rumor, thinking that the college wouldn't actually charge us if they didn't know who perpetrated the crime.

For a couple days, it was just a rumor. Then Sunday came and on everyone's suite door in Castleton Hall there was a notice informing us that of a meeting in the Multi-

Purpose Room at 8 p.m. The charge? Three-thousand two-hundred dollars. And it was to be split among all residents to the tune of \$23.60 each. Outrage ensued. I told my suitemates what I found and all were adamant they weren't going to pay. Even if it was only \$23.60, it was the principle of the matter.

One of the CA's of Castleton Hall, Jess Berry, gave me the facts when I asked about what exactly happened that fateful night. He said sometime between the hours of 1:30 and 3 a.m. on Oct. 23, someone went into the cleaning closet on the third floor, found the paint and put it all over the walls in the back stairwell.

"It was estimated to cost about \$3,200 and split between residents, because no one confessed, it would cost us each \$23.60," he said.

But Berry said CA's received multiple complaints from residents about the proposed fines, but since no one confessed, there was no one to pin the blame on and therefore someone had to pay for it. In addition, there was also a notice out for some stolen exit signs that someone carried off that week. But again, no one was coming forward.

Later that week after the meeting, however, there was yet another notice posted all over the stairwells that informed residents that they weren't going to be charged for the vandalism. The notification also said the exit sign thief had returned them. Nothing in the memo, though, pointed to why the proposed fee went away, but it did say that if anyone committed anymore vandalism crimes, then residents would have to bare the brunt of the charges.

Apparently not all residents got the message, because a couple days later when I walked down the stairwell and came through the elevator doors, I saw a quaint little message written in charcoal artfully on one of the walls: WEED 4 LYFE. Luckily, it was easy to clean up and we weren't charged.

Lifts are spinning at Killington!



PHOTOS BY ROBERT BURGE

Senior Style



Molly Fraher

It seems we leave this school just as quickly as we're thrown into it. The end and the beginning are so incredibly similar, it's hard to separate the two at times.

There's chaos, confusion, nervousness, yelling, screaming, multiple headaches. Half the time we don't know whether we're coming or going. But is that so bad?

Something clicked when I handed in my final registration card to Student Services the other day.

"Why have we always made registration out to be so much more of a hassle than it needs to be?"

Don't get me wrong; I've certainly paid my dues, taking my turn at freaking out over which classes were available, and how to finagle my way into them. But sometimes, sometimes we just make mountains out of molehills.

Maybe I'm having a change of heart because I'll never have to deal with it again, or maybe I'm just finally seeing the light.

Choosing our classes helps teach us a sense of management and responsibility, and since we're all practically adults here, there's no reason why we shouldn't be able to handle it.

We've all been taught that if we want something, the only way to get it is to, well, physically go and get it. In this situation, there aren't any walls we need to break down, no barriers we have to bust through. We simply need to communicate to one another until things are settled.

We all have learned from past experience that walking into a situation with an attitude only makes matters worse. And time after time we see a fellow student on the brink of tears because a certain class is filled up. 'Upset' can quickly turn into 'angry', and acting on impulse because of anger can only make you look like a fool.

How do you think a teacher or someone who's working in the registration office is going to react when you fly in there like a bat out of hell, demanding your schedule be perfect?

Students need to realize that the administration isn't the enemy here. Nobody's out there trying to dupe us or make us cry, especially when it comes to such a 'stressful' time such as registration.

So keep in mind that how you act displays a lot about your character, and people take note of things. We all need to try and control our urges to lose our tempers at the people sitting behind the desks; they're doing the best they can.

And besides, we're all in college now, and figuring things out for ourselves can be a little difficult at times.

Let's suck it up and consider ourselves fortunate.

MOVIE REVIEW

By Meghan Dufour
Castleton Spartan

Free SUV's. Free food. No traffic and no crowds. Sounds like a dream come true, right? Until you add the overwhelming amount of zombies wandering around the country, waiting to feast on the bodies of unaware people, turning your dream into a nightmare.

This is *Zombieland*. Post zombie apocalypse, ultimate nerd Jesse Eisenberg and badass Woody Harrelson play two strangers that meet on a deserted road and decide to join forces to fight off the flesh hungry undead. After running into two scheming sisters, Emma Stone and Abigail Breslin, who steal their car and weapons, the men are left to deal with them and the taunting goal of staying human in a zombie ruled country, a task that is, at times,

too hard to handle. They later meet up with the two girls again and make a pact to stick together, no stealing involved, and set out to find the places they are all looking for, which ranges from former hometowns to the ultimate search for the country's last twinkie.

You are taken into their dreamland where they can take any car they want, go to empty amusement parks, walk into fully stocked grocery stores and eat whatever foods they desire. They even spend the night with Bill Murray, which the four of them all did with enjoyment, until his sudden accidental death. All of this combined almost makes you forget about the rifles and baseball bats they carry at their sides 24/7, in case of a surprising attack.

Of course this film, just like every other one, has love interests involved between the

two teenagers and deep emotions that tear them apart each character on the inside, but all of that is practically masked by the dry but obvious humor the film contains.

This is a comedic look into a world taken over by soulless undead bodies. And it is very refreshing, seeing as it gives us a break from the typical zombie films that use dark lighting, torn apart cities and distraught victims to set the mood. Instead, this version of these crazed monster films, make light of a situation no one would ever want to be in. You see more humor than horror.

This movie is fun to watch, so fun that you almost forget that there are living corpses following the main characters. This was a movie that actually made me appreciate zombie films.

Castleton in London Fall Semester 2010



Spend a semester at Roehampton University (<http://www.roehampton.ac.uk>) in London, one of the great cities of the world. Professor Roy Vestrich will accompany you to the campus where you will enroll at the university and live among British students (single room). You may enroll in any course appropriate to your course of study. All majors welcome.

Informational Meeting Thurs. Nov. 19, 12:30 Leavenworth 206

Contact People

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ONLINE



BOOK REVIEW

By Wendy Young
Castleton Spartan

In this what-if world that takes place at some unknown point in the future, a hyper-space gate has been created. It only had one teensy side effect. For most of the month, Pittsburgh is stuck on a place called Elfhame—an alternate world where the elves live. Tinker has grown up in Pittsburgh. Tinker's not her real name of course, but since her real name is Alexander Graham Bell, she goes by a nickname. She and her cousin Orlan (who's real name is Orville Wright—their grandfather had a thing for inven-

tors) think they can finally relax, because now that she's turned 18, Tinker has the legal right to stay on Pittsburgh. But then, just before one Shutdown (when Pittsburgh returns to Earth for one day) some mad dogs chase a high ranking elf into the scrapyard that Tinker owns...

Wen Spencer has a talent for blending magic and reality and making it seem real. In *Tinker* she captures many of the what-if thoughts that connect fantasy and reality. The result is a well written story that draws the reader in and makes them root for Tinker and her friends the whole way through.

FRONT & BACK

New ordinances to be voted on

Continued from page 1... a week ago neither was comfortable with signing off.

"If we could avoid the alarms we would do so, fines will not change that, nor will they decrease the number of alarms," Allen said.

The board and fire officials planned to meet last Wednesday to discuss the matter.

The Select Board also on Monday discussed the design

and engineering of a major sidewalk project stemming from Castleton Corners and approved spending \$15,475 for preliminary studies.

The hope is to get federal grants to pay for most of the project.

The new sidewalks would run from Castleton Corners to The Bomoseen Inn to the west, to the medical center to the north and to Parson's Hill

to the east.

"A few miles of concrete... we're looking at a pretty large project," Jacien said.

In other business:

*A request was approved to sell a roll-off truck for a minimum of \$12,500 and a pick-up truck with a plow used at the transfer station for \$500. Jacien sought to use the proceeds for a new pick-up, but the

board held off approval asking for a replacement schedule for all vehicles first.

"A replacement schedule hasn't been followed in five or six years," Jacien said.

"Put the truck inventory together and next meeting we'll discuss it more," Egan said.

*The board approved closing the transfer station will be closed on Dec. 26.

Castleton student Vegas bound

Continued from page 1... appearances, first of which was Castleton's football game against Norwich. Ortiz appeared at halftime along with Miss Vermont Teen, Shelby Gregoire.

"It was lots of fun, everyone was super supportive at the game," said Ortiz.

Ortiz lives off campus with three roommates and her dog, Avalon.

"Nydelis is a kind, caring, and an obviously gorgeous girl, and living with her is so much fun. Her pageant did take up a lot of her time when she was in training for Miss Vermont. She had a lot to do to prepare for the pageant. I still saw her quite a bit though. Now that she won Miss Vermont, she gets to go to Las Vegas. I'm hoping to go with her," said roommate Katie Momot.

Ortiz has been involved in the Community Service club on the Castleton campus as well as being the treasurer for the Spanish Club last year.

"I know that Nydelis has been working very hard at the pageant since I've known her. This has been one of her many dreams and she has trained and worked quite a bit to achieve her goal. A couple of times before, she finished as the runner up, but she never gave up and kept on trying. She has the full support of her parents and classmates, though all we can really do is cheer her up.



ROBERT BURGE / CASTLETON SPARTAN

Miss Vermont plays with her 18-week-old Australian shephard, Avalon on the Old Chapel lawn.

She is a wonderful student and she works even harder in her academic disciplines because she wants to be a well educated Vermont grown Latina woman," said Professor Ana Alexander, who oversees the Spanish Club.

Ortiz has now been assigned a personal trainer, stylist, and a walking coach to help her prepare for nationals in April. The pageant will be taking place in Las Vegas and Ortiz will be there for about three weeks preparing and training.

"I've talked to past winners and they say it is really busy. We wake up at like six in the morning, breakfast by six thirty and then lots of rehearsals," said Ortiz.

Castleton is behind Ortiz every step of the way.

"I would be able to say how proud we are of her award, and how she will represent us well as alumni and Miss Vermont," said Dean of Students Dennis Proulx.

"Nydelis is an interesting individual- a mixture of pageant girl, sports girl, gamer,

musician, and student. She doesn't really fit into any one cast, and that's what makes her so great," said Long.

Ortiz offers up words of wisdom to females choosing to follow in her footsteps.

"A lot of people tend to focus on other people. Focus on yourself. Be the best you can be, don't compare yourself to other people, do what you can do to make yourself better," said Ortiz.

For more information about the pageant, please see www.missvermontusa.net

Slonaker, a rebel turned professor

Continued from page 4... everyone who passes her office. One student brings in her 7-month-old beagle puppy.

The interview halts. Slonaker has to say hello.

She's a dog person.

Currently she has four dogs at home. Two of her own, an Australian Sheppard named Rebound and a mix named Francis. One she's watching for a friend. The fourth belonged to her mother, who recently passed away.

She shows me a picture of her mother sitting in a hospital bed with her Collie. It is the background on her laptop.

A Search for Independence ends with a Soul Mate

Slonaker's parents were strict. Her father taught at an all-boys private school in Philadelphia. Her two brothers attended the private school; Slonaker went to a public school. She spent her summers at an all-boys camp where her father was a director.

She was a public school kid in a private school world.

She was not allowed to wear jeans.

Growing up, Slonaker was struggling for independence and opportunities to express herself. One of her two brothers didn't like how she was treated differently because she was a girl and when he rebelled, he took her with him.

"I rebelled against structure and formality. I am an active and talkative person. Being shhhh-ed my whole academic career... ahh!..." Slonaker said as she threw her arms and legs into the air to punctuate her

point. "I had stuff to say!"

It was the seventies, she skipped class to drive around or listen to music in Fort Washington Park. She didn't lie, exactly, but she didn't tell the whole truth.

She got through high school even though she would rather have been anywhere but there and started college at Elizabethtown University in Pennsylvania.

After two years she dropped out with a cumulative GPA of 1.75.

"She rebelled because she was looking for something better," said her husband Brad Slonaker, a mathematics professor at Kutztown University. "I think it was me."

"Brad was the one who turned me around to being truthful," Slonaker said.

She knew her days of lying to her parents were over when Brad asked her to move in with him.

"I was leaving Elizabethtown and he asked me to move in with him. I said ok, but we can't tell my parents," Slonaker recalls. "He said, 'your days of doing that are over.'"

He hitchhiked to her parent's house in the Fort Washington, Penn. where they told her parents their plans.

Her mother asked if she loved him.

"I said, 'Yes, with all my heart!'" Slonaker said as she clutches her chest with her hands.

Her mother asked him he loved her.

"He said, 'I don't know, but I'd like to find out,'" Slonaker recalls.

The next morning, her

mother had one more question. Could Brad get Anne to her job? When he said he could, her mother gave them her permission.

"I have never felt so shocked since or so free. It was such freeing act," Slonaker said. "When we left the house, it was like, wow."

"They must have known we'd be ok," Brad Slonaker recalls. "What they saw, it wasn't on the surface. It was something deeper. We're soul mates."

She is who she is

Tim Cleary, department chair and assistant professor of education, sits in silence thinking of an answer to the question.

How would you describe Anne to someone who has never met her?

"Look for the woman with the big smile," he says slowly as a grin spreads across his face. "And then be careful you don't get caught up in Phish stories. But if you do just sit back and enjoy them."

Slonaker has a story for everything.

"She has a story-driven teaching style," said Rick Reardon, a visiting professor of Education. "She can call on her teen and developing years, her husband, Phish and bring that into the classroom."

Her past definitely affects her teaching.

"The way she was brought up sure has structured her context and who she is today," Cleary said.

Cleary, Reardon and Slonaker make up the Inquiry teaching team. Together they

teach the improved Intro to Education class at Castleton State College. They came together in 2007 to adapt and modify the program.

Their offices line the back wall of the Stafford Academic Center. First Reardon's than Cleary's, then the copy room, and finally Slonaker's at the end of the hallway.

"If you spent three hours with her on first day, that's the same thing you'll see the next time and the next time," Reardon said as Slonaker passes his office.

"Speak of the devil, with a big fat smile on her face," Reardon says jokingly. "That's always there."

I walk down the hall to talk with Slonaker.

I was just talking about you, I tell her.

She is still smiling and her cheeks are red. She laughs, deposits three bags she's been carrying into a heap by her door, and turns on her heels. She stomps back down the hallway her arms swing and halts in front of Reardon's office.

"What did you tell her about me?" Slonaker demands.

"You'll have to read about it in the paper!" Reardon said.

She laughs and walks back to her door where she's left me.

"I've got to wash my hands, I just did the garbage."

That's Anne Slonaker.

"She's accessible as a college professor and as a human being," Cleary said. "She puts her own person out there in front of students; she's real. What you see is what you get. She is who she is."

Pitts to speak at CSC

CBS News and 60 Minutes correspondent Byron Pitts will visit Castleton State College on Nov. 30 and speak to students in the Fine Arts Center as part of the Soundings program.

Pitts' discussion will center on the status of the journalism profession as well as his personal story of triumph in the profession despite having to overcome several obstacles.

Journalism Professor David Blow heard Pitts speak at the College Media Advisers conference in New York City last spring and left the packed ballroom of the Marriott Marquis extremely inspired about journalism and the possibilities that can be reached through hard work.

"His story was riveting, and coupled with video segments of stories he has reported including 9-11 and the death of a soldier from cancer, I was really blown away," Blow said.

Pitts gave everyone in the audience that day his cell phone number and e-mail

address, telling students and faculty in attendance that he'd be willing to help them out - like an English professor did for him when he struggled in college.

In between classes one day, Blow said he took out the e-mail address and wrote to him. He told him how much he enjoyed the presentation and asked if he'd be willing to come to Vermont to speak.

The timing was perfect, because Pitts had just released a book about his life entitled "Step Out on Nothing." Blow said he plans to have Pitts visit his journalism classrooms on Monday before his 7 p.m. Soundings speech.

Pitts was hired as a 60 Minutes correspondent in January, but still serves as a CBS news correspondent.

"He is a first class human being and a terrific correspondent. I am excited about working with him and proud to have him join us at 60 Minutes," said 60 Minutes Executive Producer Jeff Fager in a CBSNews.com article.



ROBERT BURGE / CASTLETON SPARTAN

Students fill the Spartan Room for Pub Night on a recent thursday while DJ Jeff Dayton drops some beats.

What The Dog lacks

Continued from page 1...

"We decided that we should make Pub Night a weekly event so that the community could always count on it being there on Thursday nights," said Nicole Adams, a CSC alumnus who was involved in Pub Night's development. "Sometimes there are so many options on Thursdays, from cheap wings nearby, to Grey's Anatomy, to on-campus Bingo, to the Dog; one place can always be there for everyone, Pub Night."

"Also, the Spartan Room got a facelift including a new paint job, new furniture, a stage area, a stove, window treatments, flat screen TV's and brand new music equipment."

Pub Night has been getting a lot more attention from the student population, in part because of the variety of musical acts it has featured.

"We have entertainment ranging from funk rock, DJ's, student bands, faculty members and poets," said Andrews. "We like to keep a variety of people performing."

And as a weekly event, students have the opportunity to perform at any time, and feel comfortable performing at their own level of confidence.

"The Tuesday night Open Mic Night is more for the beginners, looking to just go hang with a group of people and jam out," said Lamy. "Pub Night is for more of the advanced people who are completely comfortable in front of the crowd. But it has become very obvious throughout the years that there

is a lot talent on this campus.

More and more students keep coming every week, and we have a core group of regular students that come out to watch and to perform, which is what the main intent of this night was.

"The issue with the drinking is understandable. But we provide the campus with a safe comfortable place to drink," explained Lamy. "It's gone very well so far, and we haven't had many problems with it. We feel that if you give the students trust to drink responsibly, they will do just that."

Adams agrees.

"We also wanted to try to promote positive associations with a pub instead of the usual negative connotations brought a long with public drinking scenes," said Adams. "It's great to be able to converse with your professors outside of class, let alone being able to relax with them over a beer and see them as real people."

But what about the Dog on Thursday nights? The tradition?

"We aren't in direct competition with the Dog, we are completely different and we offer an alternative," stated Andrews. "If people want to just go get drunk, have 50 cent drafts and listen to overplayed Top 40 songs, then by all means go to the bar. But if you like live music, socializing with other students, a source of safe drinking on campus and a larger variety of entertainment, then come visit Pub Night."

Program to start in 2010

Continued from page 1...

with credentials, proving they can house the students and presenting this information before the college's Faculty Assembly. This presentation took place on Tuesday, Nov. 3 and the Faculty Assembly unanimously approved.

"We are all very excited that we have the support of the college to proceed with

our plans," said Hogan.

Now comes the task of hiring new faculty, she said.

"We will have to hire additional faculty, but it will not be all at once. We will hire qualified faculty as the program is rolled out over time," she said.

They expect to start the new program in the fall of 2010.

NAC repeat?

By Mike DelDotto
Castleton Spartan

For the first time in five seasons, the Castleton women's basketball team will be the defending North Atlantic Conference Champions.

And defending this crown will not come easy.

Castleton has lost two 1,000-point scorers in Jess Banks and Mary Nienow. The team has also lost LeeAnne Ketchen, who performed well down the stretch last season, to graduation.

"It's going to be a little bit different [this year]," said coach Tim Barrett, now entering his ninth season at the helm. "We lost about 90 percent of our scoring, but our nucleus of returning players has a lot of experience up front."

Barrett says he wants his team to establish a presence inside the paint and balance the scoring out. Senior Laura Cary and junior Kristie Dunchus are expected to combine size, presence and experience inside. Senior Katie Hoxsie is expected to get a lot of playing time as well.

"[Christine] Jaques looks like she'll be running point for us," Barrett said of his sophomore guard.

Barrett also says he looks to newcomers, Tarryn Bolognani and Vanessa Powers to be significant contributors as well.

The new playing style is going to be met with what Barrett calls one of the toughest non-conference schedules for women's basketball ever.

The Spartans open the season at home against New England College on Nov. 17. Then they hit the road for their next eight contests before returning home next semester.

"We're really going to be challenged the first semester," Barrett said. "We're playing Baruch in the Plattsburgh tournament. They went to the second round of the NCAA's last year."

The Spartans also face tough competition in-conference with Husson returning almost its entire squad. Among the returners are NAC player of the year, Shelby Bradford, and NAC rookie of the year, Bree Hanscom. Husson was chosen to finish first unanimously in a preseason poll, while the defending champions were picked fourth. That ranking will only inspire the Spartans to try to repeat for their first time.

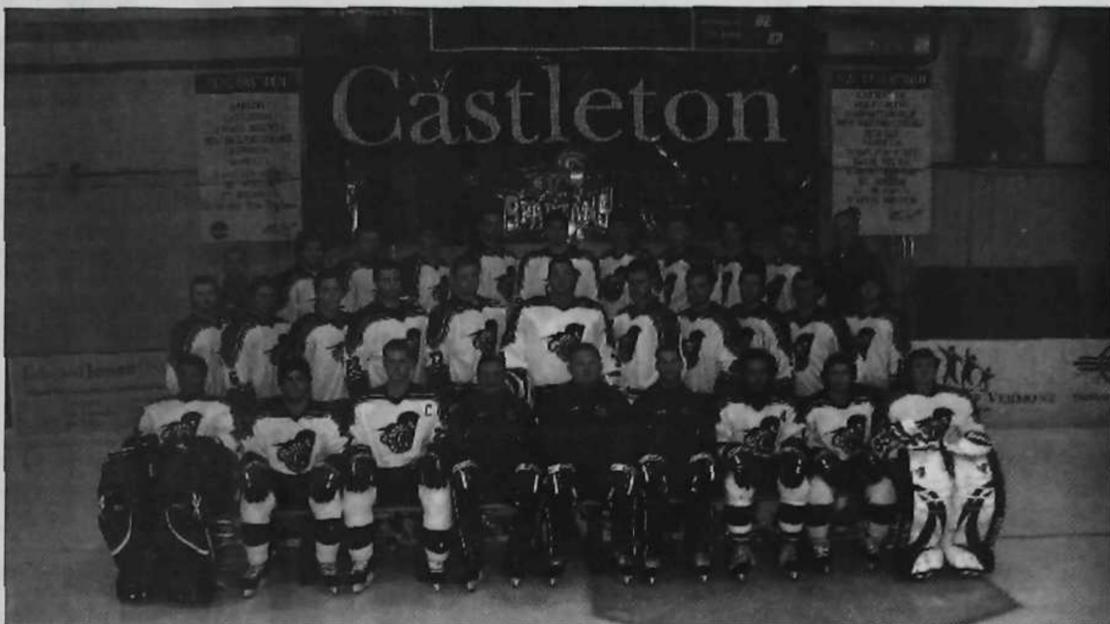


PHOTO PROVIDED BY JEFF WELD

2009-2010 men's hockey team pose at newly owned Spartan Arena

Men's hockey team sets the bar high

By Rob Doran
Castleton Spartan

With the bitter taste of last year's first-round playoff loss to Babson still lingering, the men's hockey team is ready to roll in this new 2009-2010 season.

The team has been toughing out 6 a.m. dry-land practices during the offseason, and the Spartans now look ready to take out their frustration from last season on every

opponent that takes the ice against them this season.

Expectations are high because of the success the team had last season with a record of 15-9-2. The Spartans are looking to improve their overall playoff record. They are 1-5 in the playoffs in their short six-year-old history, but they hope to turn that around by avoiding their annual early playoff exits.

This year's team may be poised to do so.

With 10 new faces and many returning players, this mix may be headed for bigger and better things.

"If our freshmen don't play like freshmen early in the season, we will be better off than if the freshmen play like freshmen going late into the season," said coach Alex Todd.

The season kicks off Friday night at Castleton's newly purchased Spartan Arena as the Spartans take on St.

Anselm College. The opening weekend continues Saturday with a battle against New England College.

The Spartans, who have struggled early in the season in the past, look to change their luck with a few solid home starts and a rowdy home crowd behind them.

"I think we will be fine this year," Todd said.

Men's basketball looks to improve

By Nicole Parker
Castleton Spartan

Last year's 2-23 record was anything but glamorous, but this year proves to be different for the Castleton State College men's basketball team.

Sporting a new coaching staff, and an almost entirely new roster, the Spartan's look to impress their fans in the upcoming season.

The Spartans come into the season with a brand new head coach, Paul Culp. Culp seems like a perfect fit for the job as he came to Castleton from Hartwick College.

At Hartwick, he brought a 2-24 team in 2005 to Hartwick's first ever ECAC Upstate championship last season. Culp has also held coaching positions at UMASS-Amherst, Saint Michaels College and under Bill Van Gundy at Genesee Community College.

His coaching experience, along with his style, will be the wind underneath the wings of the Castleton men's basketball team.

When asked about this season so far, there was no thought in Culp's mind.

"The learning process is two-way," said Culp. "They are figuring me out, and I am fig-



PHOTO PROVIDED BY JEFF WELD

A head shot of Paul Culp, the new men's basketball coach.

uring them out."

Culp went on to say "I give coach Shipley, along with the returning players, credit for their positive attitudes and hard work."

Joining Culp on the bench for Castleton is Assistant Coach Bela Vonnak, a graduate assistant from St. Lawrence University. While at

St. Lawrence, Vonnak was a 1,000 point scorer and will bring added knowledge to the post this season.

The one familiar face is second-year basketball graduate assistant, Tim Sparks. Being the only coach who knows the returning players, he will be vital to helping them work well with the new recruits. Sparks proves to have an incredibly positive attitude which will help get the team and the fans fired up.

The Spartan's look to their five returning players to lead them to victory this season. Returning this season are impact players Seth Harrington and Keith Schneider.

Harrington, a junior from Bennington, Vt, averaged 11.8 points per game and will be looked to on the offensive attack.

Schneider, a sophomore from Benson, Vt, will return as a strong post presence on defense. Schneider averaged 4.2 rebounds per game last season and is expected to exceed that this year.

"I am looking for someone to be a leader on the court," Culp said when asked about the returners.

Castleton has a slew of new talent coming in this season. With four transfers and 11 first-year students, the dynamic will be much differ-

ent.

Looking to do big things for the Spartans are Derrick Faragon, a sophomore transfer from Hudson Valley Community College, Mike Knight, a junior transfer from SUNY-Delhi, Mark Comstock, a freshman from Rutland, Vt, Greg Hughes, a sophomore transfer from University of Vermont, and Jared Paul, a sophomore transfer from Lynn University (Boca Raton, Fla).

Some of the new players have already proven themselves in the pre-season.

"I am expecting a lot out of Faragon and Knight," said Culp. "They are both very athletic. If we did not have those two, our athleticism would be a big disadvantage."

With fresh new talent (both on and off the court) and guidance from returners, the Castleton State College men's basketball team will strive towards a championship this year. When asked about the season, Culp said he "expects to be competitive in general, but especially in the North Atlantic Conference."

Their season opens on Tuesday, Nov. 17 vs. New England College at Glenbrook Gymnasium. Tip-off is slated for 7:30 p.m.

Football team fighting for a cause

By Chadwick Cioffi
Castleton Spartan

The little brown haired 4-year old boy had been named honorary captain for the Spartans first ever homecoming football game.

His job was to walk to mid-field with captain Randy Babineau for the coin toss. Usually this would be an effortless assignment for a 4-year old, but for Ryan the walk to mid-field would take all the energy he could summon. He suffers from Duchenne Muscular Dystrophy.

DMD is a muscular disorder that involves rapid muscle weakness. Ryan was diagnosed soon after he was born. Coach Rich Alercio's middle son had Ryan's mother as a teacher in New Jersey.

The Alercio's became close with the Schultz's and started to donate to Ryan's Quest, a Web site about Ryan, DMD, events, and how people can donate and spread the word. When Alercio was offered the



PHOTO PROVIDED BY JEFF WELD

Randy Babineau (44) waits with Ryan Schultz for the coin toss against Gallaudet on homecoming weekend.

position of Castleton's head football coaching position he said he promised to make sure his family's relationship with the Schultz's would stay strong.

"The shame of it is when my wife and I moved away, we were very involved in the fund-raising efforts. My wife competes in triathlons

to raise money for Ryan," Alercio said. "When we left we wanted to maintain our relationship and support."

Coach Alercio found a perfect fit to continue supporting Ryan's fight, as well as spreading the awareness to a new community.

"The great thing for our players is that we have, such

good booster club support for our program, we felt like we were so fortunate with what we have that we wanted to gear our fund-raising efforts toward a cause. And it kind of worked out perfectly to introduce Ryan to our team through the Coach to Cure MD program that was kicked off on Sept. 26 at homecoming. Every college team in the country was supposed to promote the coach to cure MD program," he said.

When Alercio raised the idea, he said only about two people on the team raised their hands when he asked if anyone knew about DMD. The team has sold t-shirts and is wearing wristbands, both branded with the words "Ryan's Quest."

The point of fund-raising is to earn a large amount of money for research, but it is just as important to have the shirts around campus to promote awareness, Alercio said. He also added that Ryan's visit might have put things in

"We felt like we were so fortunate with what we have that we wanted to gear our fund-raising efforts toward a cause."

~Coach Rich Alercio

perspective for his players. "I think it has a moving impact on people. You get so caught up on how special everything is in your life when you're a college football player in a brand new stadium with all these wonderful things and great fans. And then you look over and see a little boy struggling to walk

over to mid-field for a coin toss with a smile from ear to ear because it's such a great moment in his life," he said.

Alercio said the team has a motto that the hand that gives gathers, and they want to give more than they gather. The saying has extended to Alercio's parenting philosophy from his coaching style.

"My oldest son, Jake, who turned 12 in May, in lieu of getting presents had asked for donations as well," Alercio said. "It's interesting though, because no one would ever spend \$100 on a 12-year old's birthday present, but we had two people write out checks for \$100."

Aside from raising money for DMD, Alercio said the important part is spreading awareness. Ryan has a Web site at www.Ryansquest.org where donations can be made, information can be found, and the fight against DMD can be spread.

SPORTS

Soccer competes in ECAC tourney

By Mike DelDotto
Castleton Spartan

Editor's note: The Spartan learned just prior to printing that the men's soccer team lost in the ECAC championship game to Wentworth Institute of Technology. The score was 1-0.

The Castleton men's soccer team bounced back from its North Atlantic Conference championship defeat on Wednesday, Nov. 11 with a 2-1 win over Norwich University in the Eastern Collegiate Athletic Conference tournament.

"I give the guys a lot of credit. It was a great game," said Castleton coach John Werner. "Unlike the other day, two teams came to play."

The day he referred to is Saturday, Nov. 7, when Castleton was denied a third straight championship by Husson University.

The Spartans scored early when senior Jon Vogt took



JOHN SHRAMEK / CASTLETON SPARTAN

Corey Robbins fires a shot in Castleton's 2-1 win over Norwich in an ECAC game

a corner from Greg Klopfer, and headed it past Norwich goalkeeper, Charles Maxwell.

"For the most part [Greg] tries to find the middle of the box, and we try to get there

first," Vogt said of his scoring effort.

Norwich leveled the score just nine minutes into the second half when Castleton goalkeeper, Mike Anthony,

came out to block the angle on Norwich's Jake LeClaire. LeClaire's shot was then redirected to the foot of teammate Bobby Begin, who slid home the equalizer.

Castleton took charge of the offense after the Norwich goal and would not allow the Cadets another shot on goal the rest of the game.

With 12 minutes remaining in regulation, the Spartans took the lead for good.

Freshman Billy Lund slid a great lead pass nearly fifteen yards to a streaking Sean Fitzgerald, who took the ball one-on-one with Maxwell and finished the attack with a shot that went in the lower left corner.

Fitzgerald's and Vogt's goals propelled the Spartans into the final four for the ECAC New England title.

And like his fellow teammates, Vogt wanted nothing more than a win against Norwich following his team's heartbreaking loss on Nov. 7.

"We just have to forget the fact that we lost, and realize that we have a good chance to win the ECAC," said Vogt. "It'll be a good chance for us and our school too."

Ye Olde Sports



Mike DelDotto

When I first came to Castleton State College in 2007, people said that the men's hockey team was the pride of CSC sports. The year before that, second-year coach Alex Todd guided the team to a 17-win season and a national ranking of 11 with United States College Hockey Online. They still seem to reign supreme. You don't believe me?

Castleton hockey went 0-44 in its first two seasons as an NCAA Division III program until Coach Todd took over for the 2005-2006 campaign. Since then, the program has gone 49-45-11, has had 38 Eastern Collegiate Athletic Conference All-Academic members (leading the ECAC the last four seasons), and has had two All-Americans. However, the men's hockey team still has yet to win an ECAC championship.

To me, last year was "The Year." Todd's original recruited freshmen had all grown up and were ready to lead the team as seniors. They had an identical final few weeks of the season as they had had the year before with a convincing win over Norwich in the midst of a seven game winning streak. But Babson got the best of them in the quarterfinal round last year, just as Salem State had done in 2008.

But why? Why no championship? Why no championship game at least? The team certainly works hard for it. I see players shooting pucks in the fields, lifting every possible weight in the gym and dressing snappy every day around campus for their newest fund raiser or community service project.

Perhaps I was wrong about last year. Perhaps this is "The Year." The team may have lost 178 career points from Brandon Heck and Ryan Bartlett, as well as the defensive prowess of Jared Lavender, but I expect Steve Culbertson, Kirk Bolduc, and Nick Westcott to fill those roles respectively and to carry the team to deep into the playoffs.

I am going to go ahead and say it. Men's hockey will tear that monkey off their back and at least make it to the ECAC title game for the sheer fact that they are due. They have had the talent, the hard work, the drive, and so it just comes down being due, I suppose.

First season comes to a close

By Chadwick Cioffi
Castleton Spartan

Castleton finished its inaugural season hosting the first annual Vermont Maple Sap Bucket championship against Norwich. In front of a crowd of over 3,000 people, the Spartans tried to hand the Cadets their first conference loss of the season.

The Spartans jumped out to a 7-0 lead on their first possession of the game when freshman quarterback Shane Brozowski found Tyler Carpenter, freshman running back, for a 14-yard touchdown. Norwich answered back on its first possession, though, as the Cadets capped a 59-yard drive off with a touchdown rush from inside the 10-yard line.

The defense came up big for the Spartans, forcing Norwich to a three and out. A roughing-the-kicker penalty, though, was enough for the Cadets to take advantage with a new first down. Norwich punched in two more scores before halftime, giving the Cadets a 19-7 lead going into the locker rooms.

Both teams scored touchdowns on their first possessions once again in the third quarter, but neither team was able to find the end zone again in the third quarter.

After more scoring in the fourth quarter, the Spartans got the ball back with 27 seconds left in the game. Brozowski, already with two touchdown passes, found senior receiver



JOHN SHRAMEK / CASTLETON SPARTAN

Tyler Carpenter (39) avoids being tackled against Norwich.

Randy Babineau in the end zone on a play that was drawn up at halftime. After the Babineau score, the Spartans' first season came to a close; they lost the game to Norwich 49-27.

Castleton was unable to get much consistency on the ground, but Brozowski went 23/32 for 306 yards and three touchdowns. Carpenter reached the end zone twice, but was held to just 27 yards rushing on the day.

"When we can combo the

run and pass option, like our bubble screen, is when we're effective," said coach Rich Alercio. "The difference is the passing game; none of the defensive backs in this league are used to defending the pass."

The Spartans finished the year at 3-6 overall and 1-5 in the Eastern Collegiate Football Conference. Brozowski and freshman receiver Evan Cassidy made first team All-ECFC, and Carpenter made second team. The inaugural

season exceeded many fans' expectations, and now coach Alercio looks back at his season as head coach proudly.

"We got beaten up by the big brother for half of our lives, and then the second half of our life we started to swing back. The Ana Maria game on the road, the Becker game on the road, and then playing at home against the two toughest teams on the block [Husson and Norwich] and being able to hang with them," Alercio said. "I'm very proud of

our players and our coaching staff."

Looking ahead, Alercio said he expects the team to grow even more heading into next year. He said he was really impressed with how the team battled in the second half of the season.

"Realistically [the goal is] to get to .500 in the second year. If we play 9 games, to be at 5-4 and have a winning record is a realistic goal."

Women's soccer ends season with pair of losses

By John Shramek
Castleton Spartan

The Spartan women's soccer team put up one out-of-this-world statistic after another during the second half of the 2009 season, making it seem like an unstoppable force. Husson University, though, proved that the lady Spartans were human after all as it stopped the Spartan hot streak cold, defeating Castleton 3-1 in the North Atlantic Conference championship game on Nov. 8.

Castleton entered the championship game as the number one seed in the tournament. Castleton hadn't lost a game since Sept. 16. More importantly, though, was the way the Spartans had beaten their opponents. The Spartans blew the competition out of the water, winning seven out of their last 12 games by three or more points. The Spartan defense was also amazing as



JOHN SHRAMEK / CASTLETON SPARTAN

Jillanna Simon (in white) chases down a ball against Husson in the NAC championship game.

it did not allow a goal to be scored against the team in conference play during the regular season.

But maybe putting up ridiculous stats like the Spartans did isn't always a good thing.

Husson, which was the preseason favorite to win the NAC, came onto the field hungry to avenge a crushing

1-0 defeat at the hands of the Spartans on Oct. 11.

That hunger paid off quickly when Megan Clement

chipped a perfect corner kick into the far side of the goal box over all of the Castleton defenders just 11 minutes into the game. Her teammate Amy Sanz found a way around her defender and sprinted into the

box just in time to get a leg on the ball while it was still in the air. Her missile of a shot screamed with speed into the back of the net, breaking the Spartans' streak.

The shot also appeared to break the Spartans' confidence.

Husson had done something the Spartans hadn't seen all season—score a goal against them on their new home turf. While playing from behind in a NAC game for the first time this season, the Spartans seemed overly anxious, and they saw the championship title slip out of their grasps as Husson scored one more goal just before halftime and another goal just after halftime.

"With their confidence gone, the Spartans did have chances to get back into the game. Unfortunately, Husson's goalie, Jen Plourde, stopped every shot the Spartans could put on goal. Her only error on the day came when she picked up

a ball that her defender had kicked back to her.

The result was an indirect kick and Courtney Chadburn's 24th goal of the season.

The Spartans continued to play hard while the minutes clicked off the clock and off their season, but there was no stopping Husson. The Eagles were going to get their revenge.

Just a week later, the Spartans received an invitation to the Eastern College Athletic Conference tournament, where they squared off against Brandeis University.

The Judges, looking to win the tournament for the third year in a row, handled the Spartans easily as they out-shot Castleton 28-6. Brandeis also contained the Spartan offense, winning 3-0.

With the loss, Castleton ended the season with an 11-7-2 record.



Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

Wednesday, December 16, 2009

CastletonSpartan.com

Castleton, Vermont

Making a park near the pond

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Support Project El Salvador!

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Ski Team seeking another title

Page 7

Captured Vt. captain visits photo-j class



WYATT ALOISIO / CASTLETON SPARTAN

Capt. Richard Phillips and wife, Andrea speak with students in Vyto Starinskas' Photojournalism class.

By Melissa Pope
Castleton Spartan

Andrea Phillips sat on her stoop trying to catch a moment of silence within the madness of knowing her husband, Capt. Richard Phillips, had been taken captive by Somali pirates at sea.

Little did she know, a photographer was across the road struggling with the decision whether to break her peace and get the photograph that other

news agencies were clamoring for.

Her family's story was huge and was being played out in newspapers, television stations and online news sources around the world. And the photographer had a decision to make.

The Phillipses, their daughter, Castleton student Mariah Phillips, and Associated Press photographer Toby Talbot attended a photojournalism class at Castleton last week telling

their story.

The Phillips' hometown of Underhill, Vt. was overtaken by media as her husband was held hostage. Her front lawn turned into a stomping ground for cameramen and reporters. In a bigger city, action might have been taken to kick the media off of her property, but with a small town state of mind, Andrea welcomed them into her home.

"I did not know that this was going to turn into what it

was at this point. All I knew was that pirates were on the ship. As soon as I found out that Richard was taken hostage, the media was kicked out," Andrea told the class.

Talbot, an AP photographer since 1983, was one of the countless media representatives assigned to cover the story.

"Any news that happens in Vermont, I'm the guy that

Continued on page 6...

Byron Pitts shares experiences

By Meghan Dufour
Castleton Spartan

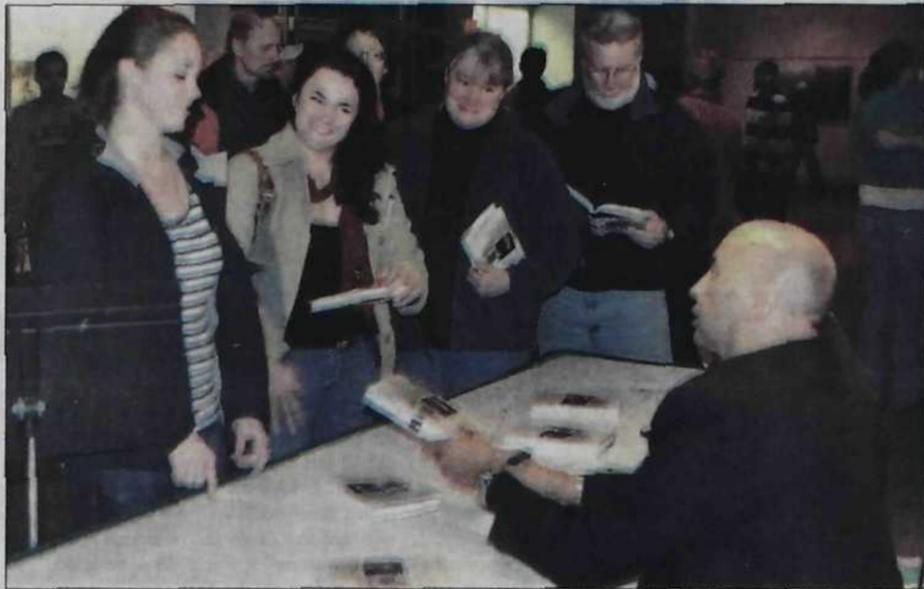
CBS News correspondent Byron Pitts looked up at the New York City skyline and saw something coming toward him. He thought it might be a large S.O.S. flag falling from the burning building. Then he realized it was a woman wearing a dress who had thrown herself from the building, and he was the main spectator in her suicide.

It was Sept. 11, 2001 and Pitts was one of the first correspondents to the office that morning, which gave him first-hand access to the worst tragedy on U.S. soil and led to a heartfelt story that won him an Emmy award.

Pitts told his tale Monday night to a packed Casella Theater at Castleton State College. The chief national correspondent for CBS News and now contributing correspondent for "60 Minutes" talked about covering tragedies like Hurricane Katrina and the Indonesian tsunami and being embedded with troops in Afghanistan and Iraq.

"I have watched 47 people die from being shot, stabbed, execution, being blown up, beaten and drowned," explained Pitts. "But the most saddening experience so far was 9/11. It was the only time people had no responsibility for their own death. A lot of other times I have seen people allow themselves to be in dangerous situations, but with 9/11, they were purely innocent, and I watched them die."

But Pitts also talked about how his life, and how public speaking to a theater filled with people was something unfathomable earlier in his life. Pitts was illiterate until he was 12 and a constant stutterer until the age 20. Despite those obstacles, however, he said hard work,



ROBERT BURGE / CASTLETON SPARTAN

CBS news correspondent Byron Pitts talks with students and residents at a book signing after his speech at Castleton State College on Nov. 30.

faith and support from unlikely heroes helped him attain his dream.

"I was raised to believe that there are no stumbling blocks in life, only stepping stones," said Pitts, during one of three journalism class visits earlier Monday.

He spoke of his family's sacrifices to help him overcome his illiteracy and how he learned while interviewing people to pretend he was speaking to his grandmother, because he never stuttered to her.

Even with the family support, however, going away to college at rural Ohio Wesleyan University from Baltimore would prove difficult for Pitts. He could read now, but he was still far behind his classmates and still struggled with speaking.

"I was one mid-term away from failing. My professor called me to his office and told me that I was wasting his time and the

government's money and that I should give up. That crushed me, and I cried knowing that I would disappoint my family, since I was the first person in my family to go to college," he told the audience Monday night.

It was then that a woman he'd never met whom he later learned was another English professor stopped to see what was wrong with him. She convinced him to stay in school and became a mentor, spending countless hours tutoring him.

"People were stepping out of nothing to help me, and that is where the title of my book came from," he said.

"Step Out on Nothing" is Pitts' recent tell-all book. It details his early learning struggles, his parents' break-up, a deep faith and his 28 years in journalism. Despite the obstacles, he told the audience he

knew one day he'd work for "60 Minutes."

"College was when I realized I wanted to be a journalist. I was 18 and a freshman, and I knew that at the age of 45 I wanted to work for '60 Minutes,'" said Pitts. "Everything I have done in my adult life, all the sacrifices and decisions, were to help me get to that show. Even through the low expectations of other people, I overcame them."

But in a world that is becoming more and more critical of the news and how it is delivered, how is Byron Pitts rising through the journalism ranks? He believes it's how he approaches every story.

"Journalism is at its best when it's small and you can get people close to things. My job is to give people the information," explained

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Master's program for accounting

By Tony D'Ottavio
Spartan Contributor

The Castleton State College faculty recently voted to implement an accounting Master's Degree program that will begin in the fall of 2011. The plan includes redesigning the current bachelor's degree program and adding more in-depth accounting classes for the master's program.

This will allow students to receive 150 credit hours for their major and qualify them to take the certified public accountant exam – a difficult and career-necessary exam – and give them a Master's degree in the process.

The program implementation came about when business professors Angele Brill and Joanne Pencak returned from their individual summer breaks.

Both had attended conferences and had heard that larger firms were no longer accepting job candidates with only bachelor's degrees in accounting. Students were graduating from the program without the 150 credit hours needed to take the CPA exam, which many large firms now require.

Professors Brill and Pencak both agreed that because of the new requirements, Castleton needed a master's program.

"There's no other option," Brill said when interviewed after the recent faculty decision.

Heather Huntington, a fifth-year double major in computer information systems and accounting, believes that the extended program is beneficial to both existing accounting and business majors as well as incoming freshmen.

Huntington recently finished an internship with General Electric and said that businesses are telling business students not to go to a school that doesn't have a master's program in accounting.

Castleton currently offers the accounting major with only a bachelor's degree, but you

Continued on page 6...

Professor Ghosh is tackling Spanish 1

By Kelsey LaPoint
Castleton Spartan

At 11 a.m. on Monday, Wednesday and Friday, students file into Ines Gimenez's class for Spanish I. She begins class on time and all the seats seem to be filled – except for one.

She scans over the attendance list and then begins to explain that they will be reviewing for the exam. She hands everyone a packet and begins to speak half in Spanish and half in English, usually reverting to Spanish for the directions and then explaining the questions in English. She goes over any questions the students might have and explains when the exam will be.

That one seat, however, still remains empty. As 11:10 rolls around, professor Sanjukta Ghosh suddenly, but quietly, comes into the

room in a hurry. Earlier in the semester, students would probably have thought she was there to relay a message to her colleague, serve as a guest speaker or drop off some papers. But she's not in the Spanish Department and actually knows very little Spanish – which is why she's there.

She glances at the clock and sits down in that empty seat in the middle of the room. Contrasted by the small sea of college students around her, Ghosh does not seem like the typical student, but appears to be comfortable despite that fact.

Gimenez hands the student in front of Ghosh a final exam packet and that student hands it back to Ghosh. Ghosh immediately starts reading over it and begins participating – even though she is late on final exam review day.

Ghosh is unique in this class because she is a professor of communication here at Castleton State College. She commonly teaches international film, popular culture and women's studies. As of right now, she is taking Spanish I with Gimenez simply to learn another language.

"I like the class. I like learning the language," she says, smiling enthusiastically. "It is just very hard for me because I am not used to it."

Originally from India, Ghosh learned English as a second language and now is trying to add Spanish to her repertoire in part because she is going with students to El Salvador next semester. But, it comes with some challenges.

"I am probably getting a bad grade right now. I got a C- on the last exam! I was tempted

Continued on page 6...



WYATT ALOISIO/CASTLETON SPARTAN

Professor Sanjukta Ghosh

Couldn't we do more?

Imagine if Castleton State College decided to skip Christmas this year. There would be no Christmas break, no festive meal specials and definitely no holiday spirit. The only recognition of Christmas would be the closing of the mailroom, because post offices aren't open on holidays.

The campus community, parents, friends and the public would be furious over the disregard of such a national holiday.

But recently a national holiday passed and there was no uproar for the lack of participation on behalf of the school. The only mention of the holiday came from an e-mail, sent campus-wide, that the mailroom would be closed on Wednesday, Nov. 11, 2009. It was Veteran's Day, the national holiday where the entire country reflects on all of the blood, sweat and tears our soldiers have lost trying to protect the people at home.

Castleton State College is a public college. So why is it that Castleton chose to ignore such a major day in United States history? Certainly they don't think they are above recognizing the thousands of lives we have lost in Iraq? Or in Vietnam, or World War II?

It is disrespectful of Castleton to ignore such an important holiday. Especially when some students have been deployed, and professors have served. For some students who aren't

being deployed, parents, siblings and cousins are enlisted.

The least that could have happened was a requested moment of silence at the beginning of each class to remember those we have lost. A moment of silence is nothing in comparison to what these soldiers are giving up for their country. Other local public schools were out of session for the entire day to recognize the importance of our veterans. A Soundings event could have been held in remembrance of those fighting for our freedom.

Soldiers come back different people, changed from who they once were. Every time a group is deployed, there is a chance they may not make it home. Is that not worth hearing about? There are injuries to the body and to the soul that others may never hear about. Some secrets are carried heavily with these veterans to their grave, not wanting to burden those around them. And Castleton ignored this.

Veteran's Day is celebrated with reason. It is celebrated because we are a free country and we have those putting their lives on the line to thank for our abilities to vote, to drive in a car, travel and pursue happiness. The recognition of such sacrifice should take place in the classroom, especially in a public school.



There's no excuse for that

There are a lot of things a 10-year-old doesn't like to do. They don't like to eat vegetables, clean their room, go to school or do homework. A 10-year-old may refuse, throw a tantrum, possibly kick or scream.

Kids act up. But that doesn't justify using a Taser to subdue them.

A 10-year-old girl in Arkansas was Tasered by a police officer on Nov. 11. The girl's mother called the police when her daughter would not take a shower. The situation escalated, to such a severe magnitude the officer felt the only solution was to Taser the child.

A 10-year-old child was

Tasered.

Dustin Bradshaw, the Arkansas police officer, was suspended for seven days with pay. But not for Tasering a 10-year-old girl, he was suspended for violating protocol. He didn't have a camera on the Taser, which is required when using the weapon. The situation is currently under investigation. But the girl will face disorderly conduct charges as a juvenile in the incident.

The cop gets his hand slapped because he didn't tape the whole thing. The girl gets charged because she is anti-personal hygiene and fought an officer who was given permission by her mother to use

his Taser.

The mother is an innocent bystander, the woman who gave Bradshaw approval to Taser her daughter. The mother sat back and watched her daughter be abused by a law official. And for this she should be the one receiving some kind of punishment. Perhaps she should be Tasered.

Granted, the girl was being physically combative. But how strong and destructive was this 10-year-old that the officer could not handle the situation without electrocuting her? He feared he'd break a bone, he claimed, while trying to restrain her.

He feared he'd break a

bone? Is he not capable of knowing the limits of his strength? If so, he is a danger to all Arkansas citizens.

As a society, we are supposed to protect children and the innocence of childhood. There is no innocence in this situation. The officer's actions were extreme and inappropriate. It is never justifiable to Taser a 10-year-old child for disobeying her mother. The girl's mother is an unfit parent if she cannot discipline and care for her daughter without enlisting the assistance of a policeman and his weapons. The girl is a victim and should receive help not charges and an eclectic volt of electricity to the back.

OVERHEARD ONLINE

In response to "Town tackles bad behavior"

I think that all people should be polite and not annoy others.

-Research paper sample

The Castleton Select Board on Nov. 9 agreed to post noise, disorderly conduct, transfer station and unlawful mischief ordinances, which if passed, could impose fines up to \$250 on offenders. I think it was right decision.

-CV writing assistance

In response to "Castleton has its own Miss VT"

The article states that the "last person to win the Miss America pageant was Charlotte Lopez about 40 years ago and she too was from Puerto Rico." No woman from Vermont has ever won the Miss America pageant. The Miss America Pageant is not related to the Miss Vermont USA or Miss USA pageants. Also, Charlotte Lopez won the Miss Vermont Teen USA pageant, not Miss Vermont or Miss Vermont USA and her win was not 40 years ago, but just 16 years ago in 1993. Finally Stephanie Bessey won Miss Vermont

USA (which is part of the Miss USA organization) not Miss Vermont (which is part of the Miss America organization).

-Bob Rudloff

Hi Melissa Pope,

I am a huge fan and collector of Miss USA memorabilia, and I graduated from Castleton State College a few years ago. The new Miss Vermont is gorgeous and she seems to be a great person. Reading the article I found a few mistakes concerning pageant history. The last woman from Vermont to be crowned Miss USA was Carlene King Johnson, from Rutland, back in 1955. Charlotte Lopez also from VT (yes, she is also Puerto Rican) was crowned Miss Teen USA in 1993, not 40 years ago, and VT does not have a Miss America title. Miss America and Miss USA are two completely different systems.

Nydelis, I wish you all the best in the Miss USA Pageant, please bring the crown back to VT after 55 years!! And please say hi to Ana Maria Alexander, the best professor in the world!!!!

-Marcio Sabo

LETTERS TO THE EDITOR

First of all I have to tell you how impressed I am with the amazing transformation the college has taken physically and emotionally since I graduated in 1999. Walking around campus I am pleased to see the attention paid to the athletic facilities and the additional infrastructure throughout campus. The bricks and mortar improvements are truly delightful. On the other hand, and I would argue more importantly, are the changes that have taken place with the "attitude" of the college. During my four years of college, the institution was stagnant and growth seemed impossible. Only after I graduated did I begin to notice that the faculty and staff at the college seemed to handle their daily duties at the college with a forward-thinking approach, a desire for improvement and best of all-smiles.

Everyone seems happy to be there and that resonates with me. I've been back to campus many times since I graduated (I live and work just 30 minutes north of campus) and more so this fall to watch football and soccer games in the new stadium. My one and only suggestion for improvement is to expand the college store hours to include those hours

when visitors are likely to be on campus and in a spending mood...maybe during athletic events? I suspect the store was closed this fall to remove an element of competition for the sports teams trying to sell their goods, but from my perspective (and that of my fellow alumni at the game with me) it would do some good. All in all, good job CSC!

-Ameiy Ryan

I feel compelled to respond to the writer of the editorial entitled "The freedom of choice" from the Nov 18th Spartan who takes issue with the fact that the House version of the Health Care reform bill does not contain abortion funding. In his or her scenario, the writer is asking us as a community, as taxpayers, to pay for abortions because someone feels it's inconvenient to be pregnant. In the scenario, a young woman is overworked and stressed out and then becomes irresponsible in a one-night stand. Put yourself in these shoes: You're a taxpayer who is being asked to fund a medical procedure because a young woman (and her partner) was promiscuous, careless, un-equipped, and stupid! The writer's sense

of entitlement is appalling and deeply disturbing. The analogy set forth in the article equates an appendix removal with abortion. Are you kidding!? Who can think of a single instance where someone needed to get their appendix removed because they got drunk and made some bad decisions. If the writer went out and got wasted, then got in a car wreck and broke her ankle while not carrying automobile insurance, would he/she then ask the taxpayers to bail him/her out of that too? How far does this sense of entitlement go? What if the writer wanted to find work as a model? Maybe a health care reform bill should cover vanity issues too in its list of "increased health care options" such as LASIK, teeth whitening, and electrolysis, so s/he could better his/her chances of getting a job. If people are going to be promiscuous, careless, un-equipped, and stupid when it comes to making babies it stands to reason that they need to take responsibility and drop the sense of entitlement.

-Bill Mercier
Killington, Vermont

THINK TANK

The column of the Castleton Philosophy Club

The Philosophy Club has appreciated all of the thoughtful responses from the campus community during this semester. As things come to a close, we wish all a peaceful holiday, and look forward to discussion get-togethers with Philosophy Club in the spring: Thursdays @ N-period in LVH 104.

What follows is a previously unprinted response to the first question we asked in Think Tank this semester, "Are you happy with your life, and why?"

Why I Hate to Lose My Hat
Growing up, I didn't have many toys. I played in the sandbox using my

fingers. It was a step up when I found a couple of clothespins. Then one day, two carved wooden figures magically appeared: an old man clasping his hands and an old woman wearing a red kerchief. I was so happy.

Through a hole in the wire fence and up the winding path lived a friend who possessed articulated figures, a cap gun, and Walt Disney comic books. We were only allowed Classic comics. Although I enjoyed playing at his house, I always suffered the not-good-enough blues on the walk home. By the time I was back in my

room, I was thoroughly depressed.

It was a lesson that is with me still. So I drive a bucket of bolts; it gets me there. So I live in a modest house; it's mine and I like being there. So I'm a part-time teacher; I love Castleton and the students here. So I'm a so-so parent; I adore the young man my son is becoming. I'm so lucky. Want what you have.

-Burnham Holmes

Have a meaningful break everyone!

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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CHECK OUT THE SPARTAN ONLINE!

WWW.CASTLETONSPARTAN.COM

GIVE US YOUR FEEDBACK!

The man behind the band

By Robert Doran
Castleton Spartan

The green and yellow jerseys on the field of the Kane County Cougars all gave a loud cheer after the rookie catcher just pegged a potential base stealer late in the game. The catcher realized at that moment that his instincts are what got him there.

He also realized that the dream of playing professional baseball wasn't going to last, but he wasn't worried because he had other plans.

"It was realizing that I could do it, not the thought of being there that I remember the most," Hank Vaughn said with a smirk on his face as though he knew something we all didn't.

Vaughn was the catcher of that single A ball club in Illinois, but these days he can be found waving his arms about in a wild manor as he leads the Castleton State College marching band to different sporting events around campus.

"It was an experience, but I knew it wouldn't last," Vaughn said of his baseball past.

Vaughn began teaching at Castleton in 2008 and hasn't regretted the decision to come here.

After growing up in the Chicago area and attending Southern Illinois University, he knew it was time to move on.

Vaughn said that there was an open position in the music department at Castleton and it drew him right in.

"The first person I met when I got here was Dave Wolk and we had a shared vision for the band," said Vaughn. "There was dedication to what we wanted and I knew I was going to get anything I needed."

Glen Giles, the man responsible for hiring Vaughn, said he knew immediately that hiring Vaughn was the right decision.

"There was one person for the job, and he was it," said Giles.

Vaughn, who had built a band from nothing before, was the right man for the job and all agree he has done nothing short of making Giles a genius for hiring him.

"I love music and sports and this job was a perfect way to combine the both of them," Vaughn said.

Growing up in Illinois, Vaughn had the support of his stepfather in pursuing the dream they both shared -- playing the saxophone.

"He never really got to pursue his dream of playing the sax because of his father, but he was very supportive of me. He was always there for me," said Vaughn.

Vaughn played the sax from sixth grade through college, where he met his wife Becky.

Not quite the love at first site story,



ROBERT BURGE / CASTLETON SPARTAN

Hank Vaughn leads the CSC marching band.

Vaughn recalls the day he met his future wife, at band practice of all places.

"She told me I was supposed to be five yards that way," Vaughn said laughingly. "She will deny it till this day, but I'm pretty sure those are the first words she said to me."

Vaughn and Becky dated throughout their college careers and got married not too long after.

"He hasn't changed much since then. He is still the same fun loving guy that I met in college," Becky said in a loving tone.

The laid back Vaughn seems to have

the same mellow attitude at school as he does at home, even with the stress of his two children, Katharine, 2, and newborn son Gavin.

"They keep us busy. It's a lot of fun," said Vaughn smiling at the thought of them.

When Vaughn is home, he enjoys sharing time with his kids and his wife, whether playing his favorite game on his Xbox, which is Batman at this moment, or just being around them.

"We Netflix the games and right now Batman is all that is on the tele-

Continued on page 6...

Fresh Perspectives



Lee Jacobson

The season of cold has finally arrived bringing many things. We saw our first real snow storm last weekend, and with it came a feeling of anticipation.

The wait and appearance of the first snow always reminds me how much I appreciate Vermont. The first snow took what seemed like forever.

I love the Vermont seasons, but the snow and bitter cold gets old for me very fast. The walk to classes has changed completely from hot hallways and sweaty classes to the freezing outdoors and warm classes. Wednesday's storm led many students to avoid classes, even though classes weren't canceled.

I was definitely hoping for a snow day, but I feel like it will take a lot to have a snow day here at Castleton. Last year at high school in Brattleboro, we got so many snow days I lost count. I don't know what to expect on a snow day, but I assume it will take worse weather than in high school.

The snow also brought finals. Being a freshman I have gotten sick many times from the stress I have made for myself and received. After some psychology classes, I feel like the amount of snow and cold plus finals will result in many students' getting sick. The combination of the cold weather and stress is a rough one.

All this is finished off with a beautiful goal of going home. It is the perfect time for Christmas break. It will soon be time to travel our separate ways to our homes for the holidays and families.

The semester will finally have ended and my first semester of college will be over -- finally. It has been a long one and I can't be happier to be starting new classes at a new time. I have learned a lot from my mistakes this semester and I know I will be a better college student next semester.

After writing a paper about the transitions a freshman goes through into college I can attest to and agree about the many new and different situations one goes through in a new college setting.

I feel like my success as a freshman was minimal this semester, and I keep telling myself the first semester is the hardest.

So I am slowly awaiting the start of this new semester with an open mind and my "git ir done" face. The start of the semester is coming, and I hope all my freshman counterparts are as ready as I am. Have a happy holidays and safe travels Castleton.

Castleton reaches out to El Salvador

By Jessica Lawrenson
Castleton Spartan

Castleton State College is opening its collective arms and big heart to more than the community surrounding it. This upcoming semester students will be making two trips to El Salvador to help a school there.

Kim Turner came up with the idea when she visited there in June for 20 days with Spanish tutor Cecilia Rodriguez. While there, they came across a school located in La Liberated that had little supplies, an unsanitary environment and unsafe places for the children to play. Kids, for instance, were found playing with a bottle for fun, Turner said.

"This is not a luxury trip," Turner stressed.

Students who go will all be cramped together in a two-bedroom house, meaning many of them will be scattered around the floor. But they will be in a secure area

where they will not need to get vaccinations. They will not be allowed to drink the water though, said Ana Alexander of the Spanish department who will be going on the trips.

"Charity like this is the only way to give back," said senior leader Jessica Duncan.

Duncan sees this trip as the first major unselfish act that she has done in a while. She works three jobs and goes to school, but said she believes that these trips are the only way to really give back and make a difference.

There will be two different trips going to El Salvador, one during February break and the other during April break. Not all who are involved speak Spanish both trips will have entirely different students going.

Professor Chris Boettcher of the English department is also going on the trip. Even though he does not speak Spanish, he said he isn't nervous about communicating



JESSICA LAWRENSON / CASTLETON SPARTAN

Professor Ana Alexander displays figurines for sale.

with locals. He plans to just interact and learn from them -- and help.

"We really want to learn from them," Alexander said.

A goal of the trip is to see life through the children's eyes. To do this they will be doing something called the

10 camera project. They will give cameras to the children to take pictures so students can see and study what they see every day.

Turner said that there are still some spots open in the April trip, but they will not be filled until proper funding has

come through. As of November they have \$3,000 towards the trip but they need a total of \$25,000 to pay for all students' needs and supplies for the school they are helping.

"Donations are welcome to help the cause," Alexander said.

When giving a donation, you can purchase a small figurine sculpture that when you pull them apart they have a scene, made by the people in El Salvador.

Each person going on the trip is doing their own fundraising to help the cause. Professor Sanjukta Gosh, who is struggling to learn Spanish before the trip, is hosting a wine and chocolate tasting party to support the trip.

"Even if it's only a little bit, it is still something toward the cause" she said.

For information on how to give a donation, help out or just get more information you can go to the group on facebook called "Project El Salvador."

CSC students see Springer live

By Mike DeDotto
Castleton Spartan

"Oops...I Banged A Tranny" was the name of the Jerry Springer episode that aired on Nov. 11, 2009. Eight Castleton students crowded around the 25-inch TV in the corner of the common room in Haskell suite 101 pointing and laughing at their own faces smiling back at them on the screen.

The eight students had departed from the warmth of their beds five weeks earlier at 4:30 on a Tuesday morning. Four men, four women, one Toyota, one Subaru, and four and a half hours to Stamford, Conn. to see the phenomenon known as "The Jerry Springer Show."

With Dunkin' Donuts pulsing through their veins, the former long-term inhabitants of the two cars power-walked their way to the studio at the corner of Broad St. and Atlantic St. And smiling down at them was a 20-foot photo of the man himself, Jerry Springer. They had arrived.

The Studio waiting area was dull with some posters here and there of Jerry, his former security member, Steve Wilcos, and Maury Povich, but it was classy. The people

inhabiting it, however, were a different story.

"Half of these people look like they could be on this show," said Mike Campbell to his friend Adam Desautels, the man who orchestrated the trip.

"I called and asked if they could give tickets to a group of eight Vermont college students," said Desautels remembering his phone call. "The lady said the biggest party they do is four, and then she put me on hold. When she came back she was like, 'We can do fifteen?' I was like 'sure!'"

The eight friends received their tickets and were ushered to the front of the line when the show was about to begin taping. They were V.I.P.'s and when they entered the studio, they were put in the front row in front of the floor seats.

"Dude! Jerry's going to be walking right in front of us!" Desautels said to a fellow student.

"It looks a lot bigger on TV," said Amanda Payea to her friend, Jennifer Gabriel, who shared a look of agreement. The two had stopped to ogle the set. It consisted of the crooked "Jerry Springer" sign synonymous with the show,

spindling stairs to a catwalk, which the eight of them and 200 other audience members would watch Jerry walk across to begin his show, and a stripper's pole that he would slide down to commence the program.

The director, Todd, stood to the side of the stage and gave the audience cues to stand and applaud, chant and taunt, and of course shake their fists while saying, "Jerry, Jerry, Jerry."

The cheering and applauding began and the eight students rose from their seats to watch Jerry go through his "stunts" and come across the their row to shake each of their hands.

The first guest was a woman whose man had been cheating on her with what she thought was a woman. The person strutted on stage in a dress and makeup, and the theme that would go on for most of the show began. Pushing, shoving, grabbing, hair/wig pulling, and all other forms of fighting unraveled before the eight pairs of eyes.

"I did have sex with your man!" the person told Jerry's first guest. "And another thing, I'm also a man!"

Following the first wacky

story came a lesbian who cheated on her lover with her lover's brother, a cowgirl whose cowboy boyfriend was sending naked pictures of himself to another woman, and a "redneck" whose wife was too fat and wouldn't stay with him until he erased his debt. Jerry spent his time during commercial breaks joking with and making fake passes at audience members.

The part of the program that the eight friends had all been waiting for had arrived. All the guests were brought on stage and Jerry took his microphone around to various audience members to make fun of the guests. Whoever had the best joke got to go on camera and say, "We'll be right back with Jerry's final thought," and won a free t-shirt.

A larger man with brown hair to his shoulders called one of the lesbians Queen Latifa in his joke, and she returned his statement by calling him, "the Fat Jonas Brother," to the delight of the audience.

Before the friends realized what had happened the microphone had found its way into Desautels' hand and he too had something to ask the same guest as before.

"When you two go to fam-

READ THE SPARTAN ONLINE
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Campus Quips



Mellisa Pope

Question: What did you ask Santa for this year?



Corrie Kreener

For a new Barbie play house.



Mariah Phillips

I asked Santa if I could have an elf.



Molly Fraher

I asked for snow!



Oliver Aldrich

I asked for clothes for my internship next semester.



Renae Larose

A plane ticket to florida.

Hello Winter!



ROBERT BURGE / CASTLETON SPARTAN

Forest Bailey, 2009 Rails to Riches winner, gets technical on the down flat down bar.



WYATT ALOISIO / CASTLETON SPARTAN

A tree was taken out by the wind in last wednesday's wind storm.



ROBERT BURGE



ROBERT BURGE / CASTLETON SPARTAN

Twiddle rocks the The Pickle Barrel on Dec. 3.

Lamy's class cleaning up pond, creating park

By Robert Doran
Castleton Spartan

Lamy's class cleaning up pond, creating park

A few years ago Castleton State College built new dormitory houses tucked away in the corner of the constantly growing campus.

These houses seemed like a great place to live, but with a bit of an eyesore in the backyard.

That is all about to change in the coming year.

Phil Lamy and his 'Sociology and Anthropology' class will soon be renovating the pond behind dorms to offer a picturesque area that will also be used as a gathering place.

"This class is all about building community. This is what we try to do," said Lamy, whose students have already done some cleaning up of the pond - including hauling a deer carcass out of it.

The pond, formally named Brough Pond, will be further cleaned up and renamed by students of the Castleton community.

The students involved hope that it can become a place for everyone to go and hang out,

regardless of the weather.

"The Secret Garden' is what the students in the class are calling the pond area.

"We want it to be used for skating, cookouts, or even weddings," said Jeff Giegler, a senior involved in the project.

The area in and around the pond, which has been a mess with buckthorn weeds and trash since the Lions Club stopped caring for it, will be cleaned up and renovated to fit the needs of students and community member alike.

"This is a beautiful space. We would like to open that up for everyone to enjoy," stated student Alex Aroldi.

The idea is to have the paths around the pond connect to the cross-country trails as well as others around the area to give it that connectivity to the rest of campus.

President Dave Wolk is a huge fan of this project saying that he "highly supports it" and wants to get it done as soon as possible, which likely will be fall of 2010.

The consensus around the campus seems to be that the newly renovated Campus Center has one downfall,



WYATT ALOISIO / CASTLETON SPARTAN

The pond area behind North, South, and Audet Houses will soon become a new park for the Castleton Community.

the lack of the amphitheater, which was removed during construction.

A new amphitheater is a proposed for the hill next to the pond, possible for concerts and shows to help make the space more appealing.

Lamy said he would like to have a place for students or classes to gather and be able to sit down and enjoy a good show with the comfort of a calming place like a clean pond area around them.

"We want to turn it into a

nice park, and the preparations have begun," Lamy said.

This proposal is not a new idea however.

The school had purchased the land four or five years ago with the intentions of turning it into a place to enjoy, but other priorities came up and the project has been delayed.

"It really warms my heart to know that the students care enough to step forward on this," said Wolk with a look of gratification in his eyes.

Wolk added that the class

had generated new ideas and he said he is very pleased with their dedication to putting the plan into effect.

Lamy's class has had a number of successes already including the outdoor classrooms by Leavenworth hall, Pub Night, and the Bike program on campus.

"This class will be four for four in renovation ideas after this is complete," said Wolk laughing.

Salvia: the legal weed, for now

By Eva Kane Leenman
Castleton Spartan

Editor's note: Names and identifying details of some of those interviewed have been changed.

The pipe was black and white and absolutely tiny-- a miniature version of something Sherlock Holmes would have smoked out of. Jake, 21, watched as his friend, Sean, 20, shook a bit of the green leafy substance into it, and pushed it down with his thumb. He handed the pipe to Jake.

"Now listen, bro," Sean said. "You can't smoke this stuff like you would regular herb. Pull in as much as you can and you gotta hold it in until you can't anymore."

Jake lit the bowl and inhaled. Woah, he thought as he pulled the smoke into his lungs. It tastes absolutely horrible. But Jake held it, and held it, and when he finally felt he had to exhale, there was nothing to exhale; all the smoke had disappeared.

"Wow," Jake said, or tried



EVA KANE LEENMAN / CASTLETON SPARTAN

A student holds a bag of salvia.

to say.

But all that came out of his mouth was a jumble of syllables and the snort of a giggle, which quickly turned into full-on, hysterical, belly-shaking laughter that he couldn't stop.

The drug, whose street names include Sage of the Seers, Sally-D and Magic Mint, is Salvia, and the thing is-- it's legal.

Effects of its use include perceptions of bright lights, vivid colors and shapes, dysphoria, uncontrolled laughter, a sense of loss of body, overlapping realities, hallucina-

tions, lack of coordination, dizziness, and slurred speech.

Basically, said Wildo, 20,

"Salvia is [messed] up!"

So if it's so messed up, why smoke it? The answer to that, according to Sean, is simple. It's legal.

"I can just walk into a store and buy it, or order it over the net. I can't do that with pot. Yet."

Wildo, who says he smokes pot every day, has only used the drug a few times, stating that he doesn't really enjoy Salvia because the trip is too intense and overwhelming.

While it may seem like Salvia is just appearing to the drug scene, the truth is it's been around since the Mazatec Indians began using it for its ritual divination and healing.

Wildo heard about the drug from some friends who said they really liked it. So it talked to his local head shop owner who gave him some information about it before he tried it.

Gretchen, 26, who smokes pot on a regular basis, said she had never heard of Salvia, but would definitely try it "because it's legal, so why not?"

According to the Drug Enforcement Administration, salvia divinorum is a perennial herb in the mint family that is native to certain areas of Mexico.

"The first time I used it" Wildo said, "Nothing really happened. I got all sweaty. My body felt like it was floating. It was rather relaxing, minus the sweating part. It only lasted like that for about 10 minutes. But after it left me feeling relaxed. The first time I "tripped: off of it is hard to

explain. It was mostly visual but it also changed perspective of my mind. There were bright swirling colors and common objects turned into different forms. I don't know how long it lasted like this, but it was "intense".

Currently, Salvia is not controlled under the federal Controlled Substances Act, but as of October 2009, fourteen states have enacted legislation placing regulatory controls on its use or distribution. In 2007, the town of Middlebury banned the sale of the substance and is currently facing a lawsuit from the owner of Emporium Tobacco & Gift Shop, whose Middlebury location closed after the ban.

As to how popular Salvia is, an employee of the store's Rutland location, who gave his name as Jim, said they sell about a hundred "units" a month.

Angela, 21, has heard of Salvia but has never tried it.

"But," she adds, "I knew a girl once who said she bought some online smoked it with her brother and he drooled everywhere...or something."

SEX!

Now that we've got your attention, visit Castletonspartan.com for more stories and online exclusives. It's EXCITING.

Incredible melodies to be thankful for

By Anders Ax
Castleton Spartan

So I was thinking about what kind of music all of us should be thankful for, and incidentally all the music came from what I listened to over the Thanksgiving Break.

First is the soundtrack to 2001: A Space Odyssey directed by Stanley Kubrick. The film is within the science fiction film genre for its editing, sparse story, visual experience, and its realism for depicting outer space. The soundtrack guides the story along through man's voyage beyond the stars. Three famous compositions are used: On the Beautiful Blue Danube by Johann Strauss II, Richard Strauss's iconic Also sprach Zarathustra in the opening

credits and György Ligeti's Lux Aeterna. Each evokes an incredible feeling of guidance, dramatic proportion and awe - in that order.

Another film I happened to stumble across was A Fistful of Dollars, the film that established the spaghetti-western genre, directed by the great Sergio Leone. I had never had the time to watch the film, but when one combines Thanksgiving break and Hulu, great things can happen. During the film I noticed the story and editing was insistent and hanging on the action of the music. The music itself contains the soul of the theme, the humor and the drama that, with the cliché style, leads to incredible enjoyment. Upon further inspection, I discovered the incredible composer, Ennio

Morricone, who has composed dozens of films and is recognized for his themes from A Fistful of Dollars, For a Few Dollars More, The Good, the Bad and the Ugly, My Name is Nobody and The Untouchables. Dramatic, ironic and ranging through vast styles, Ennio Morricone is hard to ignore and we are blessed to experience his music.

For many weeks I have deliberated whether or not to include my next rant. I have now decided that we should be most thankful for the loud, the great, the exemplary... DAFT PUNK.

Now this may not seem like a huge deal to you, but to me Daft Punk holds the gold, no, the diamond encrusted platinum medal, for being the only group to ensure a perfect and

serene sound that completely and totally calms me down and reduces me to either a state of Zen or a state of extreme avidity. We can dance to it, we can sing it, and it kills me that Kanye West did a cover of it. But it doesn't matter because their sound is wholly singular and incredible. Their repertoire as a group isn't expansive, but anyone in the electronic world knows the robotic-clad-duo of Harder, Better, Faster, Stronger and One More Time. Actually, even you, dear reader, probably know it without knowing you do. When their live experience, Coachella 2006, was released, I loved it. They mixed their music together and introduced new tracks made all the more awesome by the fact that it was live. Two years later in St. Petersburg, I dis-

covered the Alive 2007 album had been released. Following in the footsteps of Coachella 2006, I didn't expect it to blow any rules. Oh how wrong I was.

More intense, more bass heavy, more willing to destroy car windows and shatter wineglasses, Alive 2007 rivals the majesty of DJ Tiesto, Paul Oakenfold and Armin Van Buuren crushed together in terms of best dance album or best experience to produce a feeling of all the awesomeness in the universe being crushed into a black hole simultaneously going thermonuclear.

Oh yeah, they're also composing the music for Tron: Legacy coming out next year. There, said and done, they rule.

Senior Style



Molly Fraher

Almost midway through the month of December. Aside from the few snowflakes that dust the ground once a week, it's not looking like we're going to have white holidays anytime soon.

Can we blame it on Global Warming? Or is it just a fluke? I was under the impression that a rainy summer guarantees a snowy winter. But so far we just got soaked from June to August only to have a brisk, November-like December to show for it.

Anyone else feel a little cheated? I certainly do. Time and time again we fill our heads with false hopes of a snow day, simply because the Doppler Radar indicates a front is moving in.

What's going to happen now is the classic story for every year. We'll say our goodbyes after the semester ends, and while we're enjoying our break, we'll get blizzards and snow squalls that blanket the earth and force us to enjoy the warmth of our homes.

It never fails. I think we obsess so much about the 'snow day' because it reminds us of our childhood. It's something that has stayed with us since our educational journeys began.

Every year we hope for at least one. Just one day in which we can venture out into the fresh powder and explore the winter wonderland around us.

Of course, snow for the holidays wouldn't be so bad either. If we're going to be cooped indoors with family and loved ones, we should at least be able to gaze out the window together and appreciate one of nature's most beautiful gifts.

I can remember, back in the day, when it would snow from November to March, on and off, creating a new playground each day. Progressively, throughout the years, it seems like we've gotten less and less snow. Coming from a state south of beautiful Vermont, I expected the snowfall to double, or at least start a little earlier than what I had been used to.

No, that wasn't the case. We waited, and eventually, flakes quietly dusted the cars and littered the roads. Countless times we would watch the news, and expect a closing or a delay. And countless times we've had our hopes shot down. Storms were never as big as the meteorologists claimed them to be, and the accumulation was never as high as expected.

The time frame for which the sky opens up seems to vary from year to year. The only predictable thing is that it's unpredictable.

Sometimes it snows, sometimes it doesn't. Bottom line, we have no control no matter how much we wish we did. It makes me wonder if there will come a winter where we have no snow at all.



ENTERTAINMENT IN REVIEW

Book Review



By Wendy Young
Castleton Spartan

Mary Faber came from an average income family, at one point. Then there was the disease that killed them all off. After that, Mary, like many other London children of the

1800s, lived on the streets. For a while, Mary lived with a small gang. When the gang's leader was killed, however, she decided that this was no longer the place for her.

Pretending to be a boy, Mary, calling herself Jack, becomes a ship's boy on the HMS Dolphin. When in her first battle she kills a pirate in order to save another ship's boy, the crew gives her the nickname of 'Bloody Jack'. A name that she doesn't like, but puts up with since she keeps getting herself into these situations where the legend of the name can grow...

Bloody Jack by L.A. Meyer tells of the trials of a girl pretending to be a boy in the 1800's. It is an engaging story that makes the reader want to find book two. (Which is called Curse of the Blue Tat-

too) However, since Mary did grow up on the streets, the book is a little hard to follow at some points, when that is the only kind of language she is using - 'street talk'.

Movie Review

"Thoughts"

Produced by Erik Kapitan

By Meghan Dufour
Castleton Spartan

Ever wanted to just escape reality and live within an alternate world that is made up in your head?

It may seem like the ultimate getaway for some people, but it could also turn to disaster.

This seemed to be the ques-

tions that ran through my mind after view Eric Kapitan's film, "Thoughts".

The main character, Ethan, lives a dark and depressing existence. He loves a girl he can't get. His ladie's man roommate mistreats every woman he is with and yet the ladies just keep crawling back for more. The only person he hangs out with his childhood friend who spent the bulk of their youth taunting him. And to top it all off, the girl that he remains devoted to is the new lust target for his roommate.

With actions like this summing up your life, who wouldn't want to build themselves a better life in their head, because at least in his mind something will go right for him.

This is the feeling I was left with after watching this movie

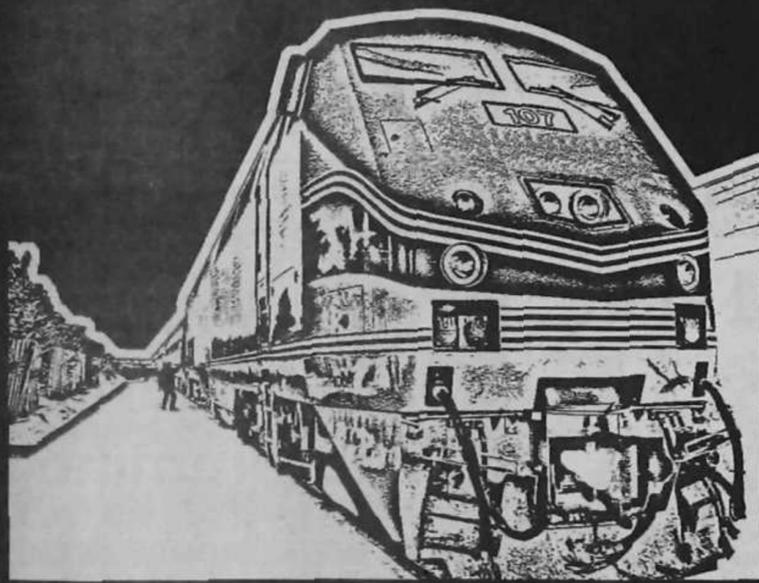
that was written, edited and directed by Kapitan.

The movie does a good job of making the viewer guess whether the scene we are watching is reality or if it is just imagination. You are left second guessing whether the whole thing was just a dream or if it is mostly reality. It makes you think more about the storyline and whichever point of view you take on it, can completely change the outlook of the film. You get to decide how you want the story to really end.

It is a very well done student film. Kapitan's passion shines through in the story and in the completed movie.

It is obvious that he has a very right future in the cinematic world ahead of him.

THE TRAIN IS COMING!



Amtrak's Ethan Allen Express will be offering passenger rail service from Castleton's newly renovated train station.

- This station stop will give riders access to the train hubs in Albany and New York Penn Station as well as other stations along the line.
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- For Train schedules, reservations and other info visit our website:

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Vandals hit CSC

By Maria Arnot
Castleton Spartan

Vandalism, by definition, is a deliberately mischievous or malicious destruction or damage of property: a vandalic act. For years, Castleton has suffered from such acts of ruthless destruction, but has recently seen a dramatic spike in the reported number of incidents.

In 2005 thousands of dollars worth of damage to vandalized signs. In 2008 several vehicles broken into; the vandal shattering all the windows.

But 2009 has been worse. There has been damage to a residence hall elevator (a vandal removed all the buttons from the Babcock Hall elevator) and to several vending machines during Fall break. There was \$3,200 in damages to Castleton Hall when someone layered the walls, floors and rugs with green and purple paint.

And on Nov. 30, the first night back from Thanksgiving break, Castleton was struck again.

According to Bob Godlewski, director of Public Safety, the act occurred around 1 a.m. when a car in the Campus Center parking lot received blows to all four of its windows.

"It was completely devastated," said Godlewski.

Although there are cameras located sporadically around some of the parking lots, the culprit was not caught on tape and has remained unknown.

Buut a new tips line at extension 6043 might pay off, according to Godlewski.

"We have had some people who have come forward on the tip line," said Godlewski.

An investigation is currently underway.

In addition to the random tip-line, a "Community-Watch Service" is in the mix. The ser-

vice, as Godlewski explained, would essentially be a group of people who would not only track down vandalism, but any type of crime. The group would not be solely comprised of public safety officers, but average students.

"Our staff just isn't big enough to cover the campus at all times," Godlewski explained. "We need people ready, willing, and able to stop a crime from occurring."

Director of Residence Life Michael Robilotto, another supporter of the Community-Watch Service, said that since there has not been a specific pattern to the acts, and no clear link as to who has committed the crime, it is important to have such a service.

"It is going to take more than one or two people," said Robilotto.

Castleton senior Mike Miller, who is the chief justice of the college court, explained that there have been a few incidents of minor vandalism in which students have been caught. But far too often that the vandals go unscathed, he said.

"It is extremely important to educate students on what to do if they see something happening," said Miller. "I know I have called Public Safety before."

The new tips line will be in place for the remainder of the semester and can be anonymous.

In addition, any person interested in helping to establish the Community-Watch Program should contact Bob Godlewski at ext. 1288.

"I believe in a small community, and when it's this type of situation I believe everybody should work together for the greater good of the community," said Godlewski.

Pitts stresses hard work, goals

Continued from page 1...

Pitts to a Media Ethics class earlier Monday. "People don't care how I feel about a situation. Journalism is about providing facts and details. I'm going to have my own opinions, but that's not my job to tell it. The best advice is to care about people, just let writing and caring be your strengths and don't trade those in for anything."

Throughout his speech Monday night, Pitts came back to a message to students on how important it is to pick a career path in life and stick with it — like he did.

"It's important to make choices in your life," said Pitts, sounding almost like a preacher to the inspired crowd of students and residents. "You must pick one door to walk out, and I knew journalism was my one door. '60 Minutes' was my only career ambition and I did it. It is your right and responsibility to make choices in life and be clear about the vision you have for your life."

Following the speech and questions, attendees lined up to meet Pitts and get a signed copy of his books. Many thanked him for coming, and Pitts asked every student what their life plan was.

"This was amazing and very genuine," said Jan Rousse, assistant director of the Stafford

Center for the Study and Support of the Community at CSC. "The message he portrayed was exactly the type of message students should hear."

Community College of Vermont professor, Tammy Howard, who took 22 of her students to see Pitts, agreed.

"This was very rich in content and spirituality," she said. "The students were moved. This has been a gift to the community."

One student waited in line to meet Pitts for more than 40 minutes. And when Pitts asked him if he wanted to sign a book for him, he told him he didn't have money to buy one. Pitts bought the student the book, signed it as a gift for his mother and chatted with him about his life goals.

"He was very inspirational especially toward us students to work harder and be motivated to improve our futures," said senior Carrie Olore. "He was very personable and it was great being able to hear his story."

Journalism professor David Blow, who brought Pitts to the school, said he was thrilled with the lecture and the reaction of students and local residents.

"I know how inspiring he is and he didn't disappoint. And he spent three hours in three different classes giving his time. That just speaks volumes about who he is," Blow said.



WYATT ALOISIO / CASTLETON SPARTAN

'60 Minutes' correspondent Byron Pitts talks to a media ethics class on Nov 30.

Wife details media pressure

Continued from page 1...

takes that picture," he said. So, when the Phillips story broke, Talbot was one of the first ones on the scene. Problem was, Andrea was adamant about her photo not being taken during this whole ordeal. Talbot, who decided not to snap the shot, told students that photographers need to respect people and know when to be human in a situation and not snap that photograph.

"I was pleading with everyone to not take my picture. I am a registered nurse in Burlington and know a lot of people. I just really didn't want this to be about me or my kids. It was very overwhelming," said Andrea.

Andrea's normally slow paced town turned into media frenzy. Everyone waited for news about Capt. Phillips, good or bad, so they could catch the family's reaction.

"I tried to be nice to everyone. I'm Italian so I wanted to take care of everyone. I asked people if they needed to use the bathroom, but then realized I got hounded every time I stepped outside. I just camped out inside my house. The only thing I kept saying to people was that when I have something to say I will, but I



WYATT ALOISIO / CASTLETON SPARTAN

Castleton student Mariah Phillips poses with her Mother Andrea Phillips, and father, Capt. Richard Phillips, during their recent visit to Castleton.

don't," said Andrea. "Richard learned not to trust pirates, and I learned not to trust photojournalists," added Andrea.

While this was going on at home, Capt. Phillips was being held captive on a ship with pirates, completely unaware that the media was following his story throughout the world.

"All I was thinking was that I am in a lot of trouble, I'm in a life boat, no one knows I'm here," said Capt. Phillips.

"Richard had four pirates to

deal with, I had the media, I am pretty sure I had it worse," Andrea said to the class.

Capt. Phillips told the class about his horrowing time in the life boat, but he said the thing that baffled him the most was how much media was attached to this, and still is.

"I'm happy swine flu came along to take over the headlines," he said.

Media still surrounds the Phillips family. A book will be coming out about his story and a possibly a movie too. But

this small town family continues to live their normal everyday life, interrupted occasionally by some random reporter from time to time.

"I had a great life before. I wish it had never happened, I would be back at work now. I don't see it as a plus for me being the first captain to be taken, I see it as a bad thing," Capt. Phillips said.

"Richard has always been my hero, I just didn't think I'd have to share him with the rest of the world," said Andrea.

Ghosh gets schooled

Continued from page 1...

to look at other people's exams."

Kidding aside, Ghosh is very interactive in the classroom — both with her teacher and with the students around her. Every now and then, she'll talk to the group of girls sitting around her or joke with another student across the room. She is probably the most talkative of all and always asks many clarifying questions.

As she sits in class, she concentrates on the exam packet and then raises her hand. Gimenez calls on her.

"How long is the test? It's going to take me a long time," Ghosh said.

A few minutes later, she asks another question.

"Are all the directions going to be in Spanish?"

When Gimenez answers yes, Ghosh says jokingly, "She wants to make our lives miserable."

But Gimenez then said there will be extra credit and Ghosh's face lit up, knowing that there is hope on the horizon for her next exam. Students laugh with her as she shares their same anxiety

about the final exam. Her fellow classmates seem to like her, partly because she is going through the same thing they are and partly because she adds a bit of comic relief to the class.

"She gives us a laugh," David Deghetto said.

"Yeah, she's our source of entertainment. Prone to be made fun of, but she's great," Andrew Shea agrees. "Her pronunciation is good, but I'm pretty sure she doesn't know what she's saying."

Going to class is not Ghosh's only commitment though, as Gimenez points out.

"She shows up late every now and then, not because she doesn't want to go, but because she is busy with other things. She teaches other classes, she has to grade papers, and other things. Plus, it's harder for her because this will be her third time learning a language."

Ghosh, interestingly enough, actually shares some aspects with Gimenez that could benefit her in the class.

"Her culture and mine have much more in common than American culture," she said.

Master's program slated for 2011 start

Continued from page 1...

have to be here ten semesters to complete it, she said.

"You need 150 credit hours for the CPA exam," Huntington said, which she said requires a student to stay the extra two semesters, yet leave with only a bachelor's degree in accounting.

Another senior, Jeff Alexander, says that the extended program "basically makes the accounting and business programs more marketable to po-

tential students." He said that the master's program is intended to keep Castleton State College competitive with other colleges across the country.

International accounting standards have also increased and new regulations have been added to make the accounting major an increasingly more demanding program, the accounting professors said.

Because of such incidents like the Enron bookkeeping scandal, firms and companies are trying to make sure that the

candidates they hire are well-prepared for the challenges and situations they'll face.

Although in-state students majoring in accounting will finally be able to catch up with students on other states in terms of nationally accepted standards, Alexander stressed that the new program will be "marketable for out-of-state students because they'll get their 150 credit hours they need to be licensed in both Vermont and their home state."

Brill emphasized, however, that the program has only been

approved by Castleton State College's faculty and has yet to be reviewed and voted on by the Vermont State College board.

Brill added however, that she is optimistic the program will be approved and ready for the 2011 planned implementation.

"We think it's going to be an excellent program," she said.

Giles: Vaughn was the 'one person for the job'

Continued from page 3...

vision," said Becky laughing, hinting that Vaughn was in the background shaking his head.

Back in his office, Vaughn sits with his hands behind his head talking about how he came to love jazz music.

"The Glen Miller Band really got me into the whole jazz thing," Vaughn said.

He said he tries to imitate the sounds of Stan Getz or Lester Young, a kind of smooth

and mellow sound. As a tenor player, he said these sounds seem to fit his personality as well as his own playing style.

Vaughn is a very modest man and he's all about helping others succeed and share in his passion.

"Anybody can play the music, but to perform it to the highest level you have to feel it," said Vaughn.

This is what he said he tries to get students her at Castleton to realize.

He thinks it is very important that students pick their own style by playing around and listening to many different styles. Vaughn was pushed by his step-father to pick what he wanted and he would like to do the same here.

In his office, above his desk hangs a couple pictures that sum up what Vaughn is all about, but one in particular carries deep meaning for him.

The verse of the Navy Hymn is framed and when asked why,

he paused and gazed at the picture with a reflective glare in his eyes.

"My grandfather had a major impact on me, and this was a way to show it," said Vaughn, adding that his grandfather served in the Navy.

Vaughn played the Navy Hymn as his final piece at a concert in North Central College, where he graduated.

"My grandfather died when I was a sophomore and never got to see me teach and this

was a little bit of a dedication," Vaughn said. "It was my personal connection with the music."

"The beauty of being a music teacher is that everything is always different no matter how long you do it," Vaughn said.

And he plans to do it for a while.

"I can see myself at 65 going out there and doing the same thing I'm doing now," said Vaughn saying that wealth

would be nice, but you have to love what you do.

Vaughn then sits back in his chair as if ready to finish a reflective discussion.

After a pause he said, "I want to give the students the experience I had back there," pointing to a picture behind him.

The picture was his college band — and all band members had huge smiles on their faces.

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 in Spartan sports and cultural programming

Ski teams look to dominate the slopes again

John Shramek
Castleton Spartan

Over the past four seasons, the Spartan men's and women's ski teams have quietly morphed into one of the strongest athletic programs on the Castleton campus as they have captured division titles in each of those seasons.

The Spartans hope that this season will be no different.

But in order to reach their overall goal of earning a bid into the United States Collegiate Ski & Snowboard Association Nationals race at the end of the season, both teams will need to mix new blood into the winning formula. The Spartans will have four new men and five new women on their roster.

Both teams lost key racers to graduation this past May. Coaches Chris Eder and Dale Solotruck hope that those losses will be balanced out by "a very talented and experienced group of freshmen," as Eder put it.

For the men, the loss comes in the form of Justin Schwartz, who was a USCSA All-American, holding Castleton's all-time wins, top 3 finishes, and top 10 finishes.

New men's racers include Steven Zotter, a 2009 New York high school state champion; Thacher Karner, who has competed at the national and international levels; and Connor O'Brien, a member of the 2008 and 2009 Connecticut Interscholastic Ski League All-State teams.

The men's team will also need strong performances from its leading returners: Greg Towle, a three-time

Eastern Collegiate Ski Conference All-Division skier; Charles Robbins, a two-time ECSC All-Division skier; and Bobby Jones, the top rookie in the ECSC Thompson Division last year.

The women's team will have to deal with the loss of Colleen Pruss, who ended her college career ranked third in Castleton top 3 finishes and tied for second in top 10 finishes.

The women's team will welcome Kristina Sundin, Courtney Donovan, Corrie Keener, and Kristin Leggett, who placed 16th in the slalom event and 18th in the giant slalom event at the US National Championships in Alyeska, Alaska, where she found herself competing against some of the best American World Cup and Olympic skiers.

"I think [Leggett] will make a big difference with our team. She has lots of experience racing at the national and international levels," Eder said.

The key returners on the women's team are Erica Luce, Katie Martin, Michelle Podnecky and Heather Patterson, a three-time ECSC All-Division skier.

In addition to those skiers, Eder says, the program will welcome two new skiers, one man and one woman, at the start of the spring semester.

"[Solotruck and I] believe that both will make a huge impact on the teams once we work them onto the teams," Eder said.

The incoming talent isn't the only thing new with the teams this season, though. According to Eder, the teams have a new dry-land training regimen that they have been working at for the

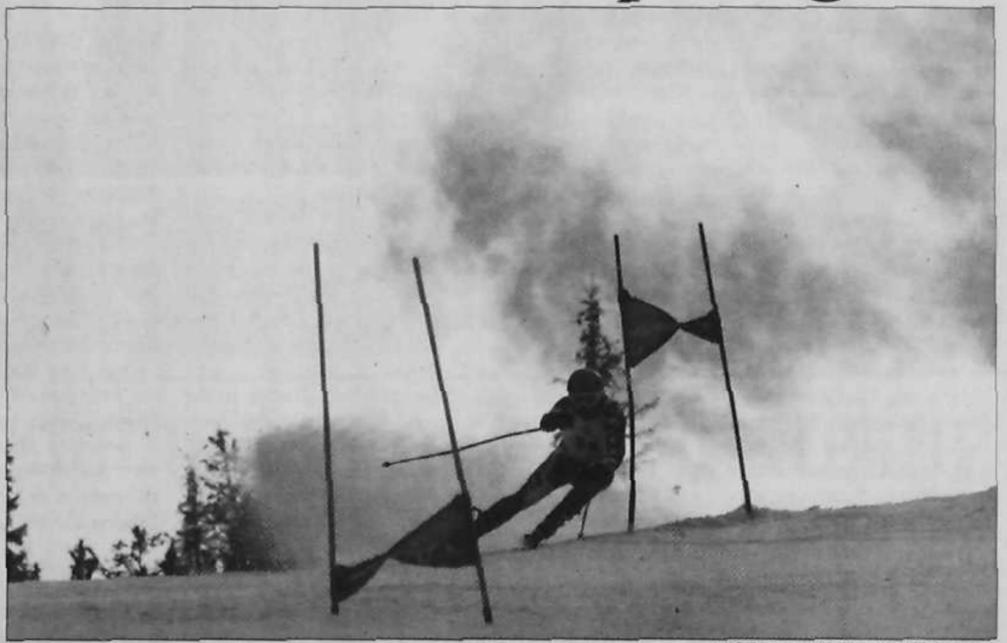


PHOTO PROVIDED BY CHRIS EDER

Charles Robbins competes in the giant slalom at least season's Nationals

past 10 weeks because of the lack of snow this year.

"We have been working with Al Jean [Castleton's Strength and Conditioning coach] quite a bit, and it has been making a huge difference. What Coach Al is doing with our team is amazing," Eder said. "This is my seventh year coaching at Castleton, and this is the fittest and strongest team we have going into the beginning of the season."

The Spartans' other fitness work has been with Dr. Justin Carlström, a new faculty member in the Exercise

Science Department. According to Solotruck, Carlström's work aims to help the athletes maintain a certain fitness level so that racers don't deal with fluctuating levels of fitness.

"[With the help of this work] one would be at a higher state of fitness for the entire year, thereby decreasing the likelihood of injury, fatigue and illness," Solotruck said.

All of this fitness preparation should help the Spartans stay at the top of their game as they aim to take down the usual stiff competition they will face from the likes of North-

eastern University, Tufts University, Worcester Polytechnic Institute and Boston University during the regular season. In the postseason, Castleton will surely square off against the likes of Colby-Sawyer College, Boston College and the University of Massachusetts, Amherst.

The Spartans will get their first taste of action this season on Jan. 9 and 10, when they compete in the slalom and giant slalom races at Sunday River Ski Resort in Bethel, Maine.

Hockey team struggles early

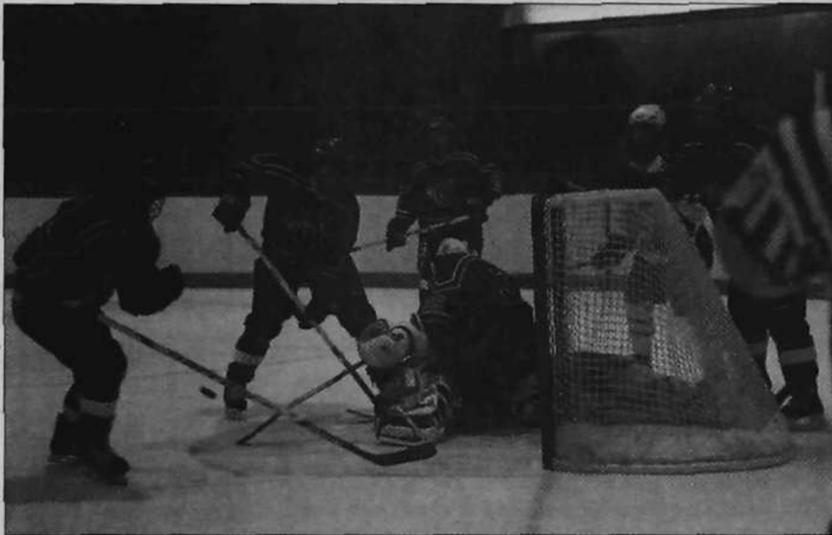
Robert Doran
Castleton Spartan

The early-season struggles of the Spartan men's hockey team have been a reoccurring theme every winter, and this year has not been an exception.

The Spartans are off to a disappointing 1-5-2 start. Their only win came at home in the Rutland Herald Invitational Tournament against Becker College.

The Spartans suffered losses at the hands of St. Anselm, Colby and Bowdoin. Castleton's North Atlantic Conference record has dropped to a dismal 0-3-1. The Spartans' only tie came on opening weekend versus New England College, ending with a score of 2-2.

Coach Alex Todd said that the effort has been there a majority of the time, but it is just a matter of getting good shots to the net and getting bodies out front. Once that happens, then the offense will come. The



ROBERT DORAN / CASTLETON SPARTAN

Omar Pacha and Stuart Stefanee protect their own net against Colby College.

Spartans have just 19 goals in eight games this season.

Lindsey Gullett, the Spartans' leading scorer, agrees, saying, "We just need to work hard for our offense, with bodies out front for screens, and the goals will come. We just

have to keep pushing," he said.

Coming into the season, Todd said the team should be fine, and that he would like to get off to a fast start.

This team has not met the expectations of the fans, coach

or players up to this point in the season, but the most recent effort in a come-from-behind tie versus Utica College is a step in the right direction.

"It's been a tough stretch so far, but a game like this can really bring a team together, and

hopefully it will," senior captain Nick Westcott said of his team's brilliant third-period effort.

The Spartans trailed on more than one occasion in the game, but never gave in to the pressure of Utica. But Castleton only kept pushing with pressure of their own as Josh Harris and Omar Pacha each added tallies in the third, including a power-play goal with 27 seconds left, sending the game to overtime.

"We aren't where we want to be as a team this many games in, but a game like this feels good," said Gullett.

There hasn't been much smiling after games for the Spartans in the early portion of the schedule, but they really seem to be gaining traction to make a run. The team has continued to push to the net, shooting the puck from all over the ice in hopes of generating offense. Doing that will eventually translate into wins soon enough.

"When you put pucks on

net, you create scoring opportunities and that is what we need right now. When you play with consistency, bounces start to go in your favor and you start to get the breaks you need to be a winning team," said freshman forward Ben Schoeneberger.

Todd had a smile on his face after the Utica game saying that the effort was good.

Westcott agreed with his coach.

"I'm happy with our effort tonight, now we can hopefully move forward as a team and get some wins when we come back from break," he said.

"We have had teams in the past with less talent that have done better. It's just a matter of time. The team is struggling to find an identity, but it is definitely starting to show," added Todd.

The Spartans will return to action on New Year's Day in Plattsburgh, looking to build off of their best effort of the season.

Women's hoops at 4-5

By Mike DelDotto
Castleton Spartan

The Castleton women's basketball team capped off its first third of the season with a win over Elms College on Dec. 12 as part of, what coach Tim Barrett calls, the toughest non-conference schedule the team has ever had.

"[The schedule] is a real good measuring stick of where [we] are at before conference play," Barrett said.

The Spartans' season began at home in the Spartan Athletic Complex with Castleton shelacking New England College by a score of 58-35. Following the win over NEC, the Spartans traveled to Plattsburgh for the "Cardinal Classic," where they lost 77-45 to Baruch, a team that made its way to the second round of the NCAA tournament a season ago. The team then won big over Albany Pharmacy, outdoing the team with an 84-43 score in

the consolation game of the tournament.

The Spartans went 2-4 following the tourney with a win over the University of Maine-Machias in addition to the Elms win, playing on the road in each of those six games.

"I hate traveling," said junior forward, Kristie Dunchus. "I love playing home games where the fans are very supportive."

Barrett said he is excited to be back home as well, pointing out that the team has a couple of home games at the start of the second semester.

The Spartans next big obstacle will be going up against Husson, the team that was unanimously voted to win the North Atlantic Conference, at home on Jan. 22.

"Probably all the Maine schools are tough teams," said Dunchus. "We're looking at all of them."

Barrett, though, said he is taking a different approach.

"I haven't thought too much about it," Barrett said with a shrug. "I like to take it one game at a time."

The Spartans are off to a 4-5 start and go into the break with some things to work on. Barrett says the team needs to be more consistent on both sides of the ball, as well as have more consistency in their effort. He had these similar words a year ago, and his squad bounced back from their slow start to win a NAC championship and NCAA berth.

The Spartans will next be in action after winter break when they host St. Joseph College on Jan. 7.



Castleton in Peru Summer 2010

Join Professors Ana Alexander & Liza Myers in an exploration of ancient and contemporary Peru. Don't miss out! All majors are welcome!



Informational meetings:
December 3, 1-1:45 pm
December 10 5-5:45 pm
Leavenworth 106

Contact:
Ana.Alexander@castleton.edu
liza.myers@castleton.edu

Men's basketball at .500 entering break

By Nicole Parker
Castleton Spartan

Players on the Castleton State College men's basketball team have started warming up to each other in winning four out of their last eight games.

The Spartan's opened up there season on Nov. 17 against New England College. With the largest crowd Glenbrook Gymnasium has ever seen, Castleton fell to the Pilgrims due to a buzzer-beater launched by NEC's Andrew MacDonald. MacDonald only played in the final two minutes of the overtime. Sophomore Derrick Faragon paced the Spartans offense with 15 points, while sophomores

Jared Paul and Greg Hughes each tallied 13 and freshman Kevin Eisenberg added 11 off the bench.

After the disappointing home opener, Castleton won their next two games against MCLA 80-69 and Cazenovia 103-89, clinching the Tome Greene Memorial Tournament championship hosted by Head Coach Paul Culp's previous team, Hartwick College.

Graduate Assistant Tim Sparks can clearly see a difference in this year's squad compared to last.

"The players are competing much harder in practice this year. Most of the time, our practices are tougher than the games we play."

Tough practices did not prepare the Spartans for long, because they went on a two-game losing streak to Plymouth State 76-59 and Middlebury 88-58. In Castleton's defense, Middlebury is ranked ninth in the nation, according to NCAA.com.

The losses did not phase the Spartans, as they traveled to Colby Sawyer on Dec. 8 and pulled off a 72-68 upset of the Chargers. Castleton was down by as many as 16 points before it launched a stellar comeback, leading to the win. Faragon paced all scorers with 21 points, with Paul adding nine points and Mark Comstock and Dave Cochran netting seven apiece.

Coach Culp was very pleased with the win at Colby Sawyer. "The Colby Sawyer game was our biggest game to date. To beat them on the road and come from behind was a great moment," said Culp. "That was the game that could very well define us as a team".

This past weekend, the Spartans traveled to Bard College to play in the Raptors Classic Basketball Tournament. Castleton played tournament host Bard and won the first game 75-70. The Spartans never lost the lead in the entire 40 minutes of play. Junior Mike Knight led all scorers with 21 points and Faragon and freshman Logan

White contributed 14 each.

On Saturday, the Spartans played in the championship game, eventually falling to Medgar-Evers 85-76. Faragon led the offensive attack with 21 points, while Comstock and Paul added 14 and Knight dropped in 12.

"We need to continue to work toward getting better and staying on course to become a competitive post season team" said Culp. "I know they can do it, now the guys need to believe that they can."

Castleton is back on the court after the new year, hosting Skidmore College on Sunday, Jan. 3, at Glenbrook Gymnasium. Tip off time is slated for 4 p.m.

Ye Olde Sports



Mike DelDotto

The women's basketball squad is off to a slow start this season.

They go into the winter break at 4-5, boasting a couple of big wins over Albany Pharmacy and New England College. Unfortunately for the Spartans, though, a few games slipped from their grasp.

The team played a close game with Middlebury, losing, 51-43. They also suffered a loss to Colby-Sawyer, whom they had a convincing win over a season ago.

I would say the team is really starting to miss the 2008 plus career points from Jessica Banks and Mary Nienow.

All is not lost, though, as the squad has returned key players inside and changed its game to close battles inside the paint.

The biggest thing the team has had trouble with all season long is consistency.

They average 41 percent shooting from the field in their four wins, and only about 26 percent in their five losses.

At this point in the season I can't comfortably say that I see the Spartan women making a serious run at a repeat for the North Atlantic Conference title.

I think some serious improvements to be made for next semester are not only becoming more consistent in the teams play on both sides of the ball, but also its overall confidence and team chemistry.

The team is young, with five new freshmen and a transfer student, so chemistry is going to play a big role next semester, especially going down the stretch.

Once the team starts clicking well together, and playing more like the team they can be, I think they can continue to build off their success.

The biggest game of the Spartans' season will be against the team picked to win the NAC this year, Husson University.

That game will be hosted at the Spartan Athletic Complex on Jan. 22.

The Spartans will have four games once they return to work on Jan. 7 before the Husson game.

Those four games will be a tune up that will be vital to the Spartans' success against the Eagles.

So, mark your calendars for the Husson game because it's gonna be a good one.

While it certainly will not be the definitive moment for the remainder of Castleton's season, it will certainly let the Spartans and their fans know how they are going to fare against the top teams of the NAC for the rest of the regular season and the postseason.



JOHN SHRAMEK / CASTLETON SPARTAN

Amanda Hoy makes a diving save in a game against St. Michael's College on Dec. 12 while Eileen Coyne looks on.

Women's hockey ends on a high note

By John Shramek
Castleton Spartan

Abbey Hewes came up big for the Spartans as they defeated St. Michael's College 5-3 in Eastern Collegiate Athletic Conference play at Spartan Arena on Dec. 12.

Hewes found herself in all the right places at all the right times throughout the contest as she racked up two goals and two assists on the day.

Hewes wasn't the only Spartan who looked hungry for a win, though, as the entire

team skated with a purpose, looking to stop a winless streak that started with a loss to New England College on Nov. 13.

Nicole Ruman set the tempo for the team early when she scored her first collegiate goal only 1:23 into the contest. Ten minutes later, Laura Szwed got a stick on a Hewes shot from the right side of the net and sent it slicing into the corner of the goal just out of the reach of the Purple Knights' goalie.

After the Purple Knights'

Crystal Sarno scored her fifth goal of the season, a reinvigorated Castleton team fought back with three unanswered goals, two coming from Hewes, who had made a permanent residence in front of the Purple Knights' goal.

Castleton dominated the ice for the majority of the contest, but with time winding down in the third period and Castleton leading 5-1, St. Michael's showed a sudden burst of energy that caught the lady Spartans off guard.

The Purple Knights in-

vaded the front of Castleton's goal, and Meghan Swezey was the beneficiary of the chaos as she found the loose puck and tapped it in, cutting the score to 5-2.

St. Michael's then pulled its goalie for just over a minute, electing to sacrifice its own net for the sake of adding one more offensive skater to its attack. And the strategy worked as Desiree Biron knocked in her seventh goal of the season 19:02 into the final period.

Unfortunately for St. Michael's, Castleton stopped the

bleeding after that and held on for the win, ending the 2009 portion of the schedule on a high note that may prove to be a confidence booster once the 2010 half of the season begins.

Amanda Hoy made 25 saves in the win for Castleton.

The Spartans will next be in action in the New Year when they hit the road to take on Manhattanville College on Jan. 6.



Tarryn Bolognani

By Chadwick Cioffi
Castleton Spartan

The start of the winter sports seasons has been rough for almost all of the Castleton teams. The men's hockey team stumbled out of the gates and is 1-5-1, while the women's hockey team posted its first win in over a month on Dec. 12, and is now 3-7-1. The men's basketball team started at 0-7 going into last year's holiday break, but this season the team enters break 4-4, already showing vast improvements under Paul Culp's watch. The women's basketball team won the North Atlantic Conference last year, but lost some key players coming into this season. The team is off to a 4-5 start. On a good note, though, the team may have found two young answers to bring it back to a NAC title.

Spartan standouts



Vanessa Powers

After graduating 1,000-point scorers Mary Nienow and Jessica Banks, the Spartans had big shoes to fill. Freshman guard Tarryn Bolognani and sophomore guard/forward Vanessa Powers have begun providing the Spartans with a young offensive surge.

Bolognani was named the NAC rookie of the week on Nov. 30. She earned the honors with her 16-point performance in Castleton's loss to Plymouth.

Powers has been a hot hand for the Spartans lately also, scoring 16 points and grabbing eight rebounds in Castleton's win at Elms College on Dec. 12.

The combination of Bolognani and Powers on the boards has been a difference maker for this year's team as well. Powers leads the team with 49 rebounds, but Bolognani sits close behind with

48. Both players are averaging just over five rebounds a game. Their efforts on the rebounding front have been a shock, considering they both lead the team in scoring as well.

Powers leads all Spartans on the season with 84 points, averaging about nine points a game. Bolognani has slowed down in the scoring column, but has still totaled 77 points on the year so far. Bolognani only scored four points against Elms, but racked up eight assists and seven rebounds in the Spartans' win.

Powers and Bolognani may not turn out to be 1,000-point scorers for Castleton, but they bring a more balanced game to the court. The Spartans graduated two historic players and, in the season following their leave, have now found two worthy candidates to step up and carry the program back to a national platform.



Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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Castleton, Vermont



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Vt. considering banning texting while driving



PHOTO ILLUSTRATION BY MARK MANJUK

Nick DeGiulio demonstrates texting while driving with his knees.

By Anders Ax
Castleton Spartan

Should you be allowed to text while driving?

The Vermont legislature this week hopes to pass a ban on the practice, following the footsteps of 19 other states.

Certain states differentiate between texting and talking on phones, but currently it's legal to speak and text on cellular phone in Vermont.

New York, Oregon, New Jersey, California, Connecticut, Washington, the Virgin Islands and Washington DC

have already all banned hand-held cell phone use while driving.

A poll of Castleton State College students shows most support making texting while driving illegal. Out of 40 students, 32 said they favor the ban while only eight believe that it should be left alone.

"As long as you text at red lights and stop signs its OK," says Cleavland Burwell. Other students, like Nick Minarik, believe that "there's no way to enforce it," but that the form of communication should be illegal when driving.

At the far end of the spectrum, Kyle Bonin says it's a no-brainer.

"It's worse than drunk driving," he said.

Student Nick Bent and others agreed that the ban is a good idea, "but I'm not saying I don't do it."

Although legislation could come soon, the chancellor of the Vermont State College system is urging state schools to not wait for state legislation and immediately ban texting and hand-held cellular phone use for all people on college

Continued on page 6...

Student pleads not guilty

By Jeremiah Haggerty
Castleton Spartan

A Castleton State College student has been charged with sexually assaulting another student.

Kevin J. Magee, of Otego, N.Y., pleaded innocent Jan. 25 in Rutland District Court to a charge of sexual assault without consent, Castleton Det. Gary Boutin said Sunday.

Magee, a junior at Castleton, was released on a number of conditions including a 9 p.m. to 6 a.m. curfew with an exception for classes and a condition that he not purchase, possess, or consume alcohol, according to a Rutland Herald article printed Jan. 29 and verified Sunday by Boutin.

Boutin said Magee sexually assaulted a female acquaintance during a party at his apartment at 11 Main St. on Nov. 6. Magee did not return e-mails seeking comment on the arrest.

The female, who filed the complaint with police, said she drank four beers at Magee's home before falling asleep in a bedroom, Boutin said. She told police she was later awakened by Magee who led her into his room where she fell asleep on his bed. She said she woke up in the early morning hours of Nov. 6 to find that she was partially undressed with Magee laying next to her and touching her, according to the affidavit referred to in the Rutland Herald and verified by Boutin.

Although a school official said in last week's Rutland Herald article that the school only learned of the incident recently, Boutin said that's not the case.

"The school nurse was involved since day one," Boutin said. "(And) the security chief sat in on the statement I took from a dorm

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Left: Passengers board the Ethan Allen Express. Right: Train station owner Mary Ann Jakubowski.



SHELBY LACROIX / CASTLETON SPARTAN

All aboard!

Train station opens in Castleton, students get a ticket out of town

By Shelby Lacroix
Castleton Spartan

Castleton has a new resident – the Amtrak Ethan Allen Express, which has begun making its first stops in the town in more than half a century.

The Castleton Depot, reopened on Jan. 2 after 55 years of slumber, has been renovated and is ready for a new slew of passengers.

The depot was built in 1850 and has been privately owned by the

Jakubowski family since 1966. Mary Ann and her husband, Val, who began renovations on the building in 2005, are now the caretakers for the newly re-opened station.

"A lot of people were coming to us when they

knew we were renovating the building asking, 'Why don't you have a train-stop again?'" said Mary Ann.

Upon realizing the town's desire for the station's restoration, Mary Ann gave a presentation to the Vermont Agency of Transportation rail committee to garner support for re-opening the station. A year and a half later, the station has been revived while retaining the original wainscoting and historically rich aspects of its previous life.

Castleton State College

also provided its support for the endeavor – with officials saying they believe train service will offer students a more convenient way to travel to New York and beyond.

"We are working toward running a shuttle on the night we close the halls, and the night we re-open the halls on breaks," said Dean of Students Dennis Proulx.

Proulx said he hopes that the train station will allow students another op-

Continued on page 6...

New communication dept. opens in Leavenworth Hall

By Maria Arnott
Castleton Spartan

For the first time since the emergence of Castleton State College as an institution, the communication department finally has a permanent home.

When the theatre arts and English departments combined in the 70s to form the current communication department, the faculty was scattered amongst the various buildings on campus, with no one place to connect with one another or to call their own.

But on Jan. 21 faculty and stu-

dents gathered in the newly renovated Leavenworth Hall for the opening ceremony of the department wing, watching attentively as several of the integral players in the development cut the vast red ribbon draped across the room.

"Despite some earlier impediments, if you look around, it finally actually happened," said communication professor Bob Gershon. "The best part is, I won't have people playing loud music like the music department was in the other studio," he joked.

The new wing includes offices for communication faculty, a new

Spartan office, multi-media room, an editing room and a television studio.

"It is a place for students to hang out, work, socialize and it is all in close proximity to professors," said Dean Joe Mark, who helped advocate and oversee the development of the building.

With the completion of the new wing comes many significant benefits and not only for students who are communications majors. The television studio for example, has already piloted Castleton's correspon-

Continued on page 6...



WYATT ALDISIO / CASTLETON SPARTAN

Students sit in Bob Gershon's video editing class in the new communication department addition in Leavenworth Hall.

The cost of the coveted crown

Castleton State College student Nydelis Ortiz was recently crowned Miss Vermont. Ortiz, unlike most pageant girls who begin competing at a relatively young age, entered her first beauty pageant at age 14.

It had been one of her dreams to win the pageant ever since.

Following the competition, Ortiz has received a substantial amount of support and recognition from the school, appearing at half-time of a home football game and on the front page of The Spartan.

Now, not by no means is this intended to discredit girls like Ortiz, who have worked hard their whole lives to not only win beauty pageants, but to be successful in all aspects of their lives. It is not the girls like Ortiz who make beauty pageants so controversial, it's the younger girls, the ones who are both impacted and tainted by this million dollar industry.

For those of you who have never seen the film 'Little Miss Sunshine,' met a "pageant girl" or seen shows such as 'Little Miss Perfect,' or 'Toddlers and Tiaras' it is essential to discuss the requirements and obligations these girls must meet and maintain in order to fit into this dream world.

Pageant entry fees can run from \$25 to more than \$500. Yes, up to \$500 spent just to get into the pageant. And this is just the beginning.

Jamie Swenson, who was Miss South Dakota USA '97 and a three-time Miss Hawaiian Tropic, said that some of the 'State Miss' pageant parents can spend up to \$100,000 on one girl.

Evidently (and all quite necessary, of course) the money goes toward things such as "wardrobe consultants, physical fitness trainers, speech and voice coaches, etiquette lessons, salon services, talent coaches, resume writing, tanning, evening gowns, rehearsal attire, bathing suits, interview suits and talent costumes.

Well gee, it must be nice to have \$100,000 to just throw away on a speaking coach or for resume writing. But let's be realistic, what average 10-year-old girl has \$100,000? Not many.

Then the question is, who is willing to spend these thousands of dollars for their child to walk across a stage in front hundreds of people in such revealing outfits?

Unfortunately these "pageant" girls are generally trapped from the beginning. That is, as soon as their parents decide that they should start competing, and this is often quite early in life.

In fact, the youngest competitors for the Miss World pageant can be found in the "baby petite" category, which allows girls from ages 0-2 to compete.

These girls, babies in fact, are being subjected to the negative stereotypes of beauty and materialism straight from the womb.

Instead of playing outside or with toys that, you know, allow them to create beauty with their own imagination, they are being dressed up and instructed on what beauty is by their crazy, over-obsessed mothers.

And in most cases, these girls do not have the opportunity to escape this lifestyle.

But maybe, just maybe, these pageants are not as detrimental as they seem. Maybe beyond the hardened hair styles and evening gowns there is something more to these girls.

Maybe they are taking away something more than the perfect technique to apply make-up.

According to many mothers, pageants can be a very positive experience for the kids if done correctly, asserting that they are a great social experience.

Our own Miss Vermont even said that "it's really a great way for young women to gain confidence, interview skills, and help them attain jobs in the future." And based on the description in the article about Miss Ortiz, she has turned out not only normal but also pretty well adjusted. She graduated high school early and will graduate college early too - with two degrees.

But for the rest of those little girls, the ones who are sitting in salons and dressing rooms for their entire childhood ... well, it's sad really.

Until their parent's realize that the environment their daughters are growing up in is not the real world but a fake, glitzy environment, than we will continue to stress and promote that these girls are being judged by how they hold their heads -- and not what is in their heads.



The passing of a patron

Castleton art professor Gary Fitzgerald has been credited in the past with being a highly profound mind in the ranks of the art department, for always having considerations about the world and how it was compiled, and for his enthusiasm for humanity.

Many of his students will remember him for his obsession with cardboard and for the fountain of knowledge he sincerely displayed during discussions in his classes. And many of his friends may remember his kind nature and his distinct sense of humor.

All of us who were fortunate enough to have known Gary Fitzgerald have personal memories of him, either shared with or inspired by him, and so we all have our own personal means of remembering him. -Jamis Lott

Farewell Gary Fitzgerald

At first I didn't even know his name. I would see him in the lobby of the Fine Arts Center before shows, art openings, receptions, and before long we would be standing next to each other, talking.

I grew up watching Jack Parr and Steven Allen, hosts and conversationalists on the old "Tonight Show." Standing next to Gary Fitzgerald, I felt as mesmerized as Jack Parr must have felt, his chin cupped in both hands, elbows on the desk, smile planted on his face, as he listened to Oscar Levant or Alexander King recount their latest tales.

Gary, too, was the main event, always saying something interesting and engaging, stringing together a series of mellifluous words, a flurry of utterances cloaked in fine satins and whole cloth, colors both subtle and bold, which took on even more luster in the glimmering light.

Gary was an old school conversationalist: loquacious, subtle, blunt, humorous--all topped off with a great laugh. I never recall a time over the years when he appeared down, unenthusiastic, not full of energy and opinions. Oh, of course, there certainly must have been those moments--he was

a card carrying member of the human race, after all--but the face he displayed in public glowed with enthusiasm, thoughts spilling out, gathering momentum, trolley cars of polysyllabic words traveling lickety-split along the silvery rails.

Though I never could imagine what might tumble out next in his free fall of information, there seemed to be a continuity from one conversation to the next, no matter how much time had passed in between.

Years ago, I had seen Peter Ustinov striding along Fifth Avenue, holding in his outstretched arms, a tall pile of manuscript. In the wintry breeze, paper was spilling this way and that from the stack, winding up underfoot, no matter how hard pedestrians tried to dance out of the way, nor how diligently his staff scurried to pick up the pages, dipping like birds pecking seeds from the ground, as soon as they were cast down from the sower's hand.

Gary Fitzgerald's observations seemed like that. His ideas peeled off like Peter Ustinov's pages, not to mention a passing resemblance to Mr. Ustinov, both eccentric in the best sense of that word: bohemian,

fresh idiosyncratic, nonconformist, offbeat, original, special, unconventional, unorthodox, unique.

All words I can imagine filing out of Gary's mouth in the same conversation.

The last time I saw Gary was on his Monday night. We sat next to each other in Jefford's Auditorium at the screening of a new student movie. Gary was a great supporter of students' creative efforts, and as always, it was captivating to hear his comments before, during, and after the film, for Gary was never shy to share. The man was generous with himself.

And then the news from two days later of Gary's downfall, beginning at the hands of a snow blower.

"Do snow blowers have hands?" Gary might have started in.

With his crinkling face and sparkling eyes, his grimacing smile through a nobody-can-pull-it-off-like-that-anymore kind of beard, the listener is alerted that this is going to be good, really good, even if it is the story of his own demise.

Gary, as always, we would have been in for a real treat. -Burnham Holmes

OVERHEARD ONLINE @ CASTLETONSPARTAN.COM

In response to "Alumni returns to CSC"

Indeed it was a great day for the alumni, seeing how the old campus has changed so much. I think football brought back many more alums than in years past.

Congrats to Pres. Dave Wolk on a job well done taking Castleton to the next level. -Lance M. Lindgren '76

As an alumnus of Class of '68, I was delighted with visiting with old friends not seen

in over 41 yrs! Lots of great memories shared! the beer tent was shared with us, but didn't start serving till mid-afternoon! All responsible adults! Looking forward to the next Homecoming! Thanks to the alumni for all the freebies given out!!!! -Brenda

In response to "Vandals hit CSC"

I Hate vandals, they are all barbarians! -Custom research papers

In response to "Ski teams look to dominate the slopes again"

This is why us Brits will never win anything at skiing. We have absolutely no set up for this kind of thing - no mountains for a start - so Eddie the Eagle will remain our lasting legacy to the sport of skiing -Kelly

In response to "Electronic cigarettes: a healthier choice?"

Electronic is the most safest alternative that a smokers have to take..It is also cheaper than a tobacco cigarettes. -Anonymous

For those that want to get loved one a e-cigarette then just give them one as a gift. One they get to taste them and use them, all smokers are quick to swap over. -Anonymous



Castleton Spartan
CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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Students jump to help Haitians

By Megan Harris
Castleton Spartan

Long before the recent earthquake, Castleton State College freshmen were made aware of the ongoing dire situation in Haiti.

The incoming class was assigned over the summer to read Tracy Kidder's novel, "Mountains Beyond Mountains," which detailed a third-world country torn apart by a history of slavery, poverty, disease and foreign national influences that have had long lasting effects.

So when Tuesday, Jan. 12 came and the mammoth 7.0 earthquake leveled Haiti, the freshmen class and the entire world was shown how people in an already ravaged land could be forced to suffer even more.

But Castleton students are doing something about it.

A donation table was visible at convocation and both students and faculty have been working on efforts to raise money to send to Haiti.

At convocation, President Dave Wolk began the ceremony with a moment of silence

in remembrance of those who died in the quake.

"Students feel invested in Haiti, with the book they read this summer. We are all connected. Any family in Haiti is family of Castleton. We can make a difference, and it doesn't end today," Wolk said following the moment of silence.

He also strongly encouraged students and faculty to give generously to the donation table and to on campus organizations trying to support Haiti.

Castleton student Lexi

Schultz organized bake sales at last weekend's men's hockey game to raise money for a friend who has been working for the past year at the Heartline Orphanage in Port-Au-Prince. Schultz's friend lived through the earthquake.

Other students, like Sara Vella and Rosie Williams put their funds toward Partner's In Health — an organization that has been providing health and educational resources in Haiti for the past 20 years and is the main organization that Kidder's novel focuses on.

When asked why and how

Williams got involved she responded "Initially I volunteered to help out at a donation table at Convocation because I wanted to do anything that I could to help out. After that, Sara and I set another table up at one of the men's basketball games."

"I realized that even if we could just make a couple thousand dollars how much of a difference it would make to those people, who right now have nothing."

Fresh Perspectives



Jill Bassett

Back to school already, wow that vacation went fast. It seems like I worked and slept the whole thing away. Although I'm still a freshman I'm not really "fresh meat" anymore. I'm experienced. I've been here a whole semester. I've dealt with the book store rush, early morning classes, having to find the right buildings, and Huden. But yet I still have the freshmen worries of a good class schedule.

Monday night as I looked at my schedule I grimaced in pure horror and anger when I remembered that only two classes on my schedule were my first choices. A lot of other freshmen understand the frustrations of having the perfect mix of necessary and desired classes only to have the lady at registration tell you, "Sorry these classes are full. Do you have a second or third schedule?"

It's the worst! It's even more horrible when you can't get into that class you were dying to take this semester (must be a popular class). I know multiple freshmen that had at least three back-up schedules and then at least one with a mixture of the classes they hoped to get into. What's the deal with freshmen getting the short end of the stick and having to register dead last?

Not only do we get last pick, but we are clueless to the ways of a college professor. Because we are seemingly "fresh meat" we don't know which teachers are the constant homework and quiz givers or the laid back chill professors.

We don't know which professors expect a lot and which simply don't expect enough. And what's even worse about that is that when we do find out, the classes with those professors are nearly impossible to get into because everyone else has figured it out too. It sometimes feels like all the upper classmen have already taken what seems to be the "best" classes and freshmen are then left with whatever was left over.

I understand that sophomores, juniors and seniors probably have plenty of problems and concerns with their schedules as well, but all I can say is I just can't wait until I'm a sophomore!

Forever Young



Chris Lapointe

(short for Chris LaPointe).

I never thought the day would come when I'd hear about him being diagnosed with cancer.

Tommy was diagnosed with Osteosarcoma (a rare bone disease) three years ago. I knew that this was something that he could fight. He always knew how to compete in games and practices. He would never give up. He got treatment and required a total knee replacement. But they soon found there was still a tumor in his right knee. They had to amputate his leg from his knee down.

But the cancer still wasn't gone.

In a cat scan they found tumors in his lungs.

When I found this out, I felt like a 500-pound anvil was dropped on me and I couldn't get up. I couldn't believe it. Chemotherapy and radiation wasn't working. He went to Arizona to get alternative treatment. I went to a fund-raiser and was going to help pay for the alternative treatment. I heard a lot of positive things and memories we all had of him.

My friend has been fighting this for three years. The whole community has been trying to help out anyway they can to support Tommy and his family with the treatment he needs to get. I just wish I could go to Arizona to see how he is doing, just like he did for me. I know he will come out on top. This battle will make him stronger than ever before.

He will always be the best friend I have ever had. Good luck Tommy.

High school seems so distant for me, when we would hang out with friends, play varsity sports, and try to become the next hometown hero. But what we get out of high school is our diploma and our friendship with other kids. Those memories we have will be in our lives forever.

I have a friend from high school that I have kept in touch with. Tommy and his family were always there for me in support no matter how bad the scenario was. When I was 19, Tommy was my only friend from high school who saw me in the hospital after my brain surgery to correct my epilepsy. He came with his girlfriend one time and we discussed how the basketball team was going to do. I mentioned to him how much I wanted to get out of the hospital and finally live a normal life seizure free.

Having a friend who would take that extra step for you can make that friendship even sweeter. I made me think back to the days of playing basketball one-on-one in the park or listening to hip-hop music while trying to free-style. Tommy would always refer to me as C-Lap

FLICKIN' PHOTOS



ROBERT BURGE
CASTLETON SPARTAN
(Left) Senior Kevin merchant gets invested in The Stash at Killington.



(Right) Students brave the cold weather.



ROBERT BURGE / CASTLETON SPARTAN

The view of Birdseye Mt. on your way towards campus from four corners.

Town of Castleton passes bad behavior ordinances

By Jennifer Waite-Harsha
Castleton Spartan

The town ordinances proposed last fall to curb bad behavior in Castleton have become a reality.

The Select Board on Dec. 14 voted and passed four ordinances governing noise, disorderly conduct, unlawful mischief and the transfer station. At the time of the vote there were no members of the public present.

The noise ordinance, which at an earlier meeting was discussed the most, passed 4-1 with only Select Board member Cristine Smith in opposition.

"I was opposed because it's too subjective, unless you're going to have something like a decibel rating to measure the noise. I felt the same about the disorderly conduct," said Smith in a recent telephone interview.

The disorderly conduct ordinance passed 3-2 with Smith and board member Wayne Renfro voting against it; while the unlawful mischief and transfer station ordinances passed without op-

position.

Chairman of the board, Thomas Ettori, in a telephone interview said he was in favor of all the ordinances because it will be "easier on police officers" and "because it's more enforceable."

The issues under the ordinances are already enforced by state law, but having local ordinances gives the town's grand juror the ability to have the final say and give quick tickets with fines handed to the property owner. The noise ordinance states "a civil penalty of not more than \$150 per violation may be imposed for violation of this ordinance."

The grand juror, Gary Boutin, was supportive of the ordinances.

"It's a win-win for everybody," Boutin said. "It's good for the police department; it will save police 3-4 hours per event."

It's also good for the defendant because municipal fines are less than under state law.

In a recent telephone interview Town Manager, Charles Jacien, said these ordinances will "make fines and penalties more immediate" and to his knowledge no tickets have

been issued. He also said the police and the constable will determine what a violation is.

Jacien stated it was a coincidence that the ordinances targeting bad behavior were passed while college students were on break.

"It's been a matter of discussion for quite some time . . . everyone had plenty of time," said Jacien.

Castleton State College senior, Jessica Lourie, voiced her opinion on the noise ordinance.

"I think it's ambiguous as to what is too loud. What I think is too loud might not be the same as what the police or constable think is too loud," Lourie said.

CSC student Justin Jackson also found problems with the ordinances.

"I think some of these ordinances are a little bit extreme. I think Section 3c of the disorderly conduct ordinance is a violation of my constitutional rights," said Jackson. "I think the elders in Castleton have a serious problem with students in general."

To view the new ordinances contact the town office.

Read The Spartan

WWW.CASTLETONSPARTAN.COM

ONLINE



Wi-Fi is too slow at CSC

By Kyle Turner
Castleton Spartan

It's 2:30 p.m. and you are trying to play Call of Duty: Modern Warfare 2 on Xbox Live. You move around and notice that the connection is laaaaaaaagggggiiiiinnnggggg and then you get killed, which is followed by a controller being thrown across the room.

Castleton State College students talk often about how frustrating the slow connection is. "For a state school, they should have the best Internet possible since they are funded by the state," said Castleton State College Senior Bryce Meyers, an avid Xbox live player.

The gaming connections and downloading of YouTube videos are slow because a lot of people are online at one time, according to Information Technology officials at the school.

During the day the college is allowed 30 megabytes of bandwidth split equally between the academic buildings and the

residence halls. At about 6 p.m., however, the bandwidth for the residence halls gets bumped up to 25 megabytes, according to Johnathan Czar, the network administrator for the college.

Students have long complained about the Internet connection on campus, Czar said. But while some students may think it's just a crappy connection, IT employees have found that there is another culprit hindering Internet speed.

"We find that most of the complaints we receive are spyware issues on the student's computer," Czar said.

The school is getting an upgrade of 20 additional megabytes for a total of 50 megabytes; which will most likely dim the complaints for a while, according to Czar. He didn't have an exact date on when the upgrade will take effect, however.

Although the bandwidth upgrade will improve the connection for a while, it may eventually slow down again with increased usage, IT officials said.

"It's kind of like having a goldfish, no matter how big of a fishbowl you get for it, the goldfish will eventually get bigger and you will need a bigger bowl," said Chief Technology Officer Gayle Malinowski.

Blue state goes red!

By Doug Phillips
Spartan Contributor

Scott Brown on Jan. 19 won a historic victory over Massachusetts Attorney General Martha Coakley, handing Republicans a 41st seat in the United States Senate and compromising health care reform by bringing an end to the Democrats' 60-seat majority.

But just who is Sen. Scott Brown? Who is the Republican who took over a seat held by Democratic icon Edward Kennedy for the past 46 years.

He first hit the national scene posing nude in the "America's Sexiest Man" contest that appeared in the June 1982 issue of Cosmopolitan Magazine. He owns a 2005 GMC Canyon Pickup truck with 200,000 miles on the odometer and put it up, front

and center in the campaign ads, showing up at campaign rallies in it, and using it in television ads.

Political Science professor Melissa Pinto discussed Brown's unlikely win in highly Democratic Massachusetts.

"Brown ran a great campaign. He was very charismatic and appeared moderate and in touch with the concerns and values of average people," she said.

Brown appealed to independent voters in a state that requires almost every resident to have health insurance and offers subsidies to low-income residents through the Commonwealth Health Insurance Connector Authority.

Castleton senior Sarah Kenney, a Massachusetts native, likes what she sees in

Brown.

"I believe his best interest is for the people of the Commonwealth. He appears to be ambitious and full of ideas," she said.

But what does the Republicans 41st senate seat mean for the Obama administration? If you listen to John Stewart, it isn't good.

"The Kennedy legacy goes down to a naked guy who owns a truck," Stewart said on a recent show.

The once blue state has now turned red, and Brown promises to vote against the health care reform bill and other spending bills that will affect generations to come. The honeymoon might be over.

Campus Quips



Melissa Pope

Who do you think will win the superbowl this year?



Kelly Conway

Colts.



Jonathan Harmon

Saints.



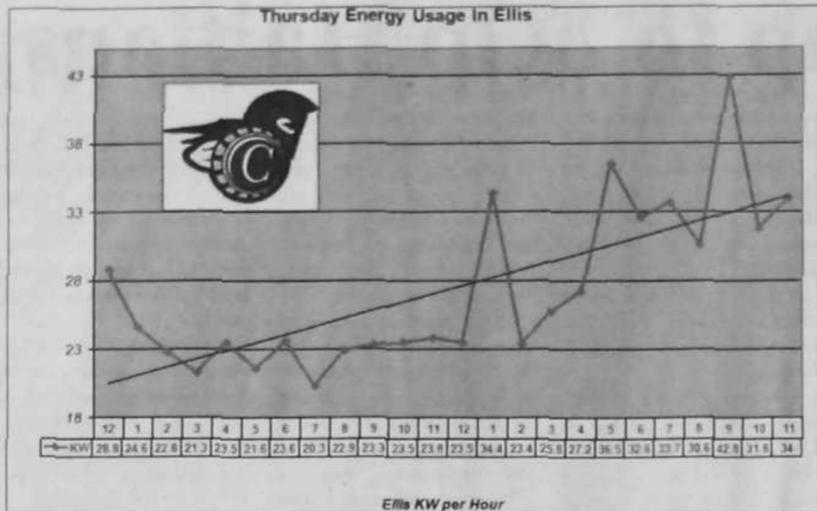
Austin Fay

Colts.



Alex Holl

Saints.



PROVIDED BY ANDREW HICKS

Time to save energy

Practice your energy saving methods for the upcoming dorm competitions!

Jeremiah Haggerty
Castleton Spartan

Castleton State College isn't running out of energy, but it sure is trying to do its part to conserve it. With the assistance of real time or "Smart" electric meters, installed in six different residence halls, monitoring CSC's energy usage will give us a better idea of where and how we can do more to use less.

Over the summer of 2008 six of these electric meters were installed into residence halls and a Castleton student, Andrew Hicks, began installations and updates of the necessary computer programming to process the data. Castleton Hall, Morrill Hall, Wheeler Hall, North and South House, Haskell, and Adams Hall are the buildings where these meters were installed. At some point in the near future these meters will be used to judge a competition amongst the residence halls declaring the hall that uses the least, the winner.

The meters have already begun to show certain trends and patterns in our Campus' energy usage. These meters report the amount of kilowatts being used every hour. "You can really see the difference between a nice spring day when people are outside, and a rainy day when everyone is inside" said Hicks. A junior here at Castleton, Hicks is working on obtaining a math and computer science degree. "The trends we are seeing are phenomenal" he said.

During the proverbial "N-

Period" the meters show a two hour long spike in kilowatt usage. This is more energy than a single residence hall burns up on a Saturday. "All the clubs meet during N-period and anyone who isn't involved in one goes back to their dorm room and turns on computers, televisions, videogames and then takes a nap" said Hicks. This is just one of his theories about the massive spike in electricity usage.

Bill Allen, Dean of Admissions agrees with Hicks. "It's remarkable what you can see when he puts the data together" said Allen. "I think it's easy to burn up electricity in the resident halls" he said. A single student alone in a dorm room can burn up just as much as if the entire suite were there, Allen explained, adding credibility to Hicks theory.

Professor Paul Derby, the man in charge of CSC's sustainability initiative, feels that by keeping students together and on campus energy can be conserved. "If we could find a way to get the whole campus to attend more events together it would conserve a lot" he said.

Hicks explained that by keeping students on campus and active we can actually conserve energy. Students who spend their weekends on campus usually find time during the day to get their work done as opposed to coming back to campus on Sunday night and staying up all night with the lights on.

In 2008, over 5 million kilowatts were burned up on

campus. "It's a huge number" said Derby. "You can see a general increase each year from 1990 up almost every year." Hicks believes that if the campus can "flat line" N-period it would shed roughly an eighth of the bill. "I'm guessing we could knock off 50,000 kilowatts" he said.

In explaining Castleton's 13,000 volt electrical system Bill Allen said "Once we get meter in the other buildings we can narrow down our electricity demands." Allen stated that the general electricity expense for CSC is roughly 40-50 thousand a month. That's 500-600 thousand a year.

Professor Derby is expecting that within the next year to have all of CSC's buildings monitored giving some baseline data. "This spring we are working to make data on electricity use in metered buildings available to the public and, hopefully, the first dorm room competitions" said Derby. Allen explained that new technology like light sensors and dimmers will also help us in reducing energy usage "hopefully we can roll something out that will create an awareness" he said.

"In theory you're paying the electric bill" Allen said. "If we could curve our electric appetite students would save a few dollars on the other end of tuition." Any electricity that we as a Campus don't use reduces our carbon footprint also "and at the end of the day, that's a good thing as well" Allen said.

Convocation 2010



WYATT ALOISIO / CASTLETON SPARTAN

Students pack the Casella Theater for Convocation. By Melissa Pope
Castleton Spartan

Student Zak Hampton swayed to the music and bobbed his bandana-tied head to the beat while playing his saxophone as part of a jazz ensemble to welcome the crowd for Castleton State College's spring convocation ceremony.

The college kicked off the 2010 spring semester Thursday in the Fine Arts Center with President Dave Wolk bringing a mixed message of positive change and heart-breaking tragedy.

Wolk greeted the audience and reminded everyone of what a historical time it is in Castleton. He said the campus has changed so much in the past few months, with five grand openings in five months.

But that was followed by a somber message. "While we celebrate here, we must remember the great devastation in Haiti," said Wolk, followed by a moment of silence for those who were lost in the tragedy.

First-year students were required to read a book called 'Mountains to Mountains' this past summer before attending Castleton, a book that centers on Haiti. To continue their studies, first-year student seminar students are doing their part to help out. Donations are being made and Professor Gail Regan is in charge of making sure the money gets to those who need it.

The event continued with the student of the semester, Kim Turner being recognized, as well as employees of the semester, Mariko Hancock and Chad Voghell.

Mike Kiernan took the stage and introduced what would be in store for the event. Four different speeches from four different historical time periods awaited both students and faculty.

Pulitzer Prize winning author Ron Powers started the speeches off with a Mark Twain passage. He delivered 'The War Prayer' with vigor and passion. With his hands raised to the sky, he animated

the piece as if it was happening in real life.

Jon Insham Sr. followed with a doom and gloom selection from Tolstoy. He delivered 'War, Patriotism, and Truth' and stressed the golden rule to everyone in the crowd.

Castleton's Collegiate Chorale and Percussion Ensemble got the crowd moving in between speeches with renditions of 'Siyahamba,' 'Jabula Jesu,' and 'We Shall Overcome.' With the students on stage swaying and clapping, the tone in the auditorium was changed to one of hope.

Writer Stephen Kiernan then stepped up to the microphone and quoted words of Gandhi. Former student Victoria Vondle capped the event by reciting Martin Luther King's speech, "I Have Been to the Mountaintop."

Castleton's Jazz Ensemble gave it their all, with each student playing their instruments and moving with the music with smiled-filled faces as everyone exited to the lobby.

"This convocation really made me feel inspired to do well this semester and to try and make a difference around me. I feel like Castleton can make an impact on Haiti, a very minimal one, but it is still an impact," said student Kayle Bowker.

Chorale member and student Brittany Colburn said preparation for this convocation was different then ones in the past.

"It was really stressed to us that it was important to have a good time today, but this time around there was really some serious undertones going along with it," said Colburn.

Castleton is known as a small college with a big heart and Wolk stressed that that heart is now extending to those in Haiti. "Students feel invested in Haiti, with the book they read this summer. We are all connected. Any family in Haiti is family of Castleton. We can make a difference, and it doesn't end today," said Wolk.

CHECK OUT THE SPARTAN ONLINE!

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GIVE US YOUR FEEDBACK!


The census is coming--find some time to fill it out

By Meghan Detour
Castleton Spartan

Every decade, the U.S. Census Bureau sends out questionnaires to the country's population seeking your name, gender, age, race, and relationship status. Castleton State College students will join the rest of America in filling out those forms, but as residents of Vermont.

"It is important that the students are counted as a resident of Vermont. They should be counted in this state since this is their primary residence for most of the year," said Dennis Prolix, dean of students and man in charge of the census on campus. "As a member of Castleton, we all use the states' resources while living here."

Prolix is trying to get the word out to students to make sure they fill out the census forms -- and do it as Vermont residents. Some students asked about it say it makes perfect sense.

"I think it's a good idea to keep the population of the college informed

in the census because they are in fact populating the state of Vermont and using our resources while they continue their education," said senior Danielle Landry. "Even if they do not call this state home, it's where they live at the moment."

But how will it work? "They will be sending out the census questionnaire for all resident students probably at the beginning of April, and the CA's will be distributing them," explained Prolix. "Someone from Boston is going to come and describe the details within the next month and teach the people involved all about it."

Prolix said the census is to be treated as a snapshot of where you live on April 1.

"If you are living on campus or in Vermont on April 1, you will say that you are a Vermont resident," he said. "It is important for parents to know that they should not count their son or daughter when are away at school. Don't count the college student in the

household, if they are not actually living in the household, or they will be counted twice."

There are hundreds of students at this college who live off campus and commute, and they will be treated a little differently, but should still fill it out as Vermont residents, Prolix said.

"If students are living off campus, they will be part of the town's census program, where people will be coming door to door to hand out the information," said Prolix.

But there is still one question that is left unanswered for the CSC students: Why should they do this?

"The youth population in Vermont is dropping, so it is important that the college students are all accounted for," said Lori Earner, co-chair for the census on campus. "Federal dollars are divided up by population. It's important that the count of people is accurate. The process is short and won't take long. It's the student's duty to do this."

Virtual flyers have been sent out

to everyone enrolled in the e-mail services at CSC, and although most students put most bulk mail into the trash folder, it is important to read these details to know what the census is giving back to the college communities.

"Filling out the questionnaire is more important than people may realize," according to the U.S. Census Bureau. "Census data can affect college tuition grants and loan programs, decisions about funding for academic communities like transportation, public safety, and medical care and road repairs."

"It's a good idea that out-of-state students are considered as Vermont residents because they use the same resources that we do as residents of Vermont," said Matt Varney, CSC Senior. "Once the government gets that kind of information, it might help the state to receive more resources and funding."

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Commuters live a different life

By Kristie Dunchus
Castleton Spartan

Drive to campus. Find a parking spot. Walk to class. Walk back your car. Drive back home. Repeat.

This is the typical day-to-day schedule for students who commute to college.

For resident students, it's rolling out of bed, getting ready, briefly seeing their roommate or suitemate and walking out the door to class.

But for most commuter students, they wake up in the

morning in their own room and bed, get ready for school in their own bathroom and as they walk out the door they pass by their roommates as well. But their roommates aren't their fellow college students, they're their parents.

Commuter students make up 50 percent of the student body at Castleton State College. There are those who live at home with their parents, those who live in off-campus apartments, parents with children at home and full-time workers

Some commuters complain that they're missing out on that the full college experience when it comes to making friends and socializing outside the classroom.

"First-year students should definitely live on campus. I know a couple people who commuted from home and did not get to know as many people as I did," said Shannon Gallagher who lived in the residence halls her first two years at Castleton.

Continued on page 6...



ROBERT BURGE / CASTLETON SPARTAN

Commuter Thomas Marsh gets up bright and early to warm up his car and make it to class on time.

Senior Style



Molly Fraher

If someone had told me four short years ago that I'd potentially want to continue my schooling after I graduated from college, I'd tell them they were crazy.

To me, four years of college would provide more than enough classes, homework, projects and presentations for the rest of my life.

Now, as our country falls victim day after day to more and more economic hardship, students from all types of colleges and universities are choosing to stay in school, simply because it seems like a better option than getting involved in the 'real' working world.

Can we blame them?

Last year, I watched hundreds of seniors walk across the stage, shake some hands and receive their diplomas. Many, not all of them, but many suddenly found themselves asking the same universal question.

No what?

The word 'graduation' sends shivers down the spines of some young adults who realize their "reckless" days are over. The time to grow up has finally come. No more keg stands on Wednesday nights when Thursday's classes are scheduled to begin at 8 a.m. No more walking down the hall and harassing your neighbor or housemate at 3 a.m.

No more college life.

Today's juniors and seniors however, face horrifying realizations other than watching their alcohol consumption decrease.

We knowingly have to walk across that stage in May and enter the shark-infested waters that surround today's job market, only to tread in those dangerous waters and occasionally hold our breath.

But isn't this what college was supposed to prepare us for? Aren't we supposed to be able to handle the sudden pressure after those four years of preparation?

We should thrive on this competition, yet today's economy is so intimidating that we shy away from it.

We can choose to attend graduate school, get our masters, possibly even pick up another bachelor's degree along the line, but we can't avoid the real world forever. There will come a time when we need to put our education to the test.

We have to somehow get our foot in the door. There's no telling how long our economy will be down in the dumps for, and procrastination isn't going to do the trick for this assignment.

Most of us who graduate probably won't even work at a job that pertains to our major right off the bat, but that's okay. There's no rule-book or guidelines that state that we have to.

Sometimes you have to do what you need to do, however unpleasant it may be, in order to do what you want to do later in life.

SOUNDING OFF!

Quotes from Convocation, January 21, 2010

This year's theme for Convocation was "War and Peace: Examining Non-violence in an Age of Terror." A couple of the interesting quotes from students follow:

I found it interesting how such a diverse group of authors could all have very similar views on war. I especially enjoyed King's [MLK Jr.] speech. He forgot all about the large figure-heads that wrote him letters, but remembered the little girl who just wanted to say she was glad he hadn't sneezed.

-Peter Smith

I think these readings were amazing and showed how everything and everyone is connected. As the commandment says "Thou shall not kill." God wants us to love one another. In my mind there is no excuse for murder. With the free will God has given us, we will be faced with many challenges such as this. King says, "We must meet violence with nonviolence." But the question still remains: if our family, our home, our country is threatened or attacked, how do we respond peacefully? Dr. Martin Luther King and many others have taught us that freedom isn't free.

-Savannah Phillips

Upcoming Events

1st Opportunity

Tuesday, February 2, 2010

Femmes Fatales - Jami Tyzik

12:30 - Introduction to the Opera Workshop in the Cassella Theater

7:00 p.m. - Concert

Since her debut with the Rochester Philharmonic Orchestra at age seventeen, Ms. Tyzik had performed operatic repertoire with symphonies and chamber orchestras across the United States as well as Germany, Austria, Italy, the Netherlands, and Australia. Classical selections will highlight Jami's interpretation of pieces about passionate, seductive women.

2nd Opportunity

Sunday, February 7th - 2:00 p.m.

Cassella Theater

The movie, *Turtles Can Fly*, focuses on the eve of the U.S. invasion of Iraq and one young teen who leads refugee camp children in sweeping and clearing minefields. Following the film, there will be a discussion that focuses on the effects of war on children.

3rd Opportunity

Wednesday, Feb. 10th 7 p.m.

Cassella Theater

John McCardell, Jr., Vice Chancellor-elect of Sewanee: The University of the South, will present his views on lowering the legal drinking age in the U.S. Former President of Middlebury College and founder of Choose Responsibility, Mr. McCardell's talk promises to be lively, interesting and controversial.

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TIMBALAND
SHOCK VALUE II

By Bryanna Allen
Castleton Spartan

The Timbaland album "Shock Value 2" was released on Dec. 8 of 2009, following the original track Shock Value. Each track features a different artist with Timbaland. There is a huge variety

Music review

of artists contributing to this album, and with this mix, it creates a new flavor of music; Timbaland's own version of NOW THAT'S WHAT I CALL MUSIC. Each song has a different mood, partially due to who performs the songs with Timbaland. Some of the artists are unexpected, such as track number 3, "Lose Control" featuring JoJo. This track is slower, more romantic and with JoJo's voice, more feminine. However, "Carry Out", Track 2 features Justin Timberlake and is a complete 180 turn from track 3. The lyrics are slightly amusing, comparing attractive woman

to a fast food industry, and the beat is prominent and addicting. Most of the songs on this album are easy to like with good beats and good guest performances. However, one song that I did not enjoy was the song called "Ease off the Liquor". While the name sounds promising, it was too much techno and repetition, and being almost a six minute song made me lose interest. The tempo was also fast, making the lyrics difficult to understand. Overall, I found the album enjoyable, and still have many of the songs stuck in my head.

Movie Review

By Meghan Dufour
Castleton Spartan

There has always been a place in my heart for the novel "Youth In Revolt" and for the actor who defines nerd, Michael Cera.

That was until Jan. 14, the day "Youth in Revolt" the movie, came out into theaters. Since that Friday, the place in my heart those two had always occupied, has become vacant.

The novel, written by C.D. Payne, was a solid story full of details, but the tale was sadly raced through in the film adaptation. All the characters in the book that you grew to love and know like friends were barely given more than three scenes in the movie.

Loaded with a cast of seasoned actors that would normally leave me satisfied and sometimes giddy with their performances, left me disappointed to see that the experts didn't act out a truly well written tale to the best of their abilities.

However, Cera was the essence of Nick Twisp, the main character, a unique, nerdy teen who daydreams of losing his virginity. When his mother and no-good boyfriend are on the run from sailors he ripped off, they take cover in a trailer park full of religious fanatics. It is there that Nick falls hopelessly in love with Sheeni Saunders (played by Portia Doubleday).

But his odd family life, her perfect ex-boyfriend and hours of travel separate the two. With their young love struggling to stay afloat, Sheeni gets Nick to stray away from his dull life and try to join her free-spirited lifestyle. But that isn't so easy for Nick to do, so with another obstacle in his way to his dream life with Sheeni, he creates an alter ego, named Francois. Francois carries himself with confidence, a cigarette and a thin blonde mustache. Along with Nick, Francois is determined to get to

Sheeni, no matter what gets in their way, whether it's burning cars, Sheeni's haggard dog, a French boarding school or the power of magic mushrooms on upright parents.

Amazing actors with long resumes, like Jean Smart, Steve Buscemi, Ray Liotta, Justin Long, and Zach Galifianakis joined the project, but all should've re-thought their decision.

If I were to suddenly forget that this movie was based on a book and that this was all a figment of the screenwriter's imagination, I would still be left asking for my money back.

They do use very subtle humor and move away from typical stereotypes we see in teen-based comedies, but the fact that they added in claymation transitions and music that didn't match the scenes just did not do justice for the plot.

Overall, a big thumbs up to the casting department for getting this great group of people to sign on for the film, but that is where the praise ends. This film fell short of expectations. It needs a re-do.

Book Review

By Wendy Young
Castleton Spartan

When you were little, did you ever have to explain to your parents why you had room for dessert but not your vegetables? Or did you have to come up with a really good excuse for why your parents should not send you to bed just yet? Did your sister ever list the reasons she could not play with you while your parents were not home? With a little over a hundred short poems, the

book *The Other Side of the Door* by Jeff Moss explores the ins and outs of childhood, as well as some truly strange things. Strange, as in 'Why it's Hard to Be Romantic If you're an Octopus', and 'I think I'm going to sneeze soon'.

While the book was written by the same man who wrote 'Rubber Duckie', it is, despite its categorization as children's poems, not only for children. There are poems in almost every category imaginable, from the poem about Stuart Magroo who never tried anything new, to the poem about chickens traveling through the city on elevators, escalators, subways and buses. No matter how many times the poems are re-read and no matter what ages the readers may be, the poems always draw a laugh.

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Another great idea from your pals The Spartans



FRONT & BACK

CSC's green campus center

By Kristie Dunchus
Castleton Spartan

The purpose of the Campus Center is to provide a space for all members of the college community to interact and learn together. As students all around campus stroll in and out of the newly renovated Campus Center, the recent improvements are obvious.

But to the untrained eye, some might notice all the changes that make the center so environmentally friendly.

The Campus Center was one of many new construction projects at Castleton. But this particular building was special in the sense that it was designed to be a Leadership in Energy

and Environmental Design (LEED) Silver project, which means that the building is designed, constructed and operated to a certain standard of energy efficiency and sustainability.

"We were going for a LEED certification. We wanted to do at least one building on campus," said Dean of Administration Bill Allen, who was involved in this project from start to finish.

Although the renovations and expansion of the Campus Center cost \$7.5 million, Allen is certain in the long run it will be well worth it.

"It's going to save us money because the building is better insulated. The fixtures burn less electricity and burn less water," he said.

Allen said although he does care about the environment, at the end of the day he tends to focus more on the budget.

"I'm more practical, so if I can save us a few bucks I will do it," he said.

The original building had 20,308 gross square feet while the new construction adds 11,453 square feet, a 56 percent increase.

Over 50 percent of the construction waste was diverted from the waste stream and everything that could be recycled was. So 97 percent of the existing structure was reused.

An architect who was certified in LEED construction was hired for the job of designing the new Cam-

pus Center. To make the center more green, the flat roof was made white to reflect radiant heat instead of contributing to global warming, all of the site storm water is captured and treated naturally, exterior and interior lighting designed to reduce light pollution and the center was designed with increased ventilation and the landscaping is designed with indigenous plants that require no irrigation.

Even the water usage is reduced by 51 percent thanks to the flush less urinals, dual flush toilets and low flow faucets, Allen said.

Some students had no idea how resourceful the new Campus Center is.

"I had no idea it was so environmentally friendly. I think it's great

because not only does it look better, but it's also better for the environment," said Junior Alyssa Ray.

Freshman Chelsea Crehan agrees. "I think that's really cool. I mean I never saw the old campus center but I can imagine this new one probably is ten times better," she said.

President Dave Wolk is also very satisfied with the new renovations.

"I'm very proud of the new Campus Center because it is the first LEED certified building in our region," he said. "We wanted to build a very environmentally friendly, energy efficient building and I am very pleased with the result."

Students react to latest assault Help, only a phone call away!

Continued from page 1...

official who had been with the victim after the assault."

Boutin said he suspects the discrepancy was due to a communication problem.

Ennis Duling, communication director at Castleton, clarified Monday that the school was aware of the incident, but only learned of the arrest and a formal complaint days earlier.

Bob Godlewski, director of Public Safety, was unable to be reached for comment at press time.

Sexual assaults at CSC haven't been a prevalent issue since fall 2007 when two separate rape allegations were made from incidents in the South St. parking lot.

A separate report, however, was filed in the Public Safety incident report of an alleged sexual assault occurring on Jan. 24 at an off campus location. Godlewski said he inves-

tigated the issue and turned it over to Dean of Students Dennis Proulx. The matter is still pending, but Proulx said it's unrelated to the November case.

The events in 2007 prompted students to take action with the Creating, Honoring, Advancing and Nurturing Gender Equity (CHANGE) initiative.

But some are left questioning the impact after this arrest.

"Everyone wears the 'got consent?' t-shirt to promote awareness, but this stuff keeps happening" said Castleton junior Alex Pugliese "I can't imagine what that girl is going through."

Pugliese isn't the only student wondering why this kind of act is still occurring in our area.

"Sadly it's a thing that does happen and I don't know what can be done" said junior David Manghis. "People need to wake up and realize how seri-

ous this stuff is."

Professor Linda Olson, chairperson for CHANGE, said despite this latest report and arrest, she believes CHANGE is helping.

"I'd like to say we can stop this kind of act, but I don't know if it's possible, but we can do our part to change campus culture," she said. "I don't know if we've reduced the number, but what I do know is that were gradually changing campus culture."

Olson said education has been shown to be an unparalleled preventative measure.

"We're not counselors, but we can listen and help find resources to help victims" said Olson.

CHANGE Coordinator Jaklyn VanManen agrees. She said CHANGE has made progress in creating awareness, but she stressed that victims are still dealing with dark memories when new assaults occur.

"I think one thing we don't

really think about is what the impact is on survivors," she said. "Things like this can bring back flashbacks, it's important to remember that effect."

In an interview with police, Magee denied the assault took place, Boutin said. Magee said he helped the woman into his room and fell asleep beside her, but nothing happened, according to the Rutland Herald and verified by Boutin.

"It didn't happen. I would never do that," Magee told police according to the affidavit.

But on Dec. 17, Boutin said he recorded a phone conversation between the woman and Magee. During this conversation, Boutin said Magee initially denied any foul play, but as the conversation went on he is quoted in the affidavit saying "OK, there is a possibility that I could have done it. I'm sorry, like, there's not anything I can do about the situation now if it did happen."

CHANGE was founded at Castleton to promote gender equity through the elimination of sexual assault, sexual harassment and homophobia. In a timely coincidence, CHANGE is introducing a new program called Peer Advocates for Change (PAC).

PAC is comprised of a group of well trained student volunteers that will provide educational programming on topics like sexual assault and relationship violence in hopes of changing CSC's campus culture. PAC will be opening a 24-hour, 7-day-a-week crisis line that "anyone can call to get help with anything at anytime," said VanManen.

The hotline went live on Sunday.

Dennis Proulx explains that this initiative will educate students so that more will come forward and report acts like this.

"I hope that our number of reports go up and the number of incidences go down," said Proulx "In my optimistic view, as we educate through CHANGE, men and women will both have a better understanding of what is sexual assault and what isn't."

Communication Director Ennis Duling looks to the same optimistic future as Proulx.

"I assume that things like this happen everywhere and I'm encouraged that through the CHANGE initiative the college is trying to take some steps to prevent it," he said.

Anyone with concerns, questions, or reports can call PAC at (802)-417-1408, or can send an e-mail to PAC@Castleton.edu.

"I hope students call" said Olson.

She's got a ticket to ride

Continued from page 1...

tion for traveling to and from their homes to the college.

Inés Giménez, a Spanish teaching assistant at Castleton State College, took the Ethan Allen Express from Castleton for the first time on Jan. 30. The station's close vicinity to the college - less than three-quarters of a mile from campus - allows her to walk to meet the train.

"I am excited and thrilled because before, I had to have my house parents pick me up in Fair Haven. Now I feel more independent and don't have to bother people because I don't have a car," she said.

Making two daily stops in Castleton, the Ethan Allen Express will provide service to

Penn Station in New York City with nine stops along the way. From Penn Station, passengers can catch trains traveling throughout the United States.

"I once took a trip from Rutland, stopped in New York, and went to Florida. So conceivably I could (now) walk to the station and end up in Florida," said Robert Gershon, professor and chair of the communication department.

The owners of the Green Mountain Country Depot, the deli, bakery, and coffee shop that resides next door to the station, have noticed the positive effects the newest Amtrak stop has had on business and the community.

"There's a lot of interesting people coming in to watch the train stop and some mornings there are six, seven, or eight

people getting on the train," said co-owner Lynn Kratochvil. "Some people come in and they'll sit down, have coffee and a pastry or something before the train comes... There are more cars out front, more people. People attract people, you know?"

The ease of access between Castleton and New York City will provide students and community members alike, a chance to experience the vast culture less than six hours away.

"I like the train," said Castleton sophomore, Nettie Prescott. "It should be advertised more - get away from Castleton, go to the city for a weekend, get a dose of culture you can't get here."

"I just hope it gets all the use it can," said Castleton student Scott Brown. "It has comfy chairs, it is nicely lit. I hope people will actually come down here and use it," he said.

After all, it is not just a new addition, but a new home.

Life of a commuter

Continued from page 5...

Gallagher considers herself a social butterfly and believes she would not have made as many friends if she had lived at home. So even if that means paying the extra money for room and board, she says it's worth it.

"I would never live at home. I think it's stupid to commute because you're missing out on your college experience," she said.

Some commuter students agree with Gallagher.

Sophomore Alyssa Alberico has commuted for two years and agrees it is difficult to make friends when your only interaction with other students is in the classroom.

"I just drive here and then just go home. You don't get to meet anybody. You're just in and you're out," Alberico said.

But Alberico said there are drawbacks to living on campus too. She said if she were to live on campus, her academics would suffer and she would most likely fail.

"I wouldn't be able to concentrate at all," she said.

Although she said she does have friends on campus, she doesn't like the idea of roommates.

"I wouldn't be able to live with other people anyway, and plus the dorms are too noisy," she said.

Tuition at Castleton for an in-state student is \$7,992, but to live on campus is another \$7,808. For some commuters, living at home is about economics.

Sophomore Alison Clark commutes from Pawlet. She claims, besides the fact she's not real social, the main reason she commutes is because of the money.

"I'm like the cheapest person alive," Clark said with a

laugh. "And it's just cheaper to live with my parents."

Although students have said it's easier to concentrate on school work when they are at home, for Clark it's a different story.

"I have to go to the library to get all my work done. There's a lot of distractions at home," she said. "I don't know maybe it's just my family."

Residential students live, study, eat and socialize with one another in the residence halls and get to be more socially integrated with the campus community. Commuters only get to interact with other students in a classroom atmosphere. Junior Jodie Hard agrees it is difficult.

"It's hard because you just make friends with the people you have class with," Hard said. "I usually just hang out with my boyfriend and my sisters."

According to a study by UCLA professor Alexander Astin, peer group interaction positively affects critical skills, cultural awareness, leadership development and academic development. So by not living on campus, commuter students miss out on these opportunities to connect to the university and other students and to enhance their learning and development.

But not all commuter students buy that theory.

Alyssa Ray lived on campus her freshman year, but decided to move back home because it was cheaper. She said nothing has really changed for her socially since she has moved back home.

"I like it and I liked living on campus the first year as well," she said. "But now I can sleep more."

A junior now, Ray still believes although she is living at home she feels she is still

getting a great college experience.

"I enjoy the friends that I know from my first year and I make friends every day in my class," she said.

Sophomore Michelle Crosby feels the same way. She lived at home the first semester of her freshman year and decided to move on campus the second semester. She found she actually like commuting better because of the cost and found it less distracting not having suitemates.

Even though she decided to live at home, Crosby claims she has made close friends with her classmates she sees everyday.

"I don't think commuting should make a difference as to making friends, and the experience of it, although I personally did like to try both," she said.

Dennis Proulx, dean of students, believes it doesn't matter whether you live in the residence halls or at home. He says it's easier because Castleton is a smaller college therefore you can get the same experience either way.

"It's easy here. We have places of community you can just plop down and absorb," Proulx said.

Director of Student Activities Melissa Paradee echoes Proulx.

"They (commuters) have all the same privileges and resources that the resident students have," she said.

Paradee said the key for commuters to get the same experience is to get involved with activities on campus whether it is a club, athletics or just attending events held on campus.

"Whether you're a commuter or resident I encourage everyone to get involved," she said. "Once you get involved it could change everything."

Addition unites department

Continued from page 1...

dence with Public Educational Governmental Television.

Academic Dean Joe Mark explained the company has a headquarters in Rutland, currently broadcasting talk shows, videos, and news.

It is now interested in broadcasting college content, including sports and soundings events. A committee is presently looking to hire a

full-time employee to support the television studio in addition to PEG TV.

Communications Professor Roy Vestrich commented that the addition also helps faculty to communicate with one another, students are right outside hanging out so it is easier for them to just drop in. "It provides a sense of community," he said.

And it is now all ready for

use.

"I just hope it gets all the use it can," said Castleton student Scott Brown. "It has comfy chairs, it is nicely lit. I hope people will actually come down here and use it," he said.

After all, it is not just a new addition, but a new home.

"It's worse than drunk driving"

Continued from page 1...

business or driving college vehicles.

In a system-wide e-mail last week, Chancellor Tim Donovan said it will likely be made a system-wide policy after the March 18 Board of Trustees meeting.

"Given the concern that the

presidents and I have regarding this subject, I want to share the change with you in advance and ask that you adopt it now in practice even as it is not yet in policy," Donovan wrote in the e-mail. "On a personal note, I would ask that you join me in adopting it in your personal driving as well."

And if you're curious

whether such a law change will have a positive impact, one national agency that has studied the issue believes it will.

The National Safety Council reports that communicating on phones causes 28 percent of all traffic collisions in the country.

Mojo rising for mens hockey

Robert Doran
Castleton Spartan

Last month at this time, the Spartan men's hockey team was floundering at the bottom of the conference searching for a way to win with a 1-4-1 record.

Since then, though, times have changed dramatically.

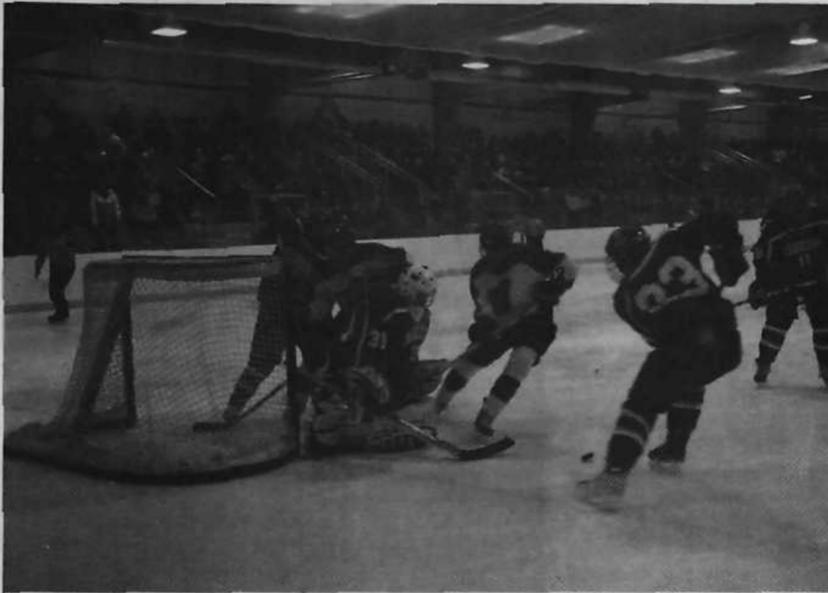
The Spartans have been white hot lately, loosing twice since Jan. 1, improving their record to 7-7-5 overall and 5-5-3 in North Atlantic Conference play.

Those latest two losses came at the hands of nationally-ranked opponents, Plattsburgh and Amherst.

The wins against Skidmore, Trinity and Wesleyan really got Castleton rolling.

The Spartans followed those strong efforts with an equally strong one against nationally-ranked SUNY Geneseo and the result was a 2-2 tie.

The Spartans then traveled to Boston to take on the Beacons of the University of



ROBERT DORAN / CASTLETON SPARTAN

Lindsey Gullet battles in front of the net against Hamilton on Jan. 22. The game ended in a 2-2 tie.

Massachusetts Boston and the Beavers of Babson College. Both of those games ended in wins for the Spartans for their first weekend sweep of the season.

Castleton hit the road again for this past weekend, taking on Tufts University. The Spartans had over 50 shots on goal, but a stellar goaltending performance from Scott

Barchard forced Castleton to settle for a tie.

Connecticut College became the Spartans' most recent victim on Jan. 30 as the less-than-worthy oppo-

nent didn't seem to want to be on the ice with the boys in Spartan green during a 5-0 drubbing.

The Spartans attribute their new-found success to the Dec. 12 game against Utica where the team was able to claw itself back into contention for a conference playoff run.

"That game was a turning point for us. Everyone has bought into the team concept since then and it has translated into wins for us," senior captain Nick Wescott said.

That "team concept" is working marvelously for the Spartans with their leaders and coaches stressing that point continuously.

"Our team now knows what they need to do to be successful. We know what works and have to continue doing it," said Coach Alex Todd.

"Knowledge is the biggest factor for success and knowing that your team is working just as hard as you helps," Todd added. "Getting wins has really benefited our team."

A major factor to the team's recent string of success has been the emergence of a grinding offense that focuses on working hard and shooting often.

"We are getting to the dirty areas and banging the rebounds home," said Stuart Stefan, the Spartans' goal leader.

The grit and determination of this team has really fixed many of the small mistakes and bad bounces that weren't going Castleton's way in the beginning of the season.

"Team moral grows when you win. Success helps build team attitude, and that is what is happening right now," said assistant coach Jamie Herrington. "We hope it will continue."

The Spartans return home to Spartan Arena Friday February 5th for a showdown with conference foe University of Southern Maine followed by a matinee on Saturday with University of New England.



Ski team still racing perfect

PHOTO CONTRIBUTED BY CHRIS EDER

Above: Brianna Kullberg carves a turn in a giant slalom event at Bromley Mountain on Jan. 24. Below: Gregory Towle rounds a gate at Bromley Mountain.

By John Shramek
Castleton Spartan

In eight races so far this season, the Castleton State College men's and women's ski teams have shown the rest of Castleton athletics and the other schools in their United States Collegiate Ski and Snowboard Association Thompson Division that they belong in a class of their own.

The teams are off to impressive starts in the 2010 season with both taking first place in every race, shooting them to first place in the USCSA Thomson Division standings with six points. For the men, Tufts University, Northeastern University and Worcester Polytechnic Inst. are all tied for second place with 18 points. The women are followed by Boston University (14 points) and Northeastern University (17).

So what makes this year's teams so good?

Assistant coach Dale Solotruck says that he sees something special in the teams this year, something that last year's teams may not have had.

"I've seen a lot of maturity in the way [both teams] are skiing this year," he said. "They're more balanced and because of that, they're gonna be able to handle different conditions better. They had to do that [this past weekend]



because it was pretty rough conditions temp wise."

Hearing Solotruck say that should really scare other teams considering that the men's team went to Nationals last season and that the women's team just missed an invitation.

Head coach Chris Eder was quick to point out that depth is another facet of Castleton skiing that has made the teams as successful as they are this season.

"It seems like every day we race, somebody different is our top skier. We have a lot of depth," he said. "We feel confident that we can win with our numbers five, six, and seven skiers for both the men's and the women's teams."

So far the men's team has gotten big contributions from Bobby Jones, Robert Burke, Steven Zotter, Charles

Robbins, Connor O'Brien, Bartholomew Kallgren, Justin Garritt, Thatcher Karner and Greg Towle, who are all listed in the top 15 male competitors in their division.

On the women's team, Brianna Kullberg, Katie Martin, and Michelle Podnecky are listed first, second and third respectively on the top women's individual list. Kristina Sundin, Corrie Keener, Kristin Leggett, Heather Patterson, Erica Luce, and Madalyn Kirbach have also had strong showings for Castleton, placing them within the top 15 female competitors in the division.

As the Spartan ski teams move closer to the end of the season, their focus is beginning to stray more from the present and more toward the postseason, according to Solotruck.

"We're not trying to look

ahead, but at the same time we know there will be more difficult days ahead of us," he said.

Next up for the Spartans are Slalom races at Cranmore Mountain Resort in North Conway, N.H.

After that, the Spartans will compete in Slalom and Giant Slalom events in the Skidmore Invitational at West Mountain in Glens Falls, N.Y. Eder classified the Skidmore Invitational as "a great tune-up" for the postseason, which starts the following weekend.

Eder was optimistic about the teams as they move closer to the postseason.

"We're just trying to have them stay on pace. We want them to peak at Regionals," he said. "But right now, we look pretty good."



JOHN SHRAMEK / CASTLETON SPARTAN

Katharyn Dembowski looks to cover the puck.

Women's hockey can't find identity

Mike DelDotto
Castleton Spartan

The Castleton women's hockey team is averaging just over one goal per game amidst a 3-15-1 season. The Spartans are currently in an eight-game skid with their most recent loss being a heart breaking 3-2 loss at the hands of Salve Regina on January 30 in Rhode Island.

The 12-4-3 Seahawks opened up scoring late in the first period when Samantha Zitzer ripped a shot from the faceoff circle. Salve added to their lead when Castleton's Jessica Herrera went to the penalty box for cross-checking 6:35 into the second period. Salve's Shannon Ellis took advantage and scored a power-play goal just eighteen seconds into the Herrera penalty to put the Spartans down by two.

Castleton finally got on the board 4:31 into the third period with Laura Szwed's team-leading, sixth goal of the season. The assists came from Jade Werger and Maryanne Diehm.

"Szwed's having a great season," said Castleton's Head Coach, Bethany Torrice, now in her second season with the team. "She's a smart player and really listens to feedback well and does what we ask on the ice."

Amy Costa, a co-captain, tied the game for the Spartans mid-way through the contest when she took the feed from fellow co-captain Maryanne Diehm and Hanna Martini. The two captains combined for three points against Salve.

"Diehm's been struggling a little bit but she has a lot of speed and tenacity on the ice," said Torrice. "Costa's always solid on face-offs."

The Seahawks took the lead once and for all with just 3.9 seconds remaining on Zitzer's second goal of the game. The Spartans were out-shot 45-17 in the contest, giving Katharyn Dembowski, the Spartan goaltender, "second star" honors with her 42 saves. Castleton visited the sin bin eight times during the game and managed to kill off seven penalties in their great effort.

The young Spartan squad

"...WE NEED TO KEEP A POSITIVE ATTITUDE."

- BETHANY TORRICE

has had many setbacks this season, but Torrice believes there is a silver lining for the future as there are eight freshmen playing on the 18 player roster. Torrice says that it's nice to see the young players contributing and making an impact on the team.

The Spartans have just a half-dozen games remaining in their regular season including the "Pink the Rink" night on Feb. 10 against Norwich University at the Spartan Arena. The Spartans will dawn pink jerseys that will be auctioned off before the game with the proceeds going to breast cancer research and awareness.

Torrice says she hopes for the team to win more games than they lose for the rest of the season.

"It's going to take a lot of drive and commitment out of the girls," said Torrice. "But we need to keep a positive attitude."

Women's hoops suffer overtime loss

By Chris Lapointe
Castleton Spartan

The Terriers passed the ball into junior Mallorie Blakney. She was fouled and was sent to the line. With the pressure mounting, she missed the first shot. She gained her composure before the second shot, though, and sank it, giving Thomas College a 1-point lead with eight seconds to go.

The Spartans took possession and passed the ball to Christine Jaques, who dribbled the down court. Jaques shot a 10-foot jumper, hoping to take the lead on a buzzer beater, but the shot was swatted away by Blakney, sealing the 71-70 loss on Jan. 30.

Jasmine Matos proved to be a bright spot for Castleton in the loss as she reached a double-double with 26 points, three of which came off of a game-tying shot from behind the arc with 11 seconds left in overtime, and 13 rebounds. Unfortunately for the Spar-

tans, Thomas had its own 26-point scorer in Kellie Martel.

The Spartans won the rebound battle, grabbing 30 rebounds compared to the Terriers 11.

Despite Saturday's loss, the Castleton women's basketball team has started to become a threat in the North Atlantic Conference. With a win coming against Green Mountain College on January 26th, the Spartans gave themselves a shot at getting a bye in the NAC tournament.

The Spartans have brought everyone back from the first semester and have used the bench numerous times this year. Ten players on the Spartan roster have played over 11 games this year, and eight of them are averaging over 16 minutes a game.

"A lot of the players contributed in the first half of the season and have overlapped into the second half of our year," said head coach Tim Barrett.

Despite losing two 1,000 point scorers, the Spartans have packed a punch in this year's team. Sophomores Vanessa Powers and Jaques are averaging over 10 points a game. Senior Katie Hoxie leads the team in assists with 72 on the year. Junior Megan Johnson has been pounding the boards, averaging 6.6 rebounds a game.

Even with the recent crushing loss fresh in their minds, the Spartans are ready to contend for the NAC Championship this year.

"Since we are the defending NAC champions, every team we play are going to compete hard against us" said Johnson.

Right now the Spartans are in fourth place in the NAC with a 4-3 conference record and a 10-8 record overall.

Castleton will play Lyndon State on Saturday Feb. 6 at 2 pm.

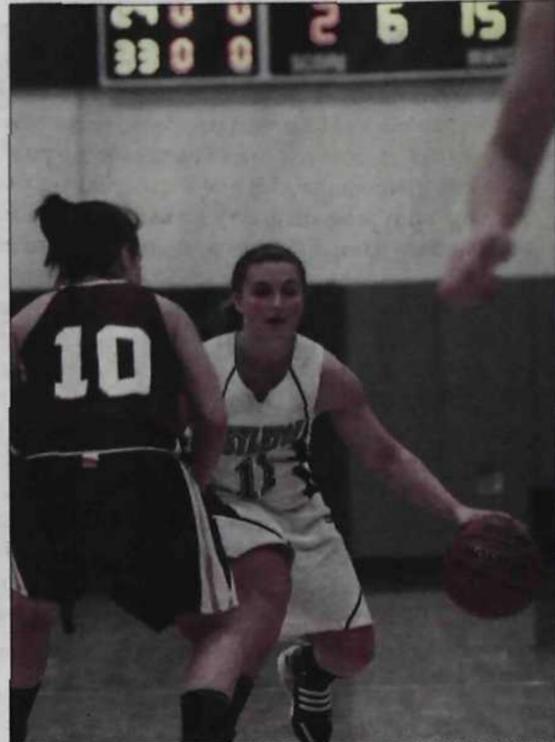
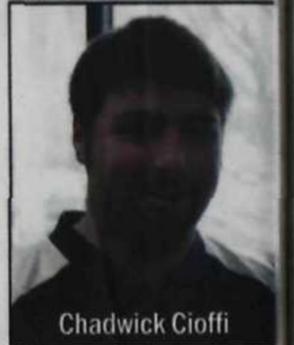


PHOTO CONTRIBUTED BY ENNIS DULING
Chelsea Crehan dribbles up court.

Sports Talk



Chadwick Cioffi

I want to throw a Super Bowl party this year, but not just any Super Bowl party. I want Castleton's best and brightest in attendance, not just any old sports fan. So I've been working on my guest list lately.

My first invite will be stamped and sent out to Chris Eder, the head coach of Castleton's ski teams. Both the men and women's team have placed first in every race this season. That type domination is a recipe marinated in Frank's Red Hot. Eder, you can borrow some of that hot sauce the ski team has resembled and make a batch of chicken wings to bring to the party.

This party would be nothing without some pizza, so I'm getting Coach Paul Culpo to stop by Dominos and pick up their new and improved pie on his way to the party. Culpo knows a thing or two about improving an embarrassing product. He has taken a program that went 2-23 last season and has performed a quick turnaround. The men's basketball team has a 10-7 overall record and is currently in third place in the North Atlantic Conference standings with a 5-2 conference record.

What good would all of this food be if we don't have anything to wash it down with? Stuart Stefan of the men's hockey team will have to bring the refreshments. Stefan has been a key factor to the Spartans 6-1-3 record in the past 10 games. In that span he has been able to record nine goals and two assists. The Spartans started the season 1-6-2, but largely due to Stefan's ability to find the net they have climbed into the fourth ranked spot in the Eastern Collegiate Athletic Conference standings.

Coach Chris Barrett can sit in my recliner. It's always helped me relax when I lose close games of Madden, so he can borrow it after that nail-biting overtime loss at Thomas College. Those are tough losses now, but this man will make sure the next meeting results in a W.

When the game is coming to an end I'm guessing everyone in New England will simultaneously come down with turrets syndrome as they watch Peyton Manning hoist his second Super-Bowl trophy in a four year span.

After Manning and the Colts win the game my first Super Bowl party will come to a close. I will say goodbye to Eder and wish him luck at nationals this year. I'll tell Culpo how impressed I am with the job he has done so far in his first season as coach. I'll tell Stefan how envious I am of his ability to dance around defensemen and score at will. And I'll tell Coach Barrett to look for me waving my green Spartan foam finger at the home game against Thomas on Feb. 12.

When my guests finally clear out it will be just me and the pile of bones from the chicken wings that are left in my apartment.

But I haven't forgotten to hire a cleaning crew. The women's hockey team can help me clean up the mess after the party, as they will have a similar task of cleaning up their 3-9-1 record before seasons end.

Predictions: Colts win 40-38 in the highest scoring Super Bowl ever, Freeney's a no-go, Manning gets the games MVP honors, and the opening coin toss is Tails.

Men's basketball starts the semester off with a bang

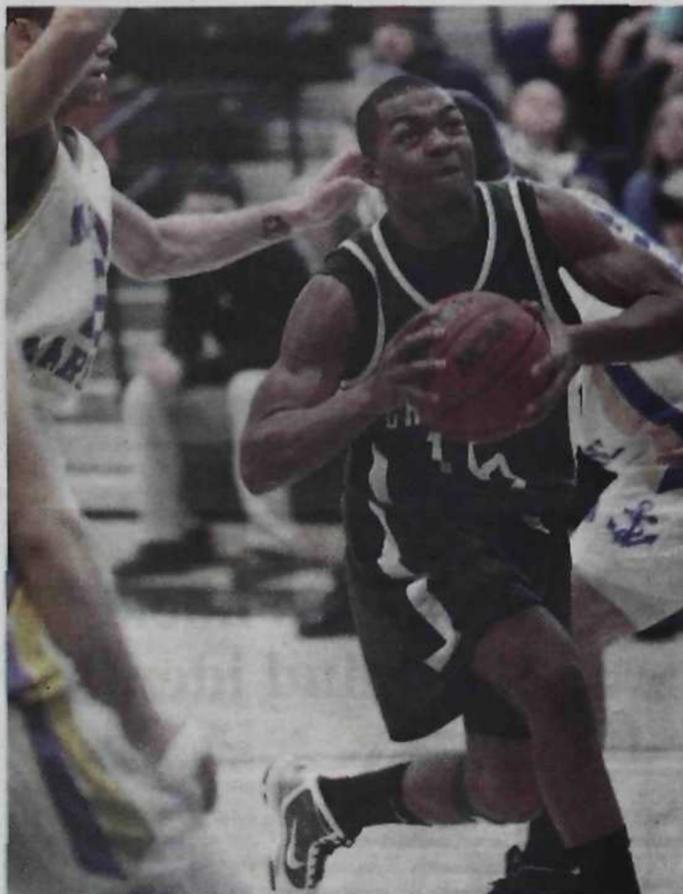


PHOTO CONTRIBUTED BY ENNIS DULING
Michael Knight drives the lane against Maine Maritime on Jan. 23.

Nicole Parker
Castleton Spartan

The Castleton State College men's basketball team entered 2010 with a measly 4-4 record. The Spartans, though, had no intention of continuing that trend into the New Year. Since the ball dropped, Castleton has built up an impressive 11-7 record (5-2 in the NAC) and has become a force to be reckoned with.

Jan. 3 was the Spartans' 2010 opener against non-conference Skidmore College. Skidmore entered the game with an 8-1 record. With balanced scoring from the starting line-up of Derrick Faragon (15 points), Mark Comstock (14), Mike Knight (13), Greg Hughes (11), and Jared Paul (8), Castleton pulled off a 72-68 win.

Castleton then went on a 5-2 streak. The streak started with a loss to Framingham State by a score of 61-53. Castleton then had a 3-game winning streak against College of St. Josephs 75-74, Johnson State College 64-50, and Lyndon State College 81-67. The Spartans lost to conference foe Husson on January 22, then beat Maine Maritime Academy 67-57 and cross-town rival Green Mountain College 61-52.

Coach Paul Culpo is pleased with the work his team has done.

"I would be lying if I was not incredibly happy about being 4-1 in the NAC."

Culpo is also not taking the record for granted, saying that the team has a long road ahead of it. The first stop on the long road was in Maine this past weekend, and Culpo said that it would be a big challenge to his team.

Well, Culpo was correct in that the weekend's games were not an easy feat. Friday night proved difficult for Castleton, losing to UMaine-Farmington 75-53. Freshman guard Kevin Eisenberg paced the Spartans' offense with 12 points, while Faragon chipped in 10.

The Farmington loss did not get the Spartans down as they went on to Saturday's match-up against the Thomas Terriers. After leading at halftime, Castleton lost the lead in the opening minutes of the second half. Not ready for defeat, the Spartans delivered 12 unanswered points to regain the lead. Castleton never looked back and handed the Terriers a 69-59 loss. Faragon led all scorers with 22 points and 12 rebounds, while Paul added 20 points and Knight 13.

With the 5-2 NAC record, Castleton currently sits pretty in third place in the NAC. The Spartans are back at it on Feb. 6 when they take on Lyndon State College in the Glenbrook Gymnasium. Tip-off is slated for 4 p.m.

Chatting with the Grad assistants

Unless you have been living under a rock this past year, you probably noticed that there is a different type of student here at Castleton State College this year. They are called Graduate Assistants. These students are in the Education Graduate Program. There are 14 of them, each with their own wild and crazy undergrad backgrounds and stories. Each week, one GA will be profiled so we can get to know them just a little bit better. This week....

Tim Sparks



Undergrad School:
Norfolk State University; Norfolk, VA
Degree:
Bachelors in Interdisciplinary Studies
Graduate Assistantship at Castleton:
Men's Basketball Coach

What drew you to Castleton?

I was drawn to Castleton because of the opportunity to be a graduate assistant and to be able to get a Master's degree and coach at the same time. I want to be a coach and many coaching jobs require a Master's degree now, so this seemed like a good fit.

What are some of the difference between Castleton and Virginia?

There are around 300,000 people in the area I was in and there are not even that many people in the whole state of Vermont! I'm used to more diversity than Vermont has, that was shocking to me. The people here are very friendly and welcoming and, at Castleton specifically, the classes are very small and I really like that. Oh, and the traffic. I forgot how much I hated traffic until I went back home!

What is your favorite moment at Castleton since you have been here?

There are so many! One that keeps popping up in my head is the first football game. There was a big reception afterwards and the staff, faculty, much of the student body, and the community were all there. It was nice to see everyone come together and just have a good time. Also, some of my favorite times have been because of my involvement with the Intervarsity Christian Fellowship. It has been huge for me. Everyone has their ups and downs, so when I was feeling down sometimes, they really helped me through it. It's a great group to be in.

What is one thing that many people do not know about you?

Ha ha the only thing that keeps coming in my head is that I can go about 30 yards on a unicycle. My dad is amazing at it, he can do jumps and go up hills and stuff, but it's so hard! Not many people know that about me.

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

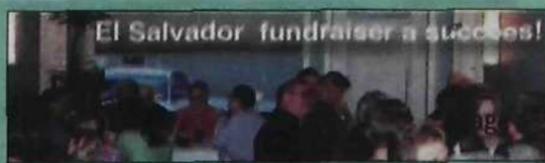
Wednesday, February 17, 2010

CastletonSpartan.com

Castleton, Vermont



Ski team stay dominant
Page 8



El Salvador fundraiser a success!
Page 5



Ronnie Jordan at CSC!
Page 5

Liquor craze sends more students to hospital

By Jeremiah Haggerty
Castleton Spartan

The number of students at Castleton drinking alcohol isn't necessarily on the rise, but some officials say the number of those risking their lives is.

Castleton students have maintained the typical college drinking habits, but the new popular poison they choose, hard liquor, is landing them in the hospital, said Bob Godlewski, director of Public Safety.

And Godlewski is concerned.

His anxiety stems from the number of students being transported to the hospital with alcohol poisoning.

"In hospital transports, that number has more than doubled," he said, adding that he didn't have exact numbers.

But why?

"I don't think I've ever seen students drinking top shelf liquor, so for the most part I think it's an attempt to get more for their dollar," said Dennis Proulx, dean of students. "I don't know what the answer is."

Proulx believes the liquor craze may have something to do with accessibility and transport. A handle of hooch doesn't make it look like your wearing a square backpack full of glass.

"I think it's also what's popular," he said.

Both Proulx and Godlewski believe its pos-

sible the attraction isn't quality, it's quantity.

"It's probably cheaper for them all to throw in \$2 and get a bottle of gut rot," said Godlewski.

Most students learned, after years of education that a shot of liquor contains the same amount of alcohol as a glass of wine or a beer. But if students' consuming habits don't change from beer to liquor, there can be problems, Proulx said.

"There is a lot less to drink in a shot than a beer or glass of wine" said Proulx. "It's easier and quicker for someone to take a shot than drink a whole beer."

Continued on page 6...



PHOTO ILLUSTRATION BY ROBERT BURGE

Buddhist nun enlightens CSC students

By Kelsey LaPointe
Castleton Spartan

Amy Miller sat at the front of the room while students, faculty and community members filed in and took their seats. It was a bitterly cold, February afternoon in the upstairs of the Old Chapel and a crowd had gathered to hear Miller lecture.

Most people would expect someone hosting a lecture to stand at a podium, wearing formal attire and immediately begin their speech. But Miller is not your average woman. Not only did she stand out from the crowd with her shaved head and flowing, red robes, but she also had an expression of supreme contentment and happiness.

Miller is a Buddhist nun.

Her lecture was on "The Art of Happiness" and was also coupled with her Buddhist teachings. She began with a description of her life before she became a Buddhist nun, which was surprisingly average. She did not grow up in Asia under the Buddhist religion. Instead, she actually grew up in the United States under the Jewish religion.

"I was raised Jewish. We weren't that devout, but I had a strong Jewish identity and liked it and enjoyed it. I guess you would call me a 'Bu-Jew' now," Miller said.

When asked why she chose the Buddhist religion, she replied, "The Buddhist philosophy made sense to me. I enjoyed the good heart the teachers had and they all seemed so happy."

Miller also always had a special emphasis on charity in her life. After working in Washington, D.C. with poverty-stricken people, she went on to work in hospice care with people who were affected by AIDS. She then worked at a magazine and specialized in investigative journalism.

After working with a Methodist minister to get him elected to the Senate, she decided she wanted to travel the world. She first

Continued on page 6...



PHOTO CONTRIBUTED BY ENNIS DULING

The lady Spartans sport their Pink jerseys that were donated by the Rutland Regional Medical Center in their successful effort to raise money for Breast Cancer at Spartan Arena on Feb. 10.

Spartan arena goes pink for a night

Hockey team raises more than \$6,000 to fight breast cancer!

By Kathleen Eichler
Castleton Spartan

From the moment fans entered the Spartan Arena on Feb. 10, instantly something looked different. Employees were donned in pink apparel ranging from pants to headbands and each seat turned into an anchor for pink and white balloons.

Even the player's jerseys were pink.

The Castleton State College women's hockey game last Wednesday was not only in a battle against Norwich, but against breast cancer. This is the first year the team has held a game specifically

to raise money for breast cancer, but the concept is far from foreign within Spartan athletics.

"Basketball was the first sport to hold a game for breast cancer eight years ago. After that more sports teams held games in support of breast cancer, including football. Currently, six teams participate in these events and it's something we plan to continue every year," Associate Dean of Athletics Deanna Tyson explains.

For this game, the women's hockey team partnered with Rutland Regional Medical Center. The hospital paid for all of the advertisements around the community. It also bought pink jerseys

for the players, which were later auctioned online.

The average jersey went for \$150 dollars, with the price ranging from \$115 to \$300. Karen Sanborn, director of the Media Center, also made scarves, mittens, gloves, and headbands which were donated to raise money.

Castleton State College President David Wolk also attended the "Pink the Rink" game, sporting a baby pink and white scarf.

"I'm incredibly proud of the players, coaches, parents, and the fans. They raised so much money and more importantly, raised awareness. It just warms my heart that they're doing the right thing,"

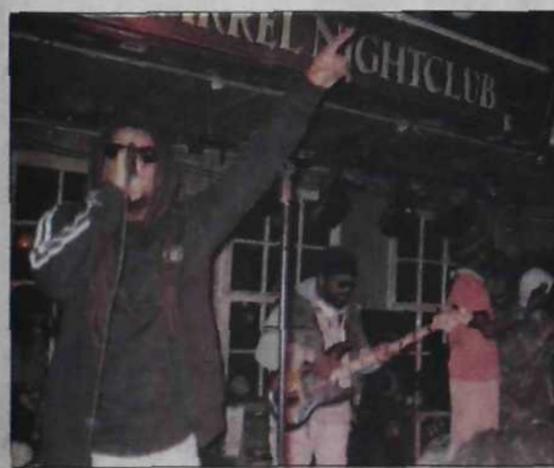
he said through a wide-eyed grin.

Laureen Eddy and Tameron Harbell both work for the Breast Care program of the Foley Cancer Center at Rutland Regional Medical Center. Both said that through these events, a great deal of awareness is raised in the community.

"One in eight women and one percent of men will develop breast cancer in their lifetime. Events like these as well as word of mouth help educate people," Eddy said.

When asked if working with cancer patients ever dampened her spirits, Harbell quickly shook her head no.

Continued on page 6...



MELISSA POPE / CASTLETON SPARTAN

The Wailers brought the jams to the Pickle Barrel.

The Wailers love all things Vermont

By Melissa Pope
Castleton Spartan

Bodies pulsed in rhythmic motion to the driving organ and booming bass as the scent of marijuana encircled the Pickle Barrel on Feb. 4.

Yup, the reggae cranking Wailers from Jamaica had invaded Killington.

Castleton State College students took over the front row of the dance floor, but the older generation in attendance wouldn't be put to shame. Concert goes in their 60s

mingled in, dancing and singing with revelers more than a third their age.

"It's all love, it's all about the music. It doesn't matter who's who, or who was born when, it's all for the love of the reggae," said Mark Townly, 52, of Queensbury, NY.

Townly said he has been coming to the Pickle Barrel for years to see the Wailers and other acts.

Lights were flashing throughout the building creating a rave-type feel on the dance floor and a large major-

ity of the crowd was clearly stoned, but it all fit in well with the Rastafarian way of thinking.

Kevin Davy, known as Yvad, was the lead singer for The Wailers this night. He hit the stage sporting long dreads, sunglasses tipped over his eyes and a voice that put everyone into reggae trance.

"It is very good to play here. I just loved it, loved everyone here," said Davy after the show.

Davy, originally from Kingston, Jamaica, said his

music was inspired by Bob Marley and singing with The Wailers has helped him grow as a musician and creatively reach limits he didn't know he could.

"It's such a great thing, great blessing to work with such musicians," said Davy.

Band Manager Rich Allis said he loved the intimate setting of playing at the Pickle. Allis stood right by the stage the whole night helping the band with whatever they needed and helping fans feel a

Continued on page 6...

R.I.P Tommy



By Chris Lapointe
Castleton Spartan

Facing death in the eyes can be very difficult to deal with and friends and family of Tommy Howe are facing this now. In the last issue of The Spartan, you were introduced to Howe as a former Vermont high school basketball star fighting his battle with cancer. On Feb 6 2010, he lost his three year battle. He died in Arizona where he was getting alternative treatment.

The basketball community in New England, especially in the Boston area and the state of Vermont, were affected by his loss.

Amass-Boston Head Coach Charlie Titus perhaps felt it more than most. Howe was coached by Titus for two years at Amass-Boston during the 2004-2005 and 2005-2006 seasons.

"He had a warm personality both on and off the court. He was very athletic, was never selfish. He was a team player throughout the season," Titus said.

Howe was a member of the 2005-2006 Little East Championship Team that went to the NCAA tournament that year.

But that was before the osteosarcoma, a rare bone cancer. For the last three years he fought this cancer like he fought on the hardwood. Doctors tried chemotherapy and radiation therapy, but it only worked temporarily. He had to have his left leg amputated and

have a prosthetic leg put on from his knee down.

A year later, the doctors found the unthinkable for Tommy. The tumor moved from his knee to his lungs, and eventually started to spread in other parts of his body.

He flew to Arizona for alternative treatment. A fund-raiser raised \$23,000 to help. But two weeks later, came the news that no one wanted to hear. Tommy Howe passed away.

Time stopped when everyone heard the news, including for some on Castleton's campus. Paul Culp, head coach of the men's basketball team, recruited Howe when he was coaching at Hartwick College.

"He was a gentleman when we talked on the phone," Culp said. "He was a very athletic player in high school."

Kyle Hall, a member of the men's basketball team, talked about playing against Howe in pick-up games at Colchester High School.

"When I was in eighth grade, I went to see the varsity team play and Tommy would be playing every game. He was a great player both on and off the court," Hall said.

Tommy Howe was my best friend and for him to leave like this hurts me deep down inside. Tommy would always stop by the house smiling as he opened the door and would scream my nickname "C-LAP!"

He would never back down from any challenge and would always play until the last horn would sound. I still remember the times we used to play AAU, middle-, and high school basketball. Every day we would joke about how we would play for Syracuse some day.

Tommy Howe fought adversity all his life. He wouldn't complain or give any trouble to anyone. He is a person who was dedicated to his family, friends, teammates, and community. Tommy Howe was a true hero in my eyes and will forever be my best friend. Rest in peace Tommy.



THINK TANK

The Column of the Castleton Philosophy Club

WHY PHILOSOPHIZE?
To Be WISE, of Course!

Many of you may wonder WHY take a Philosophy class, and how does it fit into any of your studies. Most of you may think that Philosophy is religious in nature or 'far out there' with the theories of Einstein.

Well, in some instances this may be true but don't let that daunt you. In many ways Philosophy DOES relate to your chosen path of discipline. Let me show you how:

Introduction to Philosophy introduces us to terms such as epistemology and ontology which may cause a student to say, "Whoa! This isn't for me!" But, in reality, Philosophy IS very much related to what you are studying.

Epistemology simply means the study of knowledge and uses methods of logic to validate theories. Our educational system is based on Plato's academy. Ontology, the study of Being, includes various theories of existence, which are an integral part of the Social Sciences. Empiricism, is used in studies such as

Nursing and the Biological Sciences. Here, knowledge is acquired through the senses of both the patient and the nurse.

The early philosophers, such as Socrates, Plato, and Aristotle were also mathematicians. Much of the logic used in mathematical equations may be used to figure out solutions to other problems in life as well. Mathematical equations can also help us determine things that are way too large for us to measure, such as the vast universe.

And, we must not forget the value of Ethics. There are ethical issues present in almost every occupation; especially in the fields of Law and Criminal Justice. Even Business Majors need to incorporate logical thinking and ethics into their practices, especially in the light of today's changing society.

The Arts have also been influenced by the philosophical thinking of the times - just look at the Renaissance! And that would probably include music, too. Many of the lyrics we listen to are creations of somebody's reflection of the world around them; someone's personal

philosophy.

Both religious believers and science-fiction enthusiasts will equally benefit from exposure to philosophy. Philosophy addresses both the metaphysical aspects of theology and the intriguing ideas of Quantum Physics.

Most of you must agree that, in each of your courses, you are studying a theory, or two, of some kind. Logical thinking and Philosophy can help you to better understand your discipline. I know it has helped me.

Instead of just understanding what is, I now understand WHY; based on my introspection of the theories.

I leave you with a quote from an ancient Persian philosopher, "Out Beyond ideas of Right-doing and Wrongdoing There is a Field. I will meet you there."

RUMI
Come join us. The Philosophy club meets in Leavenworth 104, Thursdays N-period (12:30-1:30) Meet on Facebook - under groups; "The Castleton Consortium."
By - Linda M. Limoges

Castleton lends a helping hand

Castleton sports teams are doing their part to make a difference on the community around them. Pink the Rink was an event that Castleton State College held this past Wednesday to help spread the awareness of breast cancer.

The women's hockey team played Norwich and had all proceeds go towards the Breast Cancer Program at Rutland Regional Medical Center. The team wore pink collectors' edition jerseys donated by Rutland Regional Medical Center, which partnered in the event.

Breast cancer is something that has impacted our campus in numerous ways this semester. People have been diagnosed with it, and people

have been taken from us because of this disease. Breast cancer can affect men as well as women. It may be known as just a women's disease, but men need to realize they are at risk as well.

The team ended up raising \$6,317 to donate to the Breast Cancer Program.

Students, as well as the student athletes, have gone above and beyond in trying to impact the world around them. A blood drive happened on campus, and numerous students were seen giving their blood to help out others.

This past weekend, the men's hockey team held a canned goods drive as admission for its games.

A bone marrow drive is also going to be coming to our campus. Students can be tested to see if they are a match for anyone on the national registry. They are more than welcome to decline it if they are a match, but putting yourself out there to be an option is the first step.

Little things that we do can impact everything around us. It doesn't need to be something as big as donating thousands of dollars from one person, but if each person does their part, it makes a huge mark and sets change into motion.

Cancer affects almost every single person in some way shape or form. Any type of fund-

raiser to help try and find a cure is a good thing. Castleton State College is no stranger to people being affected by cancer. Student's parents, siblings, and faculty - the list goes on and on.

So thanks to the teams for doing their part and helping out every mother, sister, grandmother, girlfriend, father and anyone really who is affected by this horrible disease.

Every little bit helps, and Castleton students have no problem lending out a helping hand.

Keep it up Castleton, and pass this attitude along to the upcoming classes.

OVERHEARD ONLINE @ CASTLETONSPARTAN.COM

In Response to: "Commuters live a different life"

"My advice to commuters who feel like there are missing out is that if you take the bus you won't. You have to want to meet people and want to socialize."

Commuters may not take the initiative to build new friendship because unlike residents they have friends and family close, it is more optional. The reason people encourage the college experience is because it breeds confidence and teaches social networking in an even arena. Commuters should take advantage of this atmosphere to create their own college experience."
- Kelly Cray

In response to: "Train station opens in Castleton"

I think in the interest of supporting the train service and to make it convenient and safe for the students, especially during the cold winter months, a regularly scheduled shuttle service should be offered for the Friday Morning departure out of Castleton and the Sunday evening arrival into Castleton. To make it efficient and to avoid unnecessary shuttle trips, students would have to reserve a seat on the

shuttle.
-G. Pascal

This is wonderful news! Years ago when I attended Castleton there was no train and I don't even recall bus service. I remember driving more than once all the way down to Manhattan -- my home town -- with a group from Castleton, and while it was fun, a train going directly to the city -- albeit in six hours -- is a lot more convenient. Hope the students can use this service as often as possible [and that the ticket costs won't be too prohibitive].
-Bill

In response to: "New communications dept. opens in Leavenworth Hall"

Congratulations to DR. Bob and the Communications Department! It sounds like a wonderful milestone and well deserved new space.
-Robert Ayles

First WIUV gets a new studio, now there's a new TV studio, the Spartan has a new office...I want to go back to college! ;)
Seriously, best wishes to Dr. Bob and the entire communications dept. - I can't

wait to stop by and check out the new digs! (btw, what's happening with the old studio and control room?)
-Matt Esenwine '89

Maria,
Enjoyed the article and glad you guys at the communication(Communications?) department have a new home. Will you be spending more time there or can we still count on seeing you at the "Dog" Thursday nights?
-Tom

In response to: "Wi-Fi too slow at CSC"

For a college that touts itself as a wireless campus, the wi-fi service is appalling.
-Bill Andrews

Be Happy Castleton has Wi-fi people. Some colleges don't even have it yet!! Besides, all internet connections are bound to be slow. There is not enough bandwidth in the world anymore and things might only get worse.

solution: maybe you should hold on to the Ethernet cords as a backup....
-Michael

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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Fresh Perspectives



Jill Bassett

What to write about seems like a question I am constantly asking myself. A lot of my teachers or organizations that I'm in expect me to come up with my own topic ideas. It's hard to pick just one topic to spend time on and be passionate about when there are so many important topics that I'd love to write about.

Yesterday I moved into a new room. It was the hardest move of my life. I went from Castleton 101 to Castleton 301. I wasn't unsatisfied with my old room a triple with two other really cool girls. The issue was that my new roommate was in a single (how boring that must be). We were becoming good friends and discussed how nice it would be to get out of my cramped up forced triple. That was when we decided we should move in together. Have you ever had to tell your roommates and suitemates you were moving out?

College is hard as a freshman with all these new privileges and freedoms. It's so hard to focus on school and manage your time to do everything that needs to get done and still experience all these new things. It even adds to the toughness when it feels like all teachers think that their class is the only class you take and sometimes go on overload. For me it even gets one step harder with having an on campus and off campus job just to keep some cash in my pockets.

At least I've finally gotten a hold of blackboard and understand how to find all necessary links. I came from a high school that never taught or said anything about the internet. It's a completely new experience that took me until now to be able to use it to its full potential.

Hall Olympics are this week. On Tuesday Castleton Hall had only six points towards winning but by Wednesday they had 58 only nine points away from Wheeler, which has 67 points. Wednesday with only one day left Castleton is in the lead with 126 points I hope Castleton can get enough support to win the Olympics!

It's weird to look around and think about the old friendships. Now that we are in the second semester most everyone has found their clique or the friends they like to hang out with. Freshmen are more comfortable and set with their friends. They have met new people and began to see where and who they fit in with here at Castleton.

Break is coming up soon two topics I'll have to write about and tell how they went in my next article!

Sexual assault case on its way to court

By Jeremiah Haggerty
Castleton Spartan

The Castleton student charged last month with sexually assaulting a student at an off-campus party in November is due back in court on March 1 for a "status conference," Rutland District Court officials said Friday.

But while the case winds its way through the legal process, the college is allowing life for the student, Kevin Magee, to

go on as usual, said Dean of Students Dennis Proulx.

Magee, of Otego, N.Y., has continued to go to class, classmates say. He does have to abide by a court ordered curfew, however, according to Castleton police.

He was charged after another student claimed he sexually assaulted her at a party at his home after she drank four beers and went to sleep.

As far as the separate alleged off-campus sexual as-

sault reported to Public Safety on Jan. 24, Proulx said "it has left the hands of Public Safety and is still being investigated."

But Proulx tried to ease students' minds stressing that if the campus was at risk the alert system would be activated.

"We would let the college know if there was a sexual predator," said Proulx.

Proulx said in this case, the college knows both the victim

and accused.

"We were criticized in the 2007 alleged assaults because they were committed by a stranger," he said. But he said that was before the Send-Word-Now alert system, parking lot cameras, and added officers to the Public Safety force. Although cameras have been added in lots, not all lots have them, But Proulx said he'd like to see more added.

But while talking about cameras, he questioned how

far that might go in the name of safety.

"As we add more do we want to go beyond the parking lots?" he said.

While he said he believes camera surveillance can be beneficial to campus safety, he said he doesn't like the thought of cameras everywhere.

"It's not somewhere I'd like to live," he said.

Second semester brings on the stress

By Jessica Lawrenson
Castleton Spartan

Students become frazzled as the second semester shifts into gear. Different activities, classes, schedules and jobs are causing the stress levels at Castleton to vary from student to student. Some students have massive tension while others could not be more relaxed.

Sophomore Kimberly Vincent is stressed out because she went from taking 12 credits to 18 credits, two of those classes are writing intensive. She has even switched her major to communication. She says her biggest problem is procrastination.

"Sometimes I have my roommate yell at me so I will stop procrastinating," said Vincent.

History professor Jonathan Spiro thinks that freshmen are less stressed because they realize they can handle everything.

"Part of college is learning how to deal with stress, time management and being an adult," said Spiro in between mouthfuls of his sandwich. Spiro says his door is open for any student who needs help or needs to chat.

Freshman Jake Colby has more stress sitting on his shoulders than he did during the fall semester. Colby

now has more big projects to do in his theatre arts major and less free time to relax.

"I have only four days of classes, but they are all smooshed together," said Colby while just looking over the screen of his laptop while doing homework.

Homework has a lot to do with the stress levels rising among students. Brittney Lechner a MDS elementary education/special education major is overwhelmed with the amount of reading she is required to do this semester. Lechner claims she can only read so fast. On top of that she is a member of Peer Advocates for C.H.A.N.G.E., which she really enjoys being apart of. But she is working, taking seven classes and is the secretary for the Vocal Unrest group. She attempts to keep the stress to a minimum by having a to-do list to keep her schedule organized.

Organization and planning ahead is how professor Flo Keyes keeps her English students from getting overwhelmed. She gives out a clear syllabus so they can plan ahead and start the heavy projects while doing the light ones. Keyes encourages students not to wait until the last minute to do the work. Not all teachers have a clear syllabus though, and will add assign-

ments to the list.

Kenzi McCain, a history major with a licensure in secondary education, feels that some professors pile on the work forgetting that students have other classes. McCain says she does not have time for anything except for classes and homework.

"Trying to manage any social life, any kind of relationship, and other activities is just madness right now," said McCain while multitasking with dance team work and reading a packet for class. "I already have two research papers and a midterm to do over February break and that is just for two of my classes." She tries to get ahead of her classes but it is hard when they give other assignments that were not part of the schedule.

Stephanie Terry uses stress to help her. She added 14 hours to her work schedule, while also taking a math and a science class on top of her social work and sociology majors and is the head of the mentoring program.

"I enjoy the stress, it motivates me to get things done so that way I do not have stress anymore. It is the kind of stress I can handle," said Terry while pacing back and forth.

Professor John Klein and professor Gail Regan of the psychology department agree that they see students be-

coming more stressed out throughout the time of the semester rather than between them. They agree that the most stressful time is during the weeks before, and after break.

"When I was in graduate school a way I used to release my stress was through running and working out," Klein said.

For Kenny McIlroy playing on the school's baseball team relieves stress.

"I have never been more at ease, probably because I take all my stress out by playing baseball," said McIlroy.

But sometimes things just go wrong.

Regan explains to her students that if something extraordinary happens to let her know and she will see what she can do to help. While math professor Patricia Gordon suggests that they go and ask for help before class.

Stress levels seem to vary depending who on the student, how they handle it, and what other activities they participate in along with classes. For those students who are stressed, they should take advantage of everything the college has to offer them to help take some of it away and go to professors if needed.

Jesus Christ is a Superstar

By Marshall Oechsner
Spartan Contributor

There's an episode of "All in the Family" (the greatest television show ever.) where Archie Bunker gets thrown into jail because he went looking for his son-in-law Mike (meathead) at a protest rally that gets raided. Inside the large cell with other freaks and hippies (it's the 70s!) Archie, mister.close-minded encounters a hippie listening to a transistor radio playing a tune from the hit Broadway play and album "Jesus Christ Superstar." The scene goes something like this (note: may not be word for word accurate):

Archie: Is that music coming off you somewhere? Turn that off!

Hippie: Sir, this is "Jesus Christ Superstar." All around the world this is bringing young people to Christ and you condemn it? Don't you

dig Jesus?

Archie: Jesus Christ I dig, and I dug him a long time before you weirdos made him a superstar.

In retrospect, Archie unravels a thought provoking affirmation. What does it say about people, religion, and um...Jesus if we have to turn him into a superstar, in order to attract, or convert young people into the story contained in the first five books of the New Testament?

Ever since the release of the music and Broadway show, Christians have been troubled by the play, its portrayal of Jesus, the omission of the resurrection, and the sympathy it has towards the character Judas.

Theater goes here in the green mountains can ponder these questions on April 14th when Castleton State College's Casella Theater premiers "Jesus Christ Superstar."

While pondering, you can bang your head to catchy tunes like, "What's the buzz," sung by your fellow colleagues here at Castleton. Also, you can appreciate some unique costumes done by Jennifer Usher and the soulful vocal stylings of the talented players. Currently, director Harry McEnery is slowly putting together what he called, "The ultimate group project." This "group" he's referring to comprises forty players and twenty piece band. They are rehearsing religiously (pun intended) and the actors are passionate in their parts.

For example, when asked, Ty Robinson, who plays one of the apostles said, "It's more than a musical, it's an outstanding, over-the-top rock opera."

Even though this would not please Archie Bunker, I have a feeling that most people interested in the buzz won't mind Jesus being a superstar.



PHOTO CONTRIBUTED BY TOM MCGEE
Ben Guihan rehearses a song of his own in his dorm room studio.

His own studio

By Tom McGee
Spartan Contributor

As he adjusts the audio levels on a mixer, Ben Guihan listens to his previously recorded music in preparation for another recording session. He then tunes his guitar, clears his throat, and begins practicing a song he wrote titled "The Ballad of Howard Mason."

After a couple more sound checks, Guihan is ready to record some new material.

Although one may expect to see a setup like this in a recording studio, Guihan, a junior at Castleton, does things differently and records right in his dorm room.

As a dedicated musician, he practices and records his own music whenever he has free time.

"I really want to emphasize on making good quality music to put online and give to my friends," said Guihan.

Ben started playing the trumpet in fourth grade and took lessons until his freshman year of high school. He was then introduced to the guitar in his sophomore year and it has been his passion ever since.

By his junior year, Guihan was already writing his own material and since then has

written around 40 songs and recorded about half of them.

Throughout his three years at Castleton, he has played at Pub Night numerous times, performed a show in the lounge of Haskell Hall, played guitar in the theater production, The Vagina Monologues and has future plans to record more.

Many of his peers enjoy the fact Ben is able to record music in his room and some are looking forward to recording with him.

"I'm so excited to record and distribute music throughout campus," said Kat Eichler, a fellow musician and peer of Ben. "The microphone he has is state of the art and picks up sound very clearly."

The Community Advisor on Ben's floor, Courtney Ianni, wants to hold another floor activity this semester in the lounge of Haskell featuring Guihan.

"Ben's music really brings people together during his shows" said Ianni. "Facebook was created in a dorm room and I think it's really cool that Ben records in the dorm. All you need is a dream and a dorm."

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Where is our Vt. winter?

By Anthony D'Ottavio
Spartan Contributor

Winter is upon us – or is it? The past few weeks have shown little evidence that this is the Vermont we all know. The most prolific season for the state – although you could put up an argument for autumn – is in no way prolific this year.

"New Jersey and Washington D.C. are getting record breaking amounts of snow this year while Vermont gets almost zero," said sophomore Chris North, a fan of winter.

Jared Carlson, a senior, says the winter has "all but come and gone," and he's not happy. Carlson enjoys the fresh powder as much as anyone else and dislikes the idea of an early spring.

"A lot of kids are asking the same question: 'Where was the winter?' It just hasn't happened this year," he said.

The mild winter has caused some like North to believe that global warming is moving a little faster than expected with all of the "multiple weird climate changes nationwide."

So much of Vermont's economy relies on Mother Nature and her everlasting snowstorms. Mountain resorts across the state are hurting financially due to the lack of snowfall, which hurts skier visits and makes them spend more to make snow.

Okemo Mountain Resort is having a rough time with this winter and it's affecting their bottom line.

Shannon Diehl, Okemo's Jackson Gore Resort Services Manager, calls this a "dry winter" and says that we just "haven't had any precipitation." In addition, it's been windy, she said.

When the wind is bad, they can't produce snow simply because it doesn't reach the ground and, instead, gets into the trees.

"At this point in the season, we don't want to be blowing as much snow as we are," she said.

Winter enthusiasts like North also wish they didn't have to be making snow and that Mother Nature would cooperate.

"It just doesn't seem right not having any snow in Vermont during winter," he said.

But some on campus, like sophomore Andrew Lezzer, don't mind the snowless winter at all. Since he hasn't gone snowboarding in two years, winter can drag. But this winter has been pretty easy to take, he said.

"I'd enjoy a lot of snow if I was up on the mountain," Lezzer said, "but spring sounds good to me!"

Old TV studio to become "Black Box Theater"

By Anders Ax
Castleton Spartan

Over the past few years, Castleton State College has undergone radical changes. There's the new communication studio, football stadium, radio station, campus center and gym, all of which have added to the educational breadth, professionalism and "vision toward forward moving service" of the school, said Harry McEnery, chairman of the theater department.

During Christmas break, the Fine Arts Center began transforming as well when work started to create the new "Black Box Theater" in the old television studio.

The advantage of this little theater compared to the large Casella Theater is its simplicity and maneuverability, theater department officials said.

"One of the unique things about a Black Box classroom

space is it gives us an infinite variety of ways to use the space both as a class room and as a performance space," said Steven Gross, the school's scene designer and technical director.

With seating capacity of about 60 and a small stage, the possibilities of performance styles are endless.

"You could do a tennis court. You could have chairs on two sides of a room and have the playing space be in the middle. You could have it in a corner, have them on an angle. You could have it against one side. You could do it in a round," McEnery said. "And all of that versatility is stuff that we cannot do in the proscenium (Casella)."

Not only would another theater facilitate more productions and student work, independent projects, youth orchestra, music department recitals, and senior projects, but it also allows for pressure



WYATT ALOISIO / CASTLETON SPARTAN

Prof. Harry McEnery teaches a class in the soon to be "Black Box Theater."

to be taken off Casella's production calendar, they said.

"We're pretty strapped right now in one theater," McEnery said. "These guys are busy."

Students are also excited about the new theater, for a variety of reasons.

"One thing we really don't have is an experimental space," said Castleton Junior,

Louis Requelme, set designer for the upcoming production of 'Jesus Christ Superstar.' "The theater department does not have a real classroom," he adds. "We need the space and it'll add a level of intimacy to a production."

As of now the "Black Box Theater" is under construction, but will be ready for senior projects in March. It

will be fully completed to include an entire framework for lights, audio and acoustics by this summer.

"We're pretty much done," Requelme said. "Just rip all the old sheetrock out, put new walls up, and of course, paint it all black."

PAC group trying to put a halt to sexual abuse

By Megan Harris
Castleton Spartan

The new Peer Advocates for Change hotline is up and running and members of the group are meeting weekly to help provide free, safe and confidential services to students on campus dealing with various sexual and domestic abuse situations.

PAC stemmed from the former "1 in 4" group on campus last year that focused on male peer to peer counseling. Doug Philips, who was both involved with that group and is now involved with PAC, said that, "We wanted to see it as a more inclusive group on campus and a group that can make real improvement."

Others getting involved in this influential group are the C.H.A.N.G.E. Initiative's Jaklyn VanManen, Dave Wentzell, Brittany Lafirira, Cayla

Kehaya, Britny Lechner and Phillip Audette.

Last Thursday at the PAC weekly meeting, group members spoke candidly about date rape and drugging and pushed each other to be passionate about trying to halt the practices.

With 10 presentations lined up in various classrooms around campus, the advocates are working hard to memorize their scripts that match the visual demonstrations that are planned in their presentations.

They coached each other on tone and meaning and at one point VanManen reminded them how important their work is.

"Be passionate! Remember what you're here to do," she said.

The goals and strategies of this new PAC group are simple: Provide 24/7 access

to anyone who is in need of assistance in a time of crisis. And the help is not just through the hotline access, but through e-mails that are checked at least twice daily.

Every two weeks, two advocates are assigned duties for the week to monitor e-mail and man the hotline.

Van Manen said the group felt strongly that a hotline alone was not enough.

"We thought it was important to have another mode of communication outside of the phone because in a difficult situation, not everyone can even answer the basic questions we ask to a stranger's voice. Even that can be too personal. In that sense, e-mails are great," she said.

And if you thought this group was just peers who care, you are both right and wrong. They are passionate and compassionate, but they

are also highly trained.

Kehaya said advocates have more than 30 hours of training to deal with student problems.

"We have tried to balance area resources and national resources, receiving training from places like the Rutland County Women's Network and Shelter as well as from Steve Thompson, a sexual aggression expert out of Michigan," VanManen said. "That training alone was 20 hours plus travel time."

Another valuable skill this group brings to campus is experience. Although it is a tense subject, two of the advocates are survivors of physical or sexual assault.

"I know that I didn't know that I had options or help, but I want to make sure other people know that if they need them, there are options," one member said.

The other abuse victim said "In a time where someone is so confused, I want to be able to help ease the confusion."

Although the advocates said they couldn't discuss whether calls have been made to the hotline for confidential reasons, VanManen said that the response on campus has been supportive and that everyone seems really excited.

On a lighter note, everyone in PAC said they want it known that they aren't anti-sex.

"We are for sex, just making sure that is consensual and safe!"

If you or someone you know has been victimized by domestic or sexual violence, the 24 hour PAC line is 802-417-1408 and the email is pac@castleton.edu.

WIUV: where there is something for everyone

By Meghan Dufour
Castleton Spartan

It's a night like any other. You're sitting around looking for something to keep yourself occupied. There is nothing on TV and all your friends are busy, so what are you to do?

Click on the radio and turn to channel WIUV 91.3, Castleton State College's student run radio station.

"There are a few students involved with behind the scenes work at the station. There is the general manager, program director, music directors and an engineer," said Myles Mickle, CSC Senior and the radio station's general manager. "Ever since we were shut down, we have had a lot of old stuff cycling through from years ago. So right now we are trying to get new stuff on the air and more students interested."

With the station looking to gain interest from the Castleton community, some may find themselves wondering what this station has to offer different from other ones already on the airwaves.

"We are a non-commercial station,



ANDERS AX / CASTLETON SPARTAN

Disk Jockey Megan Davis mans the mic at WIUV.

and we are about being an alternative to what is on every other radio station," said Mickle. "There is a large variety of stuff on the air. We are trying for the live coverage of sports games, we have news shows, chat shows, clubs on campus have their own shows and music that ranges from rock to hip/hop to country. There is something for everyone."

The radio station isn't a new thing.

For decades, the station has been a voice on campus, but the energy at the station has died down since the original opening of WIUV.

"We want to get our name back out there and get people generally interested again," said Talia Roy, CSC senior and the radio station's music director. "In 1976, when it started, everyone loved it and gave it a lot of attention. Since then it's been sinking

slowly. But now we have a new location and thousands of CD's. We are coming back and making it better than ever."

With the station hoping for more involvement from the students, what are they willing to offer the faithful student listeners in return?

"We already have a lot of DJs, but we can always use more. Everyone can have their own show, whatever topic they want and say whatever they want to say," said sophomore Brendan Silkey, the radio station's engineer. "It is a lot of fun. We have a good base of music that a lot of students want to hear. More people should join."

Mickles said he hopes the new station and newfound enthusiasm by students will breed more enthusiasm and lead to more students taking on shows.

"The radio station is open for everyone. The guidelines are simple, you give us one hour a week and just don't swear on the air," Mickle said. "Other than that you can do whatever you want. Whatever someone wants to say or express, WIUV is here."

Blue Cat teams up with students to help El Salvador

By Megan Davis
Castleton Spartan

Imagine what you could do with \$1,700. You could buy all of your school books, put a down payment on a car, go on a shopping spree –or you could go to El Salvador.

Well, with that and a little more.

On Jan. 31 the Blue Cat Bistro on Main Street in Castleton held its first fund-raiser ever, a spaghetti dinner to help fund the Project El Salvador trip.

"It was a great experience,"

said John Rhelen, owner of the Bistro.

The dinner was the idea of student Jessica Duncan, who is going on the trip and who works at the Bistro.

Rhelen, she said, immediately felt it was "a good cause."

The Bistro had its chef work on the spaghetti, while the Birdseye Diner staff helped by cooking the meatballs and the students helped with anything they could.

One student, Kimberly Turner, sat at the front of the restaurant selling souvenirs

from El Salvador.

"It was a really cool atmosphere. Everyone seemed really excited to help out," said Talia Roy, another student attending the trip.

The Bistro was packed with tables, making a little tighter than usual, but not uncomfortably so.

The dinner ran from 4-10 p.m. and had a steady flow of people entering and exiting as the night progressed. Approximately 100 people dined at the event.

The students who are going to El Salvador leave on Feb.

19 and will arrive in El Salvador between 8-9 p.m.

"I leave in a week!" Roy said excitedly.

While the students are there, they're going to be spending Monday Tuesday, Thursday and Friday helping out a local school there by making repairs and helping students.

On Wednesday and the weekend, however, they will be having a little fun and learning about the area.

They plan to go zip lining and see one of the museums in El Salvador. There's also the

chance of going to see some actual Mayan ruins.

"That's like a natural museum, and I really hope we can do it," Roy said.

The spaghetti dinner will help pay to rent a van to take them to the airport the morning of departure.

When asked if John Rhelen would do another fund-raiser he said another is already lined up, though the date for which remains unknown.

"The dinner brought together the college and the local community, which was really terrific," Rhelen said.





ROBERT BURGE / CASTLETON SPARTAN
Ronnie Jordan kept the crowd roaring during his recent comedy performance in the Castleton Campus Center.



Comic relief for CSC

By Kelsey LaPoint
Castleton Spartan

It was a Saturday night at Fireside Café. The lights were dimmed, quiet music was playing and students were sauntering in every now and then to get dinner or a late-night snack. At around 10 p.m. Ronnie Jordan, a standup comedian, walks up to the microphone and asks how the "crowd" is. There were only about 10 people in the entire audience.

"Wow, it's packed in here. This is one show that will NOT make my resume....look at this," he points to a row of boys sitting at a table. "Am I on trial here? That's sure what it feels like."

Jordan went on to say that it didn't really matter how big the crowd was. "As long as y'all are here, that's all that matters. Thanks for coming out."

But it wasn't continuously empty for the entire show - as time went on, students began filing in more and more and the audience was fairly packed by the time Jordan was well into the show. It was, however, different from his normal crowd - Jordan has opened for the Queens of Comedy, 12 city tour and has toured colleges all over the country, visiting 102 within 112 days. Jordan didn't seem to mind the difference in crowd population though, because if there were people to listen, he was there to joke. With a wide variety of topics that related to college students and their daily lives, he was a sure hit with the crowd.

Jordan had a plethora of topics to choose from that resonated with the audience, including bathroom hab-

its, roommate problems, bad food, crazy dining hall workers, one night stands and the bitter cold weather. Originally from Atlanta, Ga., Jordan pointed out what a difference in climate the south and north had.

"It's freezing up here. I got my coat on like Kenny from South Park here," he said while pulling an imaginary coat over up over his mouth.

Jordan also wasn't afraid to pull the racist card and jokes about it in his routine. "If you do not like my jokes, you are RACIST. No, just kidding...but you are."

Jordan started his career as a comic in Atlanta. He went to a small comedy club there and watched a couple performances.

"I'm watching these guys up on stage and they were pretty bad, and I thought, 'Man, I can do a lot better than this.' So I asked the club manager if I could perform for the next show. Once I got up there, I forgot most of my jokes - so I just improvised the entire time and people liked it. Then I started doing regular shows and thinking, 'Wow, I can do this!'"

Jordan, a larger than life man, has a small part in his routine where he woos a plastic wrapped cinnamon bun. "I love these things. You can tell I eat a lot of them. I got one in my pocket right now that's been there for the entire show and it's a nice, gooey 98 degrees right now..."

In his act, over the sound of Justin Timberlake, Alicia Keys and several other hip-hop songs in a

Continued on page 6...

Senior Style



Molly Fraher

Sandals, sunglasses, white sand, mixed drinks with those little umbrellas in them. Footprints on the beach, waves crashing on the shore, lots of tan lines. It's all the necessary ingredients for the perfect spring break.

I know a lot of college students like to brag about their big dreams of heading south for spring break, but I'm curious as to how many students here at Castleton actually spend their spring breaks somewhere tropical.

Maybe twenty-five percent? Maybe ten? Maybe even less.

Truth be told I can't see how college students can afford these exotic spring breaks. Where do these kids get their cash flow? There's only so much money a part time job can reel in.

Granted, lots of travel agencies offer discounts to students. They have brightly colored posters and crafty catch phrases, but it's really just an excuse to reign in more money. They know college kids are looking for a cheap getaway and they try to make their dreams a reality.

Plus, these organizations only offer discounts on plane tickets and hotels. Student travelers often don't factor in their extra spending expenses, which can lead to the constant use of credit cards. That's not exactly good when people are trying to build their credit.

I remember all the big plans I would make my freshman and sophomore years regarding spring break. They'd be elaborate plans filled with fancy hotels and beautiful beaches. I'd daydream of laying in the sun, having no obligations at all.

Of course they would never happen though. Never.

It's taken me four years to finally take a legit vacation over one of Castleton's many breaks. Ironically, it's not even for spring break, but for our winter break that's coming up in just a few short days.

And this first/last collegiate vacation I'm taking isn't to fabulous Cancun or the Bahamas. I don't even have to leave American soil. I don't need a passport; I don't have to worry about leaving the country or getting interrogated.

Come Feb 19. I will be enjoying the warm tropical weather of Hawaii, and hopefully kicking back on the beach and soaking up the sun for a whole nine days.

Part of me feels like I've earned it. I've paid my dues, returning home for previous spring breaks, and even sticking around this town for some as well. And words truly can't express how excited I am to venture to a new place and explore it.

Good people, good food, good weather (fingers crossed) and I can't go wrong.

Carolina Liar set to perform at Castleton

By Talia Roy
Castleton Spartan

It's been almost 3 years since we've hosted a big name band here at Castleton, but this spring we're finally doing it again. Carolina Liar, an alternative rock band who formed in Sweden and are now based out of Los Angeles, will be putting on a free concert at the end of this semester.

The name itself may not be too familiar, but chances are most people have heard at least one of their songs. Many of the band's songs have been used for soundtracks, most recently with "Show Me What I'm Looking For" in the commercials for the American Idol auditions.

The Campus Activities Board had a list of possible bands they wanted to play, Carolina Liar being one of the top choices. At first CAB wanted to team up with Green Mountain and St Joseph's to create a huge concert, but when neither school responded, they went back to the idea of just a campus-wide event.

The plans are almost completely finished, as long as Bill Allen approves of the contract the band has created. If the contract does get approved, the show will be held in Glenbrook Gym on April 23rd. Opening for the band will be solo artist Scott

Celani, who has been pre-approved by the band.

This performance is especially exciting since it will be entirely free to the campus community. When Reel Big Fish came in the spring of 2007 all those who wished to attend had to pay \$20 for entrance. Not so this year.

According to Nyamah Thomas, vice president of CAB, the ticket sales will most likely happen similarly to the football games during the fall. Students wishing to attend the concert will be able to buy tickets at a specific time and location prior to the show.

At first the member of CAB thought about charging \$10 per ticket, until they realized students already pay enough with the activities fee portion of tuition.

"Why make someone pay for something they already paid for?" Thomas said.

At this time CAB are unsure whether or not they will open it up to the community and if they do, what price they will charge.

After the concert CAB would love any and all feedback from the students, so they can know whether or not to do something similar next year.

"This whole concert was thought about with the students in mind...this is their concert," said Thomas.

SOUNDING OFF!

Quotes from the evening performance, *Femmes Fatale*, by Jami Tyzik, February 2, 2010

My favorite piece of the program was the Habenera. The style of it was a classical romantic opera. Instantly, I felt entranced and reminded of the opera my grandmother used to sing to my family. Ms. Tyzik's performance has not influenced, but reiterated by appreciation for the arts. I understand and appreciate how difficult opera is.

-Peter Marcano

My favorite piece was Hungarian Dance #5 because I recognized the tune and I could "follow along." Jami's voice was piercing when she sang in German, but it got better when she sang in Spanish. ...Ms. Tyzik's performance has exacerbated my opinion of the opera - her voice is sharp and edgy, which conflicts with her "flirtatious" acting. This event gave me a headache.

-Thacher Karner

Upcoming Events:

If you have a ticket for John McCardell's February 10th performance cancelled due to weather/travel difficulties, please keep it, and watch for an announcement about a later date.

1st Opportunity - Tuesday, February 16, 2010

12:30 - Mother/Son Workshop +

7 p.m. - Evening Performance - both in the Cassella Theater

Ticket required for evening performance.

2nd Opportunity - Thursday, February 18, 2010

12:30 Room 1787 in the Campus Center

Phi Eta Sigma Lecture: *Arsenic in Drinking Water: A Global and Local Issue*

Ticket required.

For Soundings student audience members who participate in the Discussion, the Keystone event is a double-credit event. It is an option to attend the Lecture only.

Movie review: "The Lovely Bones"



By Meghan Dufour
Castleton Spartan

The heir the Lord of the Rings throne, Peter Jackson, takes on a new project, far different from his hairy hobbits, roaming around on Middle Earth.

In his new film, *The Lovely Bones*, a book originally written by Alice Sebold, we are told the story of fourteen year-old victim Susie Salmon, played by Saoirse Ronan.

After Susie's untimely rape and murder, she is caught in the blue horizon between heaven and death. Throughout the film, Susie sits back in her

world as a one woman audience, watching her family try to cope with her death and try to find her killer.

Jack and Abigail Salmon, played by Mark Wahlberg and Rachel Weisz, unsuccessfully learn how to live without their beloved daughter. Jack is driven mad by the lack of knowledge of his daughters' death, and Abigail is driven away from her family.

But the one person that is finding comfort in the families misfortune is the insane creep George Harvey, played by Stanley Tucci.

Harvey is Susie's rapist/murderer who planned his quest for her very carefully. He built a clubhouse deep down under an abandoned cornfield, followed her schedule, watched her route to school and lured her to his own sort of dungeon to finish what he started.

Although this sounds different from Jackson's previous blockbusters, don't be fooled, this is still a film full of fantasy.

When the audience is taken into Susie's after-world they are exposed to suns shaped as

flowers, cornfields that grow out of oceans, seasons that change in a matter of seconds and massive ships that shatter into the shores of the water.

Jackson has an impeccable taste in how to create a fantasy world, where the settings are realistic and the color palette's so bright that you would swear someone slipped you ecstasy. He has a crazy way of sucking you in and making you forget that places like this don't exist, they look too real to be computer made.

Although there is a list of actors with some great films in their career, the roles in this film should have gone to some people more worthy. Susan Sarandon plays the stuck-up, high class grandmother and does it well, as well as Tucci who seems to be made for his role as the disturbed neighbor. Other than that, Jackson should've worked a little less on the special effects, and taken a little more time to cast the film. If he had done that, maybe the film would be a little more interesting.

Forget the theater, wait for the DVD release.

Book review



By Wendy Young
Castleton Spartan

The Grimm Brothers are famous for writing most of the fairy tales that are common today. But what if those tales were not just tales? What if they were history?

Sabrina and Daphne Grimm have just arrived in Ferryport to live with the grandmother that they had thought was dead. At first suspicious about Mrs. Grimm and her butler, Mr. Canis, the girls soon learn that they are descended from

the original Grimm brothers. Their task is to keep all the fairy tale creatures within Ferryport. When someone starts stirring up trouble, including letting a giant climb down the beanstalk, and said giant kidnaps Mrs. Grimm and Mr. Canis, what are the Grimm sisters going to do? Will Jack, (yes, the Jack from Jack and the Beanstalk) help them? Will Sabrina and Puck (yes the Puck written about by Shakespeare) stop fighting long enough to attempt a rescue mission?

Creatively written, *The Sisters Grimm: The Fairy-Tale Detectives* by Michael Buckley draws the reader into a world where the line between what is commonly thought of as reality and fairy tale is perilously thin, if not non-existent. With engaging characters and an original plotline, *The Sisters Grimm* is a story that will delight a new generation of readers.

FRONT & BACK

"If you cherish others, including yourself, this decreases suffering for all"

Continued from page 1...

went to Nepal and decided to take a meditation class there with other Buddhists. The teachings she learned there seemed to resonate within her and answered questions that she felt were not answered with other religions or ways of life.

She went on to be involved with Buddhism for 13 years before she was ordained as a Buddhist nun. She now helps with administrative work at the Milarepa Center in northern Vermont.

Miller described her typical day as a nun: "I usually wake up at 7 a.m. and I meditate. There isn't any set time for meditation, but I will usually meditate anywhere from a half hour to an hour. I usually do this a couple times a day. I also have prayers and rituals that I do every day. I take care of the Center; I usually teach in the evenings and sometimes lead a retreat on the weekends."

She went on to describe the life of Buddha, his teachings and the different kinds of Buddhism. Miller is specifically a Tibetan Buddhist nun, which is signified by her maroon robes. The point that Miller emphasizes is that Buddhists want to end the suffering of others, but first they must end the suffering within them-



Buddhist Nun Amy Miller talks to Castleton students about life and philosophy at the Old Chapel Tuesday Feb. 9.

WYATT ALOISIO / CASTLETON SPARTAN

selves. Only then can they truly be a benefit to society.

"If you cherish others, including yourself, this decreases suffering for all," she said.

Miller highlighted some of the central Buddhist characteristics in her lecture, which included the Buddhist emphasis on the study of the mind.

Not the organ of the brain, but the mind within. According to Miller, the mind is not physical, it is something spiritual and only the acknowledgement of this can lead to enlightenment.

When asked if there was a moment when Miller knew that she was going to dramatically change her life,

whether it was becoming a Buddhist nun or taking another path, she nodded enthusiastically.

"I had a few times when I thought like that. When I was working in politics, I was at a boyfriend's house and was going to take a trip to Asia, and at one point, for some reason, I knew that everything would change,"

she said.

Miller said that she found happiness and answers within the Buddhist religion and agreed with many of its teachings, especially around happiness.

"Happiness is using my life in a meaningful, realistic, practical and balanced way and my religion helps me with this."

Miller also commented on the difference between happiness in Eastern and Western cultures. Was there such a disparity between that side of the world and ours?

"I don't think there is much of a difference between the happiness of Eastern and Western cultures - people want food, shelter, and the basic things - but they also want to be loved, they want fundamental happiness. This seems to be the same in both cultures."

The good vibes were easily felt through the crowd, because Miller has a special way of speaking to everyone. She didn't seem to lecture or preach as others might have about their religion.

"I don't think I'm really spreading, but just serving others better. I want to help alleviate suffering; if someone asks for help then I will give it. But I can't force this in people," she said.

Go with cheap booze, always lose

Continued from page 1...

Some students feel that it's all about experience and knowing what your body can handle.

"I feel like some of these under-classmen are coming in with no experience so they're coming in and thinking they can keep up with others," said senior Eric Hall. "Not that they should have a lot of experience in high school, but I think there's also a lot of peer pressure."

"Kids are easily influenced. If someone says 'do a few shots,' kids will do it just because," said Hall.

Jeff Geigler, a senior, believes that drinking and drinking excessively in particular is all about popularity.

"Kids think it's the cool thing to do, he said."

Although Geigler said he hasn't seen a huge increase in drinking in the past four years, he sees and hears about bad decisions.

"I think they just need to be smarter" he said.

But other school officials said Castleton's drinking

needs to be put into perspective. New Director of Residence Life, Mike Robilotto, has seen much worse. Coming from jobs in resident life and student activities at Castleton State College, Morrisville State College, and Eckerd College, he said he believes Castleton students aren't quite as thirsty in comparison.

"Castleton doesn't have as many cases as I've dealt with at other schools," said Robilotto.

Agreeing with Godlewski and Proulx, Robilotto blames the liquor craze on the search for a "quick fix."

"Students have also said that it's cheaper to buy a bottle between people than to buy a case of beer," he said.

That may be true, but some students say it's more a demand for instantaneous influence.

"It gets the job done quicker," said senior Geoffrey "Heavy C" Walker. "People like to get wild."

But Walker said he agrees with Hall's belief that incoming students are more prone to being at risk.

"Kids come from high school where their mom and dad watch them and then they come to college and think they can go crazy," he said. "Mommy and daddy ain't here to look after em."

Whatever the reasoning, Godlewski said it's a serious matter that needs to be addressed further.

"We have to be more proactive in discussing alcohol," said Godlewski. "The biggest problem on campus is drinking to the extreme -- to the point that they're being transported to the hospital."

Proulx agrees.

"I'd like to begin to start a discussion throughout the campus about why it's occurring," Proulx said.

Godlewski said he just wants to make sure kids are safe and don't get into something they can't get out of in the future.

"I don't know if students realize what a problem it is, but if they continue on that path it will cost them marriages, jobs, and even their lives," he said.



ROBERT BURGE / CASTLETON SPARTAN

Ronnie Jordan doing his hilarious impression of Ruben Studdard.

"I kind of want to be the black Dane Cook"

Continued from page 5...

montage, he performs his love affair with the certain pastry: longing for it, opening it, and then finally taking a bite before it falls on the floor. Looking back, he remembers one show where he performed the bit.

"Worst experience was the second time I was booed off-stage - I did the Honeybun joke, but I didn't have a Honeybun so I just had powdered donuts. I was booed off stage before I even finished and I was still eating the donuts."

When asked where he gets his material, Jordan replies, "I get it through every day experiences most of the time. I also go off of the audience's reac-

tions and just make jokes up on the spot with whatever I've got. It's good to do colleges because I have a lot of good material that's relatable to you guys and from my own college experience. You know, I take the 'Jay-Z approach' by doing it on the fly and not really writing everything down."

Jordan also adds, "My best experiences have been going on college tours. It's good to not open for a big star and it's a better crowd." Jordan also jokes about his goals, "I kind of want to be the black Dane Cook."

When asked what jokes are "off-limits" to him, he replies, "Well, jokes like saying the N-word are pretty off limits - Al

Sharpton messed it up for us with that one. But I try not to be malicious or unfriendly to people in the audience, I don't call them out all the time, like the people who are at the front of the crowd. You know, I want them to come back and if I don't ridicule them then that helps a lot."

The crowd seemed very pleased with Jordan's performance and many students went up afterward to congratulate him on it. It's safe to say that if he ever comes back again, Castleton students will attend.

You can visit Ronnie Jordan on the web at www.ronniejordan.net.



MELLISSA POPE / CASTLETON SPARTAN

The Wailer's lead singer Kevin Davy entertains the crowd at the Pickle Barrel.

Rockin' the Pickle

Continued from page 1...

personal connection to the band.

"It's awesome to play here, the band loves it. Playing in Vermont is great for them, there is great herb here. It's a chill, hippie, mountain vibe playing here," said Allis.

In the Rasta religion, smoking pot is a spiritual act that is thought to bring them closer to their higher power, Jah.

Controversial or not, it's all part of the reggae experi-

ence for these musicians. Legalize was a popular word of the night that was yelled across the floor and to the stage.

The Wailers played until the wee hours of the morning cranking out Bob Marley hits including "I Shot the Sheriff," "Jammin'," and "One Love," to name a few.

"Playing here at the Pickle Barrel is so different than where we normally play. It is a bit easier here. For huge crowds you have to put out a lot more, here we do what

we do and relax, it's a good thing," said Davy.

Late into the night, fans started to trickle out of the bar, but The Wailers were not ready to leave. They mingled with fans and continue to enjoy the chill hippie vibe of the mountain.

They ended their night with pizza and beer and enjoying what they considered the finer attributes of Vermont.

"It's all love man, we do what we do because we love it," said Davy.

Breast cancer game a success

Continued from page 1...

"Women who've had breast cancer are some of the most inspiring women I've met," she said.

On the far end of the arena at the top of the stands sat six such women. Some brought their husbands along, but all of them came together.

All of their cheeks were canvases for the painted on symbolic pink ribbon.

All of these women wore at least one pink colored article of clothing.

All of these women had breast cancer.

"I breastfed, I watched what I ate, didn't drink too much, didn't smoke, exercised, had a mammogram regularly, and I still got breast

cancer," explained Ellen Wakker. Her voice was, calm as if talking about the weather.

Wakker, Sheila Bowley and the four other women are all members of a women's only cancer support group called Women 2 Women. The group's main focus is to emotionally support other women who have cancer at any stage.

"The occurrence of breast cancer is becoming more common in young women, even in their 20s," Bowley stated.

"It's almost become an epidemic," Wakker added sternly.

At the end of the night, Norwich won by a final score of 2-0. The announcer proclaimed that the team raised more than \$6,000 and she thanked everyone for coming.

Every person in the crowd cheered as if the Spartans had claimed a victory. But the Spartans were not competing for accolades or titles. They were competing for the thousands of men and women fighting for their lives and President Wolk could not have been prouder.

"I have a lot of friends who have breast cancer, who've survived breast cancer, or who might not have survived. I think we're all touched by cancer in one way or another through our family and friends," Wolk revealed. "The good news about it is that we've raised public consciousness about breast cancer so it's not a taboo topic anymore."

SPORTS

Lady Spartans beat Maine-Farmington

Chris LaPointe
Castleton Spartan

The last home game of the season for the women's basketball team happened on Saturday Feb. 13 at Castleton State College. The team is graduating two seniors this year. Senior guard Katie Hoxie and Forward Laura Cary were congratulated at center court by the head Coach Tim Barrett and their parents. It was an emotional moment for both seniors and their families. After the ceremony the Spartans prepared for the one of their toughest games of the season.

The Spartans faltered in the beginning of the game, quickly finding themselves in a deep hole. Luckily, though, sophomore guard Christine Jaques and Forward Vanessa Powers started to rain threes. The Spartans took the lead with 12:36 left in the first half.

UMaine-Farmington went on a run of its own, though,

dropping in seven unanswered points to cut the Spartans lead. The Spartans answered back by going on a 14-3 run. Castleton was able to maintain the lead in the second half, securing the victory with the score of 71-58 over the Beavers.

Jaques was the high scorer for the Spartans with 20 points, seven rebounds and two assists. She was 5-for-7 beyond the arch in Saturday's game.

The Beavers high scorer was Caitlyn Laffin. She scored 21 points, and had six rebounds, two assists and one block. Ten of Laffin's points came from the charity stripe, shooting 10-for-12 in free throws.

The Spartans have been on a five-game winning streak since Feb. 2, winning each of those games by double digits.

Castleton has also won nine-of twelve games in conference play, propelling the team to be in second place overall in the North Atlantic

Conference.

Cary said she is pleased with the way the season has gone so far.

"I feel that everyone has stepped it up this year". We did have our ups and our downs but overall we are doing great as a team," Cary said.

Earlier this week, Barrett discussed how the team pans out with the rest of the conference.

"We control our destiny. We have been playing consistent both inside and outside of the paint," he said.

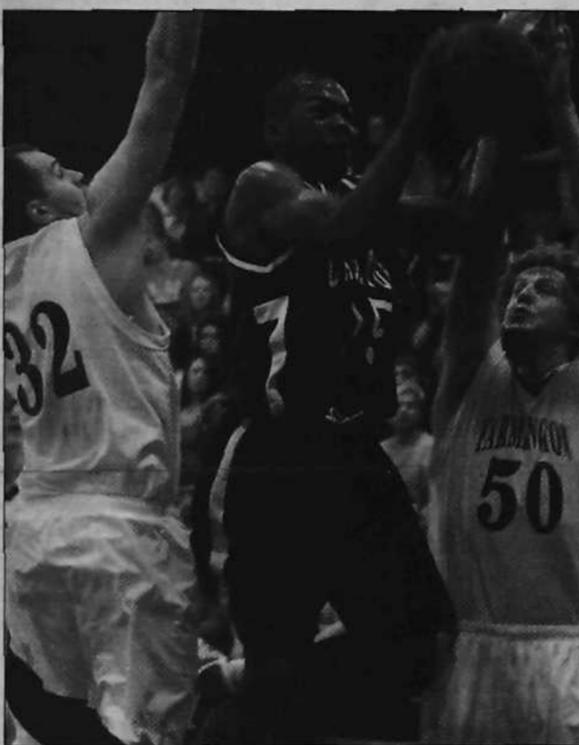
Barrett also mentioned how important it was that everyone on the team was putting great effort into the games they prepare for every week.

The Spartans will travel to Maine to play their final two games of the season. They play Maine Maritime at 6 p.m. on Friday, Feb 19. Then the Spartans will play the number one team in the league, Husson University, on Saturday, Feb. 20.



JOHN SHRAMEK / CASTLETON SPARTAN
Vanessa Powers rips the ball out of a Maine-Farmington player's hands in the Spartans win on Feb. 13 at Glenbrook Gymnasium.

Men fall in fight for NAC top seed



JOHN SHRAMEK / CASTLETON SPARTAN
Mike Knight goes up for a layup in the Feb. 13 loss against Maine-Farmington at Glenbrook Gymnasium.

By Nicole Parker
Castleton Spartan

The Castleton State College men's basketball team lost a 76-70 heartbreaker to Maine-Farmington in a battle for the number one spot in the North Atlantic Conference on Feb. 13.

Since the Spartans beat Thomas on Feb. 12, extending their winning streak to four games in a row, and the Beavers lost to Green Mountain on the same day, Castleton knew this match up would determine who had the advantage for the number one seed in the NAC standings.

After an emotional senior night presentation that saw Zach Briggs and manager Chris LaPointe being honored, Castleton came onto the court strong, holding Farmington to a mere 37 percent while shooting from the field in the first half.

The Spartan shooters on the other hand were able to hit key shots when they needed to, making sure to keep the Beavers from pulling away with the game. Jared Paul was one of the Spartans making such shots. His most memorable may have been the 3-pointer he let fly with barely any time left on the shot clock to tie the game up going into the half.

"When you step back and look at the big picture, we just have to stay in there and worry about what is in front of us."
-Paul Culpo

The Spartans kept it close throughout the second half until the last four minutes of the game. At that point, the Beavers went on a 12-4 run led by Andrew Dean, who went 10-for-10 on the free throw line to clinch the win.

Dean led the Beavers with 19 points while teammates Josh Tanguay and Eric

Lelansky added 14 and 13 respectively.

Castleton had three players in double figures for the game. Derick Faragon led all scorers with 22 points while Mike Knight netted 16, going 7-for-8 from the field, and Paul snuck in 12.

"It is always disappointing when you don't win," coach Paul Culpo said. "To be honest, I feel like the win against Thomas was more important because it separated us from them. Now there is a gap between second and third place in the NAC."

With the end of the regular season just a week away, Castleton is looking to secure the second seed for the playoffs and receive an automatic advance to the semifinals.

"We are having a good year," Culpo said. "When you step back and look at the big picture, we just have to stay in there and worry about what is in front of us."

With the loss to Farmington, Castleton moves to 15-8 on the season and 9-3 in conference play. The Spartans will head up to Maine for a rematch against Maine Maritime Academy on Feb 19. A win will guarantee at least the second seed for the Spartans. Tip-off is slated for 8 p.m.

Women's hockey continues to struggle

By Mike DeDotto
Castleton Spartan

The Castleton women's ice hockey team extended its skid to eleven straight losses when they were shut out 2-0 on Feb. 10 by a solid Norwich team during "Pink the Rink" night at the Spartan Arena.

The freshman goaltender, Katharyn Dembowski, continued her sensational year, stopping 60 shots in a game where the Spartans were outshot 62-10.

Norwich forward Julie Fortier opened up the scoring seven minutes into the first period when she slammed home a rebound for her team-leading 17th goal. Fellow forward Sarah Scardino put home her sixth goal 8:16 into the second period.

Castleton was able to hold the Cadets scoreless in the third period, but the team could not generate any offense of its own, shooting the puck on the Norwich net-minder just once.

Equally disappointing for the Spartans was their performance on power-plays. The team had eight chances with an extra skater but was unable to capitalize. Castleton, though, was able to stay strong on defense, killing off all four of Norwich's man-up chances.

Even though the game was a loss on the score sheet, the Spartans considered it a win in the fight against breast cancer. The team was

able to donate \$6,317 with teammates Rutland Regional Medical Center and the Foley Cancer Center to the Breast Care Program.

Coach Bethany Torrice was proud of her team's community service initiative.

"It was the largest crowd in Castleton women's hockey history," said Torrice. "We made great connections with the Rutland community."

The Spartans finish their season on the road with a game against St. Michael's College and two against Nichols College. Their last win came against St. Michael's on Dec. 12, and they tied Nichols in the two teams' first meeting at Spartan Arena earlier in the season.

Torrice said that it is about time for her team to get another win, but she also said that she has found some memorable high notes in the 3-18-1 season.

"The weekend at Southern Maine when we upset [them]," Torrice said, reflecting on the best points of the season. "Also the Rutland Herald Invitational [tournament]. It was good to host some great competition."

Castleton unfortunately lost to SUNY Oswego and Adrian College in the tourney.

Another thing Torrice was proud of this season was the play of Dembowski in net.

"[Dembowski's] a great positive to focus on for seasons to come," Torrice said.



ROBERT BURGE / CASTLETON SPARTAN
Lady Spartans fight for the puck in the neutral zone in the Feb. 10 loss to Norwich.

We're listening.

Visit CastletonSpartan.com to share your thoughts on our messageboard, email us at thespartan@castleton.edu, or leave a message at campus extension 6067.

Men's hockey drops two in a row

By Rob Doran
Castleton Spartan

Two weeks ago, the Castleton men's hockey team was in the midst of a streak that had it receiving points in eleven out of twelve games. The streak was continued through last weekend with complete 60-minute efforts versus Southern Maine and University of New England.

The Spartans pasted both of these opponents with scores of 8-1 and 9-1. Both games were close to being sealed by the end of the first period with the Spartans being up by three goals in each game. As the final buzzer sounded in each contest, the Spartans had put up fifty plus shots on goal and many of them resulted in pucks ticking the twine.

The point streak, though, was then halted abruptly by a strong Norwich opponent. Norwich came ready to play, and add to their stellar 17-1-4 record. The Spartans were out played for most of the game, although the first period could be pointed to as the reason for the loss as the Cadets led by a score of 3-0.

"In the first period we were watching. We seemed intimidated by them and played shaky," coach Alex Todd said of his team's sluggish start.

The game wasn't a complete waste as the Spartans turned things around

for the remaining forty minutes, playing close second and third periods. But it wasn't enough to beat Norwich, and the Spartans fell 6-2.

"It is very upsetting sitting here and wondering what could have been if we played a full sixty minutes of hockey," Todd said.

Coach Jamie Herrington agreed with Todd about the loss.

"It was a tough loss for us but we just have to stay focused now," Herrington said.

The Spartans looked to rebound from the loss by traveling to St. Michaels College in nearby Burlington, Vt. on Feb. 13.

The Spartans looked as though they had showed up to play hockey this time, skating to a 3-1 lead at the end of the first period. The success was short lived, though, as the Spartans stopped moving their feet in the second period, and it cost them. St. Mike's put three in the net and left the second period leading 4-3. That's where the score remained for the rest of the afternoon.

"We came out strong today, but we couldn't finish the game. It seemed like a bit of a hangover from yesterday," freshman defenseman Brad Barber said, referring back to the Norwich loss.

The loss at St. Michaels means that the Spartans have lost back-to-back games for the first time since Dec. 5



JOHN SHRAMEK / CASTLETON SPARTAN

Omar Pacha breaks the puck out of the defensive zone on Feb. 6.

and 11.

"We played a bit out of our game this weekend, and it hurt us. We need to get back to doing the little things and limit our mistakes," said leading-goal-scorer Stuart Stefan.

Todd wants his team to have a normal week of practice this week to prepare for a couple of big games next weekend.

"At this point in the season it doesn't do any good to change anything. Hopefully the guys bring the

enthusiasm next weekend and come ready to play," Todd said with the look of disappointment in his eyes.

The Spartans, who sit fourth in the Eastern College Athletic Conference East standings with a record of 7-7-3 in the conference, look to rebound next weekend against Williams College and Middlebury College in the comfort of Spartan Arena. The men in green sit only two points behind Babson and St. Anselm, so the points will be huge next week.

Sports Talk



Chadwick Cioffi

Castleton athletics can you feel the love?

I love every Spartan program, despite their record and ranking, I bleed green and white. I also feel our program and players need recognition as the school draws nearer to conference tournaments.

About a month ago our men's basketball team was looking like a middle of the pack type of team, but the team is 7-3 in the past 10 games. They were on a five game winning streak until the 76-70 Feb. 13 loss to Maine-Farmington. The Spartans still have Maine Maritime and Husson on the schedule. As for the North Atlantic Conference tournament - I'm going to have to go with the Spartans. The loss to Maine-Farmington was heartbreaking, but the previous game against Me-Farmington was a 75-53 loss. My bold prediction though is that Coach Paul Culpo wins the NAC and makes a National Collegiate Athletic Association Division III appearance in his first year coaching the Spartans.

Speaking of NCAA appearances, how about the women's basketball team? This team is on a five game winning streak and still has top seed Husson left on the schedule. The previous game against Husson resulted in a 51-49 loss. I'm thinking Coach Tim Barrett and the Spartans will upset Husson in the NAC finals and repeat as conference champions. Point blank, this team has skill and Barrett proved this year after losing Mary Nienow and Jessica Banks that he doesn't re-build - he reloads.

The men's hockey team is 8-3-4 in the past 15 games. During that span the Spartans went on a 5-0-2 unbeaten streak and outscored opponents 25-9. The guys just lost two straight against Norwich 6-2 and St. Michaels 4-3. I don't care about the losses this weekend. I still think we upset Middlebury to close out the season, but as for an Eastern College Athletic Conference championship - I'm thinking Norwich this year.

Although the women's hockey team is 4-18-1 the fight isn't gone. This team just snapped an 11 game losing streak by beating St. Michaels College 2-1. On the Feb. 10 game against Norwich goaltender Katharyn Dembowski stopped 60 shots in the 2-1 loss. The Cadets are currently ranked third in the ECAC East standings and Castleton has played them close both games this season. The Spartans aren't going to qualify for the eight team conference tournament, but this team has a solid freshmen and sophomore core to it that will improve next season.

I think the ski teams can pack their bags right now, because a trip to Nationals is in order. The women just barely missed it last year, but I think anything short of a trip to Nationals will be unacceptable. The men's team is a no brainer to me. It's scary to think of how good these teams are this year.

The women have 12 first place finishes in 12 races, while the men have 10 first place finishes in 12 races.

If you aren't picking up what I'm putting down let me spell out my prediction - N-A-T-I-O-N-A-L-S.

I wish the best of luck to all the Spartan programs entering the post-season.

Ski teams look on to Regionals

By John Shramek
Castleton Spartan

The Castleton State College women's ski team continued its unbeaten season, placing first in both the giant slalom on Feb. 13 and the slalom events on Feb. 14. The men on the other hand placed third in the giant slalom and second in the slalom, ending their bid for a perfect season.

"I was really pumped about [the women winning]," coach Chris Eder said. "It was really exciting because [the women] have never beaten Clarkson before."

This proved to be a big weekend for both Spartan teams as they got their first real taste of what they could expect at Nationals this season, should they make it that far.

"[These races] are a good measuring stick for us for Regionals and Nationals," Eder said. "These are the best teams we have faced all season, especially Clarkson and Colgate."

The women's team handled the competition in the giant slalom with ease, beating the second place Clarkson by 11 seconds. Brianna Kullberg

took first place while Krisitin Leggett and Heather Patterson placed third and fourth respectively. Michelle Podnecky came in sixth place.

In Sunday's slalom competition, the women again came out strong, beating Clarkson by eight seconds. Kullberg took top honors again while Podnecky came in third and Kristina Sundin took sixth. Katie Martin and Patterson also placed in the top 10, nabbing the seventh and ninth positions respectively.

While the women overpowered all the competition in the giant slalom event, the men struggled more than they had all season. They had a solid shot at taking second place in the race, but fell half a second short of Colgate.

"I think the men had an off day," Eder said. "It just happens sometimes. They could easily have been in second place." Despite the third place finish, the men still had strong showings. Connor O'Brien was the top finisher for the Castleton men, coming in at eighth. Greg Towle and Steven Zotter placed 11th and 12th respectively, and Bobby Jones finished 15th.



PHOTO CONTRIBUTED BY CHRIS EDER

Connor O'Brien carves around a gate at a recent race.

"They just skied a little too cautious in [the giant slalom]," Eder said. They took a rounder line because they wanted to make sure they finished."

On Sunday, the men had a stronger showing, placing second, just 4.2 seconds behind Clarkson.

Zotter placed second overall on the day while Towle, Jones, and Robert Burke placed fifth, ninth and tenth respectively.

Eder said he was proud of the way the men handled themselves at the slalom event.

"They had a shot going into

the second run. We know we could have been even closer or even beat [Clarkson]," Eder said. "It's a really good feeling to know that we can be there with them."

While Eder thinks that this weekend will serve as a big confidence booster to the women, he said it shouldn't affect the men's confidence going into the playoffs.

"The guys aren't disappointed at all. [Co-coach Dale Solotruck and I] were a little worried about how they'd act, but they are in good spirits," he said.

Eder said that the hardest

part of the season will now be deciding which five racers will comprise the varsity team for Regionals, which will be held at Waterville Valley, NH.

According to Eder, both of the Spartan teams are prepared for what they have to do in order to make it to Nationals, and everybody, including him, is excited for Regionals this weekend.

"It's my hope that, one week from [Feb. 14], we'll be sitting on the bus, thinking about where we'll be staying for Nationals."

Chatting with the Grad assistants

Scott Girolmo

By Nicole Parker
Castleton Spartan

Why did you choose Castleton for your graduate studies?

I was looking for a graduate assistantship and wanted to be part of the creation of a brand new football program. Also, at Castleton I have a little bit more pull in the program and it is an opportunity to put my thumbprint in the program. It was a pretty easy opportunity to latch onto.

What is the difference between Cortland State and Castleton?

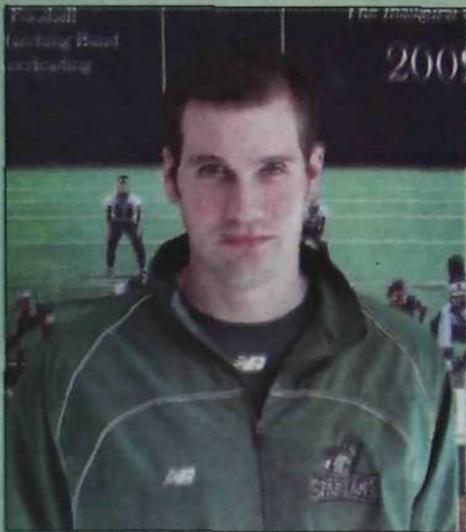
I got to play in my undergrad. My time responsibilities were divided between school work and training. Here, I am in purgatory between being part of the faculty and a student. I have to dress nicer haha. This is more of an occupation rather than school. I guess I am providing a service.

What made you want to go into coaching?

My father has been a head football coach for 30 years, and I grew up around athletics. I have always loved competition and working with people, especially kids. I would like to do football all the time. Eventually, I would like to end up in a high school as a teacher and head coach. I think that would be the best fit for me.

What is one thing that people do not know about you?

I mean, I have no unicycling talents haha. I sing in the shower and when I do dishes, but that's about all I got for interesting stuff.



Undergrad School:
Cortland State; Cortland, NY
Degree:

Education: Curriculum Development
Graduate Assistantship at Castleton:
Football Coach

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

Wednesday, March 10, 2010

CastletonSpartan.com

Castleton, Vermont

Mens hoops Clinic a huge success! Page 3

Tune into 91.3 WIUV! Page 5

Castleton ski team has 2 national champs! Page 7

College community pays respects to one of its gems

By Melissa Pope
Castleton Spartan

Kyra Salem, 10, stepped up to the microphone with determination and tears in her eyes.

"Everyone tells me I act just like my mom, and everyone keeps telling me to cry. I am going to keep on crying until I'm with my mom up there singing and dancing again," she said amid sobs.

Castleton State College celebrated the life of Koran Salem Trombley on Feb. 19, 2010, three days after she

passed away unexpectedly after a long battle with cancer. It was held in the Campus Center and there were people lined up out the doors and overflowing into the lobby. One after another, people who knew her took the microphone to tell of their favorite memories with Trombley.

There was not a dry eye in the room as songs and memories were shared. From Castleton professors to students to family members, the common thread was the love that they all clearly have for her.

Trombley was born on May 6,

1970 and resided in Fair Haven with her four children: Adam, 17, Zachary, 15, Kyra, her stepdaughter, Abby, 12, and husband Chuck.

There are only so many titles that can be given to someone who impacts everyone's lives around them. Trombley was one of those people that could not be pigeonholed with one label.

She was a Castleton non-traditional student who came to this campus with a mission to leave her mark and ended up working here after she graduated. Professor Thomas Conroy

handled her registration when she came to Castleton State College.

"She must have been 31 or 32 when she came here. She was really just good at anything she did. She was always one of the best students in my classes," said Conroy.

One of her best attributes, as far as coming to college as a non-traditional student, was that Trombley had the ability to get along in class with the 19 and 20-year-olds and also maintain a level of maturity that



CONTRIBUTED BY ENNIS DULING
Koran Salem-Trombley

Continued on page 6...

Local doctor helps in Haiti

By Maria Arnot
Castleton Spartan

On Jan. 21 2010, Dr. Mike Kiernan stood on stage in Casella Theatre in the Fine Arts Center speaking at Castleton's convocation to a room full of attentive college students. Less than a month later though, Kiernan found himself in a very different environment, one in which he was no longer surrounded by hundreds of Castleton students, but hundreds of wounded Haitian citizens.

As the earthquake violently shook Haiti on Jan. 12 2012, just miles from the capital of Port-au-Prince, much of the city fell to ruins. Thousands of people lay trapped in the rubble and 200,000 to 250,000 were dead. Many of the assets needed to respond to such an earthquake were destroyed, including both the Habitat for Humanity's headquarters and several major hospitals. According to a study by the Inter-American Development Bank, the cost of recovery could be between \$7.2 billion to \$13.2 billion.

Luckily, people like Kiernan lined up to help. He raised \$20,000 through his fundraiser "Porter for Haiti," for supplies to help treat patients once there.

His story began in 1990 as a fourth year medical student, when he traveled to Haiti through the "Teach for America" program.

"It was an extraordinary experience for a number of reasons," said Kiernan. "When you are a fourth-year medical student, you are about to become an MD and ahead of you is residency training. This type of experience provides you with the practice you'll need for the rest of your life."

In Haiti for the first time, while both young and inexperienced, Kiernan worked as an ophthalmologist, giving at least 600 eye exams times a day.

"A lot of people go from the halls of the academy to the halls of the hospital without ever experiencing parts of the world like Haiti, where there is extreme poverty and very little infrastructure. It was a long day and very burdensome, but a great experience," he said.

Kiernan currently owns a family practice in Middlebury, Vt., working as an ER doctor. Since 1990 he has visited Haiti sporadically, his last visit in 1997. But none of these experiences can compare to his last.

Armed with \$7,000 worth of medications,

Continued on page 6...



Left: Castleton students dance with children in San Salvador. Right: Students clean toys at a local school.

Making a difference in El Salvador

By Talia Roy
Castleton Spartan

Driving through San Salvador to the Rodriguez's house in their rental van gave the Castleton State College students their first taste of El Salvadorian culture. The first group of Project El Salvador students finally arrived on Feb. 22 after flight complications forced them to stay in New York City for two extra days.

Upon arriving, the group went to a small cafeteria within a local supermarket to dine on many typical El Salvadorian dishes like platanos and empanadas. The cheapest and most common food of the small Central American country, pupusa, was not available that night, but would be the staple dinner for the rest of the week.

Project El Salvador was formed at Castleton with the goal of assisting a small school, Caserio de Izcanal, and to have students to learn as much as possible about a different culture.

Tuesday morning, everyone got up early, dressed in their matching Castleton tee shirts, and went to the school for the first time.

Parents and teachers greeted them with fresh coconut water and a few dance performances. After the local students performed, some parents asked the Castleton group to dance as well. After some hesitation, everyone got up and asked some of the children to teach them to dance. Soon, everyone was dancing and laughing.

Around midday, professors Ana Alexander, Chris Boettcher and Sanjukta Ghosh headed to the hardware store to buy the supplies needed to begin fixing up the school. The rest of the students went back to the house to relax on the beach a bit.

That night, they discussed their first impressions of the day, and many people were overwhelmed by their feelings.

"I'm trying to take this all in and I'm like, whoa!" Alexandra Gomez said. "The experience with the kids was life changing. Especially when the first girl grabbed my hand, that's when I felt accepted."

Juan Rodriguez elaborated on what Gomez said.

"When they touch you, that's when they make that personal connection," he said.

The group also discussed aspects of the day that were less than enjoyable. Hardly anyone had any negative comments, except for Krystie Vargas -- about the bathroom. It was a little out-house with two holes cut into a cement basin. But, Ghosh jokingly looked on the bright side, saying how eco-friendly it was.

Wednesday morning, Kim Turner, leader and creator of the Project, brought the group to a little marketplace in San Salvador to buy souvenirs, and then to a small water park created from a natural spring called Los Chorros.

That afternoon the group returned to the

school and began cleaning. Half the group began outside, moving rocks near the wall, and the other half began cleaning the first classroom.

They were hoping to teach the kids and the teachers about how important cleaning and organization is. Most of them had no idea how eager the children would be to help out. At any given time there were close to 10 kids, if not more, helping them out.

They organized bookshelves, washed toys and books, swept, mopped, and dusted everything, including the ceiling.

The children of the school, ages ranging from about 4 to 14, were all so happy and appreciative. And even with more than 90 students, there were no noticeable cliques, no popular kids, no outcasts. Everyone played with everyone.

When they played soccer, there were no real teams, no real competition, they just played to have fun. Alejandra Caballero was frequently seen playing soccer with the kids, as well as teaching them to play new sports such as softball.

Friday, the last day at the school, the group decided to do an art project with all of the students. They were asked to draw what makes them most happy in life. Most of the kids drew their houses or the school, but a couple went out on a limb with more abstract ideas. An art show

Continued on page 6...

Actor John Amos performs at CSC

By Melissa Pope
Castleton Spartan

Well-known actors John Amos and Madeline McCray came to Castleton State College Feb. 19 to pass on some knowledge of how to make dreams come true.

Amos has dabbled in many

different projects throughout the years in theatre, television, and the big screen. He has acted in the movies "Die Hard 2" as well as "Coming to America" and many others. He played the adult version of Kunta Kinte in the series "Roots" in 1970. He played the father on the hit "Fresh Prince of Bel

Aire." He appeared on "The Cosby Show," "Maude," "The Mary Tyler Moore Show," and many more. He has starred in the one-man show, which he wrote, "Halley's Comet."

McCray is an actress, playwright, producer and director. She is the founder and artistic director for a non-profit per-

forming arts organization for at-risk youth in the Virgin Islands. McCray was praised for her co-starring role alongside actor John Amos in August Wilson's Pulitzer Prize winning play Fences.

McCray wrote a one-man show called, "Dream to Fly," which is the story of Bessie

Coleman, a female black pilot.

"It's nice doing a one-man show because if you drop a line, you don't throw anyone else off," said McCray.

McCray wrote this after talking with Amos about the

Continued on page 6...



PHOTO BY WYATT ALOISIO
John Amos

Why the drinking age should stay the same

Why would anyone in their right mind think it's a good idea to reduce the legal drinking age in Vermont to 18?

It's unimaginable that there are actually legislators in favor of passing a bill to do this. The only votes that seem to be logically in favor of a lower drinking age are those who are under 21, and their motive is obvious.

If you can legally drink, why would you care about the legal age being reduced? We have enough problems in this state, country, and world with alcohol as it is. By putting the influence of "the creature" behind younger authority, one can't possibly expect the result to lead to anything less than crisis and regret.

Everyday people legally and illegally intoxicated put their own lives and others at risk out of simple disregard for their common man. If we open the right to drink to another three generations, that number will easily double. With the current drinking age of 21, we already see plenty of poor examples of control and responsibility being displayed by those who are old enough to drink.

The classic argument that those in favor of lowering the drinking age pull out is that if you're old enough to serve your country you're old enough to be served alcohol. While this is very logical reasoning, the sensible answer is not to reduce the drinking age, but rather to raise the enlistment age.

Why reduce the age a per-

son can take one risk to the age that they can take another?

It makes more sense, since enlisting in such a risky and considerable decision, to give young minds another couple of years to develop and decide if the armed services are really what they would like to apply themselves to.

This being the strongest argument for reducing the legal drinking age, it leaves this author with a lack of dispute. It doesn't appear that there is any ethical reason why any state would go out of its way to fight for a bill that puts such a dangerous poison into the hands of our inexperienced leaders of tomorrow.

Studies have proven that the earlier our bodies begin to use alcohol or drugs, the more likely they are to become addicted. Alcoholism is a disease that the world has long been infected with. Someone who has been infected is trapped and it can take years upon years, for the infection to be healed, if at all. Do we really want to put more people through this suffering?

My father always said to me "Do what you want, you will anyways," and you know what? He couldn't have been more right. Adolescents are going to experience with alcohol one way or the other. Making it legal for them to do so at a younger age won't reduce the number of overdoses, or auto accidents. It seems obvious that all it will do is provide more opportunity to cultivate them.



Farewell to a special Spartan

The final week before winter break brought two memorial services for me.

The first, for my 99-year-old great uncle, led to thoughts about all the things his eyes had seen since 1910 and all the stories that were trapped in his mind that had really stopped working a year or so before.

It wasn't a really solemn affair, but truly a celebration of long-lived life.

But the second was different.

It was for 39-year-old co-worker Koran Salem Trombley, who died Feb. 16 during an operation to help her continue her long battle with cancer.

Although dubbed a celebration of life, I guess I have mixed emotions about that title for the gathering in her name in the new Campus Center.

One by one, colleagues, friends and family members walked somberly to the podium and spoke about this amazing woman's ability to make everyone better and happy around her. They talked about her big bright eyes, her wide smile, her love of dancing and PHISH and her genuinely kind spirit.

As they spoke, everyone cried. And when her 10-year-old daughter Kyra walked to the podium and struggled through sobs to tell the estimated 400 people packing the room about the day her mom died, we cried harder.

She recalled how her mom told her that morning that she'd see her after the operation was over -- only to be told later that day from family members that the operation didn't go as planned and that her mom had passed.

The brave little girl told us how people keep telling her to cry it out and she said she planned to do just that until she sees her mother again.

I guess it was at that point I struggled with this whole celebration of life thing. No little girl should have to start living life without her mother at age 10. And seeing one of her two older brothers sobbing throughout the ceremony made me struggle with the concept even more.

The ceremony was perhaps the saddest memorial I have ever attended, and the only celebrating I wanted to do was to have a couple of beers to numb up a bit.

I don't really even feel qualified to write about Koran because so many people knew her better than I. But there are some people you just know are good and kind as soon as you meet them. She was one of them.

I guess maybe that kindness and vibrant spirit is simply needed more someplace other than on this earth, although convincing everyone in that room that Friday would be difficult.

But wherever that may be, wherever she is now, rest assured it's a better place already.

—David Blow

Read The Spartan
WWW.CASTLETONSPARTAN.COM
ONLINE

A MEMORY, A MONOLOGUE, A RANT AND A PRAYER

wo men

Performing: (A Sequel to The Vagina Monologues by Eve Ensler)

Casella Theatre, Castleton State College
March 11, 2010, Thursday 7:30 pm
One Night Only!

Presented/Directed by Saskia Hagan Green
Ticket purchase at the door: \$10, \$5 students

Join local area women AND men together with some of your students and faculty for a One Show Only! This year with brand new stories and some old time favorites! Help raise money and awareness to stop violence against women and girls! Celebrate the great V-Day weekend solo, with a group, or that special person. This year a spotlight is again on the Democratic Republic of Congo (DRC). The play combines drama and comedy to which women and men share their joys and concerns of women!

Shabby Jones and The Sisterhood of The Six Road for a belly dance finale.

CHANGE
All out proceeds to benefit C.H.A.N.G.E. Celebrate the 12th Anniversary of V-Day to Stop Violence Against Women & Girls.

WOMEN
Women and Gender Studies
Castleton

{V-DAY} 2010

SOUNDING OFF

Quotes from Swing Noire's Workshop on Gypsy Jazz - March 4, 2010

Students could answer one of two questions about the inspiration of Django Reinhardt or how the music Swing Noire plays struck them as different from other jazz style:

I think the reason for Django's inspiration in musicians today comes from the talent and love for music he had. Django, through thick and thin, always managed to play music the way he loved to play it. He found a way to play even after an injury to his playing hand. *Charles Plante*

When I think of jazz music: Louis Armstrong. I also think of a club with dim lights and musicians playing saxes and trumpets. With this kind of jazz, there is an upbeat feeling to the music rather than the mellow feeling I'm used to hearing. Also with gypsy jazz, there is a bit more swing involved. *Samantha Jones*

Upcoming Events:

1st Opportunity - March 9, 2010 - Incognito, A solo performance written and performed by Michael Fosberg
12:30 Workshop, and 7 p.m. performance (Tickets required) - Cassella Theater

The N-period Workshop does not require a ticket, and will feature Mr. Fosberg speaking about his ideas for this performance, the process of writing it, and more.

2nd Opportunity - Thursday, March 18, 2010
12:30 Room 1787 in the Campus Center
Phi Eta Sigma Lecture: "None but the Brave Deserve the Fair": Women and the Making of Modern Boxing
Ticket required.

Looking down the road... plan on going to our Castleton Theater Arts Department's production of Jesus Christ Superstar in April!

THINK TANK

The column of the Castleton Philosophy club

"How important is the belief in God?"

Here are responses from across campus:

"That would depend on who you ask. For people of faith, it is a belief in God that keeps them going, encourages them when things are tough, and gives them hope. For others, belief in God can be perceived as a weakness, an antiquated method for establishing laws and social conduct that has outlasted its usefulness. For me, my faith has played a very important role in my life; therefore, I would say belief in God is very important." --Sarah Backus

"Pretty important, if you consider that the (or a particular kind of) belief in God has fueled countless wars and justified the enslavement of countless individuals." --Anonymous

"To me, personally, it's everything - comfort, strength, encouragement, peace, wisdom - even humour." --Judith Carruthers

"Belief in God is, frankly, unimportant. What is, IS, and belief doesn't change that. However, it sure is wondrous when one observes the results. If you find that you aren't observing that wonder frequently, perhaps its time to rethink what's important." --Prof. David H. Blank

"If you find her in yourself, very important!" --Suzanne

Gernhardt

"The belief in God or an entity synonymous with God is of critical importance... Belief in something beyond ourselves causes us to reflect about our own self-importance and perhaps allows us to foster the understanding that there are things (real or imagined) more important than ourselves. The belief gives us hope in times of despair, support in times of loneliness and confidence in times of questioning... The critical word in the question is perhaps not God, but the word "belief." --Coach Marc Klatt

"The belief in god restricts people from truly thinking freely, and encourages people to keep their heads up their own ass(es)." --Anonymous

"Belief in God plays a major role in life. Governments take their most important and basic laws from religious texts. Besides that, fear/respect of God helps keep people in line and civilization acting civilly because of the fear of the next life." --William McKay

McKay

"Very important. Such a belief usually involves an ethical world view with a sense of responsibility. In effect, we are stereo people with two channels, a horizontal (person to person) and vertical (to God) and thus engage the world. Would you want to listen to your music in monaural? You would be missing a lot. LOL." --Prof. Mike Austin

"God is a female spaghetti monster." --Victoria Phillips

Join Philosophy Club on Facebook (search for the group, "Castleton Philosophical Consortium")!

Castleton Spartan
CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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Hoop players make a memorable day for disabled youth

By Kevin Eisenberg
Castleton Spartan

Twenty-five disabled athletes of all ages poured into Shape Gym on Feb. 21 with one thing on their mind -- playing basketball. The men's basketball team teamed up with the EDD Memorial Fund to teach these athletes basic fundamentals of basketball.

After a short introduction of the coaching staff and players, members of the team went to different areas of the gym with small groups of the disabled athletes to work on their shooting and dribbling.

Then, Coach Paul Culp brought all the athletes together to play a few games, starting with a shooting competition and ending with a dribble relay. As they competed Castleton players encouraged them and cheered them on.

After a half hour, The Bulldogs arrived. The Bulldogs are a team of men and women with disabilities who play in tournaments around the United States. The local

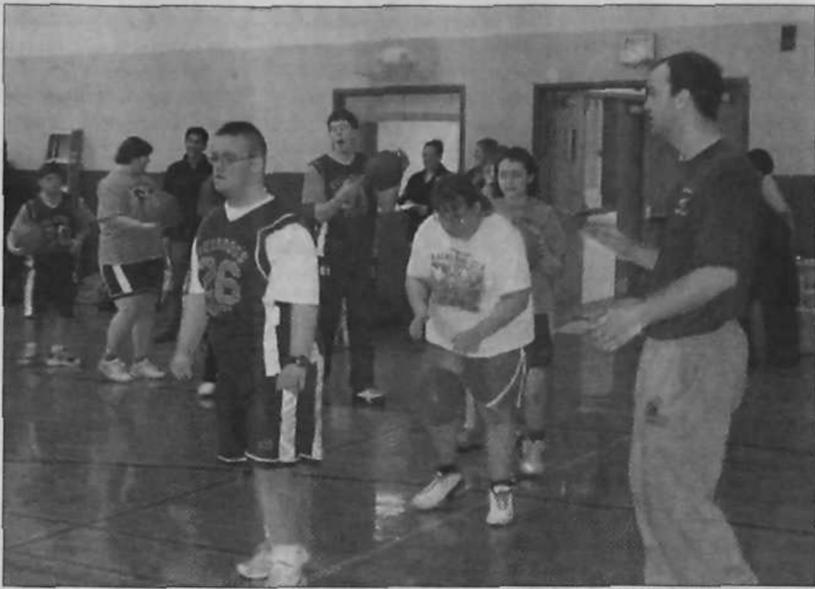


PHOTO CONTRIBUTED BY JEFF WELD

Area disabled residents play ball with members of the men's basketball team.

kids, including Colton Folmsbee of Fair Haven, seemed in awe of them.

From the moment Colton entered the gym, he was full of energy and eager to play basketball. He ran over to the closest hoop, set his feet, placed the ball between his legs and launched it at

the rim. Castleton players watched as the ball flew in the air, seconds later, the ball dropped down through the net.

"Wet," Derrick Faragon of the Castleton team yelled.

Colton dropped to his knees, threw his hands in the air and screamed "Oh Yeah."

The excitement on Colton's face brought a smile to everyone near the hoop.

The afternoon ended when the athletes with disabilities joined men's team at mid court for a photo shoot. After the photo shoot, everyone congregated in the main lobby of Glenbrook Gymnasium.

Well, everyone except for one youngster named Alan.

Alan spent an extra 10 minutes working on his three point shot with Castleton players Pat Winn and Greg Hughes.

Alan was on a cold streak when an adult told him he needed to go with the rest of the athletes to the lobby. He took a couple more shots and finally after what seemed to be a hundred shots, he sank the three. He was ecstatic and jumped into the air, slapping high fives with Hughes before leaping into the arms of Winn.

"I will never forget that moment," said Winn. "He was so excited, it got me thinking about how much I take for granted. It seemed like in that moment Alan was on top of the world and nothing could take him down."

The awards ceremony was full of emotion. The faces of the athletes were full of excitement as they made the walk to the founder of the EDD Fund to accept their

Continued on page 6...

Senior Style



Molly Fraher

February break has come and gone, and thankfully I'm still in one piece. Just a few short weeks ago I was extremely happy and excited to begin my journey to Hawaii, a beautiful island that I had never experienced before.

I exited the airport in Hawaii, surrounded by palm trees and a breeze that gave me goose bumps even though it was as warm as could be.

The five-hour time difference confused me, the plane rides had aggravated my back, and I was walking around the island in winter boots. But none of that phased me. The smile that spread from ear to ear never left my face the entire ride to the place we would call home for our duration in paradise.

The week was filled with hikes and tours, surf and sand, and perhaps too much sun. Sunburns were prevalent and the salt stayed on my skin day after day.

We walked through craters and examined volcanoes. We went deep-sea fishing and got to witness dolphins and whales firsthand.

The beaches provided a variety of surfaces for us to lounge on. We ventured to a few that were accompanied by lava rocks, black sand, and beautiful white sand as well.

The sparkling light blue water was ideal for snorkeling and since I had never gone before, I was eager to throw on the life vest, and skim the oceans delicate surface, examining and snapping pictures with my underwater camera as I went.

There were yellow fish, blue fish, white fish, spotted fish, sea turtles, sea urchins, and way too many organisms I don't know the proper names for.

The week had been phenomenal and when it was time to pack the night before our departure home, we were sad yet appreciative of what we had been able to do with our short time there.

However, when I awoke Saturday morning, I wasn't greeted by anything other than tsunami warnings.

Tsunami warnings. Not exactly the news you'd like to hear when you're on an island.

Apparently the earthquake off the coast of Chile was supposed to send a tsunami toward Hawaii in only a matter of hours.

The airports were closed; people were fleeing from the coast. It was a nightmare.

We sat glued to the television, crossing our fingers that the damage would be minimal. Luckily, it was.

The waves had settled and nothing traumatic had happened to the island. People were allowed to return to their homes as soon as the next day.

The scares however, were very real and showed just how little control we have over Mother Nature.

Haiti quake didn't move students to help

By Kristie Dunchus
Castleton Spartan

Haiti is the poorest nation in the western hemisphere. It is a place where malnutrition is an everyday occurrence and less than half of the population has access to clean drinking water.

On Jan. 12, 2010 nearly 15 miles southwest of the capital, Port-au-Prince, the people of Haiti were hit with an earthquake that measured 7.0 on the Richter scale.

Since then people all over the United States have gone out of their way to help this impoverished nation, whether its celebrities or even just everyday middles class citizens.

When Gail Regan, an assistant professor of psychol-

ogy here at Castleton, heard about this tragedy she jumped at the chance to try to help make a difference. Regan was eager to start fund-raising, but students across campus were not as enthusiastic as Regan was expecting them to be.

"I thought they (students) would be anxious to give," she said and then paused for a few seconds. "I was wrong."

Regan's first attempt was on Jan. 21 at convocation. A donation table led to \$550 being donated, but Regan couldn't help but notice the lack of interest from the student body, especially the younger students.

"Our donations at convocation were people in administration, faculty and some

older students," she said.

She then tried again the next day at a men's and women's basketball home game. This attempt was even less successful. Only \$270 was raised and Regan said groups of students would walk by and not even acknowledge the booth. Others would simply pull out their pockets and claim to have no money. Regan also had a booth on Feb. 19 at a men's hockey game where only \$32 was donated all evening.

Despite the lack of interest, some students are getting involved and are trying to help Regan raise money.

Castleton student Sarah Vella claims even though they didn't raise the amount of money they strived for,

any sort of donation can help.

"We did not raise a whole lot of money, but at least it was an extra hundred bucks they didn't have before," Vella said.

Vella said sometimes living in such a small and rural state can make it hard for people to understand the living conditions people have to live in around the world.

"I think it's hard for people to fathom the real situation. It almost seems like fiction to us in Vermont," she said.

Another student who became involved is junior Rosie Williams. She has her own idea why students don't seem to want to get involved.

"I think a lot of students probably feel like its either not their responsibility or

that even if they did help it wouldn't make a real difference," Williams said.

Williams urges students to get involved because even the smallest donation could change someone's life.

"Even if a student raised enough money to help only one family for only one day, probably none of us could imagine how much that means to them," she said.

If anyone would like to get involved with helping Haiti or wants to make a donation contact Gail Regan at gail.regan@castleton.edu. Regan also said a benefit concert to raise money is in the works, but a date hasn't been set.

Public Safety Incident Report February 2010

Date:	Description:
Feb. 2	Theft of cash (\$30) Ellis Hall
Feb. 5	Missing property/ theft Castleton Hall
Feb. 7	Drug violation Ellis Hall
Feb. 9	Drug violation Wheeler Hall
Feb. 11	Vehicle accident South Street Lot
Feb. 12	Vandalism Jeffords Lot
Feb. 13	Intoxicated student Ellis Hall
Feb. 14	Vandalism Babcock/Adams Hall
Feb. 14	Theft Fireside Café
Feb. 16	Medical assistance Haskell Hall
Feb. 17	Medical assistance Adams Hall
Feb. 18	Drug Violation Castleton Hall
Feb. 18	Suspicious person call Ellis, Babcock, Adams, Castleton
Feb. 18	Disrespect/ traffic violations Outside Adams Hall
Feb. 19	Vehicle accident Off campus
Feb. 19	Underage drinking/Notice Against Trespass Castleton Hall
Feb. 22	Vandalism Campus Center Lot



WYATT ALOISIO / CASTLETON SPARTAN

Two of the restaurant's owners, Ed Pak and Mike Jacob, stand at the front counter of the recently opened Cinco Gringos.

Cinco Gringos offers options

By Alex Esser
Castleton Spartan

Finally, something other than pizza and sandwiches.

With the Dec. 9 opening of Cinco Gringos restaurant, Hydeville and its surrounding towns can now enjoy some Mexican food.

Cinco Gringos is the vision of 23-year-old Fair Haven resident Mike Jakob.

"When I was in college, I thought it would be cool if I could get tacos delivered to my dorm room," Jakob said. Now his fantasy is our reality.

The idea for Cinco Gringos started a few years ago when he and his father, Mike Jakob Sr., were talking about a "hot dog cart, but for tacos."

When Mike Sr. died before that idea became a reality, the younger Jakob began thinking bigger, like opening a Mexican restaurant.

With the help of his mother and some friends, Cinco Gringos became a reality.

"It was a huge project, and everything you see in here we

did ourselves," Jakob stated.

With the help of three other partners, the doors were open just seven months after the initial idea in May 2009.

After much brainstorming for a possible name, the group of friends came up with Cinco Gringos. The reason they chose that name was because there were originally five partners and Cinco Gringos translated means five white men.

"Originally we had five partners, but one of them left and we were left with just four of us. We wanted to keep it Cinco Gringos because it just sounded right," said Jakob.

Jakob and his partners are not the only ones who are excited about the opening. Students say they are grateful to finally have different food other than pizza and sandwiches to eat.

"I think it's awesome to have a variety around town. It's nice to order something other than pizza for a change. The chicken quesadillas are amazing!" said senior Sean Davids.

Sean Hunt agreed.

"Yeah I really like it. And the fact that they deliver makes it that much better," he said.

But it's worth it to save the tip of a delivery guy and take a trip out to the Hydeville Plaza.

When you first walk through the door, the orange paint glistens just above the wooden countertops, and the smell of food overwhelms your senses. You may also find yourself standing face to face with a wooden statue of a bear wearing a cape and a sombrero. While you wait for your order, you can relax in their comfortable chairs and surf the Web with their wireless Internet.

So what can you expect from Cinco Gringos in the future?

For starters, there will be specials for college students and maybe even a college night, Jakob said.

"Once we get the menu down, we will be adding enchiladas and an expanded menu," Jakob stated.



CAMPUS NEWS

Campus Quips



Megan Harris

Question:
What's your biggest fear?



Bridget Curran

Being in open water and having fish surround me.



Kyle Van Gelder

Clowns--what's scarier than someone who is that happy all the time?



Liz Beaudreau

I would have to say heights.



Adam Farmer

Skunks...



Sam Bailey

Being single.

McCardell coming to talk about dropping drinking age

By Kirsten Weiner
Castleton Contributor

Choose responsibility, an initiative to lower the drinking age to 18, has 135 college and university presidents and chancellors joining together to let the country know that the current drinking age of 21 is not working.

John McCardell, former president of Middlebury College and founder and president of Choose Responsibility, will speak in Castleton State College's Casella Theater at 7 p.m. on April 26 about why the drinking age should be lowered to 18.

But McCardell's journey to enlighten the citizens of the United States will not be an easy one. Many people do not agree with lowering the drinking age—and some even think it should be raised.

Ted Shipley, a Castleton State professor and coach of the Castleton baseball team, has dealt with various alcohol issues with his team in the past. Shipley said he believes his coaching staff has instilled in the team that they can handle any problem that comes their way.

"I do not agree with lowering the drinking age. I would actually like it to be raised to

22 to keep alcohol out of colleges. If the drinking age was lowered to 18, I would be in favor of the driving age being raised," Shipley said.

Students Against Drunk Driving program statistics show that about 10.8 million people aged 12-20 reported drinking alcohol in the past month. Nearly 7.2 million were binge drinkers and 2.3 million were heavy drinkers.

But will lowering the drinking age make this worse?

"If the drinking age is lowered it will be extremely dangerous at first, but over time it will settle down and hopefully kids will respect alcohol and

know their limits, said sophomore Katelyn Seager, eager to give her perspective.

Although a majority of those interviewed oppose lowering the drinking age, McCardell feels that after people hear him speak, many may change their minds.

"Lowering the drinking age to 18 will bring their alcohol consumption out from hiding to where parents and adults can monitor it and teach responsibility without conflict. Young adults between the ages of 18-20 could earn a license to buy and use alcohol by completing an alcohol education program," McCardell

said in an interview with U.S. News & World Report.

But Castleton resident Claudia Courcelle, who has been living in Castleton over 25 years, hates the idea of 18 year-olds drinking, and thinks it will make things worse.

"Students are out of control at Castleton State, no matter if it is on or off campus. They are loud and disrespectful. Kids are damaging property, oblivious to neighbors and are trashing the place like a dump. If the drinking age was lowered it would be unmanageable and intolerable, she said.

Students visit Harlem to inspire

By Jenna Charbonneau
Castleton Spartan

According to the College for Every Student program, 34 percent of middle class students will graduate from college, along with only 3 percent of low income high school students in the United States.

From the rural towns of Vermont, to the urban inner cities of New York, the Castleton Student Government Association and Community Service Club have teamed together in an effort to reach out and help the future of students by inspiring them to pursue college.

A group of nine members boarded a train from Castleton to New York City last Wednesday, where some students were able to experience city life and a subway for the first time.

"It was definitely a culture shock," said Stephanie Terry the trip organizer and member of the Community Club. "One of the best things I've gotten to experience."

The group first attended a CFES conference on the 32nd floor of Barclay's Capital building in Time Square. Here, they were able to showcase their nationally-recognized mentoring program with other colleges from around New England.

Following the conference the group traveled to Wadleigh Second-

ary school in Harlem. Once there, they could share with students their knowledge and information about college that they otherwise may not be given the opportunity to hear.

Before meeting with students the group arrived on the campus of Wadleigh where they faced an environment unlike Castleton.

"There was a fence surrounding the school with what looked like barbed wire around the top," said Justin Garritt, president of the SGA. "You met a security guard as soon as you walked in."

The group also had to show their id's and sign-in before they were granted access to the classrooms. Once passed through security they met with a few classes of 11th grade students who listened to a panel discussion on many facets of college and each of the member's personal experiences.

"Wadleigh students listened intently and had great questions for our students," said Jan Rousse an advisor for the two groups. "It was wonderful to see and hear our students tell their stories ... share their experiences ... their journey to college ... with the message that as long as you have a goal and work hard, college is for everyone."

Each Wadleigh student was given a Castleton packet including an application to help walk them through the applying process and answer any



PHOTO PROVIDED BY JUSTIN GARRITT

Castleton students pose with a group of students from Harlem.

questions they may have about college or being a college student.

"The goal was to show them that no matter what their background or financial situation, college is always an option as long as they are willing to work hard and put in the effort," said Garritt.

The group also planned to meet with kindergarten, fourth- and fifth-grade students at PS197 in Harlem, but due to heavy amounts of snow the event was cancelled. Instead all nine members wrote a personalized note to send to the classrooms describing what they would have talked about and apologizing for the cancellation.

With funding provided by the SGA,

VSAC and fund-raising, the same group also held a career day for area high school students on Feb. 23. Students from all over Vermont including Proctor, Mill River, Castleton, Fair Haven, Benson and Orwell participated, totaling almost 250 seventh grade students.

The career day was also a part of the CFES program. There were 20 students and faculty members who volunteered their time from break, to train and work with students in hopes of having a positive and direct impact on their futures by installing the belief in students that college is possible for anyone.

Speaker: 'Be environmentally literate'

By Annie Hartman
Castleton Spartan

Castleton's keystone speaker had CSC soundings students not only seeing green but seeing red. Debra Rowe, PhD., spoke to students with passion about leading a sustainable lifestyle. Her excitement and devotion to her topic was met with debate from some students in attendance during the Q & A portion of Rowe's presentation.

The debate was spurred by a question surrounding the topic of global warming and intensified as personal beliefs were challenged and passions were ignited.

"I was glad they brought it up," said Rowe after the presentation. "I'm sure a lot of other students here tonight felt the same way."

Rowe and one of the students continued their discussion in a less heated debate following the event.

But despite her belief in the doom-

ing Global Warming, Rowe's message to students was a positive one. She provided ways for students to become more "green" like by unplugging phone chargers. She encouraged students to lobby for change including alternative and renewable energy sources, educating and informing the public, and demanding changes and incentives from government and coligate decision makers.

Rowe's message was one that empowered students.

"Be an educated person," she said encouraging students to take action, become "environmentally literate," and choose to and know how to be environmentally, economically and socially responsible.

According to Rowe, currently the United States is responsible for about 5 percent of the world's population yet it uses over 25 percent of the world's resources because of the lack of effort to generate renewable energy. These are statistics that Rowe stressed must change.

"[The U.S.] is modeling an unsustainable lifestyle and other countries are following our lead," said Rowe.

Instead of placing blame on legislature or even students' current lifestyle, Rowe put the power in the hands of

her audience. She cited several examples of students who had gone to their government officials and made a change including a story of three students who called a Michigan senator and changed his vote on a solar bill that, in the end, passed- perhaps because of their persuasion.

To an auditorium of college students, mostly incoming freshmen, the most prominent bulletin of Rowe's presentation was the idea of "green jobs."

"It's not just the obvious jobs," said Rowe as she presented the audience with several slides that listed many jobs that are considered "green."

"Every single discipline has a unique and important role to play in creating a sustainable lifestyle," said Rowe. "Every job will have a green tinge."

Rowe explained that several of these green jobs already exist, but many more will be created in the years to come. She encouraged students if their "green job" isn't yet a reality - make it happen.

"You have the power to shape the education you get," she said, pacing across the edge of the stage. "Don't wait for the jobs to exist. Create the jobs that we will need for new and healthy lifestyles."

Castleton has already done a lot of work including the Green Campus Initiative and work done by the sustainability club on campus. President Dave Wolk is committed to the cause as one of 674 college presidents in the nation who has signed the Presidents' Climate Commitment.

Castleton professor Paul Derby, advisor of the sustainability club, recognizes that a lot has been done already but thinks that CSC has a long way to go.

"Many colleges are doing good things, similar things," he said in an interview following Rowe's presentation. "We're doing more than most, but at the same time, we need to do more."

Despite the "green" students on campus, Derby and his group feel that they lack the support necessary for wide-spread change. As one student brought up, we are encouraged to "be green" yet the lights in Huden Dining Hall remain on all night.

"We're hypocritical," said Derby. "It's not that we don't have it," he continued, "it's that it's not talked about enough."

Library survey packs potential cash reward

Want a chance to win a \$20 voucher for the college store? All you have to do is help evaluate Castleton State College's library services by filling out library service quality survey that is being e-mailed campus-wide.

Librarian Sandy Duling said the survey is to help library officials understand student perceptions and expectations of the library so changes can be made to

better serve them.

The CSC library is one of hundreds of academic libraries across the country conducting this "LibQUAL+" survey. Survey results will be compared to results from other libraries to identify best practices.

The answers are confidential. No identifying links between responses and individuals will be retained and only aggregated data will be reported, Duling said.

If willing participants have trouble with the link e-mail Duling at sandy.duling@castleton.edu.

Those who participate are eligible to be entered in a random drawing for one of 20 \$20 College Store cash cards. You can enter your name in the drawing by including your e-mail address at the end of the survey.

Award nominations sought

The Castleton State Alumni Association is seeking nominations for outstanding seniors and faculty members for two awards to be handed out at graduation.

Nominations for the Outstanding Faculty Award can be made by staff, faculty, administration, alumni or graduating senior class members.

For the Leonard C. Goldman Distinguished Senior Award, which carries a \$1,000 award, nominees "must exemplify qualities of leadership,

spirit and service to the college community and beyond" and can be nominated by administration, faculty, staff and current members of the graduating class.

Nomination forms can be obtained in the Alumni Office or can be downloaded from the Castleton State College Web site by clicking on alumni and scrolling down to "award."

Nominations must be received by 4 p.m. of April 2.

Comedian brings raunchy laughs to CSC

By Meghan Dufour
Castleton Spartan

The sound of silence could be heard as comedian Adam Hunter entered CSC's Fireside Café on March 2, as he walked into a room with only seven spectators at his show.

But the number of audience members was no sign of the performance that was to come.

The vulgar, crude and hilarious comedian started out his show by giving every audience member their own identity based on what he saw in them. So for him, he was looking at an audience that contained Harry Potter, the uni-bomber, the hot Asian girl, Shaggy, and few people from Saved by the Bell.

"This show is not politically correct," said Hunter. "I just want to let everyone know that before I start."

At that moment, the show kicked off with Hunter making fun of the fact that no one was there.

"I took three planes and drove six hours to perform for seven people, this is awesome," said Hunter, who was quickly proven wrong as multiple people stumbled into Fireside as he continued his jokes.

The crowd got to hear stories of Hunter's wild parents and his childhood.

"My dad was a total player. I used to go home and say, 'Look dad, I got straight A's', and my dad would be sitting there with a big breasted woman saying back, 'Big deal. I got double D's,'" Hunter said. He then took the opportunity to compare breast sizes of the women in the audience.

It was his, sometimes R-rated, vocabulary and ideas that really got the crowd laughing.

"Are you girls lesbians?" said Hunter pointing at two girls in the corner, who were shaking their heads in response. "Well if that's true, how about you kiss her and prove it?"



Adam Hunter

He continued to tell the audience stories about his desire to work for a sperm bank, about male enhancement drugs and sexual experiences. He then gave somewhat shady advice to the audience.

"I did mushrooms once," said

Hunter. "This girl was like, 'Let's do shrooms and have sex', so I agreed. That was the worst idea. Her vagina started barking at me and I swore I saw smurfs coming out."

People's genitals were a main focus point for the comedian, almost every other joke was about them. Which is what led to his advice to one girl.

"Just relax, have a good time, queef, and let it out."

Nothing is too inapporiate for this man to say to a stranger. It was after this that he let us into the history of he and his girlfriend.

"My girl dumped me and took my cat. I lost two pussies in one day. She was bad though. She used to yell at me to separate the laundry into whites and colors, she was such a racist," said Hunter. "One thing that used to bother me was when she would watch the Home and Garden channel. I don't have a home or a garden, it wasn't a good feeling.

That's like Michael Vick watching the Dog Whisperer, Tiger Woods watching Sex Rehab, or George Bush watching Are You Smarter Than A Fifth Grader."

After that he moved onto his hopes for his afterlife.

"When I die, I want to come back as a pole at a strip club," Hunter said. "But with my luck, I would be the pole at Chippendale's and I would have the Jonas Brother's nuts in my face."

Overall, Adam Hunter was interactive with the audience, as well as the people walking by, he was pleasantly inappropriate and thankful to the crowd that had tripled in size since the start of his performance. The show went by quickly, and Hunter left the audience with a few parting words.

"The point I'm trying to make is to vote and wear condoms, because I don't know what I have."

Wuagneux adds lots of color to WIUV

By Anders Ax
Castleton Spartan

Behind 91.3's radio booth, professor Robert Wuagneux cuts short the pre-recorded radio show four minutes to 3 p.m. and begins.

"Hey, here we are, and its 91.3, it's Tuesday afternoon. I know that was a real quick segue into The Rock Doc. It's Tuesday, and we're excited," he said soothingly into the mic.

In the booth, he wears a cream and grey checkered sweater, honey humus vest, an orange and green scarf like ivy about his neck, a dark-toned Gatsby cap over a yellow bandanna and black velvet pants with matching jacket hugging his chair. The golden feather dangles from his left ear. Classic Wuagneux attire although, possibly, more conservative than other days.

Chances are you know Wuagneux from his fabled Intro to Communication class, or perhaps you've witnessed him jam on his guitar and sing out an assortment of rock and blues tunes at his solo gigs. Or maybe you've seen him walking around campus talking to every student along

his path.

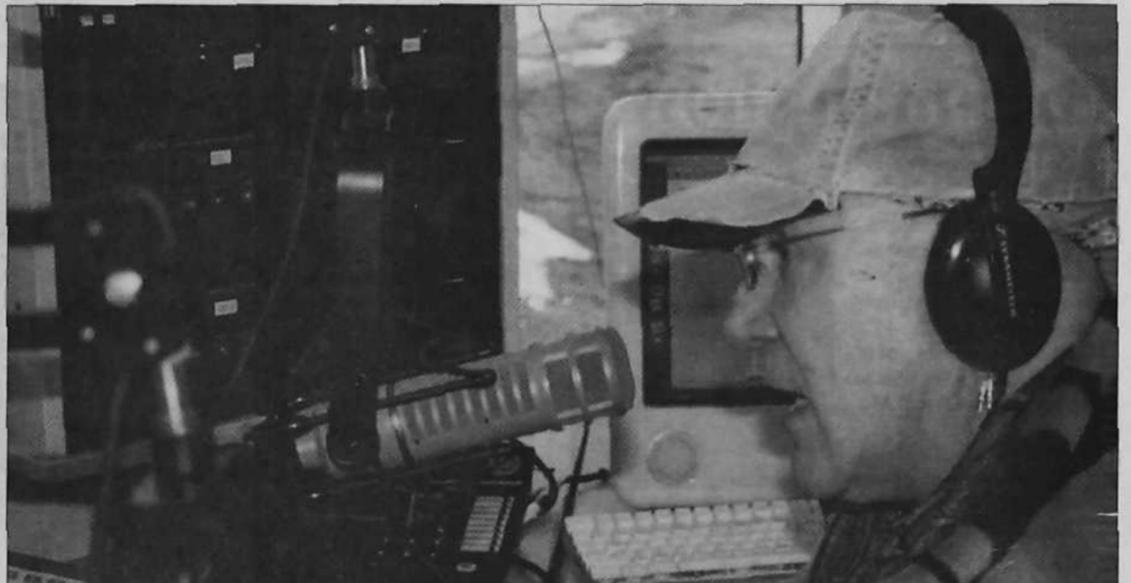
Wuagneux is featured as a rock and blues artist on Broadjam.com and he is also broadcast around the world on IMRadio.com. His new weekly radio show, All 'New' Music All Good Songs, airs on Castleton's WIUV Tuesday's from 3-4 p.m. and includes a plethora of stories, humor and music.

"I took Intro to COM," Patrick Meyer said. "He's a really good teacher. I never felt stressed or anything, it was really laid back but I learned a lot," he continues. "It was a really good class, I'm so glad I took it."

His likeable demeanor translates well on the radio too, station officials said.

"He has this natural pattern to him, he just opens his mouth and just whatever is on his mind just comes out. All his feeling about the artist, the song, his opinions, it's all out there," said Myles Mickle, general manager of WIUV and Castleton senior. "We like popular music too, but it's the stuff that people don't necessarily hear all the time and don't seek out, it's nice to hear that new stuff."

The play list for Fat Tues-



ANDERS AX / CASTLETON SPARTAN

Communication adjunct professor Robert Wuagneux mans the mic during his radio show on WIUV.

day included the following names: The Students, Crease, Mongo, Iko-Iko, The Chantels, The Stereo's, Fernando Perdomo, The Principals, The Basements, Critical Mass, "and yours truly," Wuagneux said.

"I've always loved radio. My best memories of my early career are all focused around young jocks who

became my friends and really went to back for me to help promote my dreams," he said. "So this is something that I do because I've always wanted to, and because I'm an Indie, I know that real Indie music doesn't get heard. So if I can do something to help them, why not now that I can?"

During the live show, an old student, Frtiz Dorigo

of metal band Crease and Mongo, and colleague, Mick Fazz of punk rock band Critical Mass and The Basements, were callers.

"That's the first time I've had a conversation with him ... in 30 years," he said after hanging up the phone with Fazz.

"When you meet people and they know you're real, unless you're a real card carrying

scumbag, people don't forget that. That's just the way it is.

"You don't forget those people. It's all real man. 'Cause your conversation was meaningful, you don't waste time, they know you're going somewhere, they know you're real, so, lets talk about what's real."

Book review: Black Butler



By Wendy Young
Castleton Spartan

The place is London, and the time period is possibly the early eighteen hundreds. Twelve year old Ciel Phantomhive is not only the head of the Phantomhive family, but also the owner and creator popular children's toys and

games—a company called Funtom. He lives alone in the Phantomhive mansion, (his parents are dead and his aunt lives elsewhere) but his life is far from quiet. The mansion has only five servants, but between the five of them, there is never a moment's peace! Finny, the gardener, who, not always remembering his own strength is constantly breaking things. Mey-Rin, the maid who cannot see without her glasses and is very clumsy, and is also always breaking things. Baldroy, the cook who enjoys trying to cook meals with whatever blow torch type apparatus happens to be handy. Tanaka, the (supposed) steward...well, all he ever does is watch everyone else work while he sits there and drinks tea. Then there's

Sebastian, the butler for whom no task is impossible. And on top of his own duties, he usually ends up doing Finny, Mey-Rin and Bard's as well. Somehow managing to keep the household running smoothly, when asked how he manages seemingly impossible tasks, he replies, "I am a devil...of a butler."

Black Butler by Yana Toboso is an interesting view at what life may have been like for a privileged few in Victorian era London. Or not. Toboso's London is a mostly fun "what-if" London. Mixed in with the few real events and persons are magic, and many characters that it is very hard not to like. If you enjoy this book, make sure to watch for the second book, coming out in May!

Movie review: Shutter Island



By Meghan Dufour
Castleton Spartan

Martin Scorsese has used his muse, Leonardo DiCaprio, again to star in the lead role of his new movie, Shutter Island. But after the viewing of this film, I hope this is one duo that is about to end their several year relationship.

Scorsese has his choice of working with some of the best actors in the biz, so why did he choose DiCaprio?

DiCaprio took on the role of Teddy Daniels, a U.S. Marshal that is headed to the Ashecliffe Hospital for the Criminally Insane. With a hurricane brewing, Daniels and his partner Chuck Aule, played by a surprisingly convincing Mark Ruffalo, take the ferry into an isolated island to capture Rachel Solando, a patient that had strangely escaped from her cell. The two Marshals are forced to work along with the hospital's main man, the un-cooperative Dr. Cawley, played by Ben Kingsley. To him, everyone is a possible patient, and he seems to have the whole staff and patient population wrapped around his finger. So when the hurricane hits and tears down the walls that keep in the insane patients, everyone's secrets are finally revealed.

Insanity, betrayal and mystery crowd the storyline of this movie, leaving the audience on their toes as the twists and turns of the plot

unveil themselves.

Compared to his previous movies like The Departed and Gangs of New York, it seems as if Scorsese is losing his touch with age. If this is any sign of what is to come, I would suggest saving your money for rentals. His work is impressive compared to several other directors he competes with, but this was not the best film on his resume.

The film contains several continuity problems, which is distracting and disappointing at the same time. For someone with such a history and brilliance in the film industry, Scorsese shouldn't have made so many small mistakes. It was like experiencing an amateur director's first time on a big budget film.

The character Teddy Daniels seems to be a fairly complex person, but when acted out by DiCaprio as a short tempered and violent person, he comes across as one big joke. His insensitivity to his recent roles shows that he may have lost his touch for his craft, and this is greatly shown in Shutter Island.

However, one person that did not disappoint, even though his scene was a mere five minutes, was Jackie Earle Haley. His performance looked like he was the professional amidst newcomers.

The film had the possibility to be great, but it just didn't come close.

Come visit us online!

www.CastletonSpartan.com

Give us your feedback!!

Koran holds a place in Castleton's heart

Continued from page 1...

comes along with being an older student, according to Ennis Duling. Duling worked with Trombley in the communications office and interacted with her on a daily basis.

"She really was a wonderful employee, but her best attribute was that she really was such a great mom," said Duling.

Trombley's desk had numerous things on it like her framed Castleton diploma on the wall, Class of 2005, Magna cum laude, a camcorder that she was known to use all around campus, a postcard from Key West from a wonderful vacation with her husband, a photo of her recent wedding on her desktop of her computer, and last but not least, all the random knick knacks of being a mom. Photos of her children surrounded Trombley as she worked, and cards from Kyra graced the walls.

"There wasn't a single day that went by that Koran didn't come into and talk about how much she loved you guys," said student Karen Trudeau to her family at the celebration.

Trudeau worked as an intern with



MARK MANJUCK / CASTLETON SPARTAN

Memorial attendees view a photo collage made in memory of Koran Salem-Trombley.

Trombley in the Communications office and had known her for almost three years. Their desks were right next to each other.

"I would describe Koran as someone who found beauty, pleasure, and fun in almost every facet of life. She was someone who cared deeply for her friends, family, and especially her children. She was unfailingly kind and supportive, and she worked very very hard at her

job," said Trudeau.

Professor Roy Vestrich also had the opportunity to have Trombley in his classes and work alongside with her in the communication department.

"I first met Koran in my media writing class. The first assignment I give students is to write a story based on a moment of change in their own lives. Over the years I have had heard many memorable

stories on subjects ranging from the silly to the tragic- and most stories tend to range between four and six pages. Koran came in with a story that must have run over 20 pages and involved the most compelling blend of international intrigue, domestic drama and the heartfelt passions of a mother. I can't talk about the specifics, but needless to say it was one of the most engaging stories I, or other students, heard. I tried encouraging her over the years to turn it into a longer account or film script," said Vestrich.

Trombley did start writing her memoir. She was in the process of piecing it together. Duling wants to, one day, have Trombley's memoir in the library so her legacy can live on in writing, as well as all of her video work that she had completed.

Video work was Trombley's passion. She had a niche for getting right into the grime and tedious work that came along with shooting. Professor Robert Gershon had Trombley in his Video 1 class and remembers her having a special ability for making fake blood the best out of anyone. Ketchup and Karo syrup was the secret, he said.

"One specific thing I remember is shooting video with her during that Screen Drama course. She had to direct a scene we shot up on North Street in the spider filled basement of a 150-year-old house. She was a trooper and just wanted to get the acting and lighting right no matter how many spiders might land on her. The rest of the crew and the actors didn't share that view, but, as usual, Koran had enough energy and good will to bring to the project, and that carried the day," remembers Gershon.

Trombley's memory lives on throughout our campus. She touched numerous lives and her character will live on throughout her family's lives.

"Koran's range was huge. It's hard to think that anyone she met didn't recognize her as special, vibrant, upbeat, and a general delight to be around. She made people around her happy. A chance meeting with her made your day better," said Gershon.

Donations to the Slate Valley Teen Center may be made in her memory at SVTC, 327 Scotch Hill Road, Fair Haven, Vt. 05743.

One-man show

Continued from page 1...

lack of good solid roles for African American women. So, instead of sitting around and waiting for a role, McCray wrote her own.

"The most important part of being an actor is being able to practice your craft," said McCray.

Castleton students sat back and took in the wisdom that was being passed down upon them with looks of awe pouring out of their eyes. Theatre students made up most of the crowd as well as faculty, and a few random students trickled in.

McCray took the stage to perform and immediately the room went silent. She transformed into Bessie Coleman, arms flailing and emotion so strong that it was almost as if the audience was eavesdropping on a private conversation.

Castleton students asked McCray about her task of writing her own piece and the challenges that came along with it. "I don't want to play me, I just wanna be somebody else," said McCray.

Amos then took the stage to perform excerpts from his piece, "Halley's Comet." Again, the passion that these actors have for what they do just soaked throughout the room. It was hard not to be moved by what these actors had to say.

"Writing is my real passion. I love developing something that I can control. To me, writ-



BY WYATT ALOISIO

John Amos is the ultimate freedom," said Amos.

Amos plays an 86-year-old man who looks back on his life and talks to Halley's Comet and tells his life story. He transitions his acting to change his age and act out different situations that got him to where he is now.

When asked how he could get in character of someone of an age that he hasn't reached, Amos let out one of his secrets of getting to know his character.

"The shoes. They got to be comfortable, and have to be one's your character would wear," said Amos.

Amos marvels at the changes in acting throughout the years. He used to be paid \$100 a week for writing and an extra \$50 if he acted in his sketches. Actors these days are paid thousands per episode.

"Acting is great, but writing will always prevail for me. Just give me a Ticonderoga #2 and a few legal pads," said Amos.

Kiernan's Haiti relief

Continued from page 1...

Kiernan made his way once again to Milot, Haiti, located on the northern part of the country. Milot, a small palm tree-lined town with a lot of activity, crowded with donkey ox carts, motorcycles and trucks, was left untouched by the earthquake.

But even Milot had to face vast changes to adapt to the needs of the country, and L'hospital la de Sacre Coeur was willing to take on the challenge.

"Over the years L'hospital la de Sacre Coeur has become a major referral center. The hospital was intact at a time where many things were destroyed," said Kiernan. "In the two weeks following the disaster, it was able to ramp up, going from a 60 beds to 400.

"The hospital had to expand

to envelop two schools, and many surgical tents had been added. The people actually did not want to leave the tent, because, you know, if there was an earthquake the tent wouldn't fall on them."

By the time Kiernan visited Haiti, the state was in need for acute orthopedic and other surgical and rehabilitation care - including the need for prosthetics and antibiotics.

"Some people had extremity injuries, with houses falling on them, while others were stable and just waiting for external fixates -- casts, etc.—and waiting to go home. Others had amputations and were having issues with their wounds," he said.

But the \$7,000 worth of medicine that Kiernan came armed with helped drastically, providing hundreds of Haitians with the ability to function relatively normal.

History-making skiing in Maine

Continued from page 7...

"This is a race where they get launched into the air at high speeds," he said. "If you don't land right, you're done."

Podnecky was far less concerned than her coaches.

"It could've been dangerous, but I didn't care," she said.

Eder said once he saw the time trial runs, where Podnecky dominated, he felt much more at ease with the race.

"She's a real good skier, she's tough, so that also made me really confident in her," Eder said.

Podnecky, easily won all four rounds of competition on March 4, claiming the gold medal.

"Not at all," Podnecky said when asked whether she thought she had a chance to win the event. "I just wanted



PHOTO CONTRIBUTED BY CHRIS EDER

Michelle Podnecky

to have fun. I honestly didn't think I would do well."

As for the team results, the women's placed 10th in the Giant Slalom event and 11th in the slalom event.

The men placed 16th out of 21 teams in the Giant Slalom.

"It wasn't bad," Eder said. "In the giant slalom we ran into a little bad luck. One of

our top skiers was disqualified, so that really dropped us back. We probably could have finished 12th that day."

During the second day or racing, Eder said the course proved to be very difficult for all of the teams. He said while normally he wouldn't be excited about a 13th place finish, he was happy with the

way the men handled the difficult terrain.

Eder said that the thing he was most proud of with the men's slalom races was their team spirit when things went wrong.

"You know, three guys missed a gate on their first run, and they had to hike back up the hill to finish. Then on the second run, the other two guys missed the gate. They showed a lot of character by hiking back up to finish. They knew that the team needed the points. I was proud of them."

But Eder said it was the individual results that made this year's trip so fun.

"The team results were respectable, but the highlight to our trip to the National Championships for everybody on the men's and women's teams was Kristin and Michelle up on the podium," Eder said. "That's the bottom line."

'Seeing things in a new light'

Continued from page 1...

will be held later on in the semester to present their work to the Castleton community and raise more money for the Project.

At the end of the day, lots of hugs were given, many good-byes were said, and tears were choked back. Even in four short days, many deep connections were made between the students of Izcanal

and Castleton.

Saturday everyone got up before dawn to drive north to Ahuachapán to go zip lining. For the vast majority of the group, it was the first time they'd done anything like it. It was an exhilarating end to an amazing week.

After the zip line, they met up with a non-government organization with similar ideals as the Project. The two groups discussed theories, ideas,

problems, and solutions. The organization, called Siglo 23 (23rd Century), formed a couple years ago and has therefore had more experience and had great advice for Project El Salvador to bring back and share with the Castleton community.

On Sunday at the airport, while waiting in Costa Rica for their connecting flight, the group had one last meeting on how they felt the week went.

Except for the occasional lack of communication throughout the week, there were no negative comments from anyone. All expectations were surpassed by far.

"I knew we were going to be effected, but I had no idea that we would grow, change, and learn as much as we did," said Jessica Duncan. "I'm seeing things in a new light."

Clinic makes CSC players appreciative

Continued from page 3...

awards.

But there was one individual, Eric Schwacke, who stole the show.

"Eric was the life of the awards ceremony," Castleton Student Assistant Coach Chris LaPointe said.

During the ceremony Eric was cheering for everyone as they accepted their T-Shirt and certificate. When he received his t-shirt and certificate he raised his hand in the air and yelled, "Woo Hoo."

Eric was born with Down Syndrome, a condition in which extra genetic material causes delays in the way a child develops, both physically and mentally. Eric has spent his life in both Vermont and New Zealand. He

attended elementary school for a short amount of time before his parents decided it would be best if he was home schooled until high school, where Eric became a social butterfly.

"The kids treated Eric like as if he was made out of gold," said his father, Fred Schwacke.

While in New Zealand, Eric participated in the Special Olympics where he swam, skied, bowled, and played basketball. Just four months ago Eric and his family returned to Vermont. Eric is now looking forward to participating in the Special Olympics here in the United States.

Eric and his father hope to organize a business that will be run by and for individuals with limited abilities.

"It will give them an opportunity to utilize their abilities rather than focus on their disabilities," Fred Schwacke said.

The EDD Memorial Fund is in memory of Eric Douglas Dettner, brother of founder Gretchen Owens. On March 3, 1997, at age 23, Eric died as a result of injuries sustained in a skiing accident. Eric was the race coordinator at Hunter Mountain, which gave him the opportunity to teach terminally ill children how to ski. This experience moved him deeply and became the inspiration to create the EDD Memorial Fund.

If you are interested in donating to the EDD Memorial Fund, check it out on the Internet at www.eddfund.org.

Leggett, Podnecky national champs!

By John Shramek
Castleton Spartan

The Castleton State College ski teams have their first national champion, or actually two champions.

Freshman Kristin Leggett and sophomore Michelle Podnecky, two small town girls from central Vermont, both took top honors individually during the United States Ski and Snowboard Association National Championships at Sunday River, Maine on March 3-6.

Leggett was the first to accomplish the feat winning the women's giant slalom race on March 3. The day started off great for Leggett as she found herself sitting in second place behind Westminster College's Kendall Brown by .46 seconds. On the second run, Leggett found herself skiing in front of Brown, not knowing how good of a run she would have to turn in to take the top spot.

"When I watched them both go down, I thought Kristin looked better," coach Chris Eder said.

After watching the racers finish, Eder used his phone to check the live-timing.

Leggett had indeed turned it up a notch, finishing ahead of Brown by .74 seconds in the overall total.

That is when he realized that he had a national champion skier on his team.

"I turned to the rest of them



Kristin Leggett rounds a gate earlier this season. Leggett was crowned Giant Slalom national champion last week at Sunday River.

PHOTO CONTRIBUTED BY CHRIS EDER

and said [that she had won], and [the men and the women] were screaming," he said.

For Eder, the feeling was unfamiliar.

"It was something I had never felt before," he said. "I didn't go to bed till 3:30 [that morning] because I couldn't."

Eder said that he and co-coach Dale Solotruck knew that Leggett was going to tear up the course once she got on it, but even they couldn't have

predicted that she'd win. "Dale and I knew it was possible that Kristin had a shot for top three going in," he said. "We knew she had the tools, but that was something we never told her."

Eder displayed modesty when talking about Leggett's stellar performance, saying that a lot of the credit for her success needs to go to all of her former coaches.

"College coaches get lucky

a lot," he said. "We've only worked with her for a while, and there's not a lot of coaching left to do. We got a real gem there with her, though."

Eder said one of the hardest parts of that night was trying to savor the moment.

"You know, tomorrow's another day, and I just wanted [the feeling] to last as long as it could," he said.

Little did he know, Podnecky would restore that feel-

ing just two days later when she entered in the freestyle skiercross race.

The skiercross event, which Eder likened to motocross but with skis, has only been offered at the USCSA Nationals Championship for three years.

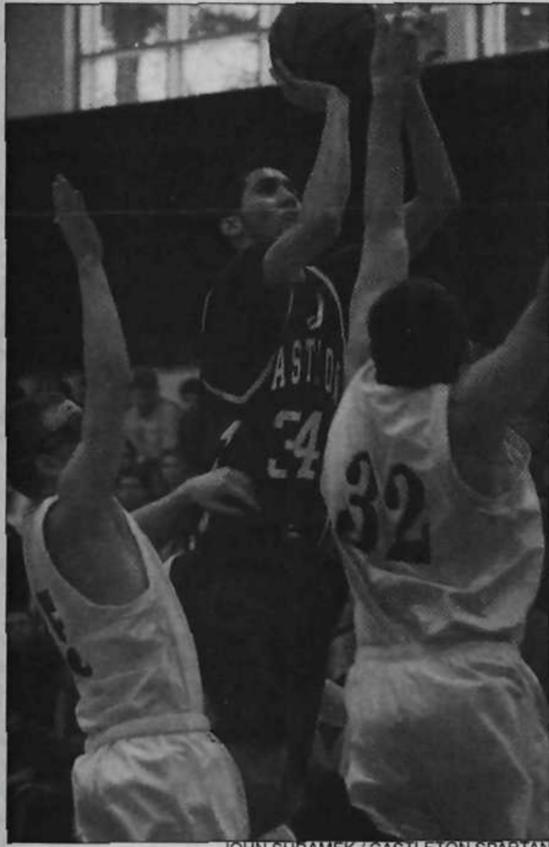
Podnecky said she didn't decide to enter the race until March 3, the day before the time trials were held. She said she and Batholomew Kallgren, who entered on the

men's team, didn't know what to expect.

"We had no experience at all," she said. "We didn't even know the rules or how everything was run."

Eder says that Podnecky's interest in the event came out of nowhere, and that while he was confident in her ability, he was also worried for her safety.

Continued on page 6...



Derick Faragon takes a jump shot in a 76-70 loss to Me.-Farmington.

Men's basketball goes to the 'ship

Ends season as NAC runner-up

By Nicole Parker
Castleton Spartan

The Castleton State College men's basketball team ended its season as the North Atlantic Conference runner-up, losing on Feb. 27 to the University of Maine at Farmington 65-51.

After losing twice to the Beavers in the regular season, (75-53 in Maine and 76-70 in Vermont) the team knew the NAC championship game was going to be hard fought. Farmington came out strong as Andrew Dean scored five straight 3-pointers, giving the Beavers a hefty lead.

Castleton's Derick Faragon tried to keep his team in the game, going five for seven from the field and scoring all 12 of his points in the first half.

Farmington led by as much as 14 in the first half, but Castleton fought valiantly, and trailed at halftime by only three.

After the break, however, the Beavers proved to be too much for the Spartans, holding Castleton to a mere 28.6 percent shooting from the field.

"We hadn't beaten them at all this season," said Castleton Coach Paul Culp. "They were just a better team."

Faragon led the Spartans with 12 points, while Michael Knight and Jared Paul contributed 10 a piece.

"It was a great season," said Culp. "It was a growing experience for all of us. We were a much better team at the end of the year. When you look at the big picture, I am pretty satisfied."

Men's hockey team drops ECAC quarterfinal game

By Robert Doran
Castleton Spartan

After having high expectations for this season, the streaky Spartan men's hockey team limped into the playoffs looking to shake off the burden of a four-game losing streak.

The Spartans came into the game looking for their second playoff win in school history and first ever ECAC title.

Those hopes were quickly torn to shreds, though, as New England College came into Spartan Arena as the lower sixth seed and completely dominated Castleton for a majority of the bout.

The Spartans went up 1-0 early on a goal by Dan Mauriello just three minutes into the contest, but the lead

was quickly surrendered. NEC answered almost immediately, tying the game at one. Castleton then watched as NEC swiftly took the lead only 42 seconds later. Unfortunately for Castleton, NEC didn't look back from there. As the final buzzer sounded, the score read 6-1 in favor of the visitors.

"It's disappointing to lose in the playoffs. The regular season is one thing, but all that really matters is in the playoffs and we didn't get it done," captain Nick Westcott said.

The season was full of ups and downs for the Spartans, and unfortunately, it ended with a losing streak longer than any other during the season.

"The losing streak shouldn't have affected us.



JOHN SHRAMAK / CASTLETON SPARTAN
Omar Pacha fights for the puck against NEC.

We were ready to play. Of course it would have been nice to go in with momentum, but we were in the playoffs and just had to play our game," Westcott added.

Now comes the long offseason that will give coach Alex Todd a chance to build a winning team for next season. On the bright side, Castleton will only lose four

seniors after the season, and next year's team looks as though they may have a shot to compete for the conference championship.

The Spartans ended the year 9-12-5 giving them their first losing season since 2006.

No repeat for lady Spartans

By Mike DelDotto
Castleton Spartan

For the second consecutive year, the Castleton women's basketball team met Husson University at Husson in the North Atlantic Conference Championship game. Round two of the heavy-weight bout went to the Eagles this time around, 80-69, ending the Spartans hope for a repeat.

"It's not that we played poorly against Husson. It's just that they played so well," coach Tim Barrett said.

Castleton had a long and trying road back to the NAC championship, especially without thousand-point scorers Mary Nienow and Jess Banks.

Going into the season break in December, and before beginning their conference play, the Spartans were a game below .500 with a 4-5 record. Castleton played what Barrett called "the toughest non-conference schedule" the team had ever played which included powerhouses like Middlebury, Baruch, and Bates.

Barrett said the tough non-conference play had helped his team when it came time for conference play. The Spartans rattled off six wins in their first seven games back from the break and then, after a couple of losses, went on a five-game winning streak. Castleton ended



JOHN SHRAMAK / CASTLETON SPARTAN
Tarryn Bolognani looks to pass against Maine-Farmington.

the regular season on a cold note, though, with losses at Maine-Maritime and Husson, finishing the season at 16-10.

"From Oct. 15 to the end of the year, we made a lot of improvement in every area," Barrett said.

Barrett said he was proud of his players' achievements throughout the season and how they all came together.

One standout was guard Christine Jaques.

"She [Jaques] was a back-up point-guard a year ago," said Barrett. "She did

a good job this season and brought good consistency."

Barrett spoke about the two seniors departing from the team as well.

"We need to fill the void left by Katie [Hoxsie] and Laura [Cary]," said Barrett. "Katie was one of our best defenders, and Laura was good down low. Both players are going to be missed."

Barrett said the Spartans will try to build on the successes of this past season, and that their goal, like every season, is to win a conference title next season.

High hopes for Spartan softball

By Chris LaPointe
Castleton Spartan

The Castleton State College softball team has been preparing for the upcoming season since early Feb., and now the Spartans are looking to take the North Atlantic Conference by storm.

With eight returners and thirteen rookies, coach John Werner and coach Brigitte Olson are ready to get the season started.

"We are very optimistic this season," said Werner.

"We want to close the gap and overtake some of the teams that were ahead of us last year".

The Spartans were 14-19 last year, and they made the trip to the NAC Final Four up in Bangor, Me. where they were defeated by top-seeded Husson University. The Spartans also fell to Thomas College in the elimination game.

Werner is back for his second season as the head coach, and Olson will assist him, taking charge of the infielders again this year.

"Coach Olson has a lot of responsibility to this team. She is very valuable to me and to the team," said Werner.

Leading the team this year is senior Hilary Bemis. Bemis is one of six pitchers in Castleton's rotation. She struck out 95 batters in 98 innings last season and recorded two shutouts. She also batted .350 raking in 39 RBI's and nine home runs in 32 games. Coming back this year as well is first basemen junior Sarah Flore. She batted .333 with 12 RBI's and 17 runs scored.

This year's rookie class shows some great talent in various positions both in the infield and outfield. Thirteen out of the twenty-two player roster are either freshmen or transfer students this year, including the other five pitchers that will be in Castleton's rotation. Second base, shortstop and the outfield will have some new faces as well. With the help of the coaches, Werner hopes that the newcomers will be able to mold with the returning class.

This year, the Spartans will

be going to Florida for the first time in program history. Their first game of the season is on Mar. 11 against Alfred. "It's a great thing for us to go to Florida. I feel really good about it," said Julie Benzenberg.

The Spartans' first home game is on Mar. 24 against Skidmore College, where they will be unveiling the new softball field to the Castleton community.

"This is great for us. I think it's going to bring an audience into the games," said Bemis.

Sports talk



Chadwick Cioffi

It's always fun playing the role of David. No one gives you the edge, the pressure is on Goliath, and you somehow come out on top in the championship games. Being David might be the best position for Castleton to be in this spring. So that is why I hereby declare a temporary mascot change for spring sports. The Castleton Spartans will now be called the Castleton Davids.

The softball team has a lot of ground to make up. It lost second baseman Alicia Zraunig and pitcher Tosha Whittemore. If this team sees success in the postseason, it'll be because it is able to fly under the radar. Being picked fourth in conference screams David for this year's softball team. I'm seeing the Spartans pulling off an upset in the semifinals and making an appearance in the championship. I don't see a NAC title, though.

Castleton baseball lost in heartbreaking fashion to Husson last year in the NAC title game. The preseason polls are dubbing Husson the top dogs of the NAC, leaving Castleton to play the role of David. Ken Cook will pitch three complete games and pickup nine wins this season. The team plays Husson in four games in a two-day span in late April. This is too close to the NAC tournament for my liking. Not that I want our team to lose, but the more games Husson takes in the regular season, the more I like our chances in the NAC title game.

The women's lacrosse team will be in the NEWLA title game again, and most likely against Bridgewater, again. Marie VanDerKar will score 80 goals this year, and teammates Stephanie Paproski and Elizabeth Haggerty should get about 40 each. Bridgewater is definitely the Goliath in the NEWLA, which makes me think it's time for Castleton to act like a David. The women's lacrosse team will finally win the NEWLA, you heard it here first.

The men's lacrosse team had the misfortune of playing the role of Goliath last year and it resulted in a 25-9 loss in the NAC championship. I think beating Mount Ida in the regular season gave the Mustangs enough motivation to come up to Vermont and ruin our party. Castleton will have to play the role of Goliath for the second year in a row, but it shouldn't deter them from hosting the NAC title again. In fact, I made a formula proving the team will get business done this year.

Mike Martinez + Spartan Stadium = NAC Title

Martinez will break 50 goals, and Jake Rick will put up at least 70 points in their final season as Spartans. I see NAC champs written all over this group.

And hey Mount Ida, meet Dave DeGhetto. This kid will be giving your offense nightmares for another couple years.

Men's lax begins journey to NAC title

By Chadwick Cioffi
Castleton Spartan

The Castleton men's lacrosse team opened up the regular season with a 17-11 loss at the hands of Western Connecticut on Sunday, Mar. 7. The Spartans came out slow, being outscored 12-5 at halftime, but they gained speed late as they outscored the Colonials 6-5 in the second half. Last season, the Spartans lost to West Conn. 20-9.

Although Castleton lost its opening game, head coach Dave Wiezalis said his team has never looked this ready so early in the season. He attributed the readiness to Spartan Stadium. He said the facility has the team mentally and physically prepared earlier than last season. Early season practice on the turf field had the team picking up grounds outside rather than in the shape gym.

Senior captain Jake Rick is expected to generate a lot of offense through the transition game because of his ability to grab ground balls. Wiezalis said Rick is one of the team's senior leaders this year and expects a lot out of him.

The coach also has high hopes for the team's offense.

"I think we'll have the strongest attack that we've had since I've started coaching in 2005," Wiezalis said prior to Sunday's game.

The attack position has a tremendous amount of depth, according to Wiezalis, partly due to senior Mike Martinez switching positions.

"He's a midfielder turned attackman. He's been able to execute it well. He's a great inside finisher, and I think



JOHN SHRAMEK / CASTLETON SPARTAN

Jake Rick rifles a shot for a goal in the season opener against Western Connecticut at Spartan Stadium on Sunday, March 7.

he'll be able to shine in that position," Wiezalis said.

Martinez's move to attack has Wiezalis excited about the possibilities between him and his line mates.

"Mike Martinez making that change to attack will change the game for us. But as far as newcomers I think Nohea King will make an impact. He was a high school All-American, and we also got a transfer, Sam Bailey," Wiezalis said.

He also said he expected a lot out of freshman midfielder Alex Brands.

"Brands might be one of the best ground ball leaders that comes onto this team."

With the departure of graduated

goaltender Mike Mamunes, Wiezalis said another key replacement is sophomore Dave DeGhetto.

"Dave has opened up tremendously since Mike's departure. It happened in the fall; we saw a different player come out and start warming up. I think Dave has fully grasped what is needed to play goal affectively. I have no questions in my mind whether he is game ready—he is definitely game ready," Wiezalis said.

Last season, the Spartans went 8-0 in the North Atlantic Conference and hosted the NAC championship. Mount Ida rolled into town and dashed any chance at Castleton hoisting the NAC title as they dominated the Spartans

25-9. This season, coach Wiezalis feels just as confident in his team's ability to compete in the NAC.

"I feel that this will be another extremely strong year [in the conference]. I think we have a team this year that can beat Ida again. We lost a lot of talent the past year, but we've also gained a lot of talent," Wiezalis said.

He also added that the team's goal hasn't changed from last year to this year.

"Our team goal is to win the NAC title and advance to the NCAA tournament. I've never felt as confident as I do today in being able to get there."

Pitching will be a Spartan strength

By John Shramek
Castleton Spartan

After watching the Husson University Eagles complete a three-run comeback with two outs in the bottom of the ninth inning in the North Atlantic Conference championship game last May, the Castleton State College baseball team is ready to get back to work and push its way back to glory.

"We've certainly got a lot of work to do [to get back to the top]," Shipley said. "We are very much a work in progress."

With plenty of new faces, one of the first things the Spartans will have to do is actually come together as a team. The 2010 team will feature 17 new players and 15 returners.

Among the key returners is Matt Eisenhuth, who led Castleton's stacked offensive

lineup last season with a .412 batting average. He also drove in 40 RBI's and had five round trippers. Even though Eisenhuth will be important to help the team offset losing five of its top 10 offensive producers, Shipley believes strongly that the offense will have numerous key contributors this season.

"[Offense] is always a work in progress, but with repetition and regularity, [the hitting] will come around. I think we have a lot of nice pieces offensively, but we need to work hard," he said.

Pitching, however, is all set, Shipley said.

Senior pitcher Ken Cook, who was selected as a New England Intercollegiate Baseball Association All-New England First Team pitcher last season, will again anchor the top of the rotation as the

ace of the staff.

"If he stays hungry and healthy this season, he'll be pretty good for us again," Shipley said.

Cook will look to improve upon last year's impressive 7-2 record, which tied a school record for wins in a season, and his 2.04 ERA, which ranked him 21st in the country.

The rest of the Castleton rotation will be rounded out by returners Billy Sisko, Tyler Erickson, and Brandon Fay.

Along with pitching, Shipley said defense will be another strength. The only question marks are shortstop, second base and first base.

The fight for shortstop is down to sophomore David Brandt and freshman Cameron Curler. There will also be a fight for first base between Garrett Brewer and Cesar De



JOHN SHRAMEK / CASTLETON SPARTAN

Jack Lancelin slides into 3rd base safely last season.

La Cruz as Ted Mills, who played the position well last season, will make his new home behind the plate. As it looks now, freshman Ryan Zeilinski will take over at second base.

Shipley says that the team will be able to "pinpoint" what they need to do at those positions more accurately when they make the trip to play in Virginia starting on Mar. 12

Shipley also said all of the teams in the NAC will be tough competition. Castleton's biggest obstacle this season will undoubtedly be Husson University, who Castleton will face four times in the crucial last six games of the season.

"I think the players do want [to get back at Husson] this season," Shipley said. They've got that in their minds."

Castleton tennis is ready to get back on the court

By Kristie Dunchus
Castleton Spartan

The Castleton men's tennis team is going into this season as defending North Atlantic Conference champions after an undefeated season in 2009.

Last season, the Spartans clinched the number one seed in the NAC and then defeated Thomas College 7-2 in the championship, finishing their perfect 14-0 season.

But the team graduated four seniors last year, including senior-standout C.J. Sullivan, who was voted NAC player of the year. The only players

returning are junior Justin Garritt and sophomore Willie Levine.

Head coach Bruce Moreton said it's going to take a lot of hard work to get the team to match the success of last year's squad.

"This year we are rebuilding. With only two starters returning, we will have our work cut out for us," Moreton said.

But he said he has total confidence in his two returning players. He said both are very unselfish and will do anything to help their new teammates improve.

"Both Willie and Justin will be in-

strumental to our having any success, not only through their match play, but also through their working with the new players on the team," he said.

Last season, Levine was named NAC Rookie of the Year. He was 2-1 in conference play at number-two singles and 4-0 at number-three singles. He was also named to the All-Conference Singles First Team.

Garritt was also named to the All-Conference Singles First Team and made All-Conference Doubles First Team along with senior Ted Panasci.

Garritt said he's excited to get started.

"Overall I'm confident with the combination of our experienced players, exceptional coach, and the new talent we have," Garritt said.

Moreton, however, cautioned about expectations.

"We know that we will have to work hard if this year's team is going to have similar success," he said. "That is exactly what we are doing, and by the end of the season, I think we will be very competitive."

The team starts its season away against Norwich on March 10. The first home game is March 14 against Lyndon.

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PHOTO CONTRIBUTED BY TJ HOOKER
CSC student Jared Haskins (left) interns at an AHL game in Glens Falls, N.Y. with mascot Phlex.

CSC interns get valuable experience

By Zach Wiessner
Spartan Contributor

There is a certain buzz of excitement as the crowd begins to rise from their seats like zombies looking for brains. A young man takes to the ice with the black drawstring bag. The zombie crowd knows what time it is.

It's time for the Castleton State College students interning for the Adirondack Phantoms hockey team to hand T-shirts to the mascot to be hucked into the crowd.

An internship with the Philadelphia Flyers minor league hockey team that you would think to be clawed at by every upstate New York college and even local high school students is dominated by Castleton students.

"I used to be nervous, but not anymore. I'm over it. I could care less about falling in front of a sellout crowd," said Ryan Piluski a junior and triple major at Castleton.

Fellow intern and Castleton student Jared Haskins agrees.

"It is just kind of like you forget that everyone is out in the crowd and focus on what you are doing," Haskins, is a senior majoring in communications.

There are only four total game-night crewmembers and three are Castleton students. There is room for a few more interns, but the crew works so well together that their boss, Brenna Temple, doesn't need to hire anyone else.

"I feel like I got lucky with the guys. Ya'll are so dependable compared to past interns," said Temple in her Texan accent.

Although the interns say they're having fun, the two-hour round trip to the Glens Falls Civic Center is a bit of a drag. And because it's an unpaid internship, the drive requires shelling out gas money.

While most other internships are during the weekday or after school, most of the Phantoms games are on weekends and sometimes back-to-back nights. So weekends for these students are consumed by games. But the experience

Continued on page 6...

NYC convention inspires Spartan staff

By Mike DelDotto
Castleton Spartan

Car horns battled for higher decibels and their engines revved and fell creating the distinct white noise of city life. The skyscrapers resembled mountains growing into the clouds as the dense fog and rain enfolded New York City. Nine Spartan staff members and their adviser had just made the four-and-a-half-hour drive and six block trek to the Marriott Marquis hotel in Times Square on Saturday, March 13.

It was the College Media Advisers Spring National Convention that took place from March 14-16. The convention contained three days of media seminars and workshops ranging from Interviewing in Depth to Playboy magazine and the president. Each student was required to attend six

of the hour-long sessions to learn more about media.

Managing Editor Chad Cioffi and Sports Editor John Shramek attended the session that Cioffi said inspired them to revamp the Spartan's Sports section and add the second page in the fall of 2009.

The speaker was professor Rob Marino of Central Florida Community College, the same man that inspired Cioffi and Shramek the year before. Marino said that it

was his fifth year at the convention and his fourth teaching the sports section seminar.

"[The Convention] is getting better each year," Marino said. "There are more sessions for online compatibility which I think is the future."

Many advisers and speakers also said that media would be taking a more viral role in the future. Four other session speakers said that news was finding all new forms of media and journalism's future was believed to be in the World Wide Web. Most speakers at the convention wanted to help the young journalists realize that news media isn't dying; it was just reaching new plateaus.

Maria Arnot, one of the Spartan members, encountered both ends of the debate for journalism's future.

"I went to one [semi-

nar] with a person who had just gotten fired, and said [journalism] was like slave labor," Arnot said.

"But for the most part everyone was optimistic about journalism moving to the Web."

Some of the students got to find a little peace from their mixed feelings of journalism's future with a presentation from colorful Florida Atlantic University professor, Michael Koretzky, or as he preferred, "just Koretzky." Koretzky taught a seminar on page redesign. He took pages from student newspapers at the convention and crit-

tiqued the design as well as headlines and photo choices. He would criticize the pages in comical fashion and show what should be done to make the page more interesting to readers and show his final product in his powerpoint presentation.

Koretzky warned the students filing in at the beginning of his presentation.

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ROBERT BURGE / CASTLETON SPARTAN

CSC student facing felony assault charges

By Jeremiah Haggerty
Castleton Spartan

An argument that erupted on campus between a male and female during early morning hours on March 12 led to a physical altercation between campus residents that ended in blood and bracelets.

At approximately 2:30 a.m., police responded to a call about an assault with a knife in Haskell Dormitory 203. Police said they arrived to find two Castleton students with injuries as a result of the dispute.

Nathan Dolan-Aubertin, 19, of Concord, N.H. was is-

sued two felony counts of aggravated assault and was cited to appear in Rutland District Court on April 19, police said.

According to Police Chief Bruce Sherwin, Dolan-Aubertin was arguing with a female when two other students living in the suite tried to intervene.

"There was a struggle and as a result there were two people left with injuries," said Sherwin.

After the struggle Dolan-Aubertin fled Haskell Hall, but was found shortly after and apprehended in Castleton Hall. A small folding pocket

knife was found in his possession. Members of the Fair Haven Police Department, Castleton Police Department, college Public Safety and a Department of Liquor Control agent responded to the call.

It was described as being far from "typical" behavior by Dolan-Aubertin's suitemates who seemed to all gather in the common room as the struggle unfolded.

They described Dolan-Aubertin as having a heated argument with his girlfriend.

"She was screaming bloody murder," said Griff Lewis, a resident in the suite.

The argument was loud enough to be heard outside the building and attracted the attention of other students.

"After she started screaming for help, that's when we started banging on the door trying to get in," said junior Will Johnson who was visiting the suite.

According to the 203 residents, the female left the dorm and Dolan-Aubertin began to yell and scream, smashing and slamming the door to his room.

"He freaked out," said Johnson.

It was at that point that Lew-

is went to Dolan-Aubertin's door and Dolan-Aubertin pulled a knife and pointed it in his face.

"I was like 'no, not happening,'" said Lewis. "I grabbed a hold of his arm and was shaking it trying to get him to drop the knife."

Another resident of Haskell 203, Nik Dejuillo, then jumped in to restrain Dolan-Aubertin.

"We just brought him to the ground to try and calm him down," said Dejuillo.

During the struggle Dejuillo received a slash to his face requiring 30 stitches, while Lewis sustained what Chief

Sherwin described as a "superficial" cut. Lewis also broke two knuckles in his right hand.

"He was reaching for the knife after we had taken him down so I used necessary force to stop him," said Lewis discussing the broken bones.

Residents of Haskell 203 were taken aback by the chaos.

"I didn't even realize they were cut until they were on the ground and blood was dripping everywhere," said 203 resident Mark Manjuck.

After the fight in the dorm ended, Dolan-Aubertin left the

Continued on page 6...

Time to start questioning reality

People from all over the world are pulled by magnet-like forces to the epicenter of modern civilization: New York City. A hub for all that we recognize as a symbol of new-age consumerism and society, New York is truly a majestic enterprise; an energetic container where insight lurks around every corner.

I recently traveled to that very city, to attend an annual journalism conference with a group of Castleton State College students (and fellow journalists for The Spartan, our student newspaper). The conference is held at the Marriott Marquis in Times Square, and offers three days of sessions, during which professionals at the top of their fields speak to us about their experiences and provide us with advice for our future careers.

At two separate occasions during the conference, a "Keynote" speaker addresses a large number of students. This year, the keynote address I attended was given by Terry Moran, co-anchor of ABC News' "Nightline." His speech was followed by a lengthy question and answer session. I stood in line, delicately crafting my question, anxious to hear his thoughts. A man from the front announced that there would be time for one more question -- and it would be mine. I had noticed the wide variety

of very individualized questions that had been asked prior to mine, and I wanted to mix things up; get down to business, so to speak.

I took a deep breath, and asked, "In a world where it seems Sarah Palin's glasses rouse more interest than Nobel Prize winners or intellectual genius, how can we as journalists help to shift our collective consciousness back to more important issues?" He looked on, as I sat down amidst my group again.

He began to tell a story -- to sum it up to its moral value, he stated that even in superficial, seemingly unimportant stories he's assigned to report on, he can almost always learn something, or take something positive away from it. Good answer, but not to the question I'd asked...

He'd directed his answer to the 'dependent' journalist -- as in, a journalist who does not choose his own topics to report on, but rather, answers to a larger network or corporation. I'd asked my question from the standpoint of an 'independent' journalist -- one who chooses her own topics based on what she feels is important, both in her own conscience and for those who her news coverage immediately affects. My question had been directly aimed at changing the actual content of mediocre and

harmful news; clipping it at its source and re-modeling the world of media as we know it, from a critical journalistic angle.

Granted, I understand that his hands are tied -- he works for a network corporation. He doesn't get to choose what news he reports on. But, he did choose to not have a choice.

The example I'd given in my question (about Sarah Palin and her 'stylish' glasses) was one I'd witnessed mere months ago. Fox News had a half hour segment dedicated solely to discussing the widespread excitement about the former-nominee's choice in eyewear. I understand that people like fashion -- but on a 'hard' news channel? The aspect of the segment which upset me the most, was the anchors' banter and conversational tone regarding Palin's glasses -- they were responding excitedly to emails, texts, and phone calls about the topic -- and passing it off as 'news.'

My question still stands. How can we as journalists ward off the pressing non-newsworthy content which it seems society and the media are eating right up? Why is money and fashion at the forefront of our minds, when we should be resting more importance on the moral value of the media and its positive effects on the people viewing it? If I were to answer

my own question, I would say that a lot of the problem has to do with big networks and corporations being in charge of the 'news' that we come into contact with. As much as we'd like to believe that ABC, NBC and FOX news are separate entities with different stances, they are all tied together by similar ideas -- it's how the ideas are regurgitated into news that they differ.

As journalists, what should our goals consist of? Should we aim to join a network and take on the network's voice as our own? Granted, this would insure us personal and financial security. Or, should we fight long and hard to become independent journalists who raise awareness about the content we feel is important to the masses, but in turn have to contend with a minimal paycheck and a vast number of oppressors?

How do we shift consciousness as a whole? How do we as journalists get the audience to care about something more than a silly pair of glasses? How do we get people to pay attention to the intellectual insights of our generation versus the hot, young, new celebrities? When will people start to want quality versus quantity?

Walking down the street in the City, I couldn't help but notice all the faces of passers-by aimed at the

ground, hands in pockets, and designer handbags and briefcases on arm. These people seemed to be tuning out -- avoiding making a stir, going with the flow, and successfully blending in. Has this very image become the mask of the media too?

If all of these people in the city are willing to "go with the flow," why can't we direct that flow to a positive place? As journalists, we've become the dam-builders. Not everyone has the desire to affect others, and are therefore somewhat willing to allow their perspectives to be undermined. Everyday, my sense of responsibility grows stronger -- to eradicate the stereotypes and ill-perpetuations of our modern existence, and instead aim to raise thought-provoking insight into how we might lead more sustainable lives; a shift that comes from within.

It might do a New Yorker some good to take a trip to Vermont, spend a weekend at a cabin in the woods, and practice some introversion. The change begins when one realizes, that what's going on inside is important enough to be shared on the outside. You can't tell mainstream media networks to do that -- I have a feeling it would be lost on the grid.

-Shelby Lacroix



JAMIS LOTT

Letter to the Editor

An Open Letter to the SGA,

On March 16, I and other students met at the campus center front desk to purchase \$25 Red Sox tickets. There had been a great deal of excitement since Melissa Paradee sent the e-mail out on March 10.

There were 70 tickets advertised, no reservations allowed, no buying more than one, no exceptions. A first-come, first

served deal. Fair enough, but when the official line formed we were told there were only 48 tickets left. Why?

The Student Government Association, those responsible for the deal, had purchased 22 of the tickets already.

I was shocked, and more than a little angry -- and I wasn't alone. I got my seated ticket. I had an early spot in line so this isn't about that.

It just strikes me as grossly self-serving for the SGA to use our Student Activity Fund to purchase tickets for the student body and then snatch up nearly a third of the tickets before anybody else had a chance. How is that fair?

If the SGA had only advertised 50 tickets and let it be known the SGA got tickets as thanks for the service they've given, that might have flown --

and encouraged more people to run in the future -- but they didn't.

The SGA, or those 22 members (the majority of them), ethically, should have waited in line with the rest of us. That is only fair.

Waiting on an explanation,

-Myles Mickle (or The Rest of Us)

Prom fiasco

In our society today the 'biggest thing that we supposedly pride ourselves on is being so diversified and accepting of everyone. Well, if this is the case then why is that not a common thought throughout everyone? It's one thing to have a different opinion and reason behind what you believe, but it is a whole other spectrum to hold a grudge against someone for being different.

Mississippi is the state that is in the limelight right now for being prejudice against homosexuals. Granted, the south is supposedly known for being old school and for having their morals strictly Bible based, but they have stepped over the line.

In Jackson, Miss., high school senior Constance McMillen was told that her prom would be cancelled and that it was all her fault -- just because she wanted to bring her girlfriend who wanted to wear a tux. Prom is something that almost every single high school senior experiences and is one of those memorable experiences that mold your high school career. Itawamba County School District told McMillen that she was the reason why her prom was going to be cancelled. Ridiculous.

Girls can go to prom and

wear the most scandalous outfits and dance dirty, and the chaperones seem to be fine with it. They can be in love, but only if they are a boy and a girl. McMillen may be in love with her girlfriend, but she can't join in on the tradition of prom strictly because of sexual orientation.

The part that seems to be the most ridiculous is that McMillen did not even need to tell anyone her plan. She could have had a friend invite her girlfriend as their date, and just met up there. But, it is the moral of the matter. McMillen stated that her father told her just to be proud of who she is and not hide it.

So, when this occurred McMillen sued the school to hold the prom. She stated that she honestly did not think they wouldn't hold prom because they had spent so much money on it.

For a country that prides itself so much on being so accepting, it seems a bit ridiculous that the mentality that everyone is different and different things make people happy just can't be grasped.

So let's go United States of America, live up to your diversified reputation.

SOUNDING OFF

Upcoming Events:

1st Opportunity

Jesus Christ Superstar
April 14-17 at 8 p.m.
April 18 at 2:00 p.m.

Casella Theater - Ticket Required

2nd Opportunity

Tuesday, April 20
Floorlords Urban Dance Theatre
7 p.m.
Casella Theater

And looking ahead... to Monday, April 26th at 7 p.m.: Come listen to John McCardell speak about the organization he's founded to promote lowering the legal drinking age.

From Incognito, the evening performance written and performed by Michael Fosberg:

Those in the audience were asked to reflect on the impact their own heritage has had on their identity.

My mother and father came from completely different backgrounds. My dad is a Catholic, Italian and my mom is a Jewish, Russian. With this being said, I think this huge difference opened my eyes to different cultures and religious backgrounds. I believe I am more tolerant to all religions and heritages. All in all, I think it has made me a much better person. ... I have seen the harsh stereotypes that surround the Jewish community and I pride myself in learning and being respectful of all backgrounds. -Dan Regino

From Dr. Adam Chill's Phi Eta Sigma Lecture: "None but the Brave Deserve the Fair": Women and the Making of Modern Boxing

The question posed was "Why is boxing so closely associated with men and manliness?"

Well, during the presentation it was mentioned that it was probably due to the British loss of the American colonies and the needed surge of nationalism, and I agree with this probably being at least the main reason. And since sexism was still somewhat prominent back then, the nationalism was thus rewarded to the men boxers, rather than the women. I just hope that in our modern society we can recognize ourselves as more intelligent and put such sexism behind us. -Camille Peasley

He exhibited that men became "the symbol" of nations during the late 1700's. Women took roles as spectators who sat on the sidelines. These roles have not changed much, even today. Also, male reporters then, and even today have given misrepresentations to women who box. Through more eye-opening education, these roles could change and women could become more closely associated with boxing. -Marshall Oechsner

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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One step closer to having a skatepark

By Kyle Turner
Castleton Spartan

That little fenced-in slab of concrete behind Morrill and Wheeler Halls was supposed to be filled this semester with mini-ramps, grind rails and other small skateboarding props.

School officials, however, say that the price for all the

equipment students wanted was too high.

"We got an estimate from a company that we thought was too high to pay for what we were getting," said Dean of Administration Bill Allen.

Now that the weather is getting warm, students are out once again skateboarding by the library, in the roads and maybe even over by the football stadium and the proposed skate park is still just a slab of fenced in

concrete. "I'm just curious as to why they still haven't finished it? I mean it has been sitting there for quite a long time," said Matt Schlieper, a sophomore and avid skateboarder.

Although some skateboarders seem to be content without a park, it was a hot topic last semester, according to Bill Allen.

"What I want is to get a group of students together sometime during N-period and discuss what they want to have put in

there. This way we can try to get a fair price and get what the students want," Allen said.

Allen said the skate park could be finished by the beginning of fall semester so that students can enjoy it when they come back. Any student who wants to be part of the park planning should contact Allen via e-mail or by calling him at 468-1214.

Fresh Perspectives



Jill Bassett

Soundings is a good and a bad program in my opinion. It's cool to be able to go to plays, speeches and shows for free, but what stinks is that you have to go to six events, write a paragraph for each and all of this for one credit a semester. It's also hard to fit six soundings into our busy freshmen lifestyles.

For Soundings it always seems like no time has passed in the semester and before you know it people are saying "there's only a few Soundings left."

Luckily for me I have four Soundings completed!

At least Soundings is mandatory for all freshmen so we all have to face it together and even if your major is undeclared, like myself, you can still enjoy the perks of Soundings.

I know other freshmen like me that just don't know what to major in. I have no idea what I want to do for the rest of my life or what I want for a job.

I want to wake up every day and be happy to go to work and I simply don't know what profession would make me feel this way.

While some people say, "don't worry about it yet, you still have time to figure it out, just focus on your core classes." Others are saying, "why go to college if you don't know what you're here for, don't waste your money."

What a predicament that puts a freshman in. what a huge decision to make.

And not only are you worrying about life changing decisions like what to major in but also have to worry about self-image concerns like the freshman 15.

How many freshmen go home over break and hear, "have you gained weight?"

The freshman 15 is when a first-year college student appears to have gained about 15 pounds from eating too much/unhealthy and not enough exercise.

It's hard not to fall into the statistics and be one of the many who gain the freshman 15. This is all caused by those late night munchies, breakfasts consisting of greasy sandwiches, and all the unhealthy food choices at Huden.

At least students are walking back and forth across campus everyday to get to our classes, and getting some exercise. Other than that it's hard to free up time for exercise with all the responsibilities of homework, class, on and off campus jobs, sports and all the other various activities freshmen take part in.

College and all the expectations people have for freshmen can be pretty overwhelming and it's even harder when you throw in all these extras.

No better place than Boston on St. Patrick's Day

By Talia Roy
Castleton Spartan

Unless you're flying to Dublin for the night, I doubt you can find a more Irish way to celebrate St. Patrick's Day than in Boston. There's the Irish Heritage Trail, bands like the Dropkick Murphys, tons of pubs -- and of course the Celtics.

It's been about two years since I last saw the Celtics, so I was dying to go again. And what better day to see them than on St. Patrick's Day.

The atmosphere at any Celtics game is enough to make the night a memorable one, but March 17 brings an entirely new feeling to the TD Garden.

First of all, everyone in the city was in a good mood.

"How can anyone be in a bad

mood on a night like tonight?" said Castleton student Jen Miller, who went along on the trip.

There was green everywhere and one local said "Boston should dye their river green."

Everyone was incredibly friendly. It seems to be the one day of the year that people can forget their differences and just all drink, celebrate and be Irish.

The game, of course, was fantastic.

The Celtics beat the Knicks 109-97 and it was clear the extreme energy from the fans helped pump them up and want to win even more.

However, the highlight of the night came not from seeing the Celtics, but from an Irish pub called McGann's on a side street near the Garden.

"You guys ready to rock your faces off?" singer Jake yelled to the crowd.

The band, was called Jaxon Boom, and played an incredibly eclectic set including covers of the Beatles, Rage Against the Machine, Sublime, and of course "Kiss Me I'm Shitfaced" by the Dropkick Murphys, as well as their own original material.

The band's charisma alone would have been enough to make their show entertaining, but they were good too.

Anyone who can sing like Zack de la Rocha and John Lennon in the same night is talented in my opinion.

Their own style is "hard funk'n' rock" according to their Facebook group.

After their set, and an encore that, though the audience made them drag it out as long as possible, still wasn't long enough, it was time to interview band members.

A guy named Dex, vice president of

a local record label, F Nice Records, began chatting as well. His intense energy easily rubbed off on the group that talked about everything from music to the Celtics -- and Boston in general.

Eventually the discussion led to an idea of bringing a couple local Boston bands, including Jaxon Boom, to Castleton for a concert.

"I drink whisky and eat local bands," Dex said while discussing the possibilities of a show on the Castleton campus.

St. Patrick's Day is one of my favorite holidays, and I don't think I can ever celebrate it anywhere but Boston from now on. It surpassed all of my expectations in many different ways.

My roommate Sharon Mathieu summed it all up while at McGann's "What better place to be," she said.

Public Safety Incident Report: March 2010

- 2/17/10 Alcohol in restricted area
Spartan Arena
- 2/28/10 Vandalism
Haskell Hall
- 3/2/10 Drugs
Wheeler Hall
- 3/2/10 Medical
Huden Dining Hall
- 3/2/10 Alleged fight
Ellis Hall
- 3/3/10 Breaking and entering
Wheeler Hall
- 3/5/10 Found contraband
Ellis Hall
- 3/5/10 Intoxicated student
Wheeler Hall
- 3/6/10 Narcotics and alcohol
Morrill Hall
- 3/7/10 Medical- Alcohol
Adams Hall
- 3/8/10 Theft
Ellis Hall
- 3/11/10 Underage intoxication
Babcock Hall
- 3/12/10 Aggravated assault
(see story) Haskell Hall
- 3/13/10 Medical- Alcohol
Morrill Hall
- 3/17/10 Theft
Huden Dining Hall
- 3/17/10 Notice of trespass
Adams Hall
- 3/17/10 Unregistered guest
Medical
Wheeler Hall

Free earth of its pollution blanket

By Kristie Dunchus
Castleton Spartan

On March 11 nearly 40 people gathered into the Jeffords Auditorium to listen to Lesley-Ann Dupigny-Giroux discuss climate change and how it affects the people of Vermont.

Dupigny-Giroux is the state climatologist for Vermont and is a professor at the University of Vermont in the department of geography. Her research interests include a number of interdisciplinary fields including hydro climatic natural hazards and climate literacy as well as the use of remote sensing and GIS (Geographic Information Systems) in the fields of spatial climate and land-surface processes.

Her recently published work includes guest editing a special issue of the journal "Physical Geography," which was devoted to the theme of climate literacy. Some of her other publications examine the use of multinuclear imaging to examine drought stress in New England wetlands.

Dupigny-Giroux enjoys contributing her intelligence to inform the people around her, which is a major factor in why she loves teaching.

"Sharing knowledge and giving back to my community of scholars, peers, students are my two axioms in life," she said. "Watching students

CLIMATE CHANGE FACTS

- ★ The United States contains only 5 percent of the world's population, but contributes 22 percent of the world's carbon emissions.
- ★ 15 percent of carbon emissions come from deforestation and land use change.
- ★ The Golden Toad (*Bufo perigrinus*) is thought to be the first species to go extinct because of climate
- ★ Personal cars and trucks in the United States emit 20 percent of the United States' carbon emissions.

mature and flourish in their four years with us is a great privilege and the best part about being a teacher-scholar here at UVM."

This was the Nature Conservancy's 11th Annual Vermont Natural History Series Event. It was the first time they have ever held the event at Castleton State College.

The Nature Conservancy is the leading conservation organization working around the world to protect ecologically important lands and waters for nature and people.

"We protect plants, animals and their environment," said Mary Droege, the director of ecological management and restoration for the conservancy's local program and is also a part-time professor here at Castleton.

Droege said she very much enjoyed the presentation given by Dupigny-Giroux about

climate change.

"It was great and it was very interesting," Droege said.

Castleton has recently collaborated with the Nature Conservancy and Droege hopes this is the first of many events to be held here at Castleton.

"It's a partnership we would like to continue," she said.

The basics of climate change is the earth is heating up because gases produced from vehicles, power plants, deforestation, and other sources are building up in the atmosphere, acting like a thick blanket over our planet. Everyone can help reduce climate change by doing their part to decrease the emission of heat trapping gases to the atmosphere.

Castleton clubs get their own Web sites up and running

By Myles Mickle
Spartan Contributor

On a Wednesday night, a group of 40 or so students gathered in the 1776 room and were handed fluorescent yellow t-shirts. Most of them knew each other, waving and talking as they found a place at one of the tables piled with yellow backpacks and set before the large projection screen.

Collegiate Links, a networking site for college organizations, is being launched at Castleton State College. All club presidents and as many other club officers as they can

bring, are required to hear the plan.

These students are familiar. They are the movers and shakers of this institution. They are the ones who attend most of the events and they are the ones who organize most of the events. They put up fliers, send e-mails and wait in line in the SGA office to talk to the Clubs/Program Coordinator, Tammy Lattuca.

Lattuca spearheaded the effort to bring the site to Castleton and believes the site, "opens up the whole campus to what's happening and provides an interactive place for students to check out events

and clubs."

The 50 plus recognized clubs and organizations will be able to more easily attract and gain members because of it, she said.

In the past, interested students would have to find out who the club president was and track them down. Now, with a click of a button a student can automatically send them an e-mail.

"It's a great way to bring students together and open them up to new social activities some kids may not have been aware of," said Cherie Pfeiffer, a senior and treasurer for the Arts Students League.

Among the many features of the site are personal message boards for each club.

"It's an easy way for the whole team to know what's going on," said Meghan Daly, a sophomore and president of Women's Rugby.

"We also were able to know if we got our funding a lot faster," Daly continued, talking about the finance tracker.

In the past, clubs would have to wait as long as week after the Finance Board met to know if they were approved for funding. With Collegiate Link, clubs always know exactly how much money they have available to them from

their own fund-raising or given to them by the SGA.

Talia Roy, a senior and president of the Spanish Club is enthusiastic.

"This is going to change everything. I think most of the clubs need more people to get involved and this site gives them the opportunity," she said.

The new website is at <http://castletonclubs.collegiatelink.net> and is on the club page on the Castleton Home Page. Students must sign up on collegiatelink.com to participate.



CAMPUS NEWS

Campus Quips



Megan Harris

Question: What is one thing you hope to accomplish before you die?



Kayleigh Oldham

Buy a house on the beach.



Shannon Thomas

Make-out with a Bruins player.



Ryan Decoursey

Graduate College!



Nick Robitille

I want to be a professional drummer.



Candis Machia

To be a successful actress



History of the vibrator at CSC

By Kelsey LaPoint
Castleton Spartan

With Women's History Month in full swing this March, C.H.A.N.G.E. (Creating, Honoring, Advocating, and Nurturing Gender Equity) recently showed a very interesting and illuminating movie. The movie, "Passion and Power: The Technology of Orgasm," revealed the social, political, historical and sometimes comical aspects of the vibrator.

The film involved feminists, historians, and feminist historians, along with lawyers, sex toy party advocates and regular women.

Before vibrators, dating all the way back to the 1600's, there was a "massage technology" that doctors invented for hysteria. Hysteria, interestingly, was not the kind of hysteria we think of today: it was actually "the revolt of the uterus against neglect." The symptoms of hysteria seemed to include just about everything that affected women— from yawning and itching, to reading French novels while wearing a tight corset and disagreeing with one's husband. Any indication could be a sign of hysteria — naturally, they had a gratuitous amount of patients who continued to be sick and ironically it usually included virgins, young widows and women with impotent husbands. The treatment for hysteria was massage therapy, which was usually handled by a midwife or doctor until the woman experienced "paroxysm." In other words, an orgasm.

Logically, since they had so many patients and it took time to — ahem — "treat" these patients, doctors eventually invented the vibrator. This allowed them to treat many patients in a short amount of time and allowed for more cash flow. One of the historians interviewed in the film retrieved an

example of one of the first vibrators, which looked very similar to a pepper grinder and was operated by a crank.

Vibrators developed later and utilized different types of technology: electrical, mechanical and even hydro. By the middle of the 19th century, almost any company which produced hydro technology was producing some sort of douche therapy or apparatus. In fact, J.H. Kellogg (yes, that would be the founder of Kellogg cereal) apparently had a spa in Michigan that utilized these douche apparatuses. Think about that when eating your morning cornflakes.

In 1883, doctors started to use the electrical vibrator. Before that in 1869 people used the steam-powered vibrator dubbed "The Manipulator." This device was a little cumbersome because an assistant would have to shovel coal into the machine that consisted of a table, with a hole slightly down from the center of the table and — well, you can use your imagination. Then, popular companies like Sears Roebuck, General Electric and Hamilton Beach began marketing electrical massage devices to women when rural electrification became common. Some of these devices had a motor that could be detached from the massaging device and attached to anything from a fan to an electric iron. Talk about multi-tasking.

It is interesting to note that before the 18th century, the vibrator might



Jaklyn Van Manen

"Women's sexuality has been ignored and lied about for basically thousands of years."

with the Women's Rights movement that women began changing history.

Betty Dodson, a feminist interviewed in the film, began teaching sexuality workshops in the 1960's that mostly taught women about orgasms — specifically how to have them. Her workshops were very extreme for the day and she later threw sex parties in her New York City apartment.

It was workshops and widespread teachings, like the ones Dodson and many other feminists did, that allowed Joanne Webb (a Former Board Member of the Committee of Commerce and elementary school teacher in Burleson, Texas) to sell vibrators and hold "passion parties" for a part-time job. But, interestingly, she was called to turn herself in and pay \$1,500 bond because selling sex toys was the "promotion of an obscene device." She later found out she sold vibrators to undercover police officers. Apparent-

ly, there weren't enough drug dealers in the surrounding area to keep them busy, so they decided to turn their attention towards the lady who sold vibrators.

Webb could have faced a year in jail and a \$4,000 fine, but the real kicker was that she wouldn't be allowed to teach. Subsequently, she discovered later that if the vibrator is given the euphemism of "cake decorator" then it is legal to sell them. With the conclusion of the movie, a note appears on the screen that informed the audience about Webb's plight. In 2004, the charges were dropped, but Webb had to file for bankruptcy because of other financial problems. It also added that in Texas, Georgia, Kansas and a handful of other states it is still illegal to sell vibrators — but they can sell Viagra.

"It was really good and I didn't really know the history of it," Sharon Mathieu commented after the film had ended.

"Yeah, I didn't know it went back that far and that it was called hysteria," Talia Roy said. "Some of those things were scary-looking though."

Jaklyn Van Manen, an organizer for the C.H.A.N.G.E. initiative, summed up the purpose of the video quite nicely with the ending of the film: "Women's History Month is all about shedding light on history that has been ignored, and it's still a very important part of history. I think that women's sexuality has been ignored and lied about for basically thousands of years," she said. "It's good to shed light on it and reclaim their sexuality."

So when you take a trip down to "Leather and Satin" in Rutland — just remember that you have the liberty to buy a vibrator in Vermont and not a cake decorating device.

If your vagina could talk, what would it say?

By Maria Arnot
Castleton Spartan

How about: start again. No, over there. Think again. Don't stop. More.

Or, remember me? If your vagina got dressed up, what would it wear?

Silk stockings. Mink. A pink boa. Something form fitting. Emeralds or sequins.

These are just several of the answers that women around the world responded with when posed with Eve Ensler's questions for her collection of the Vagina Monologues.

On March 11 Castleton State College held its own performance of "A Memory, a Monologue, A rant and a Prayer," which is the sequel to Ensler's Vagina Monologues.

The performance was sponsored by the Women's Studies and C.H.A.N.G.E groups at Castleton, and was directed and produced by SaskiaHagen-Groom, who works at Rutland's Paramount Theater.

"I have done two major

productions of the Vagina Monologues at the Paramount for the past two years" said Groom. "But I wanted to do something different this year."

Although not as famous as the original "Vagina Monologues", "A Memory, a Monologue, a rant and a Prayer," has one pretty distinct and intriguing aspect to it — it is the only production by Ensler that allows men to come onstage.

"I love the fact that the men [who were of all ages] were willing to put themselves in a potentially uncomfortable situation—all because it had heart," said Groom. "To have men was fantastic."

For the production, author and playwright Eve Ensler collected essays on the subject of violence against women from a group of popular writers and playwrights, including Maya Angelou, Michael Cunningham, Dave Egger, Jane Fonda and the late Howard Zinn.

Each performance invited audience members on an emotional roller coaster, exploring

a variety of human emotions.

"It is a very, very heavy and enormously difficult performance to pull-off," said Groom.

The collection of monologues featured Maya Angelou's "women's work",

Michael Cunningham's on self-mutilation, and Dave Egger's monologue which illustrated a Sudanese abduction.

"It was very challenging because this show is based on a book which had over 60 monologues to choose from," said Groom.

This performance contained less than 20.

"I thought it was both powerful and moving," said sophomore Tiela Robert. "I liked how they were serious about the topic but they also brought humor into it."

The cast was composed of community members, actors from the Paramount Theater and even Castleton's own faculty members including communication professor Sanjukta Ghosh and part-time faculty member Burnham

Holmes.

Many of the performances were heavy in nature, but Groom managed to sprinkle in some humor as well.

The last skit of the night was performed by Castleton resident Marsha Cassel. Entitled "tribute" the monologue was one about a woman who loved "pleasing women."

Cassel's monologue required her to make a vast array of moaning sounds, displaying which types of women she pleased and what kind of moans each one woman possessed.

"This performance really benefitted Castleton because it brought the issue of sexual violence to the forefront," said sociology professor and co-chair of C.H.A.N.G.E Linda Olson. "It also prompted interesting discussion in the community, which is also nice."

All proceeds from the performance were divided between training for Peer Advocates for Change students and the Rutland County Women's

network and shelter. All in all, about \$500 was raised.

Although numbers were slightly low in the audience, Groom has some ideas in mind for next year, with hopes of potentially making one of her productions a soundings event.

Groom said that V-day is launching a new movement, the "Vagina

Monologues Junior," featuring stories of high school girls. She hopes to either put on this performance or the actual Vagina Monologues next year.

"I love producing and directing with heart—with the fundraiin it," said Groom. "Theatre should be a vehicle to get a message along, especially in a show like this. It is not an issue of women, for women, by women....it influences everybody."

Getting fit in the Castleton pool

By Jessica Lawrenson
Castleton Spartan

The pool area becomes filled with upbeat music, instructions and chatter of women.

Waves move about the pool as the women enter it and follow the instructions of the hydrofit program instructor, moving freely in the water and using foam noodles, water resistance weights, and floating belts if desired.

Participants all have their own reasons for showing up to this exercise session. Maureen Burke attends hydrofit classes at least four days a week and has been coming to Castleton to get her work out for about 18 years.

"I come for my sanity. It is a good stress reliever and you make a lot of friends," said Burke while walking down

the stairs and into the pool.

While waiting for the workout to begin, the women were talking about what to do for the birthday of fellow participant, Nancy Merkel.

"A lot of us come for the camaraderie. We did not even know each other before we came here," said Merkel.

Merkel recommends the program to everyone. She said they welcome people of all shapes, sizes and ages. This type of exercise is good for anybody who has any problems with pain because there is no impact, explained Laurie Knauer, instructor of the Tuesday night hydrofit sessions.

Participant Bonnie Bean has fibromyalgia, which causes pain in the body tissue. Exercise is important and the pool is the only kind she can do. It helps her relax, she said.

"When I don't come, I don't feel good," said Bean.

Some participants, like Audrey Hathaway, have even been advised to come by their doctor, in her case to ease the pain of arthritis.

But the program isn't just for older women, it's great for injured athletes as well explained Knauer.

"You can make your workout as hard as you want it. In the water there is seven times greater resistance than when you work out in the air, but you do not feel the soreness like when working with weights," Knauer said.

There are at least two classes a day Monday through Friday and the women who already attend are welcoming and say they love when students partake.



JESSICA LAWRENSON / CASTLETON SPARTAN
Students and community members participate in hydrofit at the Castleton State College Pool.

TBA performers lovin' the stage

By Jamis Lott
Castleton Spartan

In a two-day jamboree on March 12-13, stage crew, musicians and spectators merged once again for this year's Total Backstage Access.

The array of talent spanned from graduated students like Julian DeFelice, Collin Kelley and Ken Holmes, to Castleton professors like Robert Wuagneux and Phil Lamy. There were also local groups like Face Plant and Shuga Loaf and newcomers to the Castleton music scene.

There was comedic rap stylings, beat boxing, free styling, '50s style rock and jam bands.

Tides of people ebbed and flowed during the switching of acts. The crowd consisted of friends of the bands, teachers, crewmembers and other performers. And although the crowd tallied 35 people at best, each group played with full enthusiasm, with a respectful cheer to follow.

The lighting was near professional, thanks to the director of TBA, Chad Voghell and the loyal "crew." All along the floor was a checkerboard design in light. The sound echoed up to the momentous ceiling, far past the starry lights above. Drastic shadows of the band ran up the giant stage curtain that separated the back stage event from the rest of the theatre. The open range dance floor made it easy for dancers to twist and twirl without the risk of collision. Even crewmembers got a chance to dance.

"The sound quality was a reinforcement," said solo guitarist Ben Guihan. "It was right on and everybody seemed to know what was up. All you have to worry about was your perfor-

mance. Very high quality."

The event was laid back enough for groups to pull out material they had never played before and to openly make mistakes and start over, and keep their humor when mishaps aroused. The crowd never ceased its support.

"If you have talent," said former student Julian DeFelice, "you should sign up and see if playing to a crowd is something you like to do."

"People get to bring out new material and be brave about it," said Jake McLaughlin, pianist of the band "The Hairy Men," a name that band members Pete Ginter, Cody Palmer, Keith Haley and McLaughlin were still tampering with. "It's a great sensation to be able to get up on stage and show people, 'this is me, and this is who I am.'"

Communication professor Robert Wuagneux took his solo act to the dance floor, where he paced about the room and got the crowd to sing along to classic rock along with some of his own melodies.

"They (TBA) hook you up and make you feel like you've been on the road for years," Wuagneux said. "It brings out the younger people and lets them do their thing. So sign up and go for it."

Closing the first night and opening on the 13th was the dark and hard hitting jam band Shuga Loaf, with nameless songs that threatened the 20-minute time limit. Each song was so long that they could only fit two songs in the first night, three the second night. If given the chance, the band would have kept playing all night.

"If you missed it," said Ben Guihan "you should see it next time."



ANDERS AX / CASTLETON SPARTAN
Professor Robert Wuagneux belts a tune at this year's TBA on Saturday March 13.

Jesus Christ Superstar expected to wow audiences

By Olin Schumacher
Spartan Contributor

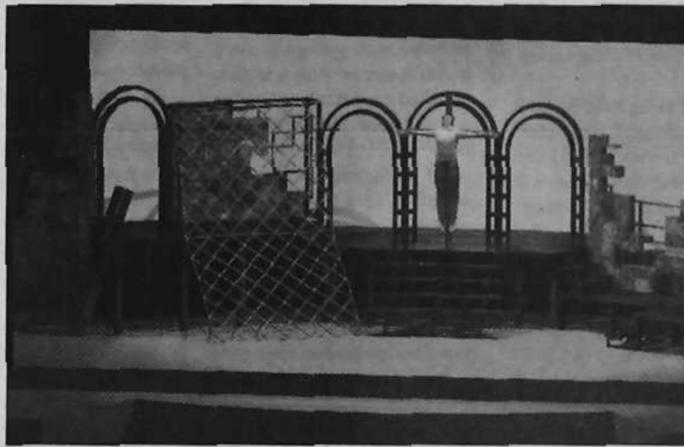
Castleton State College students will soon be treated to what theater students and faculty are calling a "crowning achievement," the showing of Jesus Christ Superstar.

The play, to be performed on April 14-15, will be "unbelievably good," said theater professor Harry McEnery. The story begins with Jesus arriving Jerusalem and ends with his crucifixion. The play is based on Andrew Lloyd Weber's 1969 musical that depicts the interpersonal struggles of Judas and Jesus.

McEnery, who has been working with the production team since November, explains that depicting a story through song and dance can be one of the most powerful forms of communicating with an audience and is the most effective way to tell this biblical tale.

"Music works well when characters communicate through a place where they cannot express it any other way ... sometimes even noises and screaming help vocalize this message," he said.

He also stressed the amount of coordination it takes to put together



COMPUTER ILLUSTRATION BY LOUIS RIQUELME

a play of this magnitude. Close to 40 performers, 16 backstage hands, an orchestra, and 10 people on a production team make up the crew for this play totaling more than 100 members.

Louis Riquelme, assistant to the technical director and student at Castleton, furthered McEnery's thoughts.

"There is more work that goes into one of these departmental shows than people really see. We started having our 'designers meetings' before last

semester even ended ... We spend more hours thinking about this production and listening to the music than most people spend sleeping," he said.

Riquelme also worked endless hours in his office constructing a three dimensional model of the set. His renderings depict a raised platform set littered with archways, stair sets, brick walls and pipes. He used a genre and style that he explains is called "steampunk."

"Defining steampunk can be a

confusing topic to handle. The way I've been explaining it is actually quite simple. If you take a look at the Victorian Era, and you take in their style of clothing, along with the ideas they had, chivalry and the like, and then ask yourself: what did they think the future would hold? That is steampunk. Industrial, mechanical, hard working, goggle wearing, grease covered people; but still in their traditional clothing," Riquelme said.

With this theme in mind, McEnery stumbled upon an odd stage piece after speaking to art professor Rita Bernatowicz. The object is an oversized nut, an uncommon and perfect addition to the steampunk theme. It belonged to recently deceased Castleton sculptor and professor Gary Fitzgerald, who Harry describes as having been enthusiastic about the theatre art performances at Castleton.

"He would always stop by my office to visit ... had a great booming voice, great personality, he was a great guy," McEnery said.

He's not sure exactly where on the set the nut will appear, but he said it will serve as a great addition and a warm reminder of his colleague.

Movie review: Alice In Wonderland



Meghan Dufour
Castleton Spartan

The revolutionary director Tim Burton has done it again. He has taken yet another well known story, and turned it into a fantasy filled movie, but this time it's 3-D.

Bright colors, pale people, and mad minds occupy the new world that Burton has created in his latest film.

In this version, things have dramatically changed from the tale that we can all remember. Alice, who is now 19, is sick of being told what to do and how to be "proper," so

she follows a suited rabbit out of her engagement party, right at the moment of the proposal from her appalling suitor. She then falls into the rabbit hole she once visited.

She goes through the usual protocol of trying to squeeze her body through a small door that enters into this mysterious land, which is actually named Underland. This new world is full of hookah smoking caterpillars, speaking flowers, disappearing cats, people with abnormal sized body parts and a Mad Hatter, whose eyes serve as mood rings.

After experiencing all the turmoil in Underland and the struggles of her strange friends, Alice must make the big decision whether or not to battle the heinous creature in order to return things to the way they once were.

At the first sight of crooked teeth, sunken eyes and washed out colors, it was obvious that Burton wanted to add his little

rare touches to this film, just like all the others.

But Burton took no chances with this film, which can be displayed by the casting of his two loyal usuals, Johnny Depp and Helena Bonham Carter. These days it is getting hard to see a Burton film without one of them. But these two Burton favorites weren't the only big names in film. Alan Rickman, Anne Hathaway, Crispin Glover and Mia Wasikowska all joined onto the project, making it a rather unique cast.

Almost a perfectly quirky story, until they added a random Mad Hatter dance scene to throw off the flow of the film. Regardless of that brief oddity, Burton has proved why he is one of the best directors in the business and why so many people adore his work.

This is a movie that you must experience in theaters.

Book Review: The Big Over Easy



By Wendy Young
Castleton Spartan

"Humpty Dumpty sat on a wall..." "Jack Spratt could eat no fat..." "Mary Mary quite contrary..." What do these nursery rhymes have in common, other than the fact that they were written by Mother Goose? Normally, nothing. However, in this case the connecting factor is murder.

When Humpty-Dumpty is shot off his wall, NCD (Nursery Crime Detective) Jack Spratt and his new partner, Mary Mary have to solve the

crime. It did not help that by the time his landlady (one Mrs. Hubbard) found the shell, it was hours after the crime had taken place, and it had been raining. With not too many clues, Jack and Mary are almost ready to give up. But then they begin to suspect that there is more going on than meets the eye. And what does the beanstalk growing in Jack's mother's garden have to do with anything?

The Big Over Easy is the first book in the Nursery Rhyme Crime series by Jasper Fforde. Intelligently written, favorite fairy tales are mashed together in an adventure that is hard to forget. If you like the book, do not forget to check out the special features! Each book by Jasper Fforde has special features pages on his website. However, if you do not read the book, you will not be able to access the special features since there is a question that must be answered first...

Senior Style



Molly Fraher

Vermont is notorious for having long, cold winters. People know this. It's not a big secret.

But doesn't that harsh winter only make us appreciate the coming of spring that much more?

This past week, Mother Nature decided to give us a special treat. Many students sat in class, daydreaming about what fabulous things they could be doing in the sunshine, cool breezes and warm temperatures that taunted them from the windows.

Each nice day lured more and more people out from their winter hibernation.

Students filed into gazebos and caught up with one another before class, enjoying the sunshine. Dog owners went on extra long walks with their four-legged companions, and professors didn't mind the walks to their cars.

Has spring arrived? Or will we witness another decent week, only to have harsh, crisp temperatures thrown in our faces again?

It seems that all too often we get a taste of nice weather, and then crave it. We crave it like a drug, we need it in our system because we get ideas in our heads, make big plans and then bank on the sun shining down.

In recent years, we've had nice weather come and go, tease us with a few nice, warm days and then drop the temperatures back down lower than we'd prefer.

There are people however, who dread the spring, which brings about the end of the winter season, and with that, the end of riding and skiing. But most of the die-hards accept the fact that the weather change is inevitable and have no one to blame but themselves if they didn't put in enough time at the mountain.

For people who can't tolerate the twenty-degree temperatures, spring signifies the coming of summer, which sparks their interest and gives them something to look forward to.

Soon enough, we'll be seeing Frisbees thrown around, people playing catch, and maybe a few games of volleyball or pickup basketball out on the blacktop.

Athletes will finally be able to break free from the treadmills and venture down paths outside, getting their cardio for the day while soaking up some rays in the process.

Professors can choose to have their classes outside, allowing their students to sit in the green grass while reading their novels.

The warm weather brings people together when you think about it. It does its job as a social networking tool by demanding people venture outside and make contact with one another. Who can turn down a barbecue or driving to class with the windows rolled down?

Most people can't.



FRONT & BACK

Students react to knife incident on campus

Continued from page 1...

suite and exited the building. "I was right outside the building and heard it all happen," said senior Michael Baldino. "He (Dolan-Aubertin) came walking out and hit the emergency blue light in front of Huden and just kept walking."

Dolan-Aubertin was apprehended when police went to the female student's suite in Castleton Hall.

"They (police) were questioning me in her common room and when they asked

who it was he (Dolan-Aubertin) walked in. I pointed at him and said 'that's the kid,'" said Johnson. Dolan-Aubertin was handcuffed and removed from campus.

CSC Spokesperson Ennis Duling said that Dolan-Aubertin has been barred from campus grounds and a notice against trespass has been filed. Also Duling noted that the student will face a disciplinary hearing with the dean of students who will determine what disciplinary action will be taken.

Public Safety has turned information from its investi-

gation over to the dean of students.

"We have statements. We know what took place and it was turned over to police," said Director of Public Safety, Bob Godlewski. "We spoke to the person involved and there were no denials."

"The position of the College is that students have due process for disciplinary action," explained Dennis Proulx, dean of students. "The student (Dolan-Aubertin) has been temporarily suspended from campus, pending a hearing," said Proulx.

Since there is a possibility

for dismissal, the hearing will likely be an All College Committee, or Dean's Hearing, closed to the public.

Overall students were shocked to hear of the incident.

"It caught me by surprise because I just don't expect that to happen here. Everyone usually gets along really well," said senior Henry Ireland.

Many students have already made a disciplinary judgment of their own.

"I think he should be kicked out," said senior Mike Strong. "A knife can be just as deadly as a gun," he added. "When

someone uses a knife it's a different kind of crime."

Krista Goddard, a sophomore agrees with Strong.

"I feel like if they let him back on campus the college is going to get a lot of crap," she said.

Other students don't know where to stand.

"I think it was just a weird act of aggression," said Baldino. "I know all of them. I really wouldn't expect it."

Dolan-Aubertin and the female student involved did not respond to contact attempts through e-mail.

College officials are happy

overall with CSC's pro-active response to the incident.

"Officers did a tremendous job," said Godlewski. "I was in contact during the event and they handled it terrifically. Because of the Public Safety officers involved the situation didn't threaten the safety of the campus."

"We try to cover stuff like this in training," said Mike Robiloto, Director of Residence Life. "I feel the staff responded well. It could have been a lot worse than it was without the fast response."

Huden getting fresher

By Andrew Lezzer
Spartan Contributor

For years, Castleton College students have complained about eating the same old "stale" menu, said Michael Williams, director of campus dining.

Soon, he said, that's going to change!

Since he came to the school 18 months ago, Williams has been working with the staff and students to make the dining experience more fun.

Now he's also trying to make the food fresher.

Recently the Aramark Corp. and Castleton State College have teamed up with the Vermont Fresh Network, an organization of local farmers and food producers who try to build stronger relationships between local communities

"The organization has seen a huge change in college participation over the past five years," Vermont Fresh Networks' Meghan Sheradian said. "It's great the students are getting involved, and that they understand how important it is to buy local."

Aramark and its staff have been working hard to get more local quality foods on Huden tables, Williams said.

Some students feel that the food is starting to get better, "but it has its days," said Castleton junior Tony D'Ottavio.

Others, however, say the food is still the same as it has ever been.

"It's showing little to no improvements," Joel St. Amand said after being asked his thoughts about Huden's progress to get healthier; better tasting foods on their tables.

Little do the students know, but Huden is involved with at least three local farms and the staff has increased local purchasing by about 40 percent, Williams said. The staff is not only trying to give the students more variety and healthier choices, but "we really want the kids to be involved," Williams said.

From themed dinners to scheduled events, Huden is trying to do anything possible to attract students. Recently Aramark held a 3 for 1 themed dinner with various decorations to celebrate holidays including Mardi Gras, Valentine's Day,

and President's Day. In March, Huden is hosting a hot wing eating contest. There will be a special guest announcer and referee, and tons of prizes like hats and tee-shirts for the contestants, Williams said.

Another exciting event being held in April is the "Throw Down Challenge." It's a competition between faculty members who feel like they can whip up a mean dish. There will be student judges and tons of prizes, Williams said.

"Even if you don't compete, come and watch. It will be a lot of fun," Executive Chef Lisa Brown said. "It's all about you students."

"It's great the students are getting involved, and that they understand how important it is to buy local."

-Meghan Sheradian



WYATT ALOISIO / CASTLETON SPARTAN

Spartan reporter Shelby Lacroix asks ABC's Terry Moran a question after his keynote speech at the College Media Adviser's Convention in NYC on March 15.

Student asks Moran a question

Continued from page 1...

tion that it was going to begin with full frontal nudity, and end with profanity - and it did. It started with a picture of naked protestor's and ended with a scene from Pulp Fiction.

"If it's gonna be my presentation, then damnit there's gonna be pubic hair!" Koretzky exclaimed.

It was Koretzky's fifth year at the convention and he said that he gets more and more bitter and profane as time goes

on.

The next day hosted a keynote speaker from ABC Nightline's, Terry Moran. Moran spoke about all the new and instant sources of media such as blogs, news outlets, web outlets, and tweets. All the new sources, Moran said, are the cause to journalism's struggle.

"What counts as fact is what they prefer," Moran said. Then Moran spoke the words that many of the students were thinking.

"Journalism is dying," Moran said as he explained that

ABC is cutting 400 jobs.

But Moran would inspire the students with a challenge.

"Resist temptations of shouters and go discover a world as it is," said Moran. "Discover the facts."

We're living in a republic of noise that thrives on absolutist shouting and name-calling."

Moran closed his inspiring speech with a statement that rang in the students' ears.

"I greet you at the beginning of a great career," Moran said.



WYATT ALOISIO / CASTLETON SPARTAN

President Dave Wolk's house (left) overlooks the school's new rugby pitch.

Rugby from the President's porch

By Mark Manjuck
Castleton Spartan

The Castleton State College president's lawn is being turned into a rugby pitch and the men's and women's club teams on campus couldn't be happier to finally have a home field.

It has been four semesters since they have been able to play a game on their own campus, having been forced to travel to Rutland every Saturday.

"It's a pain in the ass," said Brook Choinere, treasurer of the women's club rugby team.

She takes a deep breath before continuing "Yes, I am happy to be getting a new pitch where we can play on campus, and everyone can now come to our games."

Sean Gwinner, a former captain of the men's club rugby team, echoed Choinere.

"Driving to the pitch in Rutland is not only an inconvenience to our team, but to the teams that we play because the pitch is hard to find and the other teams get lost. It's hard for our friends to come to the game," he said.

Both teams agree that another reason to be excited about the new pitch on campus is because it will increase interest in rugby and encourage other people to join the team. Furthermore, it will attract more fans since the campus pitch will be much more accessible by the entire student body.

"I have never gone to a rugby game here at school. The main reason is because I don't know where they play," said Courtney Ianni, a sophomore. "Why don't they have a field? The football team just started and they have a huge field. I don't know why they can't use the football field like all the other teams do."

Just like Ianni, lots of other students said they have no idea where the team plays. Only a select few who are good friends with team members know where the field is, but still many of them are unwilling to go because of the drive.

"I think that having a rugby field on the president's lawn is cool, and it's nice of him to let the teams use it," Ianni said.

Intern opportunities for CSC students

Continued from page 1...

is vital to a future career, they say.

"I'm constantly looking for a job in the sports field. Any job I can get my foot in the door I'm excited about," said Piluski.

A typical night starts at 5 p.m. when the crew arrives and begins to set up the promotions. From there, except for a brief dinner, they are going non-stop until about 10 p.m.

Despite all the downfalls, the interns love it

"My favorite thing about game night is being able to be out on the ice when the players skate out because not a lot of people get to do that," said Haskins.

Their jobs include organizing youth hockey for the intermission entertainment as well as giving out the prizes

like Dango's chicken wings to a lucky row.

The most exciting task for the crowd, however, is the infamous T-shirt toss, which happens between both intermissions after the entertainment.

The Phantoms mascot, Phlex, takes to the ice on skates while an intern follows him in a pair of shoes. The intern hands Phlex shirts from the black drawstring bag, while dodging the two Zamboni machines cleaning the ice.

"First couple of games, you know, you don't want to be that guy that falls, but you get use to it," said Haskins.

The interns were told that if they take a spill, to stand up and bow gracefully. So far, no intern has taken the dive.

But things do not always go as smooth as they would like though. Picking the players of the game is one

unenviable task, according to Haskins.

"That is definitely the worse moment," he said recalling his experience with the Phantoms back up goaltender John Grahame.

"Two games, John Grahame didn't skate out for the star's selection. And he was an absolute jerk," he said.

According to the American Hockey League rules, all players selected for stars must skate out and if they do not they are fined by the AHL.

When asked if the Phantoms would have the Castleton interns back next year, Temple said, "I love these guys! I will gladly have them back next year if they want to be back and especially for the most chaotic night of all, opening night."

Lilly Ledbetter to speak on March 24

By Mellisa Pope
Castleton Spartan

The battle of the sexes is something that will go on forever. Regardless of who is smarter, faster, or stronger, people are people and deserve to be treated equally and fairly.

Lilly Ledbetter is a female who was very aware of the fact that she was being treated differently than her male colleagues, and knew she was being paid less than they were.

Ledbetter worked at Alabama Goodyear Tire and Rub-

ber Co. for nearly two decades and since leaving there, has told her story across the country of what she went through while there.

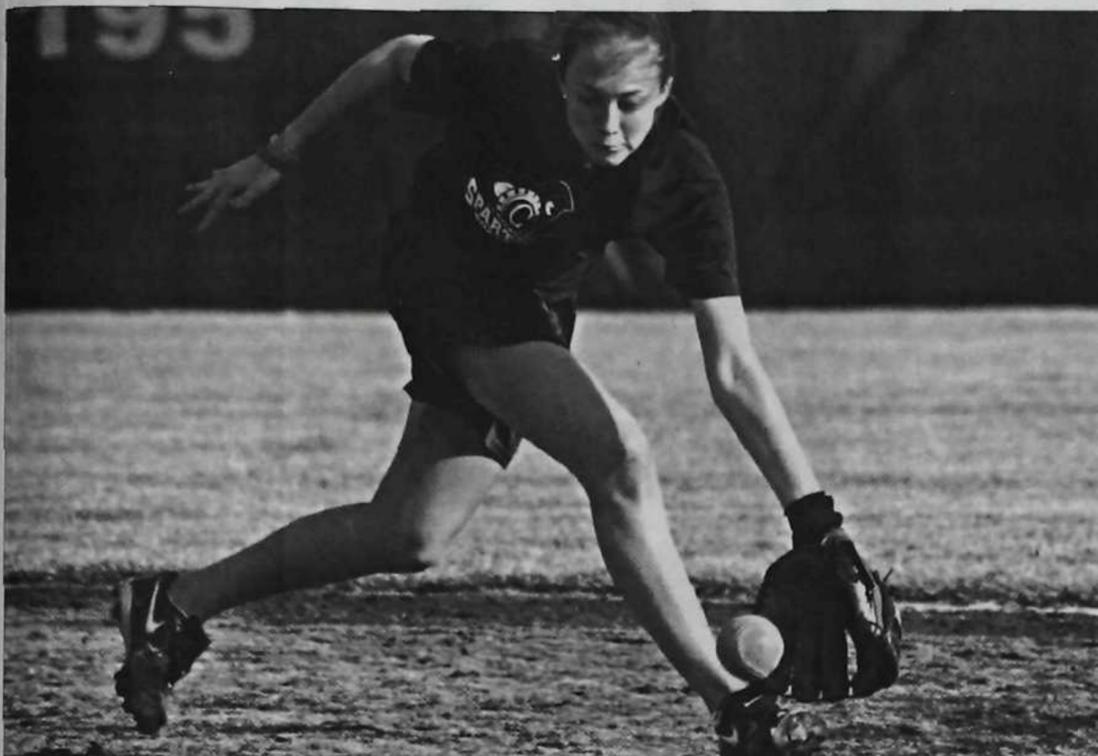
She talks about sexual harassment and day-to-day discrimination in the workplace.

In 1998, when Ledbetter was about to retire, someone put a note in her locker comparing her salary with her male colleagues. Instead of taking the information and just letting it bother her, Ledbetter did something better -- she sued the company.

Although she didn't gain monetarily from the suit, President Barack Obama recently signed the "Lily Ledbetter Fair Pay Act" which will help others avoid a similar fate.

This new Act changes the Civil Rights Act so that workers can sue up to 180 days after receiving any discriminatory paycheck.

Ledbetter will be telling her story at Castleton State College on March 24 at 5:30 p.m. in the Campus Center in room 1787.



JOHN SHRAMEK / CASTLETON SPARTAN

Kealy Chipman tracks down a ground ball during practice on Friday March 19.

Softball struggles early

By Chris LaPointe
Castleton Spartan

The Castleton State College softball team is trying to find a rhythm to its season early on.

The fact that over half of the games that were scheduled to play in Florida were canceled due to the rain isn't helping. Despite that, though, the Spartans prepared for their double header versus the number 14 nationally ranked Coast Guard Bears with confidence on March 20.

In the first game, the Spartans found themselves up against the Eastern Collegiate Athletic Conference New England Pitcher and Rookie of the year, Hayley Feindel. Senior, Hillary Bemis got the nod for Castleton in game one

of the double header.

Castleton played solid early, managing to keep the game tied at zero until the bottom of the fifth inning.

The Spartans gave up five runs in the inning. The biggest damage was a two-run single from the Bears' Becky Miller. Holli Bastinck and Megan Cook each had RBI singles in the inning, and Amanda Fredrick had a RBI double for the Bears as well.

Miller added another RBI in the sixth inning which sealed the deal for the Bears, clinching the 6-0 victory over Castleton.

Feindel threw the second no-hitter of her career against the Spartans in the first game.

Bemis pitched six innings with five strikeouts, giving up three earned runs.

Feindel, who was going strong at the end of game one, continued to pitch into the second game of the day.

The Coast Guard team came out strong early in game two as they scored three runs in the bottom of the first inning off of Spartan freshman Taylor Lively.

The Spartans got their first run of the day when Shannon Jipner blasted a solo home run in the fourth inning.

For Lively, it was her second appearance this year, and she pitched six innings with two strikeouts in the game.

Despite the loss, coach John Werner was proud of the team's effort.

"We competed hard against a nationally ranked team" said Werner.

The Spartans next game

of the weekend was against Wentworth College on March 21.

Werner and Wentworth College coach Bob Long are quite familiar with each other as they both coach the men's soccer team for their respective schools.

"After we played in the ECAC [soccer] Championship game last fall, I asked him if we could play each other in the spring time as well," said Werner.

The Spartans fell in that game as well by a score of 2-1.

The Spartans' first home game is on March 24 against Skidmore College. First pitch is to be thrown at 3:30 p.m.

CSC men's tennis plans to dominate

By Kristie Dunchus
Castleton Spartan

The Castleton State College men's tennis team is continuing to dominate the North Atlantic Conference as it defeated Johnson State College 7-2 on March 17 and Green Mountain College 8-1 on March 19, improving its record to 3-0 in conference play and 3-1 overall.

The Spartans have been unbeaten in conference play since 2005 and they have won the last four conference championships. Castleton graduated four seniors from last season's championship team, but junior Justin Garritt is very pleased with the efforts from the new players.

"This group has come together and works hard each and everyday," he said. "I am so impressed with the motivation of the new players to work harder and get better."

On March 17, Johnson opened up its season while Castleton came into the contest with a 2-1 record.

The Spartans dropped first doubles, but juniors Justin Garritt and Eric Slosek took second doubles 8-3, and the duo of Kevin Eisenberg and Corey Kimball won 8-2 in third doubles.

In singles action, Garritt swept to win in second singles (6-0, 6-0) while Eisenberg won third (6-1, 6-2). Senior Greg Klopfer battled his way to a three-set win in fourth (6-3, 2-6, 6-1) while Slosek earned a 6-4, 6-4 win in fifth. Kimball wrapped up the singles competition with a 6-4, 6-1 win.

On March 19 at Vermont Sport and Fitness, Castleton once again dominated and defeated Green Mountain.

The Spartans swept doubles competitions as sophomore Sam Levine and Klopfer earned an 8-1 in first doubles. Garritt and Slosek earned an 8-2 win in second doubles, and the team of Eisenberg and Kimball picked up an 8-0 win.

In singles, the Spartans dropped just one match and two sets when earning the win. Garritt won first singles 6-2, 6-1 while Eisenberg swept to a 6-0, 6-0 win in

"This group has come together and works hard each and everyday."

-JUSTIN GARRITT

second singles. Klopfer (6-1, 6-1) and Slosek (6-0, 6-2) won third and fourth singles respectively, and Freshman Adam Woodell won 6-2, 6-1.

The Spartans will face Sage College on Wednesday, March 24 at 3:30 p.m. in non-conference action. On March 27 they will travel to Thomas College, and according to Garritt, that will be their toughest opponent yet.

"Thomas College is our most competitive NAC challenger," Garritt said. "Our entire team will need to be ready and on their 'A' game."

Garritt is very excited and optimistic about the remainder of the season.

"I look forward to continuing to see this group grow and have high expectations for the remainder of the season," he said.

Spartans benefit from Coast Guard errors

By John Shramek
Castleton Spartan

The Castleton State College baseball team swept non-conference foe Coast Guard Academy in Conn. during a double-header matchup on March 21. The sweep resulted from some very sloppy play by the Bears.

Castleton scored 18 unearned runs during the two-game contest, thanks to a whopping total of 13 errors. Castleton won the opening game 6-1 and the second game 15-4.

"We played a lot better [today] than we have been," head coach Ted Shipley said.

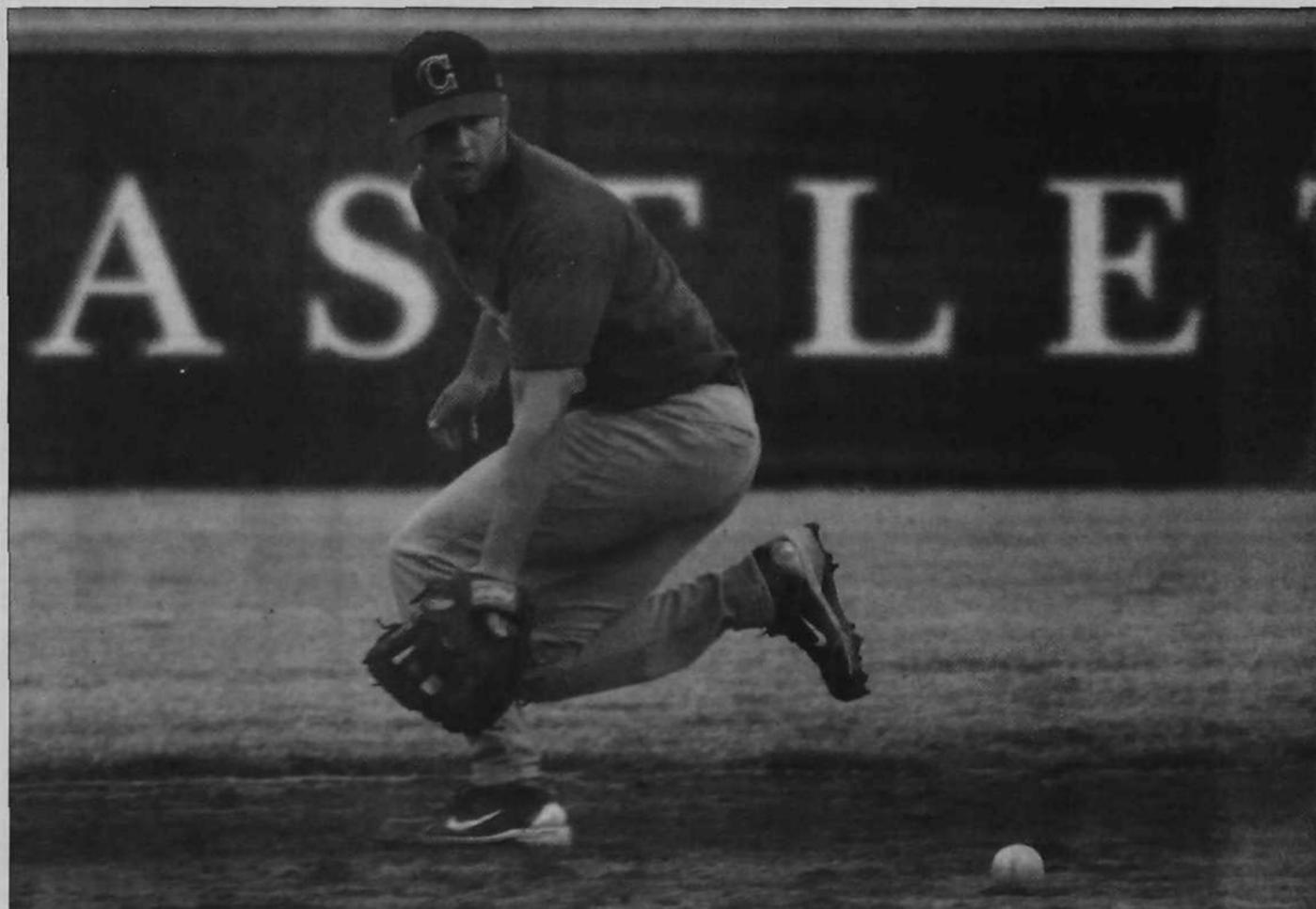
Castleton got off to a good start in game one when freshman Mathew Pause put the bat on the ball at the right time, driving in two fellow Spartans with a single in the top of the second inning. The Bears, meanwhile, were unable to get any offense going against Spartan pitcher Brandon Fay until the fourth inning, when the Bears' starter, Riley Beecher, helped his own cause out with a RBI single.

The game remained close until the sixth inning, as Castleton exploded for four runs in the inning. Two of those four runs came courtesy of a Ryan Zielinski two-run single.

Shipley thought that Beecher seemed to tire toward the end of the game, and that certainly gave the Spartans an opportunity to pull ahead.

Shipley said that a key to the Spartan offense in game one was "good aggressive base running."

Fay went the distance for Castleton, giving up just four hits, striking out five batters and walking just one. Fay is



JOHN SHRAMEK / CASTLETON SPARTAN

Ryan Zielinski goes in the hole for a grounder in practice on March 20.

now 2-1 on the season.

"He pitched real good," Shipley said. "He had real good command from start to finish."

In game two, the Spartans didn't wait long to get the bats off of their backs as they scored 10 runs in the first three innings of the game. Nine of the ten runs were unearned, though.

"Top to bottom we were pretty consistent [on offense]. We didn't hit all that great," Shipley said. "They helped us out a lot. They gave us extra outs. And we took advantage of their sloppiness."

Zielinski was a strong presence in the lineup again in game two, going 3-3 with one RBI. Billy Manley and Cameron Curler also put up three

hits, helping the Spartans pound out 14 hits in all.

Ken Cook found himself on the mound for the Spartans in game two, and while he may have been shakier than usual, giving up nine hits and four earned runs, he went all seven innings and struck out seven batters.

"Kenny was real good. He went right after them,"

Shipley said. "We put together a couple of long innings there, and he wasn't able to get into a rhythm. He just did a good job of scattering the hits he gave up."

The Spartans are now 4-7 in non-conference play. Next up for the team is a trip to Rensselaer Polytechnic Institute on March 24. The Spartans played RPI on March 19, and

the outcome was less than ideal as they lost 12-8. Shipley says the Spartans are looking for a different outcome this time around.

"We wanna give them a better game than we did last time, that's for sure," he said.

SPORTS

Women's lacrosse starts off with a steady run

By Nicole Parker
Castleton Spartan

The Castleton State College women's lacrosse team has earned a .500 record thus far in non-conference action. Even with a tough schedule early in the season, the Spartans seem to be handling the pressure well.

Castleton opened its season at Western Connecticut State College on March 6, losing a heated battle 16-11. Senior Stephanie Pearce and junior Marie VanDerKar each had four goals, while grad student Nikki Adams netted two. Newcomer Katelyn Nardini added 1.

The Spartans then beat Thomas College in their home opener on March 13 with a score of 17-3. Castleton had over half of the roster score in the game. They were led by Pearce and VanDerKar, who fired in three each.

Four days after beating the Terriers, the Spartans

added another W. beating Colby Sawyer College 18-8. VanDerKar led the attack with five goals while Stephanie Paproski and Adams both chipped in three.

Castleton entered Saturday's game against Plymouth State with a high level of confidence, hoping to extend its winning streak to three games.

Elizabeth Haggerty opened up the scoring for the Spartans just 10 minutes into the game. One minute later, Adam's found the back of the net to make it 2-0. Pearce was not far behind when, not even a minute later, she made it 3-0.

Plymouth State answered with two straight goals by Jen Foley and Britney Chiles, though, quieting the Spartan fans.

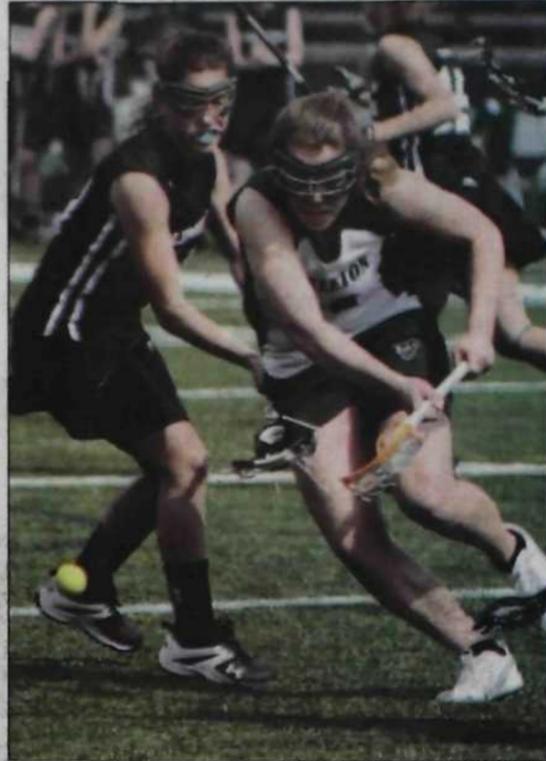
The Spartans roared back with goals by Angelica Mazzola and Paproski only 20 seconds apart. Chiles scored again for the Panthers, cutting Castleton's lead to 5-3 at half-time.

Pearce started the second half off strong for the Spartans, scoring just 18 seconds into the second half. From there, Plymouth scored three goals to tie the game up. Castleton's Adams found the back of the net again, pushing Castleton back out in front with a score of 7-6.

Plymouth's Brianna Davis took charge of the game after that, though, and put an end to the back-and-forth game as she scored five straight goals, giving the Panthers the surge they needed to come out on top by a score of 14-8.

Castleton goalkeeper Rebecca Duszak had some key saves to keep the Spartans in the game in the first half, and she ended the day with nine saves.

The Spartans look for another win in Spartan Stadium on March 22 when they host Skidmore. Draw is slated to start at 6:00 p.m.



JOHN SHRAMEK/CASTLETON SPARTAN
Nicole Adams fights for the ball against Plymouth.



Chadwick Cioffi

The spring season is underway and the Spartans have come out of the gates a little slow. Castleton has a record of 8-18 between its five varsity sports to begin the 2010 campaign. Am I worried about our Spartans, though?

Not at all.

The men's tennis team has started the season 3-1 and has a perfect 3-0 conference record. Greg Kropfer has been flawless, as he has put together a 4-0 singles record. Eric Slosek, Justin Garritt and Kevin Eisenburg are all 3-1 in singles play so far this season. All in all, I'm standing by the men's tennis team to get thing done and go perfect in the conference.

I don't have much concern for the baseball team either. It's impressive how they got a win in Texas this year because that is no easy feat. I still have high hopes for Ken Cook on the mound this year. Matt Eisenhuth and Ryan Zielinski look to be the driving forces at the plate this year which makes me excited about the team's runs-per-game average. That can only help the pitching rotation, and if we're going to have a shot at Husson in the NAC tourney, we'll need solid pitching.

My initial reserves about the softball team still have me concerned with its road to the NAC tournament. The 0-5 start doesn't concern me too much, though, because it's all out of conference games. I'll start getting concerned in late April if the team is struggling in its conference games. A top spot in the NAC is still wishful thinking in my mind. I think the Spartans will be third or fourth heading into post-season play, and I'm still hanging onto my first round upset prediction.

The women's lacrosse team has a 2-2 record to start the season and opens up conference play on March 27 at Elms College. Marie VanDerKar already has 12 goals through the first four games. Stephanie Pearce (10 goals) and Nicole Adams (9 goals) are finding the net as well. The game to watch is on April 3 at home against Bridgewater State. The Spartans might not get the upset in April, but come May I'm thinking that that NEWLA plaque will be in Glenbrook.

The men's lacrosse team has been plagued with slow starts and playing from behind too much this season. The Spartan's defense has looked good throughout this, though. There is definitely a lack of goals being scored in the first half, but this trend will stop when Castleton hosts its first conference game of the year against Johnson State College on March 27. I expect about 10 goals a game out of this offense and around six goals against. I still think this group will win the NAC title.

My bold predictions: Men's lacrosse beats Mount Ida on April 3 in overtime. The baseball team will have no more than two conference losses before facing Husson late this season. Tennis will dominate - what's new? The softball team will beat Thomas on April 10, and come close to beating Husson on April 18. The women's lacrosse team will enter the Bridgewater State game with a three-game win streak.

First-half scoring drought plagues men

By Chadwick Cioffi
Castleton Spartan

The Castleton men's lacrosse team capped off its non-conference play losing 11-4 against Plymouth State at Spartan Stadium on March 20.

The Spartans struggled early on as they entered halftime trailing 7-1. In the first four games this season, Castleton has been outscored 27-6 by opponents in the first half.

Sophomore goaltender Dave DeGhetto said the team's slow starts are because the team hasn't found an early rhythm yet. He also said he is happy with the team's defensive effort.

"Our defense is getting stronger each game. We made some mistakes early on in, but the communication is getting a lot better," DeGhetto said.

After a third-quarter Corey Counos goal, which was followed by two Panther goals, the Spartans entered the fourth quarter with a 10-2 deficit. Plymouth struck again, but the Spartans gnawed at the lead with goals from seniors Jake Rick and Mike Martinez.

Unfortunately for Castleton, this isn't the first time the Spartans have lost in this disappointing fashion.

Castleton faced a similar defeat against Vassar College on March 17 when the Spartans lost their first road game 14-4.

The Brewers put Castleton in an 8-0 hole at halftime. Assistant coach Brian Kingsbury said the slow start had little to do with the defense.

"I think it's more or less los-



JOHN SHRAMEK / CASTLETON SPARTAN
Mike Martinez braces for and oncoming hit against Plymouth State on Saturday, March 20.

ing the ball on the offensive end of the field. We're winning faceoffs, but our stick skills were horrible today. We had 39 turnovers," Kingsbury said after the loss to Vassar.

After allowing three goals to begin the second half, the Spartans found openings in the Brewer defense. Sam Bailey came up big with two goals and an assist. Teammates Counos and Craig MacDermont added a goal each. Even though the Spartans are

struggling early on in the games, the team is playing phenomenal lacrosse in the second half. Head coach Dave Wiezalis is happy with the team's late-game performances, but it's nothing he wants to settle on.

"I think it shows the promise of where we can be," Wiezalis said. "We can be a fourth-quarter team, we can be a second-half team, but if we can't play those first two quarters, we're going to get ourselves behind."

Regardless of the early game struggles, Wiezalis expects the kinks to get worked out. "We need to think about what's working for our team and what's not, then cut the fat and play to our strengths." Castleton opens up its regular-season conference play at home against Johnson State College on March 27. The Spartans enter the game with a 1-3 overall record.



Matt Eisenhuth



Ryan Zielinski



Nohea King

Spartan standouts

By Robert Doran
Castleton Spartan

The winter sports season has come and gone with many standouts showcasing their skills on each team here in Spartan country. Now it's time for spring sports to give us the same excitement that this past winter was able to provide.

There have certainly been numerous players with numbers that support the Spartan standout status so far this spring, but only a few have elevated their game enough to boast that "wow" factor needed to make the cut.

Leading the way is Matt Eisenhuth, a member of Ted Shipley's powerhouse baseball program.

Eisenhuth is currently sporting a .499 batting average. He has also smacked one home run so far, while driving in 11 RBI's. He is slugging close to .600 and putting up a .463 on base percentage.

While Eisenhuth has been tearing the cover off of the ball at the plate, offense isn't the only facet of the game he is doing well in. The outfielder/first baseman already has seven put-outs as well as an outfield assist. With an .800 fielding percentage, Eisenhuth can truly be looked at as an all around ball player in this early 2010 baseball season, making him a sure Spartan standout.

Not to be outdone, though, Eisenhuth's teammate, Ryan Zielinski, is trying to match the leftfielder's

stats. Zielinski is currently hitting at a very respectable .378 average. He also leads the team in home runs with two, and RBI's, with 15.

Zielinski has also been slick in the field compiling a .944 fielding percentage. The freshman middle infielder is showing a lot of promise for the Spartan baseball team, and standout status could be something we come to expect from the youngster.

Another great thing about a standout is that they are usually a leader, someone who thrives under pressure, picks a team up and carries it to the finish. Nobody exemplified this more this past week than Nohea King with his stellar performance on the lacrosse field.

King, a freshman, stepped up huge in the fourth quarter with his team trailing against New England College. The score was 5-0 entering the fourth, but with King's two goals and one assist, Castleton was able to overcome the deficit for a 6-5 win in overtime.

King's leadership was on full display as he put his team on his back and helped them get the all important W.

So there we go, spring sports are under way. Although it has been a slow start for many of the sports, there are certainly bright spots on the rosters of our teams that are heating up just as quickly as the spring air is.

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

Wednesday, April 21, 2010

CastletonSpartan.com

Castleton, Vermont

Ledbetter speaks to Castleton students

By Molly Fraher
Castleton Spartan

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"I was never seeking fame," Ledbetter said. "I just wanted fairness and equality for myself and my family."

She delivered her address from a podium in Castleton State College's student campus center. Her journey to Vermont earlier this month was the latest stop in what has been the long

and ground-breaking trip Ledbetter has taken throughout her life.

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"My supervisor didn't believe women should be working in that company," Ledbetter said. "He tried to accuse me of things, tried to get me to take the easy way out and walk away from it all."

Despite the negative comments, inappropriate sexual suggestions and accusations, Ledbetter said, she wouldn't budge.

"I told my managers they were in the wrong and I asked to be respected as a worker," she said. "All I was doing was just trying to make a living."

She weighed her options from time to time, evaluating the harassment she was encountering and the importance of self-respect.

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When she filed a complaint, she brought forth a diary of all the offensive things she had encountered on a day-to-day basis and a man-



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Fair Pay advocate and icon Lilly Ledbetter talks to students and faculty on March 24th.

Student charged with sexual assault continues life at Castleton

By Jeremiah Haggerty
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Court officials stated that depositions have been filed and Magee isn't expected to be back in court until August and will likely have a trial date set for some time in September 2010.

Magee was again unable to be reached for comment.

While some students may be questioning the immediate dismissal of another student charged with aggravated assault on campus, CSC Dean of Students Dennis Proulx explained that the college has yet to receive any formal complaint from the victim of the alleged sexual assault and therefore has no grounds to pursue any disciplinary action. Proulx stated that if the college felt there was a threat to public safety, officials would take action.

Some students interviewed feel confident in CSC's judgment, but wished to keep their comments on such a sensitive topic confidential.

"I feel like the college would be the first to do something if it was called for," said a sophomore female student. Her friend, also a sophomore, agreed saying "I don't think that someone's criminal record out of school should affect their academics."

But other students feel differently about Magee's presence.

"I don't understand how a sexual assault is any less of an offense than a stabbing," said a CSC female senior referring to the recent on-campus assault involving a knife. "I think it's creepy that he's allowed to continue like nothing happened."

Another female student, a junior, argued that off-campus actions should weigh just as much those on campus.

"The way I see it is that there were two assaults with a knife, only one of them was a different kind of knife," she said.



Students in Professor Peter Kimmel's class receive the unique opportunity to open an egg.



WYATT ALOISIO / CASTLETON SPARTAN

What comes first?

By Ben Kozak
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Spring is here and you better be watching where you step around campus so you don't squash any ducklings or goslings that will be freshly hatched and running around with the Developmental Biology class.

Professor of the class and Science Department Chair Peter Kimmel has been instructing this course every other spring since 1993.

"Developmental Biology is very cool. I always find it fascinating to describe how we start out as a single cell that reproduces and begins what some have called the dance of development," Kimmel said recently.

The class hatches chicken eggs from a biological supply company, goose eggs from a local farmer, and duck eggs that come from eBay, com. Kimmel uses a technique for cutting a "window" in the shell of a chicken egg and then covering it with a transparent membrane.

This allows students to watch a chick develop inside the egg, from a tiny little beating heart to a full-term chick.

"Geese are sometimes born with weak legs that cause them to spraddle or spread out to the side when they try to stand or run. I think a lot of breeders just euthanize these animals. About four years ago, we had one gosling with spraddled legs," Kimmel said. "I thought we could help him strengthen his legs if we could somehow keep them from spreading out. So, I took a piece of pipe

cleaner and basically tied his knees together.

"And it worked! He got stronger and soon didn't need the assist any more. The students would take him into our carpeted hall and let him run, as they encouraged him with shouts of 'run, Forrest, run!'"

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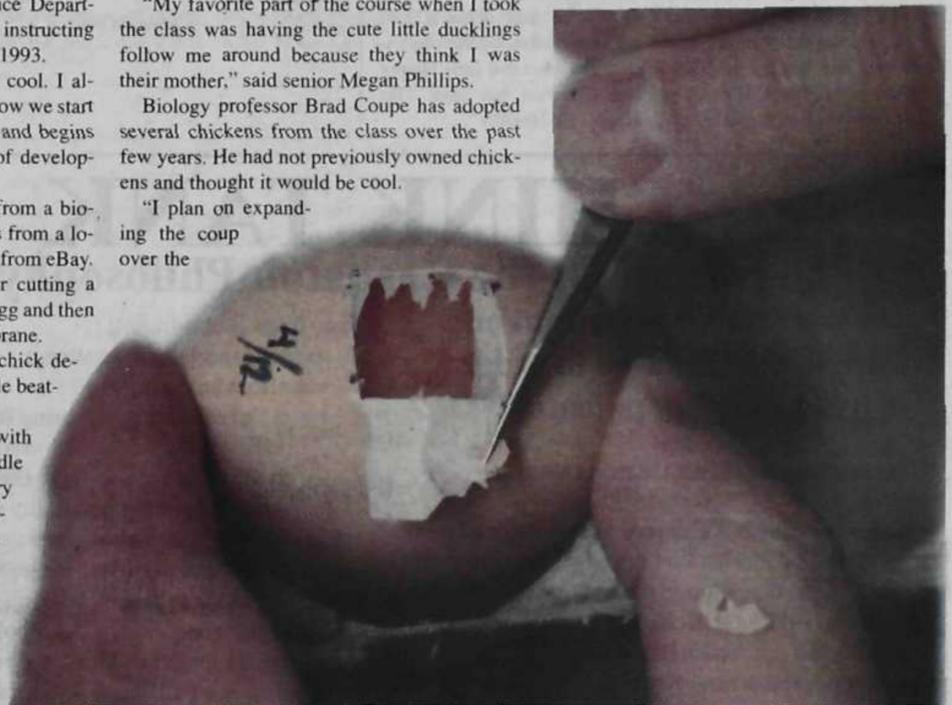
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next couple years. I eat the eggs, but not the chickens," Coupe said.

So what comes first anyway, the chicken or the egg?

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Soundings program revamped to include juniors

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Castleton Spartan

Ah, freshman year: A time for changes, a time for new experiences and a time for Castleton State's infamous Soundings program.

The general education and liberal arts program usually draws groans, eye rolls, even some sympathy from upperclassmen. However, after an April 13 vote, a majority of Castleton's faculty hopes students' outlooks could change on the fine arts program.

A change in the program proposed by Castleton's Davis Committee was passed by a narrow 35-28 margin and

those changes mean that not only will freshmen be required to attend Soundings events, but CSC juniors will also be required.

Incoming freshmen will be required to attend six events their first semester, as was done previously. However, instead of attending another six in the spring, students will only need to attend four.

After a year long break, those students will be required to return to the program to attend just three more events and conclude their experience with a synthesis paper that explains their general education experience citing at least one Soundings event and how it relates

to their majors and long-term goals. As always, students will have multiple options as to the events they may attend.

"We wanted to offer students the chance to experience Soundings later in their academic career when they can apply it to what they are learning in the fields," said Davis Committee member, Melissa Pinto.

But students told about the new plan have been widely opposed to the idea.

Early education major Madge Scordras is a junior at Castleton this year and has already paid her dues to the Soundings program, but still feels strongly about the change-

es and even sympathizes with future Castleton students who will be required to meet the new expectations.

"Your junior and senior years are your busiest years," said Scordras. "We already have enough work without having to sit through more Soundings and write a paper on it!" Freshman Aric Marcille agrees.

"When you are taking 3000 and 4000 level classes, the last thing you want to worry about is Soundings," he said. "Especially when you've already done it your freshman year. It's better to do it then and be done with it."

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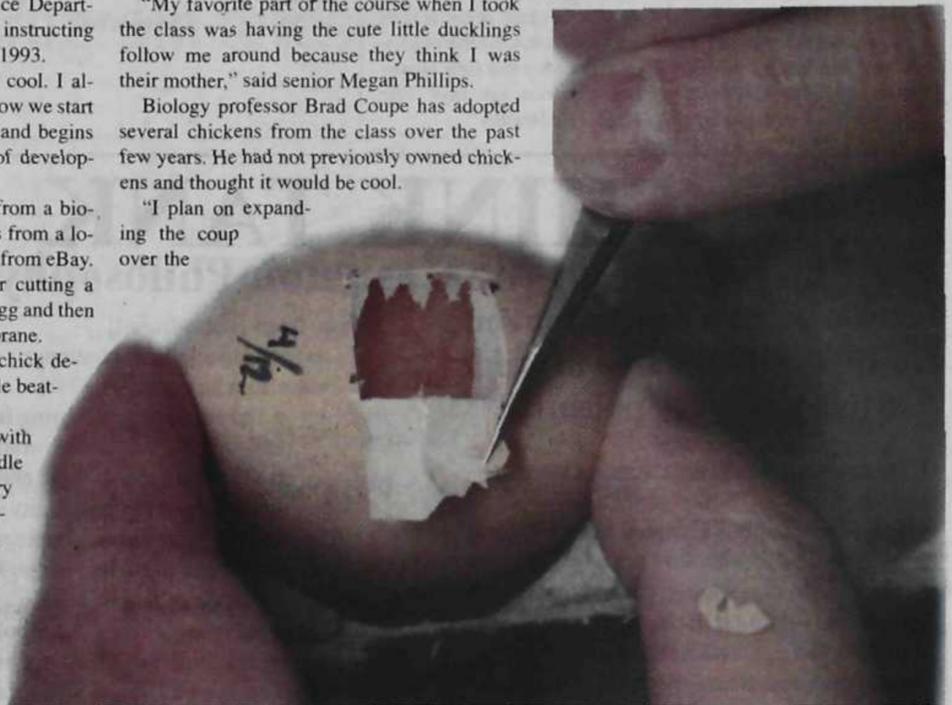
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Continued on page 6...

Eat, Study, Live

Female college students battle more than final exams—they're in a war with their bodies.

I remember back in the day, all those three years ago, when I was just a teeny tiny high school senior. And I do mean teeny tiny. I remember vividly calling my best friend when I weighed myself at 110 pounds and threatened to call Jenny Craig.

But alas, the past three years at C-Rock have taken their toll: between no longer playing three sports, pasta being much easier and cheaper to cook than some tofu-garden-veggie entrée, and a fondness for my good friend Mr. Pabst, I'm not quite the size I once was. And I find myself constantly scrutinizing my physical appearance. I even invested in Mari Winsor's Pilates DVD this week. It's a lonely feeling being concerned about what I eat, how often I work out, or how much longer I can squeeze into those jeans I still have from high school. However, I am not alone.

According to a study conducted in 2000 almost a third of all women in college have "disordered eating habits." This means that several of these women don't fall in the category of having an eating disorder, like anorexia or bulimia, but are preoccupied with losing weight or controlling their eating habits. Several rely on diet pills, supplements, or even laxatives. A study done by the National Institute of Mental Health revealed that of the 5 million Americans who have eating disorders or disordered eating habits, 90 percent are women.

A number of factors can contribute to collegiate women falling into the ever-popular trend of eating disorders. Several studies show that stress from academic work load, being away from home, and adjusting to a new lifestyle can all play a role as well as the new freedoms college provides for students. No longer does mom provide meat and potatoes and make you eat your broccoli nor are you required to be home before midnight. An unsteady diet combined with stress and

irregular sleeping patterns all contribute diet and self-image troubles among young women on college campuses.

Finding one's "niche" in the college community is a crucial part to any student's success. However, living in such close quarters with so many new people, and living with the opposite sex for the first time (brothers don't exactly count...) is greatly intimidating. Peer pressure is strong and common among all college students but is predominant among female students. Those young women considered "over-weight" next to their new roommate could feel pressured to lose weight and many want to do it quick. This results in over exercising or irregular eating habits.

Another contributing factor is, of course, the media. Welcome to 21st Century America where the thinner you are the hotter you are and the hotter you are the cooler you are. From Paris to Lindsay to Britney to J. Lo, we see it and hear it daily. Our televisions on campus stream in The Real World and The Hills, our Internet connections provide us with hundreds of ads a day, several that include models half the size of Twiggy. With this image constantly being shoved down a young women's throat as that of an acceptable looking human being, a girl of any age and of any size can only feel as though she is not measuring up (literally).

Ladies, we are intellectuals. If we weren't we wouldn't be in the process of earning our degrees. We are smart young women who hold the key to the future whether we are a size 2 or a size 22. Let's put down the copies of Vogue and pick up our text books and get back to what's really important, what we came to college for in the first place (Coors isn't the reason, by the way).

Do what that little Honey Nut Cheerios bee says: "Be Happy, Be Healthy".

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JAMIS LOTT

Public Safety Incident Log: April 2010

4/2	Wheeler Hall	Vandalism/ theft
4/2	Jeffords Lot	Auto accident
4/2	Baseball Bleachers	Medical
4/3	Glenbrook Gym	Traffic violations
4/5	Castleton Hall	Vandalism
4/7	Castleton Hall	Theft
4/11	Outside Huden	Theft
4/11	Ellis Lot	Theft
4/11	Observatory Lot	Theft
4/11	Ellis Hall	Possession of marijuana
4/12	Castleton Lot	Physical altercation
4/13	Morrill Hall	Drugs
4/14	Babcock	Theft
4/14	North House	Restraining order broken
4/15	Castleton Hall	Medical
4/16	Castleton Hall	Medical

A promise kept

Although it has been many months since President Obama's 2008 Campaign he has fulfilled a promise he had made: granting same-sex partner's full visitation rights to loved ones in all federally-subsidized hospitals. Not only does this allow visitation rights but it also puts same-sex domestic partners at the head of the 'next-of-kin' rule, or legal surrogate. This grants gays and lesbians the right to consult the fate of their loved ones, or the right to decide it in more drastic circumstances.

Living in a socially progressive state such as Vermont we may not see the gravity of this decision and it may appear as a social 'no-brainer' considering we're among only 5 US states that allow and recognize same-sex marriage. We don't see the lack of rights other's have and yet among all the issues, the cleansing of the environment, our international warfare, our economy, the President made a decision, better yet, made impending law, that will legitimately better the wellbeing of the nation's most important asset: its people.

"There are few moments in our lives that call for greater compassion and companionship than when a loved one is admitted to the hospital," read President Obama's Thursday memo, "Yet every day, all across America, patients are denied the kindnesses and caring of a loved one at their sides."

The mandate went out among praise nationwide while mainstream conservative groups made no argument or case against it. Even though it's one of many directives that reforms the nation's laws and regulations concerning gays and lesbians, it's a great step President Obama made that equalizes rights, God given, to all Americans regardless of sexuality.

THINK TANK

The column of the Castleton Philosophy Club

"Do we have to confront our own 'death' head-on in order to live to our full potential?"

Here are responses from across campus:

If one's own death is accepted as inevitable and even something to dance around the edges of, then it will be possible to take more risks and maybe enjoy life a little more. -William McKay

How can you appreciate the beauty of life if you have not experienced the tragedy of death?

That is to say, how can you be driven or motivated enough to reach for your highest potentials if you have no true appreciation for the nature of things and respect for how short life is?

The answer according to my subjective philosophy is yes, we must confront mortality to live to our fullest potential. -Sean Parizo

The moment one realizes that no one gets out of here ALIVE...and that there is no advanced warning device to alert when the END is near...it is now a choice to either put your head between your legs and kiss your ass good bye or DO something!!!! We all have potential...it is what we DO with that potential and what we believe about our own self-efficacy. We die many times while we are here...some people recover and rise up from those experiences...death can be a useful euphemism:-) -Robert Wuagneux

Yes, we do. Life is birth and death. It is similar to a game of Ping Pong. In that game, you start off with the ping, but if you are going to be in the game, you need the pong as well.

-Mike Austin

con•front [kuhn-fruhnt]

1 : to face especially in challenge : oppose <confront an enemy>

2 a : to cause to meet: bring face-to-face <confront a reader with statistics>
b : to meet face-to-face: encounter <confronted the possibility of failure>

The "to face" part seems simple and inevitable. As we experience our lives, we go forward through them, and so we're facing death all the time (unless we're living posterior-first, I suppose you might say). And even if I think I can turn my back somehow or just curl up in a ball, death will figure out a way to come face to face with ME.

The "challenge-and-oppose" part of the first definition is harder, because what is it we're up against? We can't know. Even if we're really sick with terminal cancer we could still get killed in a tornado. For those of us in good health, there is an endless number of possible deaths we might experience, but those possibilities are just thoughts at this point. Thinking about various frightening possibilities and being always preoccupied with them makes us miserable and does us no good at all. And it isn't easy on our friends and families either.

Each of us has a death coming, and that's all we know about that. Instead of dwelling on the possibilities, can we use the simple fact of death--and the truth that we don't and won't know what it is until we get to it--to shed light on what life really is, so we can see and appreciate its mysterious, tender evanescence and fragility?

(I'm thankful to many teachers I've read who have expressed these ideas much better.)

-Jorinda Gershon

Join Philosophy Club on Facebook (search for the group, "Castleton Philosophical Consortium")!

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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Castleton Spartan

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Students bring Degas into the bathroom

By Kristie Dunchus
Castleton Spartan

With a little help from the Student Government Association, the Art Students League has painted a mural in the upstairs women's restroom in the Campus Center based on Degas' Four Dancers.

Eight hardworking students worked six straight days on this project and even gave up a lot of their leisure time to contribute to the project. The eight students include Emily Englehardt, Cherie Pfeiffer, Whitney Ramage, Wyatt Aloisio, Tom Hutner, Kyle LaPine, Todd Houston, Rachel Spitzer and Jamis Lott.

When it came to deciding what image to paint in the restroom, the Arts Students League had to first consider what would compliment the men's bathroom mural the best.

According to League Treasurer Cherie Pfeiffer, the men's mural had a very masculine feel. It had many warm colors and hard lines.



PHOTO CONTRIBUTED BY ENNIS DULING

Students paint the mural in the women's bathroom in the Campus Center.

Since it was inspired by Van Gogh, they decided to go with a more feminine impressionist, like Degas. They ordered their materials and got right to work.

Pfeiffer was very eager to get started on this project.

"I've always really enjoyed making murals, so I was really excited when presented with this opportunity," Pfeiffer said.

Todd Houston, who

worked on the project, thinks that it is essential for students to give back to their college community.

"I think it was important to make a lasting contribution to the college," Houston said.

League President Emily Englehardt echoed Houston's response.

"As a group we decided to take the project on. It was a good opportunity to get the club involved in the college

community," Englehardt said.

He said the group of students started the mural on a Wednesday night and finished on the following Monday night. She said she spent most of Thursday in the restroom painting and any other times she could make it to help out with the mural she did.

Englehardt was very pleased with the final project. She thought that the few students who worked on the

mural really came together in just a few days to get it done. She also enjoys the final placement of the figures in the mural.

"It looks as though they are getting ready in front of the mirror," she said. "I thought that in front of the mirror would be a better placement so the image is interacting with the space."

Pfeiffer is also very satisfied with the outcome of the mural.

"I am so proud of all the work the Art Students League has put into this mural. It came out beautifully and I couldn't be happier with the product," she said.

The next project for the Art Students League is a memorial mural for the late sculptor and professor Gary Fitzgerald. It will be in the basement of the FAC across from the sculpture studio and will be open to any student, professor or members of the public who knew him.

Fresh Perspectives



Jill Basset

I can't believe that there are only four weeks left of my freshman year of college. Today my teacher announced, "there is only eight more Sociology classes this semester." Seriously! In only four weeks I'll be able to say I've completed a whole year of college.

Along with my freshman year almost being over comes room selection for next year. Room deposits were due and freshman had to make the rough decisions of where they plan to live the following year. Are they coming back? If so, do they stay with their current roommate, explore new living quarters, or move in with new friends?

Not only are we deciding where to live but it's also registration time. In my opinion registration is one of the worst times of the year. At least we will be sophomores and won't register dead last but we're only a few days ahead of them. This is the time where you make three schedules and then hope and pray that one of the schedules will work and there won't be any full classes.

Thinking about the semester ending makes me think about how much stuff I brought to Castleton. My friends have actually been joking and saying that we need to get moving vans to bring all of our stuff back home. I guess because I'm a freshman and I've only experienced the whole moving in aspect once. I never really thought about all the moving in and outs we have to do for college.

Since the semester is almost over I've also been thinking about who I won't be seeing next year and it's sad thing to think about. It will suck to lose all the seniors and people who drop out or transfer. It seems like the year completely flew by. I hope college slows down.

Also what comes with the end of the year is tying up all loose ends. I am making sure all my grades stay up and that I finish strong, making sure everything is paid off to be able to register for classes, getting all scholarships for next year in by the deadline, and just trying to do my best in all things I take part in.

Wow being a freshman is sure a lot of hard work and I hear it only gets harder! I've got my work cut out for me.

New PEG TV position filled at Castleton

By Meghan Dufour
Castleton Spartan

With the new renovations in Leavenworth Hall, the placement and maintenance of technology was quite hectic. That was, until Castleton State College newcomer, Alex Stout, joined our staff as the Video Broadcast Technician.

"In this job, I work with equipment, help students get the things they need for class or projects such as cameras, microphones and other various equipment," explained Stout. "I work directly for the Media Department, I help keep track and fix things in the building, and I also work for PEG TV in Rutland."

Although this is a new position, and Stout is a new staff



Alex Stout

member, this isn't his first time dealing with this kind of pressure.

"I just graduated from Clarkson University last year, where I studied digital arts and science along with Communication. I was a double major," said Stout. "At school, I also ran the public access television, which was run and funded completely by students, and I dealt mostly

with filming and broadcasting."

With this being a new job position, the list of duties are growing every day.

"Stuff is being slowly transferred over from where it used to be and I still have a big list of projects that need to be done," said Stout. "I am keeping busy and still working with PEG TV, finding people to film and soon we will set up a connection between them and CSC."

"With PEG TV, we want to have more stuff that's happening at Castleton be seen by the public, like Soundings and other events," said Robert Gershon, CSC Communications professor. "The new connection Alex is setting up will help get the footage to

the studio without any people traveling."

With a large to-do list, Stout is still doing his best to work on his new projects while still doing his daily duties in Leavenworth Hall.

"People use Leavenworth a lot and it really needed to be updated," said Thomas Conroy, CSC Communications professor. "With Alex now on staff, there is a confidence when you go into a classroom that things have been fixed and there is help close by in case there is a technological glitch."

But not every academic building will get the technological services that Stout specializes in.

"The equipment he has is all just Communication prop-

erty," said Karen Sanborn, Coordinator of Media Services. "He is a first responder for technical issues in that building, and his closeness will help in the building."

With this new addition to the building, a lot of people are feeling relief as a result to Stout's new position.

"This is absolutely helpful," said Conroy. "We use a lot of technology and encourage students to use it as well, so this is incredibly helpful."

"His time is dedicated more to the TV studio and the Communication classes than it was before," said Gershon. "He is making my life a lot easier and he is doing more than previous people had time to do. He has already made Leavenworth easier to teach in."

Castleton's study abroad program lures students

By Robyn Stanley
Spartan Contributor

When most people think of college, they think of long drawn out papers, lectures and beer pong. But at Castleton State College that just isn't the case.

Jenna Rae, a freshman from Asheville, N.C., said that one of the main reasons she picked Castleton was because of its Study Abroad program.

"I expect to get a totally different education. I think it will be good to break away from the norm," she said.

Roy Vestrich, the CSC communication professor who will be traveling with the students to London this fall, said at Bard College, where he attended, these programs were not really available.

"There weren't really any study abroad programs unless it was for art in Italy. People mainly just backpacked around Europe, but I certainly wish there was this type of program," he said.

Students Christopher Pike and Elsa McLaughlin made the venture over the pond just last fall. Since their trip, adjustments have been made to the pro-

gram. Students for this coming fall are going to be living on a British campus with international students and learning in the classrooms alongside them.

Last year's group traveled with students from Vermont and lived together in London. They also attended classes taught mostly by CSC faculty member Harry McEnery and his wife Moniea, who is an English teacher in Vergennes. Pike and McLaughlin said they have some issues with the changes.

"Straight up I don't like that they are not in the city. Weekends are the prime time to go explore," said Pike, now a junior.

McLaughlin also felt that the next group will be missing out by not living in London, but she supports the switch in the learning environment.

"I bet that would have been fun. I think we could have learned so much more about the culture if we had gone to a British school," she said.

That's not to say students didn't take back positive experiences and gain knowledge about the country and even themselves. The one thing that stood out to her was the emphasis on responsibility.

"It made me more independent as a person. You

even had to remember to buy toilet paper! Stock it up and hide it," she said.

For Pike it was more personal.

"As a person I matured a lot because of the things I went through with those I went with," he said.

Rae couldn't be more excited to study abroad. She had traveled to Ireland with her father for a three-week adventure, but studying in another country is a completely different experience.

"I'm probably most worried about starting all over again. I just moved here and I've made friends. It's like starting all over again," she said.

Even though she didn't seem too worked up about living in a new country far from home, Pike and McLaughlin offered some tips to make the transition easier.

"Save your money and pack light," McLaughlin said.

"Do everything you can even if you are tired because you are only there once," Pike added. "Do it even if you are the only one!"

Mentoring program celebrates its young graduates

By Melissa Pope
Castleton Spartan

Pomp and Circumstance was playing, and the Castleton Fine Arts Center was filled with people. As faculty members made their way down the aisle, dressed in robes and caps, everyone awaited the soon to be graduates. Only difference is that these graduates were not the typical 22-year-old graduate, they are the sixth grade class from Castleton Elementary School.

Castleton Mentoring Program held their End of the Year Celebration on April 1 and the enthusiasm for the event was clearly displayed on each and every mentor and mentees face that attended the event.

Castleton State College has been working closely with the school to help ensure that each and every student is given the right tools to reach their goals to attend college.

Castleton student Justin Garritt

led the event and welcomed every one with smiles and chants from the stage.

"Welcome to everyone, and especially let's give a big welcome to the class of 2020," said Garritt.

Applause and screams broke out among the crowd and one by one the sixth grade class took the stage, and then went on to find their mentors among the audience.

"We really hope that you all see Castleton as one of your homes. We also hope that about ten years from now we will see you here as students," said Academic Dean Joe Mark.

Chancellor Tim Donovan then took the microphone and said from the start his words would be few.

"I want to say something to not only the mentees but also to the mentors. Know that every teacher learns as much from the students as the student does from the teacher. Also know that there is a place for each

and every one of you at any of the Vermont state school," said Donovan.

Tara Lambert from College For Every Student got the enthusiasm up with getting some screaming battles going between the different age groups that attended.

"I knew some important stuff when I was in sixth grade. I knew that four square was the greatest game invented. I knew stop, drop and roll. I knew about DARE. And, I knew I wanted to be successful. What I didn't know was how to get there. You guys are so lucky to have people pushing you to reach those goals," said Lambert.

Castleton students spend at least an hour a week mentoring over at the elementary school. These students sacrifice their time and still manage to balance classes, work, and a large majority of the mentors are athletes, so practice as well.

"Mentoring is a great experience and opportunity that I wish I could



WYATT ALOISIO / CASTLETON SPARTAN

This year's sixth-grade class of Castleton Elementary who participated in the mentoring program is honored with the annual graduation ceremony.

have had in when I was in elementary school, and I was very privileged to be able to share my experiences with my mentees over the years," said Castleton student Bart Kalgren.

"It really is great because in the end we get to make a new best friend," said Castleton student Jay Bascom's mentee Andrew.

The event ended up a slideshow of photos that had been taken throughout the year. Castleton will return next year with a new batch of mentors to help make a difference.

"Learning is all part of this journey to success. It really doesn't matter what you're learning, it's that you are," said Lambert.

Campus Quips



Megan Harris

Question:
What professor do you like best and why?



Christine Mattison

They're all great- easy to get ahold of and to talk to, even if you're not in their classes.



Courtney Nolan

Wuagneux because there is never a dull moment.



Alex Davis

Professor Frey. I've had him in three or four classes and I really like his teaching style.



Kaylee Robison

Vaughn. He's the marching coach and he makes everything we do fun.



Nick Rettinger

Burnham Holmes because he made the class so easy to be in.



ROBERT BURGE / CASTLETON SPARTAN

Contestants devour hot wings in an early round of Huden's wing eating contest on March 24.

Hot wing inferno at Huden Dining Hall

By Talia Roy
Castleton Spartan

Their hands shook, their faces were bright red, covered in sauce and shining with sweat.

But still they persevered.

The first annual Spartan Insanely Hot Wing Battle kicked off on March 24 with an intense crowd surrounding Huden Arena. Five brave contestants sat at a table in the center competing in a five-round battle of spice.

An idea borrowed from UVM by Chef Adam Lewis and Andrea McCauley of Huden, the Battle consisted of five contestants and five rounds of five wings. Each contestant had five minutes to eat all of his or her wings, and then a minute to rest. Referee Tim Sparks, dressed in a referee's jersey, toga and crown of ivy, approved each wing that was finished.

Before the Battle began, Ryan "The Heat Master" Cummings asked McCauley and Lewis what would happen in the case of a tie. McCauley said they had a tiebreaker if that were to happen, but Lewis just chuckled wryly and said, "There won't be a tie."

The fifth official contestant, Robert Burke, didn't show up, so three volunteers were chosen from the audience to take his place. Cheers from the audience determined that Kate Bucci, the token girl, would be the fifth and final contestant.

Bucci was asked about any possible allergies and had to sign a waiver form that the other contenders had already filled out. On it she had to include emergency contact information, indicating the seriousness of the Battle.

Round one began and ended without too many problems. According to the Scoville Scale, this round was about the equivalent of a jalapeño pepper, or 2,500 to 8,000 units of heat.



ROBERT BURGE / CASTLETON SPARTAN

Mark "Too hot for words" Middleton battles the heat.

Each round progressively became hotter and hotter, with Round five consisting of a whopping 8.6 to 9.1 million units of heat.

Before Round three, two firemen in complete turnout gear showed up with super soakers.

"The Castleton Fire Department will hose down the inferno in your mouth," announcer Jack Healey said. Bucci was the first to waive the

white flag of surrender during Round three.

"I'm fine, I'm just full, I ate dinner beforehand," Bucci said.

After each surrender, the competitors received a pint of milk to cool down his or her mouth.

While Cummings still looked completely unaffected, the other contestants were starting to struggle. Ben "Leather Tongue" Murphy began to

slow, claiming his hands were numb. Eventually Murphy too surrendered, shortly followed by Mark "Too Hot For Words" Middleton, whose face had been steadily turning a brighter shade of scarlet with each bite he took.

Martin "I Live For Hot" Jutres, who was wearing bunker gear, was now Cummings' only competition. Cummings still showed no signs of eating anything hotter than pepper spray, though he did begin to lose steam. Jutres' face was covered in hot sauce and sweat.

"What's it taste like?" Sparks asked Jutres.

"Shit." Jutres replied through a mouthful of chicken.

Eventually Cummings sat back and made a deal with Jutres, who was obviously struggling, to call it quits and agree to win together.

Although they both preferred a tie, due to a technicality (most likely because he ate more in the final round), Cummings was named the official winner.

Prizes included a snowboard, which Cummings kept, and a skateboard he agreed Jutres could have. Cummings also won a jalapeño piñata and crown.

After the competition most of the competitors wandered around Huden trying to cool down their mouths and faces.

"It's my face more than my mouth. It's like pepper spray in your mouth." Jutres said, while rubbing a handful of ice on his face.

"The last one, that was it ... it tasted like asshole," Cummings said.

He said he eats spicy foods all the time and could have kept going had the wings actually tasted good.

"Honestly, I feel like I just blew a demon," Murphy said.

Annual Scorpion Bowl excites campus

By Meghan Dufour
Castleton Spartan

We are coming to the end of April, which only means one thing to the Castleton State College rugby community: Scorpion Bowl.

Although Scorpion Bowl is a well known tournament for local rugby teams, not everyone at CSC knows exactly what it is.

"Scorpion Bowl is an annual tournament that the men's and women's rugby club hosts for our alumni and other schools," said Meg Daly, CSC sophomore and women's rugby president.

Not only is this event a

good way for the current and former players to bond with each other, but it's an event to get to know the teams from neighboring schools as well.

"The tournament is an all day event that goes from 9 a.m. to 3 p.m.," said Chris Nichols, CSC Junior and Men's Rugby Match Secretary. "Not only will our alumni players be attending, but there are teams coming from Middlebury, Green Mountain, and Bennington too."

Although rugby is an unknown confusing sport to many, this event isn't only for people that have a knowledge or skill for the sport.

"Scorpion Bowl is a fun way for students to be introduced to rugby," said Daly. "Not only will they be cheering on their friends, but they'll enjoy the sunshine and good atmosphere a Rugby tournament promotes. It's an exciting way to document your time at Castleton."

"It's a really fun event. Not many people have ever seen a rugby match before and it's a good way to get more people at school involved," said Mark Manjuck, CSC sophomore and men's rugby vice-president. "This is a really intense game. Even if you don't know exactly what's going on, it's pretty

fun just to go out there and watch people get hit hard."

For the people who don't have a particular interest in the game, there are still plenty of ways to show your support for the team.

"We are having a grab bag raffle at the tournament," said Manjuck. "There will also be t-shirts, sweatshirts and bumper stickers for sale, which all go to support our teams for our future seasons."

For many rugby players, this isn't just a way to display their talents on the rugby pitch. Instead it's a way to celebrate what the sport is about.

"Rugby is a kick

ass sport," said Brooke Choiniere, CSC junior and women's rugby treasurer. "This is a great chance to experience the rugby culture and know what this team and this sport are all about."

The Scorpion Bowl tournament will be held at Bowen Field on Route 4A on Saturday, April 24.

"We really need people to come out and support us," said Choiniere. "We are sort of neglected as a sport and it is a great way for people to come see what we do. The more support we get from the spectators, the more motivation we'll have to play better."

Private investigator questions Castleton students

By Jeremiah Haggerty
Castleton Spartan

The story of a CSC student who let loose with an assault on his suitemates may be old news for some, but for those involved the story continues.

On Friday March 12, at approximately 2:30 a.m., police responded to a call on campus of an assault with a

knife in Haskell Dormitory 203. Police arrived to find two Castleton students with injuries as a result of the dispute.

Nathan Dolan-Aubertin, 19, of Concord, N.H. was issued two felony counts of aggravated assault and was ordered by police to appear in Rutland District Court on April 19.

Recently a private investigator by the name of David Yendell has made attempts to get in contact with students who were involved and witnessed the incident on the night of the assault.

Residents of Haskell 203 have not spoken with Yendell after he has made attempts to get in touch with them. Will Johnson however, a student

witness, did speak with Yendell. "He asked a few questions trying to get the details like what my relationship with Nate was like," said Johnson. "He basically asked me what happened."

Johnson said that Yendell informed him that he was working in defense of Dolan-Aubertin's case.

When contacted Yendell

wouldn't say who had hired him or what his objectives were, only saying it was a "pending case."

CSC is aware of the investigation according to the Dean of Students Dennis Proulx. Proulx wouldn't comment further on the matter.



WYATT ALOISIO / CASTLETON SPARTAN

The CSC theater department brings blockbuster *Jesus Christ Superstar!*, perhaps its biggest show ever, to Casella theater.

Superstar is a super hit

By Megan Harris
Castleton Spartan

When the lights dimmed Wednesday, April 14 night in Casella Theatre, the full house whispered in anticipation. The Castleton production of *Jesus Christ Superstar* gathered huge audiences this past week and it wasn't just Soundings students in attendance. With a thirty-six-person cast, flashing lights and power ballads this show was bound to attract the numbers.

Written by Tim Rice with music by Andrew Lloyd Webber, this play was made famous in the 1970s. The rock opera is based on St John's Gospel account of the last week of Jesus' life, beginning with the preparation for Jesus' and his disciples' arrival in Jerusalem and ending with his Crucifixion.

Even as the play is written for a slow lead in the first scenes, I had the

impression that that wasn't the only factor in the low energy exuded in the first half of the opening act. Up to this point, I'm sure that the audience was as well aware as the actors that there were some technical difficulties—namely the first three scenes were inaudible.

Despite the slow beginning, the talent on the Castleton campus became clearly evident in the second half of the first act following through to the end. The turning point for me was when Brette Tucker, playing Mary Magdalene, came on stage. Not only did she strike me as being fully in character, but also her voice was deserving of a bigger stage. With her solo, "I Don't Know How to Love Him," later in the act, Tucker had not only stolen the stage but carried the show as well.

While the "Superstar," Jesus was played by Castleton graduate James

Lorentz, I felt that his singing was the most problematic in the scheme of the show. Exiting the show the response most heard to his voice was, "why was Jesus so whiny?" It's not to say that the passion of Lorentz's performance was lacking for certainly it was not—anyone who witnessed his dramatic depiction of Christ's crucifixion was shaken. But the overall tone of his voice seemed off and it seemed to have an effect on the rest of the cast.

Although I enjoyed the character work that Morgan Bernhard did in creating his sulking and seemingly jealous Judas, his own vocals were definitely detracted by an overly loud orchestra or a faulty microphone. Of what I was able to hear, he nailed the power ballads so it was a shame that his voice was lost on some of the audience members.

There were three other male performers who caught the attention of

my ears and they were Thomas Walker playing Caiphas, Thomas Townsend-Pitt playing Annas, and Mark Baglione playing Pontius Pilate. All three of these men had voices that, like Tucker, deserved a bigger stage and a bigger audience. Whenever any one of these performers was on stage, I found myself not only more interested in the scene but also more clearly understanding it thanks to their colossal and articulate voices.

The challenge of performing *Jesus Christ Superstar* is not an easy one. Overall, the cast and the crew stepped up to the challenge and offered it a real one, two punch. As anyone in the audience can attest to, Castleton State College obviously has a tremendous amount of talent to pull this show off the way it was done.

Movie Review: "Greenberg"

By Meghan Dufour
Castleton Spartan

If someone had told me a month ago that Ben Stiller could play a serious movie role successfully, I wouldn't have believed them. That was until March 19, when his new film "Greenberg" was released to theaters.

Ben Stiller plays Roger Greenberg, an unsuccessful musician fresh out of a New York City psychiatric hospital who believes that "life is wasted on people".

To escape his sad atmosphere, Roger flies to California to house sit for his brother's family. Although the new scenery would've been enough for most people to cure the "blues", Roger spends his days drinking liquor, eating ice cream sandwiches and dwelling on the past.

That's until he meets Florence, his brother's assistant, and they begin a quick and confusing affair. Roger tries his best to love her, but his



strangely tangled mind won't let his feelings for her show.

So, while trying to figure out his desires, he also tries to mend broken friendships of his past and figure out what he really wants in life.

If this film proves anything to an audience, it is that Stiller can dedicate himself to any role, and make it realistic. I would've never thought that the man responsible for "Zoolander" could take on a deep emotional role, and have it be relatable.

"Greenberg" is a cynical

and humorous look at life. This dark drama can be a turn off for some people, but for those who are drawn more to realism than fantasy, this is a must-see.

Writer/director Noah Baumbach was successful in his attempts to make this movie a memorable one. But this film may not have been so satisfying if it weren't for the outstanding performances by Rhys Ifans, Jennifer Jason Leigh and indie film star Greta Gerwig, whose quirky characters only make the film feel more authentic.

If you are looking for an uplifting film where you leave the theater knowing everything worked out and all your questions were answered, I would suggest you search for another film. This film is an honest portrayal of life, including all the humor, happiness and heartbreak that it contains. But even with the roller coaster of emotions, don't expect a complete happy ending.

Book Review: Dealing with Dragons



By Wendy Young
Castleton Spartan

Princess lessons include dancing, embroidery, and when to scream while being kidnapped by a giant. Princess Cimorene is more interested in learning fencing, magic, and how to make cherries jubilee. Fed up with her father cancelling the lessons she wants, which are 'improper' for a princess, Cimorene runs away. On the advice of a talking frog, she goes to the dragons. Dragons

almost always have princesses to cook and clean for them, and Cimorene thinks that this will be much more interesting than embroidery. She moves in with the dragon Kazul, and begins a much more exciting life than the one that she had been leading.

Dealing with Dragons by Patricia C. Wrede is an interesting fantasy story. The first in a series of four books known as the Enchanted Forest Chronicles the book introduces the character of Cimorene, the princess who believes that princess-like duties are boring. She becomes the first princess in the history of the dragons to volunteer to be a 'captured' princess. Well written, Dealing with Dragons is a relatively quick—and funny—read. While the story is geared towards pre-teens or slightly younger, it is a series that, while reading, you do not have to think too hard. Instead, you can just enjoy the story.

SOUNDING OFF

Quotes from the performance of *Jesus Christ Superstar*, April 16

When asked, "Other than Jesus, which character does the play portray as the most sympathetic?"

When pondering this question throughout the course of the play, my mind immediately jumped to Mary Magdalene. However, as the play progresses, the character, Judas, really came through. Morgan portrayed that role and I saw a side of Judas I had never before thought of or had a chance to experience. His sense of sympathy and empathy will never allow me to look at this play the same way again. *Matthew Couture*

I believe that the character portrayed as the most sympathetic other than Jesus is Mary Magdalene. Even though the crimes she had previously committed (moral), Jesus accepted her. In turn, Mary learned to love others. She was very sympathetic towards Jesus. She learned to not take him for granted and treat him as he deserved to be treated. Also, she taught others not to expect him (Jesus) to completely solve their problems. Belief in the Lord and not pressuring Jesus was how she demonstrated to the others to treat Jesus. When everyone else betrayed Jesus, she remained loyal and sympathetic. *Amanda Marcy*

Upcoming Events

Dr. Mike Kiernan
The First Quiet Night in Haiti
Monday, April 19, 2010
7:30 p.m. - Jeffords Auditorium

You may remember that Dr. Kiernan organizes Castleton's Martin Luther King Day celebration. Having spent time this winter doing medical relief work in Haiti, he will give us an idea of what it was like to provide important humanitarian aid.

The Floorlords Urban Dance Theater
The History of Hip Hop
Tuesday, April 20, 2010
7:00 p.m. - Casella Theater

This group is amazing, and will present a very lively show! Over the years, Hip-Hop has been influenced by other dance forms; and we will be treated to a mix.

Castleton State College College
Collegiate Chorale
Sunday, April 25, 2010
3:00 Casella Theater

Professor Sherrill Blodget will direct the Chorale in a program celebrating Spring.

Come listen to a beautiful blend of voices sing some uplifting music.

Senior Style



Molly Fraher

As April begins to wind down, so many things need to fall into place for us graduating seniors. There are so many factors to consider, so many things to think about.

We need to make sure all of our i's are crossed and that all of our o's are dotted. One little slip up, and we might not be able to walk across that stage, or be handed that diploma.

I know that I've been checking my program evaluation compulsively since January, making sure I'm all set. I stared at the computer screen and went through the checklist, yes I did that, this will be taken care of after this semester, and so on and so forth.

Of course, like an idiot, I waited until the second semester of my senior year to take both the Info Lit. and the Quant. But the pressure that was put on my shoulders was really what sent home the message.

I'M GRADUATING.

All I have to do is pass these tests, and finish out the semester and I am a college graduate.

It seems like just yesterday I walked onto campus as a little, naïve freshman, eager to meet new people and further my education.

And now, four short years later, I find myself stuck at the intersection of 'grow up and move on' street and 'these were the best four years of my life' street.

Not coming back next year is going to be both wonderful, and heartbreaking at the same time. This institution has been the only thing I've known for the past four years.

The people I've grown close to and consider my best friends will no longer be right down the road. This is the time where everyone follows their own separate path, and begins a new chapter in life.

A chapter that's going to be exciting as well as terrifying. Of course it may be difficult from time to time, but there are also going to be rewarding moments too, and that's what I have to focus on.

We're going to enter the real world, finally be a part of society and give something back. We've all paid our dues, and have worked hard for the past four years to get to where we are today.

That first job, that first car you buy or even the first house you buy. They're all milestones that are on the horizon, and although this may be the end of college, there are still so many accomplishments to look forward to.



FRONT & BACK



ROBERT BURGE / CASTLETON SPARTAN

Moe brought the tunes to Killington and Spartan Arena for their Snoe.down music festival.

Sun, snow and Moe.

By Shelby Lacroix
Castleton Spartan

Festival season poked its head through the clouds on March 26 with the arrival of the Snoe.down winter music and sports festival hosted by Moe., a quirky New York rock band with a loyal and energetic following.

The festival, held previous years in the band's home state in Lake Placid, found a new home in the mountains of Vermont for its 2010 festivities. The festival delighted fans with three days and two nights of mountain-moving musicians, snow-sports, and bluebird skies.

Moe.'s decision to host a winter sports and music festival was an easy one.

"Most of the people who are fans of the band are also

especially into winter sports and being outdoors, so it combines the whole thing," said Vinnie Amico, Moe.'s drummer.

He added, "A basketball tournament maybe not so much, but with winter sports ... half the hippies in the world are ski-bums, it's common ground...music, outdoors, skiing, it seems to be a no-brainer."

Hundreds of Moe.rons (the endearing name many Moe. fans have given themselves) and ski enthusiasts alike filled Bear Mountain at Killington Ski Resort on March 27. Fans made paces up the hill to check out the free tunes, hiking and catching shuttles from the end of the mile-long trail of cars which lined the road below.

The McLovin's kicked off

the morning with a zesty set at the base of K-1 while Hot Day at the Zoo, a foursome jamming their own blend of "zoo-grass," rocked Bear Mountain Lodge. Later, Moe. brought the masses outdoors to the main stage at Bear with a funky golden hour set. The snow and ice which had covered the ground earlier in the day, melted quickly with the warm sun and dancing feet.

With the exception of closed toe shoes and winter jackets here and there, the crowd's colorful clothing and sun-glassed faces were visions of summer. The smiling people appeared to be reeling in the festival spirit already.

"It's amazing vibes, amazing energy," said Liz Shapiro, an avid music-goer from New Hampshire.

Shapiro traveled to Ver-

mont with friends to enjoy some Moe. festivities.

"I mean, I love Moe." she said, adding that among others, she was also looking forward to seeing Assembly of Dust, who would be opening for Moe. later that evening at Rutland's Spartan Arena.

As 7 p.m. approached, fans rallied to Rutland, lining up outside the large venue to catch night number two of Moe.

Transformed from a hockey rink into a mini-festival city complete with vendors, the Spartan Arena was packed Saturday night with an enormous crowd, eager for some Moe. Snoe.down marked the first event of its kind at the 2,800-person venue in central Vermont, recently purchased by Castleton State College.

Impressed by the positive



turnout of Snoe.down, Scott Dikeman, director of the Spartan Arena, attributed its success to the experienced team who made it happen.

"All the right people were put together," he said.

Christine Tornello, a Castleton State College student and tech staff member who was contracted by Atomic Pro Audio to work the event along with other Castleton tech staff, was pleased with the turnout. Having worked similar events before, she said her experience working Snoe.down stood out as a positive one.

"I worked a 16-hour day and left at 5 a.m. still smiling," said Tornello, "That says it all right there!"

But will this be the first of many Snoe.down shows to come?

"Whether they'll want to come back again next year, that's up to them at this point, but if they approached us and had an interest, I think there's no question!" Dikeman said.

"It was a wonderful, creative event for the Rutland area," said Dave Wolk, president of Castleton State College.

He emphasized the cultural and economic significance of the event to both Rutland and Castleton communities, and to the region as a whole.

"We have the largest, and perhaps the best concert venue in southern Vermont, and we're going to expand the cultural offerings there because the arena is much more than a hockey rink," said Wolk.

Soundings program subject to change

Continued from page 1...

But the idea of students simply being "done with it" is exactly the attitude the committee is hoping to change. Members said they see the revised program as a way to bring clarity to their general education experience.

Students who have a heavy work load or are taking on internships their junior year also have the option of completing the Soundings

requirement their senior year.

"I think there's enough flexibility where students won't have a problem getting it done," said Pinto.

But for many students it's not about work load or time constraints, it's about lack of interest in the events. Ryan Baldinelli is a junior at Castleton who is still trying to complete his Soundings semester from freshman year.

"Personally, I think it's a waste of students' time,"

said Baldinelli. "It should be changed, but adding more work to what we already have isn't the way to make us want to do it or get something out of it."

Baldinelli offered a proposed change for the program.

"Maybe only make it three Soundings events. That way you cut the number of total events in half," he said. "Students will still get the experience and account-

ing costs will be cut. It would work well and students would actually go and take interest because it's only three events a semester."

But for now, the vote is in. Despite opposition from both students and faculty members, the class of 2014 will be the guinea pigs for the new Soundings design.

Part-time professor has big time opera credentials

By Caleb Manna
Spartan Contributor

The lights fade, the curtain opens, and all eyes are on Suzanne Kantorski-Merrill as she gracefully takes center stage. At every performance, whether locally or in New York City, she said she "brings the story to life," creating an intimate show through song and performance, behind the 100 piece orchestra wearing 30 pounds of period clothing.

"You have to capture the entire audience for a two-hour performance," said Kantorski-Merrill, the part-time Castleton faculty member and world class operatic soprano. Without using a microphone, Kantorski-Merrill can capture the entire audience through the emotional tone of her voice and expression in her movement.

Even if you can't understand the words, you still get a sense of the story.

She started performing at 17, after only a year of lessons, making her debut at the Barre opera house. After that, she was fortunate enough to team up with a group of key musicians and land herself a scholarship at the prestigious Manhattan School of Music.

"When you go to a school like that, everyone is good," she said. "It has to be no er-

rors, no mistakes, everything is so specific. Your work has to be the best."

Dealing with the pressure of competing against the best rising stars in singing, she tries to take a more relaxing approach.

"You can only do what you do, it's enough," said Merrill, "and every time you do it, it gets better."

But what place does opera hold in today's world? It's certainly not a very prominent one among CSC students.

"Why would I want to watch that?" said Jordan Vickers, a senior.

But opera does not always fit the stereotype of fat ladies with horned Viking helmets singing nonsense in Italian.

"Modern opera is very organic, very intense," said Kantorski-Merrill. "It's the human connection."

Most first-time opera goers are shocked at the intensity and vivid scenery of the performance, she said.

"Usually it's 'hey I just scored some Metallica tickets.' You never hear 'hey I'm going to try and score some opera tickets,'" she said.

Kantorski-Merrill teaches voice part-time for Castleton music students about once a week, offering valuable experience to young students who want to succeed.



Suzanne Kantorski-Merrill

"She's tough," says Candis Machia, a theatre and music student. "Very good, but tough."

Kantorski-Merrill lives in Vermont, but commutes to New York City every week, where opera is a high class, cutthroat arena. She appears in scheduled performances, as well as in the competition scene, where prestige and the lure of big money brings big expectations.

She compares practicing her routine to the schedule of professional athletes.

"We have a team of coaches, a nutritionist," she said. "The performance for us

is like the game. You want to make sure you're ready."

By doing well in these competitions, Kantorski-Merrill was able to build her musical resume and gain recognition on the opera circuit. She has performed in Handel's Messiah, Mozart's Exultate Jubilate, Barber's Knoxville Summer of 1915, Villa-Lobos' Bachianas Brasileiras No.5 with the Manhattan Piano Trio, Schubert's Mass in G and Orff's Carmina Burana.

She will be performing Peal Fischer, by French composer Bizet, at Middlebury College this spring.

Lobbyist at CSC

Continued from page 1...

ager who was responsible for most of her harassment was reassigned to a new department, but, even afterward, she continued to face discrimination.

When Ledbetter began working at Goodyear in 1979, she started off with the same base pay as her male counterparts. However, Goodyear soon switched their pay system to reflect on performance and enforced strict confidentiality rules that prohibited workers from discussing salaries.

"Some years I would get raises, and I thought they were pretty good," she said, "but I didn't know how they compared to other people's raises."

It wasn't until 1998, just before she retired, that she said, hard evidence of pay discrimination began to surface.

"An anonymous note was left in my mailbox," Ledbetter said.

The note compared her wages to three other male managers' wages, showing that they were getting paid between 15 and 40 percent more than she was.

Shocked, hurt and upset, Ledbetter said, she made the decision just a few short days later to file a complaint with the Equal Employment Opportunity Commission and, in 1999, she hired an attorney.

When the discovery process gave proof that Goodyear had known all along that Ledbetter was getting paid a lot less than the men doing the same work, her case was taken to federal court in 2003. "I thought about letting it go," she said slowly, "but it was a basic matter of fairness and my dignity."

Goodyear had claimed that Ledbetter was a poor performer, and that explained the lower wages.

The false claims and Ledbetter's "Top Performer" award, won in 1996, convinced the jury to rule that Goodyear had discriminated against her in violation of Title VII, the

Civil Rights Act.

The jury awarded her back pay as well as \$3.3 million. Her \$3.3 million, however, was reduced to \$300,000 because of Title VII's statutory cap.

Goodyear appealed the verdict, and, on May 29, 2007, the U.S. Supreme Court ruled that Ledbetter was not entitled to compensation because she filed her claim more than 180 days after receiving her first discriminatory paycheck.

Ledbetter had lost approximately \$224,000 in salary over time, and she now lives paycheck to paycheck as her retirement wages are based on the discriminatory pay she received.

On Jan. 29, 2009, Lilly Ledbetter stood next to President Barack Obama as he signed the first piece of legislation as president.

The "Lilly Ledbetter Fair Pay Act," ensures that workers discriminated on the basis of gender have a fair chance to sue their employers and amends the Civil Rights Act so that workers can sue up to 180 days after receiving a discriminatory paycheck.

"Stand up for yourselves," she encouraged. "Once you know your rights, it's that much harder for people to take them away from you."

"She was absolutely fabulous," Castleton economics professor Judith Robinson said after the speech. "This is a very important story to tell, and it's part of a whole larger picture that's out there."

Castleton communications professor and women's studies advocate Sanjukta Ghosh coordinated the event and was pleased with Ledbetter's words.

"She's not doing this for herself," Ghosh said. "She's doing this for future generations to come, so that what happened to her doesn't happen to others and that's what we're trying to accomplish."

Men's lax taking it one game at a time

By Chadwick Cioffi
Castleton Spartan

The Castleton men's lacrosse team jumped out to a 5-1 North Atlantic Conference record with its 19-0 shutout win over the University of Maine-Farmington on April 18.

The Spartans, now on a four-game winning streak, had 10 players reach the scoring column in their win over the Beavers at Spartan Stadium.

Junior attackman Mike DelDotto led the Spartan offense with five goals and an assist. Jeremy Peyton, a junior attackman, tallied a hat trick, and freshman Sam Bailey earned playmaker honors with his three-assist performance. Kevin McCarthy scored two goals and earned two assists and his brother, Brian McCarthy, scored two goals and also assisted on a goal.

Even the long poles were able to get in on the scoring as sophomore midfielder John Petrovitsis tallied a goal. More impressive than the fact Petrovitsis plays as a long-pole midfielder is that he also wears a cast around his right wrist from an early-season injury.

"It was tough at first," Petrovitsis

said of playing with the cast. "But I got a new cast and the mobility is a lot better now."

Kevin McCarthy said that with only three games left in the regular season it is important for the team to work on the little things now as well as getting different players in the game.

"It's not just about getting those guys in, but it's like a live-ammo practice. We can run things we don't usually get to run," Kevin McCarthy said. "And it's great for the guys who work hard in practice because they get a chance to show their stuff."

Spartan goaltenders Dave DeGhetto (1 save) and David Manghis (3 saves) didn't see many shots on goal as the team's defense was unyielding to the Beaver offense. Although this was not a hard win to come by, the team's focus has not changed.

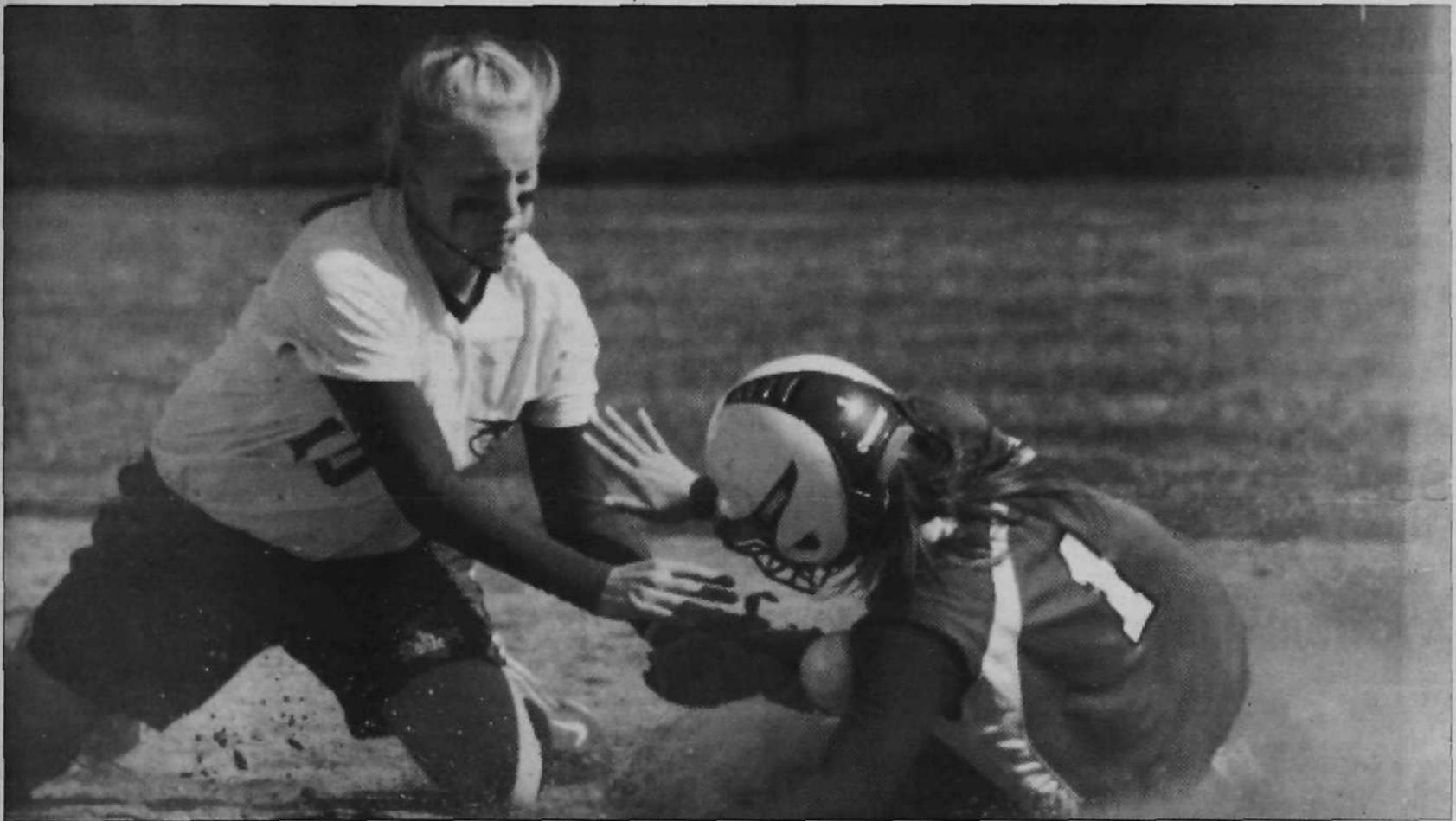
"We have a feel for each other out on the field right now," said DeGhetto. "We have to take it one game at a time, though. You can't really think about Ida because any team can step up on any given day."

The Spartans will go on the road on April 24 to take on St. Joseph's College in Maine.



JOHN SHRAMEK / CASTLETON SPARTAN

Korey Counos fires a shot on goal during the April 17 victory over Maine-Maritime.



JOHN SHRAMEK / CASTLETON SPARTAN

Shortstop Megan Blongy puts down the tag at second base in a 4-3 victory against Plymouth State on April 13.

Softball struggles in home stretch

By Chris LaPointe
Castleton Spartan

The Spartans have been making some heads turn since spring break started, going 10-6 from April 2 to April 17.

With a young roster this year, the team is looking to make a late push towards making it to the North Atlantic Conference final four for the fifth time since the program's inception.

Big wins against Plymouth State College and Rensselaer Polytechnic Institute has shown that Castleton can be a threat in the

NAC.

With only three double headers left to go in the regular season, the Spartans are looking to lock in fourth or fifth seed in the tournament. The seeding will determine if they would have a home game in the quarterfinals.

"We will be disappointed if we don't make it [to the NAC Final Four] this year," coach John Werner said. "Bridgette and I have maximized our efforts to make this team a contender and the players do the same as well."

One of the bright spots for Castleton this season has been senior third basemen and

pitcher Hillary Bemis, who is leading NAC with 22 RBI's and three home runs. Bemis has also leads the conference in strikeouts with 64 k's on the season.

A lot of the freshmen players have really helped the Spartans take big strides toward the end of the year too.

Freshman shortstop Megan Blongy leads the team in batting average with a .509.

Freshman pitcher Taylor Lively was named pitcher of the week on April 12, throwing 14 innings, allowing one run on nine hits against RPI and UMaine-Farmington.

Werner mentioned how Lively was a great addition to the team this year.

"I was thrilled to hear she was interested in our program," he said. "She always has a positive attitude all the time. She is seemingly unflappable."

The Spartans will play their last home games of the season in a double header matchup against Green Mountain College at 3:30 p.m. Then they will be on the road for the rest of the season with stops at Johnson State College and Middlebury College.

Baseball team continues to dominate North Atlantic Conference

By John Shramek
Castleton Spartan

This baseball team is 20-9 overall and 10-0 in conference play, winning 18 of its last 20 games. Its top offensive player is abusing opposing pitching with a .405 batting average, five home runs and 38 RBI in 29 games.

No, it's not the New York Yankees. It's the Castleton Spartans.

This Spartan baseball team has been on a rampage this past month, putting an end to any talk that the team would suffer from a loss of confidence after the heartbreaking defeat in the North Atlantic Conference championship game at the hands of Husson University last season.

The latest helpless victim in the way of Castleton's quest to return to the top of the NAC was Thomas College. Castleton swept the double-

header matchup 5-2 in game one and 1-0 in game two.

Castleton sent Ken Cook to the hill in game one, looking to set the tempo for the weekend series right away. Cook did not disappoint as he threw seven innings, giving up just two earned runs on five hits while striking out nine batters.

Billy Manely led the way offensively in game one as he had two of the Spartans' 10 hits in the game. He drove in three runs and also scored one for Castleton. Ryan Zielinski and Jack Lancelin also drove in runs in game one.

In game two, Castleton had Matt Greene on the hill. The junior pitcher continued his excellence on the mound, pitching a complete-game shutout, giving up just two hits. He struck out 16 batters on the day. As of April 18, Greene is sporting a 4-0 re-

cord with a 1.74 ERA in 31 innings pitched.

David Brandt, four for four on the day, knocked in the only run of game two in the top of the ninth inning.

Even though Castleton has been an absolute powerhouse since March 21, coach Ted Shipley displayed modesty when talking about the team's success this season.

"We are a work in progress. We'd like to become better than a good team," he said. "For this to happen, we need to improve in all areas. Like most teams, we have some strengths and weaknesses and we have work [hard]."

Castleton, though, hasn't seemed to show many weaknesses so far this season, and they looked especially good when they embarrassed Division III No. 18 nationally ranked Plattsburgh 18-4 on April 14.

"That was a freak game when everything happened just right. Plattsburgh is a nationally ranked team and we respect them," Shipley said. "So it doesn't happen that often that we play where everything goes right. The baseball gods shined on us that day. We understand this and keep things in perspective."

Castleton's next obstacle is Husson, who the Spartans will play four games against on the weekend of April 24.

Shipley says the Husson game will be a big challenge for his Spartans, but he thinks Castleton will be able to kick it up another notch against its rival team.

"We expect all close games with Husson because they are a solid team, and we plan to be playing better baseball when they come to town," he said.



JOHN SHRAMEK / CASTLETON SPARTAN
Cesar De La Cruz fields a ground ball.

SPORTS

Not your typical student athlete

By Kristie Dunchus
Castleton Spartan

It's Wednesday. The alarm goes off at 6:45 a.m. and senior Heather Patterson rolls out of bed as she gets ready to go to Killington to practice with the other members of the Castleton State College ski team. She's on the road by 7:15 a.m. By 9 a.m. she's at the gates getting ready to train.

From 9:30 a.m. to 11:45 a.m. she gets in about six to 10 runs. Then at noon it's time to get back to Castleton.

Patterson arrives on campus at 12:45 p.m. and immediately has to hustle to her 1 p.m. class. She is an Athletic Training major, so at 2 p.m. she has to meet with athletes in the athletic training room to do their rehabs. By 4 p.m. she dashes off to her next class.

After class she rushes home to eat dinner and take a shower. After that she races to the library to do her homework until around 11 p.m. and then it is off to bed.

When she gets up the next day, she does it all over again.

This is just a typical training day for Patterson, but she isn't just your typical student athlete. She was recently named an Academic All-American by the United States Collegiate Ski and Snowboard Association.

The prestigious award is based on achieving a certain GPA and being a member of a team that qualified for the USCSA national championships. Castleton was one of 23 women's and 21 men's teams at Sunday River, Maine, in March.

When the men's and women's ski teams went to nationals, they came back with four Academic All-Americans. The other winners were Connor O'Brien, Erica Luce and Katie Martin.

Patterson has been successful in the classroom during her time at Castleton, earning a cumulative GPA of 3.57 so far. On the slopes, Patterson has compiled three third-place finishes this season and finished the year ranked fourth in the Eastern Collegiate Ski Association Thompson Division standings. Patterson ends her skiing career at Castleton with 14 top-three finishes and 37 top-10s, both



Senior Heather Patterson succeeds on and off the hill.

PHOTO CONTRIBUTED BY CHRIS EDER

program records. When she first heard she had received the award Patterson was very flattered, but her future is what came to her mind.

"I thought, 'Oh wow, that will be a good thing to put on my resume,'" Patterson said.

But Patterson doesn't keep up with her studies for the awards, she does it simply because it's imperative to her.

"I always have goals to do well in school," she said. "Maintaining my grades is something that's important to me."

Head ski coach Chris Eder is very proud of Patterson's hard work and was not surprised she was one out of the four to receive the award based on her GPA.

"She's a senior who really shows what she's done and capable of," Eder said.

Patterson, a Stockton, Calif. native who started skiing at the age of four and racing competitively at eight, said skiing and school haven't always meshed this well in the past. Patterson even had to quit competing when she was a junior in high school because there was a lack of support

from her teachers when it came to skiing.

She skied for the Heavenly Ski Foundation, which was located three hours from her home, so she missed every Friday of school. Her teachers didn't understand why skiing was so important so Patterson had no choice but to stop skiing and focus on school.

She said these two years of her life were her lowest. But Patterson got another chance to compete on the slopes again when she got a call from Eder. She was one of the first real recruits the ski team had.

"I was promised that I was going to help shape the program," Patterson said. "It's really one of the only reasons I came to Vermont. It's the reason I stayed here for four years."

But it was also Castleton's flexibility with its student/athletes that also made it appealing to Patterson.

"This school made it so it's OK to be an athlete and a student," she said.

Patterson has a lot of family support even if she rarely gets to see any of them. Her father is an avid skier as are her siblings. But one of her biggest fans is her grandfather, Robert

Humphrey, who is president of the private school, Humphreys College, in her hometown.

Patterson says he is a very caring person and her education is something that is very important to him. He even got to see her race during her four years here and, according to Patterson, was very intrigued and loved watching her.

When Patterson first came to Castleton, being so far away from home was not easy for her to deal with at first.

"I hated Vermont," she said.

But she later realized how many wonderful people she had met through the course of her being here.

"I have friends here who will be my lifelong friends," she said.

Patterson will graduate this spring and will attend graduate school at Utah State. Patterson went on to say she knows wherever she ends up she will always keep in touch with these friends, and in the long run she is very happy with her decision to come to Castleton.

"It's not about where you are, it's about who you're with," she said.

Sports Talk



Chad Cioffi

Castleton is in the home stretch of the race, and Spartans has the car in cruise control. Spring sports have been playing phenomenal since the end of March, putting together a 50-16 record. A majority of the teams are hitting their peak, and this is just the time to be playing this well.

At first I had my question about the baseball team. The end of its season last year clouded my judgment coming into this season, but after seeing the team demolish Plattsburgh State I have no more questions. Plattsburgh was ranked 18 in Division III baseball when the Spartans gave the Cardinals an 18-4 beat down. The two days of doubleheaders against Husson will definitely dictate the conference tournament, but I have to go with Castleton to win the NAC. The Spartans have won 20 of their last 22 games, that's just pure dominance.

The men's lacrosse team is also gliding along smoothly as it finishes the season with games against St. Joseph's College and Lyndon State. These should both be easy wins in my eyes, but the team knows it's time to take it one game at a time. I think the Spartans won't have any competition until the NAC championship where they'll no doubt travel down to Mount Ida and hopefully claim the conference title. I've been calling this team the next NAC champs for three years now, and this time I think it will actually happen.

It's hard for any spring sports team to get attention when the women's lacrosse team has been playing this amazing. They've won eight out of their last nine games and have been in a lot of close matches this season. The Spartans finally beat Bridgewater State and hold a 4-1 record in the NEWLA. If the road to the conference championship has to come through Spartan Stadium, you'd be a fool not to favor Castleton. I can't bring myself to say this team will win the conference, though, but only because I don't want to jinx them. I have a lot of faith in this team's ability to win the NEWLA, but I'm going to keep my trap shut on this prediction.

I can't help but pick the tennis team to win it all, but what's new there? This team knows something about dominance with its 7-0 conference record. No team in the conference can touch Castleton, and it would be silly to disagree.

The Spartan softball team is 4-6 in the NAC and currently holds down fourth place. Even though Castleton was bested by the top three seeds in regular season matchups, I still foresee an upset brewing. There is nothing worse than a group of angry Spartans entering the postseason. I encourage the softball team to get angry and to play the role of the underdog. A first round upset WILL happen.

Castleton athletics has been playing inspired in the month of April, and I think it'll carry on into May.

Women's lacrosse steamrolls through competition

By Nicole Parker
Castleton Spartan

The women's lacrosse team has won seven out of its last eight contests.

The momentum was built up when the Spartans beat conference rival Bridgewater State 17-14 for the first time in program history. Bridgewater State has been the New England Women's Lacrosse Alliance champion every year since they joined the conference in 2007. Coach Tammy Landon was more than pleased with the result.

"The game was so exhilarating. It was definitely four years coming".

Since the win over the Bears, the Spartans have been on the up and up, beating conference foes Elms, Green Mountain and Fitchburg State.

The one disappointment was an 18-17 double-overtime loss to NEWLA opponent Westfield State. In the game, Marie VanDerKar

paced Castleton with six goals while Nicole Adams added four and Stephanie Paproski and Katelyn Nardini both netted two.

"The loss to Westfield State was frustrating. That loss could be very detrimental to our chances at a number one seed," said Landon.

This past weekend, the Spartans played host to Becker College. The game was in Castleton's control from the beginning as VanDerKar scoring the first goal just 18 seconds into the game. After more quick goals from Angelica Mazzola, Adams and Elizabeth Haggerty, the Spartan's pounded in another nine goals to Becker's one, making the score 13-1 at halftime.

Castleton started the second half the same way they did the first, with early goals from Jennifer Macari, Mazzola, and Paproski, continuing the hot streak through the second half.

Becker's Nicole Lijana



Amy Costa fights for the ball against Maine-Farmington during the April 18 win.

JOHN SHRAMEK / CASTLETON SPARTAN

managed to sneak in a goal with just over three minutes left, but it was in vain as the Hawk's left a rain-soaked Spartan Arena with a brutal 24-2 loss to the Spartans.

Castleton also notched another tally in the win column with its 10-4 victory against UMaine Farmington on April

18. The Spartans are showing that they are starting to come together as a team. Freshman goalkeeper Lily Derbeshire had nothing but good things to say about the team chemistry.

"I played three years of varsity lacrosse in high

school, and I have never felt so comfortable on a team. I feel like I have gained 21 sisters".

The Spartans go back to the grind today as they travel to take on a tough Keene State team. The game is slated to start at 4 p.m.

Men's tennis team sets its sights on Lyndon state

By Kristie Dunchus
Castleton Spartan

The Castleton State College men's tennis team is continuing its dominance in the North Atlantic Conference after defeating Thomas College 8-1 on April 17, improving its overall record to 9-2 and its conference record to 7-0.

The Spartans had five players with singles victories. The only singles loss for Castleton came in the number one spot where Thomas's Jeremy Cliff defeated Sophomore Willie

Levine 6-1, 6-1.

Levine quickly bounced back combining efforts with Senior Greg Kloper to win the first doubles match, though. Juniors Justin Garritt and Eric Slosek and Freshmen Kevin Eisenberg and Corey Kimball were also victorious in doubles action.

According to Coach Bruce Moreton, the team was not too concerned about the match. He said Thomas has the best two players in the conference, but one of the players was unable to make the trip

to Vermont. The rest of their team, according to Moreton is young and inexperienced. Thomas was only able to bring five players and had to forfeit number six singles and number three doubles.

Moreton says Lyndon is going to be the team to beat in the conference.

"Lyndon presents us with our main competition in the conference," he said. "Although we defeated them 7-2 early in the season, they have an experienced team with four seniors and two very good

freshmen."

Unfortunately for Castleton, the match against Lyndon that was originally scheduled for April 18 was postponed.

Moreton is very excited about the upcoming NAC tournament and is hoping to bring home the team's fifth consecutive championship. "He says his team will continue to work hard everyday to reach this goal.

The Spartans are set to face Sage College on April 22 in their last game before the start of the NAC tournament.



PHOTO CONTRIBUTED BY ENNIS DULING

Greg Kloper



Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

Wednesday, May 5, 2010

CastletonSpartan.com

Castleton, Vermont

Taking strides toward a cure



By Molly Fraher
Castleton Spartan

Participants in the third annual Castleton State College "Relay for Life" fundraiser walked from when the sun was high in the sky, until the moon and stars took its place.

Twelve teams, comprised of students, faculty, family and friends all gathered outside Castleton's campus center at 4 p.m. Saturday to begin the 12-hour trek into the night to combat cancer.

"By walking today, you're joining the international movement to fight cancer along with the 4 million other

people worldwide who are helping to save lives," said Hillary Greenfield, student coordinator of the event.

The event began by asking the survivors to walk the first lap around the track while Tom Petty's "Won't Back Down" played in the background.

Betty Derosier, a second-year participant and one of the two survivors to walk on Saturday, praised the efforts of the college.

"I was diagnosed about five years ago with uterine cancer and I walked last year at 74 and now I'm here again at 75," said a beaming Derosier. "I'm very grateful for today and

what it stands for."

Barbara Mercier, who battled the pre-stages of ovarian cancer nearly 20 years ago, was the second survivor who walked under the blue skies and sunshine on Saturday afternoon.

"This is my second year here and I absolutely support everything and everyone's efforts," said Mercier, who was not only walking for herself, but for her mother as well. Mercier's mother passed away two years ago from ovarian cancer.

Those who gathered to hope, celebrate, remember and fight back had the opportunity

to participate in various fundraising events throughout the day as well, with all proceeds going toward the total amount raised.

The dunk tank was popular with the younger supporters, who tried their best to hit the bull's-eye and soak students and members of the Castleton staff who were brave enough to volunteer.

Food stands were lined up around the track, giving walkers an opportunity to indulge in caramel apples, cotton candy, popcorn or even sno-cones at their leisure.

Continued on page 6...

Tip-line to prompt leads

By Jeremiah Haggerty
Castleton Spartan

Castleton State College is looking to its student citizens for help investigating criminal acts on campus. Last week, Public Safety initiated an anonymous tip-line that it hopes will give officers an upper hand investigating campus crime.

Bob Godlewski, director of Public Safety at the college, said he hopes the initiation of the tip-line will prompt more people to come forward with information.

"I know there are other people that see things that don't want to get involved," said Godlewski. "We're not looking for anything other than the information itself."

The tip-line has been discussed with the Emergency Management Committee for the past year or so, he explained. Other colleges have initiated similar hotlines for the same purpose.

"We decided it's something we need. It just makes sense," Godlewski said. "If we get one call and we're able to apprehend a suspect, it's more than beneficial."

The tip-line is completely anonymous and open 24/7 so students can call anytime with information about anything and not have to worry about giving their name or getting tied up in an investigation.

"That's a great idea," said Castleton junior Darren Colomb. He believes it will provide an outlet for students to report information and not hold them to any further obligations.

"I'm surprised it wasn't implemented sooner," said Colomb.

Other students agree with the junior.

"If people know about it and know it's going to be anonymous, they'll tell you what's going on," said Katharyn Dembowski, a Castleton freshman.

She said she believes students will be cooperative in giving information and

Continued on page 6...



ROBERT BURGE / CASTLETON SPARTAN

Seniors, (from left to right) Mike Baldino, Morgan Sasso, Henry Ireland, and Eric Hall spend an afternoon playing Wiffle Ball.

Senioritis plagues Castleton

By Jennifer Waite-Harsha
Spartan Contributor

Will it kill you? No, but you might be exhausted, suffer dropping grades and start going to class wearing your pj's, if you go at all. It can be horrific, dreaded and feared. It's cured only by graduation.

It is senioritis.

Senioritis is "an ebbing of motivation and effort by school seniors as evidenced by tardiness, absences and lower grades," according to merriam-webster.com.

Gail Regan, assistant professor of psychology at Castleton State College, defines senioritis as "wanting to be out of school."

"It means inflammation, it

means maybe the effect spreads," Regan said. "It's a feeling, an attitude, both."

Professor of psychology John Klein dove into three psychological reasons for senioritis.

The learning explanation is since students have finished most of their work, they "get the expectation that they can coast home," Klein said. Second, there is an understanding of achievement motivation, meaning when a student strives to achieve academic success and doesn't succeed, he or she can blame the failure on lack of effort, not lack of ability or intelligence. The last reason is the weather, Klein said.

"We're so grateful for a nice day, we want to get outside," he said.

Outside of the classroom, seniors are focused on what will come next for them in life, in most cases finding a job. Judith Carruthers, director of career development at CSC, believes senioritis evolves for other reasons.

"I don't think it's fear of failure, it's fear of success," Carruthers said. "They're coming to the end of a training period and going out in the real world, school is the real world."

She added that seniors are under a lot of pressure at this point in the semester and soon will become the "little fish in a big pond," and have to start again.

"It always seems to hit at the same time - about three quarters or

seven eighths of the way through. It's comical to watch," she said. "Everybody is affected by it in some way, this excitement or fear."

What are the symptoms? "Not being able to focus, too much time at the Dog," Klein said with a smile.

Breana Claro, a grad student at CSC, said her homework gets done later and later.

"Class is dreadful, driving here is dreadful," she said.

Senior Rob Doran said he has senioritis. He said the first thing he thinks when he wakes up is "I want to stay in bed," and laziness and no motivation are his symptoms.

Continued on page 6...

Aluminum can tabs for a cause

By Maria Arnot
Castleton Spartan

Students grasped tightly to thousands of aluminum can tabs laced intricately together. The line, consisting of both children and tabs, began at Main Street, extended up Seminary Street, moved beyond Woodruff Hall and all the way across the lawn of campus on Friday, as Castleton State College and two Castleton Elementary schools celebrated the 11 years of hard work they have done to help raise money for Shriners Hospitals.

"They say we will donate more than 1,000 dollars!" said

Castleton Village School 8th grader Rachael Butrimas with a smile. "We have been collecting for the whole year."

At 1:30 p.m. on Friday, seventh and eighth graders from the village school, and 4th graders from the Castleton Elementary School joined together to display the thousands of can tabs they have collected since the Fall. The enthused students controlled nearly 750 feet of land, while on-looking college students stared in awe.

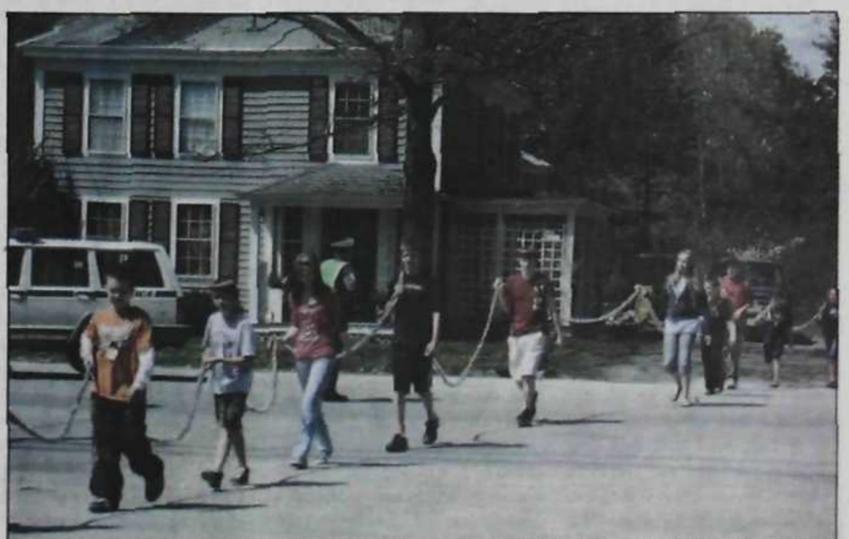
"It's unbelievable what these kids are doing," said Castleton Senior Jeff Giegler. "I helped coordinate this event for my Robert T. Stafford in-

ternship, and they weren't kidding when they say it gets pretty long."

After the parade, students gathered at the village school to listen to a speech about Shriners. The tabs were handed over to the hospital, where they will now be weighed and traded in for cash which will go to hospitals in both Springfield and in Boston.

There are currently 22 Shriners Hospitals in the United States, each one designed to improve the lives of children by providing specialty pedi-

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MARIA ARNOT / CASTLETON SPARTAN

Elementary students and teachers start walk to campus with the tab chain.

Born free

What if red-headed boys were one day to be rounded up by American police squads? It sounds awkward, subversively comical. What would anyone have against red-headed boys? It is the backdrop of the short film "Born Free", written by British singer-songwriter and artist M.I.A. If you've heard the song "Paper Planes" than you've heard M.I.A. "Born Free" also doubles as the music video of the same name. It was directed by a French director Romain Gavras.

The video opens with an armored truck driving through a deserted urban zone, transporting a squad of enforcers wearing United States flags on their. They enter an apartment building and proceed to kick down the doors of various tenants. They viciously beat a couple having sex, walk by a man smoking drugs, and then detain a red-headed man, pushing him into a bus that is filled with other red-head. The group is driven out into the desert, forced out of the bus and lined up. They are ordered to run across an open stretch of desert. They don't run. One man pulls a pistol and shoots the youngest boy, no older than 13, above the eye. The group runs out into the desert into a live minefield. One boy steps on a live mine and is graphically shown blown apart. Shortly thereafter the video ends.

Audiences may find the video an abhorrent, vulgar display. But that is exactly what network programs take advantage of everyday. Soon television censorship will only censor so little. Television programs have more language and violence, more blood, more sex, more drugs. News programs will then follow suit and show even more of the reality. It may be revealed in the future that we will not care, or be affected to, what we see on the

television and news because we have become desensitized. In this day and age to pin a video or a piece of art, which can be argued for "Born Free", as too violent would be blatant hypocrisy.

The violence, drug use, language, gore, brutality and nudity are surface values compared to the other angles that are tackled in the video. It is a screaming reminder that there is more in this world than we, specifically Americans, experience and see or know to be true on a worldwide scale: the killing of ethnic groups, the lack of rights societies have and how governments use their power to subdue minorities by denying personal liberties. It even describes our position as the aggressor within our continental boundaries and in countries abroad. The video is also a probable challenger of the soon to be Arizona SB1070. An anti-immigration law that requires police to make an attempt to determine a person's immigration status under reasonable suspicions that he or she is an illegal alien. This is a very long description easily summed as 'ethnic profiling'.

"Born Free" defines the end and the mean in stark detail offering no solution to global issues worldwide and internal United States conflict. It is merely a moment of what horrors people endure, and that people are put in positions beyond our comprehension. But will we, or should we, remember? What is beyond our borders isn't necessarily our concern, but unless we wish the human race to survive it certainly is. More frightening, will we remember Arizona SB 1070 in the future?

"Born Free" can be found unedited at www.miauk.com as it is buried on Youtube and age-restricted.



It's just SOcially rude

Lately it has really struck me how much technology has begun to interfere with our daily lives, so much so that it has begun to play an overbearing role in our everyday interactions with one another.

The number of students I see sitting through class sneaking texts and walking around campus with their noses stuffed in their cell phones has me in awe.

Not just the fact that it has our generation looking like characters out of a Resident Evil game, but the fact it's become such a strong distraction in our daily lives that it has cultivated a disregard for our fellow man. It's distracting in the classroom if I'm

sitting next to you and your phone's blowing up with texts, then you pick it up and in your lap, just under the level of the desktop proceed to click clack away.

I feel like its becoming more socially acceptable to pull a stunt like that. It's seen happening in class and all too often I see professors taking it too lightly. If I was a professor and I caught one of my students texting in class, boy, not only would they leave class crying, but I'd probably lose my job.

That's just me. I don't really care if you want to communicate that way as long as it doesn't interfere with other's train of thought.

Recently though, it kind of struck a nerve. I was talking to a classmate about a class project and we were trying to make an important decision about how the final product would look. It was a back and forth discussion and as I threw the conversation his way with a thought, he started to reply and then his phone vibrated and he stopped talking and pulled out his phone as if to say "you and this conversation are not important enough to keep my attention."

Now, I can hear you texters developing a defense. "What if it was an emergency like a family death or something?" If this was the

case then say just that. Say it's an important message or something. Don't just stop mid-conversation and leave me high and dry to watch you respond to someone else.

Not only is it socially rude, but it shows that you just don't give a damn about anything else going on around you. I was a little bummed out. I'm getting ready to graduate into the professional world and I'm trying to score big in my final weeks academically. I was taking this project seriously and by my fellow student blowing me off by texting during that discussion showed me he wasn't.

www.CastletonSpartan.com

Upcoming bake sales to help pay for El salvador trip's outstanding bill

By Jessica Lawrenson
Castleton Spartan

Students in the El Salvador program are still at work fund-raising. When they came back from the April trip they still owed the school \$3,000.

They had a fund-raiser on April 29 for 25-cent wings at the Lake House and this week will be having a bake sale on campus.

The sale will be on Wednesday and Thursday. All of the goods will be made by

those who went on the trips. If they don't have enough money to pay the school back from fund raising they will have to pay out of pocket said Talia Roy, a student who went on the trip.

"We had enough money to go on the first trip, but we had to fundraise for the second and the school paid for the rest but we had to pay them back," Roy said.

The bake sale will be between 11 a.m. and 2 p.m.

Incident report for Castleton State College

April 2010

Date	Description	Location
4/16	Medical	Castleton Hall
4/17	Theft	Adams Hall
4/17	Fight	Morrill Hall
4/17	Theft	Fireside Café
4/18	Alcohol violation	Wheeler Hall
4/18	Medical—alcohol	Castleton Hall
4/18	Vandalism	Observatory Lot
4/18	Vandalism	South St. Lot
4/20	Marijuana	Wheeler Hall
4/21	Theft	Ellis Lot
4/21	Marijuana/Fire Violation	Ellis Hall
4/23	Theft	Ellis Lot
4/24	Notice against trespass	Adams Hall

Overheard online @ CastletonSpartan.com

In response to "Student charged with sexual assault continues life at Castleton"

Max
posted 4/28/10 @ 3:11 AM EST

"I think it's creepy that he's allowed to continue like nothing happened." stated by a female CSC senior obviously doesn't understand the judicial system what so ever so her comment should not have even been published. All the students arguing against him are obviously Liberals and know absolutely no facts about the actual case other than what was published by CSC journalists and the Rutland Herald. We all know journalists will write anything to get people to read their literature. What ever happened to "...Innocent until proven guilty." The Fifth Amendment of the U.S. Constitution reads, in part, "No person shall be ... deprived of life, liberty, or property without due process of law ..."

The CSC journalist staff is completely bias in this case

and furthermore I think that until one of your staff members sits in on a status conference about this case and actually attempts to get both sides of the story they should not try to write anything about the issue. Just reading over the court documents and speaking with some of the individuals involved in the case, it is very easy to see that this is not a black and white case, their is a lot of grey area and for you to just focus on one aspect of this case shows how unintelligent your staff is. If you are just trying get more people to read your paper i suggest getting new staff who aren't so obviously oblivious to law and due process. Before you write another article I suggest you look into cases further instead of just taking one side of the story and blowing it completely out of proportion. If you want to contact me, I can bring you the actual facts of the case and all of the depositions...from BOTH sides and it wont take a CSC journalist to

figure out that their is no way he will be convicted. The "victims" statement has changed several times since November 5th, 2009. I would also like to bring to your attention that when she first wrote her statement she stated she did not know what happened or remember much of that night, all she remembers is that she woke up and her pants were unzipped. About 2 months later she writes a statement stating that she had been "raped" and that she has "nightmares" every night and the "whole night keeps replaying in her head". How can a person not remembering anything from a night 2 months later come up with so many descriptive details as she did...I'll tell you how, it's from people like you writing bias articles getting everyone on campus to believe something horrible happened that night. She reads this, talks to her friends and now all the sudden she remembers the whole night out of nowhere. She sure does have quite an

imagination. The night that this happened she was all over about four people at the house, she actually groped a csc male student that night prior to going in and falling asleep in another student's bed.

I just think its unfortunate that you have nothing else to write about so you try to run this article every other week with such a negative aspect, why don't you try playing devils advocate and put yourself in this students shoes(Kevin). Because of everything you write, their are several students harassing and threatening him. Is it not bad enough he has to face the state and the prosecutors to defend himself. The trial has not been held yet and when it does I will guarantee you a Not Guilty verdict. My only advice is that you look into the case more before you decide to write anything else.

Editors Note: Due to the space constraints, to read the complete post go to our message board at castletonspartan.com

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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Spring is in the air at Castleton State!



ROBERT BURGE / CASTLETON SPARTAN

Above: Sixth graders from Poultney elementary school, Trevor Poulin (left) and Ben Seamens enjoy a sac race during Adventure Day on April 30. Jackie Prevocki and Tiffany LaFond of Terry Bergen's Applied Behavior Analysis class organized the event. Right: Mike Austin, Ron Powers, and Tim Cleary pose with recently released books.



ROBERT BURGE / CASTLETON SPARTAN
Snow melts off Birdseye Mountain.



WYATT ALOISIO / CASTLETON SPARTAN
Britni Racine holds baby ducklings recently hatched in professor Peter Kimmel's class.



Fresh Perspectives



Jill Bassett

As the year comes to an end, our professors are still piling the homework high to get everything on the syllabus completed before finals.

That's right, I said finals. They are right around the corner. I'm already studying for them! Finals are horrible. Most of mine last semester were extremely long tests. That's not even the worst part. It's that the final exam schedule could have someone taking four tests in one day, or in my case, three finals at 8 a.m.

I can't remember the last time I woke up at 8 a.m. I think that early exams suck because you can't study before the exam and you have to wake up really early. You're either really tired or didn't have enough time to eat breakfast, two things that are not good for test taking. It's not like finals aren't worth that much either, so if you're having a bad day and you bomb the test your other grades will balance it out. No, finals are worth a huge percentage of your grade, which just adds on to the pressure of that one single test. But just think, as soon as finals are over everyone can pack up and head home for the summer.

On a lighter note in my last article I talked about registering for classes a nice topic to get away from the thought of finals. I guess writing intensive touchstones is a popular class for sophomores, it was nearly impossible to get into. The professors even said they had waiting lists. Other than that it seemed a lot easier to get into the classes I wanted to take next year than my first year as a freshman.

A few days ago while at lunch with my friend and a few juniors, they began talking about the upcoming summer. They then proceeded to tell all of the freshman at the table this, "More so then high school, friends you meet in college will be life-long friends, that you will hopefully want to keep in touch with forever." After I left lunch I couldn't stop thinking about what they had said. It's crazy how two of my best friends I met only this year, my roommate Emma Rose and the other Megan Harris. How could I trust two people so much with all my secrets, travel to each other's home towns, and go home with each other over vacations when I knew them for such a short time. I then realized I had met two amazing girls that I hope I stay in touch with for the rest of my life. College is when we are growing up, changing and finding friends outside of our high school cliques. People who you have a lot in common with, get along with really well, and people you just like being around not people who are forced upon you be social classes in your hometown.

So this is my last freshman perspective article. It's sad to think about how I won't be writing this column and how I won't be a freshman anymore, but a sophomore. It's even harder to think about how much harder the classes are the more you advance in grades. I'm definitely going to have to work my butt off next year, but at least I'll have my three best friends by my side.



Guarding guns in Afghanistan, far away from CSC

By Roy Mercon
Spartan Contributor

So there I was in Bagram, Afghanistan. It all began about 11:30 a.m. I went to the supply room, where I was old that I would be 'babysitting' a few .50 cal machine guns and ammo to Forward Operating Base Lion in the Panjhir Valley.

I was really excited about this, because, after all, the only real way to get to FOB Lion was by helicopter, and, even though it would be for 15 minutes, I was excited to go on my first ever ride in one. We got to the flight line at noon. We waited around for 15 minutes. Then 30 minutes. An hour. Two hours. Finally, after two hours, we heard the familiar sound of the dreaded Blackhawk.

WHUMPA-WHUMPA-WHUMPA. There were two of them, looking as mean as they ever did in the war movies. The pilots waved me and my .50 Cal carrying crew to the 'bird'. I noted at this time that the two others with me were not wearing body armor and a helmet like I was. Was there something that these two knew that I didn't? Was I overdressed for the occasion?

Apparently not, because as soon as the .50 caliber and ammo were loaded into the helicopter, the two waved me goodbye, and headed away from the helicopter. Strapping myself into the Blackhawk, I noticed



PHOTO CONTRIBUTED BY ROY MERCON

something odd about this experience right away. It was exactly like I thought it would be.

As soon as I got buckled in, the thing lifted off. The home I've come to know for the last month looked totally different from the air. Then things got completely foreign. Houses, or what I thought had to be houses, dotted the landscape like a grid. Everything in this valley looked like it was part of a scatter plot or something. There were brown houses made of mud and square fields where God-knows what was growing.

I noticed, after taking hundreds of what seemed to be the same picture over and over again, that the mountains I've always wished to climb but were so far away we're coming ever closer. Then came the area where

the grass and trees suddenly stopped and the ground got steeper. And steeper. And then came the moments where the trees went out of view from my window and the mountains were all around me. It was like I was in a 'Lord of The Rings' movie. Seriously.

And the weirdest part was in the oddest of places, places where it would be impossible to get to, there were houses. People lived in these mountains. The pictures I took are the only things that can do any amount of justice to these things. After we crossed the mountain pass, we started our slow decent down, never more than what seemed like 100 feet above these things.

The ground came closer, and little dots that I knew were cars and people were slowly gaining more and more definition. A river that went between

the mountains, following the same path that we were traveling, opened up, and a huge patch of dry river bed loomed out in front of us.

We touched down, the doors were opened by pilots, and the machine guns were pulled out by soldiers and carried to some Humvees parked about 50 yards away. This was odd for two reasons. One, I was told that I would be giving these weapons to a sergeant major who was driving a truck, and two, I was under the impression that Humvees weren't used in Afghanistan. The threat of IEDs and such made the use of the IED-resistant vehicles standard throughout the country. Before I got the time to contemplate this situation, one of the pilots who opened the doors pointed at me and yelled something to me, but the noise of the Blackhawk's

blades overhead drowned any and all hope of ever hearing what he said.

He seemed to understand this, and he pointed at me, then himself, and then the Humvees that my machine guns were being loaded into. I shook my head, and then he pointed at me, and then the Humvees. I took this to be a direction to go to the Humvees, so I grabbed my gear, and headed that way. Without warning, the engine of the Blackhawk changed pitch, and I was almost thrown to the ground by wind. Dirt and dust and rocks splattered everything, and I did all I could to protect my face and my dear camera. I knew what the dirt in my eyes meant. It could only mean one thing. My ride was leaving me.

Unable to do anything but watch, I did the only thing a person in my situation could do. I took pictures of the departing Blackhawks. The soldiers, who turned out to be mostly members of the Air force, looked at me, and said, 'Welcome to Panjhir!' I stared at them, dumbstruck. They had no idea what had happened.

Neither did I.
Roy Mercon was a student of Castleton State College from 2006-08. He is a public affairs specialist currently on a deployment in Afghanistan with the Vermont Army National Guard.

Where are students when events happen?

By Maria Arnot
Castleton Spartan

It's a Thursday at Castleton State College. At 5:30 p.m., activist Lilly Ledbetter will be speaking in the Campus Center. Afterward, Huden Dining Hall will host Pub Night, complete with live music, food and drinks. And finally, around 10:30 p.m., there will be an intramural Whiffle Ball game in the Shape Gym.

All of these events will be free of charge.

However, when you arrive at the Ledbetter event, you see only about 50 people. In Huden? Approximately 15. And at the Whiffle Ball game, sure, the room is full, but it reeks of booze and marijuana.

For a campus of 1,800 undergraduate students, attendance rates at events like these seem low.

"When events are on campus, it's hard to get students

to attend due to athletics, clubs, mentoring, and other extracurricular activities," said Student Activities Coordinator Melissa Paradee. "Students are overall, pretty busy."

But when an event is scheduled almost every Thursday, Friday, and Saturday night, in addition to some scattered throughout the week, it's hard to blame lack of attendance on always being busy.

So what is the problem then?

"I think the college can do a better job at choosing events. I have only been to like one concert and one pub night," said Castleton senior Nicolas Bellizzi. "It's just, I usually have a ton of work to do... or other obligations, like drinking with my friends."

However, Bellizzi did note one event that he particularly enjoyed.

"During my freshman

year, Castleton staged the band Reel Big Fish. One of my friends got a petition going with a ton of names on it. It cost like \$20 but it was so awesome," said Bellizzi.

At Castleton State College, students pay a \$120 student activities fee each semester to fund student activities. There is a 10-member Student Activities Committee that selects the events these funds will go toward. While some students argue that the committee does not do a good enough job picking events suited for the average college student, the committee argues that it is the students' lack of initiative that is the problem, not their choice of activities.

"We chose from past events, so we know what students like," said Assistant Director of Student Activities Jazmin Averbuck. "We also work with agencies who know what students like. I have also personally sat and listened to artists and come-

dians online for hours trying to decide which ones students would like."

One activity that has attracted students is Monday movie night. Castleton has been working with Swank Motion Pictures to provide Castleton with newly released movies — some of which are presented here before released on DVD.

"There have been as many as 110 people at one movie. Our lowest number was 20," said Paradee.

However, more high-scale performers like Comedian Ronnie Jordan are only drawing 20-40 people, and most just happen to be conveniently passing through Fireside Café after grabbing a late-night snack.

"When I went and saw Ronnie Jordan in the Campus Center, there was like 17 people there. Jordan said that at his last show there was over 1,000," said Castleton senior Robert Burge.

Campus Quips



Megan Harris

Question: Is it better to have loved and lost than to have never loved? Why or why not?



Karee Chadd

Better to lose your love than to never have experienced it because love doesn't come around all the time so we only have limited chances.



Phillip Audette

Loved and lost--just the experience alone isn't replacable.



Shou Watanabe

Loved and lost. You don't want to lose the oppurtunity to love someone just because you afraid to lose them.



Samuel Levine

Loved and lost because you appreciated love more if you have lost it before.



Lauren Fedorka

I would say to love and lost is better because when you're in love you experience something like you never have.

Floorlords wow CSC students

By Chris LaPointe
Castleton Spartan

America's Best Dance Crew, step aside and bow to originators of hip-hop dance. The famous Floorlords recently brought the hype of hip-hop flavor to Castleton.

With a sold out show at the Fine Arts center, the Floorlords of Boston wowed the crowd with the hip-hop culture. From head spins and flips to variials and aerials, the Floorlords took Castleton back to where it all started. One of the originators, Lino Delgado brought a group of break dancers, both guys and girls, to teach the art of break dancing to fans all over the world.

"We've been doing this show since 1999 and we love what we are doing" Delgado told the crowd.

With every move the Floorlords were making on stage, the eyes of the audience got bigger and bigger. No one wanted to blink because they felt that they would miss a part of the show.

"I was really surprised how good they were. They were great," said Hanna Messer, a member of the Castleton Dance Team.

After the show, Spartan reporters got backstage access to Delgado. It

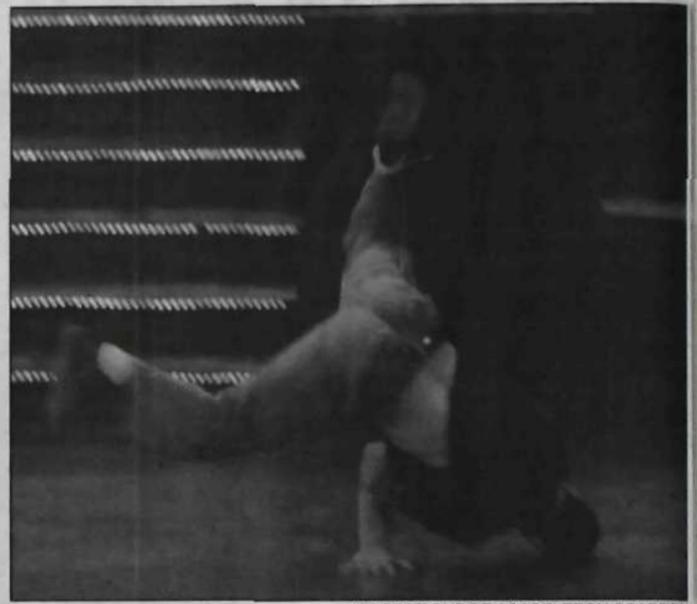
was a very relaxed scene as one of the members of the Floorlords did a mini-class for some of the member of the CSC dance team. He was teaching them the 6-step, which is a basic move that you see in break dancing. While that was going on, Delgado took some time to discuss the roots of the Floorlords.

The group dates back in the early 1980's where two separate dance crews merged into one, he said. One came from New York City, the other from Boston. Once they merged as the Floorlords, they became an entity of the hip-hop world.

When he was vividly describing what they used to do, those listening were transported back to when it was happening.

As the years progressed, the group became more popular and started to get both national and international recognition. By that time, the culture was so big that everyone recognized the group as the originators of the hip-hop dance. From break-dancing to doing the robot, the Floorlords were the creators of the hip-hop culture.

When the Floorlords were doing their grand finale in the Fine Arts Center, everyone was feeling the rhythm of the beat. Castleton



ROBERT BURGE / CASTLETON SPARTAN

One of the Floorlords spins on his head.

freshman, Jazmine Matos was very impressed by the tap dancing during the show. She also mentioned that it brought memories back of when she used to break dance as well.

"When I was in eighth grade I would try to break dance. All I would do is spin around in circles on the

floor," she said.

When asked about possible hip-hop dance classes in the future here at Castleton, she was all smiles.

"I would like to, as long as I don't have to perform in front of people," she said with a smile.

Sounding Off

In the past two weeks, we have been privileged to have a number of diverse, educational and entertaining Soundings events.

Below is a sampling of student comments:

Dr. Mike Kiernan - The First Quiet Night in Haiti, Monday, April 19, 2010

This Soundings event has been the most touching so far. I learned that I've been very greedy and this presentation has made me open my eyes and realize that a lot of people have it much worse than I do. This presentation actually persuaded me that I should help out more. Great Soundings!
Dillon Zaengle

Today I learned a lot about myself. I looked around and realized all of the students are wearing nice clothing. A Haitian would do anything for the money we spend on our "nice" clothes. I'm pretty sure I need to spend more time caring about the tragic issues in the world because whether you're black or white, if one nation is hurting; we all hurt.
-Philip Kiendl

The Floorlords Urban Dance Theater The History of Hip Hop, Tuesday, April 20, 2010

This was awesome! I thought the tap dancing was the most remarkable. He put Michael Jackson to shame. He also showed white people have no beat. Overall his moves were very smooth. This is kind of like America's Best Dance Crew on MTV...
-Anonymous

The first thing that I really liked was the first performance with the 4 men. I liked it because they were really smooth... and didn't make a noise the whole time. My favorite performer was the guy who did the robot moves along with the beats in the song. We never see anything like this except for on TV.
-Anonymous

John McCardell - Choose Responsibility, Monday, April 26, 2010

In response to "Consider Dr. McCardell's argument in favor of lowering the drinking age. Whether or not you agree, select one of his main points, and compose a counter argument."

"Legalizing 18 as the drinking age would create a more safe environment in which to drink." I do not agree with this notion. It is an awful assumption to think young adults would choose to be more responsible simply because it would be legal to consume. There will still be irresponsible college students and young adults. The real issue is teaching adolescents about morality and values. If these standards are never introduced, people will continue to make poor choices. Mr. McCardell has some profound ideas but I believe he should cover a much wider array of issues, underage drinking being one.
-Raella M. Ryan

One of his arguments included increasing classes or drinking, making kids 18 know how to drink responsibly. A counter argument would be that some schools don't have the funds to support those classes and education wouldn't work. If the state supported these classes, maybe it would be different.
-Catherine Young

The last Soundings event of the semester will be a performance by the Castleton Jazz Ensemble Tuesday, May 4th, 8 p.m. in the Casella Theater. Glenn Giles will be directing our talented jazz musicians as they play swing, be-bop, and other styles popular in the big band era. Take a break from studying and relax listening to great music.

Game room changes

By Zachary Wiessner
Spartan Contributor

With the re-opening of the Campus Center this past year, the game room was re-located.

But not too many students are happy with the current offerings there.

"Just adding more stuff to it, maybe utilize the bar down there and just add more interesting things," said Kelsey LaPoint a junior when asked how it could be improved?

There are two billiard tables, a ping-pong table and a TV, close to what was in the old game room minus a popcorn machine and windows that you could open. Now, the only windows in the game room are staring at feet inside Fireside.

The new game room was relocated so that the Wellness Center could have more space.

"The old game room was definitely way better with the windows and space for seating," said Alex Esser a senior. "Now it's dark and in the basement."

LaPoint agreed when asked what she liked better about the old game room.

"Definitely the openness of it. Now it feels really closed in," she said.

But help could be on the way. The Student Government Association has plans to use up that extra space behind the bar. Members say they want to create an overall better atmosphere

and experience when you hit the game room. Sophomore Laura Thomas, a delegate for the SGA, is too new to remember the old game room, but is committed to make the new game room even better than before.

"Right now VA (Victoria Angis, assistant dean of Campus Life) and I are working on putting in a Spider man or Batman pinball machine and darts," said Thomas. "We're trying to get more games down there."

Senior Nicole Parker has her own concerns for one of those choices.

"I don't know how darts would work with college students," she said smirking.

Others suggested they would like to revisit the classic video games that made arcade games infamous.

"Maybe just some video games like old school Pac Man," said Esser.

There is talk of getting a Nintendo Wii and putting it up in the 1776 room along with a dance floor. Thomas also plans to put club flyers and people's poetry to draw attention to the room's bare walls.

As of right now, they are planning to have the overhaul done by fall. Next year, the SGA is hoping to host a game room pub night to kick off the new additions. With all these big plans, Thomas reassured that the SGA and administration are willing to spend the cash.

Making major changes at Castleton

By Alison Clark
Spartan Contributor

Change your mind

Justin Bouvier proclaims his plan with certainty and conviction. He is confident. He knows what he wants. He knows exactly how to get it.

"I'm going to teach math for three years then become a principal at a high school," said the junior mathematics major at Castleton State College.

But Bouvier is in the minority.

Most college students aren't so sure. They don't know where they are going or how to get there. Even if they have an idea, often it changes. In fact, more than half of students switch majors at least once and many change more than one time while attend-

ing college, according to the National Research Center for College and University Admissions.

"If you can't see something, it's hard to plan it," said Judith Carruthers, Career Development director at Castleton.

Carruthers, a self-proclaimed 'cheerleader,' helps students make plans and achieve goals in academics, majors and careers.

"People come here and they're all upset about changing their major. They're nervous, they don't know what to change it to or if they should," Carruthers said. "It's my job to say that's fine. It's good to find out what you don't like."

When students enter college, they major in fields they think they understand, Carruthers said. They major

in something because it's all they know, they don't know what else is out there.

The best way to hurdle that obstacle: see what's out there.

"Try something you never thought of," Carruthers said. "Pick a course you don't know anything about. Totally off the wall and open your eyes."

Experience helps

Emily Kilduff, a junior and English literature major, began her college career in the education department. Education was for her, she thought, because she likes kids and had "some teaching experience in high school."

After taking Inquiry one, an introductory education class, Kilduff decided the program wasn't right for her.

"After spending time in the schools in Inquiry one, I realized I don't want to do this

every day of my life," Kilduff said.

She learned what she didn't like.

Justin Bouvier, the math major who's got it all figured out, says experience is an essential part of deciding what programs to take.

"I'm an older student and have had many more years of experiences and knowing what I've been looking for," he said.

Traditional students, who go to college right after high school, don't have that.

"They flounder through the first year," Bouvier said.

Charlotte Terhune, a sophomore and pre-nursing major, spent her freshman year in the art department. She painted. She sculpted. She sketched.

Then she changed her major.

"At the end of freshman year I was like, nope. Not going to happen."

She chose art because it came easy to her. Her father is an art teacher in Florida and when faced with deciding what to major in, she followed in his footsteps. But the discarded alternatives, nursing and history, tugged at her.

"I have a personality that I need to help people," she said. "If I see someone hurt I need to help them. I felt nursing would fit me better than art."

With help from her advisor, she made the transition across campus to the science world where she is now studying anatomy. She feels good about the decision even if it was a difficult one to make.

"I was incredibly nervous."

Continued on page 6...

Carolina Liar invades Castleton

Melissa Pope
Castleton Spartan

Frisbees flying, rock stars tripping on the ground and being terrified of possible snakes behind Castleton Hall doesn't sound like the typical interview setting for an up and coming celebrity.

But, Carolina Liar is not your typical band. They are goofballs who love to laugh and have a great time with whomever they come in contact with.

They are the typical rock band in the sense that they travel from place to place for numerous shows and cities in one day. On April 23, the day of their Castleton show, they woke up in North Carolina, made a stop in Washington D.C., then to Albany, N.Y. before ending up in Castleton for a night show.

"We have for sure had some crazy places that we have stayed at along the way. We recently got stopped at a hotel by what they told us was an insect sniffing dog. The dog sniffed through our luggage. What hotel do you know of that has an insect sniffing dog?" asked Chad Wolf, lead singer of the band.

The band's way of differentiating between a good hotel and a seedy hotel is the amount of fake gold in a room and how much saturation you can feel in the sheets.

The rest of the band consists of Johan Carlsson, Rickard Goransson, and newcomer Peter Svensson. The show at Castleton was only Svens-



Left to Right: Rickard Goransson, Johan Carlsson, Peter Svensson, and Chad Wolf posing at CSC.

son's fifth show with the band.

"I really love it. It's great to experience all of this," he said.

"Yeah, you get to experience all the weirdness that comes along with this life!" said Wolf.

Everyone in the band, except for Wolf, is from Sweden, so ending up in Vermont at a state college was the last thing these men expected to

experience in their life.

"Vermont really is great though, it reminds me so much of Sweden," said Goransson in his thick accent.

Wolf started out doing music in church as a boy. He has two older sisters and they were both involved in music and actively involved in playing and singing. Wolf plays guitar, bass and sings.

"The cool thing about music is that anybody can produce it. We all just get together and use GarageBand and record. It really is a great program," said Wolf.

GarageBand is an Apple based program that comes on all Mac computers. It is convenient for the band

Continued on page 6...

Carolina Liar makes some rock-star requests

By Talia Roy
Castleton Spartan

Celebrities are well known for their ridiculous demands both backstage and in hotel rooms, so when Castleton hosted Carolina Liar, many students were intrigued to know what kind of insane requests the band might have.

For the most part, the Carolina Liar hospitality rider was reasonable. Certain requests, such as the request for two cases of beer ("Corona, Stella, Singha, and or Heineken") could not be met, as this is a college and not a standard venue.

Some of the band's requests did get rather specific, such as their deli tray needs.

"One pound of each, organic, hor-

mone free, freshly shaved or thinly sliced: honey ham, smoked turkey, and salami in plastic bags."

However, this request was not all that extreme. Everyone has their own specific preferences, and compared to other celebrity requests, Carolina Liar appear incredibly easy to please.

According to glamorati.com's list "30 Ridiculous Celebrity Demands" Paul McCartney requires "no more and no less" than 19 six-foot leafy plants. Justin Timberlake requires someone to disinfect all the doors in his hotel every two hours.

David Hasselhoff "insists on a life size cut of himself backstage."

Barbara Streisand, being the ultimate diva, must have rose petals in her hotel room toilet and peach toilet paper and towels "to match her

complexion."

One of the most famous rider requests is probably Van Halen's extreme hatred for brown M&Ms. The rider for the 1982 Van Halen World Tour, all 53 pages, is available to view on thesmokinggun.com. The list is incredibly detailed and rigid, but the one detail that stands out the most is the severe warning "Absolutely no brown ones."

Van Halen also required different deli meats and cheeses on even days versus odd days.

Coheed and Cambria, according to the rider posted at absolutepunk.net, cannot light their cigarettes with anything but red disposable lighters.

Mariah Carey has apparently become too classy for her once standard bottle of Cristal and a pack of

bendy straws, an article on New York Magazine's Web site announced.

However, James Brown easily takes the cake for the most outrageous, rather disturbing, request. Although number 12 on Glamorati's list, Brown's request for "two young ladies under the age of 21 and a woman's hair dryer" is certainly out there, and specific.

When compared to these demands, Carolina Liar appears incredibly normal. It could be because they are still up and coming stars, or perhaps they truly are just regular people and can function with standard accommodations like the rest of us.

Book Review: Brightly Burning

By Wendy Young
Castleton Spartan

In Mercedes Lackey's novels about the world of Valdemar, Heralds are people who are sort of like a specialized police for the realm. (Regular police would be personified in the group known as the Guard). Heralds are chosen by white horses called Companions. Generally, the people chosen by the companions have magic. In fact, most of the people in Valdemar who have magic are Heralds. Companions are not normal horses...what they are exactly, no one is quite sure.

They are the ones who chose the Heralds and help protect the realm of Valdemar.

Lavan Chitward has never thought of becoming a Herald. Instead, he has always yearned to join the Guard. His parents though, want him to follow in his father's and elder brother's footsteps and become a dye merchant. Lavan is not quite sure how to rebel against this—his family has just moved to the city from the country.

Slightly annoyed with their son, Lavan's parents send him to the merchant's school. There he learns much about being a merchant, and

also that the lower grades are terrorized and bullied by the higher grades. Then one day, the bullies take it a little too far when bullying Lavan, and a mysterious fire breaks out, even though there had been no fire in the room...

Brightly Burning by Mercedes Lackey is one of the many Valdemar novels. Chronologically, the story takes place several hundred years before Valdemar's "current" time and by the current time has become something of a legend. Well written, and interesting, this book is well worth the read.

Brand New concert at Hampton Beach

By Talia Roy
Castleton Spartan

The crowd at center stage surged forward, nearly crushing many in the front row, reacting to any slight movement on the stage that might have suggested Brand New were finally ready to play.

After two girls were pulled out of the swarm of fans by the bouncers, the lights dimmed at last, the band nonchalantly took the stage and the Hampton Beach Ballroom Casino was filled with deafening screams of joy and uncontrollable excitement.

With the opening song "Sink" from Brand New's most recent release "Daisy," it immediately became ap-

parent that there was a severe division among the fans. Half the crowd began jumping up and down, singing along passionately, while the other half stood there, dumbstruck, as if this were not the band they came to see.

Many fans would endlessly scream song titles from the band's first album "Your Favorite Weapon" between songs.

"They could just play all of 'Your Favorite Weapon' and I'd be happy," one concertgoer said.

It's a fairly known fact that Brand New plays very few songs from that album in their sets anymore, given that their sound has evolved and matured drastically since its re-

lease nine years ago.

Though a large portion of the fans were there solely to hear the two songs from that album the band ended up playing, it was obvious the band members themselves are less than fond of their initial work. The second they began the song "Seventy times 7," a hit from "Your Favorite Weapon," the crowd erupted and the band looked almost deflated.

During songs like "De-gauser" and "At the Bottom," the band played with raw emotion and incredible intensity. It was especially apparent in vocalist/guitarist Jesse Lacey, who would sing with such passion during their newer songs and appear almost bored during their older ones.

Movie Review: Kick-Ass

Meghan Dufour
Castleton Spartan

Rule-breaking, action packed, hormone filled, never ending humor defines the latest "superhero" movie, Kick-Ass.

From director Matthew Vaughn and writer Mark Millar comes the story of Dave Lizewski, played by Aaron Johnson, a high school geek whose main interests are comic books and making daily deposits into his whackoff warehouse while visions of his English teacher's boobs replay in his mind. That is until he takes his dreams of becoming a superhero and turns it into a reality. Ordering a green wet suit off the Internet, Dave turns himself into Kick-Ass, the superhero with no super powers.

After a brief and accidental run in with some gang members, he becomes a Youtube celebrity and soon catches the eye of well known druglord Frank D'Amico, played by Mark Strong. After D'Amico blames Kick-Ass for problems within in his drug operations, he sets up his son, Chris, played by Christopher Mintz-Plasse, as an imposter hero named Red Mist, whose ultimate goal is to earn trust and then betray Kick-Ass.

Then Hit Girl comes along. Hit Girl, played by the talented Chloe Moretz, is the youngest expert of weaponry who uses her talents to avenge the untimely death of her mother. With her vulgar

mouth and violent attitude, her and Big Daddy, played by Nicholas Cage, have fun wreaking havoc on the city's major law breakers, especially Frank D'Amico. With their ultimate crime fighting skills, they team up with Kick-Ass to take down D'Amico and his mob of loyal followers in one big final fight scene, that shames most other action films.

And of course, the teen comedy would not be complete without the typical sarcastic sidekicks played by Clark Duke and Evan Peters, who mainly have sex and video games on their mind, which provides extra comedic relief in the few somewhat serious scenes in the movie.

It was refreshing to see the most intense and skilled "superhero" as a girl who hadn't even made it to high school yet. To watch such a powerful prepubescent girl kicking the crap out of experienced middle-aged men, I think I found a new role model.

But not everyone feels the same way.

Although this is an extremely humorous movie, the addition of constant cursing and gore from Hit Girl led to backlash from critics about the language and behavior she displays in the film.

But regardless of the controversy surrounding this young girl's vulgar tongue, this is a must-see!

Senior Style



Melissa Pope

Senior year always seems so cliché and everyone says that it went by so fast and blah blah blah. But, in all honesty, it is so beyond true.

It's funny to think back on all the time I have spent here at Castleton State College and how each year and each experience has shaped me into the person I am now. Freshmen year seems like it just happened, but years have come and gone and graduation is now right around the corner.

Each year has memories attached to it and crazy life stories that can never be topped.

I never would have imagined that I would be so interested in writing for the paper and feeling such a sense of accomplishment when an article comes out. To everyone who doesn't know his or her major and freaks out about that, when you finally do find that spot, you will just know. You will have such a passion for whatever it is. Writing has become my love and my outlet.

I have seen friends find their passion throughout this past year and seeing that translate into school is so amazing to watch.

Senior year has without a doubt been the highlight of my college career. The people who have been placed in my life are amazing and truly made me realize my potential. Nights at the Dogg have been out of control, and the best pictures have come from the nights that were just a little bit hazy. My friends are truly the best, and I hope and pray that these people stay in my life forever.

I suppose I could pass some wisdom on to the underclassmen.

Get involved, whether it's with on campus stuff or off, do something around this town. You will have so much more of a purpose when your time here ends and you will truly feel like you left your mark.

Live it up. Don't spend your time stressing out about all the little things. Just prioritize your time and if you get your work done then playtime can be whenever you want it to be.

Growing up is inevitable for us all. So we can either fight it, or embrace it going into this next phase of our lives. Getting a real big-girl job sounds a bit intimidating but big-girl job means big-girl paychecks. All the hard work will be worth it.

Thank you to everyone who has been a part of my life here at Castleton, you all helped me become who I am. To my girls and the Bandidos, you guys will forever have a place in my heart.





CONTRIBUTED BY ASHLEY FILMORE

Drummer Rickard Goransson jams out at the April 23 show at CSC.

Small turnout, big show

Continued from page 5...

because they can take it with them wherever they want. Carolina Liar was recently in the Cayman Islands with the VHI Best Cruise Ever.

"I really do understand how people have used drug chemicals over the years to create their own reality. It is impossible to get your head around everything that is going on so fast around you," said Wolf.

For all the lady fans, most of this group is single. Wolf is the only one with a girlfriend and he credits her for his sanity.

"She is the one thing that gives me a sense of reality. At the end of the day she reminds me who I am," said Wolf.

A lot of bands have hopped on the bandwagon making a Myspace, Facebook, or Twitter page. This band has done the same yet does not seem to like all the consequences that come with having a page. Twitter is helpful because a song can

be released and instantly the link pops up and a fan can click and be connected to iTunes and buy the song. On the other hand, crazy fans read a little too much into everyday life things that the band does.

"It is super easy to Twitter and I am the one who does it for the band but I feel like there should be some type of mystery. I shouldn't have to put up to the world that I just went to the bathroom and have someone who cares to read that," said Wolf.

After the interview, the band played the first show ever in the new and improved Castleton gymnasium. The gym was transformed into a real concert venue, with flashing lights and adoring fans.

It took the fans a bit to get into the show, but once Wolf informed them that no one would tell them to quiet down, the enthusiasm increased.

"Every morning we wake up and look at a world full of crazy. We all came here

to this room right now, so let's get as rambunctious and as crazy as we want to be. Cheers to us! Cheers to that!" said Wolf.

The band went on to perform their hit, "Show Me What I'm Looking For," as well as "Over You," and several others that will be released on their untitled upcoming album.

"It really was a great show. It definitely could have been stronger as far as attendance. About 300 tickets were picked up by students. It was a free show, could have been way more here. Everyone who came enjoyed it and that is important and great," said Bartholomew Kallgren, vice president-elect of Student Activities.

Students were able to enjoy a meet and greet with the band after the show where numerous photos were taken and signatures were given.

"The show was amazing! It is a good beginning to what Castleton will have to offer in the future," said student Kayla Debroisse.

Tip-line coming soon

Continued from page 1...

thinks the tip-line will help the campus overall.

Godlewski is confident that the tip-line will prove to be a functional resource for Public Safety.

"I think it's a 'make-sense' type of tool," he said. "Over time it's going to give us leads on different cases."

Other officials at CSC believe that the hotline will provide venue for students to report wrongdoings in the community, but won't be used

to qualify or verify information under investigation.

"It will be used solely for leads," said Dean of Students Dennis Proulx.

He explained that information given will not be treated as a sworn statement, but rather simply give students a chance to give information if they've seen something.

"Using the anonymous approach gives students an opportunity to come forward and use this as a tool, especially for those whose safety is at risk," said Proulx.

With a small school like CSC, it's important for students to support the safety of the campus, Godlewski said.

"My belief is that this is everyone's neighborhood. In order to track down perpetrators we need help," said Godlewski.

If you have any information on any kind of criminal mischief that you are willing to give, CSC's Public Safety is asking you to call: 1-(802)-468-ITIP (1847)

Put your lighters up

Continued from page 5...

Only at one point during their set did the rift between fans disappear. The one song all Brand New fans can seem to agree is the acoustic "Play Crack the Sky." As Lacey played the opening notes, the rest of the band left the stage, guitarist Vinnie Accardi laid on the side of the stage, waiting for his part to come back in, and nearly 50 lighters lit the ballroom.

The crowd finally felt united

as fans of the same band, no longer fighting old against new, but simply singing along together to a beautiful song.

It was clear that almost every person in the room was singing at the top of their lungs, nearly drowning Lacey out.

Although that was supposed to be the final song, the band decided to appease the mass amounts of screams for "Jude Law"; Lacey barely got the first word out of his mouth before the entire room exploded with screams of

elation.

After the show, many fans had mixed feelings about the set.

"It wasn't as good as ones in the past. More 'Deja (Entendu)' less 'Daisy'," Shawn O'Sullivan of Boston said.

"I thought it was fantastic. I'm glad they didn't play much of their older material, the entire band is so much better musicians now, their songs are much more meaningful," Tamara McCauley, a Hampton local said.

Schools unite for good cause

Continued from page 1...

atric care, innovative research and outstanding teaching programs.

"The money that we raise does not go to HealthCare though," said Jan Rousse, assistant director of the Stafford Center for the Study and Support of the Community. "It goes towards things like, movies, books, computers, etc. Whatever the kids want," said Rousse.

In addition, Rousse, whose group helped coordinate the event, explained that since the hospitals do not have a Ronald McDonald house program, the money can also be used to help offset the costs of stay for parents whose children are staying in the hospitals.

"It is a community thing, we are coming together as schools," said Rousse. "Although there was no formalized group that helped us this year, we did have some college students, led by Stephanie Terry, that started a chain a little more than a week ago, and what they pulled off in a week was amazing! They had a chain the length of this school," said Rousse pointing to the Village School.

Although there were not many participating



MARIA ARNOT / CASTLETON SPARTAN
Castleton elementary students carrying the long chain of tabs they collected.

college students in the chain this year. Substitute Teacher at the Village school Tammy Keech Arruda explained that in comparison to the last 11 years- this year's chain has been the longest she has seen.

"Each year we've measured it, and we've gained at least another 50 feet this year," said Arruda. "I can't wait to see what we pull off next year!"

To learn more about Shriners Hospitals and how to donate, visit <http://www.shrinershq.org/Hospitals/Main>.

A day wasted is a day well spent

Continued from page 1...

"I just want to sit down with a beer in my hand and relax," he said. "It's more of an effort to go to class now. I'll skip if I know I'm doing well and feel comfortable."

Then there are the seniors who don't think they're affected at all. Senior Everett Thurston, who has one degree and is currently working for an associate's degree, believes senioritis affects the four-year student more.

"Real life starts after this," he said.

Senior Nakita Baldic, a five-year student, said for her, senioritis has affected her for the past two years. She said she's getting anxious and doesn't want to be doing work anymore.

"Some of the stuff I feel like I'm just going through the motions," she said. "Let's go to the next thing. I'm trying to wrap it up."

As graduation approaches and seniors show few signs of life in the classroom, professors begin to think about what will become of their students after they leave.

"I worry about it, the consequences it will have," said Dawn Saunders, economics professor at CSC. "You get one shot at being in college and you might look back and wish you had taken advantage. Take advantage of it now and go to class."

Klein said he believes that senioritis can be damaging to a GPA and from his perspective, these students have underachieved.

After college, former students are in a new stage of life looking for the next step and for those who had senioritis, it can be a slow process.

"There are those that go continue on with what they're doing now. They're taking a breath and then they're gonna go on and take the leap. They're catching their breath," Carruthers said. "It's progression."

Claro said she doesn't think it will affect her future or her job search, even though for her, senioritis began the week before April break. She said it is "just a phase."

The future will happen whether a student suffered from senioritis or not. Although there may not be a specific cure, there are ways to alleviate the symptoms.

"I don't think you can cure the feeling, but you can modify behavior," Saunders said.

"The way to get through it is to talk it out with professors, roommates. There are lots of people to help you," Carruthers said.

For seniors, school work, jobs and personal lives can become daunting.

"Take control of your life. Prioritize stuff," Klein advised. "Read fiction, run, anything to vary things."

There's one thing seniors should keep in mind.

"It's not terminal. It's not fatal - in most cases," Carruthers said with a laugh.

Changing majors

Continued from page 4...

Art came easy to me, nursing and science don't. There's that possibility of failing," she said.

She also tacked on a history minor to cover all her interests.

"There are too many options and combinations you could do," she said. "If I could, I'd do it all."

Go with your gut
Brette Tucker is graduating this May. She is proud to be graduating with a degree in Music Performance.

She wasn't always so sure, though.

She spent two years as a music education major before taking the plunge and focused her efforts on performing rather than teaching.

"I realized, even though I would be a good teacher, my heart was in performance first," Tucker said.

Tucker decided that working toward teaching wasn't where she wanted to start. She could go back to teach later, but her primary goal was to perform.

"For me, changing majors was about making sure my future was heading in the right direction," she said. "If you aren't, you can spend a lot of time here making the wrong decision."

Life experiences, taking "off the wall" classes and learning what you don't like takes time.

"The hardest thing about changing my major was that I already wasted a semester," Kilduff, the junior and English major said. "I didn't want to waste more time."

Only 36 percent of students graduate within four years, according to the U.S. Department of Education's National Center for Education Statistics. Programs take longer than anticipated because students change majors, transfer or take lighter course loads.

For students contemplating switching their major, Lori Arner, CSC registrar, suggests using the "what if" program evaluation. The program is online through the VSC portal. A student first selects a program they are considering and their information is applied to the new set of requirements.

The "what if" program also helps students track their progress.

"You can avoid pitfalls," Arner said. "It's like a complicated recipe. It's doable, but you need to put all the pieces together."

CSC relay takes step in the right direction

Continued from page 1...

Castleton men's ice hockey player Blake Barber was acknowledged as the student who raised the most money for the event, having received \$500 in donations.

"Any kind of monetary donation contributes to helping to find a cure," Barber said,

"and that's what we're working toward here."

The men's ice hockey team raised a combined total of \$1,860 between their green and white teams, but it was Castleton's ski team that raised \$1,145 for the event and took home the award for the highest amount raised by a participating team.

The event raised a total of

\$4,755 over the 12-hour duration and Castleton State College President David Wolk was on hand Saturday to commend the efforts of Greenfield and the rest of the college community.

"Hillary is an impressive young woman and she is just one of the many students here who are able to think outside themselves," Wolk said. He

said he believes his students make a difference in the community before they go out and make a difference in the world.

"There was a lot of competition today," Wolk said, "and I give a lot of credit to those who came out and supported and did the right thing. It absolutely warms my heart."

"It's a brotherhood"

Rugby player Alan Page makes the New England All-Star team

Robert Doran
Castleton Spartan

It was not too long ago that Castleton rugby was considered a joke of a club sport. The team wasn't dedicated and only wanted to party.

Oh my, have the times changed.

"Coaches and teammates have really stepped up. It's a brotherhood now," said Alan Page, a senior on the squad.

Page not only plays here at Castleton, but also in Rutland and on the New England All-Star team.

Page was only a sophomore playing club soccer when a few of the players encouraged him to play rugby. He had never touched a rugby ball before.

"My first pass was a football pass downfield. I got yelled at and never did that again," Page said laughingly.

Hard work and determination helped Page become the player he is today. Page is all over the field making the small plays that help the team win. This past weekend, all of Page's leadership skills and quiet demeanor were on display at Scorpion Bowl, Castleton's annual rugby tournament.

"Alan has really excelled in the past year, and that is a testament to his hard work. He comes in and works his ass off to make himself better," said Coach Josh Smith of the New England team.

This hard work can be seen not only there, but at Castleton as well.

"Alan has really helped our program here at Castleton. The drills he introduces to us

have really helped us become a stronger team as a whole," said Mike Baldino, a senior teammate of Page.

Page enjoys sharing his knowledge to everyone he plays with and it really shows on the field.

"He is a huge help for our program. He not only helps everyone else get better, but he asks questions for his own benefit to make himself better," said the coach of CSC rugby, Pat Ainsworth.

Alex Airoidi, who started playing at the same time as Page, remembers the program struggling at first but growing over the years as a team and not only competing, but move up to a better division to play.

"We were brutal at first, but recently have put together some great years. It helps when you have people that have played for a few years to lead the team. We have a few players that do that now," Airoidi said.

This was seen most recently this past Saturday when Castleton men's rugby beat Middlebury College during Scorpion Bowl.

"It was only their B team, but to have a win against a college that is nationally ranked feels pretty good. A team, B team, or C team, it doesn't matter, a win is a win," Airoidi said.

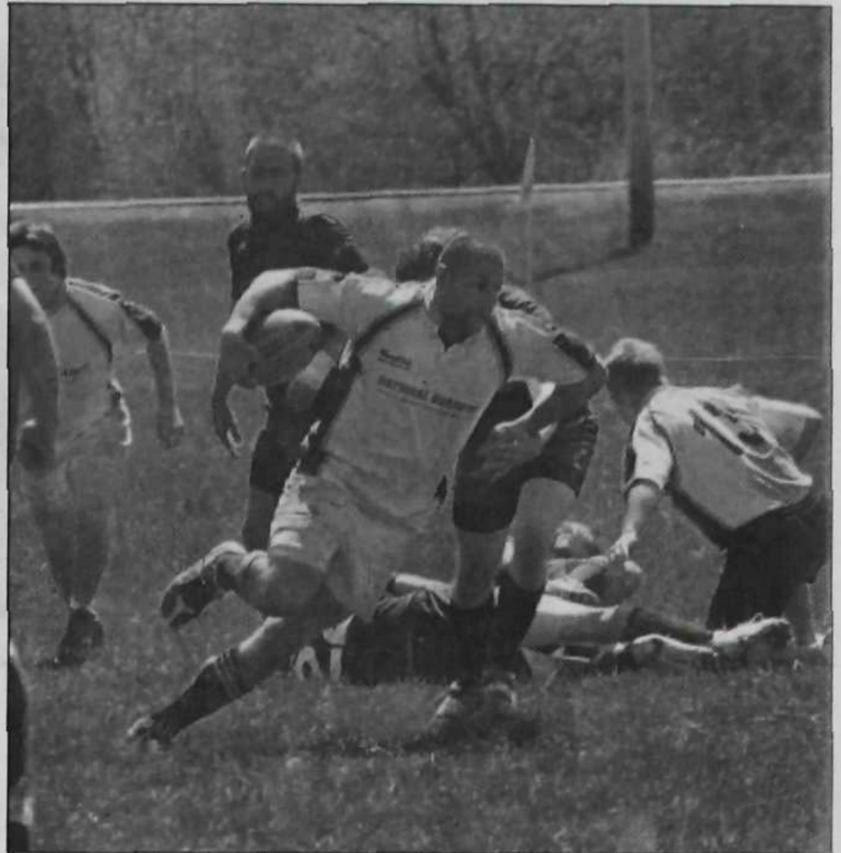
Page has not only helped himself become a better player, he has helped a lot of the younger guys who have never played get better. Page owes a lot of credit to Al Jean, who he says, "helped me tremendously," to get into game shape and better himself.

"It's any kids dream to go pro in any sport, but I'm not worried about that now cause there is always room for improvement," a modest Page said.

Coach Smith enjoys watching Page play because of his "lead-by-example" type play.

"He won't show up on the box score much, but he definitely sticks out on the field," said Smith. "I always ask him to tell the other guys from the big Division I schools where he came from because he is always working hard. It comes from his small-school background at Castleton, always having to work to get where he is."

This summer Page is heading out to the West coast to try-out for the under-23 U.S. National team. Page has an opportunity to fulfill every kids dream as well as his own, playing professionally.



ROBERT BURGE / CASTLETON SPARTAN

Above: Alan Page gathers the ball in hopes to score a tri.
Below: The men's rugby team huddles after their win over Middlebury College.



Men's tennis loses in championship

By Kristie Dunchus
Castleton Spartan

The Castleton State College men's tennis team could almost taste its fifth consecutive championship, but its chances ended abruptly as the Spartans fell to Oneonta State in the North Atlantic Conference championship 9-0 at Tri-City Fitness in Latham, N.Y.

The Spartans didn't win a match on Saturday, but head coach Bruce Moreton says the game was far from a blowout. He said that SUNY-Oneonta had an excellent team and dominates the NAC West teams.

"I was told at the tournament that many of the best tennis players who choose to attend the SUNY schools opt to go to Oneonta," said Moreton. "Still, although our players didn't win a match, they played extremely well and the matches were much more competitive than the scores appear."

Moreton says his team is very excited about next season and will continue to work hard so that next year they will get back to the crossover tournament.

Moreton also added that next year, Oneonta will not be in the NAC East. Instead they will be independent. He said one Oneonta player even told them that Castleton would be very competitive with this year's second place team in the NAC West.

The team started the year with only two returning players from last year's undefeated team. They picked up a transfer student, a player who had not played tennis for several years, and two freshmen. Moreton says he is nothing but proud of his teams accomplishments.

"They worked extremely hard both as a team and as individuals to overcome injuries and sickness and once again go undefeated against our traditional opponents now in the NAC East," said Moreton. "They won their fifth consecutive championship and have not been beaten in conference play since 2005. That is something they can be proud of."

Castleton had a successful season, boasting a perfect 8-0 NAC East record and a 13-3 overall record. Oneonta State (16-4) awaits word of a NCAA berth as a pool-B team



JOHN SHRAMEK / CASTLETON SPARTAN

Stephanie Pearce looks for an outlet pass during a recent game against Plymouth State College.

Women's lax advances to semis

By Nicole Parker
Castleton Spartan

The Castleton State College women's lacrosse team earned the third seed in the New England Women's Lacrosse Alliance's postseason tournament. After having a successful 12-5 season, the road to the championship game will not be an easy one.

The Spartans ended their regular season with a win over NEWLA foe Framingham State 20-8. In the game, Stephanie Pearce led all scorers with five goals, while nine other Spartans had scoring opportunities as well.

With the halftime score at 10-4 in favor of Castleton, Coach Tammy Landon went to her bench for help, and they proved to do just that. With the win, the Spartans finished their regular season with a 5-1 conference record, tying them with Westfield State. The Owl's had a better complete record, giving them the upper hand in the playoffs.

Castleton then faced the Lancer's of Worcester State on May 1 in NEWLA quarterfinal play at Spartan Stadium. Stephanie Paproski, Marie VanDerKar, and Angelica

Mazzola all scored three goals to pace the Spartans. Pearce and Elizabeth Haggerty contributed two goals.

With an 8-4 advantage at halftime, Castleton struggled, allowing Worcester to go on a 4-0 run, making it 10-8, but that is as close as the Lancers would get. The Spartans then went on a 5-1 run, giving them the cushion they needed for the win.

Worcester State was led by Colleen Manning and Kim Vail who scored three apiece.

Freshman goalkeeper Lilly Derbyshire had nine saves while Haley Erickson had six for the Lancers.

The Spartans travel down to Westfield State on May 5 for the semifinal game of the NEWLA tournament. The last time Castleton met Westfield, they lost in a thrilling overtime game 18-17. Top seed in the conference is Bridgewater State, and they will host Fitchburg State for the other semifinal game.

If Castleton wins today, they will travel for the championship game on May 8.

Since this is the wrap up story, check the website for the results!

Women's tennis wins NEAC title

By Kristie Dunchus
Castleton Spartan

The women's tennis team's championship game came down to the gritty end as the Spartans were able to pull through to claim the North Eastern Athletic Conference women's tennis title as it defeated Penn State-Berks 5-4 at Tri-City Fitness in Latham, N.Y. on May 1.

Castleton's Michelle Podnecky defeated Amy Kemble 6-0, 6-2 in number one singles play. She also teamed with Kate Bucci to defeat Kemble and Aimee Hoffman 8-1 in number one doubles to lead Castleton to the 5-4 victory.

The Spartans number four Brittni Racine and number five Chelsea Crehan also won

both their singles matches and paired up to get a victory at number three doubles as well.

Penn State-Berks' Jackie Carl defeated Bryn Paraschos at number three singles and teamed with Ashton Romero to defeat Paraschos and Kristen McGinnis at number two doubles. Erica Mustard also earned a point for Penn State-Berks, defeating Erica Bilinear at number six singles.

"It was very nerve racking and exciting at the same time," said head coach Paul Cohen about watching this close match.

This is the first time Castleton has been eligible to play in postseason NCAA play, and Cohen is very eager to see who his team will face.

Castleton will most likely

face one of the top teams in the country.

"It's thrilling just the experience of being there," he said. "I'm very proud of having Castleton's name represented at the national level."

Cohen is very confident with his whole team, but he is especially confident about Podnecky, who also became a national ski champion earlier this year.

"If she's on, she can do some damage at the national level," Cohen said.

The Spartans will go on to represent the conference at the NCAA tournament. The NCAA will meet on May 10 to determine where, when and who the team will play in the first round of the national tournament on May 14.

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The CSC baseball team mobs Ted Mills after its 13-inning win in the NEAC East tournament on May 2. Below, Ted Mills (right) celebrates with a teammate after knocking in the winning run.

The sweet taste of revenge

By John Shramek
Castleton Spartan

All baseball fans have that dream: bottom of the ninth, two outs, man on second, 3-2 pitch, and the championship game on the line. They pretend to hit the pitch, and hiss all the way to first in imitation of the crowd congratulating them. For most people, this is a fantasy they will never live out.

For Ted Mills, though, this is no longer a fantasy; it is a reality.

Mills was Castleton's hero as he drove in Billy Manley with two outs in the bottom of the 11th inning of the North Eastern Athletic Conference East Division tournament game against Husson University on May 2.

Mills took a pitch, and drove the ball into the right center gap, giving Manley, who was running on contact, plenty of time to race home with his right-hand pointer finger raised high and proud, signaling that Husson's one-year reign atop the conference was over.

Spartans poured out of the dugout any way they could, eager to meet Manley at the plate. Their next target, however, was Mills, who quickly found himself at the bottom of a huge pile of screaming Spartans.

"I just looked for a pitch outside," Mills said after the game. "I didn't want to do too much with it, just wanted to put it over the first baseman's head. When I saw [the last pitch of the at bat] I just couldn't hold back."

Coach Ted Shipley was visibly excited.

"I feel really good right now," he

said moments after taking a team picture in front of the scoreboard.

Mills, who was clearly on an adrenaline high, was one of the most excited on the team.

"I'm really pumped right now," he said, taking quick breaths. "We did this as a team. We pulled it out."

Billy Sisko started for Castleton, keeping Husson off balance for 6.1 innings. He gave up just four hits and two runs on the day. Tyler Erickson got the win in relief as he pitched two scoreless innings, giving up just one hit while striking out two.

While an ordinary championship win is exciting, this was no ordinary win. Castleton had to pull off an improbable comeback to recapture its crown.

The Spartans, who drew first blood in the bottom of the fifth inning, found themselves in a 5-1 hole after the top of the ninth inning.

Facing the probability that the double-elimination tournament would be forced to a game two, they came into the bottom of the ninth composed and ready to fight.

It all started

with Mills, who led off the inning with a walk.

Pinch-hitter Kurt Hewes was then called on, and he responded by ripping a single to right, advancing Mills to third base. Mills then

scored on a groundout by Cesar De La Cruz. After that, Castleton would get two walks and a RBI single, bringing up Matt Eisenhuth, who tied the game with a two-RBI single that nicked the top of the glove of Husson's third baseman.

Husson then brought in Dan Beatham with the bases loaded to face Mills. Mills grounded out to the shortstop on a 3-2 pitch, sending the game into the extra innings.

After the ninth, the Spartans played two solid innings on offense and defense that none of them are soon to forget.

Shipley said he wasn't too sure about Castleton's chances to pull off the tying rally in the bottom of the ninth.

"I keep track of how many times my teams have come back from down two runs or more in the bottom of the ninth, and it has only happened four times," he said.

"So this kind of thing doesn't happen a lot."

Mills, though, said he felt very optimistic about Castleton's chance to turn the game around.

"We're a team. We're a smart team," he said. "Even with two outs we could come back. Thomas [College] came back with two outs, so we thought why couldn't we?"

The Spartans are now 29-12 overall and will face SUNYIT for the NEAC conference championship in a best-of-three game series at Delutis Field in Rome, N.Y. on May 8 and 9.



Chadwick Cioffi

It's the postseason, and the Spartans have the formula to bring home the hardware: play with swagger.

The baseball team rolled through the NEAC East tournament without losing a single game. The Spartans dethroned Husson and reclaimed the conference title. More impressively, though, Castleton was down by four runs in the bottom of the ninth before pushing the game into extra innings. Ted Mills' game-winning RBI was the perfect cherry on top of the new baseball field. The team was dominant all season long, from the victory against RPI, to the blowout against Plattsburgh, all the way to the conference title.

One team named champion to go.

The men's lacrosse team is on an eight-game winning streak and it looks to make it nine today. The Spartans should have no problem beating Husson again, earning its eighth consecutive bid to the NAC title game. There is nothing this team would like more than to travel back to Mount Ida and finally beat the Mustang in the championship game. The Spartans lost 10-8 in the previous matchup on April 3, but held the momentum for the entire end of the fourth quarter. can't pick against the Spartans to win the NAC when Mike Martinez is playing hot, Corey Counos's shot is on target and in the 90s, and especially when Jake Rick and Dan Luzz are manning the midfield. This group of seniors has a swagger about them.

It's a shame to see the men's tennis team's run end the way it did. I was so sure Castleton was going to take home its fifth-straight NAC title, but it just wasn't in the stars this year. Regardless of whether the Spartans were dawning champs this season one thing still remains true - this team is filthy. The Spartans were 8-0 in the NAC heading into the title match before losing to Oneonta State. If there's one thing about the tennis program, though, it's that they don't rebuild, they reload.

The women's lacrosse team heads into the NEWLA semifinals today against Westfield State. The Spartans lost to Westfield 18-17 in overtime the last time these teams played. It's hard to go against Castleton in this matchup because the upset against Bridgewater this season wasn't for nothing. This team realizes its destiny and will finish out the season as NEWLA champs. The path to the championship won't be an easy one as Castleton will have to beat the top two seeds, but I still like the Spartans chances.

The baseball team started it off, now the other Spartan teams need to follow suit. Both lacrosse teams will finally get the monkey off their backs this season and bring home some hardware.



Sam Bailey beats the goalie high in the NAC quarterfinals against Thomas.

Men's lacrosse beats down Thomas

By Chadwick Cioffi
Castleton Spartan

The Castleton State College men's lacrosse team is riding an eight-game winning streak as it enters the North Atlantic Conference semifinals for the eighth consecutive year.

The Spartans beat Thomas College 21-1 in the quarterfinal round on the team's senior night at Spartan Stadium on May 1.

Senior attackman Mike Martinez's six-goal performance propelled the Castleton offense. Sam Bailey, freshman attack, scored twice and dished out six assists. Freshman attack Nohea King found the net four times and Senior Corey Counos netted three. The Spartans had 10 players

reach the scoring column.

The defensive effort was another impressive performance for the Spartans as the team held Thomas scoreless until late in the third quarter. Castleton has been ruthless on opposing offenses, allowing 13 goals in the past five games.

Freshman defenseman Adam Farmer said it's important for the defense to continue playing physical.

"We've got to bring everything we've got," Farmer said. "Our defensive focus is to not get beat, to give up no goals, period. If anyone comes inside, put them down. That's our mentality."

Counos says the team's focus has been consistent, but it's critical for the team to continue doing the little things

correctly.

"We still need to practice hard and prepare ourselves for Ida and what's ahead of us."

Martinez agreed with Counos, saying the team needs to continue to pass and shoot well. Unlike fellow seniors, though, Martinez doesn't like to know how many games are left or how much longer he'll be wearing the green and white.

"I don't like to know any of it. I like to keep a complete open mind. I hate thinking of all that stuff. In my opinion that's just one more thing to give me a headache," Martinez said.

Castleton will host Husson University in the NAC semifinals on May 5 at 2 p.m.

Softball makes early exit

By Chris LaPointe
Castleton Spartan

The pieces of the puzzle for the Spartans were scattered but are finally coming together. Despite losing to Thomas College in the North Atlantic Conference quarter-finals, the Spartans are looking ahead to next season.

The team went 16-20 this year with big wins against RPI, Plymouth State, Farmington and Middlebury College.

"I am very pleased how we played. We were much better this year," Coach John Werner said.

The Spartans played the Terriers of Thomas College on April 29 at Thomas College. It was a tough battle for both teams. The Spartans only gave up one run in the bottom of the first. From that point on, the two teams battled it out, not giving up a single run in the last five and half innings.

Two Spartans were elected to the all-conference team because of their play this season.

Senior Hillary Bemis was nominated to the All-Conference first team. She

batted .306 with 30 RBIs and five home runs. She also pitched well this season, leading the conference with 92 strike outs and an ERA of 3.38.

Alongside Bemis, freshman shortstop Megan Blongy was nominated to the All-conference second team. She led the team in batting average (.473), steals (11), hits (43), and on base percentage (.495). She was also the leader of the NAC with seven sacrifice bunts.

The Spartans will be losing a senior pitcher and third baseman in Bemis, but will be bringing back a full roster next year. The Spartans are looking to be back better, faster and stronger than ever before.

Werner has been recruiting players to play for the Spartans next year, and that will be a big help with next season.

"We have a small recruiting class but with some high quality talent," Werner said.

With a wide array of young talent on the team, the Spartans will have to wait for nine months till their pre-season starts up again.

"A small recruiting class but with some high quality talent"
-John Werner

